


June 2024 Horizons At The Ridge

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>June cont'd</p> <p>30</p> <p>Happy Birthday June M.</p> <p>9:30 Daily Chronicle and Inspirational Quotes</p> <p>10:15 LOVE ON A LEASH</p> <p>11:00 1:1 Soothing Visits</p> <p>1:15 Relaxing & Essential Oils</p> <p>2:30 Enjoy a Movie & Popcorn - from the "MOVIE BASKET"</p> <p>2:45 Ukulele Sing Along with Bob Arii</p> <p>4:30 Sports on T.V</p>	 <p>31</p> <p>9:30 Daily Chronicle and Inspirational Quotes</p> <p>10:00 Sing-along with Dan Miller</p> <p>11:00 1:1 Soothing Visits</p> <p>1:15 Relaxing & Essential Oils</p> <p>1:30 Bible Study & Hymns w/ Pastor Bob</p> <p>3:00 Activity Baskets</p> <p>4:30 Sports on T.V</p>	 <p>32</p> <p>9:30 Daily Chronicle and Inspirational Quotes</p> <p>10:00 Chair Yoga Class</p> <p>10:30 Short Story & Beverages at The Courtyard</p> <p>11:00 1:1 Soothing Visits</p> <p>1:15 Relaxing & Essential Oils</p> <p>1:30 Ice Cream Social / Reminiscing</p> <p>2:30 Bingo Extravaganza</p> <p>3:30 Happy Hour with "BROWN SUGAR OLDIES"</p> <p>4:30 Sports on T.V</p>	<p>Resident Birthdays</p> <p>Betty D. 6/1</p> <p>Edith D. 6/6</p> <p>Janyce N. 6/6</p> <p>Randall V. 6/14</p> <p>Eleanor B. 6/20</p> <p>Lorraine M. 6/25</p> <p>Mary M. 6/29</p> <p>June M. 6/30</p>	 <p>33</p> <p>9:30 Daily Chronicle and Inspirational Quotes</p> <p>10:00 Parachute Exercise</p> <p>10:30 News Views & Beverages at The Courtyard</p> <p>11:00 1:1 Soothing Visits</p> <p>1:15 Relaxing & Essential Oils</p> <p>1:30 Gospel Music with Steve & Diane</p> <p>3:00 Smoothies & Nail Care</p> <p>4:30 Sports on T.V</p>	<p>Maritza Aguirre Life Enrichment Director At The Ridge 800 Lantern Crest Way Santee, Ca 92071 Cell: (619) 495-5666 Maritza.aguirre@lanterncrestsantee.com</p> <p>34</p> <p>9:30 Daily Chronicle and Inspirational Quotes</p> <p>10:00 Kickball Exercise</p> <p>10:30 Short Story & Beverages at The Courtyard</p> <p>11:00 1:1 Soothing Visits</p> <p>1:15 Relaxing & Essential Oils</p> <p>2:00 Music Madness</p> <p>3:00 Bingo Extravaganza</p> <p>4:30 Sports on T.V</p>	<p>Happy Birthday Betty D.</p> <p>9:30 Daily Chronicle and Inspirational Quotes</p> <p>10:00 Balloon Exercise</p> <p>10:30 Music & Beverages at The Courtyard</p> <p>11:00 1:1 Soothing Visits</p> <p>1:15 Relaxing & Essential Oils</p> <p>1:30 Scenic Drive</p> <p>2:30 Movie & Popcorn</p> <p>3:00 Trivia with Kasey</p> <p>4:30 Sports on T.V</p>
<p>9</p> <p>9:30 Daily Chronicle and Inspirational Quotes</p> <p>10:15 LOVE ON A LEASH</p> <p>11:00 1:1 Soothing Visits</p> <p>1:15 Relaxing & Essential Oils</p> <p>2:30 Enjoy a Movie & Popcorn - from the "MOVIE BASKET"</p> <p>2:45 Ukulele Sing Along with Bob Arii</p> <p>4:30 Sports on T.V</p>	<p>10</p> <p>9:30 Daily Chronicle and Inspirational Quotes</p> <p>9:35 Bible Study & Hymns w/ Pastor Bob</p> <p>11:00 1:1 Soothing Visits</p> <p>1:15 Relaxing & Essential Oils</p> <p>3:00 Activity Baskets</p> <p>4:30 Sports on T.V</p>	<p>11</p> <p>9:30 Daily Chronicle and Inspirational Quotes</p> <p>10:00 Chair Yoga Class</p> <p>10:30 Short Story & Beverages at The Courtyard</p> <p>11:00 1:1 Soothing Visits</p> <p>1:15 Relaxing & Essential Oils</p> <p>1:30 Ice Cream Social / Reminiscing</p> <p>2:30 Bingo Extravaganza</p> <p>3:30 Happy Hour & Welcome New Residents with "FIRST STRING BAND"</p> <p>4:30 Sports on T.V</p>	<p>Ready to Race into Summer "Wear Checkered Prints"</p> <p>12</p> <p>9:30 Daily Chronicle and Inspirational Quotes</p> <p>10:00 Drum Fit Exercise</p> <p>10:30 List It Game & Beverages at The Courtyard</p> <p>11:00 1:1 Soothing Visits</p> <p>1:15 Relaxing & Essential Oils</p> <p>1:30 Courtyard Social & Watering The Garden</p> <p>2:30 Memories in the Making with Diane & Kasey</p> <p>4:30 Sports on T.V</p>	<p>Happy Birthday Edith D. & Janyce N.</p> <p>13</p> <p>9:30 Daily Chronicle and Inspirational Quotes</p> <p>10:00 Parachute Exercise</p> <p>10:30 News Views & Beverages at The Courtyard</p> <p>11:00 1:1 Soothing Visits</p> <p>1:15 Relaxing & Essential Oils</p> <p>1:30 Summer Crafting / Painting with Kasey</p> <p>3:00 Smoothies & Nail Care</p> <p>4:30 Sports on T.V</p>	<p>Happy Birthday Randall V.</p> <p>14</p> <p>9:30 Daily Chronicle and Inspirational Quotes</p> <p>10:00 Kickball Exercise</p> <p>10:30 Short Story & Beverages at The Courtyard</p> <p>11:00 1:1 Soothing Visits</p> <p>1:15 Relaxing & Essential Oils</p> <p>2:00 LOVE ON A LEASH</p> <p>2:00 Music Madness</p> <p>3:00 Bingo Extravaganza</p> <p>4:30 Sports on T.V</p>	<p>National Best friend Day</p> <p>15</p> <p>9:30 Daily Chronicle and Inspirational Quotes</p> <p>10:00 Balloon Exercise</p> <p>10:30 Music & Beverages at The Courtyard</p> <p>11:00 1:1 Soothing Visits</p> <p>1:15 Relaxing & Essential Oils</p> <p>1:30 Scenic Drive</p> <p>2:30 Movie & Popcorn</p> <p>3:00 Trivia with Kasey</p> <p>4:30 Sports on T.V</p>
<p>Happy Father's Day</p> <p>16</p> <p>9:30 Daily Chronicle and Inspirational Quotes</p> <p>10:15 LOVE ON A LEASH</p> <p>11:00 1:1 Soothing Visits</p> <p>1:15 Relaxing & Essential Oils</p> <p>1:30 Father's Day Concert wit "The Sophisticats"</p> <p>2:00 St. Columba Church Service with Bill Bixby</p> <p>2:30 Enjoy a Movie & Popcorn - from the "MOVIE BASKET"</p> <p>4:30 Sports on T.V</p>	<p>17</p> <p>9:30 Daily Chronicle and Inspirational Quotes</p> <p>10:00 Sing-along with Dan Miller</p> <p>11:00 1:1 Soothing Visits</p> <p>1:15 Relaxing & Essential Oils</p> <p>1:30 Bible Study & Hymns w/ Pastor Bob</p> <p>3:00 Activity Baskets</p> <p>4:30 Sports on T.V</p>	<p>18</p> <p>9:30 Daily Chronicle and Inspirational Quotes</p> <p>10:00 Chair Yoga Class</p> <p>10:30 Short Story & Beverages at The Courtyard</p> <p>11:00 1:1 Soothing Visits</p> <p>1:15 Relaxing & Essential Oils</p> <p>1:30 Ice Cream Social / Reminiscing</p> <p>2:30 Bingo Extravaganza</p> <p>3:30 Happy Hour with "FIREBALL XPRESS"</p> <p>4:30 Sports on T.V</p>	<p>Juneteenth</p> <p>Ready to Race into Summer "Wear Checkered Prints"</p> <p>19</p> <p>9:30 Daily Chronicle and Inspirational Quotes</p> <p>10:00 Drum Fit Exercise</p> <p>10:30 List It Game & Beverages at The Courtyard</p> <p>11:00 1:1 Soothing Visits</p> <p>11:30 Father's Day BBQ "CORN" Sponsored by Mission Hospice</p> <p>1:15 June Concert with "DOUBLE TAKE"</p> <p>1:30 Courtyard Social & Watering The Garden</p> <p>2:30 Memories in the Making with Diane & Kasey</p> <p>4:30 Sports on T.V</p>	<p>Happy Birthday Eleanor B.</p> <p>20</p> <p>9:30 Daily Chronicle and Inspirational Quotes</p> <p>10:00 Parachute Exercise</p> <p>10:30 News Views & Beverages at The Courtyard</p> <p>11:00 1:1 Soothing Visits</p> <p>1:15 Relaxing & Essential Oils</p> <p>1:30 Summer Crafting / Painting with Kasey</p> <p>3:00 Smoothies & Nail Care</p> <p>4:30 Sports on T.V</p>	<p>All Staff Meeting</p> <p>21</p> <p>9:30 Daily Chronicle and Inspirational Quotes</p> <p>10:00 Kickball Exercise</p> <p>10:30 Short Story & Beverages at The Courtyard</p> <p>11:00 1:1 Soothing Visits</p> <p>1:15 Relaxing & Essential Oils</p> <p>2:00 Hallmark Movie</p> <p>3:00 Bingo Extravaganza</p> <p>4:30 Sports on T.V</p>	<p>9:30 Daily Chronicle and Inspirational Quotes</p> <p>10:00 Balloon Exercise</p> <p>10:30 Music & Beverages at The Courtyard</p> <p>11:00 1:1 Soothing Visits</p> <p>1:15 Relaxing & Essential Oils</p> <p>1:30 Scenic Drive</p> <p>2:30 Movie & Popcorn</p> <p>3:00 Trivia with Kasey</p> <p>4:30 Sports on T.V</p>
<p>9:30 Daily Chronicle and Inspirational Quotes</p> <p>10:15 LOVE ON A LEASH</p> <p>11:00 1:1 Soothing Visits</p> <p>1:15 Relaxing & Essential Oils</p> <p>2:30 Enjoy a Movie & Popcorn - from the "MOVIE BASKET"</p> <p>2:45 Ukulele Sing Along with Bob Arii</p> <p>4:30 Sports on T.V</p> <p>23</p>	<p>9:30 Daily Chronicle and Inspirational Quotes</p> <p>9:35 Bible Study & Hymns w/ Pastor Bob</p> <p>11:00 1:1 Soothing Visits</p> <p>1:15 Relaxing & Essential Oils</p> <p>3:00 Activity Baskets</p> <p>4:30 Sports on T.V</p> <p>24</p>	<p>Happy Birthday Lorraine M.</p> <p>9:30 Daily Chronicle and Inspirational Quotes</p> <p>10:00 Chair Yoga Class</p> <p>10:30 Short Story & Beverages at The Courtyard</p> <p>11:00 1:1 Soothing Visits</p> <p>1:15 Relaxing & Essential Oils</p> <p>1:30 Ice Cream Social / Reminiscing</p> <p>2:30 Bingo Extravaganza</p> <p>3:30 Happy Hour & Birthday Celebration with "The Sophisticats" Cakes Sponsored by "Comfort & Peace"</p> <p>4:30 Sports on T.V</p> <p>25</p>	<p>Ready to Race into Summer "Wear Checkered Prints"</p> <p>9:30 Daily Chronicle and Inspirational Quotes</p> <p>10:00 Drum Fit Exercise</p> <p>10:30 List It Game & Beverages at The Courtyard</p> <p>11:00 1:1 Soothing Visits</p> <p>1:15 Relaxing & Essential Oils</p> <p>1:30 Courtyard Social & Watering The Garden</p> <p>2:30 Memories in the Making with Diane & Kasey</p> <p>4:30 Sports on T.V</p> <p>26</p>	<p>9:30 Daily Chronicle and Inspirational Quotes</p> <p>10:00 Parachute Exercise</p> <p>10:30 News Views & Beverages at The Courtyard</p> <p>11:00 1:1 Soothing Visits</p> <p>1:15 Relaxing & Essential Oils</p> <p>1:30 Summer Crafting / Painting with Kasey</p> <p>3:00 Smoothies & Nail Care</p> <p>4:30 Sports on T.V</p> <p>27</p>	<p>Pride Day</p> <p>9:30 Daily Chronicle and Inspirational Quotes</p> <p>10:00 Kickball Exercise</p> <p>10:30 Short Story & Beverages at The Courtyard</p> <p>11:00 1:1 Soothing Visits</p> <p>1:15 Relaxing & Essential Oils</p> <p>1:30 LOVE ON A LEASH</p> <p>2:00 Music Madness</p> <p>3:00 Bingo Extravaganza</p> <p>4:30 Sports on T.V</p> <p>28</p>	<p>Happy Birthday Mary M.</p> <p>9:30 Daily Chronicle and Inspirational Quotes</p> <p>10:00 Balloon Exercise</p> <p>10:30 Music & Beverages at The Courtyard</p> <p>11:00 1:1 Soothing Visits</p> <p>1:15 Relaxing & Essential Oils</p> <p>1:30 Scenic Drive</p> <p>2:30 Movie & Popcorn</p> <p>3:00 Trivia with Kasey</p> <p>4:30 Sports on T.V</p> <p>29</p>

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