

# JUNE AT THE POINTE

Sunday      Monday      Tuesday      Wednesday      Thursday      Friday      Saturday

Happy Birthdays

Lorna Neuhaus ~ 6/01  
 Charlie Fike ~ 6/01  
 Janet Fox ~ 6/02  
 Lois Wright ~ 6/03  
 Karen Drake ~ 6/03  
 Elenor Dale ~ 6/05  
 Mary Noble ~ 6/09  
 Beth Bakkedahl ~ 6/11  
 Jim Heffner ~ 6/15  
 Mark Knutson ~ 6/16  
 Nancy Goyings ~ 6/22  
 Constance Campbell ~ 6/23  
 Carol Lindstrom ~ 6/25  
 Joan Chaffin ~ 6/29

LOCATION KEY

LP- 1st Floor Lobby Pointe  
 LB32- 2nd Floor Latitude 32 Bar  
 V-2nd Floor Veranda Dining  
 TD-2nd Floor Terrazza Dining  
 FS-2nd Floor Fitness Studio  
 G2-2nd Floor Garden  
 PDP-Pool Deck Patio  
 3C-3rd Floor Garden Courtyard  
 GR-3rd Floor Game Room  
 LL/P-3rd Floor Lantern Links  
 T-3rd Floor Theater  
 FR4-4th Floor Fitness Studio  
 L-4th Floor Library  
 AC-4th Floor Arts/Crafts Room  
 TDP-Terrazza Dining Patio

**Happy Birthday Charlie Fike!!**  
**Happy Birthday Lorna N.!!**  
**Last Day To RSVP for Tuesday Outing**  
 8:00 ★ Guardian Angels Catholic Church [LP]  
 8:15 ★ Shadow Mountain Church Drive [LP]  
 9:00 ★ Sunday Morning Church Service with Pastor Steven [CH]  
 10:15 ★ Shadow Mountain Church Drive #2  
 11:45 ★ Sunday Run to: Handel's Homemade Ice Cream  
 12:30 ♣ Bridge Club [FS]  
 1:00 📺 Sunday Documentary~ Take Care of Maya PG-13 2023 · Documentary · 1h 43m  
 2:30 ♣ \$1 Bingo [GR]  
 4:30 🐾 Tails on Trails Walking Group [LP]

**Last Day To RSVP for Tuesday Outing**  
 8:00 ★ Guardian Angels Catholic Church [LP]  
 8:15 ★ Shadow Mountain Church Drive [LP]  
 9:00 ★ Sunday Morning Church Service with Pastor Bill [CH]  
 10:00 ★ Sunday Run to: Sprouts Farmers Market  
 10:15 ★ Shadow Mountain Church Drive #2  
 12:30 ♣ Bridge Club [FS]  
 1:00 📺 Sunday Documentary~ Our Father Not Rated 2022 · Documentary/ Crime · 1h 37m  
 2:30 ♣ \$1 Bingo [GR]  
 4:30 🐾 Tails on Trails Walking Group [LP]

**Father's Day**  
**Happy Birthday Jim Heffner!!**  
**Last Day To RSVP for Tuesday Outing**  
 8:00 ★ Guardian Angels Catholic Church [LP]  
 8:15 ★ Shadow Mountain Church Drive [LP]  
 9:00 ★ Sunday Morning Church Service with Pastor Bill [CH]  
 10:15 ★ Shadow Mountain Church Drive #2  
 12:30 ♣ Bridge Club [FS]  
 4:30 🐾 Tails on Trails Walking Group [LP]

**Happy Birthday Janet Fox!!**  
 9:00 ↔ Cardio Drumming Class [T]  
 10:00 ☕ Coffee, Cookies & Conversations [LP]  
 10:30 🎵 Learn Line Dancing [L]  
 10:45 🕒 Happy Hearts Walking Club  
 12:30 🎵 Glee Club [GR]  
 1:30 🕒 Table Talk & Tasty Treats with Culinary Director Reggie [V]  
 2:00 ♣ Nickel Blackjack [GR]  
 3:00 ♣ Mexican Train [GR]  
 4:30 🎵 Evening Piano Music [TD]  
 4:30 🐾 Tails on Trails Walking Group [LP]

**Happy Birthday Mary Noble!!**  
 9:00 ↔ Exercise Video Class [FS]  
 10:00 ☕ Coffee, Cookies & Conversations [LP]  
 10:30 🎵 Learn Line Dancing [L]  
 10:45 🕒 Happy Hearts Walking Club  
 12:30 🎵 Glee Club [GR]  
 1:30 🕒 Rider Mobility Wheelchair & Walker Repair [GR]  
 2:00 ♣ Nickel Blackjack [GR]  
 3:00 🕒 Democrat & Independents Social Club [L]  
 3:00 ♣ Mexican Train [GR]  
 4:30 🎵 Evening Piano Music [TD]  
 4:30 🐾 Tails on Trails Walking Group [LP]

**Happy Birthday Mark Knutson!!**  
 9:00 ↔ Cardio Drumming Class [T]  
 10:00 ☕ Coffee, Cookies & Conversations [LP]  
 10:30 🎵 Learn Line Dancing [L]  
 10:45 🕒 Happy Hearts Walking Club  
 1:30 🕒 Table Talk & Tasty Treats with Culinary Director Reggie [V]  
 2:00 ♣ Nickel Blackjack [GR]  
 3:00 ♣ Mexican Train [GR]  
 4:30 🎵 Evening Piano Music [TD]  
 4:30 🐾 Tails on Trails Walking Group [LP]

**Happy Birthday Karen Drake!**  
**Happy Birthday Lois Wright!**  
 9:15 † St. Kieran's Communion Service at The Ridge  
 9:30 ↔ Balance & Stability Class with Karl [FS]  
 10:00 ↔ Gentle Aquafit with Peggy [P]  
 10:30 ★ Lunch Outing to: Casa De Pico [LP]  
 3:00 ♣ Bingo [GR]  
 3:30 🕒 Transportation Committee Meeting [V]  
 4:00 🕒 Technology Help in Activities Office  
 6:00 ♣ Games with Friends [GR]

9:15 † St. Kieran's Communion Service [CH]  
 9:30 ↔ Balance & Stability Class with Karl [FS]  
 10:00 ↔ Gentle Aquafit with Peggy [P]  
 10:00 ★ Outing to: Barona Casino [LP]  
 10:00 🕒 Veterans Group Committee [BPD]  
 2:00 🕒 Mary's Arts and Crafts Class~ [AC]  
 3:00 ♣ Bingo [GR]  
 3:00 † You're Not Alone -- Family-Caregivers Support Group [L]  
 4:00 🕒 Technology Help in Activities Office  
 6:00 ♣ Games with Friends [GR]

9:15 † St. Kieran's Communion Service at The Ridge  
 9:30 ↔ Exercise Class Video [FS]  
 10:00 ↔ Gentle Aquafit with Peggy [P]  
 10:30 ★ Lunch Outing to: Marie Callender's [LP]  
 11:30 ★ Veterans' Group Luncheon at The Plaza [BPD]  
 2:00 🕒 Arts and Crafts Class~ Pressed Flower Dish [AC]  
 3:00 ♣ Bingo [GR]  
 4:00 🕒 Technology Help in Activities Office  
 6:00 ♣ Games with Friends [GR]

9:15 🕒 Happy Hearts Walking Club  
 9:30 ★ Santee Hall Wednesday -Aloha Wednesday [LP]  
 11:30 ↔ Stay Active, Stay Young~ Workout with Dennis  
 12:30 🎬 Movie Matinee: The Iron Lady PG-13 2011 · Drama/Historical drama · 1h 45m [T]  
 1:00 🕒 Resident Assoc. Board Meeting [V]  
 3:00 🎵 Happy Hour with Live Music from: Gonzo [LB32]  
 4:30 🐾 Tails on Trails Walking Group [LP]  
 6:00 ♣ Games with Friends [GR]

**Happy Birthday Beth Bakkedahl!!**  
 9:15 🕒 Happy Hearts Walking Club  
 11:30 ↔ Stay Active, Stay Young~ Workout with Dennis  
 12:00 🕒 Honey Tasting~ Honey from Around the World with Richard Edwards [LB32]  
 3:00 🎵 Happy Hour with Live Music from Come Back Buddy [LB32]  
 4:30 🐾 Tails on Trails Walking Group [LP]  
 6:00 ♣ Games with Friends [GR]

9:15 🕒 Happy Hearts Walking Club  
 11:30 ↔ Stay Active, Stay Young~ Workout with Dennis  
 1:00 🕒 LCRA General Meeting [T]  
 3:00 🎵 June Birthday Celebration with Live Music from Double take [LB32]  
 4:30 🐾 Tails on Trails Walking Group [LP]  
 6:00 ♣ Games with Friends [GR]

**Happy Birthday Elenor Dale!!**  
 9:30 ↔ Balance & Stability Class with Karl [FS]  
 10:30 ★ Chat with Life Enrichment Coordinator Erika  
 1:00 ☕ Women's Wine Time Social [LB32]  
 2:00 ♣ Nickel Blackjack [GR]  
 3:00 ♣ Cribbage [FS]  
 4:00 🕒 Technology Help in Activities Office  
 6:00 ♣ Games with Friends [GR]

**Last Day To RSVP for Saturday Outing**  
 9:30 ↔ Balance & Stability Class with Karl [FS]  
 11:30 ★ Spice Up Your Life: Chicken Salad [V]  
 2:00 ♣ Nickel Blackjack [GR]  
 3:00 ♣ Cribbage [FS]  
 4:00 🕒 Technology Help in Activities Office  
 4:00 ☕ Thursday Specialty Buffet: [TD]  
 6:00 ♣ Games with Friends [GR]

9:30 ↔ Exercise Class Video [FS]  
 11:30 ★ Spice Up Your Life: Pizza Bagels [pl]  
 1:00 🎵 Cheers & Beers Men's Club [LB32]  
 2:00 ♣ Nickel Blackjack [GR]  
 3:00 ♣ Cribbage [FS]  
 4:00 🕒 Technology Help in Activities Office  
 4:00 ☕ Thursday Specialty Buffet: [TD]  
 6:00 ♣ Games with Friends [GR]

**Last Day To RSVP for Sunday Outing**  
**National Donut Day**  
 9:00 ↔ Senior Stretches Video [FS]  
 10:00 🕒 Free Friday Vital Checks with Senior Helpers [LB32]  
 10:30 🕒 Trivia Challenge in the Library with Larry Nelson [L]  
 11:00 ☕ Celebrate National Donut Day with Life Enrichment~ [PDP]  
 1:00 🎵 Paint & Sip Art Class [AC]  
 3:00 ♣ \$1 Bingo [GR]  
 4:30 🐾 Tails on Trails Walking Group [LP]  
 6:00 🎬 The Golden Age Of Comedy: Here's Johnny [T]

9:00 ↔ Senior Stretches Video [FS]  
 10:00 🕒 Free Friday Vital Checks with Senior Helpers [LB32]  
 10:30 🕒 Trivia Challenge in the Library with Larry Nelson [L]  
 1:00 🎵 Paint & Sip Art Class [AC]  
 3:00 ♣ \$1 Bingo [GR]  
 4:30 🐾 Tails on Trails Walking Group [LP]  
 6:00 🎬 The Golden Age Of Comedy: Here's Johnny [T]

**Last Day To RSVP for Sunday Outing**  
 9:00 ↔ Senior Stretches Video [FS]  
 10:00 🕒 Free Friday Vital Checks with Senior Helpers [LB32]  
 10:30 🕒 Trivia Challenge in the Library with Larry Nelson [L]  
 1:00 🎵 Paint & Sip Art Class [AC]  
 3:00 ♣ \$1 Bingo [GR]  
 4:30 🐾 Tails on Trails Walking Group [LP]  
 6:00 🎬 The Golden Age Of Comedy: Here's Johnny [T]

9:00 ↔ Exercise & Weights with Heidi [FS]  
 11:30 ♣ Left, Right, Center Dice Game [GR]  
 1:00 ☕ Ice Cream Social of the Month : Ice Cream Bar [V]  
 2:00 ♣ Nickel Blackjack [GR]  
 3:00 ♣ Scrabble Game [FS]  
 4:30 🐾 Tails on Trails Walking Group [LP]  
 6:30 ♣ Games in the Game Room [GR]

9:00 ↔ Exercise & Weights with Heidi [FS]  
 10:00 ★ Lavender Day & Antique Craft Fair at Summers Past Farms [pl]  
 11:30 ♣ Left, Right, Center Dice Game [GR]  
 1:00 ☕ Ice Cream Social of the Month : Ice Cream Bar [V]  
 2:00 ♣ Nickel Blackjack [GR]  
 3:00 ♣ Scrabble Game [FS]  
 4:30 🐾 Tails on Trails Walking Group [LP]  
 6:30 ♣ Games in the Game Room [GR]

**First Day of Summer!!**  
 9:00 ↔ Exercise & Weights with Heidi [FS]  
 11:30 ♣ Left, Right, Center Dice Game [GR]  
 1:00 ☕ Ice Cream Social of the Month : Ice Cream Bar [V]  
 2:00 ♣ Nickel Blackjack [GR]  
 3:00 ♣ Scrabble Game [FS]  
 4:30 🐾 Tails on Trails Walking Group [LP]  
 6:30 ♣ Games in the Game Room [GR]

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 AC-4th Floor Arts/Crafts Room  
 TDP-Terrazza Dining Patio

**Happy Birthday Nancy Goyings!! 22**  
 Last Day To RSVP for Tuesday Outing

8:00 ★ Guardian Angels Catholic Church [LP]  
 8:15 ★ Shadow Mountain Church Drive [LP]  
 9:00 ★ Sunday Morning Church Service with Pastor Bill [CH]  
 10:15 ★ Shadow Mountain Church Drive #2  
 10:30 Sunday Run to: Grocery Outlet  
 12:30 ♣ Bridge Club [FS]  
 1:00 📺 Sunday Documentary~ Pope Francis: A Man of His Word PG 2018 · Documentary/Drama · 1h 36m  
 2:30 ♣ \$1 Bingo [GR]  
 4:30 🐾 Tails on Trails Walking Group [LP]

**Happy Birthday Joan Chaffin!! 29**  
 Last Day To RSVP for Tuesday Outing

8:00 ★ Guardian Angels Catholic Church [LP]  
 8:15 ★ Shadow Mountain Church Drive [LP]  
 9:00 ★ Sunday Morning Church Service with Pastor Bill [CH]  
 10:15 ★ Shadow Mountain Church Drive #2  
 10:30 ★ Sunday Run to: Smart & Final and Dollar Tree Santee  
 12:30 ♣ Bridge Club [FS]  
 1:00 📺 Sunday Documentary~ Inside the Mind of a Cat 2022 · Documentary  
 2:30 ♣ \$1 Bingo [GR]  
 4:30 🐾 Tails on Trails Walking Group [LP]

**All Staff Meeting: No Doctor Appointments After 12pm 23**  
**Happy Birthday Constance Campbell!!**

9:00 ↔ Exercise Video Class [FS]  
 10:00 ☕ Coffee, Cookies & Conversations [LP]  
 10:30 🎵 Learn Line Dancing [L]  
 10:45 ☺ Happy Hearts Walking Club  
 12:30 🎵 Glee Club [GR]  
 2:00 ♣ Resident Led Nickel Blackjack [GR]  
 3:00 ♣ Mexican Train [GR]  
 4:30 🎵 Evening Piano Music [TD]  
 4:30 🐾 Tails on Trails Walking Group [LP]

10:00 ☕ Coffee, Cookies & Conversations [LP] **30**  
 10:30 🎵 Learn Line Dancing [L]  
 10:45 ☺ Happy Hearts Walking Club  
 12:30 🎵 Glee Club [GR]  
 2:00 ☺ Dining Committee Meeting [BPD]  
 2:00 ♣ Nickel Blackjack [GR]  
 3:00 ♣ Mexican Train [GR]  
 3:00 ☺ Republican Social Group [L]  
 4:30 🎵 Evening Piano Music [TD]  
 4:30 🐾 Tails on Trails Walking Group [LP]

9:15 ✝ St. Kieran's Communion Service [CH] **24**  
 9:30 ↔ Balance & Stability Class with Karl [FS]  
 10:00 ↔ Gentle Aquafit with Peggy [P]  
 10:00 ★ Outing to: Walmart Los Coches [LP]  
 3:00 ♣ Bingo [GR]  
 3:00 ✝ You're Not Alone -- Family-Caregivers Support Group [L]  
 4:00 ☺ Technology Help in Activities Office  
 6:00 ♣ Games with Friends [GR]



**Happy Birthday Carol Lindstrom!! 25**

9:15 ☺ Happy Hearts Walking Club  
 10:00 ☕ Coffee with the Assistant Executive Director Brittany Fay [LP]  
 10:00 Fashion on The Go~ 10am to 2pm  
 11:30 ↔ Stay Active, Stay Young~ Workout with Dennis  
 12:30 📺 Movie Matinee: The Boys in the Boat PG-13 2023 · Sport/Drama · 2h 4m [T]  
 3:00 ☺ Happy Hour with Live Music from The Sophisticats [LB32]  
 4:30 🐾 Tails on Trails Walking Group [LP]  
 6:00 ♣ Games with Friends [GR]



9:30 ↔ Balance & Stability Class with Karl [FS] **26**  
 11:00 ☺ July Frenzy Sign-Up [LB32]  
 2:00 ♣ Nickel Blackjack [GR]  
 3:00 ♣ Cribbage [FS]  
 4:00 ☺ Technology Help in Activities Office  
 4:00 ☕ Thursday Specialty Buffet: [TD]  
 6:00 ♣ Games with Friends [GR]

**Last Day To RSVP for Sunday Outing 27**

9:00 ↔ Senior Stretches Video [FS]  
 10:00 ☺ Free Friday Vital Checks with Senior Helpers [LB32]  
 10:30 ☺ Trivia Challenge in the Library with Larry Nelson [L]  
 1:00 ☺ Paint & Sip Art Class [AC]  
 2:00 ☺ Communi-Tea Book Club at The Plaza! [TL]  
 3:00 ♣ \$1 Bingo [GR]  
 4:30 🐾 Tails on Trails Walking Group [LP]  
 6:00 📺 The Golden Age Of Comedy: Here's Johnny [T]

9:00 ↔ Exercise & Weights with Heidi [FS] **28**  
 11:30 ♣ Left, Right, Center Dice Game [GR]  
 1:00 ☕ Ice Cream Social of the Month : Ice Cream Bar [V]  
 2:00 ♣ Nickel Blackjack [GR]  
 3:00 ♣ Scrabble Game [FS]  
 4:30 🐾 Tails on Trails Walking Group [LP]  
 6:30 ♣ Games in the Game Room [GR]



## Honey Tasting

Honey from around the world with Richard Edwods

Join us for a delicious honey tasting from around the world.

You will be able to buy your favorites!  
 June 11th 12pm lb32

ALL ACTIVITIES WITH A RED STAR REQUIRE AN RSVP

ACTIVITIES WILL CONFIRM YOUR SPOT BEFORE THE OUTING.

CALL EXT. 5405 TO SIGN UP FOR ACTIVITIES!

**DOCTORS APPTS.**  
 Monday-Friday  
 9am-3pm

9 AM- 1 PM for Appts Further than 15 Miles

Transportation request forms available at the front desk

Submit completed forms to front desk 48 hours before your planned trip.

Transportation Number (619)905-3061

No transportation after 12pm on the 22nd of each Month.

(the date may vary, please check the calendar every month)