

# JULY AT THE POINTE \*

Tuesdav







LOCATION KEY **LP-1st Floor Lobby Pointe** LB32- 2nd Floor Latitude 32 Bar V-2nd Floor Veranda Dining TD-2nd Floor Terrazza Dining FS-2nd Floor Fitness Studio G2-2nd Floor Garden PDP-Pool Deck Patio 3C-3rd Floor Garden Courtyard **GR-3rd Floor Game Room** LL/P-3rd Floor Lantern Links **T-3rd Floor Theater** FR4-4th Floor Fitness Studio L-4th Floor Library AC-4th Floor Arts/Crafts Room **TDP-Terrazza Dining Patio** 

Sunday	MON	aay	ruesaay
		July E Sumn	Day To RSVP for 4th Of BBQ ner Door Contest Begins  The St. Kieran's Communion Service at The Ridge
, INDI	EPENDENCE		<ul> <li>↔ Balance &amp; Stability Class with Karl [FS]</li> <li>↔ Gentle Aquafit with Peggy [P]</li> </ul>
	DAY		★ Arts and Crafts ~ 4th of July Clothes Pin Wreath [AC] ★ Bingo [GR]
	™ HILU	3:30	<ul><li>Transportation</li><li>Committee Meeting [V]</li></ul>
4	OF JULY		<ul><li></li></ul>
ST. ST.	Transfer of		
Last Day To RSVP for Pointe Summer BBQ		•	† St. Kieran's Communion
	INDI  A  Last Day To RSVP for	INDEPENDENCE DAY TH JULY OF JULY Last Day To RSVP for Happy Birthda	INDEPENDENCE DAY  10:00 2:00  10:00 3:00 3:30 3:30 4:00 6:00  Last Day To RSVP for Happy Birthday Rose 7 9:15

		C	1		
	Happy Birthday Rose				
Jackson!!					
	9:00 <b>↔</b> Exer	cise Vide	o Cl		

10:00 P Coffee, Cookies & Conversations [LP]

10:30 Learn Line Dancing [L] 10:45 😲 Happy Hearts Walking

12:30 🞜 Glee Club [GR] 1:30 O Table Talk & Tasty **Treats with Culinary** 

Director Reggie [V] 2:00 A Nickel Blackjack [GR] 3:00 A Mexican Train [GR]

4:30 🞜 Evening Piano Music [TD]

4:30 A Tails on Trails Walking Group [LP]

> Service [CH] 9:30 → Balance & Stability Class with Karl [FS]

10:00 •• Gentle Aquafit with

Peggy [P] 10:00 Veteran's Group

Committee~ [L] 11:30 Pointe Summer BBQ

[PDP] 3:00 **h** Bingo [GR]

3:00 P You're Not Alone --**Family-Caregivers** Support Group [L] 4:00 O Technology Help in

**Activities Office** 6:00 A Games with Friends

Communion

Service at The

9:30 → Exercise Class Video [FS

2:00 \* Arts and Crafts ~ Art on

**Activities Office** 

6:00 🔥 Games with Friends [GR]

Scallop Shells [AC]

**Anthony's Fish Grotto** 

Luncheon at The Pointe

9:15 **†** St. Kieran's

Ridge

10:00 • Gentle Aquafit with

Peggy [P]

11:15  $\bigstar$  Lunch by the Lake:

11:30 \* Veterans' Group

[LB32]

4:00 ♥ Technology Help in

3:00 A Bingo [GR]

**Happy Birthday Karen** Boyce!!

Wear Red White or Blue for ndependence Month

9:15 & Happy Hearts Walking

Wednesdav

**Happy Birthday Karin** 

Independence Month

Wear Red White or Blue for

9:15 & Happy Hearts Walking

9:30 \* Santee Hall Wednesday

11:30 + Stay Active, Stay Young~

12:30 👺 Movie Matinee: Sound of

1:00 O Resident Assoc. Board

Meeting [V]

3:00 A Happy Hour with Live

Zone [LB32]

Group [LP]

4:30 👺 Tails on Trails Walking

6:00 Games with Friends GR

-The History of Monopol

**Workout with Dennis [FS]** 

Music -1965- (G) 2h 52m

**Music from The Blue** 

11:30 
Stay Active, Stay Young Workout with Dennis [FS] 12:30 P Movie Matinee:

September 5 R 2024 · Thriller/Drama 1h 35m 3:00 A Happy Hour with Live

**Music from Brown Sugar** [LB32]

4:30 🖀 Tails on Trails Walking Group [LP] 6:00 . Games with Friends [GR]

9:30 **↔** Exercise Class Video [FS]

Young~ Workout with Dennis [FS]

**Celebration with Live Music from Double** Take [LB32]

4:30 A Tails on Trails Walking Group [LP]

Stability Class with Karl [FS] 10:00 O Chat with Life

Thursday

9:30 **↔** Balance &

**Enrichment Coordinator Erika** 1:00 **Women's Wine** 

Time Social [LB32] 2:00 A Nickel Blackjack

3:00 A Cribbage [FS] 4:00 ♀ Technology Help in 11:00 ★ 4th Of July BBQ at The **Activities Office** 

6:00 Games with Friends

Stability Class

Summer-10am to

Mini BLT Bites [V]

**Activities Office** 

**Buffet: Pizza Bar &** 

Salad 16.5pts [TD]

with Karl [FS]

10:00 S Fashion on The Go~

11:30 ★ Spice Up Your Life:

3:00 A Cribbage [FS]

2:00 A Nickel Blackjack [GR]

4:00 O Technology Help in

4:00 P Thursday Specialty

6:00 A Games with Friends

9:30 **↔** Balance &

**Happy Birthday Marvell** Dawson!!

Independence Day Terrazza Dining Room Will Be

Closing Early Due to Holiday ~ To Go's from 2pm - 3pm ~ Terrazza Closes at 3pm

Friday

9:00 - Senior Stretches Video [FS]

10:00 😲 Free Friday Vital **Checks with Senior** Helpers [LB32]

**Plaza with Live Music** with The Fireball **Express** 2:15 O Documentary: Our

**Great National Parks** 

**Checks with Senior** 

Helpers [LB32]

10:00 🦪 Water The Garden &

10:30 O Trivia Challenge in the

Nelson [L]

1:00 Paint & Sip Art Class

4:30 A Tails on Trails Walking

Comedy: Here's

Group [LP]

6:00 The Golden Age Of

Johnny [T]

Library with Larry

Tunes

[AC]

3:00 **ii** \$1 Bingo [GR]

9:00 **↔** Exercise

Video [FS] 11:30 🔥 Left, Right, Center Dice Game [GR]

Saturday

1:00 
Saturday's Ice **Cream Social: Fat** Boys Sandwich [V]

2:00 h Nickel Blackjack [GR]

3:00 A Scrabble Game

4:30 A Tails on Trails Walking Group [LP]

6:30 Games in the Game Room [GR]

9:00 ↔ Senior 1 1	9:00 ↔ Exercise & 1 🔿
Stretches Video [FS]	Weights with
10:00 Dr. Free Friday Vital	Heidi [FS]

11:30 Left, Right, Center **Dice Game [GR]** 

1:00 ■ Saturday's Ice **Cream Social: Fat Boys Sandwich [V]** 2:00 h Nickel Blackiack

3:00 A Scrabble Game [FS]

6:30 A Games in the Game

4:30 A Tails on Trails Walking Group [LP]

Room [GR]

## Last Day To RSVP for **Tuesday Outing**

[T]

2:30 **+ \$1** Bingo [GR]

8:00 **★** Guardian Angels **Catholic Church [LP]** 

Church [LP]

Drive [LP]

Steven [CH]

Joe's Santee

4:30 A Tails on Trails Walking

Group [LP]

Drive #2

\* Shadow Mountain Church

Service with Pastor

The Tylenol Murders E1

8:15 \* Shadow Mountain **Church Drive [LP]** 

9:00 \* Sunday Morning **Church Service with** Pastor Bill [CH]

10:15 ★ Shadow Mountain **Church Drive #2** 

12:30 **A** Bridge Club [FS]

1:00 P Sunday Documentary~ The Tylenol Murders E2 [T]

2:30 **h** \$1 Bingo [GR]

4:30 A Tails on Trails Walking Group [LP]

Class [FS] 10:00 P Coffee, Cookies &

Conversations [LP] 10:30 Learn Line Dancing [L] 10:45 Y Happy Hearts Walking

12:30 🞜 Glee Club [GR]

2:00 A Nickel Blackjack [GR] 3:00 O Democrat & Independents Social Club [L]

3:00 A Mexican Train [GR] 4:30 🞜 Evening Piano Music

4:30 A Tails on Trails Walking Group [LP]

**Happy Birthday Zelda** Webb!

Wear Red White or Blue for **Independence Month** 9:15 & Happy Hearts Walking

11:30 - Stay Active, Stay

1:00 O LCRA General Meeting

3:00 W July Birthday

6:00 A Games with Friends [GR]

11:30 ★ Spice Up Your Life: Hawaiian

**Macaroni Salad** 

1:00 R Cheers & Beers Men's Club [LB32]

2:00 in Nickel Blackjack

3:00 A Cribbage [FS] 4:00 O Technology Help in Activities Office

6:00 A Games with Friends [GR]

Sunday Outing 9:00 → Senior Stretches Video

Last Day To RSVP for

0:00 9 Free Friday Vital Checks with Senior Helpers

[LB32] 10:00 🖪 Water The Garden & Tunes

10:30 O Trivia Challenge in the Library with Larry Nelson

1:00 Paint & Sip Art Class [AC] 3:00 📥 \$1 Bingo [GR]

4:30 👺 Tails on Trails Walking Group [LP]

6:00 ♥ The Golden Age Of Comedy: Here's Johnny

Exercise & 19
Weights with 9:00 **← Exercise &** Heidi [FS] 11:30 📥 Left, Right, Center

Dice Game [GR] 1:00 
Saturdav's Ice

**Cream Social: Fat Boys Sandwich [V]** 2:00 h Nickel Blackjack

3:00 Scrabble Game [FS]

4:30 A Tails on Trails Walking Group [LP]

6:30 A Games in the Game Room [GR]

# ast Day To RSVP for Tuesday Outing 8:00 **★** Guardian Angels 8:15 \* Shadow Mountain 9:00 \* Sunday Morning Church 10:15 ★ Shadow Mountain

7/02 Karin Heffner 7/04 Marvell Dawson 7/07 Rose Jackson 7/09Karen Boyce 7/22 Gerry Mavrinac 7/29 Thelma Paradise 7/30 Russell Bauers

### LOCATION KEY

**LP- 1st Floor Lobby Pointe** LB32- 2nd Floor Latitude 32 Bar V-2nd Floor Veranda Dining TD-2nd Floor Terrazza Dining FS-2nd Floor Fitness Studio **G2-2nd Floor Garden** PDP-Pool Deck Patio 3C-3rd Floor Garden Courtyard **GR-3rd Floor Game Room** LL/P-3rd Floor Lantern Links **T-3rd Floor Theater** FR4-4th Floor Fitness Studio L-4th Floor Library AC-4th Floor Arts/Crafts Room

**TDP-Terrazza Dining Patio** 

# JULY AT THE POINTE \*

# Tuesday

# Wednesdav Wear Red White or Blue

Wear Red White or Blue for Independence Month 9:15 & Happy Hearts Walking

11:30 → Stay Active, Stay Young~ Workout with Dennis [FS]

12:30 Movie Matinee: The **Hiding Place PG 1975** · War/Drama · 2h 30m [T]

3:00 A Happy Hour with Live **Music from The** Sophisticats [LB32] 4:30 A Tails on Trails Walking

Group [LP] 6:00 A Games with Friends

9:30 **↔** Balance & Stability Class with Karl [FS] 2:00 A Nickel Blackjack

Thursday

3:00 A Cribbage [FS]

4:00 O Technology Help in **Activities Office** 4:00 P Thursday Specialty

11:30 
Behind the Curtain~ New **Buffet: Soup &** Sandwich Bar 16pts 

5:00 in Family Bingo Night! 6:00 Games with Friends

> 6:00 ₩ The Golden Age Of Comedy: Here's Johnny

Group [LP]

3:00 A \$1 Bingo [GR]

Friday

**Checks with Senior** 

Library with Larry Nelson

Helpers [LB32]

9:00 ↔ Senior Stretches <a>^</a>

Video [FS]

10:00 🖪 Water The Garden &

10:30 O Trivia Challenge in the

Residents [TD]

at The Pointe! [L]

4:30 😩 Tails on Trails Walking

10:00 😲 Free Friday Vital

Tunes

Saturday

9:00 

Exercise & 26

Weights with Heidi [FS]

11:30 th Left, Right, Center Dice Game [GR]

1:00 
Saturday's Ice **Cream Social: Fat** Boys Sandwich [V]

2:00 A Nickel Blackjack

3:00 Scrabble Game [FS] 1:00 Paint & Sip Art Class [AC] 2:00 O Communi-Tea Book Club

4:30 A Tails on Trails Walking Group [LP]

6:30 Games in the Game Room [GR]

### Last Day To RSVP for Class [FS] **Tuesday Outing**

8:00 **★** Guardian Angels Catholic Church [LP]

**Church Service with** 

Pastor Bill [CH]

**Church Drive #2** 

Walking Group [LP]

10:15 🖈 Shadow Mountain

12:30 **A** Bridge Club [FS]

2:30 **A** \$1 Bingo [GR]

4:30 A Tails on Trails

Sunday

Catholic Church [LP]

Service with Pastor Bill

The Tylenol Murders E3

**Church Drive [LP]** 

Church Drive #2

10:30 🖈 Sunday Run to: ALDI

1:00 Sunday Documentary~

4:30 🛣 Tails on Trails Walking

Group [LP]

12:30 A Bridge Club [FS]

2:30 **A** \$1 Bingo [GR]

8:15 \* Shadow Mountain Church Drive [LP] 9:00 **★** Sunday Morning

2:00 O Dining Committee Meeting [BPD]

3:00 A Mexican Train [GR]

Group [L]

[TD]

10:00 P Coffee, Cookies &

Monday

10:30 Learn Line Dancing [L]

10:45 Yr Happy Hearts Walking

Conversations [LP]

**Treats with Culinary** 

**Director Reggie [V]** 

**Concert with Double** 

Class [FS]

10:00 
Coffee, Cookies &

12:30 **5** Glee Club [GR]

1:30 O Table Talk & Tasty

3:00 A Mexican Train [GR]

Take [LB32]

4:30 Evening Piano Music

4:30 A Tails on Trails Walking

Group [LP]

3:00 Special Summer

Conversations [LP] 10:30 Learn Line Dancing [L] 10:45 😲 Happy Hearts Walking

12:30 **5** Glee Club [GR]

2:00 A Nickel Blackjack [GR]

3:00 O Republican Social 4:30 🞜 Evening Piano Music

4:30 👺 Tails on Trails Walking Group [LP]

## **Happy Birthday** Thelma Paradise!!

All Staff Meeting: No Doctor

Appointments After 12pm

Happy Birthday Gerry Mavrinac!!

9:15 T St. Kieran's Communion

9:30 → Balance & Stability Class

Service [CH]

with Karl [FS]

Peggy [P]

3:00 P You're Not Alone --

4:00 O Technology Help in

3:00 A Bingo [GR]

10:30 **\Delta** Lunch Outing to: Jay's

Southern Cafe~ Alpine

Family-Caregivers

Support Group

**Activities Office** 

6:00 A Games with Friends [GR]

9:30 - Balance & **Stability Class** with Karl [FS]

**10:00 → Gentle Aquafit** with Peggy [P]

10:00 **★** Outing to: **Sycuan Casino** 

3:00 **A** Bingo [GR]

4:00 ○ Technology Help in **Activities Office** 

6:00 A Games with Friends [GR]

# Happy Birthday Russell

#### Wear Red White or Blue for ndependence Month

9:15 & Happy Hearts Walking Club 10:00 
Coffee with the Assistant **Executive Director Brittany** Fay [LP]

11:00 O August Frenzy Sign-Up [LB32]

11:30 → Stay Active, Stay Young~ Workout with Dennis IFSI

12:30 Movie Matinee: The Wonder R 2022 · Thriller/Mystery 1h 43m [T]

3:00 A Happy Hour with Live Music from Come Back Buddy [LB32]

4:30 A Tails on Trails Walking Group 6:00 A Games with Friends [GR]

9:30 **→** Balance **Stability Class** 

with Karl [FS] 2:00 A Nickel

Blackjack [GR] 3:00 A Cribbage [FS]

4:00 O Technology Help in **Activities** Office

6:00 Games with Friends [GR]

Kick back and relax with some good food at our

# 4TH OF JULY BB0

Friday July 4th 11am - 2pm

Plaza 2nd Floor Coronado Courtyard ive Music From The Fireball Express

RSVP by Monday July 1st call Ext 5407

# Prepare yourself for our spectacular summer BBO party, where you'll burn up your taste senses and soak up the sun.



# THURSDAY, 24TH JULY

START AT 5 PM AT POINTE LOBBY

At this exciting event, get ready to shout "BINGO!" and win some fantastic prizes.

## DOCTORS APPTS.

Monday-Friday

9am-3pm

9 AM- 1 PM for Appts Further than 15 Miles Transportation request forms available at the front desk

Submit completed forms to front desk 48 hours before your planned trip.

Transportation Number (619)905-3061

No transportation after 12pm on the 22nd of each Month.

(the date may vary; please check the calendar every month)

