

June Horizons at The Ridge						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div><div>Happy Birthday Betty D</div><div>9:30 Daily Chronicle</div><div>10:15 LOVE ON A LEASH</div><div>11:30 1:1 Soothing Visits</div><div>1:00 Relaxing & Essential Oils</div><div>1:30 Balloon Exercise</div><div>2:00 Snacks & Reminiscing</div><div>2:30 Poetry with Aurora</div><div>2:45 Ukulele Sing Along with Bob Arii</div><div>4:30 Sports on T.V.</div></div> <div>1</div>	<div><div>9:30 Daily Chronicle</div><div>10:30 Sing a-long with Dan Miller</div><div>11:30 1:1 Soothing Visits</div><div>1:00 Relaxing & Essential Oils</div><div>1:30 Bible Study & Hymns w/ Pastor Bob</div><div>2:00 Exercise Class with Aurora</div><div>2:30 Movie & Popcorn</div><div>4:30 Sports on T.V.</div></div> <div>2</div>	<div><div>9:30 Daily Chronicle</div><div>10:00 Chair Yoga Class</div><div>10:30 Current Events & Beverages "Courtyard"</div><div>11:30 1:1 Soothing Visits</div><div>1:00 Relaxing & Essential Oils</div><div>1:30 Afternoon Meditation</div><div>2:00 Social & Snacks</div><div>2:30 Bingo</div><div>3:30 Happy Hour with "BROWN SUGAR OLDIES"</div><div>4:30 Sports on T.V.</div></div> <div>3</div>	<div><div>Spirit Wednesday! "ALL SPORTS WEAR"</div><div>9:30 Daily Chronicle</div><div>10:00 Stretch & Cycling with Kasey</div><div>10:30 Reading Book #5 "Gallagher's Hope" & Beverages</div><div>11:30 1:1 Soothing Visits</div><div>1:00 Relaxing & Essential Oils</div><div>1:15 Courtyard Social & Gardening</div><div>2:00 Snacks & Music Throughout the Decades</div><div>2:30 Hangman Game</div><div>3:00 Father's Day Memories in the Making with Diane & Kasey</div><div>4:30 Sports on T.V.</div></div> <div>4</div>	<div><div>9:30 Daily Chronicle</div><div>10:00 Balloon Exercise</div><div>10:30 Coffee Cart</div><div>11:30 1:1 Soothing Visits</div><div>1:00 Relaxing & Essential Oils</div><div>1:15 Gospel Music with STEVE & DIANE</div><div>2:30 Basketball, Shoot!</div><div>3:00 June Craft Corner</div><div>4:30 Sports on T.V.</div></div> <div>5</div>	<div><div>Happy Birthday Edith D</div><div>9:30 Daily Chronicle</div><div>10:00 Pool Noodle Exercise</div><div>10:30 Reading Book #5 "Gallagher's Hope" & Beverages</div><div>11:30 1:1 Soothing Visits</div><div>1:00 Relaxing & Essential Oils</div><div>1:15 Friday Movie & Ice Cream</div><div>1:30 Elvis Show</div><div>3:00 Bingo</div><div>4:00 Piano Music with "TREVOR GIBSON"</div><div>4:30 Sports on T.V.</div></div> <div>6</div>	<div><div>9:30 Daily Chronicle</div><div>10:00 Kickball Exercise</div><div>10:30 "What's On Your Mind" Game</div><div>11:30 1:1 Soothing Visits</div><div>1:00 Relaxing & Essential Oils</div><div>1:30 Scenic Drive</div><div>2:00 Afternoon Snacks</div><div>3:00 Color Me Calm</div><div>3:30 Spa Day!</div><div>4:30 Sports on T.V.</div></div> <div>7</div>
<div><div>9:30 Daily Chronicle</div><div>10:15 LOVE ON A LEASH</div><div>11:30 1:1 Soothing Visits</div><div>1:00 Relaxing & Essential Oils</div><div>1:30 Balloon Exercise</div><div>2:00 Snacks & Reminiscing</div><div>2:30 Ukulele Sing Along with Aurora</div><div>4:30 Sports on T.V.</div></div> <div>8</div>	<div><div>9:30 Daily Chronicle</div><div>10:00 Exercise Class with Aurora</div><div>10:30 Courtyard Bubble Party</div><div>11:30 1:1 Soothing Visits</div><div>1:00 Relaxing & Essential Oils</div><div>1:30 Wheel of Fortune</div><div>2:00 Baked Goods Social</div><div>2:30 Movie & Popcorn</div><div>4:30 Sports on T.V.</div></div> <div>9</div>	<div><div>9:30 Daily Chronicle</div><div>10:00 Chair Yoga Class</div><div>10:30 Current Events & Beverages "Courtyard"</div><div>11:30 1:1 Soothing Visits</div><div>1:00 Relaxing & Essential Oils</div><div>1:30 Afternoon Meditation</div><div>2:00 Social & Snacks</div><div>2:30 Bingo</div><div>3:30 Happy Hour & Welcome New residents with "FIRST STRING BAND"</div><div>4:30 Sports on T.V.</div></div> <div>10</div>	<div><div>Spirit Wednesday! "ALL SPORTS WEAR"</div><div>9:30 Daily Chronicle</div><div>10:00 Drum Fit Class with Kasey</div><div>10:30 Reading Book #5 "Gallagher's Hope" & Beverages</div><div>11:00 BBQ! BRATWURST! & HOTDOGS!</div><div>11:30 1:1 Soothing Visits</div><div>1:00 Relaxing & Essential Oils</div><div>1:00 San Diego Padres Game Day party!!!</div><div>2:30 Pictionary Game</div><div>3:00 Father's Day Memories in the Making with Diane & Kasey</div><div>4:30 Sports on T.V.</div></div> <div>11</div>	<div><div>9:30 Daily Chronicle</div><div>10:00 Balloon Exercise</div><div>10:30 Coffee Cart</div><div>11:30 1:1 Soothing Visits</div><div>1:00 Relaxing & Essential Oils</div><div>1:00 Sensory Games</div><div>2:00 Snacks & Trivia</div><div>2:30 Basketball, Shoot!</div><div>3:00 June Craft Corner</div><div>4:30 Sports on T.V.</div></div> <div>12</div>	<div><div>9:30 Daily Chronicle</div><div>10:00 Pool Noodle Exercise</div><div>10:30 Reading Book #5 "Gallagher's Hope" & Beverages</div><div>11:30 1:1 Soothing Visits</div><div>1:00 Relaxing & Essential Oils</div><div>1:15 Friday Movie & Ice Cream</div><div>2:00 Snacks</div><div>3:00 Bingo</div><div>4:00 Piano Music with "TREVOR GIBSON"</div><div>4:30 Sports on T.V.</div></div> <div>13</div>	<div><div>9:30 Daily Chronicle</div><div>10:00 Kickball Exercise</div><div>10:30 "What's On Your Mind" game</div><div>11:30 1:1 Soothing Visits</div><div>1:00 Relaxing & Essential Oils</div><div>1:30 Scenic Drive</div><div>2:00 Afternoon Snacks</div><div>3:00 Color Me Calm</div><div>3:30 Music Memories</div><div>4:30 Sports on T.V.</div></div> <div>14</div>
<div><div>Happy Father's Day</div><div>9:30 Daily Chronicle</div><div>10:00 Father's Day Celebration with "TAYLOR JOHNS"</div><div>10:15 LOVE ON A LEASH</div><div>11:30 1:1 Soothing Visits</div><div>1:00 Relaxing & Essential Oils</div><div>1:30 Balloon Exercise</div><div>2:00 Snacks & Reminiscing</div><div>2:30 Poetry with Aurora</div><div>2:45 Ukulele Sing Along with Bob Arii</div><div>4:30 Sports on T.V.</div></div> <div>15</div>	<div><div>9:30 Daily Chronicle</div><div>10:30 Sing a-long with Dan Miller</div><div>11:30 1:1 Soothing Visits</div><div>1:00 Relaxing & Essential Oils</div><div>1:30 Bible Study & Hymns w/ Pastor Bob</div><div>2:30 Exercise Class with Aurora</div><div>3:00 Movie & Popcorn</div><div>4:30 Sports on T.V.</div></div> <div>16</div>	<div><div>9:30 Daily Chronicle</div><div>10:00 Chair Yoga Class</div><div>10:30 Current Events & Beverages "Courtyard"</div><div>11:30 1:1 Soothing Visits</div><div>1:00 Relaxing & Essential Oils</div><div>1:30 Afternoon Meditation</div><div>2:00 Social & Snacks</div><div>2:30 Bingo</div><div>3:30 Happy Hour with "FIREBALL XPRESS"</div><div>4:30 Sports on T.V.</div></div> <div>17</div>	<div><div>Spirit Wednesday! "ALL SPORTS WEAR"</div><div>9:30 Daily Chronicle</div><div>10:00 Stretch & Cycling with Kasey</div><div>10:30 Reading Book #5 "Gallagher's Hope" & Beverages</div><div>11:30 1:1 Soothing Visits</div><div>1:00 Relaxing & Essential Oils</div><div>1:15 June Concert with "DOUBLE TAKE"</div><div>2:00 Snacks & Music Throughout the Decades</div><div>2:30 Hangman Game</div><div>3:00 Father's Day Memories in the Making with Diane & Kasey</div><div>4:30 Sports on T.V.</div></div> <div>18</div>	<div><div>9:30 Daily Chronicle</div><div>10:00 Balloon Exercise</div><div>10:30 Coffee Cart</div><div>11:30 1:1 Soothing Visits</div><div>1:00 Relaxing & Essential Oils</div><div>1:00 Sensory Games</div><div>2:00 Snacks & Trivia</div><div>2:30 Basketball, Shoot!</div><div>3:00 June Craft Corner</div><div>4:30 Sports on T.V.</div></div> <div>19</div>	<div><div>Happy Birthday Eleanor B. Summer Begins</div><div>9:30 Daily Chronicle</div><div>10:00 Pool Noodle Exercise</div><div>10:30 Reading Book #5 "Gallagher's Hope" & Beverages</div><div>11:30 1:1 Soothing Visits</div><div>1:00 Relaxing & Essential Oils</div><div>1:00 Sensory Games</div><div>2:00 Snacks & Trivia</div><div>2:30 Basketball, Shoot!</div><div>3:00 June Craft Corner</div><div>4:30 Sports on T.V.</div></div> <div>20</div>	<div><div>9:30 Daily Chronicle</div><div>10:00 "Father's Day" Fishing in the Courtyard</div><div>10:30 "What's On Your Mind" game</div><div>11:30 1:1 Soothing Visits</div><div>1:00 Relaxing & Essential Oils</div><div>1:30 Scenic Drive</div><div>2:00 Afternoon Snacks</div><div>3:00 Color Me Calm</div><div>3:30 Spa Day!</div><div>4:30 Sports on T.V.</div></div> <div>21</div>
<div><div>9:30 Daily Chronicle</div><div>10:15 LOVE ON A LEASH</div><div>11:30 1:1 Soothing Visits</div><div>1:00 Relaxing & Essential Oils</div><div>1:30 Balloon Exercise</div><div>2:00 Snacks & Reminiscing</div><div>2:00 St. Columba Church Service with Bill Bixby</div><div>2:45 Ukulele Sing Along with Bob Arii</div><div>4:30 Sports on T.V.</div></div> <div>22</div>	<div><div>ALL STAFF MEETING</div><div>9:30 Daily Chronicle</div><div>9:35 Bible Study & Hymns w/ Pastor Bob</div><div>10:30 Exercise Class with Aurora</div><div>11:30 1:1 Soothing Visits</div><div>1:00 Relaxing & Essential Oils</div><div>1:00 Wheel of Fortune</div><div>2:00 Movie & Popcorn</div><div>4:30 Sports on T.V.</div></div> <div>23</div>	<div><div>9:30 Daily Chronicle</div><div>10:00 Chair Yoga Class</div><div>10:30 Current Events & Beverages "Courtyard"</div><div>11:30 1:1 Soothing Visits</div><div>1:00 Relaxing & Essential Oils</div><div>1:30 Afternoon Meditation</div><div>2:00 Social & Snacks</div><div>2:30 Bingo</div><div>3:30 Happy Hour & Birthday Celebration with "THE SOPHISTICATS"</div><div>4:30 Sports on T.V.</div></div> <div>24</div>	<div><div>Spirit Wednesday! "ALL SPORTS WEAR"</div><div>9:30 Daily Chronicle</div><div>10:00 Drum Fit Class with Kasey</div><div>10:30 Reading Book #5 "Gallagher's Hope" & Beverages</div><div>11:30 1:1 Soothing Visits</div><div>1:00 Relaxing & Essential Oils</div><div>1:15 San Diego Padres Game Day party!!!</div><div>2:00 Snacks & Music Throughout the Decades</div><div>2:30 Pictionary Game</div><div>3:00 Father's Day Memories in the Making with Diane & Kasey</div><div>4:30 Sports on T.V.</div></div> <div>25</div>	<div><div>9:30 Daily Chronicle</div><div>10:00 June Concert with "PETER SELTSER"</div><div>11:30 1:1 Soothing Visits</div><div>1:00 Relaxing & Essential Oils</div><div>1:00 Sensory Games</div><div>2:00 Snacks & Trivia</div><div>2:30 Basketball, Shoot!</div><div>3:00 June Craft Corner</div><div>4:30 Sports on T.V.</div></div> <div>26</div>	<div><div>9:30 Daily Chronicle</div><div>10:00 Pool Noodle Exercise</div><div>10:30 Reading Book #5 "Gallagher's Hope" & Beverages</div><div>11:30 1:1 Soothing Visits</div><div>1:00 Relaxing & Essential Oils</div><div>1:15 Friday Movie & Ice Cream</div><div>2:00 Snacks</div><div>3:00 Bingo</div><div>4:00 Piano Music with "TREVOR GIBSON"</div><div>4:30 Sports on T.V.</div></div> <div>27</div>	<div><div>9:30 Daily Chronicle</div><div>10:00 Kickball Exercise</div><div>10:30 "What's On Your Mind" game</div><div>11:30 1:1 Soothing Visits</div><div>1:00 Relaxing & Essential Oils</div><div>1:30 Scenic Drive</div><div>2:00 Afternoon Snacks</div><div>3:00 Color Me Calm</div><div>3:30 Music Memories</div><div>4:30 Sports on T.V.</div></div> <div>28</div>
<div><div>9:30 Daily Chronicle</div><div>10:15 LOVE ON A LEASH</div><div>11:30 1:1 Soothing Visits</div><div>1:00 Relaxing & Essential Oils</div><div>1:30 Balloon Exercise</div><div>2:00 Snacks & Reminiscing</div><div>2:30 Poetry with Aurora</div><div>2:45 Ukulele Sing Along with Bob Arii</div><div>4:30 Sports on T.V.</div></div> <div>29</div>	<div><div>Happy Birthday June M.</div><div>9:30 Daily Chronicle</div><div>10:30 Sing-along with Dan Miller</div><div>11:30 1:1 Soothing Visits</div><div>1:00 Relaxing & Essential Oils</div><div>1:30 Bible Study & Hymns w/ Pastor Bob</div><div>2:00 Baked Goods Social</div><div>2:30 Movie & Popcorn</div><div>4:30 Sports on T.V.</div></div> <div>30</div>	<div><div>Maritza Aguirre</div><div>Life Enrichment Director</div><div>At The Ridge</div><div>800 Lantern Crest Way</div><div>Santee, Ca 92071</div><div>Cell: (619) 495-5666</div><div>Maritza.aguirre@lanterncrest.com</div></div>	<div><div>HAPPY FATHERS DAY</div></div>	<div><div>Resident Birthdays</div><div>Betty D. 6/1</div><div>Edith D. 6/6</div><div>Eleanor B. 6/20</div><div>June M. 6/30</div></div>	<div><div>hello summer</div></div>	<div><div>Lantern Crest</div><div>SENIOR LIVING</div></div>