Ser The	North	Septemb	en 2023	at The {	Pointe 📥	Les 1	A AL
	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
LOCATION KEY [LP]- 1st Floor Lobby Pointe [LB32]- 2nd Floor Latitude 32 Bar	All Activities With A RED STAR Require You to Sign Up.	 ANIMALS ARTS EXERCISE 	Wo	renational #	Activities subject to change without notice.	Final Day to RSVP for Lamplighters Theater ~ \$23 Happy Birthday Jim Koci!! Happy Birthday Susan Rosenberg!! 9:00 ↔ Seated Boxing Video Workout [FS] 10:00 ♀ Free Friday Vital Checks with	9:00 ↔ Yoga & Weights with Heidi [FS] 2 10:00 ۞ Group Crossword in the Library [L] 11:00 ♣ Left, Right, Center Dice Game [GR] 11:00 ↔ Not Fast, Just Furious:
[V]- 2nd Floor Veranda Dining	Call Extension 5405 to Sign Up for	🛱 FILM 🗚 GAMES		endship	DOCTOR DRIVES Monday thru	Senior Helpers [LB32] 10:30 O Triva Challange in the Library	Lantern Crest Walking Group [LP]
[TD]- 2nd Floor Terrazza Dining [FS]- 2nd Floor Fitness Studio	Activities!	HAPPY HOUR		nth	Friday	11:00	12:30 JI Ice Cream Social with Cool Tunes in the 50's
[G2]- 2nd Floor Garden		양 HEALTH 양 INTELLECTUAL		v	9 AM - 3 PM	12:30 ⁽¹⁾ Bridge Club [FS] 1:30 ⁽²⁾ Paint & Sip Art Class [AC]	Diner at The Plaza [BD] 2:00 🛱 Nickel Blackjack [GR]
[PDP]- Pool Deck Patio		MUSIC		"Friendship improves		3:00 A \$1 Bingo [GR] 4:30 A Tails on Trails Walking Group	3:00 H Learn Sudoku ~ For Beginners and Experts!
[GR]- 3rd Floor Game Room		★ RSVP		appiness, and abates	9 AM-1 PM	[LP] 6:45 👾 Friday Night Movie:	[GR] 4:30 😤 Tails on Trails Walking
[LL/P]- 3rd Floor Lantern Links		SOCIAL SPIRITUAL		dness, by doubling our s, and dividing our grief"	for Appts Further than 15 Miles	Stepmom PG-13 1998 Drama/Romance 2h 5m [T]	Group [LP] 6:30 📅 Games in the Game Room
[T]- 3rd Floor Theater [FR4]- 4th Floor Fitness Studio			Joy.	s, and dividing our grief	man 15 miles		[GR]
[L]- 4th Floor Library	Happy Birthday Naomi Cain!!	Labor Day	9:15 🕆 St. Kieran's	9:00 ↔ Strengthen & Stretch	9:30 ↔ Balance & Stability 7	9:00 ↔ Seated Boxing	Happy Birthday Alice
[AC]- 4th Floor Arts /Crafts Room	Sunday NFL Football in the Theater 3	Last Day to RSVP for	Communion Service 5	with Angie [FS] 9:30 ★ Santee Hall	Class with Karl [FS] 10:00 T Bible Study with	9:00 ↔ Seated Boxing Video Workout [FS]	Happy Birthday Alice Spence!! 9:00 ↔ Yoga & Weights with
	8:00	Pointe Outing Ext. 5405 Terrazza Dining Room Will Be	9:30 ↔ Balance & Stability Class with Karl [FS]	History & Culture	Pastor Bill [L] 10:30 ↔ Tai Chi for Beginners	10:00 양 Free Friday Vital Checks with Senior Helpers	Heidi [FS] 10:00 O Group Crossword in the
=September Birthdays	8:15 ★ Shadow Mountain Church Drive [PL] 9:00 ★ Sunday Morning Church Service	Closing Early Due to Holiday ~ To Go's from 2:30pm - 3:30pm ~	10:30 ★ Weekly Outing to : Aldi	10:00	11:00 Q Chat with Your Life	[LB32] 10:30 O Triva Challange in the	Library [L] 11:00 Å - Left, Right, Center Dice
	with Pastor Steven [CH] 9:30 Sunday Morning Coffee by the	Terrazza Closes at 3:30pm 10:00 Pastries, Coffee &	11:00 🎜 Learn to Line Dance! [FS]	 11:30 ★ Spice Up Your Life with Erika: Air Fryer Pizza Bagels [V] 12:30 ₩ Matinee Movie:The Boy Who 	Enrichment Team [LP] 1:00 Women's Wine Time Social [LB32]	Library [L] 11:00 Cornhole in the Studio	Game [GR] 11:00 ↔ Not Fast, Just Furious:
	Garden with Club Paw-A-Dise [G2] 11:00 Sunday Brunch ~ 11:00am - 2pm	Conversation [LP] 11:00 Labor Day BBQ at the	11:30 ⁽¹⁾ Emergency Preparedness Workshop: Vial of Life and Emergency Contacts [LB32]	Harnessed the Wind - 2019 • Drama • 1h 53m [T]	2:00 n Nickel Blackjack [GR] 3:00 n Cribbage [GR]	[FS] 11:30 🔥 10,000 Dice Game [GR]	Lantern Crest Walking Group [LP]
Јім Косі 9/1	12:30 n Bridge Club [FS] 1:15 ★ Lamplighters Theater Presents	Plaza with Live Music from Fireball Express	1:00 Sector Lantern Crest's Drama Club with Sylvia Wagers [MDT]	1:00 Arts and Crafts ~ Photo Hoop Door Décor [AC]	4:00 P Thursday Specialty Buffet: All American~\$16.5pts [V]	12:30 © Bridge Club [FS] 1:30 ● Paint & Sip Art Class [AC]	12:30 ♬ Ice Cream Social with Cool Tunes in the 50's
SUSAN ROSENBERG 9/1	VANYA and SONIA and MASHA and SPIKE ~ \$23 [LP] 1:30 A Lazy Sunday Puzzles in the Lobby	~ 11am - 2pm [CC]	3:00 A Bingo [GR] 4:15 O Technology Help in Activities	2:00 🕆 Bible Study with Pastor Mark from Foothills Church [L]	4:15 O Technology Help in Activities Office	3:00 in \$1 Bingo [GR] 4:30 in Tails on Trails Walking	Diner at The Plaza [BD] 2:00 🛉 Nickel Blackjack [GR]
NAOMI CAIN 9/3	I:30 A Lazy Sunday Puzzles in the Lobby [LP] 3:00 A \$1 Bingo [GR]	2:00 🏟 Nickel Blackjack [GR] 3:00 🏟 Mexican Train [GR]	Office 6:00 in Games in the Game Room	3:00 A Happy Hour with Live Music from The Blue Zone [LB32]	5:20 W NFL Thursday Night Football ~ Lions VS Chiefs [T]	Group [LP] 6:45 Priday Night Movie:	3:00 A Learn Sudoku ~ For Beginners and Experts!
and a set	4:30 🐇 Tails on Trails Walking Group [LP]	4:30 🔹 Tails on Trails Walking Group [LP]	[GR]	4:30 🏶 Tails on Trails Walking Group [LP]	6:00 🗰 Games in the Game Room [GR]	Hustle R 2022 · Sport/ Drama · 1h 57m [T]	[GR] 4:30 🏶 Tails on Trails Walking
ALICE SPENCE 9/9				6:00 🖬 Games in the Game Room [GR]			Group [LP] 6:30 the Games in the Game Room
BETTY BROXOVIC 9/12	Grandparent's Day	Last Day to RSVP for Pointe	Happy Birthday Betty	Happy Birthday Yvonne Ford!!	Happy Birthday Elizabeth 🦪 🖌	9:00 ↔ Seated Boxing 1	[GR]
Martha Muerer 9/12	Sunday NFL Football in the Theater	Outing Ext. 5405 8:46	Happy Birthday Betty Broxovic!! Happy Birthday Martha	Happy Birthday Yvonne Ford!! 9:00 ↔ Strengthen & Stretch with Angie [FS]	MacKay!! 9:30 ↔ Balance & Stability	9:00 ↔ Seated Boxing Video Workout [FS]	Newlon!!
YVONNE FORD 9/13	8:00 ★ Guardian Angels Catholic Church [LP] 8:15 ★ Shadow Mountain Church Drive	Moment Of Silence [LP] 9:00 ↔ Strengthen & Stretch with Angie	Meuer!! 9:15 🕆 St. Kieran's Communion	10:00 🛡 Can You Dig It? Coffee in the Garden [G2]	Class with Karl [FS] 10:00	10:00 양 Free Friday Vital Checks with Senior Helpers	9:00 ↔ Yoga & Weights with Heidi [FS] 10:00 ♀ Group Crossword in the
ELIZABETH MACKAY 9/14	PL] 9:00 🛨 Sunday Morning Church Service	10:00 Pastries, Coffee & Conversation [LP]	9:30 + Balance & Stability Class with	11:30 ★ Spice Up Your Life with Erika : Peach Milkshake [V] 12:30 ♀ Matinee Movie: Eat, Pray, Love	Instructional Video [FS] 11:00 V CA Phone Seminar with Elizabeth	[LB32] 10:30 O Triva Challange in the	Library [L] 11:00 📥 Left, Right, Center Dice
	with Pastor Bill [CH] 9:30 Sunday Morning Coffee by the Garden with Club Paw-A-Dise [G2]	11:00 ↔ Not Fast, Just Furious: Lantern Crest Walking Group [LP] 1:00 J Glee Club Performance: Show	Karl [FS] 10:00 ↔ Gentle Aquafit with Peggy [P] 10:30 ★ Weekly Outing to : Hobby		Alvarado from California Connect [T] 1:00 New Resident Welcome- Cookies,	Library [L] 11:00 Cornhole in the Studio	Game [GR] 11:00 ↔ Not Fast, Just Furious:
Donna Newlon 9/16	11:00 Sunday Brunch ~ 11:00am - 2pm [V]	Tunes From Broadway [GR] 2:00 ሱ Nickel Blackjack [GR]	Lobby & Walmart At Grossmont Center [LP]	1:00 State Arts and Crafts ~ Halloween Character Blocks Part 1 [AC]	Coffee, & Conversations [LP] 2:00 h Nickel Blackjack [GR]	[FS] 11:30 🔥 10,000 Dice Game [GR]	Lantern Crest Walking Group [LP]
BEA KELLER 9/21	12:30 A Bridge Club [FS] 1:30 A Lazy Sunday Puzzles in the Lobby	3:00 O Democrat Social Club ~ Climate Disruption with Nancy Axford [L]	11:30 A 10,000 Dice Game [GR] 1:00 S Lantern Crest's Drama Club	1:00 O Resident Council Board Meeting [V]	3:00 A Cribbage [GR] 4:00 D Thursday Specialty Buffet:	12:30 O Bridge Club [FS] 1:30 O Paint & Sip Art Class [AC]	12:30 J Ice Cream Social with Cool Tunes in the 50's
NEAL TOWNE 9/26	[LP] 2:30 ■ Grandparent's Family Movie Day : Up -PG 2009 · Family/Adventure	3:00 ♣ Mexican Train [GR] 4:00 ■ Monday Night Special: Comfort Mashed Potato Meal ~ 10pts [TD]	with Sylvia Wagers [MDT] 3:00 🔥 Bingo [GR]	2:00	Mexican Action Station ~\$16.5pts [V] 4:15 V Technology Help in Activities	3:00 🔥 \$1 Bingo [GR] 4:30 🏶 Tails on Trails Walking	Diner at The Plaza [BD] 2:00 📩 Nickel Blackjack [GR]
JOAN GEISBUSH 9/28	• 1h 36m [T] 3:00 🔥 \$1 Bingo [GR]	4:30 J Evening Piano Music [TD] 4:30 🏶 Tails on Trails Walking Group [LP]	3:00 You're Not Alone Family- Caregivers Support Group [L]	from Sylvia and Salvador [LB32]	Office 5:20 👾 NFL Thursday Night Football ~	Group [LP] 6:45 🛱 Friday Night Movie: A	3:00 Learn Sudoku ~ For Beginners and Experts!
	4:30 🏶 Tails on Trails Walking Group [LP]	5:15 PM NFL Monday Night Football ~ Bills VS Jets [T]	 4:00 Transportation Committee Meeting [V] 4:15 Ø Technology Help in Activities 	4:30 🏶 Tails on Trails Walking Group [LP]	Vikings VS Eagles [T] 6:00 🔥 Games in the Game Room [GR]	Jazzman's Blues R 2022 • Drama • 2h 7m [T]	[GR] 4:30 🏶 Tails on Trails Walking
Bonnie Forthun 9/30			6:00 A- Games in the Game Room	6:00 🔥 Games in the Game Room [GR]			Group [LP] 6:30 n- Games in the Game Room IGR1

	F AVER	Septemb	en 2023	at The {	Pointe 人	12 -0	
	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
LOCATION KEY [LP]- 1st Floor Lobby Pointe [LB32]- 2nd Floor Latitude 32 Bar [V]- 2nd Floor Veranda Dining [TD]- 2nd Floor Terrazza Dining [TD]- 2nd Floor Terrazza Dining [FS]- 2nd Floor Fitness Studio [G2]- 2nd Floor Garden [PDP]- Pool Deck Patio [GR]- 3rd Floor Game Room [LL/P]- 3rd Floor Lantern Links [T]- 3rd Floor Theater	Sunday NFL Football in the 17 Reater 17 8:00 ★ Guardian Angels Catholic Church [LP] 8:15 ★ Shadow Mountain Church Drive [PL] 9:00 ★ Sunday Morning Church Service with Pastor Bill [CH] 9:30 ■ Sunday Morning Coffee by the Garden with Club Paw- A-Dise [G2] 11:00 ■ Sunday Brunch ~ 11:00am - 2pm [V] 12:30 ♣ Bridge Club [FS] 1:30 ♣ Lazy Sunday Puzzles in the Lobby [LP] 2:00 ۞ Travelogue Documentary: Costa Rica [T] 3:00 ♣ \$1 Bingo [GR] 4:30 ♣ Tails on Trails Walking Crime In Pl	Last Day to RSVP for Pointe Outing Ext. 5405 9:00 ↔ Strengthen & Stretch with Angie [FS] 10:00 ■ Pastries, Coffee & Conversation [LP] 11:00 ↔ Not Fast, Just Furious: Lantern Crest Walking Group [LP] 11:30 ↔ Travels with Galen and Maureen [T] 1:00 ♬ Glee Club [GR] 2:00 ↔ Nickel Blackjack [GR] 3:00 ↔ Mexican Train [GR] 4:00 ■ Monday Night Special: Comfort Mashed Potato Meal ~ 10pts [TD] 4:30 ♣ Tails on Trails Walking Group [LP] 5:15 ♀ NFL Monday Night Football ~ Browns VS Steelers [T]	Communion Service Y at The Ridge	Show - RSVP with Janice McKinnis Villa 517 9:00 ↔ Strengthen & Stretch with Angie [FS] 10:00 ■ Can You Dig It? Coffee in the Garden [G2] 11:30 ★ Spice Up Your Life with Erika : The Best Nachos Supreme [V] 1:00 ♀ All Residents Meeting [T] 3:00 ♀ Happy Hour Birthday Celebration with Live Music from Double Take	9:30 ↔ Balance & Stability Class with Karl [FS] 10:00 * Bible Study with Pastor Bill [L] 10:30 ↔ Tai Chi for Beginners Instructional Video [FS] 11:00 ◇ Chat with Your Life Enrichment Team [LP] 1:00 ■ Thank You For Being A Friend " Tea Party Honoring Women's Friendship Month [L] 2:00 ♣ Nickel Blackjack [GR] 3:00 ♣ Cribbage [GR] 4:00 ■ Thursday Specialty Buffet: Pizza Bar of 5 5nts [V]	All Staff Meeting: No Doctor Appointments After 12pm 9:00 ↔ Seated Boxing Video Workout [FS] 10:00 ♀ Free Friday Vital Checks with Senior Helpers [LB32] 10:30 ♀ Triva Challange in the Library [L] 11:00 ■ Cornhole in the Studio [FS] 11:30 ♣ 10,000 Dice Game [GR] 12:30 ♀ Bridge Club [FS] 1:30 ♥ Paint & Sip Art Class [AC] 3:00 ♣ \$1 Bingo [GR] 4:30 ♣ Tails on Trails Walking Group [LP] 6:45 ♣ Friday Night Movie: Blonde - 2022 · Romance/Drama · 2h 46m [T]	9:00 ↔ Yoga & Weights with Heidi [FS] 23 10:00 ◊ Group Crossword in the Library [L] 11:00 ♣ Left, Right, Center Dice Game [GR] 11:00 ↔ Not Fast, Just Furious: Lantern Crest Walking Group [LP] 12:00 � Quilt Exhibit at The Pointe ~ 12pm to 2pm [LP] 2:00 ♣ Nickel Blackjack [GR] 3:00 ♣ Learn Sudoku ~ For Beginners and Experts! [GR] 4:30 ♣ Tails on Trails Walking Group [LP] 6:30 ♣ Games in the Game Room [GR]
[FR4]- 4th Floor Fitness Studio [L]- 4th Floor Library [AC]- 4th Floor Arts /Crafts Room September Birthdays JIM Koci 9/1 JIM Koci 9/1 SUSAN ROSENBERG 9/1 NAOMI CAIN 9/3 ALICE SPENCE 9/9 BETTY BROXOVIC 9/12	Group [LP] Sunday NFL Football in the 24 8:00 ★ Guardian Angels Catholic Church [LP] 8:15 ★ Shadow Mountain Church Drive [PL] 9:00 ★ Sunday Morning Church Service with Pastor Bill [CH] 9:30 ■ Sunday Morning Coffee by the Garden with Club Paw-A-Dise [G2] 11:00 ■ Sunday Brunch ~ 11:00am - 2pm [V] 12:30 ♣ Bridge Club [FS] 1:30 ♣ Bridge Club [FS] 1:30 ♣ S1 Bingo [GR] 4:30 ♣ Tails on Trails Walking Group [LP]	Last Day to RSVP for Pointe Outing Ext. 5405 9:00 ↔ Strengthen & Stretch with Angie [FS] 10:00 ۞ Alzheimer's and Dementia with Senior Helpers [T] 10:00 ■ Pastries, Coffee & Conversation [LP] 11:00 ↔ Not Fast, Just Furious: Lantern Crest Walking Group [LP] 1:00 ♬ Glee Club [GR] 2:00 ሱ Nickel Blackjack [GR] 3:00 ሱ Mexican Train [GR] 4:00 ■ Monday Night Special: Comfort Mashed Potato Meal ~ 10pts [TD] 4:30 ♬ Evening Piano Music [TD] 4:30 ✿ Tails on Trails Walking Group [LP] 5:15 ♀ NFL Monday Night Football ~ Rams VS Bengals [T]	Happy Birthday Neal Towne!! 26 9:15	9:00 ↔ Strengthen & Stretch 27 with Angie [FS] 10:00 ■ Coffee with the Assistant Executive Director [LP] 11:00 ◇ October Sign Up Frenzy !!!! [LB32] 12:30 ♥ Matinee Movie: Worth PG-13 2020 · Drama/Historical film · 1h 58m [T] 1:00 ● Arts and Crafts ~ Halloween Character Blocks Part 2 [AC] 2:00 ₱ Bible Study with Pastor Mark from Foothills Church [L] 3:00 ₱ Happy Hour with Live Music from The Tradesmen Band [LB32] 4:30 ♥ Tails on Trails Walking Group [LP] 6:00 ♠ Games in the Game Room [GR]	Instructional Video [FS] 1:00 ■ Cookies, Coffee, and Conversations [LP] 2:00 ♣ Nickel Blackjack [GR]		9:00 ↔ Yoga & Weights with Heidi [FS] 10:00 ◊ Group Crossword in the Library [L] 11:00 ♣ Left, Right, Center Dice Game [GR] 11:00 ↔ Not Fast, Just Furious: Lantern Crest Walking Group [LP] 12:30 ♫ Ice Cream Social with Cool Tunes in the 50's Diner at The Plaza [BD] 2:00 ♣ Nickel Blackjack [GR] 3:00 ♣ Learn Sudoku ~ For Beginners and Experts! [GR]
MARTHA MUERER 9/12 YVONNE FORD 9/13 ELIZABETH MACKAY 9/14 DONNA NEWLON 9/16 BEA KELLER 9/21 NEAL TOWNE 9/26 JOAN GEISBUSH 9/28 BONNIE FORTHUN 9/30	HAPPY LABOR DAY		n Crest	Please see Plaza Activity Calendar for Additional Activities	× ,	ICHMENT CTOR 886 X 3910 y.fay@	Staff September Birthdays Martha Brasher Esteban Carreno Daniela Espinoza Jayson Guico Andres Gutierrez Miguel Hermoso Terra Iverson Sara Kimbrel Sophia Ortiz Alfonso Ramirez