August 2025

August 2025

August at The Plaza

August at The Plaza Sunday Monday Friday Tuesday Wednesday Thursday Saturday **Door Decorating Happy Birthday Jack** DOCTORS APPTS. Gordon!! **Contest: Summertime** Monday-Friday **Happy Birthday Lily Viera!!** Theme 9am-3pm 9:30 * Shopping Outing to: 11:00 약 Free Friday Vitals Sprouts [PL] 9 AM-1 PM for Appts Further than 15 **Check with Senior** 10:00 • Chair Yoga with Heidi Happy Birthday Helpers [PL] Annual 12:00 h Hand, Knee, and Transportation request forms available at 12:00
Saturday Ice Cream Foot [50GR] LILY VIERA 8/02 the front desk Social [50GR] Luau Event 1:00 ← Cardio Drumming 1:00 + 3 to 13 Card Game! **IACK GORDON 8/02** Submit completed forms to front desk 48 Video [FR] [MDT] **JACKIE GLOVER 8/04** hours before your planned trip. THURSDAY 28 AT 4PM 1:00 in Scrabble with Friends 3:00 A Happier Hour with WANT TO WATCH YOUR ALFREDO CHAVEZ-PULIDO 8/05 Transportation Number (619)905-3061 **FAVORITE GAME SHOW ON Live Music from** The Plaza CDR **ERNI CASSY 8/07** 3:00 A Nickel Blackjack **Double Take [CDR]** THE BIG SCREEN?!?! with Hula Dancers and **GEORGE LEJACK 8/07** [50GR] No transportation after 12pm on the 22nd 4:30 👺 Happy Tails ~ **JUST ASK ACTIVITIES TO PUT** Fantastic food 5:30 Evening Movie: The KAREN ROHR 8/09 of each Month. **Evening Dog Walk** IT ON FOR YOU! Help 2h 26m Drama/ JERRY WARD 8/12 [PL] (the date may vary; please check the Comedy [MDT] RSVP before 18th August CHRIS ZAFIS 8/13 calendar every month) **BILL GILMAN 8/17 ARLAN BARBER 8/18 Happy Birthday Alfredo Happy Birthday Ernestine Happy Birthday Karen →** Happy Birthday Jackie **National Root Beer Float** 9:00 & Beltone Hearing 8:00 🛊 Guardian Cassey!! Chavez-Pulido!! Aid Check and Angels Glover!! Rohr!! **GLENDA PARKER 8/22** 10:00 - Morning Stretches -Happy Birthday George Lejeck Catholic Church [PL] 10:00 → Morning Stretches 9:00 ← Gentle Aquafit with Cleaning ~ 9am-11am 9:30 * Shopping Outing to: **DENIS CRIST 8/23** Instructional Video [FR] Last Day To RSVP for Saturday Peggy [IPS] 8:15 * Shadow Mountain Instructional Video **Smart & Final [PL] ALLAN GLADFELTER 8/25 Outing** 11:00 & Free Friday Vitals 10:15 • Core Strength and **Church Drive [PL]** [FR] 10:00 → Chair Yoga with **ARNIE ROSENBERG 8/26 National Purple Heart Day Check with Senior** Weights with Karl [FR] 9:00 † Sunday Morning Heidi [FR] 11:00
Coffee in the Sea 11:00 H Warm-Up and Work Out 10:15
Core Strength and Helpers [PL] VICKY LUCAS 8/30 11:00 A Cornhole by the Moss **Church Service with** with Dennis [FR] Lounge on the 2nd 12:00
Saturday Ice Cream Weights with Karl [FR] 12:00 🔥 Hand, Knee, and Foot Wall [PL] **DOLORES BANKER 8/31** 11:30 * It's Root Beer Float Time Pastor Bill [CH] Floor [TL] Social [50GR] 1:00 - Corn Hole by the Moss [50GR] 12:30 **A Dominoes** [50GR] with Life Enrichment [BD] 10:15 🛊 Shadow Mountain 1:00 in Hand, Knee & Foot Wall [PL] 1:00 **A** 3 to 13 Card Game! 1:00 ★ Tasty Treats: Saltine 1:00 A \$4 Bingo [MDT] **Church Drive [PL]** 1:00 ★ Excursion to Outback [50GR] [MDT] Video [FR] Sweets [BD] 2:00 Table Talk with Culinary Steakhouse [PL] 11:00 P Betty White Off 2:00 Rock Painting [MDT] 3:00 A Happier Hour with Live 1:00 A Scrabble with 3:00 A Nickel Blackjack Director Reggie [BPD] 11:30 🌳 Matinee Movie: Maria 2h Their Rockers **Music from Brown** Friends [MDT] 3:00 → Learn and Line [50GR] 3:00 M Women's Wine Time 3m Musical/Drama [MDT Episode [MDT] Sugar Oldies [CDR] Dance [CDR] [MDT] 3:00 A Nickel Blackjack Transportation 1:00 O Resident Council Board 4:30 A Happy Tails ~ Evening 12:00 **A** Bow Wow Dog 4:30 路 Happy Tails ~ Evening Committee Meeting [V] [50GR] 4:30 👺 Happy Tails ~ Member Meeting [BPD] Dog Walk [PL] Dog Walk [PL] Social [PL] 4:00 O Technology Help -2:00 **A** \$4 Poker [50GR] 5:30 Evening Movie: The **Evening Dog Walk** 2:00 A Sunday Bingo~\$1 **Bring Your Device!** 4:00 Y Technology Help - Bring BeeKeeper 1h 45m **Location Key** [AO] Your Device! [AO] [MDT] **Action/Thriller** [MDT] 50GR - 50's Game Room AO- Activities Office Happy Birthday Chris 7afisll 13 1 11:00 V Free Friday 8:00 **★** Guardian 10:00 **↔** Morning Happy Birthday Jerry Ward!! Last Day To RSVP for 9:30 **★** Shopping 16 BBC - Bocce Ball Court **Angels** Zafis!! Saturday Outing Vitals Check **Outing to:** Stretches with Peggy [IPS] BD - Bel Air Diner **Catholic Church [PL] Grossmont Mall [PL]** Instructional with Senior 9:15 T St. Kieran's Communion Weights with Karl [FR] 8:15 **★** Shadow Mountain Helpers [PL] 10:00 ← Chair Yoga with BLR - 5th Floor Billiards Room **Instructional Video** Video [FR] Service [CH] 11:00
Corn Hole by the Moss **Church Drive [PL]** Heidi [FR] BPD - Balboa Private Dining Room [FR] 11:00
Lunch At The 11:00
Coffee in the Sea 10:00 Veterans Group Wall [PL] 9:00 The Sunday Morning 12:00
Saturday Ice Cream Committee [BPD] Ridge [PL] CDR - Catalina Dining Room Lounge on the 2nd 11:00 **★** Excursion to: **Church Service with** Time [IPS] Social [50GR] 10:15 ← Core Strength and Floor [TL] 12:00 h Hand, Knee, and CC - Coronado Courtyard Bongiovanni's Italian Pastor Bill [CH] Weights with Karl [FR] 1:00 **A** 3 to 13 Card Game! 1:00 🔥 Hand, Knee & Foot 11:00 🖒 Cornhole by the Moss 11:00 → Warm-Up and Work Foot [50GR] Cuisine [PL] CH - Reflections Chapel 10:15 🖈 Shadow Mountain Out VIDEO [FR] [MDT] 11:30 P Matinee Movie: [50GR] FR - Fitness Room Wall [PL] **Church Drive [PL]** 1:00 A Scrabble with 12:00
Life Storytime [TR] Matilda 1h57m Video [FR] 12:30 h Dominoes [50GR] 2:00
Plants/Flower IPS - Indoor Pool and Spa 11:00 P Betty White Off Friends [MDT] 1:00 **A** \$4 Bingo [MDT] Comedy/Family [MDT] 1:00 * Tasty Treats: Cucumber 3:00 A Happier Hour with **Arrangements** MB - Miramar Bar **Their Rockers** 3:00 A Nickel Blackjack 2:00 **A** \$4 Poker [50GR] **Men's Brew Crew** 3:00 Bites [BD] **Live Music** [MDT] MDT - Movie Dinner Theater Episode [MDT] [50GR] [BD] 2:30 New Resident Mingle! 3:00 A Nickel Blackjack [50GR] **Sunshine Gang** 3:00 → Learn and Line 12:00 👺 Bow Wow Dog 5:30 Evening Movie: Elvis 4:00 O Technology Help - Bring PL - Plaza Lobby 4:30 👺 Happy Tails ~ **[CDR]** Dance [CDR] Your Device! [AO] Social [PL] 4:00 O Technology Help -2h 39m Musical/ **Evening Dog Walk** PL6 - Puzzle Lounge/Library 4:30 👺 Happy Tails ~ **Bring Your Device!** 2:00 A Sunday Bingo~\$1 4:30 🖀 Happy Tails ~ Drama [MDT]

Evening Dog Walk

[PL]

[A0]

SC - Sunken Courtyard

TL - 2nd Floor Turtle Lounge

TR - King Charles Tea Room

[MDT]

Evening Dog Walk

August 2025
Lantern Crest The Plaza

August at The Plaza

Happy Birthday LILY VIERA 8/02 **IACK GORDON 8/02 JACKIE GLOVER 8/04** ALFREDO CHAVEZ-PULIDO 8/05 **ERNI CASSY 8/07 GEORGE LEJACK 8/07** KAREN ROHR 8/09 JERRY WARD 8/12 CHRIS ZAFIS 8/13 **BILL GILMAN 8/17** ARLAN BARBER 8/18 8:00 🛊 Guardian **GLENDA PARKER 8/22 DENIS CRIST 8/23 ALLAN GLADFELTER 8/25 ARNIE ROSENBERG 8/26** VICKY LUCAS 8/30 **DOLORES BANKER 8/31**

Location Key

50GR - 50's Game Room

AO- Activities Office

BBC - Bocce Ball Court

BD - Bel Air Diner

BLR - 5th Floor Billiards Room

BPD - Balboa Private Dining Room

CDR - Catalina Dining Room

CC - Coronado Courtyard

CH - Reflections Chapel

FR - Fitness Room

IPS - Indoor Pool and Spa

MB - Miramar Bar

MDT - Movie Dinner Theater

PL - Plaza Lobby

PL6 - Puzzle Lounge/Library

SC - Sunken Courtyard

TL - 2nd Floor Turtle Lounge

TR - King Charles Tea Room

Sunday Happy Birthday Bill Gilman!!

8:00 **★** Guardian Angels Catholic Church [PL]

8:15 **★** Shadow Mountain **Church Drive [PL]** 9:00 T Sunday Morning

Church Service with Pastor Bill [CH]

10:15 🖈 Shadow Mountain Church Drive [PL]

11:00 👺 Betty White Off Their **Rockers Episode**

12:00 👺 Bow Wow Dog Social

2:00 A Sunday Bingo~\$1 [MDT]

> Angels Catholic **Outside 2nd Floor** Loading Dock

8:15 * Shadow Mountain **Church Drive [PL]**

9:00
Rummage Giveaway 9am-1pm [CC]

Church [PL]

9:00 T Sunday Morning **Church Service with** Pastor Bill [CH]

10:15 ★ Shadow Mountain Church Drive [PL]

11:00 P Betty White Off Their **Rockers Episode** [MDT]

12:00 👺 Bow Wow Dog Social [PL]

2:00 A Sunday Bingo~\$1

Donation Pick Up Day! -

Happy Birthday Allan Gladfelter!!

Monday

10:00 - Morning Stretches -

11:00
Coffee in the Sea

Floor [TL]

1:00 h Hand, Knee & Foot

Painting [MDT]

Evening Dog Walk

Dance [CDR]

[50GR]

2:00 **★** Terracotta Pot

3:00 → Learn and Line

4:30 🖀 Happy Tails ~

[PL]

Barber!!

Happy Birthday Arlan 18

Instructional Video

Lounge on the 2nd

10:00 H Morning Stretches -**Instructional Video**

11:00
Coffee in the Sea Lounge on the 2nd Floor [TL]

1:00 A Hand, Knee & Foot [50GR]

2:00 O Dining Committee Meeting [BPD] 2:00 * Paint & Sip [MDT]

3:00 ← Learn and Line Dance

4:30 A Happy Tails ~ Evening Dog Walk [PL]

9:00 ↔ Gentle Aquafit 1 9 10:00 ↔ Morning Stretches with Peggy [IPS]

Tuesday

10:15 - Core Strength and Weights with Karl

11:00 A Cornhole by the Moss Wall [PL] 11:30 ★ Veterans' Luncheon

at The Plaza [MDT] 12:30 h Dominoes [50GR]

1:00 \star Tasty Treats: Mini Cinnamon Rolls [BD] 3:00 A Nickel Blackjack

[50GR] 4:00 O Technology Help -**Bring Your Device!**

[A0]

Happy Birthday Arnie

Rosenburg!!

9:00 ← Gentle Aquafit with

Peggy [IPS]

9:15 🕆 St. Kieran's Communion

Weights with Karl [FR]

Autoimmune Disease

Presentation by Dr.

Crumpler [MDT]

3:00 A Nickel Blackjack [50GR]

4:00 O Technology Help - Bring

Your Device! [AO]

Service [CH]

11:00 A Cornhole by the Moss

1:00 * Tasty Treats: Ants on a

10:15 - Core Strength and

Wall [PL]

12:30 - Dominoes [50GR]

Log [BD]

2:00 & Demystifying

Stretches -**Instructional Video**

Wednesday

10:30 → Wednesday Pool Time [IPS] 11:00 Warm-Up and Work

Out with Dennis [FR] ★ It's Lunch Time with Life Enrichment [CDR]

1:00 **A** \$4 Bingo [MDT] 2:00
Table Talk with **Culinary Director** Reggie [BPD]

10:00 **→** Morning

3:00 Rock-N-Bowl [BD] 4:30 A Happy Tails ~ Evening Dog Walk [PL]

Stretches -

Time [IPS]

11:00 → Warm-Up and Work

12:00 Life Storytime [TR]

3:00 Together We Drink

Sangria's [BD]

1:00 **+** \$4 Bingo [MDT]

4:30 👺 Happy Tails ~

[PL]

Instructional Video

Out with Dennis [FR]

Featured Beverage:

Evening Dog Walk

Last Day To RSVP for Saturday Outing Senior Citizens Day

10:00 * Excursion to: Omelet Factory [PL]

10:00 👺 Matinee Movie: Birdcage 1h 58m Comedy/Drama [MDT]

Thursday

10:15 H Morning Workout Video 11:00 + Corn Hole by the Moss

Wall [PL] 1:00 O LCRA General Meeting

2:00 A \$4 Poker [50GR]

3:30
Calendar Brainstorm with Activities [MDT]

4:00 Specialty Buffet at The Plaza [CDR] 4:00 🌣 Technology Help - Bring

Your Device! [AO]

Friday All Staff Meeting: No

Doctor Appointments After 12pm

Happy Birthday Glenda Parker!!

1:00 & Free Friday Vitals **Check with Senior** Helpers [PL]

12:00 h Hand, Knee, and Foot [50GR]

1:00 → Cardio Drumming Video [FR]

3:00 A Happier Hour with Live **Music from The First** String Band [CDR]

4:30 A Happy Tails ~ Evening Dog Walk [PL]

Happy Birthday Denis 23 Crist!!

9:30 ★ Shopping Outing to: Aldi Grocery Store [PL]

Saturday

10:00 → Chair Yoga with Heidi

12:00
Saturday Ice Cream Social [50GR] 1:00 A 3 to 13 Card Game!

1:00 A Scrabble with Friends

MDT 3:00 h Nickel Blackjack

[50GR] 5:30 Evening Movie:

Twisters 2h 2m **Action/Adventure** [MDT]

Last Day To RSVP for Saturday Outing

10:00 ★ Excursion to: Santee Lakes [PL] 10:15 - Core Strength and

Weights with Karl [FR] 11:00 - Corn Hole by the Mos

Wall [PL] 11:30 Matinee Movie: The Six Triple Eight 2h 7m

War/Drama MDT1 2:00 **+ \$4 Poker [50GR]**

4:00 * Annual Luau Dinner with Hula Dancers~ 4:00pm-6:00pm [CDR]

4:00 O Technology Help -**Bring Your Device!** [A0]

Door Decorating **Contest Ends**

11:00 & Free Friday Vitals **Check with Senior** Helpers [PL]

12:00 + Hand, Knee, and Foot [50GR] 1:00 - Cardio Drumming

Video [FR] 2:00 O LC Community Book **Club at The Plaza**

[CH] 3:00 A Happier Hour with **Live Music from** Blue Zone [CDR]

4:30 A Happy Tails ~ **Evening Dog Walk** **Happy Birthday Vicky**

9:30 ★ Shopping Outing to: **Target Shopping Center**

10:00 → Chair Yoga with Heidi [FR] 11:00 🙉 Bel Air Diner Open for Lunch! ~ 11am-1pm [BD]

1:00 A 3 to 13 Card Game! [MDT] 1:00 A Scrabble with Friends

3:00 A Nickel Blackjack [50GR] 5:30 Evening Movie: Indiana Jones & The Dial of **Destiny 2h 34m Action/**

Adventure [MDT]

Happy Birthday Dolores 3

8:00 **★** Guardian Angels Catholic Church [PL]

8:15 **★** Shadow Mountain Church Drive [PL] 9:00 T Sunday Morning

Church Service with Pastor Bill [CH]

10:15 ★ Shadow Mountain **Church Drive [PL]**

11:00 Property White Off Their **Rockers Episode** [MDT]

12:00 👺 Bow Wow Dog Social

2:00 iii Sunday Bingo~\$1 [MDT]



DONATION PICK-UP

Next pick up is: Monday, August 25th **Drop Off Outside at** 2nd Floor Loading Dock The Night Before All items must fit inside boxes or be bagged up and ready to go for pick up.



Furniture, Small Appliances & Electronics, Tools, Toys, Household Items, Books, Shoes & Accessories. Clothing Ladies/Mens/Kids Jewelry





Sunday's @ 11am in Movie Dinner Theater

