

May 2023 The Pointe at Lantern Crest

6:30 📥 Games in the Game Room

[GR]

	La	entern Crest	May 2	023	11101011	ite at Laint	
	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
ANIMALS ARTS MUSIC RSVP EXERCISE FILM GAMES HAPPY HOUR HEALTH LOCATION KEY [LP]- 1st Floor Lobby Pointe [LB32]- 2nd Floor Latitude 32 Bar	Activities subject to change without notice. DOCTOR DRIVES Monday thru Friday 9 AM - 3 PM 9 AM-1 PM for Appts Further than 15 Miles	Last Day to RSVP for Pointe Outing Ext. 5405 9:00 → Strengthen & Stretch with Angie [FS] 10:00 ■ Pastries, Coffee & Conversation [LP] 11:00 → Not Fast, Just Furious: Lantern Crest Walking Group [LP] 1:00 Glee Club [GR] 2:00	9:15 St. Kieran's Communion Service at The Ridge 9:30 Balance & Stability Class with Karl [FS] 10:00 Gentle Aquafit with Peggy [P] 10:30 Weekly Outing to GTM & Mary's Doughnuts [LP] 11:00 Line Dancing in the Fitness Studio [FS] 11:30 Paint & Sip Art Class [AC] 3:00 Bingo [GR] 4:15 Technology Help in Activities Office 6:00 Games in the Game Roon [GR]	3:00 Richard Cinco De Mayo Celebration Happy Hour with Live Music from The Blue Zone [LB32] 4:30 And Tails on Trails Walking Group [LP]	9:30 → Balance & Stability Class with Karl [FS] 10:00	Final Day to RSVP for Honkey Tonk Angels at Lamplighter Theater *\$25 9:00 ↔ Cardio Drumming Class Video Workout [FS] 10:00 ❖ Free Friday Vital Checks with Senior Helpers [LB32] 10:30 ❖ Triva Challange in the Library [L] 11:00 ■ Cornhole in the Studio [FS] 11:30 ♣ 10,000 Dice Game [GR] 12:30 ❖ Bridge Club [FS] 1:00 ★ Arts & Crafts: Clay Pot Sombreros [AC] 3:00 ♣ \$1 Bingo [GR] 4:30 ❖ Tails on Trails Walking Group [LP] 7:00 ❖ Friday Night Movie: Stepmom ~ PG-13 1998 · Drama/Romance · 2h 5m [T]	9:00 → Yoga & Weights with Heidi [FS] 10:00 ♀ Group Crossword in the Library [L] 11:00 → Not Fast, Just Furious: Lantern Crest Walking Group [LP] 11:15 ★ Left, Right, Center Dice Game [GR] 1:00 ♀ Weekly Meditation With Hailee [FS] 2:00 ★ Nickel Blackjack [GR] 3:00 ♬ Santee Community Chorus Performance ~ Poems Set to Music [T] 4:30 ❖ Tails on Trails Walking Group [LP] 6:30 ★ Games in the Game Room [GR]
[V]- 2nd Floor Veranda Dining [TD]- 2nd Floor Terrazza Dining [FS]- 2nd Floor Fitness Studio [G2]- 2nd Floor Garden [PDP]- Pool Deck Patio [GR]- 3rd Floor Game Room [LL/P]- 3rd Floor Lantern Links [T]- 3rd Floor Theater [FR4]- 4th Floor Fitness Studio [L]- 4th Floor Library [AC]- 4th Floor Arts /Crafts Room	8:00 ★ Guardian Angels Catholic Church [LP] 8:15 ★ Shadow Mountain Church Drive [PL] 9:00 ★ Sunday Morning Church Service with Pastor Steven [CH] 9:30 ■ Sunday Morning Coffee by the Garden with Club Paw-A-Dise [G2] 11:00 ■ Sunday Champagne Brunch ~ 11:00am - 2pm [V] 12:30 ★ Bridge Club [FS] 1:15 ★ Honkey Tonk Angels ~ Lamplighters Community Theatre \$25 [LP] 1:30 ★ Lazy Sunday Puzzles in the Lobby [LP] 2:00 ❖ Mini Series Sunday: Self Made Episode 1"The Fight Of The Century' [T] 3:00 ★ \$1 Bingo [GR] 4:30 ♣ Tails on Trails Walking Group [LP]	Group [LP] Happy Birthday Marian Karpisek!! Last Day to RSVP for Pointe Outing Ext. 5405 9:00 ↔ Strengthen & Stretch with Angie [FS]	Happy Birthday Dorothy Rhymer!! 9:15	2:00 ** Bible Study with Pastor Mark from Foothills Church [L] 3:00 ** Happy Hour with Live Music from Tony the Saxophone Player [LB32]	Happy Birthday Bill Burrows!! Happy Birthday Joy Prentice!! 9:30 → Balance & Stability Class with Karl [FS] 10:00	National Receptionist Day - Show Some Extra Love to Our Front Desk Ladies!! 9:00 ← Cardio Drumming Class Video Workout [FS] 10:00 ♥ Free Friday Vital Checks with Senior Helpers [LB32] 11:00 ★ Mother's Day Tea with Tea Expert Dharlene [LB32] 11:30 ♣ 10,000 Dice Game [GR] 12:30 ♥ Bridge Club [FS] 1:00 ★ Arts & Crafts: Tissue Paper Painting Tutorial [AC] 3:00 ♣ \$1 Bingo [GR] 4:30 ♣ Tails on Trails Walking Group [LP] 7:00 ♥ Friday Night Movie: Otherhood ~ R 2019	9:00 → Yoga & Weights 13 10:00 ♀ Group Crossword in the Library [L] 11:00 → Not Fast, Just Furious: Lantern Crest Walking Group [LP] 11:15 ♣ Left, Right, Center Dice Game [GR] 1:00 ♀ Weekly Meditation With Hailee [FS] 2:00 ♣ Nickel Blackjack [GR] 3:00 ♣ Sudoku Challenge [GR] 4:30 ♣ Tails on Trails Walking Group [LP] 6:30 ♣ Games in the Game Room [GR]
	Mother's Day Terrazza Dining Room Takeouts from 2:30pm - 3:30pm; Closed at 3:30pm 8:00 ★ Guardian Angels Catholic Church [LP] 8:15 ★ Shadow Mountain Church Drive [PL] 9:00 ★ Sunday Morning Church Service with Pastor Bill [CH] 9:30 ■ Sunday Morning Coffee by the Garden with Club Paw-A-Dise [G2] 11:00 ★ Mother's Day Brunch ~ 11:00am - 2pm [V] 12:30 ★ Bridge Club [FS] 1:30 ★ Lazy Sunday Puzzles in the Lobby [LP] 2:00 ❖ Mini Series Sunday: Self Made Episode 2 "Bootstraps" [T] 3:00 ★ \$1 Bingo [GR] 4:30 ★ Tails on Trails Walking Group [LP]	Last Day to RSVP for Pointe Outing Ext. 5405 9:00 → Strengthen & Stretch with Angie [FS] 10:00 Pastries, Coffee & Conversation [LP] 11:00 → Not Fast, Just Furious: Lantern Crest Walking Group [LP] 11:30 Travels with Galen and Maureen [T] 1:00 Gee Club [GR] 2:00 → Nickel Blackjack [GR] 3:00 → Mexican Train [GR] 4:00 Monday Night ~ Burger and Fries Special ~ 10pts [TD] 4:30 Sevening Piano Music [TD] 4:30 Captain Trails Walking	9:15 ♣ St. Kieran's Communion Service at The Ridge 9:30 ➡ Balance & Stability Class with Karl [FS] 10:00 ➡ Gentle Aquafit with Peggy [P] 10:30 ★ Weekly Outing to Viejas Casino & Outlets [LP] 11:00 ♬ Line Dancing in the Fitness Studio [FS] 11:30 ♣ 10,000 Dice Game [GR] 11:30 ★ Veterans' Group Luncheon [LB32] 1:30 ♣ Paint & Sip Art Class [AC 3:00 ♣ Bingo [GR] 4:15 ♡ Technology Help in Activities Office	Dream at Grossmont Theater *\$12 9:00 ← Strengthen & Stretch with Angie [FS] 10:00 ■ Can You Dig It? Coffee in the Garden [G2] 11:00 ■ Coffee and Muffins on the Balcony [L] 1:30 ◇ All Residents Meeting [T] 3:00 ﴿ Happy Hour with Live Music from Double	9:30 ↔ Balance & Stability Class with Karl [FS] 10:00 ♣ Bible Study with Pastor Bill [L] 10:30 ↔ Tai Chi for Beginners Instructional Video [FS] 11:00 ♦ Chat with Life Enrichment Director Brittany Fay [LP] 12:00 ♦ Beltone Hearing Aid ~ Free Clean and Check ~ 12pm to 3pm [LB32] 2:00 ♣ Nickel Blackjack [GR] 3:00 ♣ Cribbage [GR] 4:00 ■ Culinary Action Station ~ Breakfast at Night [V] 4:15 ♦ Technology Help in Activities Office 6:00 ♣ Games in the Game Room	Comedv · 1h 40m [T] Happy Birthday Benny Alls!! 9:00 ↔ Cardio Drumming Class Video Workout [FS] 10:00 ♥ Free Friday Vital Checks with Senior Helpers [LB32] 10:30 ❖ Triva Challange in the Library [L] 11:00 ■ Cornhole in the Studio [FS] 11:30 ❖ 10,000 Dice Game [GR] 12:30 ❖ Bridge Club [FS] 1:00 ★ Arts & Crafts: Glass Bead Suncathers [AC] 3:00 ❖ \$1 Bingo [GR] 4:30 ❖ Tails on Trails Walking Group [LP] 7:00 ➡ Friday Night Movie: Sister Act ~ PG 1992 · Comedy/ Music · 1h 40m [T]	9:00 → Yoga & Weights with Heidi [FS] 10:00 ♀ Group Crossword in the Library [L] 11:00 → Not Fast, Just Furious: Lantern Crest Walking Group [LP] 11:15 ♣ Left, Right, Center Dice Game [GR] 1:00 ♀ Weekly Meditation With Hailee [FS] 1:15 ★ A Midsummer Nights Dream ~ Grossmont College Stagehouse Theatre - \$12 [LP] 2:00 ♣ Nickel Blackjack [GR] 3:00 ♣ Sudoku Challenge [GR] 4:30 ♣ Tails on Trails Walking Group [LP]

6:00 🔥 Games in the Game Room

[GR]

4:30 👺 Tails on Trails Walking

Group [LP]

6:00 Games in the Game Room [GR]

[GR]



May 2023

The Pointe at Lantern Crest

Wednesday Sunday Monday Tuesday Thursday Friday Saturday Happy Birthday Marie All Staff Meeting: No Doctor Happy Birthday Mary Last Day to RSVP for Santee 🦳 Last Day to RSVP for 9:15 🕈 St. Kieran's Last Day to RSVP for Spreckles Organ Pavillion ~ 2 treet Fair ~ EXT 5405 Appointments After 12pm ANIMALS 8:00 * Guardian Angels Service [CH] 9:00 - Strengthen & Stretch 9:00 → Cardio Drumming 9:30 + Balance & Stability Class Last Day to RSVP for Pointe Outing MUSIC Catholic Church [LP] Class Video Workout [FS] with Angie [FS] ARTS 9:30 → Balance & Stability Class with Karl [FS] 9:00 ↔ Yoga & Weights with Ext. 5405 10:00 💻 Can You Dig It? Coffee in the 0:00 9 Free Friday Vital Checks with with Karl [FS] Heidi [FS] 10:00 🕆 Bible Study with Pastor 9:00 - Strengthen & Stretch with ★ RSVP EXERCISE Senior Helpers [LB32] Garden [G2] 10:00 Gentle Aquafit with 10:00 O Group Crossword in the Angie [FS] Bill [L] **Sunday Morning Church** ★ Spice Up Your Life: Cooking 10:30 O Triva Challange in the Library SOCIAL Peggy [P] Library [L] 0:30 H Tai Chi for Beginners FILM Pastries, Coffee & Service with Pastor Bill [CH] Class with Erika Corn Dip [V] 10:30 ★ Weekly Outing to The 99 Instructional Video [FS] 11:00 H Not Fast, Just Furious: 9:30 Sunday Morning Coffee by Conversation [LP] Matinee Movie: How to Marr 1:00 Cornhole in the Studio [FS] T SPIRITUAL **♣** GAMES Cent Store [LP] June Activities Calendar **Lantern Crest Walking** 1:00 - Not Fast, Just Furious: the Garden with Club Paw-Aa Millionaire ~ Not Rated 11:30 🔥 10,000 Dice Game [GR] 11:00 J Line Dancing in the Group [LP] **Lantern Crest Walking** Sign Up Frienzy [LB32] Dise [G2] 1953 · Comedy/Romance 12:30 O Bridge Club [FS] A HAPPY HOUR Fitness Studio [FS] · 1h 35m [T] 11:15 🏞 Left, Right, Center Dice 11:00 💻 Sunday Champagne Brunch 1:00 Cookies, Coffee, and Group [LP] 1:00 🖈 Arts & Crafts: DIY Rock 11:00am - 2pm [V] 11:30 🏞 10,000 Dice Game [GR] 2:00 The Bible Study with Pastor Mark Game [GR] 앙 HEALTH 1:00 J Glee Club [GR] Conversations [LP] Gardens [AC] from Foothills Church [L] **Shopping Fair in Pointe** 1:30 Paint & Sip Art Class [AC 2:00 O Communi-Tea Book Club! 2:00 A Self-Led Nickel Blackjack 2:00 A Nickel Blackjack [GR] 12:30 ★ Santee Street Fair at obby ~12:00 -3:00pm [LP] 3:00 A Happy Hour with Live Mus Riverview Parkway ~ Free 3:00 A Bingo [GR] 3:00 A Cribbage [GR] **LOCATION KEY** 12:30 🔥 Bridge Club [FS] from The Tradesmen Band 3:00 🏞 \$1 Bingo [GR] 3:00 3:00 A Mexican Train [GR] Support Group [L] 4:00 Culinary Action Station 4:30 🐕 Tails on Trails Walking Group 2:00 Mini Series Sunday: Self 2:00 A Nickel Blackjack [GR] 4:15 O Technology Help in Chinese Buffet [V] 4:00 ■ Monday Night ~ Burger 4:30 A Tails on Trails Walking Group [LP]-1st Floor Lobby Pointe Made Episode 3"The Walker 3:00 🛉 Sudoku Challenge [GR] **Activities Office** and Fries Special ~ 10pts 4:15 O Technology Help in 7:00 Friday Night Movie: A Star Is [LB32]- 2nd Floor Latitude 32 Bar 6:00 🔥 Games in the Game Room 4:30 🖀 Tails on Trails Walking **Activities Office** 3:00 🔥 \$1 Bingo [GR] 6:00 Born ~ PG 1954 · Musical/ Group [LP] 6:00 A Games in the Game Room 4:30 🖀 Tails on Trails Walking Group 4:30 Evening Piano Music [TD] Romance · 3h 2m [T] [V]- 2nd Floor Veranda Dining 6:30 Games in the Game Room 4:30 🖀 Tails on Trails Walking Group [LP] [TD]- 2nd Floor Terrazza Dining Last Day to RSVP for Pointe [FS]- 2nd Floor Fitness Studio Happy Birthday Don Ford!! 3 9:30 → Balance & 9:00 → Strengthen & All Activities Outing Ext. 5405 8:00 **★** Guardian Angels **Stability Class** Stretch with [G2]- 2nd Floor Garden Catholic Church [LP] **BRITTANY FAY Memorial Day** with Karl [FS] Angie [FS] With A 8:15 * Shadow Mountain Church 10:00 P Can You Dig It? Coffee in **Terrazza Dining Room Closed from** 10:00 - Gentle Aquafit with [PDP]- Pool Deck Patio Please see Plaza **Drive** [PL] 11am to 2pm; Takeouts from 2:30pm the Garden [G2] Peggy [P] 9:00 * Sunday Morning Church [GR]- 3rd Floor Game Room



[LL/P]- 3rd Floor Lantern Links

[FR4]- 4th Floor Fitness Studio

[AC]- 4th Floor Arts /Crafts Room

[T]- 3rd Floor Theater

[L]- 4th Floor Library

Joan Park~05/03 Marían Karpísek~05/08 Dorothy Rhymer~05/09 Joy Prentice~05/11 Bill Burrows~05/11 Benny Alls~05/15 Maríe Almquíst~05/21 Mary Brittain~05/24 *Don For∂~05/28* * * *

Service with Pastor Bill [CH] 9:30
Sunday Morning Coffee by the Garden with Club Paw-A-Dise

11:00
Sunday Champagne Brunch 11:00am - 2pm [V] 12:30 🔥 Bridge Club [FS]

1:30 🔥 Lazy Sunday Puzzles in the Lobby [LP]

1:30 * Sunday Concert at the Spreckles Organ Pavilion [LP]

2:00 Mini Series Sunday: Self Made Episode 4" A Credit To A Race

3:00 🔥 \$1 Bingo [GR]

4:30 A Tails on Trails Walking Group

to 3:30pm; Dining Closed at 3:30pm

9:00 H Fresh Air & Ball Exercise At The Patio [PDP] [PDP] 0:00 Pastries, Coffee &

Conversation [LP] Memorial Day BBQ with Live **Music from The Brown Suga** Oldies at The Plaza ~ 11am to 2pm [CDR]

2:00 A Nickel Blackjack [GR] 3:00 - Memorial Day Movie ~Flags Of Our Fathers~PG*R War/ Action. 2H 15M [GR]

4:30 A Tails on Trails Walking Group

10:30 ★ Weekly Outing to Ross & 11:30 Dollar Tree [LP]

11:00 Line Dancing in the Fitness Studio [FS]

11:30 🔥 10,000 Dice Game [GR] 1:30 Paint & Sip Art Class 2:00 O Dining Committee

Meeting [V] 3:00 A Bingo [GR]

4:15 O Technology Help in **Activities Office**

6:00 Games in the Game Room [GR]

★ Spice Up Your Life: **Cooking Class with Erika Condensed Milk Fruit** Salad [V]

12:30 Matinee Movie: Jane Eyre ~ PG-13 2011 · Romance/Drama · 2 hours [T]

2:00 # Bible Study with Pastor Mark from Foothills Church [L]

4:30 A Tails on Trails Walking Group [LP]

6:00 - Games in the Game Room

RED STAR Require You to

Call Extension **5405**

Sign Up.

to Sign Up for **Activities!**

LIFE **ENRICHMENT DIRECTOR**

(619) 258-8886 X 3910 brittany.fay@ lanterncrest.com

Activity Calendar for

Additional

Activities





The activities department is always looking for resident input & suggestions for new activities, movies & outings. You can find the 'Suggestion' Box hanging on the wall located just outside of the Activities Office on the 2nd floor.