# September AL at The Ridge

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Lantern Crest  A Full Service Referement Reson	Labor Day Take a walk and find "The Apple"  9:45 Daily Chronicle & Word Search  10:00 Stretch & Cycling with Maritza [MDR]  10:30 Courtyard Social with Maritza  11:00 1:1 Resident visits  1:30 Kings in the Corner Card Game "Sports Lounge"  1:30 Labor Day Celebration with "Gregory Page" [MDR]  2:30 Bingo for Tickets [AC]  5:00 Enjoy a Game with Friends at the "Sports Lounge"	Happy Birthday Richard W.  Take a walk and find "The Apple"  9:20 St. Kieran's Church Communion with Gina [RT]  9:45 Daily Chronicle & Word Search  10:00 Balloon Volleyball Game [CD]  10:00 Board Games with "AURORA" [CR]  11:30 Book Mobile Visits  1:30 Blackjack Game [CR]  1:30 Coffee Bar with "Variety of Torani Flavored Syrup" & Apple Cider [L1]  1:30 Kings in the Corner Card Game "Sports Lounge"  2:00 Trivia Game [L1]  2:30 Bowling Games [L1]  2:30 Polish & Pamper [AC]  3:30 Word in a Word Game [L1]  4:30 Happy Hour with "BLUE ZONE" [MDR]  5:00 Enjoy a Game with Friends at the "Sports Lounge"	Spirit Wednesday "Wear Favorite APRON"  Take a walk and find "The Apple"  8:00 Daily Bread Reading with Damon  9:45 Daily Chronicle & Word Search  10:00 On Campus Walk  10:15 Stretch & Strength with Angie from Mobile Therapy [CD]  11:00 1:1 Resident visits  1:00 Baking Goodies with "Aurora" [LCK]  1:00 Bingo for Tickets [AC]  1:30 Kings in the Corner Card Game "Sports Lounge"  2:30 Let's Get Crafty! [AC]  2:30 Midweek Matinee "Top 10 Movies on Netflix" [RT]  3:30 Hanging Donut Game Residents VS. Staff  4:30 Wine Down Wednesday  5:00 Enjoy a Game with Friends at the "Sports Lounge"	Chef's Corner 11:30-12:30pm Happy Birthday Thomas K. Take a walk and find "The Apple"  9:45 Daily Chronicle & Word Search  10:00 Bocce Ball Is Back! Green Machine vs Red Warriors [L1]  10:00 Morning Spa with MARY KAY " Paige" [AC]  11:00 1:1 Resident visits  1:00 Caramel Apple Floats Sponsored by "Heritage Hospice"  1:30 Bridge Game with Friends [CR]  1:30 Kings in the Corner Card Game "Sports Lounge"  1:30 Scenic Drive  4:30 Piano Music with "TREVOR GIBSON" [MDR]  5:00 Enjoy a Game with Friends at the "Sports Lounge"	Take a walk and find "The Apple"  9:45 Daily Chronicle & Word Search  10:00 Weights & Cycling with Damon [MDR]  11:00 1:1 Resident visits  11:00 1:1 Visits with Ray Pathman from "Our Lady of Perpetual Help" Catholic  1:00 Movie & Popcorn "The Three Musketeers"  1:30 Kings in the Corner Card Game "Sports Lounge"  2:00 LOVE ON A LEASH  3:00 Bingo for Tickets [AC]  4:45 Happy Hour with "DOUBLE TAKE" [CD]  5:00 Enjoy a Game with Friends at the "Sports Lounge"	Take a walk and find "The Apple"  9:45 Daily Chronicle & Word Search  10:00 Upper body Weight Training [L1]  10:30 UNO Game [L1]  11:00 1:1 Resident visits  1:00 Trivia Game [L1]  1:30 Kings in the Corner Card Game "Sports Lounge"  2:00 Horse Racing Game [L1]  3:00 Bocce Ball [L1]  5:00 Enjoy a Game with Friends at the "Sports Lounge"
GRANDPARENTS DAY!  Take a walk and find "The Apple"  9:45 Daily Chronicle & Word Search 10:45 Love on a Leash [L1] 11:00 1:1 Resident visits 11:00 Celebrating Grandparents Day "BBQ Corn & Sweet Potato's"  1:00 Sunday Matinee "Fried Green Tomatoes" [RT] 1:30 Grandparents Day Celebration with "TAYLOR" [MDR]  1:30 Kings in the Corner Card Game "Sports Lounge"  3:00 Mexican Train Game [L1] 5:00 Enjoy a Game with Friends at the "Sports Lounge"	Take a walk and find "The Apple"  9:45 Daily Chronicle & Word Search  10:00 Stretch & Cycling with Maritza [MDR]  10:30 Bible Study & Hymns w/Pastor Bob [L1]  11:00 1:1 Resident visits  1:00 Baking Sweets & Calendar Planning with Maritza [LCK]  1:30 Kings in the Corner Card Game "Sports Lounge"  2:30 Bingo for Tickets [AC]  5:00 Enjoy a Game with Friends at the "Sports Lounge"	Happy Birthday Christine W.  Take a walk and find "The Apple"  9:45 Daily Chronicle & Word Search  10:00 Board Games with "AURORA" [CR]  10:30 Cover the Number Game [L1]  11:30 VETERANS LUNCHEON with Derrik from "Mission Hospice" Coronado Dining  1:30 Blackjack Game [CR]  1:30 Coffee Bar with "Variety of Torani Flavored Syrup" & Apple Cider [L1]  1:30 Kings in the Corner Card Game "Sports Lounge"  2:00 Trivia Game [CD]  3:00 Resident Council Meeting [CD]  4:30 Happy Hour & Welcome New Residents with "FIREBALL XPRESS" [MDR]  5:00 Enjoy a Game with Friends at the "Sports Lounge"	Spirit Wednesday "Wear Favorite APRON"  Take a walk and find "The Apple"  8:00 Daily Bread Reading with Damon  9:45 Daily Chronicle & Word Search  10:00 On Campus Walk  10:15 Stretch & Strength with Angie from Mobile Therapy [CD]  11:00 1:1 Resident visits  1:00 Baking Goodies with "Aurora" [LCK]  1:00 Bingo for Tickets [AC]  1:30 Kings in the Corner Card Game "Sports Lounge"  2:30 Let's Get Crafty! [AC]  2:30 Midweek Matinee "Top 10 Movies on Netflix" [RT]  3:30 Bobbing for Apples Residents VS. Staff  4:30 Family CASINO NIGHT with "ELVIS" [CD]  5:00 Enjoy a Game with Friends at the "Sports Lounge"	9:45 Daily Chronicle & Word Search 10:00 Bocce Ball Is Back! Green Machine vs Red Warriors [L1] 11:00 1:1 Resident visits 1:00 Apple Fritters 1:30 Bridge Game with Friends "Sports Lounge" 1:30 Kings in the Corner Card Game "Sports Lounge" 2:00 Trivia Game [L1] 3:00 Trash Card Game 4:30 Happy Hour with "THE SOPHISTICAT"S" [CD]	Take a walk and find "The Apple"  9:45 Daily Chronicle & Word Search  10:00 Balloon Volleyball Game [MDR]  11:00 1:1 Resident visits  11:00 1:1 Visits with Ray Pathman from "Our Lady of Perpetual Help" Catholic  1:00 Movie & Popcorn "Phenomenon"  1:30 Kings in the Corner Card Game "Sports Lounge"  3:00 Bingo for Tickets [AC]  5:00 Enjoy a Game with Friends at the "Sports Lounge"	Take a walk and find "The Apple"  9:45 Daily Chronicle & Word Search  10:00 Upper body Weight Training [L1]  10:30 UNO Game [L1]  11:00 1:1 Resident visits  1:00 Trivia Game [L1]  1:30 Kings in the Corner Card Game "Sports Lounge"  2:00 Horse Racing Game [L1]  3:00 Bocce Ball [L1]  5:00 Enjoy a Game with Friends at the "Sports Lounge"
Take a walk and find "The Apple"  9:45 Daily Chronicle & Word Search  10:00 Trip to Walmart or Target  11:00 1:1 Resident visits  1:00 Sunday Matinee "Turner & Hooch" [RT]  1:30 Kings in the Corner Card Game "Sports Lounge"  2:30 Beach Ball Exercise Class with Maritza [L1]  3:00 Mexican Train Game [L1]  5:00 Enjoy a Game with Friends at the "Sports Lounge"	Take a walk and find "The Apple"  9:45 Daily Chronicle & Word Search  10:00 Stretch & Cycling with Maritza [MDR]  10:30 Bible Study & Hymns w/Pastor Bob [L1]  11:00 1:1 Resident visits  1:00 Baking Sweets & Calendar Planning with Maritza [LCK]  1:30 Kings in the Corner Card Game "Sports Lounge"  2:30 Bingo for Tickets [AC]  5:00 Enjoy a Game with Friends at the "Sports Lounge"	Happy Birthday Emmet C.  Take a walk and find "The Apple"  9:20 St. Kieran's Church Communion with Gina [RT]  9:45 Daily Chronicle & Word Search  10:00 Balloon Volleyball Game [CD]  11:30 Book Mobile Visits  1:30 Coffee Bar with "Variety of Torani Flavored Syrup" & Apple Cider [L1]  1:30 Kings in the Corner Card Game "Sports Lounge"  2:00 Trivia Game [L1]  2:30 Cornhole Games [L1]  3:30 Wheel of Fortune [L1]  4:30 Happy Hour "THE SUNSHINE GANG" [MDR]  5:00 Enjoy a Game with Friends at the "Sports Lounge"	Happy Birthday Rosada G. & Joyce J. Spirit Wednesday "Wear Favorite APRON" Take a walk and find "The Apple" 8:00 Daily Bread Reading with Damon 9:45 Daily Chronicle & Word Search 10:00 On Campus Walk 10:15 Stretch & Strength with Angie from Mobile Therapy [CD] 11:00 1:1 Resident visits 1:15 September Concert with "DOUBLE TAKE" 1:30 Kings in the Corner Card Game "Sports Lounge" 2:30 Baking Goodies with "Aurora" [RT] 2:30 Bingo for Tickets [AC] 3:30 Mini Pie Eating Contest Residents VS. Staff 4:30 Wine Down Wednesday 5:00 Enjoy a Game with Friends at the	Chef's Corner 11:30-12:30pm Take a walk and find "The Apple"  9:45 Daily Chronicle & Word Search  10:00 Bocce Ball Is Back! Green Machine vs Red Warriors [L1]  10:00 Crafting / Painting [AC]  11:00 1:1 Resident visits  1:00 Pie a' Ia Mode  1:30 Bridge Game with Friends [CR]  1:30 Gospel Music with STEVE & DIANE [MDR]  1:30 Kings in the Corner Card Game "Sports Lounge"  2:30 Scenic Drive  4:30 Happy Hour with "THE SUNSHINE GANG" [CD]  4:30 Piano Music with "TREVOR GIBSON" [MDR]  5:00 Enjoy a Game with Friends at the "Sports Lounge"	Take a walk and find "The Apple"  9:45 Daily Chronicle & Word Search  10:00 Weights & Cycling with Damon [MDR]  11:00 1:1 Resident visits  11:00 1:1 Visits with Ray Pathman from "Our Lady of Perpetual Help" Catholic  1:00 Movie & Popcorn "Kindergarten Cop"  1:30 Kings in the Corner Card Game "Sports Lounge"  2:00 LOVE ON A LEASH  3:00 Bingo for Tickets [AC]  5:00 Enjoy a Game with Friends at the "Sports Lounge"	Take a walk and find "The Apple"  9:45 Daily Chronicle & Word Search  10:00 Upper body Weight Training [L1]  10:30 UNO Game [L1]  11:00 1:1 Resident visits  1:00 Trivia Game [L1]  1:30 Kings in the Corner Card Game "Sports Lounge"  2:00 Horse Racing Game [L1]  3:00 Bocce Ball [L1]  5:00 Enjoy a Game with Friends at the "Sports Lounge"

# September AL at The Ridge

## Sunday Happy Birthday Virginia B. Take a walk and find "The Apple" 21

- 9:45 Daily Chronicle & Word Search
- 10:00 Trip to Walmart or Target
- 10:45 Love on a Leash [L1]
- 11:00 **1:1 Resident visits**
- 1:00 Sunday Matinee "Breakfast at Tiffany's" [RT]
- 1:30 Kings in the Corner Card Game "Sports Lounge"
- 2:30 Beach Ball Exercise Class with Maritza [L1]
- 3:00 Mexican Train Game [L1]
- 3:00 St. Columba Church Service with
- 5:00 Enjoy a Game with Friends at the "Sports Lounge"

#### **ALL STAFF MEETING AUTUMN BEGINS**

#### Happy Birthday Joseph G. Take a walk and find "The Apple"

9:45 Daily Chronicle & Word Search

Monday

- 10:00 Stretch & Cycling with Maritza [MDR]
- 10:30 Bible Study & Hymns w/ Pastor Bob [L1]
- 11:00 **1:1 Resident visits**
- 1:00 Baking Sweets & Calendar Planning with Maritza [LCK]
- 1:30 Kings in the Corner Card Game "Sports Lounge"
- 2:30 Bingo for Tickets [AC]
- 5:00 Enjoy a Game with Friends at the "Sports Lounge"

#### Tuesday

#### Take a walk and find "The Apple" 23 9:45 Daily Chronicle & Word Search

- 10:00 Board Games with "AURORA" [CR] 10:00 Weights & Cycling with Damon [L1]
- 10:30 Cover the Number Game [L1]
- 11:30 Book Mobile Visits
- 1:30 Chat with our Sous Chef Efren & Jessica Dining Room Supervisor [Cl
- 1:30 Coffee Bar with "Variety of Torani Flavored Syrup" & Apple Cider [L1]
- 1:30 Kings in the Corner Card Game "Sports Lounge
- 2:30 Axe Games [L1]
- 2:30 Polish & Pamper [AC]
- 3:30 Wheel of Fortune [L1]
- 4:30 Happy Hour "The SOPHISTACATS"
- 5:00 Enjoy a Game with Friends at the "Sports Lounge"

## Wednesday

#### Take a walk and find "The Apple"

- 8:00 Daily Bread Reading with Damon 9:45 Daily Chronicle & Word Search
- 10:00 On Campus Walk
- 10:15 Stretch & Strength with Angie from Mobile Therapy [CD]
- 11:00 1:1 Resident visits
- 1:30 Kings in the Corner Card Game "Sports Lounge
- 1:30 <u>September Concert with "UNWIND MUSI-</u> <u>DUO ROBIN & CYNTHIA" [MDR]</u>
- 2:30 Baking Goodies with "Aurora"
- 2:30 Midweek Matinee "Top 10 Movies on Netflix" [RT]
- 3:00 Bingo for Tickets [AC]
- 4:00 Shopping Cart with Aurora & Damon "Sports Lounge
- 4:30 Wine Down Wednesday
- 5:00 Enjoy a Game with Friends at the "Sports Lounge"

#### Happy Birthday Danny W.

#### Take a walk and find "The Apple"

- 9:45 Daily Chronicle & Word Search
- 10:00 <u>September Concert with "PETER SELTSER" [MDR]</u>
- 11:00 1:1 Resident visits
- 1:00 Candy Apple Slices Sponsored by "Comfort and Thrive"
- 1:30 Bridge Game with Friends [CR]
- 1:30 Kings in the Corner Card Game "Sports Lounge"
- 1:30 Trivia Game [L1]
- 2:30 Scenic Drive
- 4:30 Happy Hour with "FIRST STRING
- 4:30 Piano Music with "TREVOR GIBSON 5:00 Enjoy a Game with Friends at the

"Sports Lounge"

### Friday Take a walk and find "The

- 9:45 Daily Chronicle & Word Search
- 10:00 Balloon Volleyball Game **IMDR**1
- 11:00 **1:1 Resident visits**
- 11:00 1:1 Visits with Ray Pathman from "Our Lady of Perpetual Help" Catholic
- 1:00 Movie & Popcorn "New York, New York"
- 1:30 Kings in the Corner Card **Game "Sports Lounge"**
- 3:00 Bingo for Tickets [AC]
- 5:00 Enjoy a Game with Friends at the "Sports Lounge"

## Saturday Take a walk and find "The 77

- Apple" 9:45 Daily Chronicle & Word
- 10:00 Upper body Weight Training
- 10:30 **UNO Game [L1]**

Search

- 11:00 1:1 Resident visits
- 1:00 **Trivia Game [L1]**
- 1:30 Kings in the Corner Card Game "Sports Lounge"
- 2:00 Horse Racing Game [L1]
- 3:00 Bocce Ball [L1]
- 5:00 Enjoy a Game with Friends at the "Sports Lounge"

#### Happy Birthday Joan G. Take a walk and find "The Apple" 9:45 Daily Chronicle & Word

- Search
- 10:00 Decorating For Fall
- 11:00 1:1 Resident visits
- 1:00 Sunday Matinee "Honey, I Shrunk The Kids " [RT]
- 1:30 Kings in the Corner Card Game "Sports Lounge"
- 2:30 Beach Ball Exercise Class with Maritza [L1]
- 3:00 Mexican Train Game [L1]
- 5:00 Enjoy a Game with Friends at the "Sports Lounge"

## Take a walk and find "The 2C

- 9:45 Daily Chronicle & Word Search
- 10:00 Stretch & Cycling with Maritza [MDR]
- 10:30 Bible Study & Hymns w/ Pastor Bob [L1]
- 11:00 1:1 Resident visits
- 1:00 Baking Sweets & Calendar Planning with Maritza LCK
- 1:30 Kings in the Corner Card Game "Sports Lounge"
- 2:30 Bingo for Tickets [AC] 5:00 Enjoy a Game with Friends

at the "Sports Lounge"

- Take a walk and find "The Apple"
  9:45 Daily Chronicle & Word Search
- 10:00 Balloon Volleyball Game [CD]
- 10:00 Board Games with "AURORA" [CR]
- 11:30 Book Mobile Visits 1:30 Coffee Bar with "Variety of Torani
- Flavored Syrup" & Apple Cider [L1] 1:30 Kings in the Corner Card Game
- "Sports Lounge" 2:00 Trivia Game [L1]
- 2:30 Corn Hole Games
- 2:30 Polish & Pamper [AC] 3:30 Word in a Word Game [L1]
- 4:30 Happy Hour & Birthday Celebration with "BROWN SUGAR OLDIES" Cakes Sponsored by "Mission Hospice"
- 5:00 Enjoy a Game with Friends at the "Sports Lounge"

# ROP

## Live Music with

Gregory page September 1st

@ 1:30pm







# **YOU ARE THE DF MY EYE**

Every Wednesday, show off your kitchen flair and creative flair-wear your favorite APRON and join the fun! Whether it's frilly, funny, floral, or festive, your apron is your spirit

badge for the day!

## **Resident Birthdays**

Richard Dene W. 9/2 Thomas K. 9/4 Christine W. 9/9 9/16 Emmet C. 9/17 Rosada G. 9/17 Jovce J. Virginia B. 9/21 9/22 Joseph G.

Joan G.





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**L1** - Lounge 1 CR - Card Room

Room AC - Art & Craft

RT - Ridge Theater

**MDR** - Montecito Dining

**LCK** - Lantern Crest Kitchen

**BISR** - Bistro

**CD** - Coronado Dining