

September 2024 Horizon At The Ridge

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
<p>9:30 Daily Chronicle 1</p> <p>10:15 LOVE ON A LEASH</p> <p>11:00 1:1 Soothing Visits</p> <p>1:15 Relaxing & Essential Oils</p> <p>1:30 Music Madness with Aurora</p> <p>2:00 Comedy with Aurora</p> <p>2:30 Enjoy a Movie & Popcorn - from the "MOVIE BASKET"</p> <p>4:30 Sports on T.V.</p>	<p><i>Labor Day</i> 2</p> <p>9:30 Daily Chronicle</p> <p>10:00 Stretch and Strength with Aurora</p> <p>10:30 Bubbles Party at The Courtyard with Aurora</p> <p>11:00 1:1 Soothing Visits</p> <p>1:15 Relaxing & Essential Oils</p> <p>1:30 Labor Day Celebration with "THE SUNSHINE GANG"</p> <p>2:30 Wheel of Fortune</p> <p>3:00 September Trivia with Aurora</p> <p>4:30 Sports on T.V.</p>	<p>9:30 Daily Chronicle 3</p> <p>10:00 Chair Yoga Class</p> <p>10:30 News Views & Beverages</p> <p>11:00 1:1 Soothing Visits</p> <p>1:15 Relaxing & Essential Oils</p> <p>1:30 Movie & Popcorn</p> <p>2:30 Bingo</p> <p>3:30 Happy Hour with "BROWN SUGAR OLDIES"</p> <p>4:30 Sports on T.V.</p>	<p><i>Hey All' Western Wednesday's</i> 4</p> <p>9:30 Daily Chronicle</p> <p>10:00 Axe Throwing Games</p> <p>10:30 Reading & Beverages</p> <p>11:00 1:1 Soothing Visits</p> <p>1:15 Relaxing & Essential Oils</p> <p>1:30 Puzzle Mania / Trivia</p> <p>2:30 Memories in the Making with Diane & Kasey</p> <p>4:30 Sports on T.V.</p>	<p>9:30 Daily Chronicle 5</p> <p>10:00 High -Tea Social & Sweets</p> <p>10:30 Meditation with Kasey</p> <p>11:00 1:1 Soothing Visits</p> <p>1:15 Relaxing & Essential Oils</p> <p>1:30 Gospel Music with STEVE & DIANE</p> <p>3:00 Nail Care & Therapy Lotions</p> <p>4:30 Sports on T.V.</p>	<p>9:30 Daily Chronicle 6</p> <p>10:00 Kickball Exercise</p> <p>10:30 Short Story & Beverages</p> <p>11:00 1:1 Soothing Visits</p> <p>1:15 Relaxing & Essential Oils</p> <p>1:30 Ice Cream & History Lady</p> <p>2:30 Bingo</p> <p>4:30 Sports on T.V.</p>	<p>9:30 Daily Chronicle 7</p> <p>10:00 Balloon Exercise</p> <p>10:30 Juice Social with Kasey</p> <p>11:00 1:1 Soothing Visits</p> <p>1:15 Relaxing & Essential Oils</p> <p>1:30 Scenic Drive</p> <p>2:30 Crafting / Painting with Kasey</p> <p>4:30 Sports on T.V.</p>		
<p><i>Grandparents Day</i> 8</p> <p>9:30 Daily Chronicle</p> <p>10:15 LOVE ON A LEASH</p> <p>11:00 1:1 Soothing Visits</p> <p>1:15 Relaxing & Essential Oils</p> <p>1:30 Grandparent's Day Celebration with "THE SOPHISTICATS"</p> <p>2:00 St. Columba Church Service with Bill Bixby</p> <p>2:30 Enjoy a Movie & Popcorn - from the "MOVIE BASKET"</p> <p>4:30 Sports on T.V.</p>	<p>9:30 Daily Chronicle 9</p> <p>10:00 Sing a-long with Dan Miller</p> <p>11:00 1:1 Soothing Visits</p> <p>1:15 Relaxing & Essential Oils</p> <p>1:30 Stretch and Strength with Aurora</p> <p>2:00 Art for All Ages</p> <p>3:00 Wheel of Fortune</p> <p>3:30 September Trivia with Aurora</p> <p>4:30 Sports on T.V.</p>	<p>9:30 Daily Chronicle 10</p> <p>10:00 Chair Yoga Class</p> <p>10:30 News Views & Beverages</p> <p>11:00 1:1 Soothing Visits</p> <p>1:15 Relaxing & Essential Oils</p> <p>1:30 Movie & Popcorn</p> <p>2:30 Bingo</p> <p>3:30 Happy Hour & Welcome New Residents with "First String Band"</p> <p>4:30 Sports on T.V.</p>	<p><i>Hey All' Western Wednesday's</i> 11</p> <p><i>PATRIOT DAY</i></p> <p>9:30 Daily Chronicle</p> <p>10:00 Axe Throwing Games</p> <p>10:30 Reading & Beverages</p> <p>11:00 1:1 Soothing Visits</p> <p>1:15 September Concert with "DOUBLE TAKE"</p> <p>1:30 Hall Mark Movie</p> <p>2:30 Memories in the Making with Diane & Kasey</p> <p>4:30 Sports on T.V.</p>	<p>9:30 Daily Chronicle 12</p> <p>10:00 High -Tea Social & Sweets</p> <p>11:00 1:1 Soothing Visits</p> <p>1:15 Relaxing & Essential Oils</p> <p>1:30 Drum Fit Exercise Class</p> <p>3:00 Nail Care & Therapy Lotions</p> <p>4:30 Sports on T.V.</p>	<p><i>Happy Birthday Shirley H.</i> 13</p> <p>9:30 Daily Chronicle</p> <p>10:00 Kickball Exercise</p> <p>10:30 Short Story & Beverages</p> <p>11:00 1:1 Soothing Visits</p> <p>1:15 Relaxing & Essential Oils</p> <p>1:30 Ice Cream & History Lady</p> <p>2:30 Bingo</p> <p>4:30 Sports on T.V.</p>	<p>9:30 Daily Chronicle 14</p> <p>10:00 Balloon Exercise</p> <p>10:30 Juice Social with Kasey</p> <p>11:00 1:1 Soothing Visits</p> <p>1:15 Relaxing & Essential Oils</p> <p>1:30 Scenic Drive</p> <p>2:30 Crafting / Painting with Kasey</p> <p>4:30 Sports on T.V.</p>		
<p>9:30 Daily Chronicle 15</p> <p>10:15 LOVE ON A LEASH</p> <p>11:00 1:1 Soothing Visits</p> <p>1:15 Relaxing & Essential Oils</p> <p>1:30 Music Madness with Aurora</p> <p>2:30 Enjoy a Movie & Popcorn - from the "MOVIE BASKET"</p> <p>2:45 Ukulele Sing Along with Bob Arii</p> <p>4:30 Sports on T.V.</p>	<p><i>Happy Birthday Patricia H.</i> 16</p> <p>9:30 Daily Chronicle</p> <p>9:35 Bible Study & Hymns w/ Pastor Bob</p> <p>10:30 Bubbles Party at The Courtyard with Aurora</p> <p>11:00 1:1 Soothing Visits</p> <p>1:15 Relaxing & Essential Oils</p> <p>1:30 Art for All Ages</p> <p>2:30 Wheel of Fortune</p> <p>3:00 September Trivia with Aurora</p> <p>3:30 Stretch and Strength with Aurora</p> <p>4:30 Sports on T.V.</p>	<p>9:30 Daily Chronicle 17</p> <p>10:00 Chair Yoga Class</p> <p>10:30 News Views & Beverages</p> <p>11:00 1:1 Soothing Visits</p> <p>1:15 Relaxing & Essential Oils</p> <p>1:30 Movie & Popcorn</p> <p>2:30 Bingo</p> <p>3:30 Happy Hour with "FIREBALL XPRESS"</p> <p>4:30 Sports on T.V.</p>	<p><i>Hey All' Western Wednesday's</i> 18</p> <p>9:30 Daily Chronicle</p> <p>10:00 Axe Throwing Games</p> <p>10:30 Reading & Beverages</p> <p>11:00 1:1 Soothing Visits</p> <p>1:15 Relaxing & Essential Oils</p> <p>1:30 Puzzle Mania / Trivia</p> <p>2:30 Memories in the Making with Diane & Kasey</p> <p>4:30 Sports on T.V.</p>	<p>9:30 Daily Chronicle 19</p> <p>10:00 High -Tea Social & Sweets</p> <p>11:00 1:1 Soothing Visits</p> <p>1:15 Relaxing & Essential Oils</p> <p>1:30 Drum Fit Exercise Class</p> <p>3:00 Nail Care & Therapy Lotions</p> <p>4:30 Sports on T.V.</p>	<p>9:30 Daily Chronicle 20</p> <p>10:00 Kickball Exercise</p> <p>10:30 Short Story & Beverages</p> <p>11:00 1:1 Soothing Visits</p> <p>1:15 Relaxing & Essential Oils</p> <p>1:30 Ice Cream & History Lady</p> <p>2:30 Bingo</p> <p>4:30 Sports on T.V.</p>	<p>9:30 Daily Chronicle 21</p> <p>10:00 Balloon Exercise</p> <p>10:30 Juice Social with Kasey</p> <p>11:00 1:1 Soothing Visits</p> <p>1:15 Relaxing & Essential Oils</p> <p>1:30 Scenic Drive</p> <p>2:30 Crafting / Painting with Kasey</p> <p>4:30 Sports on T.V.</p>		
<p>9:30 Daily Chronicle 22</p> <p>10:15 LOVE ON A LEASH</p> <p>11:00 1:1 Soothing Visits</p> <p>1:15 Relaxing & Essential Oils</p> <p>1:30 Music Madness with Aurora</p> <p>2:30 Enjoy a Movie & Popcorn - from the "MOVIE BASKET"</p> <p>2:45 Ukulele Sing Along with Bob Arii</p> <p>4:30 Sports on T.V.</p>	<p><i>All Staff Meeting</i> 23</p> <p>9:30 Daily Chronicle</p> <p>10:00 Sing-along with Dan Miller</p> <p>11:00 1:1 Soothing Visits</p> <p>1:15 Relaxing & Essential Oils</p> <p>1:30 Bible Study & Hymns w/ Pastor Bob</p> <p>3:00 Movie & Popcorn</p> <p>4:30 Sports on T.V.</p>	<p>9:30 Daily Chronicle 24</p> <p>10:00 Chair Yoga Class</p> <p>10:30 News Views & Beverages</p> <p>11:00 1:1 Soothing Visits</p> <p>1:15 Relaxing & Essential Oils</p> <p>1:30 Movie & Popcorn</p> <p>2:30 Bingo</p> <p>3:30 Happy Hour & Birthday Celebration with "THE SOPHISTICATS" Cakes Sponsored by "Comfort & Peace"</p> <p>4:30 Sports on T.V.</p>	<p><i>Hey All' Western Wednesday's</i> 25</p> <p>9:30 Daily Chronicle</p> <p>10:00 Axe Throwing Games</p> <p>10:30 Reading & Beverages</p> <p>11:00 1:1 Soothing Visits</p> <p>1:15 Relaxing & Essential Oils</p> <p>1:30 Residents and Staff Social "Go Nuts For Donuts"</p> <p>2:30 Memories in the Making with Diane & Kasey</p> <p>4:30 Sports on T.V.</p>	<p>9:30 Daily Chronicle 26</p> <p>10:00 High -Tea Social & Sweets</p> <p>11:00 1:1 Soothing Visits</p> <p>1:00 "TEXAS FRITO PIE" Sponsored by Comfort & Peace [Lobby]</p> <p>1:15 Relaxing & Essential Oils</p> <p>1:30 September Concert with "Sunshine Gang"</p> <p>3:00 Nail Care & Therapy Lotions</p> <p>4:30 Sports on T.V.</p>	<p>9:30 Daily Chronicle 27</p> <p>10:00 Kickball Exercise</p> <p>10:30 Short Story & Beverages</p> <p>11:00 1:1 Soothing Visits</p> <p>1:15 Relaxing & Essential Oils</p> <p>1:30 Ice Cream & History Lady</p> <p>2:30 Bingo</p> <p>4:30 Sports on T.V.</p>	<p><i>Happy Birthday Shirley P.</i> 28</p> <p>9:30 Daily Chronicle</p> <p>10:00 Concert with "Many Strings"</p> <p>10:30 Juice Social with Kasey</p> <p>11:00 1:1 Soothing Visits</p> <p>1:15 Relaxing & Essential Oils</p> <p>1:30 Scenic Drive</p> <p>2:30 Crafting / Painting with Kasey</p> <p>4:30 Sports on T.V.</p>		
<p>9:30 Daily Chronicle 29</p> <p>10:15 LOVE ON A LEASH</p> <p>11:00 1:1 Soothing Visits</p> <p>1:15 Relaxing & Essential Oils</p> <p>1:30 Music Madness with Aurora</p> <p>2:30 Enjoy a Movie & Popcorn - from the "MOVIE BASKET"</p> <p>2:45 Ukulele Sing Along with Bob Arii</p> <p>4:30 Sports on T.V.</p>	<p>9:30 Daily Chronicle 30</p> <p>9:35 Bible Study & Hymns w/ Pastor Bob</p> <p>10:30 Bubbles Party at The Courtyard with Aurora</p> <p>11:00 1:1 Soothing Visits</p> <p>1:15 Relaxing & Essential Oils</p> <p>1:30 Art for All Ages</p> <p>2:30 Wheel of Fortune</p> <p>3:00 September Trivia with Aurora</p> <p>3:30 Stretch and Strength with Aurora</p> <p>4:30 Sports on T.V.</p>					<p>Resident Birthdays</p> <p>Shirley H. 9/13</p> <p>Patricia H. 9/16</p> <p>Shirley P. 9/28</p>	<p>DEAR GRANNY AND GRAMPS,</p> <p>Wishing you a day as grand as you are. Continue being a blessing to us!</p> <p><i>Happy Grandparents Day!</i></p> 	<p>Maritza Aguirre Life Enrichment Director At The Ridge 800 Lantern Crest Way Santee, Ca 92071 Cell: (619) 495-5666 Maritza.aguirre@lanterncrestsantee.com</p>