

April 2024 At The Plaza

Happy Birthday

Linda Roger ~ 4/02
 Pat Meloche ~ 4/07
 Paul Fentress ~ 4/07
 Pat Townsend ~ 4/10
 Ralph Pastore ~ 4/14
 Claire Soulnier ~ 4/17
 Donna Wright ~ 4/19
 Bev Sheehan ~ 4/20
 Terri Prout ~ 4/26
 Lou DeSaegher ~ 4/30

Location Key

50GR - 50's Game Room
 AO - Plaza Activities Office
 BBC - Bocce Ball Court
 BD - Bel Air Diner
 BLR-5th Floor Billiards Room
 BPD - Balboa Private Dining
 CC - Coronado Courtyard
 CDR - Catalina Dining Room
 CH - Reflections Chapel
 FR - Fitness Room
 IPS - Indoor Pool and Spa
 MB - Miramar Bar
 MDT - Movie Dinner Theater
 PL - Plaza Lobby
 PL4 - Puzzle Lounge/ Library
 SC - Sunken Courtyard
 TL - 2nd Floor Turtle Lounge
 TR - King Charles Tea Room

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>All Activities With A RED STAR Require You to Sign Up. Call Extension 3910 to Sign Up for Activities!</p>	<p>April Fools Day! 1 Spring Door Decorating Contest Begins ~ Winner Announced at Happier Hour 4/26 9:15 ↔ Morning Stretches - Instructional Video [FR] 10:15 ↔ Bocce Ball Brigade [BBC] 11:00 ☹️ Coffee in the Sea Lounge on the 2nd Floor [TL] 1:00 🎲 \$4 Bingo [MDT] 1:00 🎲 Bunco [50GR] 3:00 🎵 Learn to Line Dance! [MDT] 4:30 🐾 Happy Tails ~ Evening Dog Walk [PL]</p>	<p>Happy Birthday Linda Rogers!! 2 Wear Blue for Autism Awareness!! 9:00 ↔ Indoor Water Aerobics with Peggy [IPS] 10:15 ↔ Core Strength and Weights with Karl [FR] 11:00 ☹️ Cornhole by the Moss Wall [PL] 11:30 ★ Amy's Arts and Crafts: Spring Painting [MDT] 12:30 🎲 Dominoes [50GR] 3:00 🎲 Nickel Blackjack [50GR] 4:00 Transportation Committee Meeting [V] 6:00 🎬 Evening Movie: Paddington -2014- (PG) 1h 35m [MDT]</p>	<p>Wear Floral for Spring! 3 9:15 ↔ Morning Stretches - Instructional Video [FR] 10:00 ☹️ Priority Home Care: Bracelet Making [MDT] 11:00 ↔ Warm-Up and Work Out with Dennis [FR] 12:00 ☹️ Lunch Bunch with Amy [CDR] 1:00 🎲 \$4 Bingo [MDT] 2:00 ↔ Lantern Crest Bowling League [BD] 3:00 🍷 Women's Wine Time [MDT] 4:30 🐾 Happy Tails ~ Evening Dog Walk [PL]</p>	<p>Final Day to RSVP for Shopping Excursion - Aldi 4 10:15 ↔ Core Strength and Weights with Karl [FR] 11:30 ★ Excursion to Tierra Santa Mexican Restaurant [PL] 11:30 🎬 Matinee Movie: West Side Story -2021- (PG-13) 2h 36m [MDT] 1:30 ↔ Whack it! Smack it! Balloon Ball [FR] 3:00 🗨️ TED-Ed Talk and Discuss [MDT] 4:15 🗨️ Technology Help - Bring Your Device! [AO]</p>	<p>9:15 ↔ Morning Stretches - Instructional Video [FR] 5 10:00 ↔ Cardio Drumming Class Video Workout [FR] 11:00 ☹️ Free Friday Vitals Check with Senior Helpers [PL] 12:00 🎲 Hand, Knee, and Foot [50GR] 1:00 🎲 Bridge Club 1:00 ★ What's Cookin' Good Lookin' with Hailey-Chocolate Caramel Pretzel Bars [MDT] 3:00 🎵 Happier Hour with Live Music: Double Take [CDR] 4:30 🐾 Happy Tails ~ Evening Dog Walk [PL]</p>	<p>9:30 ★ Weekly Shopping: Aldi [PL] 6 10:00 ↔ Chair Yoga with Heidi [FR] 11:00 ☹️ Cornhole Practice by the Moss Wall [PL] 12:30 ☹️ Ice Cream Sandwiches in the 50's Diner [BD] 1:00 🎲 Scrabble with Friends [MDT] 3:00 🎲 Nickel Blackjack [50GR] 4:15 🗨️ Technology Help - Bring Your Device! [AO] 4:30 🎲 Puzzles on the 4th Floor [PL4] 6:00 🎬 Evening Movie: Goldfinger 007 -1964- (PG) 1h 50m [MDT]</p>
<p>Final Day to RSVP for Thursday Excursion - Carlsbad Flower Feild 7 Happy Birthday Pat Meloche!! Happy Birthday Paul Fentress!! 8:00 ★ Guardian Angels Catholic Church [PL] 8:15 ★ Shadow Mountain Church Drive [PL] 9:00 ☹️ Sunday Morning Church Service with Pastor Bill [CH] 11:00 ★ Sunday Brunch ~ 11:00am - 2:00pm at The Pointe [V] 12:00 ☹️ Rack em' Up Rollers ~ Billiards [BLR] 1:00 🐾 Bow Wow Dog Social [PL] 2:00 🎨 Paint & Snack [MDT] 3:00 🗨️ Short Stories and Poetry [TR] 4:30 🗨️ Puzzles on the 4th Floor [PL4]</p>	<p>9:15 ↔ Morning Stretches - Instructional Video [FR] 8 10:15 ↔ Bocce Ball Brigade [BBC] 11:00 ☹️ Coffee in the Sea Lounge on the 2nd Floor [TL] 1:00 🎲 \$4 Bingo [MDT] 1:00 🎲 Hand & Foot [50GR] 3:00 🎵 Learn to Line Dance! [MDT] 4:15 🗨️ Technology Help - Bring Your Device! [AO] 4:30 🐾 Happy Tails ~ Evening Dog Walk [PL]</p>	<p>9:00 ↔ Indoor Water Aerobics with Peggy [IPS] 9 9:15 ☹️ St. Kieran's Communion Service [CH] 10:15 ↔ Core Strength and Weights with Karl [FR] 11:00 ☹️ Cornhole by the Moss Wall [PL] 11:30 ★ Amy's Arts and Crafts: Name Banner [MDT] 12:30 🎲 Dominoes [50GR] 1:30 🗨️ Table Talk and Tasty Treats with Chef Phil [BPD] 2:00 Rider Mobility - Wheelchair & Walker Repair [CH] 3:00 🎲 Nickel Blackjack [50GR] 6:00 🎬 Evening Movie: Monty Python and the Holy Grail -1975- (PG) 1h 32m [MDT]</p>	<p>Happy Birthday Pat Townsend!! 10 Wear Floral for Spring! 9:15 ↔ Morning Stretches - Instructional Video [FR] 11:00 ☹️ All Heart Home Care Meet and Greet! [PL] 11:00 ↔ Warm-Up and Work Out with Dennis [FR] 12:00 ☹️ Lunch Bunch with Amy [CDR] 1:00 🎲 \$4 Bingo [MDT] 2:00 🎵 Singing Performance from Harmony Galore [MDT] 3:00 🍷 Men's Brew Crew [BD] 4:30 🐾 Happy Tails ~ Evening Dog Walk [PL]</p>	<p>Final Day to RSVP for Shopping Excursion - Trader Joe's 11 10:15 ↔ Core Strength and Weights with Karl [FR] 11:30 ★ Excursion to Carlsbad Flower Feild ~ \$25 [PL] 12:30 🎬 Matinee Movie: Napoleon -2023- (R) 2h 38m [MDT] 1:00 Resident Council Board Member Meeting [BPD] 1:30 ↔ Whack it! Smack it! Balloon Ball [FR] 2:30 ☹️ New Resident Mingle!! [CH] 3:00 🗨️ TED-Ed Talk and Discuss [MDT] 4:00 ★ Specialty Buffet at The Pointe: Chinese Action Station 17.5pts [V] 4:15 🗨️ Technology Help - Bring Your Device! [AO]</p>	<p>9:15 ↔ Morning Stretches - Instructional Video [FR] 12 10:00 ↔ Cardio Drumming Class Video Workout [FR] 11:00 ☹️ Free Friday Vitals Check with Senior Helpers [PL] 12:00 🎲 Hand, Knee, and Foot [50GR] 1:00 🎲 Bridge Club 1:00 ★ What's Cookin' Good Lookin' with Hailey-Grilled Cheese [MDT] 3:00 🎵 Happier Hour with Live Music from Fireball Xpress [CDR] 4:30 🐾 Happy Tails ~ Evening Dog Walk [PL]</p>	<p>9:30 ★ Weekly Shopping: Trader Joe's [PL] 13 10:00 ↔ Chair Yoga with Heidi [FR] 11:00 ☹️ Cornhole Practice by the Moss Wall [PL] 12:30 ☹️ Ice Cream Sandwiches in the 50's Diner [BD] 1:00 🎲 Scrabble with Friends [MDT] 3:00 🎲 Nickel Blackjack [50GR] 4:15 🗨️ Technology Help - Bring Your Device! [AO] 4:30 🎲 Puzzles on the 4th Floor [PL4] 6:00 🎬 Evening Movie: The King's Speech -2010- (R) 1h 59m [MDT]</p>
<p>Happy Birthday Ralph Pastore!! 14 8:00 ★ Guardian Angels Catholic Church [PL] 8:15 ★ Shadow Mountain Church Drive [PL] 9:00 ☹️ Sunday Morning Church Service with Pastor Bill [CH] 11:00 ★ Sunday Brunch ~ 11:00am - 2:00pm at The Pointe [V] 12:00 ★ Lunch Run to Taco Bell [PL] 1:00 🐾 Bow Wow Dog Social [PL] 2:00 🎨 Paint & Snack [MDT] 3:30 ☹️ Calendar Brainstorm with Amy [MDT] 4:30 🗨️ Puzzles on the 4th Floor [PL4]</p>	<p>Taxes Are Due! 15 9:15 ↔ Morning Stretches - Instructional Video [FR] 10:15 ↔ Bocce Ball Brigade [BBC] 11:00 ☹️ Coffee in the Sea Lounge on the 2nd Floor [TL] 1:00 🎲 \$4 Bingo [MDT] 1:00 🎲 Bunco [50GR] 3:00 🎵 Learn to Line Dance! [MDT] 4:15 🗨️ Technology Help - Bring Your Device! [AO] 4:30 🐾 Happy Tails ~ Evening Dog Walk [PL]</p>	<p>9:00 ↔ Indoor Water Aerobics with Peggy [IPS] 16 10:15 ↔ Core Strength and Weights with Karl [FR] 11:00 ☹️ Cornhole by the Moss Wall [PL] 11:30 ★ Amy's Arts and Crafts: Sharpie Tile Decor [MDT] 11:30 ★ Veterans' Luncheon at The Plaza [BPD] 12:30 🎲 Dominoes [50GR] 3:00 🎲 Nickel Blackjack [50GR] 6:00 🎬 Evening Movie: Inkheart -2008- (PG) 1h 46m [MDT]</p>	<p>Happy Birthday Claire Soulnier!! 17 Wear Floral for Spring! 9:15 ↔ Morning Stretches - Instructional Video [FR] 11:00 ↔ Warm-Up and Work Out with Dennis [FR] 12:00 ☹️ Lunch Bunch with Amy [CDR] 1:00 🎲 \$4 Bingo [MDT] 2:00 ↔ Lantern Crest Bowling League [BD] 3:00 🍷 Women's Wine Time [MDT] 4:30 🐾 Happy Tails ~ Evening Dog Walk [PL]</p>	<p>Final Day to RSVP for Saturday Excursion - Coronado Flower Show 18 10:15 ↔ Core Strength and Weights with Karl [FR] 11:30 🎬 Matinee Movie: Planet Earth II ~ Ep. 2 -2016- (G) 49m [MDT] 1:00 🗨️ LCRA General Meeting [MDT] 3:00 🗨️ TED-Ed Talk and Discuss [MDT] 4:15 🗨️ Technology Help - Bring Your Device! [AO] 6:00 🎲 Bingo Night!! Free to Play ~ Prizes to Win! [MDT]</p>	<p>Happy Birthday Donna Wright!! 19 9:00 ☹️ Beltone Hearing Aid Check and Cleaning ~ 9am-11am [TR] 9:15 ↔ Morning Stretches - Instructional Video [FR] 10:00 ↔ Cardio Drumming Class Video Workout [FR] 11:00 ☹️ Free Friday Vitals Check with Senior Helpers [PL] 12:00 🎲 Hand, Knee, and Foot [50GR] 1:00 🎲 Bridge Club 1:00 ★ What's Cookin' Good Lookin' with Hailey-Banana Pancakes [MDT] 3:00 🎵 Happier Hour with Live Music First String Band [CDR] 4:30 🐾 Happy Tails ~ Evening Dog Walk [PL]</p>	<p>Happy Birthday Beverly Sheehan!! 20 10:00 ↔ Chair Yoga with Heidi [FR] 11:00 ☹️ Cornhole Practice by the Moss Wall [PL] 12:30 ★ Coronado Flower Show! ~ \$12 [PL] 1:00 🎲 Scrabble with Friends [MDT] 4:15 🗨️ Technology Help - Bring Your Device! [AO] 4:30 🎲 Puzzles on the 4th Floor [PL4] 6:00 🎬 Evening Movie: Yesterday -2019- (PG-13) 1h 56m [MDT]</p>

April 2024 At The Plaza

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

Happy Birthday

Linda Roger ~ 4/02
 Pat Meloche ~ 4/07
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 Lou DeSaegher ~ 4/30

Location Key

50GR - 50's Game Room
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 MB - Miramar Bar
 MDT - Movie Dinner Theater
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 PL4 - Puzzle Lounge/ Library
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 TL - 2nd Floor Turtle Lounge
 TR - King Charles Tea Room

Final Day to RSVP for Thursday Excursion - Spanish Village Art Center 21

8:00 ★ Guardian Angels Catholic Church [PL]
 8:15 ★ Shadow Mountain Church Drive [PL]
 9:00 † Sunday Morning Church Service with Pastor Bill [CH]
 11:00 ★ Sunday Brunch ~ 11:00am - 2:00pm at The Pointe [V]
 12:00 🎱 Rack em' Up Rollers ~ Billiards [BLR]
 1:00 🐕 Nasa Ambassador Neil Farber Presents: Mars ~ Myth to Magic [MDT]
 3:00 📖 Short Stories and Poetry [TR]
 4:30 🧩 Puzzles on the 4th Floor [PL4]

Guardian Angels Catholic Church 28

8:15 ★ Shadow Mountain Church Drive [PL]
 9:00 † Sunday Morning Church Service with Pastor Bill [CH]
 11:00 ★ Sunday Brunch ~ 11:00am - 2:00pm at The Pointe [V]
 12:00 ★ Lunch Run Outing! ~ Jack in the Box [PL]
 1:00 🐕 Bow Wow Dog Social [PL]
 2:30 ★ May Sign Up Social!! - Come and Sign Up for May Activities! [MDT]
 4:30 🧩 Puzzles on the 4th Floor [PL4]

All Staff Meeting: No Doctor Appointments After 12pm 22

Earth Day

9:15 ↔ Morning Stretches - Instructional Video [FR]
 10:15 ↔ Bocce Ball Brigade [BBC]
 11:00 ☕ Coffee in the Sea Lounge on the 2nd Floor [TL]
 1:00 🖐️ Hand & Foot [50GR]
 3:30 ★ Earth Day Cooking Class: Dirt & Worm Pudding [BPD]
 4:15 📖 Technology Help - Bring Your Device! [AO]
 4:30 🐕 Happy Tails ~ Evening Dog Walk [PL]

Donation Day Pick Up - Contact Activities 3910 for Details 29

9:15 ↔ Morning Stretches - Instructional Video [FR]
 10:15 ↔ Bocce Ball Brigade [BBC]
 11:00 ☕ Coffee in the Sea Lounge on the 2nd Floor [TL]
 1:00 🎲 \$4 Bingo [MDT]
 1:00 🎲 Bunco [50GR]
 2:00 Dining Committee Meeting [BPD]
 3:00 🎵 Learn to Line Dance! [MDT]
 4:15 📖 Technology Help - Bring Your Device! [AO]
 4:30 🐕 Happy Tails ~ Evening Dog Walk [PL]

9:00 ↔ Indoor Water Aerobics with Peggy [IPS]
 9:15 † St. Kieran's Communion Service [CH]
 10:15 ↔ Core Strength and Weights with Karl [FR]
 11:00 🎱 Cornhole by the Moss Wall [PL]
 11:30 ★ Amy's Arts and Crafts: Upcycled Flowerpot [MDT]
 12:30 🎲 Dominoes [50GR]
 1:30 📖 Table Talk and Tasty Treats with Chef Phil [BPD]
 2:30 📖 Sharp Seminar: Taking Care of Emotional and Social Wellness as We Age [MDT]
 3:00 🎲 Nickel Blackjack [50GR]
 6:00 🎬 Evening Movie: Citizen Kane -1941- (PG) 1h 59m [MDT]

Happy Birthday Lou DeSaegher!! 30

9:00 ↔ Indoor Water Aerobics with Peggy [IPS]
 10:15 ↔ Core Strength and Weights with Karl [FR]
 11:00 🎱 Cornhole by the Moss Wall [PL]
 11:30 ★ Amy's Arts and Crafts: Make your Own Lanyard [MDT]
 12:30 🎲 Dominoes [50GR]
 3:00 🎲 Nickel Blackjack [50GR]
 6:00 🎬 Evening Movie: Road House -1989- (R) 1h 54m [MDT]

Wear Floral for Spring! 24

9:15 ↔ Morning Stretches - Instructional Video [FR]
 10:00 🏠 Priority Home Care: Manicure and Nail Painting [TR]
 11:00 ↔ Warm-Up and Work Out with Dennis [FR]
 12:00 🎱 Lunch Bunch with Amy [CDR]
 1:00 🎲 \$4 Bingo [MDT]
 2:00 ↔ Lantern Crest Bowling League [BD]
 3:00 🍺 Men's Brew Crew [BD]
 4:30 🐕 Happy Tails ~ Evening Dog Walk [PL]

- 🐾 ANIMALS
- 🎨 ARTS
- ↔ EXERCISE
- 🎬 FILM
- 🎲 GAMES
- 🍷 HAPPY HOUR
- 📖 HEALTH
- 💡 INTELLECTUAL
- 🎵 MUSIC
- ★ RSVP
- 🎱 SOCIAL
- † SPIRITUAL

Final Day to RSVP for Shopping Excursion - Target 25

Last Day to Vote for the Spring Door Decorating Contest ~ Winner Announced at Happier Hour 4/26

10:15 ↔ Core Strength and Weights with Karl [FR]
 11:30 ★ Excursion to Spanish Village Art Center in Balboa Park [PL]
 1:30 ↔ Whack it! Smack it! Balloon Ball [FR]
 3:00 📖 TED-Ed Talk and Discuss [MDT]
 4:00 ★ Specialty Buffet at The Pointe: Italian Action Station 16.5pts [V]
 4:15 📖 Technology Help - Bring Your Device! [AO]

LIFE ENRICHMENT TEAM
 (619) 258-8886
 Ext: 3910
 Plazalifeenrichment@lanterncrest.com

Happy Birthday Terri Prout!! 26

9:15 ↔ Morning Stretches - Instructional Video [FR]
 10:00 ↔ Cardio Drumming Class Video Workout [FR]
 11:00 📖 Free Friday Vitals Check with Senior Helpers [PL]
 12:00 🖐️ Hand, Knee, and Foot [50GR]
 1:00 🎲 Bridge Club
 1:00 ★ What's Cookin' Good Lookin' with Hailey-Deviiled Eggs [MDT]
 2:00 📖 Communi-Tea Book Club at The Plaza [TL]
 3:00 🎉 Happy Birthday Happier Hour with Live Music from The Brown Sugar Oldies [CDR]
 4:30 🐕 Happy Tails ~ Evening Dog Walk [PL]

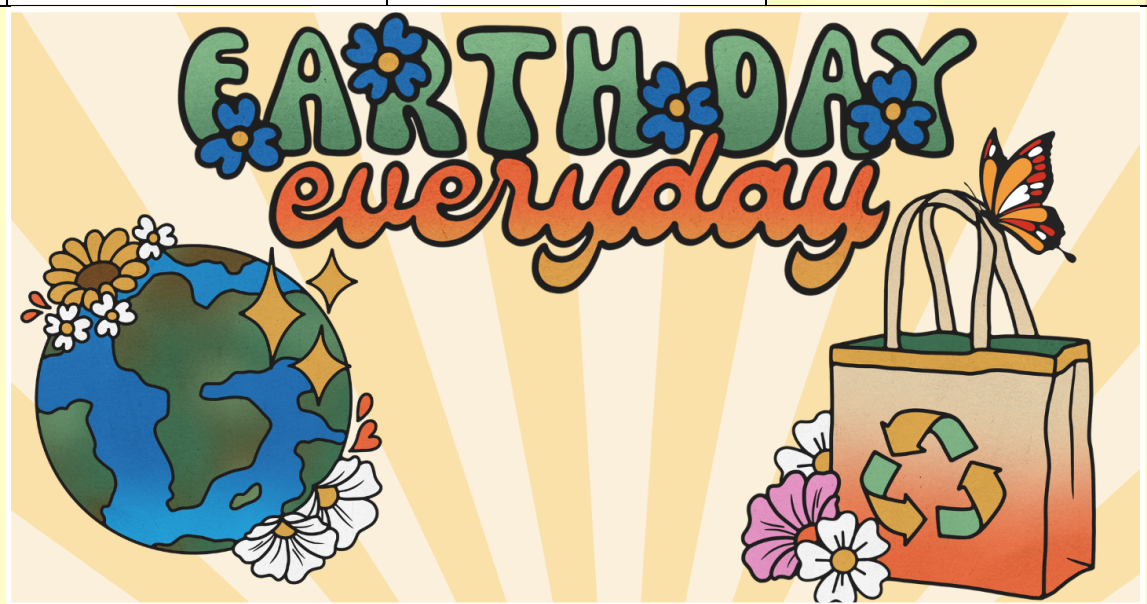


9:30 ★ Weekly Shopping: Target [PL] 27

10:00 ↔ Chair Yoga with Heidi [FR]
 11:00 🎱 Cornhole Practice by the Moss Wall [PL]
 12:30 🍦 Ice Cream Sandwiches in the 50's Diner [BD]
 1:00 🖐️ Scrabble with Friends [MDT]
 3:00 🎲 Nickel Blackjack [50GR]
 4:15 📖 Technology Help - Bring Your Device! [AO]
 4:30 🖐️ Puzzles on the 4th Floor [PL4]
 6:00 🎬 Evening Movie: Wonka -2023- (PG) 1h 56m [MDT]

Activities is always looking for resident input & suggestions for new activities, movies & outings.

You can find the 'Suggestion' Box hanging on the wall located just outside of the Activities office near the Sharp Clinic.



Please see Pointe Activity Calendar for Additional Activities

Doctor Drives Monday Thru Friday 9am - 3pm
 For Appts further than 15 Miles 9am - 1pm
 No Appts after 12pm on the 22nd of Each Month due to Mandatory Staff Meeting

Happy Birthday Plaza Staff

Maddison Evans ~ 4/11
 Linett Santoyo ~ 4/13
 Rio Mezta ~ 4/24
 Angela Sullivan ~ 4/28
 Veronica Guillen ~ 4/28