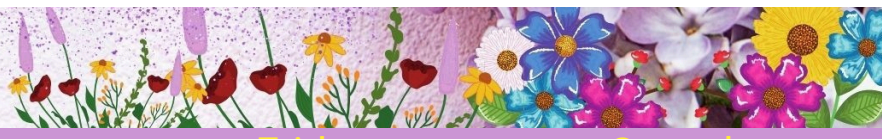


April At The Pointe



Sunday Monday Tuesday Wednesday Thursday Friday Saturday

LOCATION KEY

- [LP]- 1st Floor Lobby Pointe
- [LB32]- 2nd Floor Latitude 32 Bar
- [V]- 2nd Floor Veranda Dining
- [TD]- 2nd Floor Terrazza Dining
- [FS]- 2nd Floor Fitness Studio
- [G2]- 2nd Floor Garden
- [PDP]- Pool Deck Patio
- [GR]- 3rd Floor Game Room
- [LL/P]- 3rd Floor Lantern Links
- [T]- 3rd Floor Theater
- [FR4]- 4th Floor Fitness Studio
- [L]- 4th Floor Library
- [AC]- 4th Floor Arts /Crafts Room

- ANIMALS
- ARTS
- BIRTHDAY
- EXERCISE
- FILM
- GAMES
- HAPPY HOUR
- HEALTH
- INTELLECTUAL
- MUSIC
- RSVP
- SOCIAL
- SPIRITUAL

Happy Birthday

HOWIE MACKAY 4/03
 IRENA POREBSKA 4/03
 WALT WINTER 4/05
 JANET WALZ 4/06
 MARY OSBORNE 4/08
 ALICE COLGATE 4/10
 MARGARET SMITH 4/12
 ROBERT GARANT 4/12
 CHRIS J 4/18
 CHRISTINE S. 4/24

Last Day to RSVP for Pointe Outing TO Oggi's Ext. 5405 **7**

- 8:00 ★ Guardian Angels Catholic Church [LP]
- 8:15 ★ Shadow Mountain Church Drive [LP]
- 9:00 ★ Sunday Morning Church Service with Pastor Steven [CH]
- 10:30 ★ Sunday Shopping Run to :Aldi & Home Goods [LP]
- 11:00 ☞ Sunday Brunch ~ 11:00am - 2pm [V]
- 12:30 ♠ Bridge Club [FS]
- 1:30 ♠ Lazy Sunday Puzzles in the Lobby [LP]
- 2:00 ♀ Special 3 Episodes Series: MH370~The Plane That Disappeared ~episode 1 The Pilot [T]
- 3:00 ♠ \$1 Bingo [GR]
- 4:30 ♠ Tails on Trails Walking Group [LP]

Last Day to RSVP for Pointe Outing to GTM Ext. 5405 **14**

- 8:00 ★ Guardian Angels Catholic Church [LP]
- 8:15 ★ Shadow Mountain Church Drive [LP]
- 9:00 ★ Sunday Morning Church Service with Pastor Bill [CH]
- 11:00 ☞ Sunday Brunch ~ 11:00am - 2pm [V]
- 12:30 ♠ Bridge Club [FS]
- 1:30 ♠ Lazy Sunday Puzzles in the Lobby [LP]
- 2:00 ♀ Special 3 Episodes Series: MH370~The Plane That Disappeared ~episode 2 The Hijack [T]
- 3:00 ♠ \$1 Bingo [GR]
- 4:30 ♠ Tails on Trails Walking Group [LP]

April Fools Day! **1**

- 9:00 ↔ Balance + Agility Class Video With Erika [FS]
- 10:00 ☞ Morning Cafe, Cookies & Conversations [LP]
- 11:00 ☺ Happy Hearts Walking Club
- 1:30 ♀ Table Talk & Tasty Treats with Culinary Director Chef Phil [V]
- 2:00 ♠ Nickel Blackjack [GR]
- 3:00 ♠ Mexican Train [GR]
- 4:00 ♀ Technology Help~ Update New Pointe WIFI & Password
- 4:30 ♪ Evening Piano Music [TD]
- 4:30 ♠ Tails on Trails Walking Group [LP]

Happy 100th Birthday Mary Osborne!! **8**

- 9:00 ↔ Balance + Agility Class Video With Erika [FS]
- 10:00 ☞ Morning Cafe, Cookies & Conversations [LP]
- 11:00 ☺ Happy Hearts Walking Club
- 1:00 ♪ Glee Club [GR]
- 2:00 ♠ Nickel Blackjack [GR]
- 3:00 ♀ Democrat Social Club: What's Important--Setting Priorities" [L]
- 3:00 ♠ Mexican Train [GR]
- 4:30 ♪ Evening Piano Music [TD]
- 4:30 ♠ Tails on Trails Walking Group [LP]

Taxes Are Due! **15**

- 9:00 ↔ Balance + Agility Class Video With Erika [FS]
- 10:00 ☞ Morning Cafe, Cookies & Conversations [LP]
- 11:00 ☺ Happy Hearts Walking Club
- 1:00 ♪ Glee Club [GR]
- 1:30 ♀ Table Talk & Tasty Treats with Culinary Director Chef Phil [V]
- 2:00 ♠ Nickel Blackjack [GR]
- 3:00 ♠ Mexican Train [GR]
- 4:30 ♪ Evening Piano Music [TD]
- 4:30 ♠ Tails on Trails Walking Group [LP]

Wear Blue for Autism Awareness!! **2**

- 9:15 † St. Kieran's Communion Service at The Ridge
- 9:30 ↔ Balance & Stability Class with Karl [FS]
- 10:00 ☺ Gentle Aquafit with Peggy [P]
- 10:30 ★ Weekly Outing to: Beyond Van Gogh \$36 [LP]
- 1:30 ★ Arts and Crafts ~ DIY Flower Bookmarks [AC]
- 3:00 ♠ Bingo [GR]
- 3:30 ♀ Transportation Committee Meeting [V]
- 4:15 ♀ Technology Help in Activities Office
- 6:00 ♠ Games with Friends [GR]

St. Kieran's Communion Service [CH] **9**

- 9:15 † St. Kieran's Communion Service [CH]
- 9:30 ↔ Balance & Stability Class with Karl [FS]
- 10:00 ☺ Gentle Aquafit with Peggy [P]
- 11:00 ★ What's For Lunch? Outing to: Oggi's [LP]
- 1:30 ★ Arts and Crafts ~ Seashore Wind chimes [AC]
- 3:00 ♠ Bingo [GR]
- 3:00 † You're Not Alone -- Family-Caregivers Support Group [L]
- 4:15 ♀ Technology Help in Activities Office
- 6:00 ♠ Games with Friends [GR]

St. Kieran's Communion Service at The Ridge **16**

- 9:15 † St. Kieran's Communion Service at The Ridge
- 9:30 ↔ Balance & Stability Class with Karl [FS]
- 10:00 ☺ Gentle Aquafit with Peggy [P]
- 10:30 ★ Weekly Outing to: GTM & Handel's Homemade Ice Cream [LP]
- 11:30 ★ Veterans' Group Luncheon at The Plaza [BPD]
- 1:30 ★ Arts and Crafts ~ Make your own Suncatcher [AC]
- 3:00 ♠ Bingo [GR]
- 4:15 ♀ Technology Help in Activities Office
- 6:00 ♠ Games with Friends [GR]

Happy Birthday Howie MacKay!! **3**

- 9:15 ☺ Happy Hearts Walking Club [FS]
- 9:30 ★ Santee Hall Wednesday - Aloha Wednesday
- 11:00 ★ Spice Up Your Life: Honey Chicken & Waffles [V]
- 11:30 ↔ Stay Active, Stay Young~ Workout with Dennis
- 12:00 ☞ Oscar Nominee Movie & Popcorn: American Symphony~PG-13 2023 - Documentary/Musical · 1h 44m [T]
- 2:00 † Bible Study with Pastor Mark from Foothills Church [L]
- 3:00 ☺ Happy Hour with Live Music from: Come Back Buddy [LB32]
- 4:30 ♠ Tails on Trails Walking Group [LP]
- 6:00 ♠ Games with Friends [GR]

Happy Birthday Alice Colgate!! **10**

- 9:15 ☺ Happy Hearts Walking Club
- 11:00 ★ Spice Up Your Life: Jalapeno Popper Grilled Cheese [V]
- 11:30 ↔ Stay Active, Stay Young~ Workout with Dennis
- 12:00 ☞ Oscar Nominee Movie Matinee: Society of the Snow R 2023 · Adventure/Thriller · 2h 24m [T]
- 1:00 ♀ Residents Assoc. Board Meeting [V]
- 2:00 † Bible Study with Pastor Mark from Foothills Church [L]
- 3:00 ☞ Birthday Celebration Happy Hour with Live Music from: Double Take [LB32]
- 4:30 ♠ Tails on Trails Walking Group [LP]
- 6:00 ♠ Games with Friends [GR]

Happy Hearts Walking Club **17**

- 9:15 ☺ Happy Hearts Walking Club
- 11:00 ★ Spice Up Your Life: Creamy Hot Corn Dip [V]
- 11:30 ↔ Stay Active, Stay Young~ Workout with Dennis
- 1:00 ♀ LCRA General Meeting [T]
- 3:00 ☺ Happy Hour with Live Music from: Brown Sugar [LB32]
- 4:30 ♠ Tails on Trails Walking Group [LP]
- 6:00 ♠ Games with Friends [GR]

Balance & Stability Class with Karl [FS] **4**

- 9:30 ↔ Balance & Stability Class with Karl [FS]
- 10:30 ♀ Chat with Life Enrichment Coordinator Erika [LP]
- 10:30 ☞ Greenhouse Club Coffee in the Courtyard Garden [3C]
- 11:00 ↔ Learn Line Dancing [V]
- 1:00 ♀ Grape Expectations~ Women's Wine Time Social [LB32]
- 2:00 ♠ Nickel Blackjack [GR]
- 3:00 ♠ Cribbage [FS]
- 4:15 ♀ Technology Help in Activities Office
- 6:00 ♠ Games with Friends [GR]

Balance & Stability Class with Karl [FS] **11**

- 9:30 ↔ Balance & Stability Class with Karl [FS]
- 10:30 ☞ Greenhouse Club Coffee in the Courtyard Garden [3C]
- 11:00 ↔ Learn Line Dancing [V]
- 11:30 ☞ Lunch & Lounge with Erika [TD]
- 2:00 ☞ The Life Of Barbara La Marr~ by Sherri Snyder [T]
- 3:00 ♠ Cribbage [FS]
- 4:00 ☞ Thursday Specialty Buffet: Chinese Nation Station \$17.5pts [TD]
- 4:15 ♀ Technology Help in Activities Office
- 6:00 ♠ Games with Friends [GR]

Happy Birthday Chris J.!! **18**

Last Day to RSVP for Shopping Run to Target Ext. 5405

- 9:30 ↔ Balance & Stability Video [FS]
- 10:30 ♀ Fall Prevention Seminar [T]
- 11:00 ↔ Learn Line Dancing [V]
- 1:00 ☞ New Resident Welcome-Cookies, Coffee, & Conversations [LP]
- 2:00 ♠ Nickel Blackjack [GR]
- 3:00 ♠ Cribbage [FS]
- 4:15 ♀ Technology Help in Activities Office
- 6:00 ♠ Games with Friends [GR]

Happy Birthday Walt Winter!! **5**

Last Day to RSVP for Sunday Shopping Run~Call Ext.5405

- 9:00 ↔ Senior Stretches Video [FS]
- 10:00 ☺ Free Friday Vital Checks with Senior Helpers [LB32]
- 10:30 ♀ Trivia Challenge in the Library [L]
- 12:30 ♀ Bridge Club [FS]
- 1:30 ♀ Paint & Sip Art Class [AC]
- 3:00 ♠ \$1 Bingo [GR]
- 4:30 ♠ Tails on Trails Walking Group [LP]
- 6:00 ☞ Friday Night Movie: A Beautiful Day in the Neighborhood PG 2019 · Drama/Psychological Fiction · 1h 48m [T]

Happy Birthday Bob Garant!! **12**

Happy Birthday Margy Smith!!

- 9:00 ↔ Senior Stretches Video [FS]
- 10:00 ☺ Free Friday Vital Checks with Senior Helpers [LB32]
- 10:30 ♀ Trivia Challenge in the Library [L]
- 12:30 ♀ Bridge Club [FS]
- 1:30 ♀ Paint & Sip Art Class [AC]
- 3:00 ♠ \$1 Bingo [GR]
- 4:30 ♠ Tails on Trails Walking Group [LP]
- 6:00 ☞ Friday Night Movie:Damsel PG-13 2024 · Fantasy/Adventure · 1h 47m [T]

Senior Stretches Video [FS] **19**

- 9:00 ↔ Senior Stretches Video [FS]
- 10:00 ☺ Free Friday Vital Checks with Senior Helpers [LB32]
- 10:30 ♀ Trivia Challenge in the Library [L]
- 11:00 ☺ Belt-Free Hearing Aid ~Free Hearing aid cleaning from 11am to 1pm
- 12:30 ♀ Bridge Club [FS]
- 1:30 ♀ Paint & Sip Art Class [AC]
- 3:00 ♠ \$1 Bingo [GR]
- 4:30 ♠ Tails on Trails Walking Group [LP]
- 6:00 ☞ Friday Night Movie: Marriage Story R 2019 · Romance/Comedy · 2h 16m [T]

Happy Birthday Janet Walz!! **6**

Last Day to RSVP for Oggi's~call ext 5405

- 9:00 ↔ Yoga & Weights with Heidi [FS]
- 10:00 † Lantern Crest Women's Christian Fellowship~"Prayer Can Change Your World" [L]
- 11:00 ♠ Left, Right, Center Dice Game [GR]
- 1:00 ☞ Root Beer Float Bar [LB32]
- 2:00 ♠ Nickel Blackjack [GR]
- 4:30 ♠ Tails on Trails Walking Group [LP]
- 6:30 ♠ Games in the Game Room [GR]

Yoga & Weights with Heidi [FS] **13**

- 9:00 ↔ Yoga & Weights with Heidi [FS]
- 10:00 † Lantern Crest Women's Christian Fellowship~"Prayer Can Change Your World" [L]
- 11:00 ♠ Left, Right, Center Dice Game [GR]
- 1:00 ☞ Root Beer Float Bar [LB32]
- 2:00 ♠ Nickel Blackjack [GR]
- 4:30 ♠ Tails on Trails Walking Group [LP]
- 6:30 ♠ Games in the Game Room [GR]

Last Day to RSVP for Sunshine Picnic~ call Ext 5405 **20**

- 9:00 ↔ Yoga & Weights with Heidi [FS]
- 10:00 † Lantern Crest Women's Christian Fellowship~"Prayer Can Change Your World" [L]
- 11:00 ☞ Handmade Greeting Cards" Sale Event~11am to 1pm [LB32]
- 11:00 ♠ Left, Right, Center Dice Game [GR]
- 1:00 ☞ Root Beer Float Bar [LB32]
- 2:00 ♠ Nickel Blackjack [GR]
- 4:30 ♠ Tails on Trails Walking Group [LP]
- 6:30 ♠ Games in the Game Room [GR]

April At The Pointe

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

LOCATION KEY

[LP]- 1st Floor Lobby Pointe
 [LB32]- 2nd Floor Latitude 32 Bar
 [V]- 2nd Floor Veranda Dining
 [TD]- 2nd Floor Terrazza Dining
 [FS]- 2nd Floor Fitness Studio
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 [GR]- 3rd Floor Game Room
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 [T]- 3rd Floor Theater
 [FR4]- 4th Floor Fitness Studio
 [L]- 4th Floor Library
 [AC]- 4th Floor Arts /Crafts Room

21

8:00 ★ Guardian Angels Catholic Church [LP]
 8:15 ★ Shadow Mountain Church Drive [LP]
 9:00 ★ Sunday Morning Church Service with Pastor Bill [CH]
 10:30 ★ Sunday Shopping Run To: Target
 11:00 ☞ Sunday Brunch ~ 11:00am - 2pm [V]
 12:30 ☞ Bridge Club [FS]
 1:30 ☞ Lazy Sunday Puzzles in the Lobby [LP]
 2:00 ☞ Special 3 Episodes Series: MH370~The Plane That Disappeared ~episode 3 The Intercept [T]
 3:00 ☞ \$1 Bingo [GR]
 4:30 ☞ Tails on Trails Walking Group [LP]

22

All Staff Meeting: No Doctor Appointments After 12pm

Earth Day

9:00 ↔ Balance + Agility Class Video With Erika [FS]
 10:00 ☞ Morning Cafe, Cookies & Conversations [LP]
 11:00 ☞ Happy Hearts Walking Club
 1:00 ☞ Glee Club [GR]
 2:00 ☞ Venus: Earths Twin Seminar~with Neal J. Farber, M.D [T]
 3:00 ☞ Mexican Train [GR]
 4:30 ☞ Evening Piano Music [TD]
 4:30 ☞ Tails on Trails Walking Group [LP]

23

9:15 † St. Kieran's Communion Service [CH]
 9:30 ↔ Balance & Stability Class with Karl [FS]
 10:00 ☞ Gentle Aquafit with Peggy [P]
 12:00 ★ Sunshine Picnic Honoring National Picnic Day!
 1:30 ★ Arts and Crafts ~ Mary's Art Class [AC]
 3:00 ☞ Bingo [GR]
 3:00 † You're Not Alone -- Family-Caregivers Support Group [L]
 4:15 ☞ Technology Help in Activities Office
 6:00 ☞ Games with Friends [GR]

24

Happy Birthday Christine Stockham!!

9:15 ☞ Happy Hearts Walking Club
 10:00 ☞ Coffee with the Assistant Executive Director [LP]
 11:00 ★ Spice Up Your Life: Pizza Bagel Bites [V]
 11:30 ↔ Stay Active, Stay Young~ Workout with Dennis
 12:00 ☞ Oscar Nominee Movie Matinee:Oscar Nominee Movie Matinee: Past Lives PG-13 2023 · Romance/ Drama · 1h 46m [T]
 2:00 † Bible Study with Pastor Mark from Foothills Church [L]
 3:00 ☞ Happy Hour with Live Music from: Come Back Buddy [LB32]
 4:30 ☞ Tails on Trails Walking Group [LP]

25

9:30 ↔ Balance & Stability Class with Karl [FS]
 10:30 ☞ Greenhouse Club Coffee in the Courtyard Garden [3C]
 11:00 ↔ Learn Line Dancing [V]
 1:00 ☞ Cheers & Beers Mens Club [LB32]
 2:00 ☞ Nickel Blackjack [GR]
 3:00 ☞ Cribbage [FS]
 4:00 ☞ Thursday Specialty Buffet: Italian Action Station \$16.5 pts [TD]
 4:15 ☞ Technology Help in Activities Office
 6:00 ☞ Games with Friends [GR]

26

9:00 ↔ Senior Stretches Video [FS]
 10:00 ☞ Free Friday Vital Checks with Senior Helpers [LB32]
 10:30 ☞ Trivia Challenge in the Library [L]
 12:30 ☞ Bridge Club [FS]
 1:30 ☞ Paint & Sip Art Class [AC]
 2:00 ☞ Communi-Tea Book Club at The Plaza! [TL]
 3:00 ☞ \$1 Bingo [GR]
 4:30 ☞ Tails on Trails Walking Group [LP]
 6:00 ☞ Special Showtime Movie: War Room PG -2015 2h [T]

27

9:00 ↔ Yoga & Weights with Heidi [FS]
 10:00 † Lantern Crest Women's Christian Fellowship~"Prayer Can Change Your World" [L]
 11:00 ☞ Left, Right, Center Dice Game [GR]
 1:00 ☞ Root Beer Float Bar [LB32]
 2:00 ☞ Nickel Blackjack [GR]
 4:30 ☞ Tails on Trails Walking Group [LP]
 6:30 ☞ Games in the Game Room [GR]

28

Last Day to RSVP for Pointe Outing to Sycuan Ext. 5405

8:00 ★ Guardian Angels Catholic Church [LP]
 8:15 ★ Shadow Mountain Church Drive [LP]
 9:00 ★ Sunday Morning Church Service with Pastor Bill [CH]
 11:00 ☞ Sunday Brunch ~ 11:00am - 2pm [V]
 12:30 ☞ Bridge Club [FS]
 1:30 ☞ Lazy Sunday Puzzles in the Lobby [LP]
 3:00 ☞ \$1 Bingo [GR]
 4:30 ☞ Tails on Trails Walking Group [LP]

29

9:00 ↔ Balance + Agility Class Video With Erika [FS]
 10:00 ☞ Morning Cafe, Cookies & Conversations [LP]
 11:00 ☞ Happy Hearts Walking Club
 1:00 ☞ Glee Club [GR]
 2:00 ☞ Dining Committee Meeting [BPD]
 2:00 ☞ Nickel Blackjack [GR]
 3:00 ☞ Mexican Train [GR]
 3:00 ☞ New Republican Social Group [L]
 4:30 ☞ Evening Piano Music [TD]
 4:30 ☞ Tails on Trails Walking Group [LP]

30

9:30 ↔ Balance & Stability Class with Karl [FS]
 10:00 ☞ Gentle Aquafit with Peggy [P]
 10:30 ★ Weekly Outing to: Sycuan Casino [LP]
 11:00 ☞ May Sign-Up Frenzy [LB32]
 1:30 ★ Arts and Crafts ~ Mother's Day's Tea Cup Design [AC]
 3:00 ☞ Bingo [GR]
 4:15 ☞ Technology Help in Activities Office
 6:00 ☞ Games with Friends [GR]



Happy Birthday

HOWIE MACKAY 4/03
 IRENA POREBSKA 4/03
 WALT WINTER 4/05
 JANET WALZ 4/06
 MARY OSBORNE 4/08
 ALICE COLGATE 4/10
 MARGARET SMITH 4/12
 ROBERT GARANT 4/12
 CHRIS J 4/18
 CHRISTINE S. 4/24

Hello Spring

It is spring again

ERIKA CARDENAS

LIFE ENRICHMENT COORDINATOR

EXT 5405

HAPPY GARDENING DAY

APRIL 15TH

Lantern Crest
SENIOR LIVING