

AL at The Ridge

February 2024

Sunday Monday Tuesday Wednesday Thursday Friday Saturday



Lantern Crest
SENIOR LIVING

Maritza Aguirre
Life Enrichment Director
At The Ridge
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Resident Birthdays

Rosada G. 2/12
Susan M. 2/12
Susan A. 2/21

Chef's Corner 11:30-12:30pm
Groundhog Day
Take a walk and find "LUNAR NEW YEAR DRAGON"
9:45 Daily Chronicle & Word Search
10:00 Bocce Ball Is Back! Green Machine vs Red Warriors [L1]
11:00 1:1 Resident visits
12:00 Walk The Halls Club
1:00 Corn Hole Games [L1]
2:00 Trivia with Aurora [L1]
3:00 UNO Game [L1]
4:30 Piano Music with "Trevor Gibson" [MDR]
5:00 Enjoy a Game with Friends at the "Sports Lounge"

Take a walk and find "LUNAR NEW YEAR DRAGON"
9:45 Daily Chronicle & Word Search
10:00 Exercise Class with Aurora [L1]
10:30 LCR Game [L1]
11:00 1:1 Resident visits
12:00 Walk The Halls Club
1:00 Movie & Popcorn "How to Lose a Guy in 10 Days" [RT]
2:00 Bingo for Prizes [AC]
3:30 Word in a Word Game [L1]
5:00 Enjoy a Game with Friends at the "Sports Lounge"

Take a walk and find "LUNAR NEW YEAR DRAGON"
9:45 Daily Chronicle & Word Search
10:00 Upper body Weight Training with Aurora [L1]
11:00 1:1 Resident visits
12:00 Walk The Halls Club
1:00 Blackjack Game [CR]
2:00 UNO GAMES [L1]
3:30 Bring Your Devices "Technology with Aurora" [L1]
5:00 Enjoy a Game with Friends at the "Sports Lounge"

Take a walk and find "LUNAR NEW YEAR DRAGON"
9:45 Daily Chronicle & Word Search
10:00 Trip to Walmart or Target
10:45 Love on a Leash [L1]
11:00 1:1 Resident visits
12:00 Walk The Halls Club
1:00 Sunday Football Games [RT]
1:30 Trash Card Games [CR]
2:30 Exercise Class with Maritza [L1]
3:00 UNO Game [L1]
5:00 Enjoy a Game with Friends at the "Sports Lounge"

Take a walk and find "LUNAR NEW YEAR DRAGON"
9:45 Daily Chronicle & Word Search
10:00 Exercise Class [L1]
10:30 Bible Study & Hymns w/ Pastor Bob [L1]
11:00 1:1 Resident visits
12:00 Walk The Halls Club
1:00 Baking Sweets & Calendar Planning with Maritza [LCK]
2:30 Bingo for Prizes [AC]
3:30 Fresh Flower Arrangement Making with Maritza "Flowers Sponsored by "Mission Hospice & Meridian Care" [MDR]
5:00 Enjoy a Game with Friends at the "Sports Lounge"

Take a walk and find "LUNAR NEW YEAR DRAGON"
9:20 St. Kieran's Church Service with Gina [RT]
9:45 Daily Chronicle & Word Search
10:00 Balloon Volleyball Game with Purple Majesties & Purple People Eaters [L1]
11:00 1:1 Resident visits
12:00 Walk The Halls Club
1:00 Beadable Pens Assorted Craft [AC]
1:30 Chat with our Sous Chef Daniela & Kathy Dining Room Supervisor [AC]
2:30 Heart Rag Wreaths Making [AC]
4:30 Happy Hour with "BLUE ZONE BAND" [MDR]
5:00 Enjoy a Game with Friends at the "Sports Lounge"

Take a walk and find "LUNAR NEW YEAR DRAGON"
Wear Red for "HEART AWARENESS"
9:45 Daily Chronicle & Word Search
10:15 Stretch & Strength with Angie from Mobile Therapy [L1]
11:00 1:1 Resident visits
12:00 Walk The Halls Club
1:00 Bingo for Prizes [AC]
1:30 Valentine Candy Bar Sponsored by "Comfort & Peace" Ridge Lobby
2:00 Enhancing Greeting Cards with Aurora [AC]
3:00 Scrabble Board Game [L1]
5:00 Enjoy a Game with Friends at the "Sports Lounge"

Chef's Corner 11:30-12:30pm
Take a walk and find "LUNAR NEW YEAR DRAGON"
9:45 Daily Chronicle & Word Search
10:00 Bocce Ball Is Back! Green Machine vs Red Warriors [L1]
11:00 1:1 Resident visits
12:00 Walk The Halls Club
1:00 Corn Hole Games [L1]
2:00 Trivia with Aurora [L1]
3:00 UNO Game [L1]
5:00 Enjoy a Game with Friends at the "Sports Lounge"

Take a walk and find "LUNAR NEW YEAR DRAGON"
9:45 Daily Chronicle & Word Search
10:00 Exercise Class with Aurora [L1]
10:30 LCR Game [L1]
11:00 1:1 Resident visits
12:00 Walk The Halls Club
1:00 Movie & Popcorn "The Notebook" [RT]
2:00 Bingo for Prizes [AC]
2:00 LOVE ON A LEASH
3:30 Word in a Word Game [L1]
4:30 Piano Music with "Trevor Gibson" [MDR]
5:00 Enjoy a Game with Friends at the "Sports Lounge"

Lunar New Year
Take a walk and find "LUNAR NEW YEAR DRAGON"
9:45 Daily Chronicle & Word Search
10:00 Upper body Weight Training with Aurora [L1]
11:00 1:1 Resident visits
12:00 Walk The Halls Club
1:30 Lunar New Year Celebration with "THE SOPHISTICATS" [MDR]
2:30 UNO GAMES [L1]
3:30 Bring Your Devices "Technology with Aurora" [L1]
5:00 Enjoy a Game with Friends at the "Sports Lounge"

Super Bowl LVIII
Take a walk and find "LUNAR NEW YEAR DRAGON"
9:45 Daily Chronicle & Word Search
10:00 Trip to Walmart or Target
10:45 Love on a Leash [L1]
11:00 1:1 Resident visits
12:00 Walk The Halls Club
1:00 Super Bowl LVIII "Party" [RT]
5:00 Enjoy a Game with Friends at the "Sports Lounge"

Happy Birthday Rosada G. & Susan M.
Take a walk and find "LUNAR NEW YEAR DRAGON"
9:45 Daily Chronicle & Word Search
10:00 Exercise Class [L1]
10:30 "All MEN" Shooting Targets on a Professional Laser Gun Range with Bob Arii
11:00 Gardening & Craft Club with Linda [AC]
12:00 Walk The Halls Club
1:00 Baking Sweets & Calendar Planning with Maritza [LCK]
2:30 Bingo for Prizes [AC]
3:30 Fresh Flower Arrangement Making with Maritza "Flowers Sponsored by "Mission Hospice & Meridian Care" [MDR]
5:00 Enjoy a Game with Friends at the "Sports Lounge"

Mardi Gras
Take a walk and find "LUNAR NEW YEAR DRAGON"
9:45 Daily Chronicle & Word Search
10:00 Balloon Volleyball Game with Purple Majesties & Purple People Eaters [L1]
11:00 1:1 Resident visits
12:00 Walk The Halls Club
1:00 Beadable Pens Assorted Craft [AC]
1:30 Chat with our Sous Chef Daniela & Kathy Dining Room Supervisor [AC]
2:30 Heart Rag Wreaths Making [AC]
4:30 Happy Hour & Welcome New Residents with "Fireball Xpress" [MDR]
5:00 Enjoy a Game with Friends at the "Sports Lounge"

Ash Wednesday
Resident Council Meeting
Take a walk and find "LUNAR NEW YEAR DRAGON"
Valentines Day
9:45 Daily Chronicle & Word Search
10:15 Stretch & Strength with Angie from Mobile Therapy [L1]
11:00 1:1 Resident visits
12:00 Walk The Halls Club
1:00 RED CARPET VALENTINE PICTURES
1:15 February Concert with "DOUBLE TAKE"
3:00 RESIDENT COUNCIL MEETING "New Dining Room"
5:00 Enjoy a Game with Friends at the "Sports Lounge"

Chef's Corner 11:30-12:30pm
Take a walk and find "LUNAR NEW YEAR DRAGON"
9:45 Daily Chronicle & Word Search
10:00 Bocce Ball Is Back! Green Machine vs Red Warriors [L1]
11:00 1:1 Resident visits
12:00 Walk The Halls Club
1:30 A Strawberry Hot Chocolate & Valentine Cookies from "Mission Hospice & Meridian Care" [L1]
2:00 Trivia with Aurora [L1]
3:00 UNO Game [L1]
5:00 Enjoy a Game with Friends at the "Sports Lounge"

Take a walk and find "LUNAR NEW YEAR DRAGON"
9:45 Daily Chronicle & Word Search
10:00 Exercise Class with Aurora [L1]
10:30 LCR Game [L1]
11:00 1:1 Resident visits
12:00 Walk The Halls Club
1:00 Movie & Popcorn "Ever After" [RT]
2:00 Bingo for Prizes [AC]
3:30 Word in a Word Game [L1]
5:00 Enjoy a Game with Friends at the "Sports Lounge"

Take a walk and find "LUNAR NEW YEAR DRAGON"
9:45 Daily Chronicle & Word Search
10:00 Upper body Weight Training with Aurora [L1]
11:00 1:1 Resident visits
12:00 Walk The Halls Club
1:00 Blackjack Game [CR]
2:00 UNO GAMES [L1]
3:30 Bring Your Devices "Technology with Aurora" [L1]
5:00 Enjoy a Game with Friends at the "Sports Lounge"

Take a walk and find "LUNAR NEW YEAR DRAGON"
9:45 Daily Chronicle & Word Search
10:00 Trip to Walmart or Target
10:45 Love on a Leash [L1]
11:00 1:1 Resident visits
12:00 Walk The Halls Club
1:00 Movie & Popcorn "POMS" [RT]
1:30 Trash Card Games [CR]
2:00 St. Columba Church Service with Bill Bixby [MDR]
2:30 Exercise Class with Maritza [L1]
3:00 UNO Game [L1]
5:00 Enjoy a Game with Friends at the "Sports Lounge"

President's Day
Take a walk and find "LUNAR NEW YEAR DRAGON"
9:45 Daily Chronicle & Word Search
10:00 Exercise Class [L1]
10:30 Bible Study & Hymns w/ Pastor Bob [L1]
11:00 1:1 Resident visits
12:00 Walk The Halls Club
1:00 Baking Sweets & Calendar Planning with Maritza [LCK]
2:30 Bingo for Prizes [AC]
3:30 Fresh Flower Arrangement Making with Maritza "Flowers Sponsored by "Mission Hospice & Meridian Care" [MDR]
5:00 Enjoy a Game with Friends at the "Sports Lounge"

Take a walk and find "LUNAR NEW YEAR DRAGON"
9:20 St. Kieran's Church Service with Gina [RT]
9:45 Daily Chronicle & Word Search
10:00 Balloon Volleyball Game with Purple Majesties & Purple People Eaters [L1]
11:00 1:1 Resident visits
12:00 Walk The Halls Club
1:00 Beadable Pens Assorted Craft [AC]
1:30 Chat with our Sous Chef Daniela & Kathy Dining Room Supervisor [AC]
2:30 Heart Rag Wreaths Making [AC]
4:30 Happy Hour with "FIRST STRING BAND" [MDR]
5:00 Enjoy a Game with Friends at the "Sports Lounge"

Happy Birthday Susan A.
Take a walk and find "LUNAR NEW YEAR DRAGON"
Wear Red for "HEART AWARENESS"
9:45 Daily Chronicle & Word Search
10:15 Stretch & Strength with Angie from Mobile Therapy [L1]
11:00 1:1 Resident visits
12:00 Walk The Halls Club
1:00 Bingo for Prizes [AC]
2:00 Enhancing Greeting Cards with Aurora [AC]
3:00 SKIP-BO CARD Game [L1]
5:00 Enjoy a Game with Friends at the "Sports Lounge"

All Staff Meeting
Chef's Corner 11:30-12:30pm
Take a walk and find "LUNAR NEW YEAR DRAGON"
9:45 Daily Chronicle & Word Search
10:00 Bocce Ball Is Back! Green Machine vs Red Warriors [L1]
11:00 1:1 Resident visits
12:00 Walk The Halls Club
1:30 Gospel Music with "STEVE & DIANE" [MDR]
3:00 UNO Game [L1]
5:00 Enjoy a Game with Friends at the "Sports Lounge"

Take a walk and find "LUNAR NEW YEAR DRAGON"
9:45 Daily Chronicle & Word Search
10:00 Exercise Class with Aurora [L1]
10:30 LCR Game [L1]
11:00 1:1 Resident visits
12:00 Walk The Halls Club
1:00 Movie & Popcorn "Dirty Dancing" [RT]
2:00 Bingo for Prizes [AC]
2:00 LOVE ON A LEASH
3:30 Word in a Word Game [L1]
4:30 Piano Music with "Trevor Gibson" [MDR]
5:00 Enjoy a Game with Friends at the "Sports Lounge"

Take a walk and find "LUNAR NEW YEAR DRAGON"
9:45 Daily Chronicle & Word Search
10:00 Upper body Weight Training with Aurora [L1]
11:00 1:1 Resident visits
12:00 Walk The Halls Club
1:00 Blackjack Game [CR]
2:00 UNO GAMES [L1]
3:30 Bring Your Devices "Technology with Aurora" [L1]
5:00 Enjoy a Game with Friends at the "Sports Lounge"

Take a walk and find "LUNAR NEW YEAR DRAGON"
9:45 Daily Chronicle & Word Search
10:00 Trip to Walmart or Target
10:45 Love on a Leash [L1]
11:00 1:1 Resident visits
12:00 Walk The Halls Club
1:00 Movie & Popcorn "While You Were Sleeping" [RT]
1:30 Trash Card Games [CR]
2:30 Exercise Class with Maritza [L1]
3:00 UNO Game [L1]
5:00 Enjoy a Game with Friends at the "Sports Lounge"

Take a walk and find "LUNAR NEW YEAR DRAGON"
9:45 Daily Chronicle & Word Search
10:00 Exercise Class [L1]
10:30 "All MEN" Shooting Targets on a Professional Laser Gun Range with Bob Arii [L1]
11:00 Gardening & Craft Club with Linda [AC]
12:00 Walk The Halls Club
1:00 Baking Sweets & Calendar Planning with Maritza [LCK]
2:30 Bingo for Prizes [AC]
3:30 Fresh Flower Arrangement Making with Maritza "Flowers Sponsored by "Mission Hospice & Meridian Care" [MDR]
5:00 Enjoy a Game with Friends at the "Sports Lounge"

Take a walk and find "LUNAR NEW YEAR DRAGON"
9:45 Daily Chronicle & Word Search
10:00 Balloon Volleyball Game with Purple Majesties & Purple People Eaters [L1]
11:00 1:1 Resident visits
12:00 Walk The Halls Club
1:00 Beadable Pens Assorted Craft [AC]
1:30 Chat with our Sous Chef Daniela & Kathy Dining Room Supervisor [AC]
2:30 Heart Rag Wreaths Making [AC]
4:30 Happy Hour & Birthday Celebration with "BROWN SUGAR OLDIES" Cakes Sponsored by "Comfort & Peace" [MDR]
5:00 Enjoy a Game with Friends at the "Sports Lounge"

Take a walk and find "LUNAR NEW YEAR DRAGON"
Wear Red for "HEART AWARENESS"
9:45 Daily Chronicle & Word Search
10:15 Stretch & Strength with Angie from Mobile Therapy [L1]
11:00 1:1 Resident visits
12:00 Walk The Halls Club
1:00 Bingo for Prizes [AC]
2:00 Enhancing Greeting Cards with Aurora [AC]
3:00 Scrabble Board Game [L1]
5:00 Enjoy a Game with Friends at the "Sports Lounge"

Chef's Corner 11:30-12:30pm
Take a walk and find "LUNAR NEW YEAR DRAGON"
9:45 Daily Chronicle & Word Search
10:00 February Concert with "PETER SELTNER" [MDR]
11:00 1:1 Resident visits
12:00 Walk The Halls Club
1:00 Corn Hole Games [L1]
2:00 Trivia with Aurora [L1]
3:00 UNO Game [L1]
4:30 Piano Music with "Trevor Gibson" [MDR]
5:00 Enjoy a Game with Friends at the "Sports Lounge"

1st Floor
L1 - Lounge 1 / CR- Card Room
MDR- Montecito Dining Room
2nd Floor
AC - Art & Craft / BISR-Bistro
RT- Ridge Theater
LCK - Lantern Crest Kitchen
BISR- Bistro

