

NOVEMBER AT THE RIDGE						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>Maritza Aguirre Life Enrichment Director</p> <p>At The Ridge 800 Lantern Crest Way Santee, Ca 92071</p> <p>619-258-8886 Maritza.aguirre@lanterncrest.com</p>		<p>L1 - Lounge 1 CR - Card Room MDR - Montecito Dining Room AC - Art & Craft RT - Ridge Theater LCK - Lantern Crest Kitchen BISR - Bistro CD - Coronado Dining</p>		<p><u>All Saints Day</u> <u>Take a walk and find "The Turkey"</u> 1</p> <p>9:45 Daily Chronicle & Word Search 10:00 <u>Stretch & Cycling with Aurora [MDR]</u> 10:30 <u>Cover the Number Game [L1]</u> 11:00 1:1 Resident visits 12:00 Walk The Halls 1:00 <u>Movie & Popcorn "COCO" [RT]</u> 1:30 <u>Kings in the Corner Card Game "Sports Lounge"</u> 2:00 <u>LOVE ON A LEASH</u> 3:00 <u>Bingo for Tickets</u> 4:45 <u>Happy hour with "DOUBLE TAKE" Coronado Dining</u> 5:00 Enjoy a Game with Friends at the "Sports Lounge"</p>	<p><u>All Soul's Day</u> <u>Take a walk and find "The Turkey"</u> 2</p> <p>9:45 Daily Chronicle & Word Search 10:00 <u>Upper body Weight Training</u> 10:30 <u>Courtyard Social & Watering Garden</u> 11:00 1:1 Resident visits 12:00 Walk The Halls 1:30 <u>Kings in the Corner Card Game "Sports Lounge"</u> 1:30 <u>Ryan Collingwood with "BLUE SUEDE ELVIS" [MDR]</u> 3:00 <u>Dominos Games "Tickets" [L1]</u> 5:00 Enjoy a Game with Friends at the "Sports Lounge"</p>
<p><u>Daylight Saving Time Ends</u> <u>Happy Birthday Brandon A.</u> 3 <u>Take a walk and find "The Turkey"</u></p> <p>9:45 Daily Chronicle & Word Search 10:00 <u>Trip to Walmart or Target</u> 10:45 <u>Love on a Leash [L1]</u> 11:00 1:1 Resident visits 12:00 Walk The Halls 1:00 <u>Netflix Movies [RT]</u> 1:30 <u>Blackjack Game [CR]</u> 1:30 <u>Kings in the Corner Card Game "Sports Lounge"</u> 2:30 <u>Pool Noodle Exercise Class with Maritza [L1]</u> 3:00 <u>UNO Game [L1]</u> 5:00 Enjoy a Game with Friends at the "Sports Lounge"</p>	<p><u>Happy Birthday Lorraine E. & Jon M.</u> 4 <u>Take a walk and find "The Turkey"</u></p> <p>9:45 Daily Chronicle & Word Search 10:00 <u>Stretch & Cycling with Maritza [MDR]</u> 10:30 <u>Bible Study & Hymns w/ Pastor Bob [L1]</u> 11:00 1:1 Resident visits 12:00 Walk The Halls 1:00 <u>Baking Sweets & Calendar Planning with Maritza [LCK]</u> 1:15 <u>Bible Study Fellowship with Marilou Sibaja [L1]</u> 1:30 <u>Kings in the Corner Card Game "Sports Lounge"</u> 2:30 <u>Bingo for Tickets [AC]</u> 3:30 <u>Sorting & Organizing Art Room</u> 5:00 Enjoy a Game with Friends at the "Sports Lounge"</p>	<p><u>Election Day</u> <u>Take a walk and find "The Turkey"</u> 5 <u>St. Kieran's Church Communion with Gina [RT]</u></p> <p>9:45 Daily Chronicle & Word Search 10:00 <u>Balloon Volleyball Game with Purple Majesties & Purple People Eaters [CD]</u> 11:00 1:1 Resident visits 12:00 Walk The Halls 1:30 <u>Chat with our Sous Chef Efren & Kathy Dining Room Supervisor [CD]</u> 1:30 <u>Kings in the Corner Card Game "Sports Lounge"</u> 2:30 <u>Coffee Bar with "Variety of Torani Flavored Syrup" [BISR]</u> 3:00 <u>Word in a Word Game [BISR]</u> 4:30 <u>Happy Hour with "BLUE ZONE" [MDR]</u> 5:00 Enjoy a Game with Friends at the "Sports Lounge"</p>	<p><u>Spirit Wednesday "Flannels or Thankful Quote T-Shirts"</u> 6 <u>Take a walk and find "The Turkey"</u></p> <p>9:45 Daily Chronicle & Word Search 10:15 <u>Stretch & Strength with Angie from Mobile Therapy [CD]</u> 11:00 1:1 Resident visits 11:30 <u>VETERANS LUNCHEON with Derrik from "Mission Hospice" Coronado Dining</u> 12:00 Walk The Halls 1:00 <u>Bingo for Tickets [AC]</u> 1:30 <u>Kings in the Corner Card Game "Sports Lounge"</u> 2:15 Bridge Game with Friends [L1] 2:30 <u>Holiday Crafts</u> 4:30 <u>Wine Down Wednesday</u> 5:00 Enjoy a Game with Friends at the "Sports Lounge"</p>	<p><u>Chef's Corner 11:30-12:30pm</u> <u>Take a walk and find "The Turkey"</u> 7</p> <p>9:45 Daily Chronicle & Word Search 10:00 <u>November Concert with "Peter Seltser" [MDR]</u> 11:00 1:1 Resident visits 12:00 Walk The Halls 1:00 <u>Axe Throwing Games [L1]</u> 1:30 <u>Kings in the Corner Card Game "Sports Lounge"</u> 2:00 <u>Trivia [L1]</u> 3:00 <u>UNO Game [L1]</u> 4:30 <u>Happy Hour with "BROWN SUGAR OLDIES" Coronado Dining</u> 5:00 Enjoy a Game with Friends at the "Sports Lounge"</p>	<p><u>Take a walk and find "The Turkey"</u> 8</p> <p>9:45 Daily Chronicle & Word Search 10:00 <u>Stretch & Cycling with Aurora [MDR]</u> 10:30 <u>LCR Game [L1]</u> 11:00 1:1 Resident visits 12:00 Walk The Halls 1:00 <u>Movie & Popcorn "TWO WEEK NOTICE" [RT]</u> 1:30 <u>Kings in the Corner Card Game "Sports Lounge"</u> 3:00 <u>Bingo for Tickets</u> 4:30 <u>Piano Music with "TREVOR GIBSON" [MDR]</u> 5:00 Enjoy a Game with Friends at the "Sports Lounge"</p>	<p><u>Take a walk and find "The Turkey"</u> 9</p> <p>9:45 Daily Chronicle & Word Search 10:00 <u>Upper body Weight Training</u> 10:30 <u>Courtyard Social & Watering Garden</u> 11:00 1:1 Resident visits 11:00 <u>DJ SPEED RACER with "John" Coronado Dining</u> 12:00 Walk The Halls 1:00 <u>Blackjack Game [CR]</u> 1:30 <u>Kings in the Corner Card Game "Sports Lounge"</u> 2:00 <u>Horse Racing Game [L1]</u> 3:00 <u>UNO GAMES [L1]</u> 5:00 Enjoy a Game with Friends at the "Sports Lounge"</p>
<p><u>Take a walk and find "The Turkey"</u> 10</p> <p>9:45 Daily Chronicle & Word Search 10:00 <u>Trip to Walmart or Target</u> 10:45 <u>Love on a Leash [L1]</u> 11:00 1:1 Resident visits 12:00 Walk The Halls 1:00 <u>Netflix Movies [RT]</u> 1:30 <u>Blackjack Game [CR]</u> 1:30 <u>Kings in the Corner Card Game "Sports Lounge"</u> 2:30 <u>Pool Noodle Exercise Class with Maritza [L1]</u> 3:00 <u>St. Columba Church Service with Bill Bixby</u> 3:00 <u>UNO Game [L1]</u> 5:00 Enjoy a Game with Friends at the "Sports Lounge"</p>	<p><u>Take a walk and find "The Turkey"</u> 11 <u>Veterans Day</u></p> <p>9:45 Daily Chronicle & Word Search 10:00 <u>Resident Fire Alarm Procedure & Disaster Preparedness with Regina [MDR]</u> 10:30 <u>Bible Study & Hymns w/ Pastor Bob [L1]</u> 11:00 1:1 Resident visits 12:00 Walk The Halls 12:30 <u>Veterans Pinning Ceremony [MDR]</u> 1:15 <u>Bible Study Fellowship with Marilou Sibaja [L1]</u> 1:30 <u>Kings in the Corner Card Game "Sports Lounge"</u> 1:30 <u>Veterans Celebration with "The Sophisticates" [MDR]</u> 3:00 <u>She Wore Silver Wings "The Dream of Jean Landis" [RT]</u> 5:00 Enjoy a Game with Friends at the "Sports Lounge"</p>	<p><u>Happy Birthday Percy C.</u> 12 <u>Take a walk and find "The Turkey"</u></p> <p>9:45 Daily Chronicle & Word Search 10:00 <u>Balloon Volleyball Game with Purple Majesties & Purple People Eaters [CD]</u> 11:00 1:1 Resident visits 12:00 Walk The Halls 1:30 <u>Chat with our Sous Chef Efren & Kathy Dining Room Supervisor [CD]</u> 1:30 <u>Kings in the Corner Card Game "Sports Lounge"</u> 2:30 <u>Coffee Bar with "Variety of Torani Flavored Syrup" [BISR]</u> 3:00 <u>Word in a Word Game [BISR]</u> 4:30 <u>Happy Hour & Welcome New Residents with "FIREBALL XPRESS" [MDR]</u> 5:00 Enjoy a Game with Friends at the "Sports Lounge"</p>	<p><u>Happy Birthday Donna M. & Thomas W.</u> 13 <u>Spirit Wednesday "Flannels or Thankful Quote T-Shirts"</u> <u>Take a walk and find "The Turkey"</u> <u>World Kindness Day</u></p> <p>9:45 Daily Chronicle & Word Search 10:15 <u>Stretch & Strength with Angie from Mobile Therapy [CD]</u> 11:00 1:1 Resident visits 12:00 Walk The Halls 1:15 <u>November Concert with "DOUBLE TAKE" [MDR]</u> 1:30 <u>Kings in the Corner Card Game "Sports Lounge"</u> 2:00 Bridge Game with Friends [L1] 3:00 <u>Resident Council Meeting [CD]</u> 4:30 <u>Wine Down Wednesday</u> 5:00 Enjoy a Game with Friends at the "Sports Lounge"</p>	<p><u>Chef's Corner 11:30-12:30pm</u> <u>Take a walk and find "The Turkey"</u> 14</p> <p>9:45 Daily Chronicle & Word Search 10:00 <u>Bocce Ball Is Back! Green Machine vs Red Warriors [L1]</u> 11:00 1:1 Resident visits 12:00 Walk The Halls 1:00 <u>Bowling Games [L1]</u> 1:30 <u>Kings in the Corner Card Game "Sports Lounge"</u> 2:00 <u>Trivia [L1]</u> 3:00 <u>UNO Game [L1]</u> 4:30 <u>Happy Hour with "FIRST STRING BAND" Coronado Dining [MDR]</u> 4:30 <u>Piano Music with "TREVOR GIBSON" [MDR]</u> 5:00 Enjoy a Game with Friends at the "Sports Lounge"</p>	<p><u>Take a walk and find "The Turkey"</u> 15</p> <p>9:45 Daily Chronicle & Word Search 10:00 <u>Stretch & Cycling with Aurora [MDR]</u> 10:30 <u>Cover the Number Game [L1]</u> 11:00 1:1 Resident visits 12:00 Walk The Halls 1:00 <u>Movie & Popcorn "PIXELS" [RT]</u> 1:30 <u>Kings in the Corner Card Game "Sports Lounge"</u> 2:00 <u>LOVE ON A LEASH</u> 3:00 <u>Bingo for Tickets</u> 5:00 Enjoy a Game with Friends at the "Sports Lounge"</p>	<p><u>Happy Birthday Richard G.</u> 16 <u>Take a walk and find "The Turkey"</u></p> <p>9:45 Daily Chronicle & Word Search 10:00 <u>Upper body Weight Training</u> 10:30 <u>Courtyard Social & Watering Garden</u> 11:00 1:1 Resident visits 12:00 Walk The Halls 1:00 <u>Blackjack Game [CR]</u> 1:30 <u>Kings in the Corner Card Game "Sports Lounge"</u> 2:00 <u>Horse Racing Game [L1]</u> 3:00 <u>Dominos Games "Tickets" [L1]</u> 5:00 Enjoy a Game with Friends at the "Sports Lounge"</p>



Sunday Monday Tuesday Wednesday Thursday Friday Saturday

Take a walk and find "The Turkey" 17 9:45 Daily Chronicle & Word Search 10:00 Trip to Walmart or Target 10:45 Love on a Leash [L1] 11:00 1:1 Resident visits 12:00 Walk The Halls 1:30 Kings in the Corner Card Game "Sports Lounge" 1:30 Native American Music with "Many Strings" [MDR] 3:00 UNO Game [L1] 5:00 Enjoy a Game with Friends at the "Sports Lounge"	Happy Birthday Jackie B. & Eva M. 18 Take a walk and find "The Turkey" 9:45 Daily Chronicle & Word Search 10:00 Stretch & Cycling with Maritza [MDR] 10:30 Bible Study & Hymns w/ Pastor Bob [L1] 11:00 1:1 Resident visits 12:00 Walk The Halls 1:00 Baking Sweets & Calendar Planning with Maritza [LCK] 1:15 Bible Study Fellowship with Marilou Sibaja [L1] 1:30 Kings in the Corner Card Game "Sports Lounge" 2:30 Bingo for Tickets [AC] 3:30 Sorting & Organizing Art Room 5:00 Enjoy a Game with Friends at the "Sports Lounge"	Happy Birthday William B. 19 Take a walk and find "The Turkey" 9:20 St. Kieran's Church Communion with Gina [RT] 9:45 Daily Chronicle & Word Search 10:00 Balloon Volleyball Game with Purple Majesties & Purple People Eaters [CD] 11:00 1:1 Resident visits 12:00 Walk The Halls 1:30 Chat with our Sous Chef Efren & Kathy Dining Room Supervisor [CD] 1:30 Kings in the Corner Card Game "Sports Lounge" 2:30 Coffee Bar with "Variety of Torani Flavored Syrup" [BISR] 3:00 Word in a Word Game [BISR] 4:30 Happy Hour with "FIRST STRING BAND" [MDR] 5:00 Enjoy a Game with Friends at the "Sports Lounge"	Spirit Wednesday "Flannels or Thankful Quote T-Shirts" 20 Take a walk and find "The Turkey" 9:45 Daily Chronicle & Word Search 10:15 Stretch & Strength with Angie from Mobile Therapy [CD] 11:00 1:1 Resident visits 12:00 Walk The Halls 1:30 Kings in the Corner Card Game "Sports Lounge" 1:30 L.C. Annual National Pie Day 2:15 Bridge Game with Friends [L1] 3:00 Bingo for Tickets [AC] 4:30 Wine Down Wednesday 5:00 Enjoy a Game with Friends at the "Sports Lounge"	Chef's Corner 11:30-12:30pm 21 Take a walk and find "The Turkey" 9:45 Daily Chronicle & Word Search 10:00 Bocce Ball Is Back! Green Machine vs Red Warriors [L1] 11:00 1:1 Resident visits 12:00 Walk The Halls 1:00 Cornhole Games [L1] 1:30 Gospel Music with STEVE & DIANE [MDR] 1:30 Kings in the Corner Card Game "Sports Lounge" 2:00 Trivia [L1] 3:00 UNO Game [L1] 4:30 Happy Hour with "FIREBALL XPRESS" Coronado Dining 4:30 Piano Music with "TREVOR GIBSON" [MDR] 5:00 Enjoy a Game with Friends at the "Sports Lounge"	All Staff Meeting 22 Take a walk and find "The Turkey" 9:45 Daily Chronicle & Word Search 10:00 Stretch & Cycling with Aurora [MDR] 10:30 Cover the Number Game [L1] 11:00 1:1 Resident visits 12:00 Walk The Halls 1:00 Movie & Popcorn "HALLMARK" [RT] 1:30 Kings in the Corner Card Game "Sports Lounge" 3:00 Bingo for Tickets 5:00 Enjoy a Game with Friends at the "Sports Lounge"	Take a walk and find "The Turkey" 23 9:45 Daily Chronicle & Word Search 10:00 Upper body Weight Training 10:30 Courtyard Social & Watering Garden 11:00 1:1 Resident visits 11:00 DJ SPEED RACER with "John" Coronado Dining 12:00 Walk The Halls 1:00 Blackjack Game [CR] 1:30 Kings in the Corner Card Game "Sports Lounge" 2:00 Horse Racing Game [L1] 3:00 UNO GAMES [L1] 5:00 Enjoy a Game with Friends at the "Sports Lounge"
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Take a walk and find "The Turkey" 24 9:45 Daily Chronicle & Word Search 10:00 Trip to Walmart or Target 10:45 Love on a Leash [L1] 11:00 1:1 Resident visits 12:00 Walk The Halls 1:00 Netflix Movies [RT] 1:30 Blackjack Game [CR] 1:30 Kings in the Corner Card Game "Sports Lounge" 2:30 Pool Noodle Exercise Class with Maritza [L1] 3:00 UNO Game [L1] 5:00 Enjoy a Game with Friends at the "Sports Lounge"	Take a walk and find "The Turkey" 25 9:45 Daily Chronicle & Word Search 10:00 Stretch & Cycling with Maritza [MDR] 10:30 Bible Study & Hymns w/ Pastor Bob [L1] 11:00 1:1 Resident visits 12:00 Walk The Halls 1:00 Baking Sweets & Calendar Planning with Maritza [LCK] 1:30 Kings in the Corner Card Game "Sports Lounge" 2:30 Bingo for Tickets [AC] 3:30 Sorting & Organizing Art Room 5:00 Enjoy a Game with Friends at the "Sports Lounge"	Take a walk and find "The Turkey" 26 9:45 Daily Chronicle & Word Search 10:00 Balloon Volleyball Game with Purple Majesties & Purple People Eaters [CD] 11:00 1:1 Resident visits 12:00 Walk The Halls 1:30 Chat with our Sous Chef Efren & Kathy Dining Room Supervisor [CD] 1:30 Kings in the Corner Card Game "Sports Lounge" 2:30 Coffee Bar with "Variety of Torani Flavored Syrup" [BISR] 3:00 Word in a Word Game [BISR] 4:30 Happy Hour & Birthday Celebration with "BROWN SUGAR OLDIES" Cakes Sponsored by "Comfort & Peace" [MDR] 5:00 Enjoy a Game with Friends at the "Sports Lounge"	Spirit Wednesday "Flannels or Thankful Quote T-Shirts" 27 Take a walk and find "The Turkey" 9:45 Daily Chronicle & Word Search 10:00 Annual Turkey Red Visit 10:15 Stretch & Strength with Angie from Mobile Therapy [CD] 11:00 1:1 Resident visits 12:00 Walk The Halls 1:00 Bingo for Tickets [AC] 1:30 Kings in the Corner Card Game "Sports Lounge" 2:15 Bridge Game with Friends [L1] 2:30 Holiday Crafts 4:30 Wine Down Wednesday 5:00 Enjoy a Game with Friends at the "Sports Lounge"	Chef's Corner 11:30-12:30pm 28 Happy Thanksgiving Take a walk and find "The Turkey" 9:45 Daily Chronicle & Word Search 10:00 Bocce Ball Is Back! Green Machine vs Red Warriors [L1] 11:00 1:1 Resident visits 12:00 Walk The Halls 1:00 Bowling Games [L1] 1:30 Kings in the Corner Card Game "Sports Lounge" 2:00 Trivia [L1] 3:00 UNO Game [L1] 5:00 Enjoy a Game with Friends at the "Sports Lounge"	Take a walk and find "The Turkey" 29 9:45 Daily Chronicle & Word Search 10:00 Stretch & Cycling with Aurora [MDR] 10:30 Cover the Number Game [L1] 11:00 1:1 Resident visits 12:00 Walk The Halls 1:00 Movie & Popcorn "THE RED SHOES" [RT] 1:30 Kings in the Corner Card Game "Sports Lounge" 2:00 LOVE ON A LEASH 3:00 Bingo for Tickets 4:30 Piano Music with "TREVOR GIBSON" [MDR] 5:00 Enjoy a Game with Friends at the "Sports Lounge"	Take a walk and find "The Turkey" 30 9:45 Daily Chronicle & Word Search 10:00 Upper body Weight Training 10:30 Courtyard Social & Watering Garden 11:00 1:1 Resident visits 12:00 Walk The Halls 1:00 Blackjack Game [CR] 1:30 Kings in the Corner Card Game "Sports Lounge" 2:00 Horse Racing Game [L1] 3:00 Dominos Games "Tickets" [L1] 5:00 Enjoy a Game with Friends at the "Sports Lounge"
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VETERANS DAY
11.11.2024

Veterans Pinning Ceremony
@ 12:30pm with
Derrik from Mission Hospice

Join us & Celebrate
@ 1:30pm with
The Sophisticats Band
Montecito's Dining

HONORING ALL WHO SERVED

Join us on November 2nd
@ 1:30pm Montecito's Dining

Day of the Dead Celebration with Ryan Collinwood as Blue Suede Elvis

Resident Birthdays	
Brandon A.	11/3
Lorraine E.	11/4
Jon M.	11/4
Percy C.	11/12
Donna M.	11/13
Thomas W.	11/13
Richard G.	11/16
Jackie B.	11/18
Eva M.	11/18
William B.	11/19

Annual L.C. National Pie Day!

residents, families & staff

JOIN US FOR A SLICE OF PIE FROM ALL OUR FRIENDS!

November 20th
@ The Ridge lobby
1:30-2:30pm

thank you!

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Maritza.aguirre@lanterncrest.com

November

Concerts
JOIN US
NOVEMBER 7TH
@ 10:00AM WITH
PETER SELTSE

NOVEMBER 13TH
@ 1:15PM WITH
DOUBLE TAKE

Coronado Dining

DJ Speed

Racer

START 11:30am-1:00pm
Saturday November
9th & 23rd
Don't Miss Out it's a BLAST!