

February AL at The Ridge


Sunday Monday Tuesday Wednesday Thursday Friday Saturday

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At The Ridge
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February 2025
You will be searching for the
Valentine's Bear



Lantern Crest
SENIOR LIVING

Take a walk, join a friend and when you find the Valentine's Bear leave your name and where you found him at the front desk. Thank you!

Resident Birthdays

Billy M.	2/5
Elizabeth W.	2/9
Stanley N.	2/11
Howard L.	2/11
Rosada G.	2/12
Emmott F.	2/20
Alice E.	2/27



MIKE & MANDY
MUSIC TO REMEMBER
January 9th
@ 1:30pm Montecitos Dining

DANCE FRIENDSHIP LOVE YOURSELF WAKE UP & MAKE UP LOVE HEALTHY KINDNESS

I LOVE MY FAMILY LOVE YOU

L1 - Lounge 1
CR - Card Room
MDR - Montecito Dining Room
AC - Art & Craft
RT - Ridge Theater
LCK - Lantern Crest Kitchen
BISR - Bistro
CD - Coronado Dining



+AMERICAN HEART MONTH

LANTERN CREST RESIDENTS AND STAFF
IN HONOR OF
AMERICAN HEART MONTH
WE WOULD LIKE TO ENCOURAGE YOU
ALL TO WEAR THE COLOR RED.

LET'S COME TOGETHER AS A TEAM!

WEAR RED ON WEDNESDAYS!

Take a walk and find "The Love You Beary Much Bear" **1**

9:45 Daily Chronicle & Word Search

10:00 Upper body Weight Training [L1]

10:30 Trivia with Damon [L1]

11:00 1:1 Resident visits

12:00 **Walk The Halls**

1:00 Blackjack Game [CR]

1:30 Kings in the Corner Card Game "Sports Lounge"

2:00 Horse Racing Game [L1]

3:00 UNO Game [L1]

5:00 Enjoy a Game with Friends at the "Sports Lounge"

Groundhog Day **2**

Take a walk and find "The Love You Beary Much Bear"

9:45 Daily Chronicle & Word Search

10:00 Trip to Walmart or Target

10:45 Love on a Leash [L1]

11:00 1:1 Resident visits

12:00 **Walk The Halls**

1:00 Smothers Brothers "Music & Comedy" [RT]

1:30 Blackjack Game [CR]

1:30 Kings in the Corner Card Game "Sports Lounge"

2:30 Pool Noodle Exercise Class with Maritza [L1]

3:00 UNO Game [L1]

5:00 Enjoy a Game with Friends at the "Sports Lounge"

Take a walk and find "The Love You Beary Much Bear" **3**

9:45 Daily Chronicle & Word Search

10:00 Stretch & Cycling with Maritza [MDR]

10:30 Bible Study & Hymns w/ Pastor Bob [L1]

11:00 1:1 Resident visits

12:00 **Walk The Halls**

1:00 Baking Sweets & Calendar Planning with Maritza [LCK]

1:15 Bible Study Fellowship with Marilou Sibaja [L1]

1:30 Kings in the Corner Card Game "Sports Lounge"

2:30 Bingo for Tickets [AC]

3:30 Sorting & Organizing Art Room

5:00 Enjoy a Game with Friends at the "Sports Lounge"

Take a walk and find "The Love You Beary Much Bear" **4**

9:20 St. Kieran's Church Communion with Gina [RT]

9:45 Daily Chronicle & Word Search

10:00 Balloon Volleyball Game with Purple Majesties & Purple People Eaters [CD]

10:00 Bocce Ball [L1]

11:00 1:1 Resident visits

12:00 **Walk The Halls**

1:30 Chat with our Sous Chef Eflen & Kathy Dining Room Supervisor [CD]

1:30 Kings in the Corner Card Game "Sports Lounge"

2:30 Sweet Treats "Strawberry Floats" [BISR]

3:00 Word in a Word Game [BISR]

4:30 Happy Hour with "BLUE ZONE BAND" [MDR]

5:00 Enjoy a Game with Friends at the "Sports Lounge"

Happy Birthday Billy M.
Spirit Wednesday "American Heart Month WEAR RED" **5**

Take a walk and find "The Love You Beary Much Bear"

9:45 Daily Chronicle & Word Search

10:00 Trivia [L1]

10:15 Stretch & Strength with Angie from Mobile Therapy [CD]

11:00 VETERANS LUNCHEON with Derrick from "Mission Hospice" Coronado Dining

12:00 **Walk The Halls**

1:00 Bingo for Tickets [AC]

1:00 Bingo for Tickets [CD]

1:30 Kings in the Corner Card Game "Sports Lounge"

2:30 Paint & Sip

4:30 Wine Down Wednesday

5:00 Enjoy a Game with Friends at the "Sports Lounge"

Chef's Corner 11:30-12:30pm
Take a walk and find "The Love You Beary Much Bear" **6**

9:45 Daily Chronicle & Word Search

10:00 Bocce Ball Is Back! Green Machine vs Red Warriors [L1]

10:00 Crafts "Valentine's Suncatchers"

11:00 1:1 Resident visits

12:00 **Walk The Halls**

1:00 Axe Throwing Games [CD]

1:00 Bowling Games [L1]

1:30 Bridge Game with Friends

1:30 Kings in the Corner Card Game "Sports Lounge"

2:00 Hot Fudge Sundae [L1]

2:30 Word in a Word Game [L1]

3:00 UNO Game [L1]

4:30 Piano Music with "TREVOR GIBSON" [MDR]

5:00 Enjoy a Game with Friends at the "Sports Lounge"

Take a walk and find "The Love You Beary Much Bear" **7**

9:45 Daily Chronicle & Word Search

10:00 Weights & Cycling with Damon [MDR]

10:30 Trash Card Game [CR]

11:00 1:1 Resident visits

12:00 **Walk The Halls**

1:00 Movie & Popcorn "Breakfast at Tiffany's" [RT]

1:30 Kings in the Corner Card Game "Sports Lounge"

3:00 Bingo for Tickets [AC]

4:30 Happy Hour with "DOUBLE TAKE" [CD]

5:00 Enjoy a Game with Friends at the "Sports Lounge"

Take a walk and find "The Love You Beary Much Bear" **8**

9:45 Daily Chronicle & Word Search

10:00 Upper body Weight Training [L1]

10:30 Trivia with Damon [L1]

11:00 1:1 Resident visits

12:00 **Walk The Halls**

1:00 Blackjack Game [CR]

1:30 Kings in the Corner Card Game "Sports Lounge"

2:00 Horse Racing Game [L1]

3:00 UNO Game [L1]

5:00 Enjoy a Game with Friends at the "Sports Lounge"

Happy Birthday Elisabeth W.
Super Bowl #59 **9**

Take a walk and find "The Love You Beary Much Bear"

9:45 Daily Chronicle & Word Search

10:00 Trip to Walmart or Target

10:45 Love on a Leash [L1]

11:00 1:1 Resident visits

12:00 **Walk The Halls**

1:30 Kings in the Corner Card Game "Sports Lounge"

1:30 Mike & Mandy "LOVE MUSIC CONCERT" [MDR]

3:00 Super Bowl LIX "59" PARTY [RT]

5:00 Enjoy a Game with Friends at the "Sports Lounge"

Take a walk and find "The Love You Beary Much Bear" **10**

9:45 Daily Chronicle & Word Search

10:00 Stretch & Cycling with Maritza [MDR]

10:30 Bible Study & Hymns w/ Pastor Bob [L1]

11:00 1:1 Resident visits

12:00 **Walk The Halls**

1:00 Baking Sweets & Calendar Planning with Maritza [LCK]

1:15 Bible Study Fellowship with Marilou Sibaja [L1]

1:30 Kings in the Corner Card Game "Sports Lounge"

2:30 Bingo for Tickets [AC]

3:30 Sorting & Organizing Art Room

5:00 Enjoy a Game with Friends at the "Sports Lounge"

Happy Birthday Stanley N. & Howard L.
Resident Council Meeting
Take a walk and find "The Love You Beary Much Bear" **11**

9:45 Daily Chronicle & Word Search

10:00 Balloon Volleyball Game with Purple Majesties & Purple People Eaters [CD]

10:00 Weights Training [L1]

10:30 Cover the Number Game

11:00 1:1 Resident visits

12:00 **Walk The Halls**

1:30 Chat with our Sous Chef Eflen & Kathy Dining Room Supervisor [CD]

1:30 Kings in the Corner Card Game "Sports Lounge"

2:30 Sweet Treats "Strawberry Floats" [CD]

3:00 Resident Council Meeting [CD]

4:30 Happy Hour & Welcome New Residents with "FIREBALL XPRESS" [MDR]

5:00 Enjoy a Game with Friends at the "Sports Lounge"

Happy Birthday Rosada G.
Spirit Wednesday "American Heart Month WEAR RED" **12**

Take a walk and find "The Love You Beary Much Bear"

9:45 Daily Chronicle & Word Search

10:00 Trivia [L1]

10:15 Stretch & Strength with Angie from Mobile Therapy [CD]

11:00 1:1 Resident visits

12:00 **Walk The Halls**

1:00 Annual Valentine's Candy Bar "Sponsored by Comfort & Peace / Comfort & Thrive" [MDR]

1:30 Kings in the Corner Card Game "Sports Lounge"

1:30 Valentine's Elvis Show [MDR]

3:00 Bingo for Tickets [AC]

3:00 Bingo for Tickets [CD]

4:30 Wine Down Wednesday

5:00 Enjoy a Game with Friends at the "Sports Lounge"

Chef's Corner 11:30-12:30pm
Take a walk and find "The Love You Beary Much Bear" **13**

9:45 Daily Chronicle & Word Search

10:00 Bocce Ball Is Back! Green Machine vs Red Warriors [L1]

10:00 Crafts "Bookmarkers"

11:00 1:1 Resident visits

12:00 **Walk The Halls**

1:30 Bridge Game with Friends

1:30 Gospel Music with STEVE & DIANE [MDR]

1:30 Kings in the Corner Card Game "Sports Lounge"

3:00 UNO Game [L1]

4:30 Happy Hour with "THE SOPHISTICAT'S" [CD]

4:30 Piano Music with "TREVOR GIBSON" [MDR]

5:00 Enjoy a Game with Friends at the "Sports Lounge"

Happy Valentine's Day
Take a walk and find "The Love You Beary Much Bear" **14**

9:45 Daily Chronicle & Word Search

10:00 Valentine's Day Celebration with "LUKE ANDREEN" [MDR]

11:00 Red Carpet Pictures with Damon [CD]

12:00 **Walk The Halls**

1:00 Movie & Popcorn The Notebook" [RT]

1:30 Kings in the Corner Card Game "Sports Lounge"

2:00 LOVE ON A LEASH

3:00 Bingo for Tickets [AC]

5:00 Enjoy a Game with Friends at the "Sports Lounge"

Take a walk and find "The Love You Beary Much Bear" **15**

9:45 Daily Chronicle & Word Search

10:00 Upper body Weight Training [L1]

10:30 Trivia with Damon [L1]

11:00 1:1 Resident visits

12:00 **Walk The Halls**

1:00 Blackjack Game [CR]

1:30 Kings in the Corner Card Game "Sports Lounge"

2:00 Horse Racing Game [L1]

3:00 UNO Game [L1]

5:00 Enjoy a Game with Friends at the "Sports Lounge"



February AL at The Ridge

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

Take a walk and find "The Love You Beary Much Bear" 16
 9:45 Daily Chronicle & Word Search
 10:00 **Trip to Walmart or Target**
 10:45 **Love on a Leash [L1]**
 11:00 1:1 Resident visits
 12:00 **Walk The Halls**
 1:30 **Glen Erath "Piano & Guitar Player" [MDR]**
 1:30 **Kings in the Corner Card Game "Sports Lounge"**
 3:00 **St. Columba Church Service with Bill Bixby**
 3:00 **UNO Game [L1]**
 5:00 Enjoy a Game with Friends at the "Sports Lounge"

PRESIDENTS DAY 17
Take a walk and find "The Love You Beary Much Bear"
 9:45 Daily Chronicle & Word Search
 10:00 **Stretch & Cycling with Maritza [MDR]**
 10:30 **Bible Study & Hymns w/ Pastor Bob [L1]**
 11:00 1:1 Resident visits
 12:00 **Walk The Halls**
 1:00 **Baking Sweets & Calendar Planning with Maritza [LCK]**
 1:15 **Bible Study Fellowship with Marilou Sibaja [L1]**
 1:30 **Kings in the Corner Card Game "Sports Lounge"**
 2:30 **Bingo for Tickets [AC]**
 3:30 **Sorting & Organizing Art Room**
 4:30 **Presidents Day Celebration with "BLUE ZONE BAND" [CD]**
 5:00 Enjoy a Game with Friends at the "Sports Lounge"

Take a walk and find "The Love You Beary Much Bear" 18
 9:20 **St. Kieran's Church Communion with Gina [RT]**
 9:45 Daily Chronicle & Word Search
 10:00 **Balloon Volleyball Game with Purple Majesties & Purple People Eaters [CD]**
 10:00 **Bocce Ball [L1]**
 11:00 1:1 Resident visits
 12:00 **Walk The Halls**
 1:30 **Chat with our Sous Chef Eflen & Kathy Dining Room Supervisor [CD]**
 1:30 **Kings in the Corner Card Game "Sports Lounge"**
 2:30 **Sweet Treats "Strawberry Floats" [BISR]**
 3:00 **Word in a Word Game [BISR]**
 4:30 **Happy Hour with "THE SOPHISTICAT'S" [MDR]**
 5:00 Enjoy a Game with Friends at the "Sports Lounge"

Spirit Wednesday "American Heart Month WEAR RED" 19
Take a walk and find "The Love You Beary Much Bear"
 9:45 Daily Chronicle & Word Search
 10:00 **Trivia [L1]**
 10:15 **Stretch & Strength with Angie from Mobile Therapy [CD]**
 11:00 1:1 Resident visits
 12:00 **Walk The Halls**
 1:15 **February Concert with "DOUBLE TAKE" [MDR]**
 1:30 **Kings in the Corner Card Game "Sports Lounge"**
 2:30 **Bingo for Tickets [AC]**
 2:30 **Bingo for Tickets [CD]**
 4:30 **Wine Down Wednesday**
 5:00 Enjoy a Game with Friends at the "Sports Lounge"

Chef's Corner 11:30-12:30pm Happy Birthday Emmott F. 20
Take a walk and find "The Love You Beary Much Bear"
 9:45 Daily Chronicle & Word Search
 10:00 **Bocce Ball Is Back! Green Machine vs Red Warriors [L1]**
 10:00 **Crafts "Pipe Cleaner Plants"**
 11:00 1:1 Resident visits
 12:00 **Walk The Halls**
 1:00 **Axe Throwing Games [CD]**
 1:00 **Bowling Games [L1]**
 1:30 **Bridge Game with Friends**
 1:30 **Kings in the Corner Card Game "Sports Lounge"**
 2:00 **Hot Fudge Sundae [L1]**
 2:30 **Word in a Word Game [L1]**
 3:00 **UNO Game [L1]**
 4:30 **Happy Hour with "THE SUNSHINE GANG" [CD]**
 4:30 **Piano Music with "TREVOR GIBSON" [MDR]**
 5:00 Enjoy a Game with Friends at the "Sports Lounge"

ALL STAFF MEETING 21
Take a walk and find "The Love You Beary Much Bear"
 9:45 Daily Chronicle & Word Search
 10:00 **Weights & Cycling with Damon [MDR]**
 10:30 **Trash Card Game [CR]**
 11:00 1:1 Resident visits
 12:00 **Walk The Halls**
 1:00 **Movie & Popcorn "Marty" [RT]**
 1:30 **Kings in the Corner Card Game "Sports Lounge"**
 3:15 **Bingo for Tickets [AC]**
 5:00 Enjoy a Game with Friends at the "Sports Lounge"

Take a walk and find "The Love You Beary Much Bear" 22
 9:45 Daily Chronicle & Word Search
 10:00 **Upper body Weight Training [L1]**
 10:30 **Trivia with Damon [L1]**
 11:00 1:1 Resident visits
 12:00 **Walk The Halls**
 1:00 **Blackjack Game [CR]**
 1:30 **Kings in the Corner Card Game "Sports Lounge"**
 2:00 **Horse Racing Game [L1]**
 3:00 **UNO Game [L1]**
 5:00 Enjoy a Game with Friends at the "Sports Lounge"

Take a walk and find "The Love You Beary Much Bear" 23
 9:45 Daily Chronicle & Word Search
 10:00 **Trip to Walmart or Target**
 10:45 **Love on a Leash [L1]**
 11:00 1:1 Resident visits
 12:00 **Walk The Halls**
 1:00 **Smother's Brothers "Music & Comedy" [RT]**
 1:30 **Blackjack Game [CR]**
 1:30 **Kings in the Corner Card Game "Sports Lounge"**
 2:30 **Pool Noodle Exercise Class with Maritza [L1]**
 3:00 **UNO Game [L1]**
 5:00 Enjoy a Game with Friends at the "Sports Lounge"

Take a walk and find "The Love You Beary Much Bear" 24
 9:45 Daily Chronicle & Word Search
 10:00 **Stretch & Cycling with Maritza [MDR]**
 10:30 **Bible Study & Hymns w/ Pastor Bob [L1]**
 11:00 1:1 Resident visits
 12:00 **Walk The Halls**
 1:00 **Baking Sweets & Calendar Planning with Maritza [LCK]**
 1:15 **Bible Study Fellowship with Marilou Sibaja [L1]**
 1:30 **Kings in the Corner Card Game "Sports Lounge"**
 2:30 **Bingo for Tickets [AC]**
 3:30 **Sorting & Organizing Art Room**
 5:00 Enjoy a Game with Friends at the "Sports Lounge"

Take a walk and find "The Love You Beary Much Bear" 25
 9:45 Daily Chronicle & Word Search
 10:00 **Balloon Volleyball Game with Purple Majesties & Purple People Eaters [CD]**
 10:00 **Weights Training [L1]**
 10:30 **Cover the Number Game**
 11:00 1:1 Resident visits
 12:00 **Walk The Halls**
 1:30 **Chat with our Sous Chef Eflen & Kathy Dining Room Supervisor [CD]**
 1:30 **Kings in the Corner Card Game "Sports Lounge"**
 2:30 **Sweet Treats "Strawberry Floats" [BISR]**
 3:00 **Word in a Word Game [BISR]**
 4:30 **Happy Hour & Birthday Celebration with "BROWN SUGAR OLDIES" Cakes Sponsored by "Comfort & Peace" [MDR]**
 5:00 Enjoy a Game with Friends at the "Sports Lounge"

Spirit Wednesday "American Heart Month WEAR RED" 26
Take a walk and find "The Love You Beary Much Bear"
 9:45 Daily Chronicle & Word Search
 10:00 **Trivia [L1]**
 10:15 **Stretch & Strength with Angie from Mobile Therapy [CD]**
 11:00 1:1 Resident visits
 12:00 **Walk The Halls**
 1:00 **Bingo for Tickets [AC]**
 1:30 **Kings in the Corner Card Game "Sports Lounge"**
 2:00 **Bingo "Shopping Cart"**
 2:30 **Paint & Sip**
 4:30 **Wine Down Wednesday**
 5:00 Enjoy a Game with Friends at the "Sports Lounge"

Chef's Corner 11:30-12:30pm Happy Birthday Alice E. 27
Take a walk and find "The Love You Beary Much Bear"
 9:45 Daily Chronicle & Word Search
 10:00 **February Concert with "PETER SELTSE" [MDR]**
 11:00 1:1 Resident visits
 12:00 **Walk The Halls**
 1:00 **Axe Throwing Games [CD]**
 1:00 **Bowling Games [L1]**
 1:30 **Bridge Game with Friends**
 1:30 **Kings in the Corner Card Game "Sports Lounge"**
 2:00 **Hot Fudge Sundae [L1]**
 2:30 **Word in a Word Game [L1]**
 3:00 **UNO Game [L1]**
 4:30 **Happy Hour with "FIREBALL XPRESS" [CD]**
 4:30 **Piano Music with "TREVOR GIBSON" [MDR]**
 5:00 Enjoy a Game with Friends at the "Sports Lounge"

Take a walk and find "The Love You Beary Much Bear" 28
 9:45 Daily Chronicle & Word Search
 10:00 **Weights & Cycling with Damon [MDR]**
 10:30 **Trash Card Game [CR]**
 11:00 1:1 Resident visits
 12:00 **Walk The Halls**
 1:00 **Movie & Popcorn "Some Like it Hot" [RT]**
 1:30 **Kings in the Corner Card Game "Sports Lounge"**
 2:00 **LOVE ON A LEASH**
 3:00 **Bingo for Tickets [AC]**
 5:00 Enjoy a Game with Friends at the "Sports Lounge"

