

February 2024 At The Plaza

Tuesday





BILL MATTHEWS 2/05 DEL GLANZ 2/08 JOAN BLEICH 2/09 EMMA PASTORE 2/24 FORREST PRICE 2/27 Kelly Culver 2/27 **SHARON TREVORROW 2/27 Location Key**

50GR - 50's Game Room

BBC - Bocce Ball Court

BD - Bel Air Diner

BLR-5th Floor Billiards Room

BPD - Balboa Private Dining

CC - Coronado Courtvard

CDR - Catalina Dining Room

CH - Reflections Chapel

FR - Fitness Room

IPS - Indoor Pool and Spa

MB - Miramar Bar

MDT - Movie Dinner Theater

PL - Plaza Lobby

PL4 - Puzzle Lounge/ Library

SC - Sunken Courtvard

TL - 2nd Floor Turtle Lounge

TR - King Charles Tea Room

LIFE ENRICHMENT **TEAM** (619) 258-8886 Ext: 3910

Sunday

Plazalifeenrichment @lanterncrest.com



All Activities With A **RED STAR**

Wednesday

Require You to Sign Up. **Call Extension**

3910 to Sign Up for **Activities!**

Gold Heart Scavenger Hunt Begins!! Ends on 2/ 22 - Details with Activities

9:15 Whack it! Smack it! Balloon Ball [FR]

Thursday

Weights with Karl [FR] 11:00 9 Quilty Pleasures [TR] 12:00 🛊 Excursion to Sycuan

Casino [PL] 12:30 Matinee Movie: Fried **Green Tomatoes -1991**

(PG-13) 2h 10m [MDT] 3:00 O TED-Ed Talk and Discuss [MDT]

4:15 O Technology Help - Bring Your Device! [PL]

Groundhog Day Wear Red for Heart Health Awareness Month!

Instructional Video [FR] 10:00 🕶 Cardio Drumming Class Video Workout [FR]

Friday

11:00 안 Free Friday Vitals Check with Senior Helpers [PL] 2:00 🔥 Hand, Knee, and Foot

[50GR] 1:00 Amy's Arts and Crafts: DIY Clocks [MDT]

1:00 🔥 Bridge Club

3:00 A Happier Hour with Live Music from Double Take

4:30 A Happy Tails ~ Evening Dog Walk [PL]

Saturday 9:30 **Weekly Shopping:** Vons [PL]

10:00 → Chair Yoga with Heidi [FR]

11:00
Cornhole Practice by the Moss Wall [PL]

12:30 Root Beer Floats in the 50's Diner [BD] 1:00 A Scrabble with Friends

[50GR] 3:00 A Nickel Blackjack [50GR]

4:15 O Technology Help - Bring Your Device! [PL]

4:30 A Puzzles on the 4th Floor [PL4]

6:00 Evening Movie: Yesterday -2019-(PG-13) 1h 57m

Lunar New Year: Year of the 🖪

10:00 → Chair Yoga with Heidi [FR]

11:00 * Lunar New Year Festival

1:00 - Scrabble with Friends

3:00 A Nickel Blackjack [50GR]

4:15 ○ Technology Help - Bring

Your Device! [PL]

[50GR]

~ 11am - 1pm [PL]

at Officer Jeremy

Girl Scout Cookie Booths

Henwood Memorial Park

Dragon

Angels Catholic Church [PL] 8:15 * Shadow Mountain

Church Drive [PL] 9:00 **Sunday Morning**

8:00 🛊 Guardian

Pastor Bill [CH] 11:00 ★ Sunday Brunch ~ 11:00am - 2:00pm at The Pointe [V]

Church Service with

1:00 A Bow Wow Dog Social [PL]

2:00 S Color Me Calm ~ **Tranquil Coloring and** Music [MDT]

4:30 O Puzzles on the 4th Floor [PL4]

Church [PL]

Church Drive [PL]

Pastor Bill [CH]

The Pointe [V]

Billiards [BLR]

12:00 P Rack em' Up Rollers ~

1:00 A Bow Wow Dog Social

2:00 Paint & Snack [MDT]

Poetry [TR]

3:30 Super Bowl LVIII [CDR]

3:00 O Short Stories and

Church Service with

11:00am - 2:00pm at

8:15 * Shadow Mountain

9:00 **Sunday Morning**

11:00 ★ Sunday Brunch ~

8:00 🛊 Guardian

Happy Birthday Bill Matthews!!

9:15 - Morning Stretches -Instructional Video [FR]

Monday

10:15 ■ Strengthen & Stretch with Angie [FR]

Lounge on the 2nd Floor [TL]

1:00 A Bunco [50GR] 1:30 🔥 \$4 Bingo [MDT]

3:00 Learn to Line Dance! [MDT]

4:30 A Happy Tails ~ **Evening Dog Walk**

9:00 → Indoor Water **Aerobics with** Peggy [IPS]

10:15 H Core Strength and Weights with Karl [FR]

11:00
Cornhole by the Moss Wall [PL]

12:00 Lunch Bunch with Amy [CDR]

12:30 🏞 Dominoes [50GR]

2:00 O Chat with Your Life **Enrichment Team [TR]** 3:00 A Nickel Blackjack [BD]

Transportation Committee Meeting [V] 4:15 O Technology Help - Bring

Your Device! [PL] 6:00 Evening Movie: Lift -2024- (PG-13) 1h 46m [MDT]

Last Day to RSVP for Valentine's Day Dinner ~ RSVP with Culinary Staff

9:15 ↔ Morning Stretches -Instructional Video [FR]

10:00 P Chat with Assistant **Executive Director Brittany Fay [TR]**

11:30 * Amy's Arts and Crafts: **Lunar New Year Lanterns** [MDT]

1:30 O Santee Community Safety Update from the Santee Fire Department

1:45 Pible Study with Pastor Mark at The Pointe [L] 2:00 + Lantern Crest Bowling

League [BD] 3:00 Women's Wine Time [TR]

4:30 A Happy Tails ~ Evening Dog Walk [PL]

Happy Birthday Del Glanz!! Balloon Ball [FR]

with Karl [FR]

11:00 **Meet and Greet with Travel** Agent Monique Kiefner [PL] 11:30 🛊 Excursion to San Diego

Museum of Art [PL] 12:30 W Matinee Movie: Maestro -2023- (R) 2h 11m [MDT] Resident Council Board

Member Meeting [BPD] 2:30 New Resident Mingle!! [CH] 3:00 O TED-Ed Talk and Discuss

4:00 * Specialty Buffet at The Pointe: Mexican Action Station ~\$16.5pts [V] 4:15 O Technology Help - Bring You

~ 9am-11am [TR] 9:15 - Morning Stretches -Instructional Video [FR]

Happy Birthday Joan Bleich!!

9:00 & Beltone Hearing Aid

10:00 H Cardio Drumming Class Video Workout [FR] 11:00 Yr Free Friday Vitals Check with

Check and Cleaning

Senior Helpers [PL] 12:00 H- Hand, Knee, and Foot [50GR] 1:00 📥 Bridge Club

1:00 \star What's Cookin' Good Lookin' with Hailey- Mini Chicken & Waffles [BD] 3:00 🤼 Happy Birthday Happier Hou

with Live Music From The First String Band

4:30 A Puzzles on the 4th Floor [PL4] 4:30 🐕 Happy Tails ~ Evening Dog Walk [PL]

6:00 Evening Movie: Wish Dragon -2021- (PG) 1h 42m [MDT]

Donation Day Pick Up -

9:15 - Morning Stretches -Instructional Video [FR]

Contact Activities 3910 for

Details

10:00 + Cardio Drumming Class Video Workout [FR] 11:00 약 Free Friday Vitals Check

with Senior Helpers [PL] 12:00 🔥 Hand, Knee, and Foot

[50GŔ] 1:00 📥 Bridge Club

1:00 * What's Cookin' Good Lookin' with Hailey-Tortellini Skewers [BD]

3:00 Mardi Gras Happier Ho with Live Music with Come Back Buddy [CDR

4:30 A Happy Tails ~ Evening Dog Walk [PL]

9:30 * Weekly Shopping: < Aldi [PL] 10:00 → Chair Yoga with

Heidi [FR] 11:00
Cornhole Practice by the

Moss Wall [PL] **Girl Scout Cookie Booths**

~ 11am - 1pm [PL] 12:30 PRoot Beer Floats in the

50's Diner [BD] 1:00 🔥 Scrabble with Friends

[50GR]

3:00 A Nickel Blackjack [50GR] 4:15 O Technology Help - Bring

Your Device! [PL] 4:30 A Puzzles on the 4th Floor

6:00 Evening Movie: Made of

Honor -2008- (PG-13) 1h 41m [MDT]

Guardian Angels Catholic Last Day to RSVP for The **Vow Renewal Ceremony** RSVP at 3910

Instructional Video [FR] 10:15 → Strengthen & Stretch

with Angie [FR] 11:00
Coffee in the Sea

Lounge on the 2nd Floor [TL]

1:00 A Hand & Foot [50GR] 1:30 🔥 \$4 Bingo [MDT] 3:00 Learn to Line Dance!

[MDT] 4:30 A Happy Tails ~ Evening Dog Walk [PL]

9:00 - Indoor Water Aerobics with Peggy [IPS]

9:15 🕈 St. Kieran's Communion Service [CH] 10:15 - Core Strength and

Weights with Karl [FR] 11:00
Cornhole by the Moss

Wall [PL] 12:00 * Bonus Art Class: Mardi

Gras Masks [MDT] 12:30 **h** Dominoes [50GR]

1:30 O Table Talk and Tasty **Treats with Chef Phil**

3:00 A Nickel Blackjack [BD] 4:15 O Technology Help - Bring Your Device! [PL]

6:00 Evening Movie: The **Princess and the Frog** -2009- (G) 1h 42m [MDT]

Valentine's Day 9:15 ↔ Morning

Stretches - Instructional Video [FR] 10:15 → Bocce Ball Brigade [BBC]

11:30 * Amy's Arts and Crafts: **Bouquets [MDT]** 12:00 * Vow Renewal and

Moment of Remembrance & **Reflection for Loves Lost**

3:00 Ash Wednesday [CH] 3:00 Men's Brew Crew [BD] 4:00 ★ Valentine's Day Special Plated Meal ~ RSVP with

Culinary by 2/7 [CDR] 5:30 Valentine's Day Movie Special ~TBD~ Vote Now!! [MDT]

it! Balloon Ball 10:15 + Core Strength and

Device! [PL]

Weights with Karl [FR] 11:15 Matinee Movie: Puff: **Wonders of the Reef**

-2021- (G) 1h 2m [MDT] 11:30 O Travels with Galen and Maureen [T] 1:00 O All Residents Meeting

3:00 O TED-Ed Talk and Discuss

4:15 O Technology Help - Bring Your Device! [PL] 4:30 **★** Evening Excursion to

Brigantine Seafood & Oyster Bar [PL]



February 2024 At The Plaza







Location Key

50GR - 50's Game Room **BBC** - Bocce Ball Court

BD - Bel Air Diner

BLR-5th Floor Billiards Room

BPD - Balboa Private Dining

CC - Coronado Courtyard

CDR - Catalina Dining Room

CH - Reflections Chapel

FR - Fitness Room

IPS - Indoor Pool and Spa

MB - Miramar Bar

MDT - Movie Dinner Theater

PL - Plaza Lobby

PL4 - Puzzle Lounge/ Library

SC - Sunken Courtyard

TL - 2nd Floor Turtle Lounge

TR - King Charles Tea Room

Monday Sunday

8:00 **★** Guardian Angels **Catholic Church** 8:15 * Shadow Mountain Church

Drive [PL] 9:00 T Sunday Morning Church Service with Pastor Bill [CH]

11:00 ★ Sunday Brunch ~ 11:00am - 2:00pm at The Pointe [V]

12:00 💻 Rack em' Up Rollers ~ Billiards [BLR]

1:00 O Nasa Ambassador Neil **Farber Presents: Astrobiology [MDT]**

2:00 Paint & Snack [MDT] 3:00

Calendar Brainstorm with

8:00 🛨 Guardian Angels 🦳 🏻

Catholic Church

8:15 * Shadow Mountain Church

9:00 P Sunday Morning Church

[CH]

11:00 ★ Sunday Brunch ~

Pointe [V]

1:15 \star San Diego Musical

12:00 Rack em' Up Rollers ~

Billiards [BLR]

1:00 A Bow Wow Dog Social [PL]

3:00 O Short Stories and Poetry

4:30 O Puzzles on the 4th Floor

Service with Pastor Bill

11:00am - 2:00pm at The

Theater Presents: Fiddler

on the Roof ~ \$65 [PL]

Amy [MDT] 4:30 O Puzzles on the 4th Floor

Presidents' Day 9:15 **↔** Morning

Stretches -**Instructional Video** [FR]

10:15 → Strengthen & **Stretch with Angie**

11:00
Coffee in the Sea Lounge on the 2nd Floor [TL]

1:00 h Bunco [50GR] 1:30 **A** \$4 Bingo [MDT] 3:00 Learn to Line Dance!

[MDT] 4:30 路 Happy Tails ~ **Evening Dog Walk**

Stretches -

10:15 • Strengthen & Stretch

11:00
Coffee in the Sea

1:00 🛧 \$4 Bingo [MDT]

[MDT]

Floor [TL]

1:00 A Hand & Foot [50GR]

with Angie [FR]

Instructional Video

Lounge on the 2nd

Dining Committee

Meeting [BPD]

2:30 March Sign-Up Frenzy

4:30 A Happy Tails ~ Evening

Dog Walk [PL]

9:15 **↔** Morning

Tuesdav

9:00 ↔ Indoor Water Aerobics with Peggy [IPS]

10:15
Core Strength and Weights with Karl [FR]

11:00
Cornhole by the Moss Wall [PL] 11:30 * Veterans' Luncheon at

The Plaza [BPD] 12:00 Lunch Bunch with Amy

12:30 **A** Dominoes [50GR] 2:00 Chat with Your Life Enrichment Team [TR]

3:00 in Nickel Blackjack [50GR] 4:15 ○ Technology Help - Bring Your Device! [PL]

6:00 Evening Movie: Asteroid City -2023- (PG-13) 1h 45m [MDT]

Happy Birthday Arlene Culver!!

Happy Birthday Forrest Price!!

Happy Birthday Sharon Trevorrow!!

9:15 🕆 St. Kieran's Communion

10:15 H Core Strength and Weights

11:00 P Cornhole by the Moss Wall

12:00
Lunch Bunch with Amy CDF

1:30 O Table Talk and Tasty Treats

with Chef Phil [BPD]

4:15 O Technology Help - Bring You

Wonderland -2010- (PG) 1h

Peggy [IPS]

Service [CH]

with Karl [FR]

12:30 A Dominoes [50GR]

2:30 😲 Sharp Seminar [MDT]

Device! [PL]

52m [MDT]

3:00 A Nickel Blackjack [50GR]

6:00 Evening Movie: Alice in

9:00 ← Indoor Water Aerobics with

Wednesday

9:15 ↔ Morning Stretches -**Instructional Video**

10:15 → Bocce Ball Brigade [BBC]

11:30 \star Amy's Arts and **Crafts: Shelf Decor** [MDT]

1:00 🔥 \$4 Bingo [MDT] 2:00 → Lantern Crest Bowling League [BD]

3:00 M Women's Wine Time [TR]

4:30 👺 Happy Tails ~ **Evening Dog Walk**

Stretches -

10:15 → Bocce Ball Brigade

11:30 Amy's Arts and Crafts:

[BBC]

1:00 A \$4 Bingo [MDT]

1:45 🕆 Bible Study with

Pointe [L]

2:00 - Lantern Crest Bowling

League [BD]

3:00 Men's Brew Crew [BD]

4:30 A Happy Tails ~ Evening

Dog Walk [PL]

Instructional Video

Lovely Painting [MDT]

Pastor Mark at The

9:15 **↔** Morning

All Staff Meeting: No Doctor **Appointments After 12pm** Last Day for the Gold Heart

Thursday

Scavenger Hunt!! 9:15 - Whack it! Smack it! Balloon Ball [FR]

10:15 • Core Strength and Weights with Karl [FR] 11:00 **★** Excursion to Omelet Factory [PL]

11:30 Matinee Movie: My Octopus Teacher -2020-(G) 1h 25m [MDT]

3:30 O TED-Ed Talk and Discuss 4:00 * Specialty Buffet at The

Pointe: Loaded Potato Bar ~\$15.5pts [V] 4:15 O Technology Help - Bring

Your Device! [PL]

9:15 ↔ Whack it! Smack ? C it! Balloon Ball

10:15 - Core Strength and Weights with Karl [FR] 11:00 ★ High Tea Thursday [TR]

12:00 ★ Excursion to Air & **Space Museum** Gillespie Field Annex ~

\$7 [PL] 12:30 Matinee Movie: Oppenheimer -2023-(R) 3hrs [MDT]

3:00 O TED-Ed Talk and Discuss [MDT]

4:15 ○ Technology Help - Bring Your Device! [PL]

- Instructional Video [FR]

10:00 H Cardio Drumming Class Video Workout [FR] 11:00 😲 Free Friday Vitals Check

with Senior Helpers [PL] 12:00 😗 Dental Hygienist Lucy Torres Seminar [MDT]

2:00 🔥 Hand, Knee, and Foot [50GR]

1:00 A Bridge Club

1:00 * What's Cookin' Good Lookin' with Hailey-Mozzarella Sticks [BD]

2:00 O Communi-Tea Book Club at The Plaza [TL]

3:00 A Happier Hour with Live Music From Brown Sugar

4:30 👺 Happy Tails ~ Evening Dog Walk [PL]

Saturday **Happy Birthday Emma** Pastorel

9:30 * Weekly Shopping Smart & Final [PL]

10:00 H Chair Yoga with Heidi [FR] 11:00
Cornhole Practice by the Moss Wall [PL] **Girl Scout Cookie Booths**

11am - 1pm [PL] 1:00 Expressions Dance

Performance from EDMC 1:00 - Scrabble with Friends

[50GR] 3:00 A Nickel Blackjack [50GR]

4:15 O Technology Help - Bring Your Device! [PL]

4:30 A Puzzles on the 4th Floor

6:00 ₩ Evening Movie: The Flintstones -1994- (PG) 1h 30m [MDT]

YEAR OF THE DRAGON **FEBUARY 10TH**



ANIMALS

ARTS

↔ EXERCISE

₩ FILM

♣ GAMES

HAPPY HOUR

양 HEALTH ☑ INTELLECTUAL

⊿ MUSIC

★ RSVP

■ SOCIAL

常 SPIRITUAL

Please see Pointe Activity Calendar for Additional Activities

Activities is always looking for resident input & suggestions for new activities, movies & outings.

You can find the 'Suggestion' Box hanging on the wall located just outside of the Activities office near the Sharp Clinic.



Doctor Drives Monday Thru Friday 9am - 3pm

For Appts further than 15 Miles 9am - 1pm No Appts after 12pm on the 22nd of Each Month due to **Mandatory Staff** Meeting

Plaza Staff Birthdays **BRIAN BLOCK** 2/15