

May AL at The Ridge

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>Searching for the Mother's Day Bear! Take a walk, join a friend and when you find the Mother's Day Bear leave your name and where you found her at the front desk. Thank You!</p>		 <p>Cinco De Mayo Fiesta May 5th Breaking Pinata @ 1pm The Ridge Lobby Montecitos Dining Live music @ 1:30pm with "First String Band"</p>	<p>Resident Birthdays</p> <p>Joseph G. 5/1 John B. 5/3 Robert W. 5/8 Sherry R. 5/8 Marie A. 5/21 Sandra K. 5/24 Linda Lee W. 5/31</p>	<p>Chef's Corner 11:30-12:30pm Happy Birthday Joseph G. Take a walk and find "The Mother's Day Bear" 1</p> <p>9:45 Daily Chronicle & Word Search 10:00 Bocce Ball Is Back! Green Machine vs Red Warriors [L1] 10:00 Crafting "Faux Beach Glass" [AC] 11:00 1:1 Resident visits 12:00 Walk The Halls 1:00 Arm Cycling Class [MDR] 1:30 Bridge Game with Friends [CR] 1:30 Kings in the Corner Card Game "Sports Lounge" 1:30 Trivia Game [L1] 2:00 Ice Cream Extravaganza [L1] 3:00 UNO Game [L1] 3:00 Ukulele with Aurora "Courtyard" 4:30 Piano Music with "TREVOR GIBSON" [MDR] 5:00 Enjoy a Game with Friends at the "Sports Lounge"</p>	<p>Kentucky Oaks Take a walk and find "The Mother's Day Bear" 2</p> <p>9:45 Daily Chronicle & Word Search 10:00 Weights & Cycling with Damon [MDR] 10:30 Courtyard Social [CR] 11:00 1:1 Resident visits 12:00 Walk The Halls 1:00 Movie & Popcorn "Twilight" [RT] 1:30 Kings in the Corner Card Game "Sports Lounge" 3:00 Bingo for Tickets [AC] 4:30 Happy Hour with "DOUBLE TAKE" CD 5:00 Enjoy a Game with Friends at the "Sports Lounge"</p>	<p>Happy Birthday John B. Kentucky Derby Take a walk and find "The Mother's Day Bear" 3</p> <p>9:45 Daily Chronicle & Word Search 10:00 Upper body Weight Training [L1] 10:30 UNO Game [L1] 11:00 1:1 Resident visits 12:00 Walk The Halls 1:00 Trivia Game [L1] 1:30 Kings in the Corner Card Game "Sports Lounge" 2:00 Horse Racing Game [L1] 3:00 Courtyard Stretch and Strength 5:00 Enjoy a Game with Friends at the "Sports Lounge"</p>
<p>May The Fourth Be With You! Take a walk and find "The Mother's Day Bear" 4</p> <p>9:45 Daily Chronicle & Word Search 10:00 Trip to Walmart or Target 10:45 Love on a Leash [L1] 11:00 1:1 Resident visits 12:00 Walk The Halls 1:00 Star Wars Marathon [RT] 1:30 Kings in the Corner Card Game "Sports Lounge" 2:30 Pool Noodle Exercise Class with Maritza [L1] 3:00 UNO Game [L1] 5:00 Enjoy a Game with Friends at the "Sports Lounge"</p>	<p>Cinco De Mayo Take a walk and find "The Mother's Day Bear" 5</p> <p>9:45 Daily Chronicle & Word Search 10:00 Stretch & Cycling with Maritza [MDR] 10:30 Bible Study & Hymns w/ Pastor Bob [L1] 11:00 1:1 Resident visits 12:00 Walk The Halls 1:00 Cinco De Mayo Pinata "LOBBY" 1:15 Bible Study Fellowship with Marilou Sibaja [L1] 1:30 Cinco de Mayo Celebration with "FIRST STRING BAND" [MDR] 1:30 Kings in the Corner Card Game "Sports Lounge" 2:30 Bingo for Tickets [AC] 5:00 Enjoy a Game with Friends at the "Sports Lounge"</p>	<p>Take a walk and find "The Mother's Day Bear" 6</p> <p>9:20 St. Kieran's Church Communion with Gina [RT] 9:45 Daily Chronicle & Word Search 10:00 Balloon Volleyball Game with Purple Majesties & Purple People Eaters [CD] 10:00 Weights Training [L1] 10:30 Cover the Number Game 11:00 1:1 Resident visits 12:00 Walk The Halls 1:30 Kings in the Corner Card Game "Sports Lounge" 1:30 Rider Mobility with "Timmy" [L1] 2:30 Coffee Bar with "Variety of Torani Flavored Syrup" [BISR] 3:00 Word in a Word Game [BISR] 4:30 Happy Hour with "BLUE ZONE" [MDR] 5:00 Enjoy a Game with Friends at the "Sports Lounge"</p>	<p>Spirit Wednesday "Wear Florals" Take a walk and find "The Mother's Day Bear" 7</p> <p>8:00 Daily Bread Reading with Damon 9:45 Daily Chronicle & Word Search 10:15 Stretch & Strength with Angie from Mobile Therapy [CD] 11:00 1:1 Resident visits 11:30 VETERANS LUNCHEON with Derrick from "Mission Hospice" Coronado Dining 12:00 Walk The Halls 1:00 Bingo for Tickets [AC] 1:00 Bingo for Tickets [CD] 1:30 Kings in the Corner Card Game "Sports Lounge" 2:30 Paint & Sip [AC] 4:30 Wine Down Wednesday 5:00 Enjoy a Game with Friends at the "Sports Lounge"</p>	<p>Chef's Corner 11:30-12:30pm Happy Birthday Robert W. & Sherry R. Take a walk and find "The Mother's Day Bear" 8</p> <p>9:45 Daily Chronicle & Word Search 10:00 Bocce Ball Is Back! Green Machine vs Red Warriors [L1] 10:00 Crafting / Painting [AC] 11:00 1:1 Resident visits 12:00 Walk The Halls 1:00 Arm Cycling Class [MDR] 1:30 Bridge Game with Friends [RT] 1:30 Kings in the Corner Card Game "Sports Lounge" 1:30 Trivia Game [L1] 2:00 Ice Cream Extravaganza [L1] 3:00 UNO Game [L1] 4:30 Happy Hour with "THE SOPHISTICATS" CD 4:30 Piano Music with "TREVOR GIBSON" [MDR] 5:00 Enjoy a Game with Friends at the "Sports Lounge"</p>	<p>Take a walk and find "The Mother's Day Bear" 9</p> <p>9:45 Daily Chronicle & Word Search 10:00 Weights & Cycling with Damon [MDR] 10:30 Courtyard Social [CR] 11:00 1:1 Resident visits 12:00 Walk The Halls 1:00 Movie & Popcorn "The Devil Wears Prada" [RT] 1:30 Kings in the Corner Card Game "Sports Lounge" 3:00 Bingo for Tickets [AC] 5:00 Enjoy a Game with Friends at the "Sports Lounge"</p>	<p>Take a walk and find "The Mother's Day Bear" 10</p> <p>9:45 Daily Chronicle & Word Search 10:00 Upper body Weight Training [L1] 11:00 1:1 Resident visits 12:00 Walk The Halls 1:00 Trivia Game [L1] 1:30 Kings in the Corner Card Game "Sports Lounge" 2:00 Christian Church "Fountain of Truth" Flower & Card Delivery [L1] 3:00 Courtyard Stretch and Strength 5:00 Enjoy a Game with Friends at the "Sports Lounge"</p>
<p>MOTHER'S DAY Take a walk and find "The Mother's Day Bear" 11</p> <p>9:45 Daily Chronicle & Word Search 10:00 Mother's Day Tea & Crumpets with Maritza & Aurora & Live Music with "TAYLOR JOHNS" [MDR] 10:45 Love on a Leash [L1] 11:00 1:1 Resident visits 12:00 Walk The Halls 1:00 The Night Show with "JOHNNY CARSON" [RT] 1:30 Kings in the Corner Card Game "Sports Lounge" 5:00 Enjoy a Game with Friends at the "Sports Lounge"</p>	<p>Take a walk and find "The Mother's Day Bear" 12</p> <p>9:45 Daily Chronicle & Word Search 10:00 Stretch & Cycling with Maritza [MDR] 10:30 Bible Study & Hymns w/ Pastor Bob [L1] 11:00 1:1 Resident visits 12:00 Walk The Halls 1:00 Baking Sweets & Calendar Planning with Maritza [LCK] 1:15 Bible Study Fellowship with Marilou Sibaja [L1] 1:30 Kings in the Corner Card Game "Sports Lounge" 2:30 Bingo for Tickets [AC] 5:00 Enjoy a Game with Friends at the "Sports Lounge"</p>	<p>Take a walk and find "The Mother's Day Bear" 13</p> <p>9:45 Daily Chronicle & Word Search 10:00 Balloon Volleyball Game with Purple Majesties & Purple People Eaters [CD] 10:00 Bocce Ball [L1] 11:00 1:1 Resident visits 12:00 Walk The Halls 1:30 Coffee Bar with "Variety of Torani Flavored Syrup" CD 1:30 Kings in the Corner Card Game "Sports Lounge" 2:00 Trivia Game [CD] 3:00 Resident Council Meeting [CD] 4:30 Happy Hour & Welcome New Residents with "FIREBALL XPRESS" [MDR] 5:00 Enjoy a Game with Friends at the "Sports Lounge"</p>	<p>Spirit Wednesday "Wear Florals" Take a walk and find "The Mother's Day Bear" 14</p> <p>8:00 Daily Bread Reading with Damon 9:45 Daily Chronicle & Word Search 10:15 Stretch & Strength with Angie from Mobile Therapy [CD] 11:00 1:1 Resident visits 12:00 Walk The Halls 1:00 Bingo for Tickets [AC] 1:00 Bingo for Tickets [CD] 1:30 Kings in the Corner Card Game "Sports Lounge" 2:30 Paint & Sip [AC] 4:30 Wine Down Wednesday 5:00 Enjoy a Game with Friends at the "Sports Lounge"</p>	<p>Chef's Corner 11:30-12:30pm Take a walk and find "The Mother's Day Bear" 15</p> <p>9:45 Daily Chronicle & Word Search 10:00 Bocce Ball Is Back! Green Machine vs Red Warriors [L1] 10:00 Crafting "Beach Door Sign" [AC] 11:00 1:1 Resident visits 12:00 Walk The Halls 1:30 Bridge Game with Friends [CR] 1:30 Gospel Music with STEVE & DIANE [MDR] 1:30 Kings in the Corner Card Game "Sports Lounge" 3:00 UNO Game [L1] 4:30 Piano Music with "TREVOR GIBSON" [MDR] 5:00 Enjoy a Game with Friends at the "Sports Lounge"</p>	<p>Take a walk and find "The Mother's Day Bear" 16</p> <p>9:45 Daily Chronicle & Word Search 10:00 Weights & Cycling with Damon [MDR] 10:30 Courtyard Social [CR] 11:00 1:1 Resident visits 12:00 Walk The Halls 1:00 Movie & Popcorn "The First Wives Club" [RT] 1:30 Kings in the Corner Card Game "Sports Lounge" 3:00 Bingo for Tickets [AC] 5:00 Enjoy a Game with Friends at the "Sports Lounge"</p>	<p>Take a walk and find "The Mother's Day Bear" 17</p> <p>9:45 Daily Chronicle & Word Search 10:00 Upper body Weight Training [L1] 10:30 UNO Game [L1] 11:00 1:1 Resident visits 12:00 Walk The Halls 1:00 Trivia Game [L1] 1:30 Kings in the Corner Card Game "Sports Lounge" 2:00 Horse Racing Game [L1] 3:00 Courtyard Stretch and Strength 5:00 Enjoy a Game with Friends at the "Sports Lounge"</p>

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Take a walk and find "The Mother's Day Bear" 18</p> <p>9:45 Daily Chronicle & Word Search</p> <p>10:00 Trip to Walmart or Target</p> <p>10:45 Love on a Leash [L1]</p> <p>11:00 1:1 Resident visits</p> <p>12:00 Walk The Halls</p> <p>1:00 The Night Show with "JOHNNY CARSON" [RT]</p> <p>1:30 Kings in the Corner Card Game "Sports Lounge"</p> <p>2:30 Pool Noodle Exercise Class with Maritza [L1]</p> <p>3:00 UNO Game [L1]</p> <p>5:00 Enjoy a Game with Friends at the "Sports Lounge"</p>	<p>Take a walk and find "The Mother's Day Bear" 19</p> <p>9:45 Daily Chronicle & Word Search</p> <p>10:00 Stretch & Cycling with Maritza [MDR]</p> <p>11:00 1:1 Resident visits</p> <p>12:00 Walk The Halls</p> <p>1:00 Baking Sweets & Calendar Planning with Maritza [LCK]</p> <p>1:15 Bible Study Fellowship with Marilou Sibaja [L1]</p> <p>1:30 Kings in the Corner Card Game "Sports Lounge"</p> <p>2:30 Bingo for Tickets [AC]</p> <p>5:00 Enjoy a Game with Friends at the "Sports Lounge"</p>	<p>Take a walk and find "The Mother's Day Bear" 20</p> <p>9:20 St. Kieran's Church Communion with Gina [RT]</p> <p>9:45 Daily Chronicle & Word Search</p> <p>10:00 Balloon Volleyball Game with Purple Majesties & Purple People Eaters [CD]</p> <p>10:00 Weights Training [L1]</p> <p>10:30 Cover the Number Game</p> <p>11:00 1:1 Resident visits</p> <p>12:00 Walk The Halls</p> <p>1:30 Chat with our Sous Chef Efen & Jessica Dining Room Supervisor [CD]</p> <p>1:30 Kings in the Corner Card Game "Sports Lounge"</p> <p>2:30 Coffee Bar with "Variety of Torani Flavored Syrup" [BISR]</p> <p>3:00 Word in a Word Game [BISR]</p> <p>4:30 Happy Hour with "THE SOPHISTICAT'S" [MDR]</p> <p>5:00 Enjoy a Game with Friends at the "Sports Lounge"</p>	<p>Happy Birthday Marie A. Spirit Wednesday "Wear Florals" 21</p> <p>Take a walk and find "The Mother's Day Bear"</p> <p>8:00 Daily Bread Reading with Damon</p> <p>9:45 Daily Chronicle & Word Search</p> <p>10:15 Stretch & Strength with Angie from Mobile Therapy [CD]</p> <p>11:00 1:1 Resident visits</p> <p>12:00 Walk The Halls</p> <p>1:15 May Concert with "DOUBLE TAKE" [MDR]</p> <p>1:30 Kings in the Corner Card Game "Sports Lounge"</p> <p>2:30 Bringing California Strawberry Festival To Lantern Crest</p> <p>4:30 Wine Down Wednesday</p> <p>5:00 Enjoy a Game with Friends at the "Sports Lounge"</p>	<p>All Staff Meeting Chef's Corner 11:30-12:30pm 22</p> <p>Take a walk and find "The Mother's Day Bear"</p> <p>9:45 Daily Chronicle & Word Search</p> <p>10:00 Bocce Ball Is Back! Green Machine vs Red Warriors [L1]</p> <p>10:00 Crafting / Painting "Make up Day" [AC]</p> <p>11:00 1:1 Resident visits</p> <p>12:00 Walk The Halls</p> <p>1:00 Arm Cycling Class [MDR]</p> <p>1:30 Bridge Game with Friends [CR]</p> <p>1:30 Kings in the Corner Card Game "Sports Lounge"</p> <p>1:30 Now Premiering "The Life List" [RT]</p> <p>4:30 Happy Hour with "FIRST STRING BAND" CD</p> <p>4:30 Piano Music with "TREVOR GIBSON" [MDR]</p> <p>5:00 Enjoy a Game with Friends at the "Sports Lounge"</p>	<p>Take a walk and find "The Mother's Day Bear" 23</p> <p>9:45 Daily Chronicle & Word Search</p> <p>10:00 Weights & Cycling with Damon [MDR]</p> <p>10:30 Courtyard Social [CR]</p> <p>11:00 1:1 Resident visits</p> <p>12:00 Walk The Halls</p> <p>1:00 Movie & Popcorn "The Wizard Of Oz" [RT]</p> <p>1:30 Kings in the Corner Card Game "Sports Lounge"</p> <p>3:00 Bingo for Tickets [AC]</p> <p>5:00 Enjoy a Game with Friends at the "Sports Lounge"</p>	<p>Happy Birthday Sandra K. Take a walk and find "The Mother's Day Bear" 24</p> <p>9:45 Daily Chronicle & Word Search</p> <p>10:00 Upper body Weight Training [L1]</p> <p>10:30 UNO Game [L1]</p> <p>11:00 1:1 Resident visits</p> <p>12:00 Walk The Halls</p> <p>1:00 Trivia Game [L1]</p> <p>1:30 Kings in the Corner Card Game "Sports Lounge"</p> <p>2:00 Horse Racing Game [L1]</p> <p>3:00 Courtyard Stretch and Strength</p> <p>5:00 Enjoy a Game with Friends at the "Sports Lounge"</p>
<p>Take a walk and find "The Mother's Day Bear" 25</p> <p>9:45 Daily Chronicle & Word Search</p> <p>10:00 Trip to Walmart or Target</p> <p>10:45 Love on a Leash [L1]</p> <p>11:00 1:1 Resident visits</p> <p>12:00 Walk The Halls</p> <p>1:00 The Night Show with "JOHNNY CARSON" [RT]</p> <p>1:30 Kings in the Corner Card Game "Sports Lounge"</p> <p>2:30 Pool Noodle Exercise Class with Maritza [L1]</p> <p>3:00 UNO Game [L1]</p> <p>5:00 Enjoy a Game with Friends at the "Sports Lounge"</p>	<p>Memorial Day Take a walk and find "The Mother's Day Bear" 26</p> <p>9:45 Daily Chronicle & Word Search</p> <p>10:00 Stretch & Cycling with Maritza [MDR]</p> <p>10:30 Bible Study & Hymns w/ Pastor Bob [L1]</p> <p>11:00 1:1 Resident visits</p> <p>12:00 Walk The Halls</p> <p>1:00 Baking Sweets & Calendar Planning with Maritza [LCK]</p> <p>1:15 Bible Study Fellowship with Marilou Sibaja [L1]</p> <p>1:30 Kings in the Corner Card Game "Sports Lounge"</p> <p>2:30 Bingo for Tickets [AC]</p> <p>5:00 Enjoy a Game with Friends at the "Sports Lounge"</p>	<p>Take a walk and find "The Mother's Day Bear" 27</p> <p>9:45 Daily Chronicle & Word Search</p> <p>10:00 Bocce Ball [L1]</p> <p>11:00 1:1 Resident visits</p> <p>12:00 Walk The Halls</p> <p>1:30 Chat with our Sous Chef Efen & Jessica Dining Room Supervisor [CD]</p> <p>1:30 Kings in the Corner Card Game "Sports Lounge"</p> <p>2:30 Coffee Bar with "Variety of Torani Flavored Syrup" [BISR]</p> <p>3:00 Word in a Word Game [BISR]</p> <p>4:30 Happy Hour & Birthday Celebration with "BROWN SUGAR OLDIES" [MDR]</p> <p>5:00 Enjoy a Game with Friends at the "Sports Lounge"</p>	<p>Spirit Wednesday "Wear Florals" Take a walk and find "The Mother's Day Bear" 28</p> <p>8:00 Daily Bread Reading with Damon</p> <p>9:45 Daily Chronicle & Word Search</p> <p>10:00 May Concert with "PETER SELTSE" [MDR]</p> <p>10:15 Stretch & Strength with Angie from Mobile Therapy [CD]</p> <p>11:00 1:1 Resident visits</p> <p>12:00 Walk The Halls</p> <p>1:00 Bingo for Tickets [AC]</p> <p>1:30 Kings in the Corner Card Game "Sports Lounge"</p> <p>2:00 Bingo "SHOPPING CART" [AC]</p> <p>2:30 Paint & Sip [AC]</p> <p>4:30 Wine Down Wednesday</p> <p>5:00 Enjoy a Game with Friends at the "Sports Lounge"</p>	<p>Chef's Corner 11:30-12:30pm Take a walk and find "The Mother's Day Bear" 29</p> <p>9:45 Daily Chronicle & Word Search</p> <p>10:00 Bocce Ball Is Back! Green Machine vs Red Warriors [L1]</p> <p>10:00 Crafting "Rock Art w/ Canvas" [AC]</p> <p>11:00 1:1 Resident visits</p> <p>12:00 Walk The Halls</p> <p>1:00 Arm Cycling Class [MDR]</p> <p>1:30 Bridge Game with Friends [CR]</p> <p>1:30 Kings in the Corner Card Game "Sports Lounge"</p> <p>1:30 Trivia Game [L1]</p> <p>2:00 Ice Cream Extravaganza [L1]</p> <p>3:00 UNO Game [L1]</p> <p>4:30 Happy Hour with "FIREBALL XPRESS" CD</p> <p>4:30 Piano Music with "TREVOR GIBSON" [MDR]</p> <p>5:00 Enjoy a Game with Friends at the "Sports Lounge"</p>	<p>Take a walk and find "The Mother's Day Bear" 30</p> <p>9:45 Daily Chronicle & Word Search</p> <p>10:00 Weights & Cycling with Damon [MDR]</p> <p>10:30 Courtyard Social [CR]</p> <p>11:00 1:1 Resident visits</p> <p>12:00 Walk The Halls</p> <p>1:00 Movie & Popcorn "AVATAR" [RT]</p> <p>1:30 Kings in the Corner Card Game "Sports Lounge"</p> <p>3:00 Bingo for Tickets [AC]</p> <p>5:00 Enjoy a Game with Friends at the "Sports Lounge"</p>	<p>Happy Birthday Linda W. Take a walk and find "The Mother's Day Bear" 31</p> <p>9:45 Daily Chronicle & Word Search</p> <p>10:00 Upper body Weight Training [L1]</p> <p>10:30 UNO Game [L1]</p> <p>11:00 1:1 Resident visits</p> <p>12:00 Walk The Halls</p> <p>1:00 Trivia Game [L1]</p> <p>1:30 Kings in the Corner Card Game "Sports Lounge"</p> <p>2:00 Horse Racing Game [L1]</p> <p>3:00 Courtyard Stretch and Strength</p> <p>5:00 Enjoy a Game with Friends at the "Sports Lounge"</p>

Jimmy Meighan
Rider Mobility
Wheelchair & Walker Repair

RIDER MOBILITY

Join us on
Tuesday May 2ND
at 1:30pm
lounge 1

CHRISTIAN CHURCH GROUP

Fountain of Truth

Is bringing flower & card for all the residents on Saturday, May 10 2:00pm The Ridge Lounge 1

SUNDAY, MAY 11
JOIN US FOR

MOTHER'S DAY TEA & CRUMPETS

LIVE MUSIC WITH TAYLOR JOHNS

10AM - 11AM MONTECITO DINING

Maritza Aguirre
Life Enrichment Director

At The Ridge
800 Lantern Crest Way
Santee, Ca 92071

619-258-8886
Maritza.aguirre@lanterncrest.com

BERRY SWEET TIME AT LANTERN CREST

California Strawberry Festival
Join us for a berry fun celebration!
The Ridge Lobby
May 21st @ 2:30pm

Strawberry-Themed Fun includes:

- *Fresh Strawberry Tasting
- *Strawberry Shortcake Bar
- *Chocolate-Dipped Strawberries
- *Tanghulu Strawberry's
- *Agua De Fresa

Wear your red & pink to show your berry spirit!

Lantern Crest
A Full Service Retirement Resort

MEMORIAL DAY

Remember & Honor

May Concerts:

May 15th at 1:30pm
Gospel Music with Steve & Diane!

May 21st at 1:15pm
Double Take!

May 28th at 10:00am
Peter Seltser!

Montecitos Dining