December AL at The Ridge Sunday Monday Wednesday Friday Tuesday Saturday Thursday **Directors & Staff Christmas** Take a walk and find "The Take a walk and find "The Chef's Corner 11:30-12:30pm 7 2 Spirt Wednesday "Ugly Sweater" Take a walk and find "The Take a walk and find "The Take a walk and find "The Happy Birthday Marlena F. Tree Competition Starts Snowman" 9:45 Daily Chronicle & Word 9:20 St. Kieran's Church Take a walk and find "The Snowman" Take a walk and find "The Snowmar 9:45 Daily Chronicle & Word 9:45 Daily Chronicle & Word Communion with Gina [RT] Search 9:45 Daily Chronicle & Word Search 9:45 Daily Chronicle & Word Search 9:45 Daily Chronicle & Word Search Search 10:00 Stretch & Cycling with Maritza 9:45 Daily Chronicle & Word Search 10:15 Stretch & Strength with Angle from 10:00 Bocce Ball Is Back! Green Machine Search 10:00 Upper body Weight Training Mobile Therapy [CD] 10:00 Balloon Volleyball Game with Purple vs Red Warriors [L1] 10:00 Stretch & Cycling with [L1] 10:45 Love on a Leash [L1] 10:30 Bible Study & Hymns w/ Pastor Bob Majesties & Purple People Eaters 10:30 Trivia [L1] 10:00 Eggnog & Crafting [AC] Damon [MDR] [L1] [CD] 10:30 Courtyard Social & Watering 11:00 1:1Resident visits 11:00 1:1Resident visits 11:00 1:1Resident visits 10:30 Trivia [L1] 11:00 1:1Resident visits 10:00 Bocce Ball [L1] 12:00 Walk The Halls Garden 12:00 Walk The Halls 12:00 Walk The Halls 11:00 1:1Resident visits 12:00 Walk The Halls 11:00 1:1Resident visits 1:30 Blue Suede Elvis "CHRISTMAS 1:00 Name the Tune [L1] 11:00 1:1Resident visits 1:00 Movies & Popcorn "Little 1:00 Baking Sweets & Calendar Planning 12:00 Walk The Halls 12:00 Walk The Halls SHOW" [MDR] 1:00 Rag Wreaths [AC] 12:00 Walk The Halls House on the Prairie [RT] with Maritza [LCK] 1:30 Chat with our Sous Chef Efren & 1:30 Kings in the Corner Card Game 1:00 Movie & Popcorn "Elf" [RT] 1:30 Kings in the Corner Card Game 1:00 Blackjack Game [CR] 1:30 Kings in the Corner Card 1:15 Bible Study Fellowship with Marilou Kathy Dining Room Supervisor [CD] "Sports Lounge" "Sports Lounge" 1:30 Kings in the Corner Card Game "Sports Lounge" Sibaja [L1] 1:30 Kings in the Corner Card 1:30 Kings in the Corner Card Game 2:15 Bridge Game with Friends [L1] 2:00 Holiday Cheers wit Executive **Game "Sports Lounge"** 1:30 Kings in the Corner Card Game **Game "Sports Lounge"** 2:30 Decorating Christmas Trees "Sports Lounge" 3:00 Jingle Bingo for Tickets [AC] Director "Diana Weinstein" [L1] 'Sports Lounge' 2:30 Coffee Bar with "Variety of Torani 3:00 Jingle Bingo for Tickets 3:00 Jingle Bingo for Tickets at The with Maritza 2:00 Horse Racing Game [L1] 3:00 **UNO Game [L1]** 2:30 Jingle Bingo for Tickets [AC] Flavored Syrup" & Hot Coco [BISR] **Coronado Dining** 4:30 Piano Music with "TREVOR GIBSON" **[AC]** 5:00 Enjoy a Game with Friends at 3:00 **UNO Game [L1]** 3:30 Sorting & Organizing Art Room 3:00 Word in a Word Game [BISR] 4:30 Wine Down Wednesday the "Sports Lounge" 5:00 Enjoy a Game with Friends 5:00 Enjoy a Game with Friends at 4:30 Happy Hour with "BLUE ZONE" [MDR 5:00 Enjoy a Game with Friends at the 5:00 Enjoy a Game with Friends at the 5:00 Enjoy a Game with Friends at the at the "Sports Lounge" the "Sports Lounge" "Sports Lounge" 5:00 Enjoy a Game with Friends at the "Sports Lounge' "Sports Lounge" "Sports Lounge" Take a walk and find "The Snowman" Take a walk and find "The Chef's Corner 11:30-12:30pm Take a walk and find "The 8 Take a walk and find "The Happy Birthday Gregory J. 9:45 Daily Chronicle & Word Search Start Voting for The Christmas Trees Spirt Wednesday "Ugly Sweater" Take a walk and find "The Snowman" Take a walk and find "The Snowm 10:00 Balloon Volleyball Game with Take a walk and find "The Snowman 9:45 Daily Chronicle & Word 9:45 Daily Chronicle & Word 9:45 Daily Chronicle & Word Snowman' 9:45 Daily Chronicle & Word Search Purple Majesties & Purple People Eaters 9:45 Daily Chronicle & Word Search Search Search 10:00 Bocce Ball Is Back! Green Machine vs Red 9:45 Daily Chronicle & Word Search Search 10:15 Stretch & Strength with Angie from 10:00 Trip to Walmart or Target Warriors [L1] Mobile Therapy [CD]

10:45 Love on a Leash [L1]

11:00 1:1Resident visits 12:00 Walk The Halls

1:00 Movies & Popcorn "Christmas with the Kranks" [RT]

1:30 Blackjack Game [CR]

1:30 Kings in the Corner Card Game "Sports Lounge"

2:30 Pool Noodle Exercise Class with Maritza [L1]

3:00 St. Columba Church Service with Bil **Bixby** [MDR]

3:00 **UNO Game [L1]**

5:00 Enjoy a Game with Friends at the "Sports Lounge"

10:00 Stretch & Cycling with Maritza [MDR]

[L1]

11:00 1:1Resident visits

12:00 Walk The Halls

1:00 Baking Sweets & Calendar Planning with Maritza [LCK]

Sibaja [L1]

1:30 Christmas Show with "HARMONY GALORE" [MDR]

1:30 Kings in the Corner Card Game "Sports Lounge"

3:00 Jingle Bingo for Tickets [AC]

5:00 Enjoy a Game with Friends at the "Sports Lounge"

10:00 Stretch & Cycling with Damor [MDR]

10:30 *Trivia* [L1]

11:00 1:1Resident visits

12:00 Walk The Halls

1:00 Movie & Popcorn "Jingle all the Way" [RT]

1:30 Kings in the Corner Card **Game "Sports Lounge"**

2:00 Love on a Leash

3:00 Jingle Bingo for Tickets [AC]

5:00 Enjoy a Game with Friends at the "Sports Lounge"

10:00 Upper body Weight Training [L1]

10:30 Courtyard Social & Watering Garden

11:00 1:1Resident visits

12:00 Walk The Halls

1:00 Blackjack Game [CR]

1:30 Kings in the Corner Card Game "Sports Lounge"

2:00 Horse Racing Game [L1] 3:00 **UNO Game [L1]**

5:00 Enjoy a Game with Friends at the "Sports Lounge"

9:45 Daily Chronicle & Word

10:00 Trip to Walmart or Target

11:00 1:1Resident visits

Shoes" [RT]

1:30 From Rock to Pop And Folk to Blues Let's Experience the Wonderful **World of Music with Holiday Tunes** with CHRIS BURNS [CR]

"Sports Lounge"

3:00 **UNO Game [L1]**

5:00 Enjoy a Game with Friends at the "Sports Lounge"

10:30 Bible Study & Hymns w/ Pastor Bob

1:15 Bible Study Fellowship with Marilou

10:00 Bowling Games [L1] 11:00 1:1Resident visits

12:00 Walk The Halls 1:30 Chat with our Sous Chef Efren & Kathy

Dining Room Supervisor [CD] 1:30 Kings in the Corner Card Game "Sports

Lounge" 2:30 Coffee Bar with "Variety of Torani Flavored Syrup" & Hot Coco [BISR]

3:00 Word in a Word Game [BISR]

Lounge"

with "FIREBALL XPRESS" [MDR] 5:00 Enjoy a Game with Friends at the "Sports

4:30 Happy Hour & Welcome New Residents

1:00 Jingle Bingo for Tickets at The Corona 1:30 Kings in the Corner Card Game "Sports Lounge'

1:00 Jingle Bingo for Tickets [AC]

11:30 VETERANS LUNCHEON with Derrik from

"Mission Hospice" Coronado Dinina

2:15 Bridge Game with Friends [L1] 3:00 Resident Council Meeting [CD]

4:30 Wine Down Wednesday

10:30 Trivia [L1]

11:00 1:1Resident visits

12:00 Walk The Halls

5:00 Enjoy a Game with Friends at the "Sports Lounge"

Spirt Wednesday "Ugly Sweater" Take a walk and find "The

10:15 Stretch & Strength with Angle from Mobile Therapy [CD]

12:00 Walk The Halls 1:15 December Concert with "DOUBLE

1:30 Kings in the Corner Card Game

3:00 Jingle Bingo for Tickets [AC]

4:30 Wine Down Wednesday 5:00 Enjoy a Game with Friends at the "Sports Lounge"

10:00 Cycling Class [MDR]

1:00 Annual LC National Tamales Day "Lobby"

1:30 Kings in the Corner Card Game "Sports

2:00 Axe Throwing Games "Coronado Dining"

4:30 Happy Hour with "BLUE ZONE BAND"

4:30 Piano Music with "TREVOR GIBSON" [MDR]

5:00 Enjoy a Game with Friends at the "Sports

1:30 Holiday Christmas Show w/ "The Malt Shop

11:00 1:1Resident visits

12:00 Walk The Halls

2:00 Trivia [L1]

3:00 UNO Game [L1]

9:45 Daily Chronicle & Word Search 10:00 December Concert with "PETER

11:00 1:1Resident visits 12:00 Walk The Halls

1:30 Gospel Music with STEVE & DIANE

"Sports Lounge"

4:30 Happy Hour with "THE

4:30 Piano Music with "TREVOR GIBSON

SHOPHISTICATS" Coronado Dining

"Sports Lounge"

Take a walk and find "The Snowman'

9:45 Daily Chronicle & Word Search

10:00 Stretch & Cycling with Damon [MDR]

10:30 *Trivia* [L1]

11:00 1:1Resident visits

12:00 Walk The Halls 1:00 Movie & Popcorn "Home

Alone" [RT] 1:30 Kings in the Corner Card Game "Sports Lounge"

2:00 Love on a Leash

3:00 Jingle Bingo for Tickets [AC] 5:00 Enjoy a Game with Friends at the "Sports Lounge"

Take a walk and find "The 9:45 Daily Chronicle & Word

Search 10:00 Upper body Weight Training [L1]

10:30 Courtyard Social & Watering Garden

11:00 1:1Resident visits

12:00 Walk The Halls 1:00 Blackjack Game [CR]

1:30 Kings in the Corner Card Game "Sports Lounge"

2:00 Horse Racing Game [L1]

3:00 **UNO Game [L1]**

5:00 Enjoy a Game with Friends at the "Sports Lounge"

Take a walk and find "The

Search 10:45 Love on a Leash [L1]

12:00 Walk The Halls

1:00 Movies & Popcorn "The Christmas

1:30 Kings in the Corner Card Game

Happy Birthday Verna I. Take a walk and find "The

9:45 Daily Chronicle & Word Search 10:00 Stretch & Cycling with Maritza [MDR]

10:30 Bible Study & Hymns w/ Pastor Bob

[L1] 11:00 1:1Resident visits

12:00 Walk The Halls 1:00 Baking Sweets & Calendar Planning

with Maritza [LCK] 1:15 Bible Study Fellowship with Marilou Sibaja [L1] 1:30 Kings in the Corner Card Game

<u> "Sports Lounge"</u> 2:30 Jingle Bingo for Tickets [AC] 5:00 Enjoy a Game with Friends at the

"Sports Lounge"

Take a walk and find "The Snowman" 6 9:20 St. Kieran's Church Communion

with Gina [RT] 9:45 Daily Chronicle & Word Search 10:00 Balloon Volleyball Game with Purple

Majesties & Purple People Eaters [CD]

10:00 Bocce Ball [L1] 11:00 1:1Resident visits 12:00 Walk The Halls 1:30 Chat with our Sous Chef Efren & Kathy

Dining Room Supervisor [CD] 1:30 Kings in the Corner Card Game "Sports Lounge'

2:30 Coffee Bar with "Variety of Torani Flavored Syrup" & Hot Coco [BISR] 3:00 Word in a Word Game [BISR]

4:30 Happy Hour with "FIRST STRING BAND" 5:00 Christmas Lights Excursion to Starlight

9:45 Daily Chronicle & Word Search

10:30 Trivia [L1] 11:00 1:1Resident visits

TAKE " [MDR]

"Sports Lounge" 2:30 Bridge Game with Friends [L1]

3:00 Jingle Bingo for Tickets at The **Coronado Dining**

Chef's Corner 11:30-12:30pm Happy Birthday Carolyn T. Take a walk and find "The Snowman"

SELTSER" [MDR]

1:30 Kings in the Corner Card Game

3:00 **UNO Game [L1]**

5:00 Enjoy a Game with Friends at the

December AL at The Ridge

Sunday Take a walk and find "The

9:45 Daily Chronicle & Word Search

10:00 Trip to Walmart or Target

10:45 Love on a Leash [L1]

11:00 1:1Resident visits

12:00 Walk The Halls

1:00 Movies & Popcorn "Prancer" [RT]

1:30 Kings in the Corner Card Game "Sports Lounge"

1:30 Live Music with "Jef Entertaining" [MDR]

2:30 Pool Noodle Exercise Class with Maritza [L1]

3:00 **UNO Game [L1]**

5:00 Enjoy a Game with Friends at the "Sports Lounge"

Monday

Take a walk and find "The

9:45 Daily Chronicle & Word Search

10:00 Stretch & Cycling with Maritza

10:30 Bible Study & Hymns w/ Pastor Bob

11:00 1:1Resident visits 12:00 Walk The Halls

1:15 Bible Study Fellowship with Marilou Sibaia [L1]

1:30 Christmas Concert with STEPHEN KELLY"

1:30 Kings in the Corner Card Game "Sports Lounge"

3:30 Jingle Bingo for Tickets [AC]

5:00 Enjoy a Game with Friends at the "Sports Lounge"

Tuesday

Take a walk and find "The

9:45 Daily Chronicle & Word Search

10:00 Balloon Volleyball Game with Purple Majesties & Purple People Eaters

10:00 Bowling Games [L1]

11:00 1:1Resident visits 12:00 Walk The Halls

1:30 Chat with our Sous Chef Efren & Kathy Dining Room Supervisor [CD]

1:30 Kings in the Corner Card Game "Sports Lounge"

2:30 Coffee Bar with "Variety of Torani Flavored Syrup" & Hot Coco [BISR

3:00 Word in a Word Game [BISR]

5:00 Enjoy a Game with Friends at the "Sports Lounge"

Wednesday

Christmas Day
Spirt Wednesday "Ugly Sweater"

25 Take a walk and find "The Snown

9:45 Daily Chronicle & Word Search

10:00 Stretch & Strenght 10:30 *Trivia* [L1]

11:00 1:1Resident visits

12:00 Walk The Halls

1:30 Kings in the Corner Card Game "Sports Lounge"

1:30 White Elephant Gift Exchange Game

2:15 Bridge Game with Friends [L1]

3:00 Jingle Bingo for Tickets [AC]

4:00 Shopping Cart [AC]

4:30 Wine Down Wednesday

5:00 Enjoy a Game with Friends at the 'Sports Lounge"

Thursday

Take a walk and find "The Sn

9:45 Daily Chronicle & Word Search

10:00 Bocce Ball Is Back! Green Machine vs Red Warriors [L1]

10:00 Trash Card Game [CR]

11:00 1:1Resident visits

12:00 Walk The Halls

1:00 Bowling Games [L1] 1:00 Holiday Crafts [AC]

1:30 Kings in the Corner Card Game "Sports Lounge'

2:00 Name that Tune

2:00 Trivia [L1]

3:00 **UNO Game [L1]**

4:30 Happy Hour with "FIRST STRING BAND"

4:30 Piano Music with "TREVOR GIBSON"

5:00 Enjoy a Game with Friends at the "Sports Lounge

In December

Friday Take a walk and find "The

9:45 Daily Chronicle & Word Search

10:00 Stretch & Cycling with Damon [MDR]

10:30 *Trivia* [L1]

11:00 1:1Resident visits

12:00 Walk The Halls

1:00 Movie & Popcorn "Miracle on 34th Street" [RT]

1:30 Kings in the Corner Card Game "Sports Lounge"

3:00 Jingle Bingo for Tickets [AC]

5:00 Enjoy a Game with Friends at the "Sports Lounge"

Saturday Happy Birthday Vivian S. Take a walk and find "The

9:45 Daily Chronicle & Word Search

10:00 Upper body Weight Training [L1]

10:30 Courtyard Social & Watering **Garden**

11:00 1:1Resident visits

12:00 Walk The Halls

1:00 Blackjack Game [CR]

1:30 Kings in the Corner Card Game "Sports Lounge"

2:00 Horse Racing Game [L1]

3:00 **UNO Game [L1]**

5:00 Enjoy a Game with Friends at the "Sports Lounge"

Take a walk and find "The Snowman"

9:45 Daily Chronicle & Word Search

10:00 Trip to Walmart or Target 10:45 **Love on a Leash [L1]**

11:00 1:1Resident visits 12:00 Walk The Halls

1:00 Movies & Popcorn "The **Christmas Candle**" [RT]

1:30 Blackjack Game [CR]

1:30 Kings in the Corner Card Game "Sports Lounge"

2:30 Pool Noodle Exercise Class with Maritza [L1]

3:00 UNO Game [L1]

5:00 Enjoy a Game with Friends at the "Sports Lounge"

Take a walk and find "The

9:45 Daily Chronicle & Word Search

10:00 Stretch & Cycling with Maritza [MDR]

10:30 Bible Study & Hymns w/ Pastor Bob [L1]

11:00 1:1Resident visits

12:00 Walk The Halls

1:00 Baking Sweets & Calendar Planning with Maritza [LCK]

1:15 Bible Study Fellowship with Marilou Sibaja [L1] 1:30 Kings in the Corner Card Game

"Sports Lounge" 2:30 Jingle Bingo for Tickets [AC]

3:30 Sorting & Organizing Art Room

30

New Years Eve Take a walk and find "The

9:45 Daily Chronicle & Word Search

10:00 Balloon Volleyball Game with Purple Majesties & Purple People Eaters

31

10:00 Bocce Ball [L1]

11:00 1:1Resident visits

12:00 New Years Toast Celebration with "THE SOPHISTICATS" [MDR]

1:30 Chat with our Sous Chef Efren & Kathy Dining Room Supervisor [CD] 1:30 Kings in the Corner Card Game

<u>"Sports Lounge"</u> 2:30 Coffee Bar with "Variety of Torani

Flavored Syrup" & Hot Coco [BISR] 3:00 Word in a Word Game [BISR]

5:00 Enjoy a Game with Friends at the 5:00 Enjoy a Game with Friends at the 'Sports Lounge" "Sports Lounge"

Marlena F. Gregory J. Verna I. Carolyn T.

Resident Birthdays

12/14 12/16 12/19 Vivian S. 12/28

You will be searching for the Snowman!

12/5

Take a walk, join friend and when you find the Snowman leave your name and where

vou found it at The Front Desk.

Thank You!

Maritza Aguirre Life Enrichment Director

At The Ridge 800 Lantern Crest Way Santee, Ca 92071

619-258-8886 Maritza.aguirre@ lanterncrest.com







L1 - Lounge 1 **CR** - Card Room

MDR - Montecito Dining Room

AC - Art & Craft RT - Ridge Theater

> Kitchen **BISR** - Bistro

LCK - Lantern Crest

CD - Coronado Dining







