

January 2024		AL at The Ridge											
Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
<div></div>		<div><b>Happy New Year's Day!</b> <b>Take a walk and find "The Champagne Bottle"</b> 9:45 Daily Chronicle &amp; Word Search 10:00 <b>Exercise Class [L1]</b> 10:30 <b>Bible Study &amp; Hymns w/ Pastor Bob [L1]</b> 10:30 <b>Gardening &amp; Craft Club with Linda [BISR]</b> 11:00 1:1Resident visits 12:00 <b>Walk The Halls Club</b> 1:00 <b>Baking Sweets &amp; Calendar Planning with Maritza [LCK]</b> 2:30 <b>Bingo for Prizes [AC]</b> 3:30 <b>What Did It Cost Game</b> 5:00 Enjoy a Game with Friends at the "Sports Lounge"</div>		<div><b>Take a walk and find "The Champagne Bottle"</b> 9:20 <b>St. Kieran's Church Service with Gina [RT]</b> 9:45 Daily Chronicle &amp; Word Search 10:00 <b>Balloon Volleyball Game with Purple Majesties &amp; Purple People Eaters [L1]</b> 11:00 1:1Resident visits 12:00 <b>Walk The Halls Club</b> 1:00 <b>Beadable Pens Assorted Craft [AC]</b> 1:30 <b>Chat with our Sous Chef Daniela &amp; Kathy Dining Room Supervisor [AC]</b> 2:30 <b>Rag Wreaths Making [AC]</b> 4:30 <b>Happy Hour with "BLUE ZONE BAND" [MDR]</b> 5:00 Enjoy a Game with Friends at the "Sports Lounge"</div>		<div><b>PIN TRADING WEDNESDAYS</b> <b>Take a walk and find "The Champagne Bottle"</b> 9:45 Daily Chronicle &amp; Word Search 10:15 <b>Stretch &amp; Strength with Angie from Mobile Therapy [L1]</b> 11:00 1:1Resident visits 12:00 <b>Walk The Halls Club</b> 1:00 <b>Bingo for Prizes [AC]</b> 2:00 <b>Enhancing Greeting Cards with Aurora [AC]</b> 3:00 <b>Scrabble Board Game [L1]</b> 5:00 Enjoy a Game with Friends at the "Sports Lounge"</div>		<div><b>Chef's Corner 11:30-12:30pm</b> <b>Happy Birthday Marilyn R.</b> <b>Take a walk and find "The Champagne Bottle"</b> 9:45 Daily Chronicle &amp; Word Search 10:00 <b>Bocce Ball Is Back! Green Machine vs Red Warriors [L1]</b> 11:00 1:1Resident visits 12:00 <b>Walk The Halls Club</b> 1:30 <b>Gospel Music with "STEVE &amp; DIANE" [MDR]</b> 3:00 <b>UNO Game [L1]</b> 5:00 Enjoy a Game with Friends at the "Sports Lounge"</div>		<div><b>Take a walk and find "The Champagne Bottle"</b> 9:45 Daily Chronicle &amp; Word Search 10:00 <b>Exercise Class with Aurora [L1]</b> 10:30 <b>LCR Game [L1]</b> 11:00 1:1Resident visits 12:00 <b>Walk The Halls Club</b> 1:00 <b>Movie &amp; Popcorn "SENSE AND SENSIBILITY" [RT]</b> 2:00 <b>Bingo for Prizes [AC]</b> 3:30 <b>Word in a Word Game [L1]</b> 5:00 Enjoy a Game with Friends at the "Sports Lounge"</div>		<div><b>THREE KINGS DAY!</b> <b>Take a walk and find "The Champagne Bottle"</b> 9:45 Daily Chronicle &amp; Word Search 10:00 <b>Balloon Volleyball Game with Purple Majesties &amp; Purple People Eaters [L1]</b> 11:00 1:1Resident visits 12:00 <b>Walk The Halls Club</b> 1:00 <b>Three Kings Day Celebration with a Mexican Tradition "Rosca" [L1]</b> 2:00 <b>UNO GAMES [L1]</b> 3:30 <b>Bring Your Devices "Technology with Aurora" [L1]</b> 5:00 Enjoy a Game with Friends at the "Sports Lounge"</div>	
<div><b>Take a walk and find "The Champagne Bottle"</b> 9:45 Daily Chronicle &amp; Word Search 10:00 <b>Trip to Walmart or Target</b> 10:45 <b>Love on a Leash [L1]</b> 11:00 1:1Resident visits 12:00 <b>Walk The Halls Club</b> 1:00 <b>Sunday Football Games [RT]</b> 1:30 Trash Card Games [CR] 2:30 <b>Exercise Class with Maritza [L1]</b> 3:00 <b>UNO Game [L1]</b> 5:00 Enjoy a Game with Friends at the "Sports Lounge"</div>		<div><b>Take a walk and find "The Champagne Bottle"</b> 9:45 Daily Chronicle &amp; Word Search 10:00 <b>Exercise Class [L1]</b> 10:30 <b>LCR Game [L1]</b> 11:00 1:1Resident visits 12:00 <b>Walk The Halls Club</b> 1:00 <b>Baking Sweets &amp; Calendar Planning with Maritza [LCK]</b> 2:30 <b>Bingo for Prizes [AC]</b> 3:30 <b>What Did It Cost Game</b> 5:00 Enjoy a Game with Friends at the "Sports Lounge"</div>		<div><b>Happy Birthday Toni K.</b> <b>Take a walk and find "The Champagne Bottle"</b> 9:45 Daily Chronicle &amp; Word Search 10:00 <b>Balloon Volleyball Game with Purple Majesties &amp; Purple People Eaters [L1]</b> 11:00 1:1Resident visits 12:00 <b>Walk The Halls Club</b> 1:00 <b>Beadable Pens Assorted Craft [AC]</b> 1:30 <b>Chat with our Sous Chef Daniela &amp; Kathy Dining Room Supervisor [AC]</b> 2:30 <b>Rag Wreaths Making [AC]</b> 4:30 <b>Happy Hour &amp; Welcome New Residents with "Fireball Express" [MDR]</b> 5:00 Enjoy a Game with Friends at the "Sports Lounge"</div>		<div><b>PIN TRADING WEDNESDAYS</b> <b>Take a walk and find "The Champagne Bottle"</b> 9:45 Daily Chronicle &amp; Word Search 10:15 <b>Stretch &amp; Strength with Angie from Mobile Therapy [L1]</b> 11:00 1:1Resident visits 12:00 <b>Walk The Halls Club</b> 1:15 <b>January Concert with "Double Take" [MDR]</b> 2:30 <b>Bingo for Prizes [AC]</b> 3:00 <b>Scrabble Board Game [L1]</b> 5:00 Enjoy a Game with Friends at the "Sports Lounge"</div>		<div><b>Chef's Corner 11:30-12:30pm</b> <b>Take a walk and find "The Champagne Bottle"</b> 9:45 Daily Chronicle &amp; Word Search 10:00 <b>Bocce Ball Is Back! Green Machine vs Red Warriors [L1]</b> 11:00 1:1Resident visits 12:00 <b>Walk The Halls Club</b> 1:00 <b>Corn Hole Games [L1]</b> 2:00 <b>Trivia with Aurora [L1]</b> 3:00 <b>UNO Game [L1]</b> 5:00 Enjoy a Game with Friends at the "Sports Lounge"</div>		<div><b>Take a walk and find "The Champagne Bottle"</b> 9:45 Daily Chronicle &amp; Word Search 10:00 <b>Exercise Class with Aurora [L1]</b> 10:30 <b>LCR Game [L1]</b> 11:00 1:1Resident visits 12:00 <b>Walk The Halls Club</b> 1:00 <b>Movie &amp; Popcorn "GONE with the WIND" [RT]</b> 2:00 <b>Bingo for Prizes [AC]</b> 3:30 <b>Word in a Word Game [L1]</b> 5:00 Enjoy a Game with Friends at the "Sports Lounge"</div>		<div><b>Take a walk and find "The Champagne Bottle"</b> 9:45 Daily Chronicle &amp; Word Search 10:00 <b>Balloon Volleyball Game with Purple Majesties &amp; Purple People Eaters [L1]</b> 11:00 1:1Resident visits 12:00 <b>Walk The Halls Club</b> 1:00 <b>Blackjack Game [CR]</b> 2:00 <b>UNO GAMES [L1]</b> 3:30 <b>Bring Your Devices "Technology with Aurora" [L1]</b> 5:00 Enjoy a Game with Friends at the "Sports Lounge"</div>	
<div><b>Take a walk and find "The Champagne Bottle"</b> 9:45 Daily Chronicle &amp; Word Search 10:00 <b>Trip to Walmart or Target</b> 10:45 <b>Love on a Leash [L1]</b> 11:00 1:1Resident visits 12:00 <b>Walk The Halls Club</b> 1:00 <b>Sunday Football Games [RT]</b> 1:30 Trash Card Games [CR] 2:30 <b>Exercise Class with Maritza [L1]</b> 3:00 <b>UNO Game [L1]</b> 5:00 Enjoy a Game with Friends at the "Sports Lounge"</div>		<div><b>Martin Luther King, JR. Day</b> <b>Take a walk and find "The Champagne Bottle"</b> 9:45 Daily Chronicle &amp; Word Search 10:00 <b>Exercise Class [L1]</b> 10:30 <b>Bible Study &amp; Hymns w/ Pastor Bob [L1]</b> 10:30 <b>Gardening &amp; Craft Club with Linda [BISR]</b> 11:00 1:1Resident visits 12:00 <b>Walk The Halls Club</b> 1:00 <b>Baking Sweets &amp; Calendar Planning with Maritza [LCK]</b> 2:30 <b>Bingo for Prizes [AC]</b> 3:30 <b>What Did It Cost Game</b> 5:00 Enjoy a Game with Friends at the "Sports Lounge"</div>		<div><b>Take a walk and find "The Champagne Bottle"</b> 9:20 <b>St. Kieran's Church Service with Gina [RT]</b> 9:45 Daily Chronicle &amp; Word Search 10:00 <b>Balloon Volleyball Game with Purple Majesties &amp; Purple People Eaters [L1]</b> 11:00 1:1Resident visits 12:00 <b>Walk The Halls Club</b> 1:00 <b>Beadable Pens Assorted Craft [AC]</b> 1:30 <b>Chat with our Sous Chef Daniela &amp; Kathy Dining Room Supervisor [AC]</b> 2:30 <b>Rag Wreaths Making [AC]</b> 4:30 <b>Happy Hour with "FIRST STRING BAND" [MDR]</b> 5:00 Enjoy a Game with Friends at the "Sports Lounge"</div>		<div><b>PIN TRADING WEDNESDAYS</b> <b>RESIDENT COUNCIL MEETING</b> <b>Take a walk and find "The Champagne Bottle"</b> 9:45 Daily Chronicle &amp; Word Search 10:15 <b>Stretch &amp; Strength with Angie from Mobile Therapy [L1]</b> 11:00 1:1Resident visits 12:00 <b>Walk The Halls Club</b> 1:00 <b>Bingo for Prizes [AC]</b> 2:00 <b>Enhancing Greeting Cards with Aurora [AC]</b> 3:00 <b>Resident Council Meeting</b> 5:00 Enjoy a Game with Friends at the "Sports Lounge"</div>		<div><b>Chef's Corner 11:30-12:30pm</b> <b>Take a walk and find "The Champagne Bottle"</b> 9:45 Daily Chronicle &amp; Word Search 10:00 <b>Bocce Ball Is Back! Green Machine vs Red Warriors [L1]</b> 11:00 1:1Resident visits 12:00 <b>Walk The Halls Club</b> 1:00 <b>Corn Hole Games [L1]</b> 2:00 <b>Trivia with Aurora [L1]</b> 3:00 <b>UNO Game [L1]</b> 5:00 Enjoy a Game with Friends at the "Sports Lounge"</div>		<div><b>Take a walk and find "The Champagne Bottle"</b> 9:45 Daily Chronicle &amp; Word Search 10:00 <b>Exercise Class with Aurora [L1]</b> 10:30 <b>LCR Game [L1]</b> 11:00 1:1Resident visits 12:00 <b>Walk The Halls Club</b> 1:00 <b>Movie &amp; Popcorn "SWEET HOME ALABAMA" [RT]</b> 2:00 <b>Bingo for Prizes [AC]</b> 3:30 <b>Word in a Word Game [L1]</b> 5:00 Enjoy a Game with Friends at the "Sports Lounge"</div>		<div><b>Take a walk and find "The Champagne Bottle"</b> 9:45 Daily Chronicle &amp; Word Search 10:00 <b>Balloon Volleyball Game with Purple Majesties &amp; Purple People Eaters [L1]</b> 11:00 1:1Resident visits 12:00 <b>Walk The Halls Club</b> 1:00 <b>Blackjack Game [CR]</b> 2:00 <b>UNO GAMES [L1]</b> 3:30 <b>Bring Your Devices "Technology with Aurora" [L1]</b> 5:00 Enjoy a Game with Friends at the "Sports Lounge"</div>	
<div><b>Take a walk and find "The Champagne Bottle"</b> 9:45 Daily Chronicle &amp; Word Search 10:00 <b>Trip to Walmart or Target</b> 10:45 <b>Love on a Leash [L1]</b> 11:00 1:1Resident visits 12:00 <b>Walk The Halls Club</b> 1:00 <b>Sunday Football Games [RT]</b> 1:30 Trash Card Games [CR] 2:00 <b>St. Columba Church Service with Bill Bixby</b> 2:30 <b>Exercise Class with Maritza [L1]</b> 3:00 <b>UNO Game [L1]</b> 5:00 Enjoy a Game with Friends at the "Sports Lounge"</div>		<div><b>All Staff Meeting</b> <b>Happy Birthday Linda K.</b> <b>National Polka Dot Day! Wear Polka</b> <b>Take a walk and find "The Champagne Bottle"</b> 9:45 Daily Chronicle &amp; Word Search 10:00 <b>Exercise Class [L1]</b> 10:30 <b>Bible Study &amp; Hymns w/ Pastor Bob [L1]</b> 11:00 1:1Resident visits 12:00 <b>Walk The Halls Club</b> 1:00 <b>Baking Sweets &amp; Calendar Planning with Maritza [LCK]</b> 2:30 <b>Bingo for Prizes [AC]</b> 3:30 <b>What Did It Cost Game</b> 5:00 Enjoy a Game with Friends at the "Sports Lounge"</div>		<div><b>Take a walk and find "The Champagne Bottle"</b> 9:45 Daily Chronicle &amp; Word Search 10:00 <b>Balloon Volleyball Game with Purple Majesties &amp; Purple People Eaters [L1]</b> 11:00 1:1Resident visits 12:00 <b>Walk The Halls Club</b> 1:00 <b>Beadable Pens Assorted Craft [AC]</b> 1:30 <b>Chat with our Sous Chef Daniela &amp; Kathy Dining Room Supervisor [AC]</b> 2:30 <b>Rag Wreaths Making [AC]</b> 4:30 <b>Happy Hour with "THE SOPHISTICATS" [MDR]</b> 5:00 Enjoy a Game with Friends at the "Sports Lounge"</div>		<div><b>PIN TRADING WEDNESDAYS</b> <b>Take a walk and find "The Champagne Bottle"</b> 9:45 Daily Chronicle &amp; Word Search 10:15 <b>Stretch &amp; Strength with Angie from Mobile Therapy [L1]</b> 11:00 1:1Resident visits 12:00 <b>Walk The Halls Club</b> 1:00 <b>Bingo for Prizes [AC]</b> 2:00 <b>Enhancing Greeting Cards with Aurora [AC]</b> 3:00 <b>Scrabble Board Game [L1]</b> 5:00 Enjoy a Game with Friends at the "Sports Lounge"</div>		<div><b>Chef's Corner 11:30-12:30pm</b> <b>Take a walk and find "The Champagne Bottle"</b> 9:45 Daily Chronicle &amp; Word Search 10:00 <b>Bocce Ball Is Back! Green Machine vs Red Warriors [L1]</b> 11:00 1:1Resident visits 12:00 <b>Walk The Halls Club</b> 1:00 <b>Corn Hole Games [L1]</b> 2:00 <b>Trivia with Aurora [L1]</b> 3:00 <b>UNO Game [L1]</b> 5:00 Enjoy a Game with Friends at the "Sports Lounge"</div>		<div><b>Take a walk and find "The Champagne Bottle"</b> 9:45 Daily Chronicle &amp; Word Search 10:00 <b>Exercise Class with Aurora [L1]</b> 10:30 <b>LCR Game [L1]</b> 11:00 1:1Resident visits 12:00 <b>Walk The Halls Club</b> 1:00 <b>Movie &amp; Popcorn "While You Were Sleeping" [RT]</b> 2:00 <b>Bingo for Prizes [AC]</b> 3:30 <b>Word in a Word Game [L1]</b> 5:00 Enjoy a Game with Friends at the "Sports Lounge"</div>		<div><b>Take a walk and find "The Champagne Bottle"</b> 9:45 Daily Chronicle &amp; Word Search 10:00 <b>Balloon Volleyball Game with Purple Majesties &amp; Purple People Eaters [L1]</b> 11:00 1:1Resident visits 12:00 <b>Walk The Halls Club</b> 1:00 <b>Blackjack Game [CR]</b> 2:00 <b>UNO GAMES [L1]</b> 3:30 <b>Bring Your Devices "Technology with Aurora" [L1]</b> 5:00 Enjoy a Game with Friends at the "Sports Lounge"</div>	
<div><b>Take a walk and find "The Champagne Bottle"</b> 9:45 Daily Chronicle &amp; Word Search 10:00 <b>Trip to Walmart or Target</b> 10:45 <b>Love on a Leash [L1]</b> 11:00 1:1Resident visits 12:00 <b>Walk The Halls Club</b> 1:00 <b>Sunday Football Games [RT]</b> 1:30 Trash Card Games [CR] 2:30 <b>Exercise Class with Maritza [L1]</b> 3:00 <b>UNO Game [L1]</b> 5:00 Enjoy a Game with Friends at the "Sports Lounge"</div>		<div><b>Take a walk and find "The Champagne Bottle"</b> 9:45 Daily Chronicle &amp; Word Search 10:00 <b>Exercise Class [L1]</b> 10:30 <b>Bible Study &amp; Hymns w/ Pastor Bob [L1]</b> 11:00 1:1Resident visits 12:00 <b>Walk The Halls Club</b> 1:00 <b>Baking Sweets &amp; Calendar Planning with Maritza [LCK]</b> 2:30 <b>Bingo for Prizes [AC]</b> 3:30 <b>What Did It Cost Game</b> 5:00 Enjoy a Game with Friends at the "Sports Lounge"</div>		<div><b>Take a walk and find "The Champagne Bottle"</b> 9:45 Daily Chronicle &amp; Word Search 10:00 <b>Balloon Volleyball Game with Purple Majesties &amp; Purple People Eaters [L1]</b> 11:00 1:1Resident visits 12:00 <b>Walk The Halls Club</b> 1:00 <b>Beadable Pens Assorted Craft [AC]</b> 1:30 <b>Chat with our Sous Chef Daniela &amp; Kathy Dining Room Supervisor [AC]</b> 2:30 <b>Rag Wreaths Making [AC]</b> 4:30 <b>Happy Hour with "THE SOPHISTICATS" [MDR]</b> 5:00 Enjoy a Game with Friends at the "Sports Lounge"</div>		<div><b>PIN TRADING WEDNESDAYS</b> <b>Take a walk and find "The Champagne Bottle"</b> 9:45 Daily Chronicle &amp; Word Search 10:15 <b>Stretch &amp; Strength with Angie from Mobile Therapy [L1]</b> 11:00 1:1Resident visits 12:00 <b>Walk The Halls Club</b> 1:00 <b>Bingo for Prizes [AC]</b> 2:00 <b>Enhancing Greeting Cards with Aurora [AC]</b> 3:00 <b>Scrabble Board Game [L1]</b> 5:00 Enjoy a Game with Friends at the "Sports Lounge"</div>		<div><b>Maritza Aguirre</b> <b>Life Enrichment Director</b> <b>At The Ridge</b> 800 Lantern Crest Way Santee, Ca 92071 <b>Cell: (619) 495-5666</b> <b>Maritza.aguirre@lanterncrest.com</b></div>		<div></div>		<div><b>Resident Birthdays</b> Marilyn R. 1/4 Toni K. 1/9 Linda K. 1/22</div>	