Monday Sunday Wednesdav Thursdav Saturdav Happy Birthday Jim Koci!! Happy Birthday Naomi 9:30 → Exercise Video 9:00 & Beltone Hearing **Labor Day** 9:15 & Happy Hearts 9:00 → Yoga & Weights Happy Birthday Susan **Aid Free Cleaning Walking Club** with Heidi [FS] Terrazza Dining Room and Check 9am to 9:30 * Santee Hall 9:15 🕆 St. Kieran's Communion 11:30 ★ Spice Up Your Life: 10:00 † Lantern Crest Women's Will Be Closing Early Due to ast Day To RSVP for Tuesday Outing Service at The Ridge Wednesday -11am Churros [V] **Christian Fellowship** 8:00 ★ Guardian Angels Catholic Church Holiday ~ To Go's from 9:00 → Senior Stretches Video 9:30 → Exercise Video [FS] 10:00 Coffee in the Courtyard "Jesus in Me" [L] 1:00 P Women's Wine Time 2:30pm - 3:30pm ~ Terrazza Garden Shadow Mountain Church Drive 10:00 💻 Water The Garden & Social [LB32] Closes at 3:30pm 10:00 양 Free Friday Vital Checks 11:30 + Stay Active, Stay Young 2:00 A Nickel Blackiack [GR] Tunes Sunday Morning Church Service 10:00 O September Calendar Chat **Workout with Dennis** with Senior Helpers 3:00 A Cribbage [FS] 11:30 h Left, Right, Center Dice with Pastor Steven [CH] [LB32] with Life Enrichment 1:00 Q Residents Assoc. Board Class [FS] Sunday Run to: Trader Joe's Game [GR] September 3:00 # Feel Together Support 10:30 O Trivia Challenge in the **Coordinator Erika** Meeting [V] **10:30** ♥ Happy Hearts 11:45 Q Wii Game: Jeopardy 12:00 * Brunch Outing to: Filippi's 1:00 🏞 Scrapbooking Club **Group with Amy from** Library with Larry Nelson 10:15 * Shadow Mountain Church Drive **Walking Club** Senior Helpers [L] Pizza Grotto Santee [LP] 2:00 🕆 Bible Study with Pastor Birthdays 11:00 * Labor Day BBQ 12:30 A Bridge Club [FS] 12:30 O Bridge Club [FS] 1:00 P Saturday's Social: 1:30 * Arts and Crafts ~ Pine 4:00 O Technology Help in **Mark from Foothills** 1:00 🗘 June 6, 1944 - The Light of Dawn Cone Jar [AC] Church [L] 1:30 Paint & Sip Art Class ACI **Celebration at The Activities Office** Yogurt Bar [V] | History - D-Day - World War II Documentary [T] 3:00 A Bingo [GR] 2:00 📥 "8 Ballers" Pool Billiards 3:00 A Happy Hour with Live 2:00 - Nickel Blackjack [GR] Plaza with Live 4:00 P Thursday Specialty 3:30 O Transportation Music with The **Group & Dart Board Game** 1:30 🔥 Lazy Sunday Puzzles in the Lobby **Buffet: Breakfast At** 4:30 A Tails on Trails Walking **Music From Fireball** Committee Meeting [V] [GRP] Sophisticats [LB32] JIM KOCI 9/01 Night 16.pts [TD] Group [LP] Xpress~11 to 2pm 3:00 📥 \$1 Bingo [GR] 4:00 Technology Help in 3:00 **+ \$1** Bingo [GR] 4:30 A Tails on Trails Walking 6:00 Games with Friends 6:30 Games in the Game 4:30 A Tails on Trails Walking Group [LP] 3:00 A Mexican Train [GR] SUSAN ROSENBERG 9/01 **Activities Office** Group [LP] 4:30 A Tails on Trails Walking Room [GR] [GR] 4:30 A Tails on Trails 6:00 Games with Friends [GR] 6:00 A Games with Friends [GR] Group [LP] NAOMI CAIN 9/03 Walking Group [LP] 6:00 [™] Comedy Night: The ALICE SPENCE 9/09 Honeymooners [T] **Happy Birthday Alice Last Day To RSVP for** 8:46 **9/11** Memorial **1 Happy Birthday Tina** Grandparents Day **Happy Birthday Yvonne Happy Birthday Betty** BETTY BROZOVIC 912 **RSVP for Tuesday Outing to** Spence!! Lamplighters Special Moment Ford!! MacKay!! **Brozovic!!** YVONNE FORD 9/13 Okawa Restaurant 9:15 T St. Kieran's Communion Of Silence [LP] 9:00 → Yoga & Weights with 9:00 → Morning Exercise Class ast Day To RSVP for Vons 9:30 → Balance & Stability 8:00 * Guardian Angels Catholic Heidi [FS] Service [CH] 9:15 & Happy Hearts Walking TINA MACKAY 9/14 9:00 → Senior Stretches Video Class with Karl [FS] Church [LP] 9:30 → Balance & Stability Class 10:00 Gingersnap Cookies & 10:00 The Lantern Crest Women's 8:15 * Shadow Mountain Church LESLIE TUCKER 9/17 11:30 * Spice Up Your Life: **Christian Fellowship** Coffee [LP] with Karl [FS] 10:00 😲 Free Friday Vital Checks Drive [LP] Cornbread and 10:30 😲 Happy Hearts Walking "Jesus in Me" [L] with Senior Helpers BEA KELLER 9/21 Garden 9:00 * Sunday Morning Church Peggy [P] 10:00 P Water The Garden & Honey Butter [V] [LB32] 11:30 → Stay Active, Stay Service with Pastor Bill [CH] MARY THOMPSON 9/21 11:30 * Brunch Outing to: Okawa 11:00 🎜 Learn Line Dancing [L] Tunes 2:00 h Nickel Blackjack 10:30 O Trivia Challenge in the 10:15 * Shadow Mountain Church Young~ Workout with Steak House & Sushi [LP] 11:30 Left, Right, Center Dice Library with Larry Nelson BONNIE FORTHUN 9/30 Drive #2 **Dennis** 10:30 P Sprinkles & Swirls Donut Memories" [T] 1:30 * Arts and Crafts ~ Game [GR] 1:00 A Scrapbooking Club 3:00 A Cribbage [FS] 1:45 🛕 Wii Game: Jeopardy [FS] **Social-Honoring** 1:30 O Table Talk & Tasty Treats Pumpkin Puzzle [AC] 12:30 O Bridge Club [FS] 3:00 W September Birthday 4:00 O Technology Help in **Grandfathers Day** 1:00 P Saturday's Social: Yogurt with Culinary Director 3:00 A Bingo [GR] 1:30 Paint & Sip Art Class [AC] **Celebration with Live** 12:30 Bridge Club [FS] Chef Phil [V] **Activities Office** 2:00 📥 "8 Ballers" Pool Billiards Bar [V] 3:00 TYou're Not Alone --**Music from Double** 1:30 Lazy Sunday Puzzles in the 2:00 h Nickel Blackjack [GR] Family-Caregivers 4:00 Thursday Specialty 2:00 A Nickel Blackjack [GR] **Group & Dart Board Game** Lobby [LP] Take [LB32] 3:00 O Democrat Social Club [L] Support Group [L] **Buffet: Comfort** [GRP] 4:30 A Tails on Trails Walking 2:00 O Documentary:Reporting on 4:30 A Tails on Trails Walking 4:00 Y Technology Help in 3:00 **i** \$1 Bingo [GR] Group [LP] 3:00 A Mexican Train [GR] Food 15pts [TD] Doomsday Scenarios | 60 Group [LP] 6:30 Games in the Game Room **Activities Office** 4:30 Evening Piano Music [TD] 4:30 A Tails on Trails Walking Minutes Full Episode [T] 6:00 - Games with Friends LOCATION KEY 6:00 A Games with Friends 6:00 O 2nd Presidential Debate 4:30 A Tails on Trails Walking Group [LP] 3:00 A \$1 Bingo [GR] [GR] [GR] 4:30 🖀 Tails on Trails Walking Group 6:00 ♥ Comedy Night: The Group [LP] **LP-1st Floor Lobby Pointe** 6:00 Games with Friends GR Honeymooners [T] LB32- 2nd Floor Latitude 32 Bar Last Day To RSVP for Hans 9:15 & Happy Hearts 1 8 All Staff Meeting: No Doctor Stability Class 19 9:00 **↔** Morning 9:15 **†** St. Kieran's 9:30 **→** Balance & Happy Birthday Bea Keller!! V-2nd Floor Veranda Dining ppointments After 12pm Communion & Harry's Bakery **Exercise** Walking Club 9:00 ↔ Yoga & Weights Service at The RSVP Tea Party 8:00 **★** Guardian Angels Catholic Video [FS] with Heidi [FS] Class [FS] TD-2nd Floor Terrazza Dining 10:00 # Bereavement Ridge RSVP for Los Coches Church [LP] 10:00 🕆 Lantern Crest Women's **Support Group [L]** 11:00 💻 Lunch & Lounge with 9:30 → Exercise Video [FS] 9:00 → Senior Stretches Video [FS] **FS-2nd Floor Fitness Studio** 8:15 * Shadow Mountain Church **Christian Fellowship** Life Enrichment [TD] & Coffee [LP] 11:30 → Stay Active, Stay 10:00 & Free Friday Vital Checks with "Jesus in Me" [L] **Drive [LP]** 1:00 🧖 Cheers & Beers Mens G2-2nd Floor Garden **10:30** ♥ Happy Hearts Young~ Workout Senior Helpers [LB32] Peggy [P] 9:00 * Sunday Morning Church 10:00 Water The Garden & Club [LB32] 10:30 O Trivia Challenge in the Service with Pastor Bill **Walking Club** 10:00 ★ Outing to: Hans & Harry's with Dennis Tunes PDP-Pool Deck Patio Library with Larry Nelson [L] 2:00 A Nickel Blackjack [GR Bakery [LP] [CH] 1:00 **5** Glee Club [GR] 11:30 Left, Right, Center Dice 1:00 O LCRA General 3C-3rd Floor Garden Courtyard 11:30 * Veterans' Group 3:00 A Cribbage [FS] 10:00 🖈 Sunday Run to: Vons Game [GR] 2:00 A Nickel Blackiack Meeting [T] 1:30 Paint & Sip Art Class [AC] Luncheon at The Pointe 4:00 O Technology Help in 10:15 ★ Shadow Mountain Church 11:45 O Wii Game: Jeopardy [FS] 2:00 🔥 "8 Ballers" Pool Billiards 3:00 A Happy Hour with **GR-3rd Floor Game Room** [LB32] Drive #2 1:00 P Saturday's Social: Yogurt **Activities Office Group & Dart Board Game** 3:00 Mexican Train [GR] **Live Music from** 1:00 O Suicide Prevention 12:30 A Bridge Club [FS] Bar [V] LL/P-3rd Floor Lantern Links 4:00 **■** Thursday Specialty **Come Back Buddy** 4:30 Evening Piano Training at The Plaza~ 1:30 * Lamplighters Community 2:00 A Nickel Blackjack [GR] 3:00 📥 \$1 Bingo [GR] **Buffet: All American** T-3rd Floor Theater Question, Persuade, [LB32] 4:30 🐇 Tails on Trails Walking Group Music [TD] **Theater Presents: The** 4:30 👺 Tails on Trails Walking 16.5pts [TD] Refer [MDT] Revolutionist \$24 4:30 🗱 Tails on Trails Group [LP] 4:30 🎇 Tails on Trails FR4-4th Floor Fitness Studio 1:30 * Arts and Crafts ~ Mary's 6:00 Games with Friends 6:00 ♥ Comedy Night: The 1:30 Lazy Sunday Puzzles in 6:30 A Games in the Game Room Walking Group [LP] Walking Group [LP] Pen Stitch Cards [AC] Honeymooners [T] the Lobby ILPI L-4th Floor Library 6:00 Games with Friends 3:00 A Bingo [GR] 3:00 **h** \$1 Bingo [GR] [GR] **AC-4th Floor Arts/Crafts Room** 4:00 ♥ Technology Help in 4:30 🖀 Tails on Trails Walking **Activities Office** Group [LP] **TDP-Terrazza Dining Patio** 6:00 - Games with Friends [GR]

Sunday

Monday

Wednesdav

Saturdav

September Birthdays

JIM KOCI 9/01 SUSAN ROSENBERG 9/01 NAOMI CAIN 9/03 ALICE SPENCE 9/09 BETTY BROZOVIC 912 YVONNE FORD 9/13 TINA MACKAY 9/14 LESLIE TUCKER 9/17 BEA KELLER 9/21 MARY THOMPSON 9/21

BONNIE FORTHUN 9/30

- 8:00 **★** Guardian Angels Catholic Church [LP]
- **Shadow Mountain Church** Drive [LP] **Sunday Morning Church**
- Service with Pastor Bill [CH] **Sunday Run to: Los Coches**
- 10:15 🛊 Shadow Mountain Church Drive #2
- 1:30 Lazy Sunday Puzzles in the
- Lobby [LP] 2:00 O Documentary: Seniors Hacking the Lottery, Living their Best Lives and Inventing Plant-Based Fuels [T]
- 3:00 **A** \$1 Bingo [GR] 4:30 A Tails on Trails Walking Group

- 9:00 ↔ Morning Exercise Class 25
- 10:00 **■** Gingersnap Cookies & Coffee [LP]
- 10:30 ਉ Happy Hearts Walking
- 1:00 J Glee Club [GR]
- 1:30 O Table Talk & Tasty **Treats with Culinary Director Chef Phil [V]**
- 2:00 A Nickel Blackjack [GR] 3:00 A Mexican Train [GR]
- 4:30 🞜 Evening Piano Music
- 4:30 🖀 Tails on Trails Walking Group [LP]

- 9:15 **†** St. Kieran's Communion Service [CH]
- 9:30 Balance & Stability Class with Karl [FS]
- Peggy [P]
- 12:00 ★ Harvest Tea Party: Welcoming Fall [LB32] 2:00 O Dining Committee
- Meeting [BPD] 3:00 A Bingo [GR]
- 3:00 TYou're Not Alone --Family-Caregivers **Support Group [L]**
- 4:00 O Technology Help in **Activities Office** 6:00 A Games with Friends

- 9:15 & Happy Hearts Walking Club 10:00 P Coffee with the **Assistant Executive**
- Director [LP] 11:30 + Stay Active, Stay Young~ **Workout with Dennis**
- 12:00 Tall Shopping Fair-Plaza 12pm to 3pm [PL]
- 1:00 🏞 Scrapbooking Club 3:00 N Oktoberfest Happy Hour with Live Music from **Brown Sugar [TDP]**
- 4:30 A Tails on Trails Walking Group [LP] 6:00 Games with Friends [GR]

Balance & 26 Stability Class 9:30 **↔** Balance & with Karl [FS]

- 11:00 🞵 Lunch Concert with Peter Seltser [TD]
- 1:00 New & Current **Resident Welcome &** Conversations [LP]
- 2:00 h Nickel Blackiack [GR]
- 3:00 A Cribbage [FS] 4:00 Q Technology Help in **Activities Office**
- 4:00 **■** Thursday Specialty **Buffet: Soup & Potato** 16pts [TD]
- 6:00 Games with Friends

- Last Day To RSVP for Sunday
- Video [FS] 10:00 😲 Free Friday Vital Checks with Senior Helpers [LB32]
- 10:30 O Trivia Challenge in the Library with Larry Nelson [L] 11:00 October Sign-Up Frenzy [LB32]

Group & Dart Board Game

- 12:30 O Bridge Club [FS]
- 1:30 Paint & Sip Art Class [AC] 2:00 🔥 "8 Ballers" Pool Billiards
- 2:00 O Communi-Tea Book Club at
- The Pointe! [L] 3:00 🔥 \$1 Bingo [GR]
- 4:30 🗱 Tails on Trails Walking Group 6:00 ♥ Comedy Night: The

Honeymooners [T]

- 9:00 Senior Stretches
- 9:00 ↔ Yoga & Weights 28 with Heidi [FS] 10:00 The Lantern Crest Women's **Christian Fellowship** "Jesus in Me" [L]
 - 10:00 💻 Water The Garden &
 - 11:30 Left, Right, Center Dice Game [GR]
 - 11:45 Q Wii Game: Jeopardy
 - 1:00 P Saturday's Social: Yogurt Bar [V]
 - 2:00 A Nickel Blackjack [GR]
 - 4:30 A Tails on Trails Walking Group [LP]
 - 6:30 Games in the Game Room [GR]

- 8:00 ★ Guardian Angels Catholic Church
- 8:15 * Shadow Mountain Church **Drive** [LP]
- 9:00 * Sunday Morning Church **Service with Pastor Bill** [CH]
- 10:00 * Sunday Run to: Grocery **Outlet Santee**
- 10:15 ★ Shadow Mountain Church Drive #2
- 12:30 A Bridge Club [FS] 1:30 Lazy Sunday Puzzles in
- the Lobby [LP] 2:00 O Documentary: What Scientists have Learned from Studying People
- over 90 [T] 3:00 🔥 \$1 Bingo [GR]
- 4:30 A Tails on Trails Walking Group [LP]

Happy Birthday Bonnie Forthun!!

- Class [FS]
- 10:00
 Gingersnap Cookies & Coffee [LP]
- 10:30 😲 Happy Hearts Walking
- 11:00 🎜 Learn Line Dancing [L]
- 1:00 J Glee Club [GR] 2:00 A Nickel Blackjack [GR]
- 3:00 A Mexican Train [GR] 3:00 O Republican Social Group [L]
- 4:30 Evening Piano Music [DT]
- 4:30 A Tails on Trails Walking Group [LP]





Sophia O. 9/4 Esteban C. 9/13 Alfonso R. 9/19 Sara K. 9/30







SEP 21, 2024 - OCT 6,



Happy Grandparent's day! Endless Love



DOCTORS APPTS. & ERRAND DRIVES Monday-Friday

9am-3pm

9 AM-1 PM for Appts Further than 15 Miles Transportation request forms available at the front desk Submit completed forms to front desk 48 hours before your planned trip. Transportation Number (619)905-3061

No transportation after 12pm on the 22nd of each Month.



TDP-Terrazza Dining Patio

LOCATION KEY

LP-1st Floor Lobby Pointe