

Horizons at The Ridge				April 2024									
Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
<div>Lantern Crest SENIOR LIVING</div>		<div>April Fool's Day1</div> <div>9:30 Daily Chronicle and Inspirational Quotes</div> <div>9:35 Bible Study & Hymns w/ Pastor Bob</div> <div>11:00 1:1 Soothing Visits</div> <div>1:15 Relaxing & Essential Oils</div> <div>3:00 Activity Baskets</div> <div>4:30 Sports on T.V</div>	<div>2</div> <div>9:30 Daily Chronicle and Inspirational Quotes</div> <div>10:00 Chair Yoga Class</div> <div>10:30 News Views & Beverages</div> <div>11:00 1:1 Soothing Visits</div> <div>1:15 Relaxing & Essential Oils</div> <div>1:30 Ice Cream Social / Reminiscing</div> <div>2:30 Bingo Extravaganza</div> <div>3:30 Happy Hour with "BROWN SUGAR OLDIES"</div> <div>4:30 Sports on T.V</div>	<div>WEDNESDAYS We Wear Florals3</div> <div>9:30 Daily Chronicle and Inspirational Quotes</div> <div>10:00 Drum Fit Exercise</div> <div>10:30 List It Game with Kasey</div> <div>11:00 1:1 Soothing Visits</div> <div>1:15 Relaxing & Essential Oils</div> <div>1:30 Tattoo Shop with Kasey</div> <div>2:30 Memories in the Making with Diane & Kasey</div> <div>4:30 Sports on T.V</div>	<div>4</div> <div>9:30 Daily Chronicle and Inspirational Quotes</div> <div>10:00 Parachute Exercise</div> <div>10:30 Short Stories & Beverages</div> <div>11:00 1:1 Soothing Visits</div> <div>1:15 Relaxing & Essential Oils</div> <div>1:30 Gospel Music with Steve & Diane</div> <div>1:30 Tostilocos with Victor Spayde from "A Better Solution" The Lobby</div> <div>3:00 Nail Care & Hand Massage</div> <div>4:30 Sports on T.V</div>	<div>5</div> <div>9:30 Daily Chronicle and Inspirational Quotes</div> <div>10:00 Kickball Exercise</div> <div>10:30 Gratitude Chat with Kasey</div> <div>11:00 1:1 Soothing Visits</div> <div>1:15 Relaxing & Essential Oils</div> <div>1:30 Science Experiment Kit Projects</div> <div>2:00 Love on a Leash</div> <div>3:00 Bingo Extravaganza</div> <div>4:30 Sports on T.V</div>	<div>6</div> <div>9:30 Daily Chronicle and Inspirational Quotes</div> <div>10:00 Balloon Exercise</div> <div>10:30 Short Stories & Beverages</div> <div>11:00 1:1 Soothing Visits</div> <div>1:15 Relaxing & Essential Oils</div> <div>2:30 Movie & Ice Cream Sundae</div> <div>3:00 Trivia with Kasey</div> <div>4:30 Sports on T.V</div>						
<div>7</div> <div>9:30 Daily Chronicle and Inspirational Quotes</div> <div>10:15 LOVE ON A LEASH</div> <div>11:00 1:1 Soothing Visits</div> <div>1:15 Relaxing & Essential Oils</div> <div>2:30 Enjoy a Movie & Popcorn - from the "MOVIE BASKET"</div> <div>2:45 Ukulele Sing Along with Bob Arii</div> <div>4:30 Sports on T.V</div>		<div>8</div> <div>9:30 Daily Chronicle and Inspirational Quotes</div> <div>9:35 Bible Study & Hymns w/ Pastor Bob</div> <div>11:00 1:1 Soothing Visits</div> <div>1:15 Relaxing & Essential Oils</div> <div>3:00 Activity Baskets</div> <div>4:30 Sports on T.V</div>	<div>9</div> <div>9:30 Daily Chronicle and Inspirational Quotes</div> <div>10:00 Chair Yoga Class</div> <div>10:30 News Views & Beverages</div> <div>11:00 1:1 Soothing Visits</div> <div>1:15 Relaxing & Essential Oils</div> <div>1:30 Ice Cream Social / Reminiscing</div> <div>2:30 Bingo Extravaganza</div> <div>3:30 Happy Hour & Welcome New Residents with "FIRST STRING BAND"</div> <div>4:30 Sports on T.V</div>	<div>WEDNESDAYS We Wear Florals10</div> <div>9:30 Daily Chronicle and Inspirational Quotes</div> <div>10:00 Drum Fit Exercise</div> <div>10:30 List It Game with Kasey</div> <div>11:00 1:1 Soothing Visits</div> <div>1:15 April Concert with "Double Take"</div> <div>2:30 Memories in the Making with Diane & Kasey</div> <div>4:30 Sports on T.V</div>	<div>11</div> <div>9:30 Daily Chronicle and Inspirational Quotes</div> <div>10:00 Gardening Event with "The Master Gardeners"</div> <div>10:30 Short Stories & Beverages</div> <div>11:00 1:1 Soothing Visits</div> <div>1:15 Relaxing & Essential Oils</div> <div>1:30 Spring Crafting / Painting with Kasey</div> <div>3:00 Nail Care & Hand Massage</div> <div>4:30 Sports on T.V</div>	<div>12</div> <div>9:30 Daily Chronicle and Inspirational Quotes</div> <div>10:00 Kickball Exercise</div> <div>10:30 Gratitude Chat with Kasey</div> <div>11:00 1:1 Soothing Visits</div> <div>1:00 Jeanette Alessio-Way April History Class</div> <div>1:15 Relaxing & Essential Oils</div> <div>2:00 Music Madness</div> <div>3:00 Bingo Extravaganza</div> <div>4:30 Sports on T.V</div>	<div>13</div> <div>9:30 Daily Chronicle and Inspirational Quotes</div> <div>10:00 Balloon Exercise</div> <div>10:30 Short Stories & Beverages</div> <div>11:00 1:1 Soothing Visits</div> <div>1:15 Relaxing & Essential Oils</div> <div>2:30 Movie & Ice Cream Sundae</div> <div>3:00 Puzzle Mania</div> <div>4:30 Sports on T.V</div>						
<div>14</div> <div>9:30 Daily Chronicle and Inspirational Quotes</div> <div>10:15 LOVE ON A LEASH</div> <div>11:00 1:1 Soothing Visits</div> <div>1:15 Relaxing & Essential Oils</div> <div>1:30 Concert with "THE SOPHISTICATS"</div> <div>2:30 Enjoy a Movie & Popcorn - from the "MOVIE BASKET"</div> <div>2:45 Ukulele Sing Along with Bob Arii</div> <div>4:30 Sports on T.V</div>		<div>15</div> <div>9:30 Daily Chronicle and Inspirational Quotes</div> <div>9:35 Bible Study & Hymns w/ Pastor Bob</div> <div>11:00 1:1 Soothing Visits</div> <div>1:15 Relaxing & Essential Oils</div> <div>3:00 Activity Baskets</div> <div>4:30 Sports on T.V</div>	<div>16</div> <div>9:30 Daily Chronicle and Inspirational Quotes</div> <div>10:00 Chair Yoga Class</div> <div>10:30 News Views & Beverages</div> <div>11:00 1:1 Soothing Visits</div> <div>1:15 Relaxing & Essential Oils</div> <div>1:30 Ice Cream Social / Reminiscing</div> <div>2:30 Bingo Extravaganza</div> <div>3:30 Happy Hour with "FIREBALL XPRESS"</div> <div>4:30 Sports on T.V</div>	<div>WEDNESDAYS We Wear Florals17</div> <div>9:30 Daily Chronicle and Inspirational Quotes</div> <div>10:00 Drum Fit Exercise</div> <div>10:30 List It Game with Kasey</div> <div>11:00 1:1 Soothing Visits</div> <div>11:30 Music Therapy with Eric Amparo from "ADVANTAGE HEALTH"</div> <div>1:15 Relaxing & Essential Oils</div> <div>1:30 Courtyard Social</div> <div>2:30 Memories in the Making with Diane & Kasey</div> <div>4:30 Sports on T.V</div>	<div>18</div> <div>9:30 Daily Chronicle and Inspirational Quotes</div> <div>10:00 Parachute Exercise</div> <div>10:30 Short Stories & Beverages</div> <div>11:00 1:1 Soothing Visits</div> <div>1:15 Relaxing & Essential Oils</div> <div>1:30 Spring Crafting / Painting with Kasey</div> <div>3:00 Nail Care & Hand Massage</div> <div>4:30 Sports on T.V</div>	<div>19</div> <div>9:30 Daily Chronicle and Inspirational Quotes</div> <div>10:00 Kickball Exercise</div> <div>10:30 Gratitude Chat with Kasey</div> <div>11:00 1:1 Soothing Visits</div> <div>1:15 Relaxing & Essential Oils</div> <div>1:30 Science Experiment Kit Projects</div> <div>2:00 Love on a Leash</div> <div>3:00 Bingo Extravaganza</div> <div>4:30 Sports on T.V</div>	<div>20</div> <div>9:30 Daily Chronicle and Inspirational Quotes</div> <div>10:30 Balloon Exercise</div> <div>10:30 Short Stories & Beverages</div> <div>11:00 1:1 Soothing Visits</div> <div>1:00 Movie & Ice Cream Sundae</div> <div>1:15 Relaxing & Essential Oils</div> <div>2:30 Pictionary with Kasey</div> <div>4:30 Sports on T.V</div>						
<div>21</div> <div>9:30 Daily Chronicle and Inspirational Quotes</div> <div>10:15 LOVE ON A LEASH</div> <div>11:00 1:1 Soothing Visits</div> <div>1:15 Relaxing & Essential Oils</div> <div>2:30 Enjoy a Movie & Popcorn - from the "MOVIE BASKET"</div> <div>2:45 St. Columba Church Service with "BILL BIXBY"</div> <div>2:45 Ukulele Sing Along with Bob Arii</div> <div>4:30 Sports on T.V</div>		<div>All Staff Meeting22</div> <div>Earth Day - Passover Begins</div> <div>9:30 Daily Chronicle and Inspirational Quotes</div> <div>10:00 Sing-along with "Dan Miller"</div> <div>11:00 1:1 Soothing Visits</div> <div>1:15 Relaxing & Essential Oils</div> <div>1:30 Bible Study & Hymns w/ Pastor Bob</div> <div>3:00 Activity Baskets</div> <div>4:30 Sports on T.V</div>	<div>23</div> <div>9:30 Daily Chronicle and Inspirational Quotes</div> <div>10:00 Chair Yoga Class</div> <div>10:30 News Views & Beverages</div> <div>11:00 1:1 Soothing Visits</div> <div>1:15 Relaxing & Essential Oils</div> <div>1:30 Ice Cream Social / Reminiscing</div> <div>2:30 Bingo Extravaganza</div> <div>3:30 Happy Hour with "BLUE ZONE"</div> <div>4:30 Sports on T.V</div>	<div>WEDNESDAYS We Wear Florals24</div> <div>9:30 Daily Chronicle and Inspirational Quotes</div> <div>10:00 Drum Fit Exercise</div> <div>10:30 List It Game with Kasey</div> <div>11:00 1:1 Soothing Visits</div> <div>1:15 Relaxing & Essential Oils</div> <div>1:30 Tattoo Shop with Kasey</div> <div>2:30 Memories in the Making with Diane & Kasey</div> <div>4:30 Sports on T.V</div>	<div>25</div> <div>9:30 Daily Chronicle and Inspirational Quotes</div> <div>10:00 April Concert with "Peter Seltser"</div> <div>10:30 Short Stories & Beverages</div> <div>11:00 1:1 Soothing Visits</div> <div>1:15 Relaxing & Essential Oils</div> <div>1:30 Spring Crafting / Painting with Kasey</div> <div>3:00 Nail Care & Hand Massage</div> <div>4:30 Sports on T.V</div>	<div>26</div> <div>9:30 Daily Chronicle and Inspirational Quotes</div> <div>10:00 Kickball Exercise</div> <div>10:30 Gratitude Chat with Kasey</div> <div>11:00 1:1 Soothing Visits</div> <div>1:00 Jeanette Alessio-Way April History Class</div> <div>1:15 Relaxing & Essential Oils</div> <div>2:00 Music Madness</div> <div>3:00 Bingo Extravaganza</div> <div>4:30 Sports on T.V</div>	<div>27</div> <div>9:30 Daily Chronicle and Inspirational Quotes</div> <div>10:00 Balloon Exercise</div> <div>10:30 Short Stories & Beverages</div> <div>11:00 1:1 Soothing Visits</div> <div>1:15 Relaxing & Essential Oils</div> <div>2:30 Movie & Ice Cream Sundae</div> <div>3:00 Puzzle Mania</div> <div>4:30 Sports on T.V</div>						
<div>28</div> <div>9:30 Daily Chronicle and Inspirational Quotes</div> <div>10:15 LOVE ON A LEASH</div> <div>11:00 1:1 Soothing Visits</div> <div>1:15 Relaxing & Essential Oils</div> <div>2:30 Enjoy a Movie & Popcorn - from the "MOVIE BASKET"</div> <div>4:30 Sports on T.V</div>		<div>29</div> <div>9:30 Daily Chronicle and Inspirational Quotes</div> <div>11:00 1:1 Soothing Visits</div> <div>1:15 Relaxing & Essential Oils</div> <div>3:00 Activity Baskets</div> <div>4:30 Sports on T.V</div>	<div>30</div> <div>9:30 Daily Chronicle and Inspirational Quotes</div> <div>10:00 Chair Yoga Class</div> <div>10:30 News Views & Beverages</div> <div>11:00 1:1 Soothing Visits</div> <div>1:15 Relaxing & Essential Oils</div> <div>1:30 Ice Cream Social / Reminiscing</div> <div>2:30 Bingo Extravaganza</div> <div>3:30 Happy Hour & Birthday Celebration with "THE SOPHISTICATS" Cakes Sponsored by "Comfort & Peace"</div> <div>4:30 Sports on T.V</div>	<div>Residents and Staff</div> <div>IN APRIL WE WOULD LIKE TO ENCOURAGE YOU ALL TO WEAR FLORALS</div> <div>Let's come together as a team!</div> <div>Thank you</div>		<div>Resident Birthdays</div> <div>Betty M.4/11</div>		<div>APRIL FOOLS DAY!</div>		<div>Maritza Aguirre</div> <div>Life Enrichment Director</div> <div>At The Ridge</div> <div>800 Lantern Crest Way</div> <div>Santee, Ca 92071</div> <div>Cell: (619) 495-5666</div> <div>Maritza.aguirre@lanterncrestsantee.com</div>			