March AL at The Ridge

Maritza Aguirre Life Enrichment Director

At The Ridge 800 Lantern Crest Way Santee, Ca 92071

Sunday

619-258-8886 Maritza.aguirre@ lanterncrest.com

Take a walk and find "The

- 9:45 Daily Chronicle & Word Search
- 10:00 Trip to Walmart or Target

- Comedy" [RT]
- 2:30 Pool Noodle Exercise Class
- 3:00 UNO Game [L1]
- 5:00 Enjoy a Game with Friends at

MARCH 2025 Search for the Lucky Leprechaun! Take a walk, join a friend when you find The Lucky Leprechaun. Leave your name at The Ridge from desk.

Monday

Resident Rirthdays

Tuesday

Restuent Diftinays	
Melissa C.	3/5
Sherie M.	3/10
Carole F.	3/12
Mary S M.	3/16
George W.	3/17
Marion M.	3/18
Marjorie "Joyce" B.	3/26
Donald L.	3/26



Wednesday

Thursday

L1 - Lounge 1 **CR** - Card Room

MDR - Montecito Dining Room

AC - Art & Craft

RT - Ridge Theater **LCK** - Lantern Crest

> Kitchen **BISR** - Bistro

CD - Coronado Dining



Friday

Take a walk and find "The Leprechaun"

Saturday

- 9:45 Daily Chronicle & Word Search
- 10:00 Upper body Weight Training [L1]
- 10:30 Cover the Number Game with Damon [L1]
- 11:00 1:1Resident visits
- 12:00 Walk The Halls
- 1:00 Trivia Game [L1]
- 1:30 Kings in the Corner Card Game "Sports Lounge"
- 2:00 Horse Racing Game [L1]
- 3:00 **UNO Game [L1]**
- 5:00 Enjoy a Game with Friends at the "Sports Lounge"

Leprechaun"

- 10:45 **Love on a Leash [L1]**
- 11:00 1:1Resident visits
- 12:00 Walk The Halls
- 1:00 Smothers Brothers "Music &
- 1:30 Kings in the Corner Card Game "Sports Lounge"
- with Maritza [L1]
- the "Sports Lounge"

Take a walk and find "The Leprechaun"

- 9:45 Daily Chronicle & Word Search
- 10:00 Stretch & Cycling with Maritza [MDR]
- 10:30 Courtyard Social [L1]
- 11:00 1:1Resident visits
- 12:00 Walk The Halls
- 1:00 Baking Sweets & Calendar Planning with Maritza [LCK]
- 1:15 Bible Study Fellowship with Marilou Sibaja [L1]
- 1:30 Kings in the Corner Card Game "Sports Lounge"
- 2:30 Bingo for Tickets [AC]
- 5:00 Enjoy a Game with Friends at the "Sports Lounge"

Mardi Gras

- Take a walk and find "The Leprechaun'
- 9:20 St. Kieran's Church Communion with
- 9:45 Daily Chronicle & Word Search
- 10:00 Balloon Volleyball Game with Purple Majesties & Purple People Eaters
- 10:00 Bocce Ball [L1]
- 11:00 1:1Resident visits
- 12:00 Walk The Halls
- 1:00 Mardi Gras Trivia [CD]
- 1:30 Kings in the Corner Card Game "Sports Lounge"
- 2:00 Sweet Treats "Shamrock Shakes"
- 3:00 Resident Council Meeting [CD]
- 4:30 Happy Hour with "BLUE ZONE" [MDR
- 5:00 Enjoy a Game with Friends at the "Sports Lounge"

Leprechaun"

- Search
 - 10:00 Balloon Volleyball Game with Purple Majesties & Purple People Eaters

 - 1:30 Chat with our Sous Chef Efren & Kathy Dining Room Supervisor [CD]
 - "Sports Lounge"
 - 2:30 Sweet Treats "Shamrock Shakes" [BISR]
 - 3:00 Wheel of Fortune [BISR]
 - Residents with "FIREBALL XPRESS"
 - 5:00 Enjoy a Game with Friends at the "Sports Lounge"

Ash Wednesday Happy Birthday Melissa C.

Spirit Wednesday "Wear Green" Take a walk and find "The Leprechaun"

Join us on March 6th

at 130pm for a toast, laughs and great

- 8:00 Daily Bread Reading with Damon
- 9:45 Daily Chronicle & Word Search
- 10:15 Stretch & Strength with Angie from Mobile Therapy [CD]
- 11:00 1:1Resident visits
- 12:00 Walk The Halls
- 1:00 Bingo for Tickets [AC] 1:00 Bingo for Tickets [CD]
- 1:30 Kings in the Corner Card Game "Sports Lounge"
- 2:30 Paint & Sip
- 4:30 Wine Down Wednesday
- 5:00 Enjoy a Game with Friends at the "Sports Lounge"

ake a walk and find "The Leprechaun"

- 9:45 Daily Chronicle & Word Search
- 10:00 Bocce Ball Is Back! Green Machine vs Red Warriors [L1]
- 10:00 Craft Leprechaun [AC]

- 1:30 Bridge Game with Friends [CR]
- 1:30 Kings in the Corner Card Game "Sports
- 1:30 Toast, Laughs and Great Conversation with "DIANA WEINSTEIN" [L1]
- 3:00 **UNO Game [L1]**
- 4:30 Happy Hour with "THE SUNSHINE GANG"
- 4:30 Piano Music with "TREVOR GIBSON"
- 5:00 Enjoy a Game with Friends at the "Sports Lounge

Take a walk and find "The Leprechaun"

- 9:45 Daily Chronicle & Word Search
- 10:00 Weights & Cycling with Damon [MDR]
- 10:30 Trash Card Game [CR]
- 11:00 1:1Resident visits
- 12:00 Walk The Halls
- 1:00 Movie & Popcorn "Slightly Dangerous" [RT]
- 1:30 Kings in the Corner Card **Game "Sports Lounge"**
- 3:00 Bingo for Tickets [AC]

Take a walk and find "The

5:00 Enjoy a Game with Friends at the "Sports Lounge"

International Women's day Take a walk and find "The Leprechaun"

- 10:30 Cover the Number Game with
- 12:00 Walk The Halls
- 1:30 Kings in the Corner Card Game "Sports Lounge"
- 3:00 UNO Game [L1]
- 5:00 Enjoy a Game with Friends at the "Sports Lounge"

Daylight Saving Time Begins Take a walk and find "The Leprechaun"

- 9:45 Daily Chronicle & Word Search
- 10:00 Trip to Walmart or Target 10:45 Love on a Leash [L1]
- 11:00 1:1Resident visits 12:00 Walk The Halls
- 1:00 Smothers Brothers "Music & Comedy" [RT]
- 1:30 Kings in the Corner Card Game <u> "Sports Lounge"</u> 1:30 Spring Concert with "TAYLOR
- 3:00 UNO Game [L1]

JOHNS" [MDR]

5:00 Enjoy a Game with Friends at the "Sports Lounge"

Happy Birthday Sherie M. Take a walk and find "The Leprechaun"

- 9:45 Daily Chronicle & Word Search 10:00 Stretch & Cycling with Maritza
- [MDR] 10:30 Courtyard Social [L1]
- 11:00 1:1Resident visits
- 12:00 Walk The Halls 1:00 Baking Sweets & Calendar Planning with Maritza [LCK]
- 1:15 Bible Study Fellowship with Marilou Sibaja [L1]

"Sports Lounge"

- 1:30 Kings in the Corner Card Game
- "Sports Lounge" 2:30 Bingo for Tickets [AC]

5:00 Enjoy a Game with Friends at the

Take a walk and find "The

- 9:45 Daily Chronicle & Word
- 11:00 1:1Resident visits
- 12:00 Walk The Halls
- 1:30 Kings in the Corner Card Game
- 4:30 Happy Hour & Welcome New

- 8:00 Daily Bread Reading with Damon 9:45 Daily Chronicle & Word Search
- from Mobile Therapy [CD]
- 12:00 Walk The Halls
- 1:00 Bingo for Tickets [AC] 1:30 Kings in the Corner Card Game
- 2:30 Paint & Sip
- 4:30 Wine Down Wednesday
- "Sports Lounge"

- 11:00 1:1Resident visits
- 12:00 Walk The Halls
- Lounge'

- Leprechaun" 9:45 Daily Chronicle & Word
- Search 10:00 Weights & Cycling with Damon 10:00 Upper body Weight Training
- [MDR] 10:30 Trash Card Game [CR]
- 11:00 1:1Resident visits
- 12:00 Walk The Halls 1:00 Movie & Popcorn "Come Back, Little Sheba" [RT]
- 1:30 Kings in the Corner Card **Game "Sports Lounge"**
- 2:00 LOVE ON A LEASH 3:00 Bingo for Tickets [AC]
- 5:00 Enjoy a Game with Friends at the "Sports Lounge"

9:45 Daily Chronicle & Word Search

- 10:00 Upper body Weight Training [L1]
- Damon [L1]
- 11:00 1:1Resident visits
- 1:00 Trivia Game [L1]
- 2:00 Horse Racing Game [L1]

Take a walk and find "The Leprechaun"

- 9:45 Daily Chronicle & Word Search
- [L1] 10:30 Cover the Number Game with Damon [L1]
- 11:00 1:1Resident visits
- 12:00 Walk The Halls 1:00 Trivia Game [L1]
- 1:30 Kings in the Corner Card Game "Sports Lounge"
- 2:00 Horse Racing Game [L1] 3:00 **UNO Game [L1]**
- 5:00 Enjoy a Game with Friends at the "Sports Lounge"

Happy Birthday Carole F. Spirit Wednesday "Wear Green" 12

- Take a walk and find "The Leprechaun"
- 10:15 Stretch & Strength with Angie
- 11:00 1:1Resident visits
- <u>"Sports Lounge"</u>
- 5:00 Enjoy a Game with Friends at the

Chef's Corner 11:30-12:30pm Take a walk and find "The Leprechaun" 9:45 Daily Chronicle & Word Search

- vs Red Warriors [L1] 11:00 1:1Resident visits
- 1:00 Upper body Cycling [MDR] 1:30 Bridge Game with Friends [RT] 1:30 Kings in the Corner Card Game

10:00 Bocce Ball Is Back! Green Machine

1:30 Trivia with Aurora 2:00 Hot Fudge Sundae [L1] 3:00 **UNO Game [L1]**

"Sports Lounge"

12:00 Walk The Halls

- 4:30 Happy Hour with "THE SOPHISTICAT'S" [CD] 4:30 Piano Music with "TREVOR GIBSON
- 5:00 Enjoy a Game with Friends at the "Sports Lounge'

Sunday Happy Birthday Mary S M.

Take a walk and find "The Leprechaun'

9:45 Daily Chronicle & Word Search

10:00 Trip to Walmart or Target

10:45 Love on a Leash [L1]

11:00 1:1Resident visits

12:00 Walk The Halls

1:00 Smothers Brothers "Music & Comedy" [RT]

1:30 Kings in the Corner Card Game "Sports Lounge"

2:30 Pool Noodle Exercise Class with Maritza [L1]

3:00 St. Columba Church Service with Bill Bixby [MDR]

3:00 **UNO Game [L1]**

5:00 Enjoy a Game with Friends at the "Sports Lounge"

Monday Happy Birthday George W.

St. Patrick's Day

Take a walk and find "The Leprechaun" 9:45 Daily Chronicle & Word Search

10:00 Stretch & Cycling with Maritza [MDI

10:30 Bible Study & Hymns w/ Pastor Bob

11:00 1:1Resident visits

12:00 Walk The Halls

1:15 Bible Study Fellowship with Marilou Sibaja [L1]

1:30 Kings in the Corner Card Game <u> "Sports Lounge"</u>

1:30 St Patrick's Day Celebration with "THE RHINESTONE GRANNIES"

2:30 Bingo for Tickets [AC]

5:00 Enjoy a Game with Friends at the "Sports Lounge"

Tuesday

Happy Birthday Marion M. 18 Take a walk and find "The Leprechaun"

9:20 St. Kieran's Church Communion with Gina [RT]

9:45 Daily Chronicle & Word Search

10:00 Balloon Volleyball Game with Purple Majesties & Purple People Eaters [CD]

10:00 Bocce Ball [L1]

11:00 1:1Resident visits

12:00 Walk The Halls

1:30 Chat with our Sous Chef Efren & Kathy **Dining Room Supervisor [CD]**

1:30 Kings in the Corner Card Game "Sports Lounge

2:30 Sweet Treats "Shamrock Shakes" [BISR] 3:00 Word in a Word Game [BISR]

4:30 Happy Hour with "The Sophisticate's"

5:00 Enjoy a Game with Friends at the "Sports Lounge'

Wednesday Spirit Wednesday "Wear Green" 19
Take a walk and find "The

Take a walk and find "The Leprechaun'

8:00 Daily Bread Reading with Damon 9:45 Daily Chronicle & Word Search

10:15 Stretch & Strength with Angie from Mobile Therapy [CD]

11:00 1:1Resident visits

12:00 Walk The Halls

1:15 March Concert with "DOUBLE TAKE" [MDR]

1:30 Kings in the Corner Card Game "Sports Lounge'

3:00 Bingo for Tickets [AC] 3:00 Bingo for Tickets [CD]

4:30 Wine Down Wednesday

5:00 Enjoy a Game with Friends at the "Sports Lounge"

Chef's Corner 11:30-12:30pm International Day of Happiness "Spring Begins"

Spring Begins Take a walk and find "The Leprechaun"

9:45 Daily Chronicle & Word Search 10:00 Bocce Ball Is Back! Green Machine

vs Red Warriors [L1]

10:00 Craft's "Beadable Pens" [AC]

11:00 1:1Resident visits 12:00 Walk The Halls

1:30 Bridge Game with Friends [CR]

1:30 Gospel Music with STEVE & DIANE

1:30 Kings in the Corner Card Game "Sports Lounge"

3:00 **UNO Game [L1]**

4:30 Piano Music with "TREVOR GIBSON

5:00 Enjoy a Game with Friends at the "Sports Lounge"

Leprechaun' 9:45 Daily Chronicle & Word Search 10:00 Weights & Cycling with Damon [MDR]

Friday

ALL STAFF MEETING

Take a walk and find "The

10:30 Trash Card Game [CR]

11:00 1:1Resident visits

12:00 Walk The Halls

1:00 Movie & Popcorn "Bette Midler & Barbara Hershey - Beaches" [RT]

1:30 Kings in the Corner Card Game "Sports Lounge"

3:00 Bingo for Tickets [AC]

4:30 Happy Hour with "DOUBLE TAKE"

5:00 Enjoy a Game with Friends at the "Sports Lounge"

Saturday Take a walk and find "The Leprechaun'

9:45 Daily Chronicle & Word Search

10:00 Upper body Weight Training [L1]

10:30 Cover the Number Game with Damon [L1]

11:00 1:1Resident visits

12:00 Walk The Halls

1:00 **Trivia Game [L1]**

1:30 Kings in the Corner Card **Game "Sports Lounge"**

2:00 Horse Racing Game [L1]

3:00 **UNO Game [L1]**

5:00 Enjoy a Game with Friends at the "Sports Lounge"

Take a walk and find "The Leprechaun"

9:45 Daily Chronicle & Word Search

10:45 Love on a Leash [L1]

11:00 1:1Resident visits

12:00 Walk The Halls 1:00 Smothers Brothers "Music

& Comedy" [RT] 1:30 Kings in the Corner Card Game "Sports Lounge"

2:30 Exercise Class [L1]

3:00 UNO Game [L1]

5:00 Enjoy a Game with Friends at the "Sports Lounge"

Take a walk and find "The Leprechaun"

9:45 Daily Chronicle & Word Search

10:00 Stretch & Cycling [MDR] 10:30 Bible Study & Hymns w/ Pastor

Bob [L1] 11:00 1:1Resident visits

12:00 Walk The Halls

1:00 Baking Sweets with Aurora LCK

1:15 Bible Study Fellowship with Marilou Sibaja [L1]

1:30 Kings in the Corner Card Game "Sports Lounge"

2:30 Bingo for Tickets [AC] 5:00 Enjoy a Game with Friends at the "Sports Lounge"

Take a walk and find "The Leprechaun" 9:45 Daily Chronicle & Word Search

10:00 Balloon Volleyball Game with Purple Majesties & Purple People Eaters

10:00 Weights Training with Damon [L1]

10:30 Cover the Number Game [L1]

11:00 1:1Resident visits 12:00 Walk The Halls

1:30 Chat with our Sous Chef Efren & Kathy **Dining Room Supervisor [CD]**

1:30 Kings in the Corner Card Game "Sports Lounae

2:30 Sweet Treats "Shamrock Shakes" [BISR]

4:30 Happy Hour & Birthday Celebration with ROWN SUGAR OLDIES" Cakes

3:00 Word in a Word Game [BISR]

Sponsored by "Comfort & Peace" [MDR] 5:00 Enjoy a Game with Friends at the "Sports

Happy Birthday Joyce B. & Donald L. Spirit Wednesday "Wear Green"

Take a walk and find "The Leprecha

8:00 Daily Bread Reading with Damon 9:45 Daily Chronicle & Word Search

10:15 Stretch & Strength with Angie from Mobile Therapy [CD]

11:00 1:1Resident visits

12:00 Walk The Halls 1:30 Boba Milk Tea & More with Comfort &

Peace / Comfort & Thrive "Ridge lobby" 1:30 Kings in the Corner Card Game "Sports Lounge'

2:30 Bingo for Tickets [AC]

2:30 Bingo for Tickets [CD]

Lounge

3:30 Bingo Shopping Cart "Ticket Exchange" 4:30 Wine Down Wednesday 5:00 Enjoy a Game with Friends at the "Sports

Chef's Corner 11:30-12:30pm Take a walk and find "The Leprechaun

9:45 Daily Chronicle & Word Search 10:00 March Concert with "PETER

SELTSER" [MDR] 11:00 1:1Resident visits

12:00 Walk The Halls

1:30 Bridge Game with Friends [CR] 1:30 Kings in the Corner Card Game

"Sports Lounge 1:30 Spring Honey Tasting with Richard "HONEY FOR SALE" [MDR]

3:00 **UNO Game [L1]** 4:30 Happy Hour with "FIREBALL XPRESS" [CD]

"Sports Lounge"

4:30 Piano Music with "TREVOR GIBSON 5:00 Enjoy a Game with Friends at the

Leprechaun' 9:45 Daily Chronicle & Word

Search 10:00 Weights & Cycling with Damon

Take a walk and find "The

[MDR] 10:30 Trash Card Game [CR]

11:00 1:1Resident visits

12:00 Walk The Halls 1:00 Movie & Popcorn "Notorious"

[RT] 1:30 Kings in the Corner Card Game "Sports Lounge"

2:00 LOVE ON A LEASH

3:00 Bingo for Tickets [AC] 5:00 Enjoy a Game with Friends at the "Sports Lounge"

Take a walk and find "The Leprechaun" 9:45 Daily Chronicle & Word

Search 10:00 Upper body Weight Training

10:30 Cover the Number Game with Damon [L1]

11:00 1:1Resident visits

12:00 Walk The Halls 1:00 Trivia Game [L1]

1:30 Kings in the Corner Card **Game "Sports Lounge"**

2:00 Horse Racing Game [L1]

3:00 **UNO Game [L1]**

5:00 Enjoy a Game with Friends at the "Sports Lounge"

Take a walk and find "The Leprechaun"

Search 10:00 Trip to Walmart or Target

9:45 Daily Chronicle & Word

10:45 Love on a Leash [L1] 11:00 1:1Resident visits

12:00 Walk The Halls 1:00 Smothers Brothers "Music & Comedy" [RT]

1:30 Kings in the Corner Card Game "Sports Lounge"

2:30 Pool Noodle Exercise Class

with Maritza [L1] 3:00 **UNO Game [L1]**

5:00 Enjoy a Game with Friends at the "Sports Lounge"

Take a walk and find "The

9:45 Daily Chronicle & Word Search

10:00 Stretch & Cycling with Maritza [MDR] 10:30 Bible Study & Hymns w/ Pastor Bob

11:00 1:1Resident visits

12:00 Walk The Halls 1:00 Baking Sweets & Calendar Planning with Maritza [LCK]

1:15 Bible Study Fellowship with Marilou

Sibaja [L1] 1:30 Kings in the Corner Card Game "Sports Lounge"

2:30 Bingo for Tickets [AC]

5:00 Enjoy a Game with Friends at the "Sports Lounge"









