September 2024 Horizon At The Ridge Sunday Tuesday Thursday Friday Monday Wednesday Saturday Hey All' Western Wednesday's 9:30 Daily Chronicle 10:00 Chair Yoga Class 9:30 Daily Chronicle 10:15 LOVE ON A LEASH 10:00 Balloon Exercise 10:00 Kickball Exercise 10:00 Stretch and Strength with 10:30 News Views & 10:00 Axe Throwing Games 11:00 1:1 Soothing Visits **Sweets** 10:30 Juice Social with 10:30 **Short Story & Beverages** 10:30 Reading & Beverages 1:15 Relaxing & Essential Oils 10:30 Bubbles Party at The Courtyard with 10:30 Meditation with Kasey Kasey **Beverages** 11:00 1:1 Soothing Visits 11:00 1:1 Soothing Visits **Aurora** 11:00 1:1 Soothing Visits 11:00 1:1 Soothing Visits 1:30 Music Madness with Aurora 11:00 **1:1 Soothing Visits** 1:00 1:1 Soothing Visits 1:15 Relaxing & Essential Oils 2:00 Comedy with Aurora 1:15 Relaxing & Essential Oils 1:15 Relaxing & Essential Oils 1:30 Movie & Popcorn 1:30 Puzzle Mania / Trivia 1:30 Gospel Music with STEVE & 1:30 Scenic Drive 2:30 Enjoy a Movie & Popcorn -1:30 Labor Day Celebration with "THE 2:30 **Bingo** 2:30 Memories in the Making with 1:30 Ice Cream & History Lady **SUNSHINE GANG DIANE** from the "MOVIE BASKET" 2:30 Crafting / Painting with Kasey 3:30 Happy Hour with "BROWN SUGAR **Diane & Kasey** 2:30 Wheel of Fortune 2:30 **Bingo** 3:00 Nail Care & Therapy Lotions 4:30 **Sports on T.V.** 4:30 **Sports on T.V. OLDIES**" 4:30 Sports on T.V. 3:00 September Trivia with Aurora 4:30 **Sports on T.V.** 4:30 **Sports on T.V.** 4:30 **Sports on T.V.** 4:30 Sports on T.V. 9:30 Daily Chronicle 9:30 Daily Chronicle Hey All' Western Wednesday's 9:30 Daily Chronicle **Grandparents Day** 9:30 Daily Chronicle Happy Birthday Shirley H. 9:30 Daily Chronicle 10:00 Chair Yoga Class **PATRIOT DAY** 10:00 Sing a-long with Dan 10:00 Balloon Exercise 10:00 High -Tea Social 9:30 Daily Chronicle 10:15 LOVE ON A LEASH 10:30 News Views & Beverages 9:30 Daily Chronicle 10:30 Juice Social with 10:00 Kickball Exercise & Sweets 11:00 1:1 Soothing Visits 11:00 1:1 Soothing Visits 11:00 1:1 Soothing Visits 10:00 Axe Throwing Games 10:30 Short Story & Beverages 1:15 Relaxing & Essential Oils 10:30 Reading & Beverages 11:00 **1:1 Soothing Visits** 1:15 Relaxing & Essential Oils 1:15 Relaxing & Essential Oils 11:00 1:1 Soothing Visits 1:30 Grandparent's Day Celebration with 11:00 1:1 Soothing Visits 11:00 **1:1 Soothing Visits** 1:30 Movie & Popcorn 1:30 Stretch and Strength with Aurora 1:15 Relaxing & Essential Oils "THE SOPHISTICATS" 1:15 Relaxing & Essential Oils 1:15 September Concert with "DOUBLE 2:30 **Bingo** 1:15 Relaxing & Essential Oils 2:00 Art for All Ages 1:30 Drum Fit Exercise Class 2:00 St. Columba Church Service with Bil TAKE" 1:30 Scenic Drive 3:30 Happy Hour & Welcome New 3:00 Wheel of Fortune 1:30 Ice Cream & History Lady **Bixby** 1:30 Hall Mark Movie 3:00 Nail Care & Therapy 2:30 Crafting / Painting with Kasey Residents with "First String Band" 3:30 September Trivia with Aurora 2:30 **Bingo** 2:30 Enjoy a Movie & Popcorn - from the 2:30 Memories in the Making with Diane 4:30 Sports on T.V. Lotions 4:30 **Sports on T.V.** 4:30 **Sports on T.V.** "MOVIE BASKET" & Kasey 4:30 **Sports on T.V.** 4:30 **Sports on T.V.** 4:30 Sports on T.V. 4:30 Sports on T.V. 9:30 Daily Chronicle 9:30 Daily Chronicle Happy Birthday Patricia H. Hey All' Western Wednesday's 9:30 Daily Chronicle 9:30 Daily Chronicle 9:30 Daily Chronicle 9:30 Daily Chronicle 10:00 Chair Yoga Class 9:30 Daily Chronicle 10:15 LOVE ON A LEASH 10:00 Balloon Exercise 10:00 Kickball Exercise 10:00 High -Tea Social 9:35 Bible Study & Hymns w/ 10:30 News Views & 10:00 Axe Throwing Games 10:30 Juice Social with 11:00 **1:1 Soothing Visits** & Sweets 10:30 **Short Story &** Pastor Bob **Beverages** 10:30 Reading & Beverages 1:15 Relaxing & Essential Oils Kasey 10:30 Bubbles Party at The Courtyard with 11:00 **1:1 Soothing Visits** Beverages 11:00 1:1 Soothing Visits 11:00 **1:1 Soothing Visits** Aurora 11:00 1:1 Soothing Visits 1:30 Music Madness with Aurora 1:15 Relaxing & Essential Oils 11:00 1:1 Soothing Visits 11:00 1:1 Soothing Visits 1:15 Relaxing & Essential Oils 1:15 Relaxing & Essential Oils 1:15 Relaxing & Essential Oils 2:30 Enjoy a Movie & Popcorn -1:15 Relaxing & Essential Oils 1:30 Movie & Popcorn 1:15 Relaxing & Essential Oils 1:30 Puzzle Mania / Trivia 1:30 Drum Fit Exercise Class from the "MOVIE BASKET" 1:30 Scenic Drive 1:30 Art for All Ages 2:30 **Bingo** 2:30 Memories in the Making with 1:30 Ice Cream & History Lady 3:00 Nail Care & Therapy 2:45 **Ukulele Sing Along with Bob** 2:30 Wheel of Fortune 2:30 Crafting / Painting with Kasey 3:30 Happy Hour with "FIREBALL **Diane & Kasey** 2:30 **Bingo** 3:00 September Trivia with Aurora Lotions <u>Arii</u> 4:30 **Sports on T.V.** XPRESS" 4:30 **Sports on T.V.** 3:30 Stretch and Strength with Aurora 4:30 **Sports on T.V.** 9:30 Daily Chronicle 10:00 <u>Chair Yoga Class</u> 9:30 Daily Chronicle 28 9:30 Daily Chronicle All Staff Meeting Hey All' Western Wednesday's 9:30 Daily Chronicle Happy Birthday Shirley P. 10:15 LOVE ON A LEASH 9:30 Daily Chronicle 9:30 Daily Chronicle 10:00 High -Tea Social & 9:30 Daily Chronicle 10:00 Kickball Exercise 10:30 News Views & Beverages 10:00 Axe Throwing Games **Sweets** 11:00 **1:1 Soothing Visits** 10:00 Sing-along with Dan 10:00 Concert with "Many 10:30 **Short Story &** 11:00 1:1 Soothing Visits 10:30 Reading & Beverages 11:00 **1:1 Soothing Visits** 1:15 Relaxing & Essential Oils Beverages 1:15 Relaxing & Essential Oils 11:00 1:1 Soothing Visits 1:00 "TEXAS FRITO PIE" Sponsored by 11:00 **1:1 Soothing Visits** 10:30 Juice Social with Kasey 1:30 Music Madness with Aurora 1:30 Movie & Popcorn Comfort & Peace Lobbyl 11:00 **1:1 Soothing Visits** 1:15 Relaxing & Essential Oils 1:15 Relaxing & Essential Oils 11:00 1:1 Soothing Visits 2:30 Enjoy a Movie & Popcorn -2:30 **Bingo** 1:15 Relaxing & Essential Oils 1:30 Residents and Staff Social "Go 1:15 Relaxing & Essential Oils 1:15 Relaxing & Essential Oils from the "MOVIE BASKET" 1:30 Bible Study & Hymns w/ 3:30 Happy Hour & Birthday Celebration 1:30 September Concert with **Nuts For Donuts**" 1:30 Ice Cream & History Lady vith "THE SOPHISTICATS" Cakes 2:45 **Ukulele Sing Along with Bob Pastor Bob** 1:30 Scenic Drive "Sunshine Gang" 2:30 Memories in the Making with Sponsored by "Comfort & Peace" 2:30 **Bingo** Arii 3:00 Movie & Popcorn 2:30 Crafting / Painting with Kasey 3:00 Nail Care & Therapy Lotions Diane & Kasey 4:30 **Sports on T.V.** 4:30 Sports on T.V. 4:30 **Sports on T.V.** 9:30 Daily Chronicle 9:30 Daily Chronicle 30 Maritza Aguirre 9:35 Bible Study & Hymns w/ 10:15 LOVE ON A LEASH Life Enrichment Director **Pastor Bob** 11:00 1:1 Soothing Visits DEAR GRANNY AND GRAMPS. **Resident Birthdays** 10:30 Bubbles Party at The Courtyard with At The Ridge 1:15 Relaxing & Essential Oils **Aurora** Wishing you a day as grand as you are Shirley H. 1:30 Music Madness with Aurora 11:00 1:1 Soothing Visits 800 Lantern Crest Way 2:30 Enjoy a Movie & Popcorn -1:15 Relaxing & Essential Oils Patricia H. 9/16 Santee, Ca 92071 from the "MOVIE BASKET" 1:30 Art for All Ages Lantern Crest LABOR DAY 2:30 Wheel of Fortune Cell: (619) 495-5666 2:45 **Ukulele Sing Along with Bob** Shirley P. 9/28 SENIOR LIVING 3:00 September Trivia with Aurora Maritza.aguirre@ 3:30 Stretch and Strength with Aurora 4:30 **Sports on T.V.** 4:30 Sports on T.V. lanterncrestsantee.com