

July 2024 at the Plaza

Happy BIRTHDAY

MEL ROHR-7/6
 RUTHY OFINA-7/15
 JIM PARKER-7/17
 NORMA BAUER-7/20
 DAVID VIGILANTE-7/21
 MARIAN MULLEN-7/25
 JOYCE PANTALEO-7/27

- Location Key**
- 50GR - 50's Game Room
 - AO - Plaza Activities Office
 - BBC - Bocce Ball Court
 - BD - Bel Air Diner
 - BLR-5th Floor Billiards Room
 - BPD - Balboa Private Dining
 - CC - Coronado Courtyard
 - CDR - Catalina Dining Room
 - CH - Reflections Chapel
 - FR - Fitness Room
 - IPS - Indoor Pool and Spa
 - MB - Miramar Bar
 - MDT - Movie Dinner Theater
 - PL - Plaza Lobby
 - PL4 - Puzzle Lounge/ Library
 - SC - Sunken Courtyard
 - TL - 2nd Floor Turtle Lounge
 - TR - King Charles Tea Room

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>All Activities With A RED STAR Require You to Sign Up. Call Extension 3910 to Sign Up for Activities!</p>	<p>9:15 ↔ Morning Stretches - Instructional Video [FR] 1</p> <p>10:15 ↔ Bocce Ball Brigade [BBC]</p> <p>11:00 ☞ Coffee in the Sea Lounge on the 2nd Floor [TL]</p> <p>1:00 ♣ \$4 Bingo [MDT]</p> <p>1:00 ♣ Hand & Foot [50GR]</p> <p>2:00 ☞ Share, Support, Socialize with Amy from Senior Helpers [CH]</p> <p>3:00 🎵 Learn to Line Dance! [MDT]</p> <p>4:30 🐾 Happy Tails ~ Evening Dog Walk [PL]</p>	<p>9:00 ↔ Indoor Water Aerobics with Peggy [IPS] 2</p> <p>10:15 ↔ Core Strength and Weights with Video [FR]</p> <p>11:00 ☞ Cornhole by the Moss Wall [PL]</p> <p>11:30 ★ What's Cookin' Good Lookin' with Hailey-Patriotic Cookie Decorating [MDT]</p> <p>12:30 ♣ Dominoes [50GR]</p> <p>3:00 ♣ Nickel Blackjack [50GR]</p> <p>3:30 Transportation Committee Meeting [V]</p> <p>4:15 ⚡ Technology Help - Bring Your Device! [AO]</p> <p>6:00 🎬 Evening Movie: Eddie the Eagle -2016- (PG-13) 1h 46m [MDT]</p>	<p>Wear Red, White, and Blue! 3</p> <p>9:15 ↔ Morning Stretches - Instructional Video [FR]</p> <p>12:00 ☞ Lunch Bunch with Amy [CDR]</p> <p>1:00 ♣ \$4 Bingo [MDT]</p> <p>1:00 Resident Council Board Member Meeting [BPD]</p> <p>2:00 ⚡ Table Talk and Tasty Treats with Chef Phil [BPD]</p> <p>3:00 🍷 Women's Wine Time [MDT]</p> <p>4:30 🐾 Happy Tails ~ Evening Dog Walk [PL]</p>	<p>Catalina Dining Will Close Early Due to Holiday ~ To Go from 2:30pm - 3:30pm ~ Catalina Dining Closed at 3:30pm 4</p> <p>Final Day to RSVP for Saturday Shopping</p> <p>9:00 ↔ Wake up and Work out Video! [FR]</p> <p>11:00 ★ 4th of July BBQ with Live Music from Brown Sugar Oldies ~ 11am - 2pm [CC]</p> <p>3:00 🎬 Independence Day Movie Showing: Hamilton -2020- (PG-13) 2h 40m [MDT]</p>	<p>9:15 ↔ Morning Stretches - Instructional Video [FR] 5</p> <p>10:00 ↔ Cardio Drumming Class Video Workout [FR]</p> <p>11:00 ☺ Free Friday Vitals Check with Senior Helpers [PL]</p> <p>12:00 ♣ Hand, Knee, and Foot [50GR]</p> <p>3:00 ★ Creamsicle Cupcakes & Mimosas with Bobi ~ RSVP LIMITED SEATS [BD]</p> <p>4:30 🐾 Happy Tails ~ Evening Dog Walk [PL]</p>	<p>Happy Birthday Mel Rohr!! 6</p> <p>9:30 ★ Weekly Shopping: Vons [PL]</p> <p>10:00 ↔ Chair Yoga with Heidi [FR]</p> <p>12:30 ☞ Ice Cream Sandwiches in the 50's Diner [BD]</p> <p>1:00 ♣ 3 to 13 Card Game! [MDT]</p> <p>1:00 ♣ Scrabble with Friends [MDT]</p> <p>3:00 ♣ Nickel Blackjack [50GR]</p> <p>6:00 🎬 Evening Movie: Mamma Mia! -2008- (PG-13) 1h 49m [MDT]</p>
<p>Final Day to RSVP for Thursday Excursion 7</p> <p>8:00 ★ Guardian Angels Catholic Church [PL]</p> <p>8:15 ★ Shadow Mountain Church Drive [PL]</p> <p>9:00 ☙ Sunday Morning Church Service with Pastor Bill [CH]</p> <p>10:15 ★ Shadow Mountain Church Drive [PL]</p> <p>11:00 ★ Sunday Brunch ~ 11:00am - 2:00pm at The Pointe [V]</p> <p>12:00 🐾 Bow Wow Dog Social [PL]</p> <p>1:00 ⚡ Tech Hour with LOVE [TR]</p> <p>1:30 ★ Amy's Arts and Crafts: Fruit Coasters [MDT]</p> <p>3:00 ⚡ Short Stories and Poetry [TR]</p> <p>4:30 ⚡ Puzzles on the 4th Floor [PL4]</p>	<p>9:15 ↔ Morning Stretches - Instructional Video [FR] 8</p> <p>10:15 ↔ Bocce Ball Brigade [BBC]</p> <p>11:00 ☞ Coffee in the Sea Lounge on the 2nd Floor [TL]</p> <p>1:00 ♣ \$4 Bingo [MDT]</p> <p>1:00 ♣ Hand & Foot [50GR]</p> <p>3:00 🎵 Learn to Line Dance! [MDT]</p> <p>4:30 🐾 Happy Tails ~ Evening Dog Walk [PL]</p>	<p>9:00 ↔ Indoor Water Aerobics with Peggy [IPS] 9</p> <p>9:15 ☙ St. Kieran's Communion Service [CH]</p> <p>10:15 ↔ Core Strength and Weights with Video [FR]</p> <p>11:00 ☞ Cornhole by the Moss Wall [PL]</p> <p>11:30 ★ What's Cookin' Good Lookin' with Hailey- Corn Dip [MDT]</p> <p>12:30 ♣ Dominoes [50GR]</p> <p>3:00 ♣ Nickel Blackjack [50GR]</p> <p>4:15 ⚡ Technology Help - Bring Your Device! [AO]</p> <p>6:00 🎬 Evening Movie: Queen Bees -2021- (PG-13) 1h 40m [MDT]</p>	<p>Wear Red, White, and Blue! 10</p> <p>9:15 ↔ Morning Stretches - Instructional Video [FR]</p> <p>11:00 ↔ Warm-Up and Work Out with Dennis [FR]</p> <p>11:30 ⚡ Introduction to Mobile Technology Seminar from LOVE [MDT]</p> <p>1:00 ♣ \$4 Bingo [MDT]</p> <p>2:00 ↔ Lantern Crest Bowling League [BD]</p> <p>3:00 🍷 Men's Brew Crew [BD]</p> <p>4:30 🐾 Happy Tails ~ Evening Dog Walk [PL]</p>	<p>Final Day to RSVP for Saturday Shopping 11</p> <p>10:15 ↔ Core Strength and Weights with Video [FR]</p> <p>11:30 ★ Excursion to Gillespie Field Cafe [PL]</p> <p>11:30 🎬 Matinee Movie: All Quiet on the Western Front -2022-(R) 2h 27m [MDT]</p> <p>1:30 ↔ Whack it! Smack it! Balloon Ball [FR]</p> <p>2:30 ☞ New Resident Mingle!! [CH]</p> <p>3:00 ⚡ TED-Ed Talk and Discuss [MDT]</p> <p>4:00 ★ Specialty Buffet at The Pointe: Breakfast At Night 16.5pts [V]</p> <p>4:15 ⚡ Technology Help - Bring Your Device! [AO]</p>	<p>9:15 ↔ Morning Stretches - Instructional Video [FR] 12</p> <p>10:00 ↔ Cardio Drumming Class Video Workout [FR]</p> <p>11:00 ☺ Free Friday Vitals Check with Senior Helpers [PL]</p> <p>12:00 ♣ Hand, Knee, and Foot [50GR]</p> <p>3:00 🎵 Happier Hour with Live Music from The Frank Guy ~ Gary Burt [CDR]</p> <p>4:30 🐾 Happy Tails ~ Evening Dog Walk [PL]</p>	<p>9:30 ★ Weekly Shopping: Target [PL] 13</p> <p>10:00 ↔ Chair Yoga with Heidi [FR]</p> <p>12:30 ☞ Ice Cream Sandwiches in the 50's Diner [BD]</p> <p>1:00 ♣ 3 to 13 Card Game! [MDT]</p> <p>1:00 ♣ Scrabble with Friends [MDT]</p> <p>3:00 ♣ Nickel Blackjack [50GR]</p> <p>4:00 ☙ Awaken Church Social Hour! [TR]</p> <p>6:00 🎬 Evening Movie: Summertime -1955- (PG) 1h 40m [MDT]</p>
<p>Final Day to RSVP for Thursday Excursion 14</p> <p>8:00 ★ Guardian Angels Catholic Church [PL]</p> <p>8:15 ★ Shadow Mountain Church Drive [PL]</p> <p>9:00 ☙ Sunday Morning Church Service with Pastor Bill [CH]</p> <p>10:15 ★ Shadow Mountain Church Drive [PL]</p> <p>11:00 ★ Sunday Brunch ~ 11:00am - 2:00pm at The Pointe [V]</p> <p>12:00 🐾 Bow Wow Dog Social [PL]</p> <p>1:00 ⚡ Tech Hour with LOVE [TR]</p> <p>1:30 ★ Amy's Arts and Crafts: Summer Stamped Towels [MDT]</p> <p>4:30 ⚡ Puzzles on the 4th Floor [PL4]</p>	<p>Happy Birthday Ruthy Ofina!! 15</p> <p>9:15 ↔ Morning Stretches - Instructional Video [FR]</p> <p>10:15 ↔ Bocce Ball Brigade [BBC]</p> <p>11:00 ☞ Coffee in the Sea Lounge on the 2nd Floor [TL]</p> <p>1:00 ♣ \$4 Bingo [MDT]</p> <p>1:00 ♣ Hand & Foot [50GR]</p> <p>2:00 ☞ Share, Support, Socialize with Amy from Senior Helpers [CH]</p> <p>3:00 🎵 Learn to Line Dance! [MDT]</p> <p>4:30 🐾 Happy Tails ~ Evening Dog Walk [PL]</p>	<p>9:00 ↔ Indoor Water Aerobics with Peggy [IPS] 16</p> <p>10:15 ↔ Core Strength and Weights with Karl [FR]</p> <p>11:00 ☞ Cornhole by the Moss Wall [PL]</p> <p>11:30 ★ Veterans' Luncheon at The Pointe [V]</p> <p>11:30 ★ What's Cookin' Good Lookin' with Hailey-Cherry Pie in a Cup [MDT]</p> <p>12:30 ♣ Dominoes [50GR]</p> <p>3:00 ♣ Nickel Blackjack [50GR]</p> <p>4:15 ⚡ Technology Help - Bring Your Device! [AO]</p> <p>6:00 🎬 Evening Movie: Welcome to Marwen -2018- (PG-13) 1h 56m [MDT]</p>	<p>Happy Birthday Jim Parker!! 17</p> <p>Wear Red, White, and Blue!</p> <p>9:15 ↔ Morning Stretches - Instructional Video [FR]</p> <p>11:00 ↔ Warm-Up and Work Out with Dennis [FR]</p> <p>12:00 ☞ Lunch Bunch with Amy [CDR]</p> <p>1:00 ♣ \$4 Bingo [MDT]</p> <p>2:00 ⚡ Table Talk and Tasty Treats with Chef Phil [BPD]</p> <p>3:00 🍷 Women's Wine Time [MDT]</p> <p>4:30 🐾 Happy Tails ~ Evening Dog Walk [PL]</p>	<p>Final Day to RSVP for Saturday Shopping 18</p> <p>10:15 ↔ Core Strength and Weights with Karl [FR]</p> <p>11:30 🎬 Matinee Movie: Planet Earth Ep. 5 -2016- (G) 49m [MDT]</p> <p>1:00 ⚡ LCRA General Meeting [MDT]</p> <p>3:00 ⚡ TED-Ed Talk and Discuss [MDT]</p> <p>4:15 ⚡ Technology Help - Bring Your Device! [AO]</p> <p>4:30 ★ Excursion to Black Angus Steakhouse [PL]</p>	<p>9:15 ↔ Morning Stretches - Instructional Video [FR] 19</p> <p>10:00 ↔ Cardio Drumming Class Video Workout [FR]</p> <p>11:00 ☺ Free Friday Vitals Check with Senior Helpers [PL]</p> <p>12:00 ♣ Hand, Knee, and Foot [50GR]</p> <p>1:00 ☞ Lantern Crest Girl Scouts ~ Get Together at the Pointe [L]</p> <p>3:00 🎵 Happier Hour with Live Music the Tradesman Band [CDR]</p> <p>4:30 🐾 Happy Tails ~ Evening Dog Walk [PL]</p>	<p>Happy Birthday Norma Bauer!! 20</p> <p>9:30 ★ Weekly Shopping: Smart & Final [PL]</p> <p>10:00 ↔ Chair Yoga with Heidi [FR]</p> <p>12:30 ☞ Ice Cream Sandwiches in the 50's Diner [BD]</p> <p>1:00 ♣ 3 to 13 Card Game! [MDT]</p> <p>1:00 ♣ Scrabble with Friends [MDT]</p> <p>3:00 ♣ Nickel Blackjack [50GR]</p> <p>6:00 🎬 Evening Movie: Wonder -2017- (PG) 1h 53m [MDT]</p>

July 2024 at the Plaza

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

happy BIRTHDAY

MEL ROHR-7/6
RUTHY OFINA-7/15
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- 50GR - 50's Game Room
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 - SC - Sunken Courtyard
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Final Day to RSVP for Thursday Excursion 21
Happy Birthday Dave Vigilante!!

8:00 ★ Guardian Angels Catholic Church [PL]
8:15 ★ Shadow Mountain Church Drive [PL]
9:00 † Sunday Morning Church Service with Pastor Bill [CH]
10:15 ★ Shadow Mountain Church Drive [PL]
11:00 ★ Sunday Brunch ~ 11:00am - 2:00pm at The Pointe [V]
12:00 🐾 Bow Wow Dog Social [PL]
1:00 ⚡ Tech Hour with LOVE [TR]
1:30 ★ Amy's Arts and Crafts: Macrame Dyeing [MDT]
3:30 🗓️ Calendar Brainstorm with Amy [MDT]

Final Day to RSVP for Thursday Excursion 28

8:00 ★ Guardian Angels Catholic Church [PL]
8:15 ★ Shadow Mountain Church Drive [PL]
9:00 † Sunday Morning Church Service with Pastor Bill [CH]
10:15 ★ Shadow Mountain Church Drive [PL]
11:00 ★ Sunday Brunch ~ 11:00am - 2:00pm at The Pointe [V]
12:00 🐾 Bow Wow Dog Social [PL]
1:00 ⚡ Tech Hour with LOVE [TR]
4:30 ⚡ Puzzles on the 4th Floor [PL4]

All Staff Meeting: No Doctor Appointments After 12pm 22

9:15 ↔ Morning Stretches - Instructional Video [FR]
10:15 ↔ Bocce Ball Brigade [BBC]
11:00 ☕ Coffee in the Sea Lounge on the 2nd Floor [TL]
1:00 ♠️ \$4 Bingo [MDT]
1:00 ♠️ Hand & Foot [50GR]
4:30 🐾 Happy Tails ~ Evening Dog Walk [PL]

9:15 ↔ Morning Stretches - Instructional Video [FR]
10:15 ↔ Bocce Ball Brigade [BBC]
11:00 ☕ Coffee in the Sea Lounge on the 2nd Floor [TL]
1:00 ♠️ \$4 Bingo [MDT]
1:00 ♠️ Hand & Foot [50GR]
2:00 🗪 Dining Committee Meeting [BPD]
2:30 ★ August Sign-Up Social!! Come and Sign-Up for August Activities! [MDT]
4:30 🐾 Happy Tails ~ Evening Dog Walk [PL]

9:00 ↔ Indoor Water Aerobics with Peggy [IPS] 23
9:15 † St. Kieran's Communion Service [CH]
10:15 ↔ Core Strength and Weights with Video [FR]
11:00 🗓️ Cornhole by the Moss Wall [PL]
11:30 ★ What's Cookin' Good Lookin' with Hailey- Air Fryer Pizza Pockets [MDT]
12:30 ♠️ Dominoes [50GR]
2:30 ⚡ Sharp Seminar: Stroke Prevention Seminar [MDT]
4:15 ⚡ Technology Help - Bring Your Device! [AO]
6:00 🗓️ Evening Movie: A Room with a View -1986- (MA) 1h 57m [MDT]

9:00 ↔ Indoor Water Aerobics with Peggy [IPS] 30
10:15 ↔ Core Strength and Weights with Karl [FR]
11:30 ★ What's Cookin' Good Lookin' with Hailey-Smoes Bark [MDT]
12:30 ♠️ Dominoes [50GR]
3:00 ♠️ Nickel Blackjack [50GR]
4:15 ⚡ Technology Help - Bring Your Device! [AO]
5:00 🗓️ Movie Night Special Showing: The Boys in the Boat -2023- 2h 4m [MDT]

Wear Red, White, and Blue! 24

9:15 ↔ Morning Stretches - Instructional Video [FR]
10:00 🗓️ Fashion On The Go ~ 10am - 2:30pm [PL]
11:00 ↔ Warm-Up and Work Out with Dennis [FR]
12:00 ☕ Lunch Bunch with Amy [CDR]
1:00 ♠️ \$4 Bingo [MDT]
2:00 ↔ Lantern Crest Bowling League [BD]
3:00 🗓️ Men's Brew Crew [BD]
4:30 🐾 Happy Tails ~ Evening Dog Walk [PL]

Wear Red, White, and Blue! 31

9:15 ↔ Morning Stretches - Instructional Video [FR]
11:00 ↔ Warm-Up and Work Out with Dennis [FR]
12:00 ☕ Lunch Bunch with Amy [CDR]
1:00 ♠️ \$4 Bingo [MDT]
2:00 ⚡ Table Talk and Tasty Treats with Chef Phil [BPD]
3:00 🗓️ Together We Drink!! [BD]
4:30 🐾 Happy Tails ~ Evening Dog Walk [PL]

Final Day to RSVP for Saturday Shopping 25
Happy Birthday Marian Mullen!!

10:15 ↔ Core Strength and Weights with Video [FR]
11:00 ★ High Tea Thursday [TR]
11:30 🗓️ Matinee Movie: La La Land -2016- (PG-13) 2h 8m [MDT]
2:00 ★ Excursion to Handel's Ice Cream [PL]
4:00 ★ Specialty Buffet at The Pointe: Summer Picnic~16pts [V]
4:15 ⚡ Technology Help - Bring Your Device! [AO]

9:15 ↔ Morning Stretches - Instructional Video [FR] 26
10:00 ↔ Cardio Drumming Class Video Workout [FR]
11:00 🗓️ Free Friday Vitals Check with Senior Helpers [PL]
12:00 ♠️ Hand, Knee, and Foot [50GR]
2:00 🗪 Communi-Tea Book Club at The Pointe [L]
3:00 🗓️ Happy Birthday Happier Hour with Live Music Brown Sugar Oldies [CDR]
4:30 🐾 Happy Tails ~ Evening Dog Walk [PL]

Happy Birthday Joyce Pantaleo!! 27

9:30 ★ Weekly Shopping: Los Coches Walmart [PL]
10:00 ↔ Chair Yoga with Heidi [FR]
12:30 🗓️ Ice Cream Sandwiches in the 50's Diner [BD]
1:00 ♠️ 3 to 13 Card Game! [MDT]
1:00 ♠️ Scrabble with Friends [MDT]
3:00 ♠️ Nickel Blackjack [50GR]
6:00 🗓️ Evening Movie: The Beach Boys -2024- (PG-13) 1h 53m [MDT]

HAPPY Independence Day

Please see Pointe Activity Calendar for Additional Activities

LIFE ENRICHMENT TEAM
(619) 258-8886
Ext: 3910
Plazalifeenrichment@lanterncrest.com

Doctor Drives
619-905-3061
Monday- Friday
9am - 3pm
For Appts further than 15 Miles
9am - 1pm
No Transportaion after 12pm on the 22nd of Each Month

HAPPY BIRTHDAY PLAZA STAFF

ADAMARIS ORTIZ-7/26
ROSAMA CHAVEZ-7/31

Activities is always looking for resident input & suggestions for new activities, movies & outings.

You can find the 'Suggestion' Box hanging on the wall located just outside of the Activities office near the Sharp Clinic.