October AL at The Ridge _

Sunday Lantern Crest

Maritza Aguirre Life Enrichment Director At The Ridge 800 Lantern Crest Way Santee, Ca 92071 619-258-8886 Maritza.aguirre@ lanterncrest.com

Monday

BREAST CANCER

Tuesday

Join us as we come together at st to honor, support, and celebrate the fighters, survivors, and love ones touched by breast cancer.



October 1st Wear Pink Show Your Support! 2:45pm Ridge Lobby Group Picture. Thank you

Wednesday

Take a walk and find "Binx The Black Cat"

- 8:00 Daily Bread Reading with Damon
- 9:45 Daily Chronicle & Word Search 10:15 Stretch & Strength with Angle from Mobile Therapy [CD]
- 11:00 **1:1 Resident visits**
- 1:30 Kings in the Corner Card Game "Sports Lounge"
- 1:30 October Concert with "ELVIS" [MDR]
- 2:30 International Coffee Day "Coffee Bar with Earvin from Heritage Hospice"
- 2:45 Breast Cancer Awareness Group Picture "Lobby"
- 3:00 Bingo for Tickets [AC]
- 4:30 Wine Down Wednesday
- 5:00 Enjoy a Game with Friends at the "Sports Lounge"

Chef's Corner 11:30-12:30pm Take a walk and find "Binx The Black Cat'

- 9:45 Daily Chronicle & Word Search
- 10:00 Bocce Ball Is Back! Green Machine vs Red Warriors [L1]
- 11:00 1:1 Resident visits
- 1:00 Sweet Treats [L1]
- 1:30 Bridge Game with Friends [CR]
- 1:30 Kings in the Corner Card Game "Sports Lounge"
- 2:00 Trivia Game [L1]
- 3:00 Trash Card Game
- 4:30 Piano Music with "TREVOR **GIBSON" [MDR]**
- 5:00 Enjoy a Game with Friends at the "Sports Lounge"

Take a walk and find "Binx The Black Cat"

Friday

- 9:45 Daily Chronicle & Word Search
- 10:00 Weights & Cycling with Damon [MDR]
- 10:30 Axe Games [L1]
- 11:00 1:1 Resident visits
- 11:00 1:1 Visits with Ray Pathman from "Our Lady of Perpetual Help" Catho 1:00 Movie & Popcorn "GOOD WILL
- **HUNTING**" 1:30 Kings in the Corner Card Game
- "Sports Lounge"
- 2:00 LOVE ON A LEASH
- 3:00 Bingo for Tickets [AC]
- 4:45 Happy Hour with "DOUBLE TAKE" CD 5:00 Enjoy a Game with Friends at the
- "Sports Lounge"

Take a walk and find "Binx The Black Cat"

Saturday

- 9:45 Daily Chronicle & Word Search
- 10:00 Upper body Weight Training [L1]
- 10:30 **UNO Game [L1]**
- 11:00 1:1 Resident visits 1:00 **Trivia Game [L1]**
- 1:30 Kings in the Corner Card **Game "Sports Lounge"**
- 2:00 Horse Racing Game [L1]
- 3:00 Bocce Ball [L1]
- 5:00 Enjoy a Game with Friends at the "Sports Lounge"

Take a walk and find "Binx The Black Cat"

- 9:45 Daily Chronicle & Word Search
- 10:00 Trip to Walmart or Target 10:45 **Love on a Leash [L1]**
- 11:00 **1:1 Resident visits**
- 1:00 Sunday Matinee "The Witches" [RT]
- 1:30 Kings in the Corner Card Game "Sports Lounge"
- 2:30 Beach Ball Exercise Class with Maritza [L1]
- 3:00 Mexican Train Game [L1]
- 5:00 Enjoy a Game with Friends at the "Sports Lounge"

Take a walk and find "Binx The Black Cat"

- 9:45 Daily Chronicle & Word Search
- 10:00 Stretch & Cycling with Maritza [MDR]
- 10:30 Bible Study & Hymns w/ Pastor Bob [L1]
- 11:00 **1:1 Resident visits**
- 1:00 Baking Sweets & Calendar Planning with Maritza [LCK]
- 1:30 Kings in the Corner Card **Game "Sports Lounge"**
- 2:30 Bingo for Tickets [AC]
- 5:00 Enjoy a Game with Friends at the "Sports Lounge"

Take a walk and find "Binx The Black Cat"

- 9:20 St. Kieran's Church **Communion with Gina [RT]**
- 9:45 Daily Chronicle & Word Search
- 10:00 Weights & Cycling with Damon [L1] 10:30 BOO Mary Kay "Pampering Session" with Paige [AC]
- 10:30 Cover the Number Game [L1]
- 11:00 1:1 Resident visits
- 1:30 Coffee Bar with "Variety of Torani Flavored Syrup" & Hot Coco [L1]
- 1:30 Kings in the Corner Card Game "Sports Lounge"
- 1:30 Reading in the Library with "Aurora"
- 2:00 Trivia Game [L1]
- 3:00 Bowling Games [L1]
- 5:00 Enjoy a Game with Friends at the "Sports Lounge"

Spirit Wednesday "Halloween Costume" Take a walk and find "Binx The Black Cat'

- 8:00 Daily Bread Reading with Damon
- 9:45 Daily Chronicle & Word Search
- 10:00 Dominos Games "Sports lounge" 10:15 Stretch & Strength with Angie from
- Mobile Therapy [CD] 11:00 1:1 Resident visits
- 1:00 Baking Goodies with "Aurora" [LCK]
- 1:00 Bingo for Tickets [AC]
- 1:30 Kings in the Corner Card Game "Sports Lounge"
- 2:30 Let's Get Crafty! [AC]
- 2:30 Midweek Matinee "Top 10 Movies on Netflix" [RT]
- 4:30 Wine Down Wednesday
- 5:00 Enjoy a Game with Friends at the "Sports Lounge"

Chef's Corner 11:30-12:30pm Take a walk and find "Binx The Black

- 9:45 Daily Chronicle & Word Search
- 10:00 Bocce Ball Is Back! Green Machine vs Red Warriors [L1]
- 10:00 Crafting / Painting [AC]
- 11:00 1:1 Resident visits
- 1:30 Bridge Game with Friends "Sports Lounge'
- 1:30 Kings in the Corner Card Game "Sports
- 1:30 POSITIVE PICKLE FEST 2025! "LOBBY"
- 1:30 Trivia Game [L1]
- 2:30 Scenic Drive
- 4:30 Happy Hour with "THE SOPHISTICATS"
- 4:30 Piano Music with "TREVOR GIBSON"
- 5:00 Enjoy a Game with Friends at the "Sports

Take a walk and find "Binx The 1 **Black Cat**"

- Search
- with Elie from "Mission Hospice" [L1]
- from "Our Lady of Perpetual Help" Catholic
- 1:00 Movie & Popcorn "CRUELLA"
- 1:30 Kings in the Corner Card
- 5:00 Enjoy a Game with Friends at the "Sports Lounge"

Take a walk and find "Binx The Black Cat"

- 9:45 Daily Chronicle & Word Search
- 10:00 Upper body Weight Training [L1]
- 10:30 **UNO Game [L1]**
- 11:00 1:1 Resident visits
- 1:00 **Trivia Game [L1]**
- 1:30 Kings in the Corner Card Game "Sports Lounge"
- 2:00 Horse Racing Game [L1]
- 3:00 Bocce Ball [L1]
- at the "Sports Lounge"

Take a walk and find "Binx 1 1 The Black Cat" 9:45 Daily Chronicle & Word

- Search
- 10:00 Trip to Walmart or Target 11:00 **1:1 Resident visits**
- 1:00 Sunday Matinee "E.T." [RT] 1:30 Kings in the Corner Card **Game "Sports Lounge"**
- 2:30 Beach Ball Exercise Class with Maritza [L1]
- 3:00 Mexican Train Game [L1]
- 5:00 Enjoy a Game with Friends at the "Sports Lounge"

Happy Birthday Helen L.

Take a walk and find "Binx The

- 9:45 Daily Chronicle & Word Search
- 10:00 Stretch & Cycling with Maritza
- 10:30 Bible Study & Hymns w/ Pastor Bob [L1]
- 1:00 Baking Sweets & Calendar
- 1:30 Kings in the Corner Card **Game "Sports Lounge"**
- 5:00 Enjoy a Game with Friends at the "Sports Lounge"

2:30 Polish & Pamper [AC]

4:30 Happy Hour with "BLUE ZONE" [MDR]

- Take a walk and find "Binx The Black
- 9:45 Daily Chronicle & Word Search 10:00 Balloon Volleyball Game [CD]
- 11:00 1:1 Resident visits
- 11:30 VETERANS LUNCHEON with Derrik from
- 1:30 Coffee Bar with "Variety of Torani Flavored Syrup" & Hot Coco [L1] 1:30 Kings in the Corner Card Game "Sports
- Lounge 1:30 Reading in the Library with "Aurora"
- 2:00 Trivia Game [L1] 3:00 Resident Council Meeting [CD]
- 5:00 Enjoy a Game with Friends at the "Sports Lounge"

Spirit Wednesday "Halloween

- Take a walk and find "Binx The **Black Cat**
- 8:00 Daily Bread Reading with Damon 9:45 Daily Chronicle & Word Search
- 10:00 Dominos Games "Sports lounge" 10:15 Stretch & Strength with Angie from
- Mobile Therapy [CD] 11:00 1:1 Resident visits 1:15 October Concert with "DOUBLE
- 1:30 Kings in the Corner Card Game <u> "Sports Lounge"</u>
- 2:30 Baking Goodies with "Aurora" [LCK] 2:30 Bingo for Tickets [AC]
- 4:30 Wine Down Wednesday 5:00 Enjoy a Game with Friends at the

3:30 Cleaning Craft Room [AC]

"Sports Lounge"

Happy Birthday Helen G. Take a walk and find "Binx The Black Cat

- 9:45 Daily Chronicle & Word Search
- vs Red Warriors [L1]
- 10:00 Crafting / Painting [AC]
- 1:30 Gospel Music with STEVE & DIANE
- 1:30 Kings in the Corner Card Game "Sports Lounge"
- 2:30 Scenic Drive 4:30 Happy Hour with "Sunshine Gang"
- 5:00 Enjoy a Game with Friends at the "Sports Lounge"

9:45 Daily Chronicle & Word

- 10:00 Bereavement Support Group
- 11:00 1:1 Resident visits
- 11:00 1:1 Visits with Ray Pathman
- Game "Sports Lounge"
- 3:00 Bingo for Tickets [AC]
- 5:00 Enjoy a Game with Friends

Take a walk and find "Binx The Plack Cat" The Black Cat"

Search 10:00 Upper body Weight Training

9:45 Daily Chronicle & Word

- 10:30 **UNO Game [L1]**
- 11:00 1:1 Resident visits 1:00 *Trivia Game* [L1]

[L1]

- 1:30 Kings in the Corner Card **Game "Sports Lounge"**
- 2:00 Horse Racing Game [L1]
- 3:00 Bocce Ball [L1]
- 5:00 Enjoy a Game with Friends at the "Sports Lounge"

- **Black Cat**"
- [MDR]
- 11:00 **1:1 Resident visits**
- Planning with Maritza [LCK]
- 2:30 Bingo for Tickets [AC]

Happy Birthday Claudia F.

- 10:00 Painting Gourds with "AURORA" [AC]
- "Mission Hospice" Coronado Dining
 - TAKE" [MDR]
- 4:30 Happy Hour & Welcome New Residents with "FIREBALL XPRESS" [MDR]

Chef's Corner 11:30-12:30pm

- 10:00 Bocce Ball Is Back! Green Machine
- 11:00 1:1 Resident visits 1:30 Bridge Game with Friends [CR]
- 4:30 Piano Music with "TREVOR GIBSON

- Take a walk and find "Binx The Black Cat' 9:45 Daily Chronicle & Word Search
- 10:00 Weights & Cycling with Damon [MDR] 10:30 Axe Throwing Games

Help" Catholic

- 11:00 1:1 Resident visits 11:00 1:1 Visits with Ray Pathman from "Our Lady of Perpetual
- 1:00 Movie & Popcorn "CASPER" 1:30 Kings in the Corner Card Game "Sports Lounge"
- 2:00 LOVE ON A LEASH 3:00 Bingo for Tickets [AC] 5:00 Enjoy a Game with Friends at

the "Sports Lounge"

ctober AL at The Ridge

Sunday Take a walk and find "Binx The Black Cat

9:45 Daily Chronicle & Word Search

10:00 Trip to Walmart or Target

10:45 Love on a Leash [L1]

11:00 1:1 Resident visits 1:00 Sunday Matinee

"Sports Lounge

"HALLOWEENTOWN" [RT] 1:30 Kings in the Corner Card Game

2:30 Beach Ball Exercise Class with Maritza [L1]

3:00 Mexican Train Game [L1]

3:00 St. Columba Church Service with **Bill Bixby**

5:00 Enjoy a Game with Friends at the "Sports Lounge"

Take a walk and find "Binx \ The Black Cat"

Monday

9:45 Daily Chronicle & Word Search

10:00 Stretch & Cycling with Maritza [MDR]

10:30 Bible Study & Hymns w/ Pastor Bob [L1]

11:00 1:1 Resident visits

1:00 Baking Sweets & Calendar Planning with Maritza LCK

1:30 Kings in the Corner Card Game "Sports Lounge"

2:30 Bingo for Tickets [AC] 5:00 Enjoy a Game with Friends at the "Sports Lounge"

Take a walk and find "Binx The **Black Cat**

9:20 St. Kieran's Church Communion with Gina [RT]

9:45 Daily Chronicle & Word Search 10:00 Board Games with "AURORA"

10:00 Weights & Cycling with Damon [L1]

10:30 Cover the Number Game [L1]

11:00 1:1 Resident visits

1:30 Coffee Bar with "Variety of Torani Flavored Syrup" & Hot Coco [L1]

1:30 Kings in the Corner Card Game "Sports Lounge

1:30 Reading in the Library with "Aurora"

2:00 Trivia Game [L1]

2:30 Polish & Pamper [AC] 3:00 Axe Throwing Games [L1]

4:30 Happy Hour with "THE SOPHISTICAT'S" [MDR

5:00 Enjoy a Game with Friends at the "Sports Lounge'

ALL STAFF MEETING

Take a walk and find "Binx The Black Cat"

Wednesday

8:00 Daily Bread Reading with Damon

9:45 Daily Chronicle & Word Search 10:00 Dominos Games "Sports lounge"

10:15 Stretch & Strength with Angie from Mobile Therapy [CD]

11:00 **1:1 Resident visits**

12:45 Bingo for Tickets [AC] 1:30 Kings in the Corner Card Game

<u>"Sports Lounge"</u> 1:45 Midweek Matinee -Now Premiering

"HUBIE HALLOWEEN" [RT] 4:30 Wine Down Wednesday

5:00 Enjoy a Game with Friends at the "Sports Lounge"

Pumpkin Contest VOTING STARTS **Z 3** TODAY!

Take a walk and find "Binx The Black Cat" 9:45 Daily Chronicle & Word Search

10:00 Bocce Ball Is Back! Green Machine vs Red Warriors [L1]

10:00 Crafting / Painting [AC]

11:00 1:1 Resident visits

1:30 Bridge Game with Friends [CR]

1:30 Chile Cook Off "Lobby"

1:30 Kings in the Corner Card Game "Sports Lounge"

2:00 Trivia Game [L1]

2:30 Scenic Drive

4:30 Happy Hour with "FIRST STRING BAND"-CD

4:30 Piano Music with "TREVOR GIBSON

5:00 Enjoy a Game with Friends at the "Sports Lounge"

Pumpkin Voting Stops Today!

9:45 Daily Chronicle & Word Search

10:00 Bocce Ball Is Back! Green Machine vs Red Warriors [L1]

11:00 1:1 Resident visits

1:00 Sweet Treats [L1]

1:30 Bridge Game with Friends [CR]

1:30 Kings in the Corner Card Game "Sports Lounge

4:30 Piano Music with "TREVOR GIBSON"

"Sports Lounge"

Take a walk and find "Binx The 24 Black Cat'

Friday

9:45 Daily Chronicle & Word Search

10:00 Balloon Volleyball Game **IMDR**1

11:00 **1:1 Resident visits**

11:00 1:1 Visits with Ray Pathman from "Our Lady of Perpetual Help" Catholic

1:00 Movie & Popcorn "HALLOWEENTOWN 2"

1:30 Kings in the Corner Card Game "Sports Lounge"

3:00 Bingo for Tickets [AC]

5:00 Enjoy a Game with Friends at the "Sports Lounge"

Saturday Take a walk and find "Binx

The Black Cat" 9:45 Daily Chronicle & Word Search

10:00 Upper body Weight Training [L1]

10:30 **UNO Game [L1]**

11:00 1:1 Resident visits

1:00 **Trivia Game [L1]**

1:30 Kings in the Corner Card **Game "Sports Lounge"**

2:00 Horse Racing Game [L1]

3:00 Bocce Ball [L1]

5:00 Enjoy a Game with Friends at the "Sports Lounge"

Happy Birthday Charles F. 7 Take a walk and find "Binx The Black Cat[®]

9:45 Daily Chronicle & Word Search

10:00 Trip to Walmart or Target

11:00 **1:1 Resident visits**

1:00 Sunday Matinee "HOCUS POCUS" [RT]

1:30 Kings in the Corner Card Game "Sports Lounge"

1:30 Point Loma Dance **Company -CD**

3:00 Mexican Train Game [L1] 5:00 Enjoy a Game with Friends

at the "Sports Lounge"

Take a walk and find "Binx" The Black Cat"

9:45 Daily Chronicle & Word Search

10:00 Stretch & Cycling with Maritza [MDR]

10:30 Bible Study & Hymns w/ Pastor Bob [L1]

11:00 **1:1 Resident visits**

1:00 Baking Sweets & Calendar Planning with Maritza LCK

1:30 Kings in the Corner Card Game "Sports Lounge" 2:30 Bingo for Tickets [AC]

5:00 Enjoy a Game with Friends at the "Sports Lounge"

Happy Birthday Barbara M.

Take a walk and find "Binx The Black Cat

9:45 Daily Chronicle & Word Search

10:00 Balloon Volleyball Game [CD] 10:00 Carving Pumpkins [AC]

11:00 1:1 Resident visits 1:30 Coffee Bar with "Variety of Torani Flavored Syrup" & Hot Coco [L1]

1:30 Kings in the Corner Card Game "Sports Lounge

1:30 Reading in the Library with "Aurora" 2:00 Trivia Game [L1]

2:30 Polish & Pamper [AC]

3:30 Cornhole Games [L1] 4:30 Happy Hour & Birthday Celebration with "BROWN SUGAR OLDIES" Cakes Sponsored by "Mission Hospice"

5:00 Enjoy a Game with Friends at the "Sports Lounge'

<u>Take a walk and find "Bin</u>x The Blac

8:00 Daily Bread Reading with Damon 9:45 Daily Chronicle & Word Search

10:00 Dominos Games "Sports lounge" 10:15 Stretch & Strength with Angie from

Mobile Therapy [CD] 11:00 1:1 Resident visits

1:00 Halloween Trick or Treat Cart "Sponsor By Leo from Comfort & Thrive /Comfort & Peace" Lobby

1:30 Bingo for Tickets [AC]

1:30 Kings in the Corner Card Game "Sports 2:30 Midweek Matinee "Top 10 Movies on

Netflix" [RT] 2:30 Shopping Cart "Sports Lounge"

3:00 Let's Get Crafty! [AC]

Lounge

4:30 Wine Down Wednesday 5:00 Enjoy a Game with Friends at the "Sports Happy Birthday Charlene M.

Take a walk and find "Binx The Black Cat

10:00 Crafting / Painting [AC]

1:30 **Trivia Game [L1]**

2:30 Scenic Drive

4:30 Happy birthday with "FIREBALL

5:00 Enjoy a Game with Friends at the

Happy Halloween Take a walk and find "Binx The **Black Cat'**

9:45 Daily Chronicle & Word Search 10:00 Halloween Concert with "PETER

SELTER" [MDR] 11:00 1:1 Resident visits 11:00 1:1 Visits with Ray Pathman from

"Our Lady of Perpetual Help" Catho 11:00 Halloween Pumpkin Contest Announcement 1st, 2nd, & 3rd Price

1:30 Kings in the Corner Card Game

1:00 Movie & Popcorn "HOCUS POCUS 2"

"Sports Lounge" 3:00 Bingo for Tickets [AC]

5:00 Enjoy a Game with Friends at the "Sports Lounge"







Resident Birthdays

Helen L. Claudia F. 10/14 10/16 Helen G. 10/26 Charles F. Barbara M 10/28 Charlene M 10/30



L1 - Lounge 1 **CR** - Card Room

MDR - Montecito Dining Room

AC - Art & Craft RT - Ridge Theater **LCK** - Lantern Crest Kitchen

BISR - Bistro **CD** - Coronado Dining



