

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div><h3>Happy Birthday</h3><p>Betty Ruehle ~ 11/04</p><p>Rich Gern ~ 11/06</p><p>Elizabeth Giamonna ~ 11/23</p><p>Bernie Gonzalez ~ 11/26</p><p>Kathryn Pickrell ~ 11/29</p></div> <div><h3>Location Key</h3><p>50GR - 50's Game Room BBC - Bocce Ball Court BD - Bel Air Diner BPD - Balboa Private Dining CC - Coronado Courtyard CDR - Catalina Dining Room CH - Reflections Chapel FR - Fitness Room IPS - Indoor Pool and Spa MB - Miramar Bar MDT - Movie Dinner Theater PL - Plaza Lobby PL4 - Puzzle Lounge/ Library SC - Sunken Courtyard TL - 2nd Floor Turtle Lounge TR - King Charles Tea Room</p></div>	<p>All Activities With A RED STAR Require You to Sign Up. Call Extension 3910 to Sign Up for Activities!</p>	<div><h2>VETERANS DAY</h2><p>NOVEMBER 11, 2023</p><p>HONORING ALL WHO SERVED</p></div>	<p>9:15 ↔ Tai Chi for Beginners - Instructional Video [FR] 1</p> <p>10:00 ☞ Chat with Assistant Executive Director Brittany Fay [TR]</p> <p>11:30 ★ What's Cookin' Good Lookin' with Hailey-Puppy Chow [BD]</p> <p>1:00 ♣ \$4 Bingo [MDT]</p> <p>1:45 † Bible Study with Pastor Mark at The Pointe [L]</p> <p>2:00 ↔ Lantern Crest Bowling League [BD]</p> <p>3:00 🚲 Women's Wine Time [TR]</p> <p>4:30 ↔ Evening Stroll [PL]</p>	<p>10:15 ↔ Core Strength and Weights with Karl [FR] 2</p> <p>11:00 ☞ Quilty Pleasures [TR]</p> <p>12:00 ★ Excursion to Grossmont Center Mall [PL]</p> <p>12:30 ☞ Matinee Movie: The Irishman (2019) 3h 29m [MDT]</p> <p>3:00 ⚡ Short Stories and Poetry [TR]</p> <p>3:30 ↔ Whack it! Smack it! Balloon Ball [FR]</p> <p>4:00 ★ Specialty Buffet at The Pointe: BBQ Action~\$17pts. [V]</p> <p>4:15 ⚡ Technology Help - Bring Your Device! [PL]</p> <p>5:20 ☞ NFL Thursday Night Football ~ Titans vs. Steelers [MDT]</p>	<p>9:15 ↔ Tai Chi for Beginners - Instructional Video [FR] 3</p> <p>10:00 ↔ Cardio Drumming Class Video Workout [FR]</p> <p>11:00 ☞ Free Friday Vitals Check with Senior Helpers [PL]</p> <p>12:30 ★ Amy's Arts and Crafts: Classic S'mores [MDT]</p> <p>1:00 ♣ Bridge Club</p> <p>1:30 ☞ Green Thumbs at the Garden</p> <p>3:00 🚲 Happier Hour with Live Music from Harmony Express [CDR]</p> <p>4:30 ↔ Evening Stroll [PL]</p>	<p>Happy Birthday Betty Ruehle!! 4</p> <p>10:00 ↔ Chair Yoga with Heidi [FR]</p> <p>10:00 ★ Holiday Shopping Fair At Our Lady Of Grace Church ~10am-12pm [PL]</p> <p>11:00 ♣ Cornhole by the Moss Wall [PL]</p> <p>11:00 ☞ Lunch in the Diner ~ 11am - 2pm [BD]</p> <p>1:30 ⚡ Fashion show: Dressing Historical for the Holidays" [T]</p> <p>1:30 ♣ Scrabble with Friends [50GR]</p> <p>3:00 ♣ Nickel Blackjack [50GR]</p> <p>4:30 ♣ Puzzles on the 4th Floor [PL4]</p> <p>6:00 ☞ Evening Movie: Field of Dreams (1989) 1h 45m [MDT]</p>
<p>Daylight Saving Time Ends 5</p> <p>Sunday NFL Football in the Theater</p> <p>8:00 ★ Guardian Angels Catholic Church [PL]</p> <p>8:15 ★ Shadow Mountain Church Drive [PL]</p> <p>9:00 † Sunday Morning Church Service with Pastor Bill [CH]</p> <p>11:00 ★ Sunday Brunch ~ 11:00am - 2:00pm at The Pointe [V]</p> <p>1:00 ♣ Bow Wow Dog Social [PL]</p> <p>2:00 ☞ Walk Down Memory Lane ~ [TL]</p> <p>3:00 ☞ Color Me Calm ~ Tranquil Coloring and Music [TR]</p> <p>4:15 ⚡ Technology Help - Bring Your Device! [PL]</p> <p>4:30 ☞ Puzzles on the 4th Floor [PL4]</p>	<p>Happy Birthday Rich Gern!! 6</p> <p>9:15 ↔ Tai Chi for Beginners - Instructional Video [FR]</p> <p>9:30 ☞ Water the Plaza Garden [PL]</p> <p>10:15 ↔ Strengthen and Stretch with Angie [FR]</p> <p>11:00 ☞ Coffee in the Sea Lounge on the 2nd Floor [TL]</p> <p>1:00 ♣ Hand & Foot [50GR]</p> <p>1:30 ♣ \$4 Bingo [MDT]</p> <p>3:00 🎵 Learn to Line Dance! [MDT]</p> <p>4:30 ↔ Evening Stroll [PL]</p> <p>5:15 ☞ NFL Monday Night Football ~ Chargers v. Jets [MDT]</p>	<p>Election Day 7</p> <p>9:00 ↔ Indoor Water Aerobics with Peggy [IPS]</p> <p>10:15 ↔ Core Strength and Weights with Karl [FR]</p> <p>11:00 ☞ Cornhole by the Moss Wall [PL]</p> <p>12:00 ☞ Lunch Bunch with Amy [CDR]</p> <p>12:30 ♣ Dominoes [50GR]</p> <p>1:00 ☞ Drama Club with Sylvia Wagers [MDT]</p> <p>2:00 ☞ Chat with Your Life Enrichment Team [TR]</p> <p>3:00 ♣ Nickel Blackjack [BD]</p> <p>4:15 ☞ Technology Help - Bring Your Device! [PL]</p> <p>6:00 ☞ Evening Movie: Turning Red (2022) 1h 47m [MDT]</p>	<p>9:15 ↔ Tai Chi for Beginners - Instructional Video [FR] 8</p> <p>10:15 ↔ Bocce Ball Brigade [BBC]</p> <p>11:30 ★ What's Cookin' Good Lookin' with Hailey-Chocolate Pretzel Turkeys [BD]</p> <p>1:00 ♣ \$4 Bingo [MDT]</p> <p>1:45 † Bible Study with Pastor Mark at The Pointe [L]</p> <p>2:00 ↔ Lantern Crest Bowling League [BD]</p> <p>3:00 🚲 Men's Brew Crew [BD]</p> <p>4:30 ↔ Evening Stroll [PL]</p>	<p>Last Day to RSVP for Veterans Day Lunch at the Pointe RSVP with Activities EXT.3910 9</p> <p>10:15 ↔ Core Strength and Weights with Karl [FR]</p> <p>12:00 ★ Excursion to Jamul Casino [PL]</p> <p>12:30 ☞ Matinee Movie: Elvis (2022) 2h 39m [MDT]</p> <p>1:00 Resident Council Board Member Meeting [BPD]</p> <p>2:30 ☞ New Resident Mingle!! [CH]</p> <p>3:30 ↔ Whack it! Smack it! Balloon Ball [FR]</p> <p>4:00 ★ Specialty Buffet at The Pointe: Loaded Potato Bar ~\$15.0pts [V]</p> <p>4:15 ☞ Technology Help - Bring Your Device! [PL]</p> <p>5:20 ☞ NFL Thursday Night Football ~ Panthers v. Bears [MDT]</p>	<p>9:15 ↔ Tai Chi for Beginners - Instructional Video [FR] 10</p> <p>10:00 ↔ Cardio Drumming Class Video Workout [FR]</p> <p>11:00 ☞ Free Friday Vitals Check with Senior Helpers [PL]</p> <p>12:30 ★ Amy's Arts and Crafts: Collaborative Veterans Poster [MDT]</p> <p>1:00 ♣ Bridge Club</p> <p>1:30 ☞ Green Thumbs at the Garden</p> <p>3:00 🚲 Happier Hour with Live Music from The Tradesmen Band [CDR]</p> <p>4:30 ↔ Evening Stroll [PL]</p>	<p>Veterans Day 11</p> <p>10:00 ↔ Chair Yoga with Heidi [FR]</p> <p>10:00 ☞ Veterans Pinning Ceremony [MDT]</p> <p>10:45 ☞ Brunch with Our Veterans [MDT]</p> <p>11:30 ★ Thanks For Your Service Veterans Lunch at the Pointe</p> <p>12:30 ☞ Special Guest Lina Arnold From ~Honor Flight San Diego [T]</p> <p>1:30 ♣ Scrabble with Friends [50GR]</p> <p>3:00 ♣ Nickel Blackjack [50GR]</p> <p>4:30 ♣ Puzzles on the 4th Floor [PL4]</p> <p>6:00 ☞ Evening Movie: The Untouchable (1987) 1h 59m [MDT]</p>
<p>Sunday NFL Football in the Theater 12</p> <p>8:00 ★ Guardian Angels Catholic Church [PL]</p> <p>8:15 ★ Shadow Mountain Church Drive [PL]</p> <p>9:00 † Sunday Morning Church Service with Pastor Bill [CH]</p> <p>11:00 ★ Sunday Brunch ~ 11:00am - 2:00pm at The Pointe [V]</p> <p>1:00 ♣ Bow Wow Dog Social [PL]</p> <p>2:00 ☞ Walk Down Memory Lane ~ [TL]</p> <p>3:00 ☞ Color Me Calm ~ Tranquil Coloring and Music [TR]</p> <p>4:15 ☞ Technology Help - Bring Your Device! [PL]</p> <p>4:30 ☞ Puzzles on the 4th Floor [PL4]</p>	<p>World Kindness Day 13</p> <p>9:15 ↔ Tai Chi for Beginners - Instructional Video [FR]</p> <p>9:30 ☞ Water the Plaza Garden [PL]</p> <p>10:15 ↔ Strengthen and Stretch with Angie [FR]</p> <p>11:00 ☞ Coffee in the Sea Lounge on the 2nd Floor [TL]</p> <p>12:00 ♣ Bunco [50GR]</p> <p>1:30 ♣ \$4 Bingo [MDT]</p> <p>3:00 🎵 Learn to Line Dance! [MDT]</p> <p>4:30 ↔ Evening Stroll [PL]</p> <p>5:15 ☞ NFL Monday Night Football ~ Broncos v. Bills [MDT]</p>	<p>14</p> <p>9:00 ↔ Indoor Water Aerobics with Peggy [IPS]</p> <p>9:15 † St. Kieran's Communion Service [CH]</p> <p>10:15 ↔ Core Strength and Weights with Karl [FR]</p> <p>11:00 ☞ Cornhole by the Moss Wall [PL]</p> <p>12:00 ☞ Lunch Bunch with Amy [CDR]</p> <p>12:30 ♣ Dominoes [50GR]</p> <p>1:00 ☞ Drama Club with Sylvia Wagers [MDT]</p> <p>1:30 ☞ Table Talk and Tasty Treats with Chef Phil [BPD]</p> <p>3:00 ♣ Nickel Blackjack [BD]</p> <p>4:00 Transportation Committee Meeting [V]</p> <p>4:15 ☞ Technology Help - Bring Your Device! [PL]</p>	<p>9:15 ↔ Tai Chi for Beginners - Instructional Video [FR] 15</p> <p>10:15 ↔ Bocce Ball Brigade [BBC]</p> <p>11:30 ★ What's Cookin' Good Lookin': Apple Pie in a Cup [BD]</p> <p>1:00 ♣ \$4 Bingo [MDT]</p> <p>2:00 ↔ Lantern Crest Bowling League [BD]</p> <p>3:00 🚲 Women's Wine Time [TR]</p> <p>4:30 ↔ Evening Stroll [PL]</p>	<p>16</p> <p>10:15 ↔ Core Strength and Weights Video [FR]</p> <p>11:30 ☞ Matinee Movie: The Minimalists: Less is Now (2021) 53m [MDT]</p> <p>1:00 ☞ All Residents Meeting [MDT]</p> <p>3:00 ☞ Short Stories and Poetry [TR]</p> <p>3:30 ↔ Whack it! Smack it! Balloon Ball [FR]</p> <p>4:00 ★ Specialty Buffet at The Pointe: Taco Bar~\$15.5pts [V]</p> <p>4:15 ☞ Technology Help - Bring Your Device! [PL]</p> <p>5:20 ☞ NFL Thursday Night Football ~ Bengals v. Ravens [MDT]</p>	<p>17</p> <p>9:15 ↔ Tai Chi for Beginners - Instructional Video [FR]</p> <p>10:00 ↔ Cardio Drumming Class Video Workout [FR]</p> <p>11:00 ☞ Free Friday Vitals Check with Senior Helpers [PL]</p> <p>12:30 ★ Amy's Arts and Crafts: Thanksgiving Suncatchers [MDT]</p> <p>1:00 ♣ Bridge Club</p> <p>2:00 ☞ Communi-Tea Book Club at The Pointe [L]</p> <p>3:00 🚲 Happy Birthday Happier Hour with Live Music from The First String Band [CDR]</p> <p>4:30 ↔ Evening Stroll [PL]</p>	<p>18</p> <p>9:30 ★ Weekly Grocery Shopping: Walmart [PL]</p> <p>10:00 ↔ Chair Yoga with Heidi [FR]</p> <p>11:00 ♣ Cornhole by the Moss Wall [PL]</p> <p>11:00 ☞ Lunch in the Diner ~ 11am - 2pm [BD]</p> <p>12:30 ☞ Hot Cocoa and Apple Cider in the 50's Diner [BD]</p> <p>1:30 ♣ Scrabble with Friends [50GR]</p> <p>3:00 ♣ Nickel Blackjack [50GR]</p> <p>4:30 ♣ Puzzles on the 4th Floor [PL4]</p> <p>6:00 ☞ Evening Movie: Chicken Run (2000) 1h 24m [MDT]</p>

November 2023 At The Plaza

Sunday		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<div><div></div><div>HAPPY BIRTHDAY Betty Ruehle ~ 11/04 Rich Gern ~ 11/06 Elizabeth Giamonna ~ 11/23 Bernie Gonzalez ~ 11/26 Kathryn Pickrell ~ 11/29</div></div>		<div><div>19</div><div>Last Day to RSVP for Thanksgiving Buffet at the Pointe RSVP at EXT. 3910 Sunday NFL Football in the Theater 8:00 ★ Guardian Angels Catholic Church [PL] 8:15 ★ Shadow Mountain Church Drive [PL] 9:00 † Sunday Morning Church Service with Pastor Bill [CH] 11:00 ★ Sunday Brunch ~ 11:00am - 2:00pm at The Pointe [V] 11:30 🐾 Red the Turkey Visits Lantern Crest!! [PDP] 1:00 🐾 Bow Wow Dog Social [PL] 2:00 🕯 Walk Down Memory Lane ~ [TL] 3:00 🎨 Color Me Calm ~ Tranquil Coloring and Music [TR] 4:15 🕯 Technology Help - Bring Your Device! [PL] 4:30 🕯 Puzzles on the 4th Floor [PL4]</div></div>	<div><div>20</div><div>9:15 ↔ Tai Chi for Beginners - Instructional Video [FR] 9:30 ☕ Water the Plaza Garden [PL] 10:15 ↔ Strengthen and Stretch with Angie [FR] 11:00 ☕ Coffee in the Sea Lounge on the 2nd Floor [TL] 11:30 🕯 Travels with Galen and Maureen [T] 1:00 ♣ Hand & Foot [50GR] 1:30 ♣ \$4 Bingo [MDT] 3:00 🎵 Learn to Line Dance! [MDT] 4:30 ↔ Evening Stroll [PL] 5:15 🏈 NFL Monday Night Football ~ Eagles v. Chiefs [MDT]</div></div>	<div><div>21</div><div>9:00 ↔ Indoor Water Aerobics with Peggy [IPS] 10:15 ↔ Core Strength and Weights Video [FR] 11:00 ☕ Cornhole by the Moss Wall [PL] 11:30 ★ Veterans' Luncheon at The Pointe [V] 12:00 ☕ Lunch Bunch with Amy [CDR] 12:30 ♣ Dominoes [50GR] 1:00 🕯 Drama Club with Sylvia Wagers [MDT] 2:00 🕯 Chat with Your Life Enrichment Team [TR] 3:00 ♣ Nickel Blackjack [BD] 4:15 🕯 Technology Help - Bring Your Device! [PL] 6:00 🏈 Evening Movie: Big (1998) 1h 44m [MDT]</div></div>	<div><div>22</div><div>All Staff Meeting: No Doctor Appointments After 12pm 9:15 ↔ Tai Chi for Beginners - Instructional Video [FR] 10:15 ↔ Bocce Ball Brigade [BBC] 12:30 ★ Friendsgiving Potluck Party! ~ Let Activities know what you are bringing [BD] 1:45 † Bible Study with Pastor Mark at The Pointe [L] 3:00 🏈 Men's Brew Crew [BD] 4:30 ↔ Evening Stroll [PL]</div></div>	<div><div>23</div><div>Catalina Dining Will Be Closing Early ~ Open for Breakfast 8am to 10am ~ Closed for Lunch ~ To Gos from 2:30pm to 3:30pm ~ Dining Closed at 3:30pm Happy Birthday Elizabeth Giamonna!! Happy Thanksgiving 9:00 🏈 Macy's Thanksgiving Day Parade [MDT] 10:00 ☕ Cookies and Coffee ~ What Are We Thankful For? [PL] 11:00 ★ Thanksgiving Day Buffet at The Pointe ~ 11am to 2pm [TD] 12:30 🏈 Matinee Movie: Planes, Trains, and Automobiles (R) (1987) 1h 45m [MDT] 2:30 Nickel Blackjack [50GR]</div></div>	<div><div>24</div><div>9:15 ↔ Tai Chi for Beginners - Instructional Video [FR] 10:00 ↔ Cardio Drumming Class Video Workout [FR] 11:00 🕯 Free Friday Vitals Check with Senior Helpers [PL] 12:30 ★ Amy's Arts and Crafts: Paint your Own Puzzle [MDT] 1:00 ♣ Bridge Club 1:30 ☕ Green Thumbs at the Garden 3:00 🎧 Happier Hour with Live Music from The Brown Sugar Oldies [CDR] 4:30 ↔ Evening Stroll [PL]</div></div>	<div><div>25</div><div>9:30 ★ Weekly Grocery Shopping: Vons [PL] 10:00 ↔ Chair Yoga Video Workout [FR] 11:00 ♣ Cornhole by the Moss Wall [PL] 11:00 ☕ Lunch in the Diner ~ 11am - 2pm [BD] 1:30 ♣ Scrabble with Friends [MDT] 3:00 ♣ Nickel Blackjack [MDT] 4:30 ♣ Puzzles on the 4th Floor [PL4] 6:00 🏈 Evening Movie: A Walk to Remember (2002) 1h 42m [MDT]</div></div>
<div><div>Location Key</div><div>50GR - 50's Game Room BBC - Bocce Ball Court BD - Bel Air Diner BPD - Balboa Private Dining CC - Coronado Courtyard CDR - Catalina Dining Room CH - Reflections Chapel FR - Fitness Room IPS - Indoor Pool and Spa MB - Miramar Bar MDT - Movie Dinner Theater PL - Plaza Lobby PL4 - Puzzle Lounge/ Library SC - Sunken Courtyard TL - 2nd Floor Turtle Lounge TR - King Charles Tea Room</div></div>		<div><div>26</div><div>Happy Birthday Bernie Gonzalez!! Sunday NFL Football in the Theater 8:00 ★ Guardian Angels Catholic Church [PL] 8:15 ★ Shadow Mountain Church Drive [PL] 9:00 † Sunday Morning Church Service with Pastor Bill [CH] 11:00 ★ Sunday Brunch ~ 11:00am - 2:00pm at The Pointe [V] 1:00 🐾 Bow Wow Dog Social [PL] 2:00 🕯 Walk Down Memory Lane ~ [TL] 3:00 🎨 Color Me Calm ~ Tranquil Coloring and Music [TR] 4:15 🕯 Technology Help - Bring Your Device! [PL] 4:30 🕯 Puzzles on the 4th Floor [PL4]</div></div>	<div><div>27</div><div>9:15 ↔ Tai Chi for Beginners - Instructional Video [FR] 9:30 ☕ Water the Plaza Garden [PL] 10:15 ↔ Strengthen and Stretch with Angie [FR] 11:00 ☕ Coffee in the Sea Lounge on the 2nd Floor [TL] 12:00 ♣ Bunco [50GR] 1:30 ♣ \$4 Bingo [MDT] 2:30 ★ December Sign-Up Frenzy!! [MDT] 4:30 ↔ Evening Stroll [PL] 5:15 🏈 NFL Monday Night Football ~ Bears v. Vikings [MDT]</div></div>	<div><div>28</div><div>9:00 ↔ Indoor Water Aerobics with Peggy [IPS] 9:15 † St. Kieran's Communion Service [CH] 10:15 ↔ Core Strength and Weights with Karl [FR] 11:00 ☕ Cornhole by the Moss Wall [PL] 12:00 ☕ Lunch Bunch with Amy [CDR] 12:30 ♣ Dominoes [50GR] 1:00 🕯 Drama Club with Sylvia Wagers [MDT] 1:30 🕯 Table Talk and Tasty Treats with Chef Phil [BPD] 2:00 Dining Committee Meeting [V] 3:00 ♣ Nickel Blackjack [BD] 4:15 🕯 Technology Help - Bring Your Device! [PL] 6:00 🏈 Evening Movie: Charade (1963) 1h 55m [MDT]</div></div>	<div><div>29</div><div>Happy Birthday Kathryn Pickrell!!! 9:15 ↔ Tai Chi for Beginners - Instructional Video [FR] 10:15 ↔ Bocce Ball Brigade [BBC] 11:30 ★ What's Cookin' Good Lookin' with Hailey-Ham & Cheese Sliders [BD] 1:00 ♣ \$4 Bingo [MDT] 1:45 † Bible Study with Pastor Mark at The Pointe [L] 2:00 ↔ Lantern Crest Bowling League [BD] 3:00 🏈 Together We Drink!! [BD] 4:30 ↔ Evening Stroll [PL]</div></div>	<div><div>30</div><div>10:15 ↔ Core Strength and Weights with Karl [FR] 11:00 ★ High Tea Thursday [TR] 12:00 ★ Excursion to DZ Akin's [PL] 12:30 🏈 Matinee Movie: A Beautiful Mind (2001) 2h 15m [MDT] 3:30 ↔ Whack it! Smack it! Balloon Ball [FR] 4:00 ★ Specialty Buffet at The Pointe: Mexican Action Station ~\$16.5pts [V] 4:15 🕯 Technology Help - Bring Your Device! [PL] 5:20 🏈 NFL Thursday Night Football ~ Seahawks v. Cowboys [MDT]</div></div>	<div><div></div><div>ANIMALS ARTS EXERCISE FILM GAMES HAPPY HOUR HEALTH INTELLECTUAL MUSIC ★ RSVP ☕ SOCIAL † SPIRITUAL</div></div> <div><div>Activities is always looking for resident input & suggestions for new activities, movies & outings.</div><div>You can find the 'Suggestion' Box hanging on the wall located just outside of the Activities office near the Sharp Clinic.</div></div>	
<div><div>Life Enrichment Team (619) 258-8886 Ext: 3910 Plazalifeenrichment@lanterncrest.com</div></div>		<div><div>Please see Pointe Activity Calendar for Additional Activities</div></div>		<div><div></div></div>		<div><div>Doctor Drives Monday Thru Friday 9am - 3pm For Appts further than 15 Miles 9am - 1pm No Appts after 12pm on the 22nd of Each Month due to Mandatory Staff Meeting</div></div>	<div><div>Happy Birthday Plaza Staff Olivia Cisneros ~ 11/05 Rick Grasse ~ 11/16</div><div></div></div>	