

September at the Plaza															
Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday			
<div><div>Happy Birthday!!</div><div>Diane Walker ~ 9/2 Connie Steffen ~ 9/5 Jim White ~ 9/7 Mikki Thomas ~ 9/7 Thomas Bennett ~ 9/9 Karin Schwab ~ 9/15 Beverly Boysen ~ 9/21 Judy Grabhorn~ 9/27 Rae Barbuscia ~ 9/28 Bettye Valenzuela ~ 9/29 Mary Ann Fentress ~ 9/30</div></div> <div>Location Key</div> <div>50GR - 50's Game Room AO - Plaza Activities Office BBC - Bocce Ball Court BD - Bel Air Diner BLR-5th Floor Billiards Room BPD - Balboa Private Dining CC - Coronado Courtyard CDR - Catalina Dining Room CH - Reflections Chapel FR - Fitness Room IPS - Indoor Pool and Spa MB - Miramar Bar MDT - Movie Dinner Theater PL - Plaza Lobby PL4 - Puzzle Lounge/ Library SC - Sunken Courtyard TL - 2nd Floor Turtle Lounge TR - King Charles Tea Room</div>		<div>Final Day to RSVP for Thursday Excursion 1</div> <div>8:00 ★ Guardian Angels Catholic Church [PL] 8:15 ★ Shadow Mountain Church Drive [PL] 9:00 † Sunday Morning Church Service with Pastor Bill [CH] 10:15 ★ Shadow Mountain Church Drive [PL] 12:00 🐾 Bow Wow Dog Social [PL] 3:00 🧩 Puzzles on the 4th Floor [PL4]</div>		<div>Happy Birthday Diane Walker!! 2</div> <div>Labor Day 9:15 ↔ Morning Stretches - Instructional Video [FR] 11:00 ★ Labor Day BBQ At the Plaza ~11-2pm~ Live Music from Fireball Xpress [CC] 3:00 🎬 Labor Day Movie: Modern Times -1936- (G) 1h 27m [MDT] 4:30 🐾 Happy Tails ~ Evening Dog Walk [PL]</div>		<div>9:00 ↔ Indoor Water Aerobics with Peggy [IPS] 3 10:15 ↔ Core Strength and Weights Video [FR] 11:00 🎮 Cornhole by the Moss Wall [PL] 11:30 ★ What's Cookin' Good Lookin' with Hailey-Peanut Butter Cereal Bites [MDT] 12:30 🎲 Dominoes [50GR] 1:00 🎬 Monthly Building Tour with Activities! [PL] 3:00 🎲 Nickel Blackjack [50GR] 3:30 Transportation Committee Meeting [V] 4:15 💡 Technology Help - Bring Your Device! [AO] 6:00 🎬 Evening Movie: Twister -1996- (PG-13) 1h 53m [MDT]</div>		<div>Wear Western Y'all! 4</div> <div>9:15 ↔ Morning Stretches - Instructional Video [FR] 11:00 ↔ Warm-Up and Work Out with Dennis [FR] 12:00 🍽️ Lunch Bunch with Amy [CDR] 1:00 🎲 \$4 Bingo [MDT] 2:00 ↔ Lantern Crest Bowling League [BD] 3:00 🍷 Women's Wine Time [MDT] 4:30 🐾 Happy Tails ~ Evening Dog Walk [PL]</div>		<div>Final Day to RSVP for Saturday Shopping 5</div> <div>Happy Birthday Connie Steffen!! 10:15 ↔ Core Strength and Weights Video [FR] 11:30 ★ Excursion to California Fish Grill [PL] 11:30 🎬 Matinee Movie: The Hobbit -2012- (PG-13) 2h 50m [MDT] 1:00 Resident Council Board Member Meeting [BPD] 3:00 💡 TED-Ed Talk and Discuss [MDT] 4:00 ★ Specialty Buffet at The Pointe [V] 4:15 💡 Technology Help - Bring Your Device! [AO]</div>		<div>9:15 ↔ Morning Stretches - Instructional Video [FR] 6 11:00 🕒 Free Friday Vitals Check with Senior Helpers [PL] 12:00 🎲 Hand, Knee, and Foot [50GR] 3:00 🎸 Happier Hour with Live Music from Double Take [CDR] 4:30 🐾 Happy Tails ~ Evening Dog Walk [PL]</div>		<div>Happy Birthday James White!! 7 Happy Birthday Mikki Thomas!! 9:30 ★ Weekly Shopping: Smart & Final [PL] 10:00 ↔ Chair Yoga with Heidi [FR] 12:30 🎬 Popsicles in the 50's Diner! [BD] 1:00 🎲 3 to 13 Card Game! [MDT] 1:00 🎲 Scrabble with Friends [MDT] 3:00 🎲 Nickel Blackjack [50GR] 6:00 🎬 Evening Movie: Uptown Girls -2003- (PG-13) 1h 32m [MDT]</div>	
		<div>Final Day to RSVP for Thursday Excursion 8</div> <div>8:00 ★ Guardian Angels Catholic Church [PL] 8:15 ★ Shadow Mountain Church Drive [PL] 9:00 † Sunday Morning Church Service with Pastor Bill [CH] 10:15 ★ Shadow Mountain Church Drive [PL] 12:00 🐾 Bow Wow Dog Social [PL] 3:00 🧩 Puzzles on the 4th Floor [PL4]</div>		<div>Happy Birthday Thomas Bennett!! 9</div> <div>9:15 ↔ Morning Stretches - Instructional Video [FR] 11:00 🍽️ Coffee in the Sea Lounge on the 2nd Floor [TL] 1:00 🎲 \$4 Bingo [MDT] 1:00 🎲 Hand & Foot [50GR] 3:00 🎵 Learn to Line Dance! ~ Self Run [MDT] 4:30 🐾 Happy Tails ~ Evening Dog Walk [PL]</div>		<div>9:00 ↔ Indoor Water Aerobics with Peggy [IPS] 10 9:15 † St. Kieran's Communion Service [CH] 10:15 ↔ Core Strength and Weights with Karl [FR] 11:00 🎮 Cornhole by the Moss Wall [PL] 11:30 🏠 Priority Home Care: Bracelet Making [TR] 12:30 🎲 Dominoes [50GR] 3:00 🎲 Nickel Blackjack [50GR] 4:15 💡 Technology Help - Bring Your Device! [AO] 6:00 🎬 Evening Movie: Greyhound -2020- (PG-13) 1h 31m [MDT]</div>		<div>Wear Western Y'all! 11</div> <div>9:00 9/11 Moment of Silence in Plaza Lobby [PL] 10:00 🎬 9/11 Tribute Video provided by Arlan Barber [MDT] 11:00 ↔ Warm-Up and Work Out with Dennis [FR] 12:00 🍽️ Lunch Bunch with Amy [CDR] 1:00 🎲 \$4 Bingo [MDT] 2:00 💡 Table Talk and Tasty Treats with Chef Phil [BPD] 3:00 🍷 Men's Brew Crew [BD] 4:30 🐾 Happy Tails ~ Evening Dog Walk [PL]</div>		<div>Final Day to RSVP for Saturday Shopping 12</div> <div>10:15 ↔ Core Strength and Weights with Karl [FR] 11:00 💡 Tech Hour with LOVE [TR] 11:30 ★ Excursion to Liberty Station [PL] 11:30 🎬 Matinee Movie: First Man -2018- (PG-13) 2h 20m [MDT] 2:30 🍽️ New Resident Mingle!! [CH] 3:00 💡 TED-Ed Talk and Discuss [MDT] 4:00 ★ Specialty Buffet at The Pointe [V] 4:15 💡 Technology Help - Bring Your Device! [AO]</div>		<div>9:15 ↔ Morning Stretches - Instructional Video [FR] 13 10:00 ↔ NEW! Ladder Toss Game [PL] 11:00 🕒 Free Friday Vitals Check with Senior Helpers [PL] 12:00 🎲 Hand, Knee, and Foot [50GR] 12:30 ★ Amy's Arts and Crafts: Paint your own Vanity Bag [MDT] 3:00 🎸 Happier Hour with Live Music from Brown Sugar Oldies [CDR] 4:30 🐾 Happy Tails ~ Evening Dog Walk [PL]</div>		<div>9:30 ★ Weekly Shopping: Vons [PL] 14 10:00 ↔ Chair Yoga with Heidi [FR] 12:30 🎬 Popsicles in the 50's Diner! [BD] 1:00 🎲 3 to 13 Card Game! [MDT] 1:00 🎲 Scrabble with Friends [MDT] 3:00 🎲 Nickel Blackjack [50GR] 6:00 🎬 Evening Movie: My Cousin Vinny -1992- (R) 2h [MDT]</div>	
		<div>Final Day to RSVP for Thursday Excursion 15</div> <div>Happy Birthday Karin Schwab!! 8:00 ★ Guardian Angels Catholic Church [PL] 8:15 ★ Shadow Mountain Church Drive [PL] 10:15 ★ Shadow Mountain Church Drive [PL] 12:00 🐾 Bow Wow Dog Social [PL] 3:00 🧩 Puzzles on the 4th Floor [PL4]</div>		<div>9:15 ↔ Morning Stretches - Instructional Video [FR] 16 11:00 🍽️ Coffee in the Sea Lounge on the 2nd Floor [TL] 1:00 🎲 \$4 Bingo [MDT] 1:00 🎲 Hand & Foot [50GR] 2:00 🍽️ Share, Support, Socialize with Amy from Senior Helpers [TL] 3:00 🎵 Learn to Line Dance! ~ Self Run [MDT] 4:30 🐾 Happy Tails ~ Evening Dog Walk [PL]</div>		<div>9:00 ↔ Indoor Water Aerobics with Peggy [IPS] 17 10:15 ↔ Core Strength and Weights Video [FR] 11:00 🎮 Cornhole by the Moss Wall [PL] 11:30 ★ Veterans' Luncheon at The Pointe [V] 12:30 🎲 Dominoes [50GR] 1:00 🕒 Suicide Prevention Training ~ Question, Persuade, Refer [MDT] 3:30 🍽️ Calendar Brainstorm with Amy [MDT] 4:15 💡 Technology Help - Bring Your Device! [AO] 6:00 🎬 Evening Movie: Being There -1979- (PG) 2h 10m [MDT]</div>		<div>Wear Western Y'all! 18</div> <div>9:15 ↔ Morning Stretches - Instructional Video [FR] 11:00 ↔ Warm-Up and Work Out with Dennis [FR] 12:00 🍽️ Lunch Bunch with Amy [CDR] 1:00 🎲 \$4 Bingo [MDT] 2:00 ↔ Lantern Crest Bowling League [BD] 3:00 🍷 Women's Wine Time [MDT] 4:30 🐾 Happy Tails ~ Evening Dog Walk [PL]</div>		<div>Final Day to RSVP for Saturday Shopping 19</div> <div>10:15 ↔ Core Strength and Weights Video [FR] 11:30 🎬 Matinee Movie: Alternate Endings: Six New ways to Die in America -2019- (PG) 1h 8m [MDT] 1:00 💡 LCRA General Meeting [MDT] 4:00 ★ Specialty Buffet at The Pointe [V] 4:15 💡 Technology Help - Bring Your Device! [AO] 4:30 ★ Excursion to BJ's Restaurant & Brewhouse [PL]</div>		<div>9:15 ↔ Morning Stretches - Instructional Video [FR] 20 10:00 ↔ NEW! Ladder Toss Game [PL] 11:00 🕒 Free Friday Vitals Check with Senior Helpers [PL] 12:00 🎲 Hand, Knee, and Foot [50GR] 12:30 ★ Amy's Arts and Crafts: Tape Away Painting [MDT] 3:00 🎸 Happier Hour with Live Music from Fireball Xpress [CDR] 4:30 🐾 Happy Tails ~ Evening Dog Walk [PL]</div>		<div>Happy Birthday Beverly Boysen!! 21 9:30 ★ Weekly Shopping: Target [PL] 10:00 ↔ Chair Yoga with Heidi [FR] 12:30 🎬 Popsicles in the 50's Diner! [BD] 1:00 🎲 3 to 13 Card Game! [MDT] 1:00 🎲 Scrabble with Friends [MDT] 3:00 🎲 Nickel Blackjack [50GR] 6:00 🎬 Evening Movie: Junior -1994- (PG-13) 1h 49m [MDT]</div>	

September at the Plaza

Saturday



**Happy
Birthday!!**

Diane Walker ~ 9/2
Connie Steffen ~ 9/5
Jim White ~ 9/7
Mikki Thomas ~ 9/7
Thomas Bennett ~ 9/9
Karin Schwab ~ 9/15
Beverly Boysen ~ 9/21
Judy Grabhorn ~ 9/27
Rae Barbuscia ~ 9/28
Bettye Valenzuela ~ 9/29
Mary Ann Fentress ~ 9/30

Autumn Equinox 22

**Final Day to RSVP for
Thursday Excursion**

National Centenarian's Day

8:00 ★ **Guardian Angels
Catholic Church [PL]**


8:15 ★ **Shadow Mountain
Church Drive [PL]**


10:15 ★ **Shadow Mountain
Church Drive [PL]**


12:00 🐾 **Bow Wow Dog Social
[PL]**


1:00 💡 **Nasa Ambassador Neil
Farber Presents:
Fossils of the Solar
System: Asteroids
[MDT]**


3:00 **Puzzles on the 4th
Floor [PL4]**

9:15  Morning Stretches - Instructional Video [FR] 23

11:00  Coffee in the Sea Lounge on the 2nd Floor [TL]

1:00  Hand & Foot [50GR]

3:00  Learn to Line Dance! ~ Self Run [MDT]

4:30  Happy Tails ~ Evening Dog Walk [PL]

24	
9:00	↔ Indoor Water Aerobics with Peggy [IPS]
9:15	✙ St. Kieran's Communion Service [CH]
10:15	↔ Core Strength and Weights with Karl [FR]
11:00	☞ Cornhole by the Moss Wall [PL]
12:30	♠ Dominoes [50GR]
1:30	🔑 Puzzled by Medicare? sponsored by Bankers Life [MDT]
2:00	Dining Committee Meeting [BPD]
3:00	♠ Nickel Blackjack [50GR]
4:15	🔑 Technology Help - Bring Your Device! [AO]
6:00	🎬 Evening Movie: Honey, I Shrunk the Kids -1989-1h 33m [MDT]

Wear Western Y'all!

9:15 ↔ **Morning Stretches - Instructional Video [FR]**

11:00 ↔ **Warm-Up and Work Out with Dennis [FR]**

12:00 🍄 **Fall Shopping Fair!! ~ 12pm-3pm [PL]**

2:00 💡 **Table Talk and Tasty Treats with Chef Phil [BPD]**

3:00 🕶️ **Men's Brew Crew [BD]**

4:30 🐾 **Happy Tails ~ Evening Dog Walk [PL]**

**Final Day to RSVP for
Saturday Shopping** 26

- 10:15** ↔ **Core Strength and
Weights with Karl [FR]**
- 11:00** ★ **Excursion to Dudley's
Bakery & Julian Pie
Company [PL]**
- 11:00** ⚡ **Tech Hour with LOVE
[TR]**
- 11:30** 🎬 **Matinee Movie: The Wiz
-1978- (G) 2h 14m [MDT]**
- 3:00** ⚡ **TED-Ed Talk and Discuss
[MDT]**
- 4:00** ★ **Specialty Buffet at The
Pointe [V]**
- 4:15** ⚡ **Technology Help - Bring
Your Device! [AO]**

Happy Birthday Judy Grabhorn!!

27

9:15	↔	Morning Stretches - Instructional Video [FR]
10:00	↔	NEW! Ladder Toss Game [PL]
11:00	🕒	Free Friday Vitals Check with Senior Helpers [PL]
12:00	👤	Hand, Knee, and Foot [50GR]
12:30	★	Amy's Arts and Crafts: Macrame Dyeing [MDT]
2:00	💡	LC Community Book Club at The Pointe [L]
3:00	🎤	Happy Birthday Happier Hour with Live Music from Come Back Buddy [CDR]
4:30	🐾	Happy Tails ~ Evening Dog Walk [PL]

Happy Birthday Rae Barbuscia!!

28

- 9:30 ★ Weekly Shopping: Trader Joes in Santee [PL]
- 10:00 ↔ Chair Yoga with Heidi [FR]
- 12:30 🍷 Popsicles in the 50's Diner! [BD]
- 1:00 ♠️ 3 to 13 Card Game! [MDT]
- 1:00 ♠️ Scrabble with Friends [MDT]
- 2:30 ★ September Sign-Up Social ~ Sign-Up for all RSVP Activities [MDT]
- 6:00 🎬 Evening Movie: Splash -1984- (PG) 1h 51m [MDT]

Final Day to RSVP for Thursday Excursion **29**

Happy Birthday Betty Valenzuela!!

8:00 ★ **Guardian Angels Catholic Church [PL]**

8:15 ★ **Shadow Mountain Church Drive [PL]**

9:00 † **Sunday Morning Church Service with Pastor Bill [CH]**

10:15 ★ **Shadow Mountain Church Drive [PL]**

12:00 🐾 **Bow Wow Dog Social [PL]**

3:00 **Puzzles on the 4th Floor [PL4]**

Happy Birthday Mary **30**
Ann Fentress!!

9:15 ↔ **Morning Stretches - Instructional Video [FR]**

11:00 ☕ **Coffee in the Sea Lounge on the 2nd Floor [TL]**

1:00 ♠ **\$4 Bingo [MDT]**

1:00 ♠ **Hand & Foot [50GR]**

3:00 🎵 **Learn to Line Dance! ~ Self Run [MDT]**

4:30 🐾 **Happy Tails ~ Evening Dog Walk [PL]**

- ANIMALS
- ARTS
- EXERCISE
- FILM
- GAMES
- HAPPY HOUR
- HEALTH
- INTELLECTUAL
- MUSIC
- ★ RSVP
- SOCIAL
- SPIRITUAL

Happy Labor Day!

September 2nd, 2024

Doctor Drives
619-905-3061

Monday- Friday
9am - 3pm

For Appts further than 15 Miles
9am - 1pm

No Transportaion after 12pm on the
22nd of Each Month



Fall Shopping Fair!

SUPPORT
LOCAL
BUSINESS

September 25th

All Activities With A
RED STAR
Require You to Sign
Up.
Call Extension
**3910 to Sign Up for
Activities!**

**LIFE ENRICHMENT
TEAM
(619) 258-8886
Ext: 3910**

**Plazalifeenrichment
@lanterncrest.com**

Activities is always looking for resident input & suggestions for new activities, movies & outings.

You can find the 'Suggestion' Box hanging on the wall located just outside of the Activities office near the Sharp Clinic.

Please see Pointe
Activity
Calendar for
Additional
Activities

**HAPPY BIRTHDAY
PLAZA STAFF!!**

Andres Gutierrez ~ 9/16

Karen Enriquez ~ 9/19

Miguel Hermoso ~ 9/23

Anna Eakins ~ 9/25

Location Key

50GR - 50's Game Room
AO - Plaza Activities Office
BBC - Bocce Ball Court
BD - Bel Air Diner
BLR - 5th Floor Billiards Room
BPD - Balboa Private Dining
CC - Coronado Courtyard
CDR - Catalina Dining Room
CH - Reflections Chapel
FR - Fitness Room
IPS - Indoor Pool and Spa
MB - Miramar Bar
MDT - Movie Dinner Theater
PL - Plaza Lobby
PL4 - Puzzle Lounge/ Library
SC - Sunken Courtyard
TL - 2nd Floor Turtle Lounge
TR - King Charles Tea Room