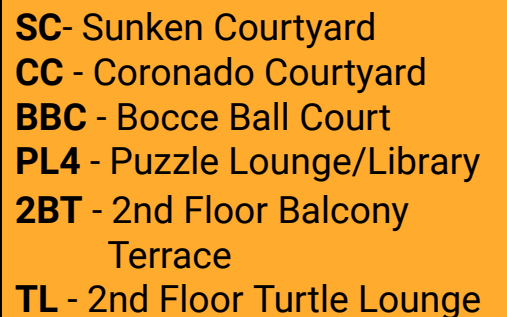


September 2023 at The Plaza

Saturday



8:00 ★ Guardian Angels
Catholic Church [PL]

8:15 ★ Shadow Mountain Church
Drive [PL]

9:00 ✝ Sunday Morning Church
Service with Pastor Bill [CH]

11:00 ★ Sunday Brunch ~ 11:00am -
2:00pm at The Pointe [V]

12:00 🍿 Cartoons and Cookies [MDT]

1:15 ★ Lamplighters Theater
Presents VANYA and SONIA
and MASHA and SPIKE ~ \$23
[PL]

2:00 ⚙️ Walk Down Memory Lane ~
[TL]

3:00 📖 Letters of Love [TR]

4:15 📱 Technology Help - Bring Your
Device! [PL]

4:30 📱 Puzzles on the 4th Floor
[PL4]



9:00 ★ **Early Bird Walk at Mast Park [PL]**

10:00 ⇄ **Chair Yoga with Heidi [FR]**

11:00 ♠ **Cornhole by the Moss Wall [PL]**

11:00 ☕ **Lunch in the Diner ~ 11am - 2pm [BD]**

12:30 ☕ **Ice Cream Social with Cool Tunes in the 50's Diner [BD]**

1:30 ♠ **Scrabble with Friends [50GR]**

3:00 ♠ **Nickel Blackjack [50GR]**

4:30 ♠ **Puzzles on the 4th Floor [PL4]**

6:00 🎬 **Evening Movie: 80 for Brady (2023) 1h 38m [MDT]**

| | | |
|-------|---|---|
| | | [FR] |
| 10:15 | ↔ | Core Strength and Weights with Karl [FR] |
| 11:00 | ☀ | CA Phone Seminar with Elizabeth Alvarado from California Connect [MDT] |
| 12:30 | 🦋 | Matinee Movie: JFK (1991) 3h 9m [MDT] |
| 1:30 | ★ | What's Cookin' Good Lookin' with Hailey- Cheesecake Stuffed Strawberries [BD] |
| 3:00 | ☀ | Short Stories and Poetry [TR] |
| 3:30 | ↔ | Whack it! Smack it! Balloon Ball [FR] |
| 4:00 | ★ | Specialty Buffet at The Pointe: All American [V] |
| 4:15 | ☀ | Technology Help - Bring Your Device! [PL] |
| 5:20 | 🦋 | NFL Thursday Night Football - Lions VS Chiefs [MDT] |

9:15 ↔ Tai Chi for Beginners - Instructional Video [FR]
9:30 ★ Weekly Grocery Shopping: Walmart [PL]
10:00 ↔ Cardio Drumming Class Video Workout [FR]
11:00 ☺ Free Friday Vitals Check with Senior Helpers [PL]
12:30 ★ Amy's Arts and Crafts: Custom Lip Gloss [MDT]
1:00 ♠ Bridge Club
1:30 ☕ Green Thumbs at the Garden
3:00 🎧 Happier Hour with Live Music from The First String Band [CDR]
4:30 ↔ Evening Stroll [PL]

9:00 ★ **Early Bird Walk at Mast Park [PL]**

10:00 ⇄ **Chair Yoga with Heidi [FR]**

11:00 ♠ **Cornhole by the Moss Wall [PL]**

11:00 ☕ **Lunch in the Diner ~ 11am - 2pm [BD]**

12:30 ☕ **Ice Cream Social with Cool Tunes in the 50's Diner [BD]**

1:30 ♠ **Scrabble with Friends [50GR]**

3:00 ♠ **Nickel Blackjack [50GR]**

4:30 ♠ **Puzzles on the 4th Floor [PL4]**

6:00 🎬 **Evening Movie: 80 for Brady (2023) 1h 38m [MDT]**

8:00 ★ Guardian Angels
Catholic Church [PL]

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9:00 ✝ Sunday Morning Church
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11:00 ★ Sunday Brunch ~ 11:00am -
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1:15 ★ Lamplighters Theater
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and MASHA and SPIKE ~ \$23
[PL]

2:00 ⚙️ Walk Down Memory Lane ~
[TL]

3:00 📖 Letters of Love [TR]

4:15 📱 Technology Help - Bring Your
Device! [PL]

4:30 📱 Puzzles on the 4th Floor
[PL4]

Lobby [PL]

9:15 ↔ Tai Chi for Beginners - Instructional Video [FR]

9:30 📺 Water the Plaza Garden [PL]

10:15 ↔ Strengthen and Stretch with Angie [FR]

11:00 📺 Coffee in the Sea Lounge on the 2nd Floor [TL]

12:00 ♠️ Bunco [50GR]

1:00 ♠️ Bridge Club

1:30 ♠️ \$4 Bingo [MDT]

3:00 🎵 Learn to Line Dance! [MDT]

4:30 ↔ Evening Stroll [PL]

5:15 🏈 NFL Monday Night Football ~ Bills VS Jets [MDT]

| | | |
|-------|---|--|
| | | [IPS] |
| 9:15 | ✝ | St. Kieran's Communion Service [CH] |
| 10:15 | ↔ | Core Strength and Weights with Karl [FR] |
| 11:00 | 🎮 | Cornhole by the Moss Wall [PL] |
| 12:00 | 🎮 | Lunch Bunch with Amy [CDR] |
| 12:30 | ♠ | Dominoes [50GR] |
| 1:00 | 💡 | Drama Club with Sylvia Wagers [MDT] |
| 1:30 | 💡 | Table Talk and Tasty Treats with Chef Phil [BPD] |
| 3:00 | ♠ | Nickel Blackjack [BD] |
| 4:00 | | Transportation Committee Meeting [V] |
| 4:15 | 💡 | Technology Help - Bring Your Device! [PL] |
| 6:00 | 🎬 | Evening Movie: Coming to America (1988) 1h 57m [MDT] |

Beginners
Instructional Video
[FR]

10:15 ↔ **Active Athletes with Amy [FR]**

10:30 ★ **Excursion to Gillespie Field Cafe [PL]**

11:00 ♠ **Lantern Crest Bowling League [BD]**

1:00 ♠ **\$4 Bingo [MDT]**

1:45 ✝ **Bible Study with Pastor Mark at The Pointe [L]**

2:00 💡 **Let's Learn ASL (American Sign Language) [TR]**

3:00 🍺 **Men's Brew Crew [BD]**

4:30 ↔ **Evening Stroll [PL]**

| | | |
|-------|---|--|
| 10:15 | ↔ | Core Strength and Weights with Karl [FR] |
| 12:00 | 🎭 | Plaza Film Society Meeting [MDT] |
| 12:30 | 🎭 | Matinee Movie: Interstellar (2014) 2h 49m [MDT] |
| 1:00 | | Resident Council Board Member Meeting [BPD] |
| 1:30 | ★ | What's Cookin' Good Lookin' with Hailey-Chips & Guacamole [BD] |
| 2:30 | 🎭 | New Resident Mingle!! [PL] |
| 3:30 | ↔ | Whack it! Smack it! Balloon Ball [FR] |
| 4:00 | ★ | Specialty Buffet at The Pointe: Mexican Action Station [V] |
| 4:15 | 💡 | Technology Help - Bring Your Device! [PL] |
| 5:20 | 🎭 | NFL Thursday Night Football ~ Vikings VS Eagles [MDT] |

9:15 ↔ Tai Chi for Beginners - Instructional Video [FR]
9:30 ★ Weekly Grocery Shopping: Vons [PL]
10:00 ↔ Cardio Drumming Class
Video Workout [FR]
11:00 ☺ Free Friday Vitals Check with Senior Helpers [PL]
12:30 ★ Amy's Arts and Crafts: Sunflower Trivet [MDT]
1:00 ➦ Bridge Club
1:30 ☞ Green Thumbs at the Garden
3:00 🚲 Happy Birthday Happier Hour with Live Music with The City Ranch Band [CDR]
4:30 ↔ Evening Stroll [PL]

10:00 ➡ Chair Yoga with Heidi [FR]
11:00 ♠ Cornhole by the Moss Wall [PL]
11:00 ☕ Lunch in the Diner ~ 11am - 2pm [BD]
12:30 ☕ Ice Cream Social with Cool Tunes in the 50's Diner [BD]
1:30 ♠ Scrabble with Friends [50GR]
3:00 ♠ Nickel Blackjack [50GR]
4:30 ♠ Puzzles on the 4th Floor [PL4]
6:00 🎬 Evening Movie: Irreplaceable You (2018) 1h 36m [MDT]

September 2023 at The Plaza

[illegible]