

January 2025 at the Plaza

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

HAPPY BIRTHDAY

Alan Hauck ~ 1/03
 Elaine Leake ~ 1/06
 Larry Kieviet ~ 1/11
 Louise Gore ~ 1/16
 Martha Fleming ~ 1/19
 Sheila Krauser ~ 1/22
 Joan Kolb ~ 11/26
 Betty Livingston ~ 1/28
 Lori Gardner ~ 1/29

Location Key

50GR - 50's Game Room
 AO - Plaza Activities Office
 BBC - Bocce Ball Court
 BD - Bel Air Diner
 BLR-5th Floor Billiards Room
 BPD - Balboa Private Dining
 CC - Coronado Courtyard
 CDR - Catalina Dining Room
 CH - Reflections Chapel
 FR - Fitness Room
 IPS - Indoor Pool and Spa
 MB - Miramar Bar
 MDT - Movie Dinner Theater
 PL - Plaza Lobby
 PL4 - Puzzle Lounge/ Library
 SC - Sunken Courtyard
 TL - 2nd Floor Turtle Lounge
 TR - King Charles Tea Room

<p>All Activities With A RED STAR Require You to Sign Up. Call Extension 3910 to Sign Up for Activities!</p>	<ul style="list-style-type: none"> 🐾 ANIMALS ↔ EXERCISE 🎬 FILM 🎮 GAMES 🕒 HAPPY HOUR 🏠 HEALTH 💡 INTELLECTUAL 🎵 MUSIC ★ RSVP 🍷 SOCIAL ✝ SPIRITUAL 	<p>LIFE ENRICHMENT TEAM (619) 258-8886 Ext: 3910</p> <p>Plazalifeenrichment @lanterncrest.com</p>	<p>Catalina Dining Room ~ 1 To Gos from 2:00pm - 3:00pm; Closed at 3:00pm for the Day</p> <p>New Year's Day Wear Beanies & Crazy Socks!</p> <p>10:00 ☞ New Year's Resolutions Coffee Chat [PL]</p> <p>11:00 ★ New Years Eve Brunch! [CDR]</p> <p>2:30 🎬 Matinee Movie: Happy New Year, Charlie Brown! -1986- (G) 30m [MDT]</p>	<p>Hanukkah Ends at Nightfall 2 10:15 ↔ Core Strength and Weights Video [FR]</p> <p>11:30 ★ Excursion to Marieta's Mexican Food & Cantina [PL]</p> <p>11:30 🎬 Matinee Movie: Into The Woods -2014- (PG) 2h 6m [MDT]</p> <p>1:00 Resident Council Board Member Meeting [BPD]</p> <p>3:00 💡 TED-Ed Talk and Discuss [MDT]</p> <p>4:00 ★ Specialty Buffet at The Pointe [V]</p> <p>4:15 💡 Technology Help - Bring Your Device! [AO]</p>	<p>Happy Birthday Alan Hauck!! 3</p> <p>10:00 ↔ Ladder Toss Game [PL]</p> <p>11:00 🏠 Free Friday Vitals Check with Senior Helpers [PL]</p> <p>12:00 🎮 Hand, Knee, and Foot [50GR]</p> <p>1:00 ↔ Cardio Drumming Video [FR]</p> <p>3:00 🎵 Happier Hour with Live Music from Double Take [CDR]</p> <p>4:30 🐾 Happy Tails ~ Evening Dog Walk [PL]</p>	<p>10:00 🎬 Let's Watch! Our Universe: Chasing Starlight [MDT] 4</p> <p>10:30 ↔ Chair Yoga with Heidi [FR]</p> <p>12:30 🍷 Hot Cocoa & Apple Cider in the 50's Diner! [BD]</p> <p>1:00 🎮 3 to 13 Card Game! [MDT]</p> <p>1:00 🎮 Scrabble with Friends [MDT]</p> <p>3:00 🎮 Nickel Blackjack [50GR]</p> <p>6:00 🎬 Evening Movie: The Long Game -2023- (PG) 1h 52m [MDT]</p>
<p>Final Day to RSVP for Thursday Excursion 5</p> <p>8:00 ★ Guardian Angels Catholic Church [PL]</p> <p>8:15 ★ Shadow Mountain Church Drive [PL]</p> <p>9:00 ✝ Sunday Morning Church Service with Pastor Bill [CH]</p> <p>10:15 ★ Shadow Mountain Church Drive [PL]</p> <p>2:00 🍪 Cookies & Conversation with Amy from Activities! [CH]</p>	<p>Happy Birthday Elaine Leake!! 6</p> <p>10:00 ↔ Morning Stretches - Instructional Video [FR]</p> <p>11:00 ☞ Coffee in the Sea Lounge on the 2nd Floor [TL]</p> <p>1:00 🎮 \$4 Bingo [MDT]</p> <p>1:00 🎮 Hand & Foot [50GR]</p> <p>2:00 ☞ Share, Support, Socialize with Amy from Senior Helpers [TL]</p> <p>3:00 🎬 Let watch! ~ A Man on the Inside: Episode 1 [MDT]</p> <p>3:30 💡 Short Stories & Poetry Group [TR]</p> <p>4:30 🐾 Happy Tails ~ Evening Dog Walk [PL]</p>	<p>9:00 ↔ Indoor Water Aerobics with Peggy [IPS] 7</p> <p>10:15 ↔ Core Strength and Weights with Karl [FR]</p> <p>11:00 ☞ Cornhole by the Moss Wall [PL]</p> <p>12:30 🎮 Dominoes [50GR]</p> <p>3:00 🎮 Nickel Blackjack [50GR]</p> <p>3:30 Transportation Committee Meeting [V]</p> <p>4:15 💡 Technology Help - Bring Your Device! [AO]</p> <p>6:00 🎬 Evening Movie: Music By John Williams -2024- (PG) 1h 45m [MDT]</p>	<p>Wear Beanies & Crazy Socks! 8</p> <p>10:00 ↔ Morning Stretches - Instructional Video [FR]</p> <p>11:00 ↔ Warm-Up and Work Out with Dennis [FR]</p> <p>1:00 🎮 \$4 Bingo [MDT]</p> <p>3:00 🎮 Men's Brew Crew [BD]</p> <p>4:30 🐾 Happy Tails ~ Evening Dog Walk [PL]</p>	<p>10:15 ↔ Core Strength and Weights with Karl [FR] 9</p> <p>11:30 🎬 Matinee Movie: Cinderella Man -2005- (PG-13) 2h 24m [MDT]</p> <p>2:30 ☞ New Resident Mingle!! [CH]</p> <p>3:00 💡 TED-Ed Talk and Discuss [MDT]</p> <p>4:00 ★ Specialty Buffet at The Pointe [V]</p> <p>4:15 💡 Technology Help - Bring Your Device! [AO]</p>	<p>10:00 ↔ Ladder Toss Game [PL] 10</p> <p>11:00 🏠 Free Friday Vitals Check with Senior Helpers [PL]</p> <p>12:00 🎮 Hand, Knee, and Foot [50GR]</p> <p>12:00 ★ Weekly Shopping: Vons [PL]</p> <p>1:00 ↔ Cardio Drumming Video [FR]</p> <p>3:00 🎵 Happier Hour with Live Music from The First String Band [CDR]</p> <p>4:30 🐾 Happy Tails ~ Evening Dog Walk [PL]</p>	<p>Happy Birthday Larry Kieviet!! 11</p> <p>10:00 🎬 Let's Watch! Our Universe: The Cosmic Clock [MDT]</p> <p>10:30 ↔ Chair Yoga with Heidi [FR]</p> <p>12:30 🍷 Hot Cocoa & Apple Cider in the 50's Diner! [BD]</p> <p>1:00 🎮 3 to 13 Card Game! [MDT]</p> <p>1:00 🎮 Scrabble with Friends [MDT]</p> <p>3:00 🎮 Nickel Blackjack [50GR]</p> <p>6:00 🎬 Evening Movie: A Walk To Remember -2002- (PG) 1h 42m [MDT]</p>
<p>Final Day to RSVP for Thursday Excursion 12</p> <p>8:00 ★ Guardian Angels Catholic Church [PL]</p> <p>8:15 ★ Shadow Mountain Church Drive [PL]</p> <p>9:00 ✝ Sunday Morning Church Service with Pastor Bill [CH]</p> <p>10:15 ★ Shadow Mountain Church Drive [PL]</p> <p>12:00 🐾 Bow Wow Dog Social [PL]</p> <p>3:00 💡 Monthly Building Tour with Activities! [PL]</p>	<p>Morning Stretches - Instructional Video [FR] 13</p> <p>11:00 ☞ Coffee in the Sea Lounge on the 2nd Floor [TL]</p> <p>1:00 🎮 \$4 Bingo [MDT]</p> <p>1:00 🎮 Hand & Foot [50GR]</p> <p>3:00 🎬 Let watch! ~ A Man on the Inside: Episode 2 [MDT]</p> <p>3:30 💡 Short Stories & Poetry Group [TR]</p> <p>4:30 🐾 Happy Tails ~ Evening Dog Walk [PL]</p>	<p>9:00 ↔ Indoor Water Aerobics with Peggy [IPS] 14</p> <p>9:15 ✝ St. Kieran's Communion Service [CH]</p> <p>10:00 Veterans Group Committee [L]</p> <p>10:15 ↔ Core Strength and Weights with Karl [FR]</p> <p>11:00 ☞ Cornhole by the Moss Wall [PL]</p> <p>12:30 🎮 Dominoes [50GR]</p> <p>3:00 🎮 Nickel Blackjack [50GR]</p> <p>4:15 💡 Technology Help - Bring Your Device! [AO]</p> <p>6:00 🎬 Evening Movie: Mirror Mirror -2012- (PG) 1h 46m [MDT]</p>	<p>Wear Beanies & Crazy Socks! 15</p> <p>10:00 ↔ Morning Stretches - Instructional Video [FR]</p> <p>11:00 ↔ Warm-Up and Work Out with Dennis [FR]</p> <p>1:00 🎮 \$4 Bingo [MDT]</p> <p>3:00 🎮 Women's Wine Time [MDT]</p> <p>4:30 🐾 Happy Tails ~ Evening Dog Walk [PL]</p>	<p>Happy Birthday Louise Gore!! 16</p> <p>10:15 ↔ Core Strength and Weights with Karl [FR]</p> <p>11:30 🎬 Matinee Movie: Fiddler: A Miracle of Miracles -2019- (PG-13) 1h 32m [MDT]</p> <p>1:00 💡 LCRA General Meeting [MDT]</p> <p>4:00 ★ Specialty Buffet at The Pointe [V]</p> <p>4:15 💡 Technology Help - Bring Your Device! [AO]</p>	<p>10:00 ↔ Ladder Toss Game [PL] 17</p> <p>11:00 🏠 Free Friday Vitals Check with Senior Helpers [PL]</p> <p>12:00 🎮 Hand, Knee, and Foot [50GR]</p> <p>1:00 ↔ Cardio Drumming Video [FR]</p> <p>3:00 🎵 Happier Hour with Live Music from The Frank Guy [CDR]</p> <p>4:30 🐾 Happy Tails ~ Evening Dog Walk [PL]</p>	<p>10:00 🎬 Let's Watch! Our Universe: Turning Seasons [MDT] 18</p> <p>10:30 ↔ Chair Yoga with Heidi [FR]</p> <p>12:30 🍷 Hot Cocoa & Apple Cider in the 50's Diner! [BD]</p> <p>1:00 🎮 3 to 13 Card Game! [MDT]</p> <p>1:00 🎮 Scrabble with Friends [MDT]</p> <p>3:00 🎮 Nickel Blackjack [50GR]</p> <p>6:00 🎬 Evening Movie: Sinatra in Palm Springs -2018- (NR) 1h 35m [MDT]</p>

January 2025 at the Plaza

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Final Day to RSVP for Thursday Excursion 19</p> <p>Happy Birthday Martha Fleming!!</p> <p>8:00 ★ Guardian Angels Catholic Church [PL]</p> <p>8:15 ★ Shadow Mountain Church Drive [PL]</p> <p>9:00 † Sunday Morning Church Service with Pastor Bill [CH]</p> <p>10:15 ★ Shadow Mountain Church Drive [PL]</p> <p>12:00 🐾 Bow Wow Dog Social [PL]</p>	<p>Martin Luther King, Jr. Day 20</p> <p>10:00 ↔ Morning Stretches - Instructional Video [FR]</p> <p>11:00 ☕ Coffee in the Sea Lounge on the 2nd Floor [TL]</p> <p>1:00 ♠ \$4 Bingo [MDT]</p> <p>1:00 ♠ Hand & Foot [50GR]</p> <p>2:00 ☕ Share, Support, Socialize with Amy from Senior Helpers [TL]</p> <p>3:00 📺 Let watch! ~ A Man on the Inside: Episode 3 [MDT]</p> <p>3:30 💡 Short Stories & Poetry Group [TR]</p> <p>4:30 🐾 Happy Tails ~ Evening Dog Walk [PL]</p>	<p>9:00 ↔ Indoor Water Aerobics with Peggy [IPS] 21</p> <p>10:15 ↔ Core Strength and Weights with Karl [FR]</p> <p>11:00 ♠ Cornhole by the Moss Wall [PL]</p> <p>11:30 ★ Veterans' Luncheon at The Pointe [LB32]</p> <p>12:30 ♠ Dominoes [50GR]</p> <p>3:00 ♠ Nickel Blackjack [50GR]</p> <p>4:15 💡 Technology Help - Bring Your Device! [AO]</p> <p>6:30 🎵 Singing Performance from the Seratones! [MDT]</p>	<p>All Staff Meeting: No Doctor Appointments After 12pm 22</p> <p>Happy Birthday Sheila Krauser!!</p> <p>Wear Beanies & Crazy Socks!</p> <p>10:00 ↔ Morning Stretches - Instructional Video [FR]</p> <p>11:00 ↔ Warm-Up and Work Out with Dennis [FR]</p> <p>3:00 🐾 Men's Brew Crew [BD]</p> <p>4:30 🐾 Happy Tails ~ Evening Dog Walk [PL]</p>	<p>National Pie Day 23</p> <p>10:15 ↔ Core Strength and Weights with Karl [FR]</p> <p>11:30 📺 Matinee Movie: Swiss Family Robinson -1960-(G) 2h 6m [MDT]</p> <p>3:00 💡 TED-Ed Talk and Discuss [MDT]</p> <p>4:00 ★ Specialty Buffet at The Pointe [V]</p> <p>4:15 💡 Technology Help - Bring Your Device! [AO]</p>	<p>10:00 ↔ Ladder Toss Game [PL] 24</p> <p>11:00 ☕ Free Friday Vitals Check with Senior Helpers [PL]</p> <p>12:00 ♠ Hand, Knee, and Foot [50GR]</p> <p>12:00 ★ Weekly Shopping: Smart & Final [PL]</p> <p>1:00 ↔ Cardio Drumming Video [FR]</p> <p>3:00 🐾 Happier Hour with Live Music from The Tradesmen [CDR]</p> <p>4:30 🐾 Happy Tails ~ Evening Dog Walk [PL]</p>	<p>10:00 📺 Let's Watch! Our Universe: Elemental [MDT] 25</p> <p>10:30 ↔ Chair Yoga with Heidi [FR]</p> <p>12:30 ☕ Hot Cocoa & Apple Cider in the 50's Diner! [BD]</p> <p>1:00 ♠ 3 to 13 Card Game! [MDT]</p> <p>1:00 ♠ Scrabble with Friends [MDT]</p> <p>3:00 ♠ Nickel Blackjack [50GR]</p> <p>6:00 📺 Evening Movie: Hondo -1953- (PG) 1h 24m [MDT]</p>
<p>Final Day to RSVP for Thursday Excursion 26</p> <p>Happy Birthday Joan Kolb!!</p> <p>8:00 ★ Guardian Angels Catholic Church [PL]</p> <p>8:15 ★ Shadow Mountain Church Drive [PL]</p> <p>9:00 † Sunday Morning Church Service with Pastor Bill [CH]</p> <p>10:15 ★ Shadow Mountain Church Drive [PL]</p> <p>12:00 🐾 Bow Wow Dog Social [PL]</p>	<p>Morning Stretches - Instructional Video [FR] 27</p> <p>11:00 ☕ Coffee in the Sea Lounge on the 2nd Floor [TL]</p> <p>1:00 ♠ \$4 Bingo [MDT]</p> <p>1:00 ♠ Hand & Foot [50GR]</p> <p>2:00 Dining Committee Meeting [BPD]</p> <p>3:00 📺 Let watch! ~ A Man on the Inside: Episode 4 [MDT]</p> <p>3:30 💡 Short Stories & Poetry Group [TR]</p> <p>4:30 🐾 Happy Tails ~ Evening Dog Walk [PL]</p>	<p>Happy Birthday Betty Livingston!! 28</p> <p>9:00 ↔ Indoor Water Aerobics with Peggy [IPS]</p> <p>9:15 † St. Kieran's Communion Service [CH]</p> <p>10:15 ↔ Core Strength and Weights with Karl [FR]</p> <p>11:00 ♠ Cornhole by the Moss Wall [PL]</p> <p>12:30 ♠ Dominoes [50GR]</p> <p>3:00 ♠ Nickel Blackjack [50GR]</p> <p>4:15 💡 Technology Help - Bring Your Device! [AO]</p> <p>6:00 📺 Evening Movie: Christopher Robin -2018- (PG) 1h 50m [MDT]</p>	<p>Happy Birthday Lori Gardner!! 29</p> <p>Lunar New Year! ~ Year of the Snake</p> <p>Wear Beanies & Crazy Socks!</p> <p>10:00 ↔ Morning Stretches - Instructional Video [FR]</p> <p>11:00 ↔ Warm-Up and Work Out with Dennis [FR]</p> <p>1:00 ♠ \$4 Bingo [MDT]</p> <p>2:30 ★ February Sign-Up Social [MDT]</p> <p>4:30 🐾 Happy Tails ~ Evening Dog Walk [PL]</p>	<p>Core Strength and Weights with Karl [FR] 30</p> <p>11:30 📺 Matinee Movie: Guys And Dolls -1955- (NR) 2h 30m [MDT]</p> <p>3:00 💡 TED-Ed Talk and Discuss [MDT]</p> <p>4:00 ★ Specialty Buffet at The Pointe [V]</p> <p>4:15 💡 Technology Help - Bring Your Device! [AO]</p>	<p>Ladder Toss Game [PL] 31</p> <p>11:00 ☕ Free Friday Vitals Check with Senior Helpers [PL]</p> <p>12:00 ♠ Hand, Knee, and Foot [50GR]</p> <p>1:00 ↔ Cardio Drumming Video [FR]</p> <p>2:00 💡 LC Community Book Club is Back at The Pointe [L]</p> <p>3:00 🐾 Happier Hour with Live Music from the City Ranch Band [CDR]</p> <p>4:30 🐾 Happy Tails ~ Evening Dog Walk [PL]</p>	<p>Please see Pointe Activity Calendar for Additional Activities</p>

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Alan Hauck ~ 1/03
 Elaine Leake ~ 1/06
 Larry Kieviet ~ 1/11
 Louise Gore ~ 1/16
 Martha Fleming ~ 1/19
 Sheila Krauser ~ 1/22
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 - TR - King Charles Tea Room

Doctor Drives
 619-905-3061

Monday- Friday
 9am - 3pm

For Appts further than 15 Miles
 9am - 1pm

No Transportaion after 12pm on the
 22nd of Each Month



Activities is always looking for resident input & suggestions for new activities, movies & outings.

You can find the 'Suggestion' Box hanging on the wall located just outside of the Activities office near the Sharp Clinic.

Happy Birthday Plaza Staff!!

Kimberly Santiago ~ 1/13
 Yasmin Lacarra ~ 1/15
 Bobi Thomas ~ 1/18
 Sandra Mitchell ~ 1/30