



2:00 A Nickel Blackjack [GR]

4:30 Evening Piano Music [TD]

Agility Class

Video With Erika

Conversations [LP]

4:30 A Tails on Trails Walking

3:00 A Mexican Train [GR]

Group [LP]

9:30 **↔** Balance +

[FS]

10:30 💻 Morning Cafe,

1:00 **Glee Club [GR]**

[GR]

2:00 A Nickel Blackjack

3:00 O Democrat Social

Club: Women's

History" [L]

Cookies &

2:00 V Afternoon Happy Hearts Walking Club LP

3:00 in Bingo [GR] 3:30 O Transportation Committee Meeting [V]

4:15 O Technology Help in **Activities Office**

Communion

6:00 Games with Friends GR

-The Golden Age Of Mysteries [LP]

11:30 * Spice Up Your Life: Fresh Avocado Toast [V]

12:00 약 Preventive Dentistry & **Comfort Care**" Seminar with Dental Hygienist **Lucy Torres [T]**

2:00 P Bible Study with Pastor Mark from Foothills Church [L]

3:00 A Happy Hour with Live **Music from The First** String Band [LB32]

4:30 A Tails on Trails Walking Group [LP]

6:00 Games with Friends GR

9:30 ↔ Stronger Seniors Class
With Francesca [FS]

nation Day!! 10am to 2:00pm

Spice Up Your Life: Pistachio

Story of Henry Sugar 2023 ·

Bible Study with Pastor Mark

from Foothills Church [L]

3:00 W Birthday Celebration with Live

Comedy/Adventure · 39 mins-

Spring Cleaning

Mallow Salad [V]

Ken Weiss

2:00 🕆

12:00 🔥 Learn Hand, Knee, & Foot with

12:30 🍽 Matinee Movie: The Wonderful

Oscar Nominee~ [T]

1:00 O Resident Council Board Meeting

Last Day to RSVP for Pointe Outing to

0:30 Triva Challenge in the Library

Appreciation with Amy From Seniors Helpers~1pm to 3pn

PG-13 2012 · Romance/

Arrangement ~ Honoring

12:30 O Bridge Club [FS]

3:00 🔥 \$1 Bingo [GR]

1:00 O American Women

International Women's Day

Astronauts" Seminar~ with

Neil J. Farber, M.D. [T]

4:30 🖀 Tails on Trails Walking Group

6:45 Priday Night Movie: Hidden

Girl Scout Cookies~11am-1pm LB32

Happy Birthday Dr. Seuss Happy Birthday Dr. Suess!!

Saturday

9:00 - Yoga & Weights with Heidi [FS] 10:00 The Lantern Crest Women's

Christian Fellowship~"Praver Can Change Your World" [L] 11:00 Happy Hearts Walking

Club [LP] 11:00 the Left, Right, Center Dice Game [GR]

12:00 ☐ Scoops N' Smiles ~Ice

Cream Social [LB32] 2:00 A Nickel Blackjack [GR]

4:30 A Tails on Trails Walking Group [LP]

6:30 Games in the Game Room [GR]

Girl Scout Cookies~11am-1pm LB32 9:00 - Yoga & Weights with

Heidi [FS] Senior Helpers [LB32] 10:00 † Lantern Crest Women's 10:30 🌣 Triva Challenge in the Library Christian Fellowship~"Prayer Can 1:30 ★ Make Your Own Flower

Change Your World" [L] 11:00 Happy Hearts Walking

Club [LP] 11:00 . Left, Right, Center Dice

Game [GR] 12:00 Scoops N' Smiles ~Ice **Cream Social ILB32**

2:00 A Nickel Blackjack [GR]

4:30 A Tails on Trails Walking

Group [LP]

6:30 Games in the Game Room

Figures PG 2016 · Drama/ History · 2h 7m [T]

with Karl [FS] 11:00 + Learn Line Dancing [V]

11:00 + Learn Line Dancing [V]

1:00 ■ Women's Wine Time

Social [LB32]

2:00 - Nickel Blackiack [GR]

4:00 P Thursday Specialty

4:15 O Technology Help in

3:00 A Cribbage [FS]

9:30 → Balance &

12:00 P Greenhouse Club" Coffe

in the Courtyard Garden

Buffet: Hawaiian Action

Station~17pts [TD]

Activities Office

6:00 Games with Friends GR

12:00
Greenhouse Club'

Stability Class

Coffee in the Courtyard Garden [3C]

1:00 * Take A Tour to Lanterr **Crest New Addition At** The Ridge

2:00 A Nickel Blackjack [GR]

3:00 h Cribbage [FS] 4:15 O Technology Help in

Activities Office

6:00 A Games with Friends [GR]

9:30 → Senior Stretches ◀ Video [FS] 10:00 양 Free Friday Vital

Checks with Senior Helpers [LB32]

10:30 O Triva Challenge in the Library [L]

11:00 & Beltone Hearing Aid ~Free Hearing aid cleaning from 11am to 1pm [LB32]

12:30 O Bridge Club [FS]

1:30 Paint & Sip Art Class [AC]

3:00 🔥 \$1 Bingo [GR] 4:30 👺 Tails on Trails Walking Group [LP]

6:45 Friday Night Movie: The Legend of Tarzan PG-13 2016 · Adventure/ Action · 1h 50m [T]

10:00 Tantern Crest Women's **Christian** Fellowship~"Prayer **Can Change Your** World" [L]

9:00 + Yoga & Weights 16

11:00 → Happy Hearts Walking Club [LP]

11:00 h. Left, Right, Center Dice Game [GR]

12:00 ☐ Scoops N' Smiles ~Ice **Cream Social [LB32]**

2:00 A Nickel Blackjack [GR]

4:30 👺 Tails on Trails Walking Group [LP]

6:30 Games in the Game Room [GR]



4:30 A Tails on Trails Walking Group [LP] **Daylight Saving Time Begins** 8:00 ★ Guardian Angels Catholic Church [LP] * Shadow Mountain Church **Drive** [LP] 9:00 * Sunday Morning Church Service with Pastor Bill 11:00 ■ Sunday Brunch ~ 11:00am - 2pm [V]

> 2:30 St Patrick's Day Early Celebration With:Doherty Petri Irish Dancer [T] 3:15 **A** \$1 Bingo [GR]

4:30 A Tails on Trails Walking

Group [LP]

1:30 Lazy Sunday Puzzles in

the Lobby [LP]

12:30 🔥 Bridge Club [FS]

Wearing The Same

Dress~ \$23 dlls.

the Lobby [LP]

3:00 A Mexican Train [GR]

4:30 **Servening Piano** Music [TD] 4:30 🗱 Tails on Trails Walking Group [LP]

Service [CH] 9:30 → Balance & Stability Class with Karl [FS] 10:15 → Cardio Drumming Class With Peggy [FS] 10:30 D Ukelele Performance by Merry Ukes" [T]

9:15 **†** St. Kieran's

1:30 * Arts and Crafts ~ Coffee Filter Flower [AC] 2:00 V Afternoon Happy Hearts

Walking Club [LP] 3:00 🔥 Bingo [GR]

3:00 TYou're Not Alone --**Family-Caregivers** Support Group [L] 4:15 O Technology Help in

Activities Office 6:00 A Games with Friends [GR]

Music from Double Take [LB32] 4:30 A Tails on Trails Walking Group [LF 6:00 A Games with Friends [GR]





8:00 **★** Guardian Angels

Drive [LP]

11:00
Sunday Brunch ~

12:30 🔥 Bridge Club [FS]

1:30 * St. Patrick's Day

3:00 **#** \$1 Bingo [GR]

Catholic Church [LP]

★ Shadow Mountain Churc

★ Sunday Morning Church

11:00am - 2pm [V]

1:30 Lazy Sunday Puzzles in

the Lobby [LP]

Shamrock Cookie

Decorating [LB32]

4:00
St. Patrick's Day Dinner

4:30 🖀 Tails on Trails Walking Group [LP]

Special [TD]

Service with Pastor Bill

March At The Pointe



Thursdav





with Heidi [FS]

Fellowship~"Prayer

Can Change Your

Saturday 9:00 + Yoga & Weights 7 2

10:00 🕆 Lantern Crest Women's

Christian

World" [L]

Club [LP]

Game [GR]

11:00 Happy Hearts Walking

11:00 the Left, Right, Center Dice

12:00
☐ Scoops N' Smiles ~Ice

Cream Social [LB32]

LOCATION KEY

[LP]-1st Floor Lobby Pointe [LB32]- 2nd Floor Latitude 32 Bar [V]- 2nd Floor Veranda Dining [TD]- 2nd Floor Terrazza Dining [FS]- 2nd Floor Fitness Studio [G2]- 2nd Floor Garden [PDP]- Pool Deck Patio [GR]- 3rd Floor Game Room [LL/P]- 3rd Floor Lantern Links [T]- 3rd Floor Theater [FR4]- 4th Floor Fitness Studio [L]- 4th Floor Library



[AC]- 4th Floor Arts /Crafts Room

Ted Holmsen 3/01 Paula Schuh 3/03 Ken Weiss 3/05 Richard Canfield 3/07 Dave Zeman 3/18 Machael Foggiano 3/19 Marcia Christy 3/20 Judy Tucker 3/24

Sunday Monday Happy Birthday Dave St. Patrick's Day

9:30 → Balance + Agility Class Video With Erika [FS]

10:30 💻 Morning Cafe, Cookies & Conversations [LP] 11:00 O Chat with Life Enrichmen

Coordinator Erika [LP] 1:00 Glee Club [GR] **Table Talk & Tasty Treats** with Culinary Director

Chef Phil IVI 2:00 A Nickel Blackjack [GR] 3:00 A Mexican Train [GR]

4:30 Evening Piano Music [TD] 4:30 A Tails on Trails Walking Group [LP]

First Day of Spring Happy Birthday Michael Foggiano!!

9:15 🕈 St. Kieran's Communion Service at The Ridge 9:30 → Balance & Stability Class with Karl [FS] 10:15 \leftrightarrow Cardio Drumming Class Wit

Peggy [FS] 10:30 * Weekly Outing to: Trader Joe's 11:30 * Veterans' Group Luncheon

The Pointe [LB32] 1:30 * Arts and Crafts ~ Sock Bunny [AC]

2:00 V Afternoon Happy Hearts Walking Club [LP] 3:00 A Bingo [GR]

4:15 Y Technology Help in Activitie 6:00 Games with Friends [GR]

Happy Birthday Marcia Christy!! **International Day of Happiness** Choose Joy!!

9:30 → Stronger Seniors Clas With Francesca [FS]

Spice Up Your Life: **Homemade Shamrock** Shake [V]

1:00 All Residents Meeting

3:00 A Happy Hour with Live **Music from Fireball** Express [LB32]

4:30 A Tails on Trails Walking Group [LP]

6:00 Games with Friends [GR]

9:30 → Balance & Stability Video

11:00 ↔ Learn Line Dancing [V]

12:00
Greenhouse Club" Coffee in the Courtyard Garden 1:00 P New Resident Welcome

Cookies, Coffee, & **Conversations [LP]**

2:00 A Nickel Blackjack [GR] 3:00 A Cribbage [FS]

4:00 P Thursday Specialty **Buffet: All American** Action~16.5pts [TD]

4:15 O Technology Help in **Activities Office** 6:00 Games with Friends [GR]

10:00 😲 Free Friday Vital Checks with Senior Helpers [LB32]

10:30 O Triva Challenge in the Library [L]

2:30 O Bridge Club [FS]

Friday

Appointments After 12pm

All Staff Meeting: No Doctor

9:30 → Senior Stretches Video

1:30 Paint & Sip Art Class [AC 3:00 🔥 \$1 Bingo [GR]

4:30 A Tails on Trails Walking Group [LP] 6:45 Friday Night Movie

2:00 A Nickel Blackjack [GR] 4:30 A Tails on Trails Walking :Unbroken PG-13 2014 War/Action · 2h 17m [T] Group [LP]

> 6:30 Games in the Game Room [GR]

Happy Birthday Judy Tucker!!

8:00 * Guardian Angels Catholic Church [LP] ★ Shadow Mountain Churc

Drive [LP] ★ Sunday Morning Church Service with Pastor Bill

11:00 💻 Sunday Brunch ~ 11:00am - 2pm [V]

12:30 🔥 Bridge Club [FS] 1:30 🔥 Lazy Sunday Puzzles in

the Lobby [LP] 2:00 O Travelogue Documentary **Oahu-The Heart and Soul** of Hawaii [T]

3:00 🔥 \$1 Bingo [GR]

4:30 A Tails on Trails Walking Group [LP]

Balance + Agility Class Video With Erika [FS] 9:30 → Balance +

10:30 💻 Morning Cafe, Cookies & Conversations [LP]

1:00 🎜 Glee Club Performance: Member's Pick" [GR] 2:00 O Dining Committee

Meeting [BPD] 2:00 A Nickel Blackjack [GR]

3:00 A Mexican Train [GR] 4:30 Evening Piano Music

4:30 A Tails on Trails Walking Group [LP]

9:15 🕈 St. Kieran's Communion Service [CH]

9:30 → Balance & Stability Class with Karl [FS]

10:15 → Cardio Drumming Class With Peggy [FS] 10:30 ★ Weekly Outing to: Vieias

Casino [LP] 1:30 * Arts and Crafts ~

Surprise Craft Class with Mary B. [AC] 2:00 V Afternoon Happy Hearts

Walking Club [LP] 3:00 A Bingo [GR]

3:00 T You're Not Alone --**Family-Caregivers** Support Group [L]

4:15 O Technology Help in **Activities Office**

6:00 Games with Friends [GR]

9:30 ↔ Stronger Seniors <a> □ **Class With** Francesca [FS]

Executive Director Brittany Fay [LP]

11:00 **April Frenzy Sign-**Up~11am-12pm. [LB32] 12:00 🔥 Learn Hand, Knee, & Foot

with Ken Weiss 12:00 Spring Shopping Fair at The Plaza~12pm-3pm

2:00 The Bible Study with Pastor Mark from Foothills Church [L]

3:00 A Happy Hour with Live Music from: The Sophisticats [LB32]

4:30 A Tails on Trails Walking Group [LP] 6:00 . Games with Friends [GR] 9:30 → Balance & **Stability Class** with Karl [FS]

11:00 •• Learn Line Dancing [V]

12:00 **E** Greenhouse Club" Coffee in the **Courtyard Garden** [3C]

1:00 Cheers & Beers Mens Club [LB32]

2:00 A Nickel Blackjack [GR] 3:00 A Cribbage [FS]

4:15 ○ Technology Help in **Activities Office**

6:00 Games with Friends

10:00 & Free Friday **Vital Checks** with Senior Helpers [LB32]

> 10:30 O Triva Challenge in the Library [L]

12:30 O Bridge Club [FS] 1:30 Paint & Sip Art Class

2:00 O Communi-Tea Book Club at The Pointe! [L]

3:00 **h** \$1 Bingo [GR] 4:00 T Good Friday Service

with Pastor Bill [CH] 4:30 A Tails on Trails Walking Group [LP]

6:45 Friday Night Movie: Nowhere R 2023 Thriller/Drama [T]

9:00 ↔ Yoga & Weights 30 with Heidi [FS] 10:00 † Lantern Crest Women's

Christian Fellowship~"Prayer **Can Change Your** World" [L]

11:00 🕶 Happy Hearts Walking Club [LP]

11:00 h Left, Right, Center Dice Game [GR]

12:00 ☐ Scoops N' Smiles ~Ice **Cream Social [LB32]**

2:00 A Nickel Blackjack [GR] 4:30 A Tails on Trails Walking

Group [LP]

6:30 Games in the Game Room [GR]

Terrazza Dining Will Be Closing Early ~ To Gos from 2:30pm to 3:30pm ~ Dining Closed at

Guardian Angels Catholic Church [LP] **Shadow Mountain Church**

Sunday Morning Church Service with Pastor Bill [CH] 11:00 P Sunday Brunch ~ 11:00am

2pm [V] **Easter Social with Real**

unnies and Egg Hunt [PDP] 12:30 🔥 Bridge Club [FS] 1:30 Lazy Sunday Puzzles in the

Lobby [LP] 2:00 O Travelogue Documentary: Colombia [T]

3:00 A \$1 Bingo [GR]

4:30 A Tails on Trails Walking Group



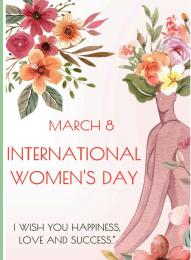
STAFF **B-DAYS**

Priscilla Ortiz 3/02 Laurie Turner 3/02 Romeo Escalera 3/04 Terry M 3/13 Ashley 3/l4 Phil Davis 3/18

ERIKA CARDENAS

LIFE **ENRICHMENT COORDINATOR**

EXT 5405



All Activities With A Red Star Require You to Sign up

Call Ext 5405