Men 202	5 * * cheers t	Janua	ry AL at 7	The Ridge 🌔		
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Resident BirthdaysMark C.1/3Toni K.1/9Mary R.1/11Judith G.1/14Patricia L.1/15Linda K.1/22JoAnn F.1/23John S.1/30	Antern Crest Winter WEAR DRIVE Denations vill be dropped orr at local homeses be and unret Donations vill be dropped orr at local homeses Dana 1-27 Drop your donations at the Ridge Lobby Life Enrichment will have a BOX!	Maritza Aguirre Life Enrichment Director At The Ridge 800 Lantern Crest Way Santee, Ca 92071 619-258-8886 Maritza.aguirre@ lanterncrest.com	Happy New Year's Day Spirit Wednesday " Beanies & Cozy Socks" Take a walk and find "The Champagne Bottle" 9:45 Daily Chronicle & Word Search 10:00 Trivia [L1] 10:15 Stretch & Strength [CD] 11:00 1:1Resident visits 12:00 Walk The Halls 1:30 Kings in the Corner Card Game "Sports Lounge" 1:30 New Year's Day Celebration with "Mike & Mandy" [MDR] 2:15 Bridge Game with Friends [L1] 3:00 Bingo for Tickets [AC] 3:00 Bingo for Tickets [CD] 4:30 Wine Down Wednesday 5:00 Enjoy a Game with Friends at the "Sports Lounge"	Chef's Corner 11:30-12:30pm Take a walk and find "The Champagne Bottle" 2 9:45 Daily Chronicle & Word Search 10:00 Bocce Ball Is Back! Green Machine vs Red Warriors [L1] 2 10:00 Crafting / Painting [AC] 11:00 1:1 Resident visits 12:00 Walk The Halls 5 5 1:00 Axe Throwing Games [CD] 1:00 6 1:00 Bowling Games [L1] 5:00 7 1:00 Mame the Tune [L1] 1:00 7 1:00 Bowling Games [L1] 1:30 6 1:00 Bowling Games [L1] 1:30 7 1:00 Trivia [CD] 3:00 1 1:00 Game with Friends at the "Sports Lounge" 5:00	Happy Birthday Mark C. Take a walk and find "The Champagne Bottle" 9:45 Daily Chronicle & Word Search 10:00 Weights & Cycling with Damon [MDR] 10:30 Cover the Number Game [L1] 11:00 1:1Resident visits 12:00 Walk The Halls 1:00 Movie & Popcorn "Mona Lisa Smile [RT] 1:30 Kings in the Corner Card Game "Sports Lounge" 3:00 Bingo for Tickets [AC] 4:45 Happy hour with "DOUBLE TAKE" Coronado Dining 5:00 Enjoy a Game with Friends at the "Sports Lounge"	Take a walk and find "The Champagne Bottle"49:45Daily Chronicle & Word Search10:00Upper body Weight Training [L1]10:30Trivia with Damon [L1]11:001:1Resident visits12:00Walk The Halls1:00Blackjack Game [CR]1:30Kings in the Corner Card Game "Sports Lounge"2:00Horse Racing Game [L1]3:00UNO Game [L1]5:00Enjoy a Game with Friends at the "Sports Lounge"
Take a walk and find "The Champagne Bottle"59:45Daily Chronicle & Word Search10:00Trip to Walmart or Target10:45Love on a Leash [L1]11:001:1Resident visits12:00Walk The Halls1:00Movies Barbra Streisand & Jeff Bridges "The Mirror Has Two Faces" [RT]1:30Blackjack Game [CR]1:30Kings in the Corner Card Game "Sports Lounge"2:30Pool Noodle Exercise Class with Maritza [L1]3:00UNO Game [L1]5:00Enjoy a Game with Friends at the "Sports Lounge"		Take a walk and find "The Champagne Bottle" 7 9:20 St. Kieran's Church Communion with Gina [RT] 9:45 9:45 Daily Chronicle & Word Search 10:00 Balloon Volleyball Game with Purple Majesties & Purple People Eaters [CD] 10:00 Bocce Ball [L1] 11:00 1:1Resident visits 12:00 Walk The Halls 1:30 Chat with our Sous Chef Efren & Kathy Dining Room Supervisor [CD] 1:30 Kings in the Corner Card Game "Sports Lounge" 2:30 Coffee Bar with "Variety of Torani Flavored Syrup" & Hot Coco [BISR] 3:00 Word in a Word Game [BISR] 4:30 Happy Hour with "BLUE ZONE" [MDR] 5:00 Enjoy a Game with Friends at the "Sports Lounge"	Resident Council Meeting Spirit Wednesday " Beanies & Cozy Socks"8Take a walk and find "The Champagne Bottle"9:459:45Daily Chronicle & Word Search10:00Trivia [L1]10:15Stretch & Strength with Angie from Mobile Therapy [CD]11:001:1Resident visits12:00Walk The Halls1:00Bingo for Tickets [AC]1:00Bingo for Tickets [CD]1:30Kings in the Corner Card Game "Sports Lounge"2:15Bridge Game with Friends [L1]3:00Resident Council Meeting [CD]4:30Wine Down Wednesday5:00Enjoy a Game with Friends at the "Sports Lounge"	Chef's Corner 11:30-12:30pm Happy Birthday Toni K. 9 Take a walk and find "The Champagne Bottle" 9:45 Daily Chronicle & Word Search 10:00 Bocce Ball Is Back! Green Machine vs Red Warriors [L1] 10:00 Crafting / Painting [AC] 11:00 1:1Resident visits 12:00 Walk The Halls 1:00 Blackjack Game [CR] 1:00 Trivia [L1] 1:30 Kings in the Corner Card Game "Sports Lounge" 2:00 2:00 Rider Mobility with "Timmy" [L1] 3:00 JNO Game [L1] 4:30 Happy Hour with "THE SHOPHISTICATS" Coronado Dining 4:30 Piano Music with "TREVOR GIBSON" [MDR] 5:00 5:00 Enjoy a Game with Friends at the "Sports Lounge"	Take a walk and find "The Champagne Bottle"109:45 Daily Chronicle & Word Search9:45 Daily Chronicle & Word Search10:00 Weights & Cycling with Damon [MDR]10:30 Cover the Number Game [L1]11:00 1:1Resident visits12:00 Walk The Halls1:00 Movie & Popcorn "Julie & Julia" [RT]1:30 Kings in the Corner Card Game "Sports Lounge"2:00 LOVE ON A LEASH3:00 Bingo for Tickets [AC]5:00 Enjoy a Game with Friends at the "Sports Lounge"	Take a walk and find "The Champagne Bottle"119:45Daily Chronicle & Word Search10:00Upper body Weight Training [L1]10:30Trivia with Damon [L1]11:001:1Resident visits12:00Walk The Halls1:00Blackjack Game [CR]1:30Kings in the Corner Card Game "Sports Lounge"2:00Horse Racing Game [L1]3:00UNO Game [L1]5:00Enjoy a Game with Friends at the "Sports Lounge"
Take a walk and find "The Champagne Bottle"1229:45Daily Chronicle & Word Search10:00Trip to Walmart or Target10:45Love on a Leash [L1]11:001:1Resident visits12:00Walk The Halls1:00Movies Barbra Streisand & Robert Redford "The Way We Were" [RT]1:30Glen Erath "Piano Player" [MDR]1:30Kings in the Corner Card Game "Sports Lounge"2:30Pool Noodle Exercise Class with Maritza [L1]3:00UNO Game [L1]5:00Enjoy a Game with Friends at the "Sports Lounge"	 9:45 Daily Chronicle & Word Search 10:00 <u>Stretch & Cycling with Maritza</u> [MDR] 10:30 <u>Bible Study & Hymns w/ Pastor Bob</u> [1 1] 	Happy Birthday Judith G. Take a walk and find "The Champagne Bottle" 9:45 Daily Chronicle & Word Search 10:00 Balloon Volleyball Game with Purple Majesties & Purple People Eaters [CD] 10:00 Weights Training [L1] 10:30 Cover the Number Game [L1] 11:00 1:1Resident visits 12:00 Walk The Halls 1:30 Chat with our Sous Chef Efren & Kathy Dining Room Supervisor [CD] 1:30 Kings in the Corner Card Game "Sports Lounge" 2:30 Coffee Bar with "Variety of Torani Flavored Syrup" & Hot Coco [BISR] 3:00 Word in a Word Game [BISR] 4:30 Happy Hour & Welcome New Residents with "FIREBALL XPRESS" [MDR] 5:00 Enjoy a Game with Friends at the "Sports Lounge"	Happy Birthday Patricia L. Spirit Wednesday " Beanies & Cozy Socks" Take a walk and find "The Champagne Bottle" 9:45 Daily Chronicle & Word Search 10:00 Trivia [L1] 10:15 Stretch & Strength with Angie from Mobile Therapy [CD] 11:00 1:1Resident visits 12:00 Walk The Halls 1:15 January Concert with "DOUBLE TAKE" [MDR] 1:30 Kings in the Corner Card Game "Sports Lounge" 2:15 Bridge Game with Friends [L1] 2:30 Bingo for Tickets [AC] 2:30 Bingo for Tickets [CD] 4:30 Wine Down Wednesday 5:00 Enjoy a Game with Friends at the "Sports Lounge"	Chef's Corner 11:30-12:30pm Take a walk and find "The Champagne Bottle" 16 9:45 Daily Chronicle & Word Search 10:00 Bocce Ball Is Back! Green Machine vs Red Warriors [L1] 10:00 Crafting / Painting [AC] 11:00 1:1Resident visits 12:00 Walk The Halls 1:30 Gospel Music with "STEVE & DIANE" [MDR] 1:30 Kings in the Corner Card Game "Sports Lounge" 3:00 UNO Game [L1] 4:30 Happy hour with "THE SUNSHINE GANG" Coronado Dining 4:30 Piano Music with "TREVOR GIBSON" [MDR] 5:00 Enjoy a Game with Friends at the "Sports Lounge"	Take a walk and find "The Champagne Bottle"179:45 Daily Chronicle & Word Search9:45 Daily Chronicle & Word Search10:00 Weights & Cycling with Damon [MDR]10:30 Cover the Number Game [L1]10:30 Cover the Number Game [L1]11:00 1:1Resident visits12:00 Walk The Halls1:00 Movie & Popcorn "Urban Cowboy" [RT]1:30 Kings in the Corner Card Game "Sports Lounge"3:00 Bingo for Tickets [AC]5:00 Enjoy a Game with Friends at the "Sports Lounge"	Take a walk and find "The Champagne Bottle"189:45Daily Chronicle & Word Search10:00Upper body Weight Training [L1]10:30Trivia with Damon [L1]11:001:1Resident visits12:00Walk The Halls1:00Blackjack Game [CR]1:30Kings in the Corner Card Game "Sports Lounge"2:00Horse Racing Game [L1]3:00UNO Game [L1]5:00Enjoy a Game with Friends at the "Sports Lounge"

Check gear 202 Sunday	5 * * churb	Tuesday	Wednesday	The Ridge	Friday	Saturday
Surruary Take a walk and find "The Champagne Bottle" 19 9:45 Daily Chronicle & Word Search 10:00 Trip to Walmart or Target 10:00 Trip to Walmart or Target 10:45 Love on a Leash [L1] 11:00 1:1Resident visits 12:00 Walk The Halls 1:00 Movies Brad Pitt & Cate Blanchett "Benjamin Button" [RT] 1:30 Blackjack Game [CR] 1:30 Kings in the Corner Card Game "Sports Lounge" 2:00 St. Columba Church Service with Bill Bixby [MDR] 2:30 Pool Noodle Exercise Class with Maritza [L1] 3:00 UNO Game [L1] 5:00 Enjoy a Game with Friends at the "Sports Lounge"	Martin Luther King. JR. Day Take a walk and find "The <u>Champagne Bottle"</u> 9:45 Daily Chronicle & Word Search 10:00 <u>Stretch & Cycling with Maritza</u> [MDR]	Tuesseary Take a walk and find "The Champagne Bottle" 21 9:20 St. Kieran's Church Communion with Gina [RT] 21 9:45 Daily Chronicle & Word Search 10:00 10:00 Balloon Volleyball Game with Purple Majesties & Purple People Eaters [CD] 10:00 10:00 Bocce Ball [L1] 11:00 1:1Resident visits 12:00 Walk The Halls 1:30 Chat with our Sous Chef Efren & Kathy Dining Room Supervisor [CD] 1:30 Kings in the Corner Card Game "Sports Lounge" 2:30 2:30 Coffee Bar with "Variety of Torani Flavored Syrup" & Hot Coco [BISR] 3:00 Word in a Word Game [BISR] 4:30 Happy Hour with "THE SOPHISTICAT'S" [MDR] 5:00 Enjoy a Game with Friends at the "Sports Lounge"	Wednesday ALL STAFF MEETING Happy Birthday Linda K. 22 Socks" Socks" Take a walk and find "The Champagne Bottle" 9:45 Daily Chronicle & Word Search 10:00 Trivia [L1] 10:15 Stretch & Strength with Angie from Mobile Therapy [CD] 11:00 1:1Resident visits 12:00 Walk The Halls 12:45 Bingo for Tickets [AC] 12:45 Bingo for Tickets [AC] 13:0 Kings in the Corner Card Game "Sports Lounge" 2:15 Bridge Game with Friends [L1] 3:15 Shopping Cart with Aurora & Damon [AC] 4:30 Wine Down Wednesday 5:00 Enjoy a Game with Friends at the "Sports Lounge"	Chef's Corner 11:30-12:30pm Happy Birthday JoAnn F. Take a walk and find "The Champagne Bottle" 9:45 Daily Chronicle & Word Search 10:00 November Concert with "Peter Seltser" [MDR] 11:00 1:1Resident visits 12:00 Walk The Halls 1:00 Bowling Games [L1] 1:00 Cornhole [CD] 1:30 Kings in the Corner Card Game "Sports Lounge" 2:00 Rag Wreaths [AC] 2:00 Trivia [CD] 3:00 UNO Game [L1] 4:30 Happy Hour with "FIRST STRING BAND" Coronado Dining	Take a walk and find "The Champagne Bottle" 24 9:45 Daily Chronicle & Word Search 24 10:00 Weights & Cycling with Damon [MDR] 10:30 10:30 Cover the Number Game [L1] 11:00 11:00 1:1Resident visits 12:00 12:00 Walk The Halls 1:00 1:30 Kings in the Corner Card Game "Sports Lounge" 2:00 2:00 LOVE ON A LEASH 3:00 3:00 Bingo for Tickets [AC] 5:00 5:00 Enjoy a Game with Friends at the "Sports Lounge"	
Take a walk and find "The Champagne Bottle"2669:45 Daily Chronicle & Word Search9:45 Daily Chronicle & Word Search10:00 Trip to Walmart or Target10:45 Love on a Leash [L1]11:00 1:1Resident visits12:00 Walk The Halls1:00 Movies Christian Slater & Mary Stuart Masterson "Bed of Roses" [RT]1:30 Blackjack Game [CR]1:30 Kings in the Corner Card Game "Sports Lounge"2:30 Pool Noodle Exercise Class with Maritza [L1]3:00 UNO Game [L1]5:00 Enjoy a Game with Friends at the "Sports Lounge"	Take a walk and find "The Champagne Bottle" 27 9:45 Daily Chronicle & Word Search 9:45 10:00 Stretch & Cycling with Maritza [MDR] 10:30 10:30 Bible Study & Hymns w/ Pastor Bob [L1] 11:100 11:00 1:1Resident visits 12:00 12:00 Walk The Halls 1:00 1:15 Bible Study Fellowship with Marilou Sibaja [L1] 1:30 1:30 Kings in the Corner Card Game "Sports Lounge" 2:30 3:30 Sorting & Organizing Art Room 5:00 5:00 Enjoy a Game with Friends at the "Sports Lounge"	Take a walk and find "The Champagne Bottle" 28 9:45 Daily Chronicle & Word Search 10:00 Balloon Volleyball Game with Purple Majesties & Purple People Eaters [CD] 10:00 Weights Training [L1] 10:00 Weights Training [L1] 10:30 Cover the Number Game [L1] 11:10 11:100 1:1Resident visits 12:00 Walk The Halls 1:30 Chat with our Sous Chef Efren & Kathy Dining Room Supervisor [CD] 1:30 Kings in the Corner Card Game "Sports Lounge" 2:30 Coffee Bar with "Variety of Torani Flavored Syrup" & Hot Coco [BISR] 3:00 Word in a Word Game [BISR] 4:30 Happy Hour & Birthday Celebration with "BROWN SUGAR OLDIES" Cakes Sponsored by "Comfort & Peace" [MDR] 5:00 Enjoy a Game with Friends at the "Sports Lounge"	Happy Lunar New Year "SNAKE" Spirit Wednesday " Beanies & Cozy Socks" Spirit Wednesday " Beanies & Cozy Socks" Take a walk and find "The Champagne Bottle" 9:45 Daily Chronicle & Word Search 10:00 Trivia [L1] 10:15 Stretch & Strength with Angie from Mobile Therapy [CD] 11:00 1:1Resident visits 12:00 Walk The Halls 1:00 Bingo for Tickets [AC] 1:00 Bingo for Tickets [CD] 1:30 Kings in the Corner Card Game "Sports Lounge" 2:00 Crafts Class with Aurora & Damon [AC] 2:15 Bridge Game with Friends [L1] 3:00 Lunar New Year Trivia & Animals [AC] 4:30 Wine Down Wednesday 5:00 Enjoy a Game with Friends at the "Sports Lounge"	Take a walk and find "The Champagne Bottle" Bottle" 9:45 Daily Chronicle & Word Search 10:00 Bocce Ball Is Back! Green Machine vs Red Warriors [L1] 10:00 Crafting / Painting [AC] 11:00 1:1Resident visits 12:00 Walk The Halls 1:00 Axe Throwing Games [CD] 1:00 Bowling Games [L1] 1:30 Kings in the Corner Card Game "Sports Lounge" 2:00 Name the Tune [L1] 2:00 Trivia [CD] 3:00 UNO Game [L1] 4:30 Piano Music with "TREVOR GIBSON" [MDR]	Take a walk and find "The Champagne Bottle"319:45 Daily Chronicle & Word Search9:45 Daily Chronicle & Word Search10:00 Weights & Cycling with Damon [MDR]10:30 Cover the Number Game [L1]11:00 1:1Resident visits12:00 Walk The Halls1:00 Movie & Popcorn "You've Got Mail" [RT]1:30 Kings in the Corner Card Game "Sports Lounge"3:00 Bingo for Tickets [AC]5:00 Enjoy a Game with Friends at the "Sports Lounge"	JANUARY 2025 SEARCH FOR THE CHAMPAGNEBOTTLE TAKE A WALK, JOIN A FRIEND WHEN YOU FIND THE CHAMPAGNE BOTTLE LEAVE YOUR NAME AT THE RIDGE RONT DESK. THANK YOU AND HAVE FUN!!!
MKE S P P P <	Join us on January 6th at 1:30pm Lounge 1 Life Enrichment will be serving	L1 - Lounge 1 CR - Card Room MDR - Montecito Dining Room AC - Art & Craft RT - Ridge Theater LCK - Lantern Crest Kitchen BISR - Bistro CD - Coronado Dining	HAPPY LUNAR NEW YEAR! YEAR OF THE SNAKE	EXAMPLE 1 EXAMPLE 1 EXAMP	Rider Mobility Wheelchair & Walker Repair with Join us on Thursday January 9th at 2:oopm lounge 1	Spirit Wednesday's Residents & Staff In January we would like to encourage you all to get comfy! Beanies & Cozy Socks Day STAY WARM AND EMBRACE COMFORT TOGETHER!