

October at the Plaza

HAPPY BIRTHDAY

Jackie Lyons ~ 10/04
 Carol Pierce ~ 10/07
 Judy Schenck ~ 10/08
 Jo Huston ~ 10/11
 Suzanne Lipe ~ 10/13
 Pete Lipe ~ 10/22
 Lucila Sanchez ~ 10/31

Location Key

50GR - 50's Game Room
 AO - Plaza Activities Office
 BBC - Bocce Ball Court
 BD - Bel Air Diner
 BLR-5th Floor Billiards Room
 BPD - Balboa Private Dining
 CC - Coronado Courtyard
 CDR - Catalina Dining Room
 CH - Reflections Chapel
 FR - Fitness Room
 IPS - Indoor Pool and Spa
 MB - Miramar Bar
 MDT - Movie Dinner Theater
 PL - Plaza Lobby
 PL4 - Puzzle Lounge/ Library
 SC - Sunken Courtyard
 TL - 2nd Floor Turtle Lounge
 TR - King Charles Tea Room

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>All Activities With A RED STAR Require You to Sign Up. Call Extension 3910 to Sign Up for Activities!</p>	<p>LIFE ENRICHMENT TEAM (619) 258-8886 Ext: 3910 Plazalifeenrichment@lanterncrest.com</p>	<p>Spooky Door Decorating Contest! ~ Winner Announced at Happier Hour 10/25</p> <p>9:00 ↔ Indoor Water Aerobics with Peggy [IPS] 10:15 ↔ Core Strength and Weights with Karl [FR] 11:00 ☹️ Cornhole by the Moss Wall [PL] 12:30 ♠️ Dominoes [50GR] 3:00 ♠️ Nickel Blackjack [50GR] 3:30 Transportation Committee Meeting [V] 4:15 ⚡ Technology Help - Bring Your Device! [AO] 6:00 🎬 Evening Movie: Breakfast at Tiffany's -1961- (G) 1h 55m [MDT]</p>	<p>10:00 ↔ Morning Stretches - Instructional Video [FR]</p> <p>11:00 ↔ Warm-Up and Work Out with Dennis [FR] 12:00 ☹️ Lunch Bunch with Amy [CDR] 1:00 ♠️ \$4 Bingo [MDT] 2:00 ↔ Lantern Crest Bowling League [BD] 3:00 🍷 Women's Wine Time [MDT] 4:30 🐾 Happy Tails ~ Evening Dog Walk [PL]</p>	<p>Final Day to RSVP for Saturday Shopping</p> <p>10:15 ↔ Core Strength and Weights with Karl [FR] 11:30 ★ Excursion to Hobby Lobby & Ross [PL] 11:30 🎬 Matinee Movie: La La Land -2016- (PG-13) 2h 8m [MDT] 1:00 Resident Council Board Member Meeting [BPD] 3:00 ⚡ Community Stakeholders Meeting with the Santee Fire Department [MDT] 4:00 ★ Specialty Buffet at The Pointe [V] 4:15 ⚡ Technology Help - Bring Your Device! [AO]</p>	<p>Happy Birthday Jackie Lyons!!</p> <p>Last day to RSVP for the Welcoming Event ~ Pride Follow-Up</p> <p>9:30 ↔ Cardio Drumming Video [FR] 10:00 ↔ Ladder Toss Game [PL] 11:00 ☹️ Free Friday Vitals Check with Senior Helpers [PL] 12:00 ♠️ Hand, Knee, and Foot [50GR] 3:00 🎶 Happier Hour with Live Music Come Back Buddy [CDR] 4:30 🐾 Happy Tails ~ Evening Dog Walk [PL]</p>	<p>10:00 ↔ Chair Yoga with Heidi [FR]</p> <p>12:30 ☹️ Root Beer Floats in the 50's Diner! [BD] 1:00 ♠️ 3 to 13 Card Game! [MDT] 1:00 ♠️ Scrabble with Friends [MDT] 3:00 ♠️ Nickel Blackjack [50GR] 6:00 🎬 Evening Movie: 1917 -2019- (R) 1h 59m [MDT]</p>
<p>Final Day to RSVP for Thursday Excursion</p> <p>8:00 ★ Guardian Angels Catholic Church [PL] 8:15 ★ Shadow Mountain Church Drive [PL] 9:00 † Sunday Morning Church Service with Pastor Bill [CH] 10:00 ♠️ NEW! Bridge Club [MDT] 10:15 ★ Shadow Mountain Church Drive [PL] 12:00 🐾 Bow Wow Dog Social [PL] 1:30 ★ Amy's Arts and Crafts: Cat Squeegie Painting [MDT] 2:30 ♠️ NEW! Games with Friends! [50GR] 3:00 ★ Oktoberfest Beer Tasting!! [BPD]</p>	<p>Happy Birthday Carol Pierce!!</p> <p>10:00 ↔ Morning Stretches - Instructional Video [FR] 11:00 ☹️ Coffee in the Sea Lounge on the 2nd Floor [TL] 1:00 ♠️ \$4 Bingo [MDT] 1:00 ♠️ Hand & Foot [50GR] 2:00 ☹️ Share, Support, Socialize with Amy from Senior Helpers [TL] 3:00 🎶 Learn to Line Dance! [MDT] 4:30 🐾 Happy Tails ~ Evening Dog Walk [PL]</p>	<p>Happy Birthday Judy Schenck!!</p> <p>9:00 ↔ Indoor Water Aerobics with Peggy [IPS] 9:15 † St. Kieran's Communion Service [CH] 10:15 ↔ Core Strength and Weights with Karl [FR] 11:00 ☹️ Cornhole by the Moss Wall [PL] 12:30 ♠️ Dominoes [50GR] 2:00 Rider Mobility - Wheelchair & Walker Repair [CH] 3:00 ♠️ Nickel Blackjack [50GR] 4:15 ⚡ Technology Help - Bring Your Device! [AO] 6:00 🎬 Evening Movie: The Breakfast Club -1985- (R) 1h 37m [MDT]</p>	<p>10:00 ↔ Morning Stretches - Instructional Video [FR]</p> <p>11:00 ↔ Warm-Up and Work Out with Dennis [FR] 12:00 ☹️ Lunch Bunch with Amy [CDR] 1:00 ♠️ \$4 Bingo [MDT] 2:00 ⚡ Table Talk and Tasty Treats with Chef Phil [BPD] 3:00 🍷 Men's Brew Crew [BD] 4:00 ★ Welcoming Event ~ Pride Follow-Up 4:00-6:00pm [CC] 4:30 🐾 Happy Tails ~ Evening Dog Walk [PL]</p>	<p>Final Day to RSVP for Saturday Shopping</p> <p>10:15 ↔ Core Strength and Weights with Karl [FR] 11:00 ⚡ Tech Hour with LOVE [TR] 11:30 ★ Excursion to Jamul Casino [PL] 11:30 🎬 Matinee Movie: Edward Scissorhands -1990- (PG-13) 1h 45m [MDT] 2:30 ☹️ New Resident Mingle!! [CH] 3:00 ⚡ TED-Ed Talk and Discuss [MDT] 4:00 ★ Specialty Buffet at The Pointe [V] 4:15 ⚡ Technology Help - Bring Your Device! [AO]</p>	<p>Happy Birthday Jo Huston!!</p> <p>9:30 ↔ Cardio Drumming Video [FR] 10:00 ↔ Ladder Toss Game [PL] 11:00 ☹️ Free Friday Vitals Check with Senior Helpers [PL] 12:00 ♠️ Hand, Knee, and Foot [50GR] 3:00 🎶 Happier Hour with Live Music Brown Sugar Oldies [CDR] 4:30 🐾 Happy Tails ~ Evening Dog Walk [PL]</p>	<p>10:00 ↔ Chair Yoga with Heidi [FR]</p> <p>10:00 ★ Saturday Excursion to Ladies of the Lake Craft Fair [PL] 1:00 ♠️ 3 to 13 Card Game! [MDT] 1:00 ♠️ Scrabble with Friends [MDT] 3:00 ♠️ Nickel Blackjack [50GR] 6:00 🎬 Evening Movie: Beetlejuice -1988- (PG) 1h 32m [MDT]</p>
<p>Final Day to RSVP for Thursday Excursion</p> <p>Happy Birthday Suzanne Lipe!!</p> <p>8:00 ★ Guardian Angels Catholic Church [PL] 8:15 ★ Shadow Mountain Church Drive [PL] 9:00 † Sunday Morning Church Service with Pastor Bill [CH] 10:00 ♠️ NEW! Bridge Club [MDT] 10:15 ★ Shadow Mountain Church Drive [PL] 12:00 🐾 Bow Wow Dog Social [PL] 1:30 ★ Amy's Arts and Crafts: Sharpie Vases [PL] 2:30 ♠️ NEW! Games with Friends! [50GR] 3:00 ☹️ Monthly Building Tour with Activities! [PL]</p>	<p>10:00 ↔ Morning Stretches - Instructional Video [FR]</p> <p>11:00 ☹️ Coffee in the Sea Lounge on the 2nd Floor [TL] 1:00 ♠️ \$4 Bingo [MDT] 1:00 ♠️ Hand & Foot [50GR] 3:00 🎶 Learn to Line Dance! [MDT] 4:30 🐾 Happy Tails ~ Evening Dog Walk [PL]</p>	<p>9:00 ↔ Indoor Water Aerobics with Peggy [IPS]</p> <p>10:15 ↔ Core Strength and Weights with Karl [FR] 11:00 ☹️ Cornhole by the Moss Wall [PL] 11:30 ★ Veterans' Luncheon at The Plaza [BD] 12:30 ♠️ Dominoes [MDT] 3:00 ♠️ Nickel Blackjack [50GR] 4:15 ⚡ Technology Help - Bring Your Device! [AO] 6:00 🎬 Evening Movie: The Haunted Mansion -2003- (PG) 1h 28m [MDT]</p>	<p>10:00 ↔ Morning Stretches - Instructional Video [FR]</p> <p>11:00 ↔ Warm-Up and Work Out with Dennis [FR] 12:30 ⚡ Medicare Seminar from Capstone Services [MDT] 2:00 ↔ Lantern Crest Bowling League [BD] 3:00 🍷 Women's Wine Time [MDT] 4:30 🐾 Happy Tails ~ Evening Dog Walk [PL]</p>	<p>10:15 ↔ Core Strength and Weights with Karl [FR]</p> <p>11:30 🎬 Matinee Movie: It's the Great Pumpkin, Charlie Brown -1966- (G) 25 m [MDT] 1:00 ⚡ LCRA General Meeting [MDT] 3:30 ☹️ Calendar Brainstorm with Activities [MDT] 4:00 ★ Specialty Buffet at The Pointe [V] 4:15 ⚡ Technology Help - Bring Your Device! [AO] 4:30 ★ Excursion to Olive Garden [PL]</p>	<p>9:00 ☹️ Beltone Hearing Aid Check and Cleaning ~ 9am-11am [TR]</p> <p>9:30 ↔ Cardio Drumming Video [FR] 10:00 ↔ Ladder Toss Game [PL] 11:00 ☹️ Free Friday Vitals Check with Senior Helpers [PL] 12:00 ♠️ Hand, Knee, and Foot [50GR] 3:00 🎶 Happier Hour with Live Music Double Take [CDR] 4:30 🐾 Happy Tails ~ Evening Dog Walk [PL]</p>	<p>9:30 ★ Weekly Shopping: Walmart [PL]</p> <p>10:00 ↔ Chair Yoga with Heidi [FR] 12:30 ☹️ Root Beer Floats in the 50's Diner! [BD] 1:00 ♠️ 3 to 13 Card Game! [MDT] 1:00 ♠️ Scrabble with Friends [MDT] 3:00 ♠️ Nickel Blackjack [50GR] 6:00 🎬 Evening Movie: The Six Sense -1999- (PG-13) 1h 47m [MDT]</p>

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Final Day to RSVP for Thursday Excursion 20 8:00 ★ Guardian Angels Catholic Church [PL] 8:15 ★ Shadow Mountain Church Drive [PL] 9:00 † Sunday Morning Church Service with Pastor Bill [CH] 10:00 ♣ NEW! Bridge Club [MDT] 10:15 ★ Shadow Mountain Church Drive [PL] 12:00 🐾 Bow Wow Dog Social [PL] 2:30 ♣ NEW! Games with Friends! [50GR]	10:00 ↔ Morning Stretches - Instructional Video [FR] 11:00 ☕ Coffee in the Sea Lounge on the 2nd Floor [TL] 1:00 ♣ \$4 Bingo [MDT] 1:00 ♣ Hand & Foot [50GR] 2:00 ☕ Share, Support, Socialize with Amy from Senior Helpers [TL] 3:00 🎵 Learn to Line Dance! [MDT] 4:30 🐾 Happy Tails ~ Evening Dog Walk [PL]	All Staff Meeting: No Doctor Appointments After 12pm Happy Birthday Pete Lipe!! 9:00 ↔ Indoor Water Aerobics with Peggy [IPS] 9:15 † St. Kieran's Communion Service [CH] 10:15 ↔ Core Strength and Weights with Karl [FR] 11:00 ☕ Cornhole by the Moss Wall [PL] 12:30 ♣ Dominoes [50GR] 3:00 ♣ Nickel Blackjack [50GR] 4:15 💡 Technology Help - Bring Your Device! [AO] 6:00 🎬 Evening Movie: The Night Before Christmas -1993- (PG) 1h 15m [MDT]	Annual Plaza Staff Pumpkin Decoration Contest Begins - VOTE NOW!! 10:00 ☕ Fashion On The Go ~ 10am - 2:00pm [PL] 11:00 ↔ Warm-Up and Work Out with Dennis [FR] 12:00 ☕ Lunch Bunch with Amy [CDR] 1:00 ♣ \$4 Bingo [MDT] 2:00 💡 Table Talk and Tasty Treats with Chef Phil [BPD] 3:00 🍷 Men's Brew Crew [BD] 4:30 🐾 Happy Tails ~ Evening Dog Walk [PL]	Last Day to Vote for the Spooky Door Decorating Contest! ~ Winner Announced at Happier Hour 10/25 10:15 ↔ Core Strength and Weights with Karl [FR] 11:00 ★ Excursion to Dudley's Bakery & Julian Pie Company [PL] 11:00 💡 Tech Hour with LOVE [TR] 11:30 🎬 Matinee Movie: Jaws -1975- (PG) 2h 4m [MDT] 3:00 💡 TED-Ed Talk and Discuss [MDT] 4:00 ★ Specialty Buffet at The Pointe [V] 4:15 💡 Technology Help - Bring Your Device! [AO]	9:30 ↔ Cardio Drumming Video [FR] 10:00 ↔ Ladder Toss Game [PL] 11:00 ☕ Free Friday Vitals Check with Senior Helpers [PL] 12:00 ♣ Hand, Knee, and Foot [50GR] 1:00 ☕ Good Mental Health is Ageless [MDT] 2:00 💡 LC Community Book Club at The Plaza [TL] 3:00 🎵 Happy Birthday Happier Hour with Live Music Fireball Xpress [CDR] 4:30 🐾 Happy Tails ~ Evening Dog Walk [PL]	9:30 ★ Weekly Shopping: Trader Joes [PL] 10:00 ↔ Chair Yoga with Heidi [FR] 12:30 ☕ Root Beer Floats in the 50's Diner! [BD] 1:00 ♣ 3 to 13 Card Game! [MDT] 1:00 ♣ Scrabble with Friends [MDT] 3:00 ♣ Nickel Blackjack [50GR] 6:00 🎬 Evening Movie: The Mummy -1932- (NR) 1h 12m [MDT]

Final Day to RSVP for Thursday Excursion 27 8:00 ★ Guardian Angels Catholic Church [PL] 8:15 ★ Shadow Mountain Church Drive [PL] 9:00 † Sunday Morning Church Service with Pastor Bill [CH] 10:00 ♣ NEW! Bridge Club [MDT] 10:15 ★ Shadow Mountain Church Drive [PL] 12:00 🐾 Bow Wow Dog Social [PL] 1:30 ★ Amy's Arts and Crafts: Halloween Lanterns [MDT] 2:30 ♣ NEW! Games with Friends! [50GR]	Donation Day Pick Up ~ Contact Activities for Details x3910 28 10:00 ↔ Morning Stretches - Instructional Video [FR] 11:00 ☕ Coffee in the Sea Lounge on the 2nd Floor [TL] 1:00 ♣ \$4 Bingo [MDT] 1:00 ♣ Hand & Foot [50GR] 2:00 Dining Committee Meeting [BPD] 3:00 🎵 Learn to Line Dance! [MDT] 4:30 🐾 Happy Tails ~ Evening Dog Walk [PL]	9:00 ↔ Indoor Water Aerobics with Peggy [IPS] 10:15 ↔ Core Strength and Weights with Karl [FR] 11:00 ☕ Cornhole by the Moss Wall [PL] 12:30 ♣ Dominoes [50GR] 2:30 ★ November Sign-Up Social! [MDT] 4:15 💡 Technology Help - Bring Your Device! [AO] 6:00 🎬 Evening Movie: Dracula -1931- (NR) 1h 15m [MDT]	10:00 ↔ Morning Stretches - Instructional Video [FR] 11:00 ↔ Warm-Up and Work Out with Dennis [FR] 12:00 ☕ Lunch Bunch with Amy [CDR] 1:00 ♣ \$4 Bingo [MDT] 2:00 ↔ Lantern Crest Bowling League [BD] 3:00 🍷 Together We Drink!! [BD] 4:30 🐾 Happy Tails ~ Evening Dog Walk [PL]	Final Day to RSVP for Saturday Shopping Halloween 31 Happy Birthday Lucila Sanchez!! 10:15 ↔ Core Strength and Weights with Karl [FR] 11:30 🎬 Matinee Movie: Hocus Pocus -1993- (PG) 1h 36m [MDT] 12:00 ★ Excursion to Grossmont Mall [PL] 4:00 ★ Specialty Buffet at The Pointe [V] 5:30 ♣ Halloween Bingo Bash!! Free to Play ~ Prizes to Win! [MDT]	<ul style="list-style-type: none"> 🐾 ANIMALS 🎨 ARTS ↔ EXERCISE 🎬 FILM ♣ GAMES 🍷 HAPPY HOUR ☕ HEALTH 💡 INTELLECTUAL 🎵 MUSIC ★ RSVP ☕ SOCIAL † SPIRITUAL 	<p>Please see Pointe Activity Calendar for Additional Activities</p>
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Doctor Drives
 619-905-3061

Monday- Friday
 9am - 3pm

For Appts further than 15 Miles
 9am - 1pm

No Transportaion after 12pm on the
 22nd of Each Month

Halloween
BINGO BASH
 October 31st

Activities is always looking for resident input & suggestions for new activities, movies & outings.

You can find the 'Suggestion' Box hanging on the wall located just outside of the Activities office near the Sharp Clinic.

Happy Birthday Plaza Staff!!

Joe Oslin ~ 10/17
 Jessica Velasco ~ 10/19
 Carolina Diaz ~ 10/24
 George Grasse ~ 10/27