OCTOBER AT THE POINTE WE Sunday Wednesday Friday Monday Tuesday Thursday Saturday

BiRTHDay JOSIE REMBOLDT 10/02

DAWN KREMENSKY 10/05 AL STOVALL 10/09 JACQUE TURNER 10/13 MAXINE FARBER 10/15 BETH MASTERSON 10/16 DONNA CREIGHTON 10/17 BOB CONRAD 10/19 PAT EMERY 10/21 ESTHER CONRAD 10/21 JEAN MOLLENHAUER 10/25 MARJORIE DIEDERICHS 10/27 PAT BRENNAN 10/28



JANE WELLS 10/30

LOCATION KEY

LP-1st Floor Lobby Pointe LB32- 2nd Floor Latitude 32 Bar V-2nd Floor Veranda Dining TD-2nd Floor Terrazza Dining FS-2nd Floor Fitness Studio **G2-2nd Floor Garden PDP-Pool Deck Patio 3C-3rd Floor Garden Courtyard GR-3rd Floor Game Room** LL/P-3rd Floor Lantern Links **T-3rd Floor Theater** FR4-4th Floor Fitness Studio L-4th Floor Library AC-4th Floor Arts/Crafts Room **TDP-Terrazza Dining Patio**

Happy Birthday Dawn

Last Day To RSVP for Tuesday

Church [LP]

Drive [LP]

Drive #2

12:30 A Bridge Club [FS]

2:30 📥 \$1 Bingo [GR]

8:00

Guardian Angels Catholic

8:15 🕆 Shadow Mountain Church

9:00 T Sunday Morning Church

10:15 † Shadow Mountain Church

1:00 Sunday Documentary~

6:30 P Classic Cinema Night

Service with Pastor Steven

Martha 2024 · 1h 55m

Present: The Laurel-Hardy

Murder Case Not Rated 1930

HALLOWEEN COSTUME BASh FEATURING TAYLOR JOHNS CALLING ALL RESIDENTS, FAMILY, AND LIVE MUSIC. SPOOKY DRINKS. PETIZERS AND LOTS OF FUN!! WILL ALSO BE A RESIDENT COSTUME CONTEST!! 10/30TH | 4PM |LP



Communion Service at The Ridge 9:30 → Balance & Stability 10:00
Coffee, Cookies & Class with Karl [FS] Conversations [LP] 10:30 Learn Line Dancing Peggy [P] 11:00 🖈 Lunch Outing to: Marieta's [LP] 1:30 9 Paint & Sip Art Class

1:30 O Table Talk & Tasty **Treats with Culinary Director Reggie [V]** [BPD] 3:00 A Mexican Train [GR]

Activities Office

3:00 A Bingo [GR] 3:30 O Transportation **Committee Meeting** 4:00 ♥ Technology Help in

6:00 A Games with Friends

9:15 양 Happy Hearts Walking

9:30 * Santee Hall Wednesday Frida Kahlo - Art, Identity

and Resilience 10:00 Fashion on The Go~ 10am to 2pm

Pink" Breast Cancer

Awareness Month

11:30 + Stay Active, Stay Young~ **Workout with Dennis [FS]**

12:30 Movie Matinee: King Richard PG-13 2021 • Sport/Drama · 2h 25m

1:00 Q Resident Assoc. Board Meeting [V]

3:00 A Happy Hour with Live **Music from Brown Sugar** [LB32]

6:00 A Games with Friends [GR]

"On Wednesdays We Wear Pink" Breast Cancer **Awareness Month**

9:15 & Happy Hearts Walking Club

11:30 → Stay Active, Stay Young~ Workout with Dennis [FS]

12:30 Movie Matinee: E.T. the Extra-Terrestrial PG 1982 - Family/ Sci-fi · 2 hours [T]

3:00 A Happy Hour with Live **Music from Peter** Seltser [LB32]

6:00 A Games with Friends

Happy Birthday Josie Remboldt!!

9:30 - Balance & Stability Class with Karl [FS] 10:00 October Calendar Chat

with Life Enrichment Francesca 10:30 🔥 Corn Hole Game [FS]

1:00 P Women's Wine Time Social [LB32]

2:00 h Nickel Blackjack [GR] 3:00 A Cribbage [FS]

4:00 O Technology Help in **Activities Office** 4:00 P Thursday Specialty

[GR]

Happy Birthday Al

Stovall!!

9:30 - Balance & Stability

10:30 🔥 Corn Hole Game

2:00 h Nickel Blackjack

4:00 ♥ Technology Help in

4:00 P Thursday Specialty

6:00 A Games with Friends

[GR]

Happy Birthday Beth

Buffet: [TD]

Activities Office

3:00 A Cribbage [FS]

Class with Karl [FS]

Buffet: [TD] 6:00 Games with Friends

 Halloween Door Decorating **Contest Begins**

Last Day To RSVP for Sunday Outing 9:00 → Senior Stretches Video

10:00 😲 Free Friday Vital Checks with Senior Helpers [LB32]

10:30 O Trivia Challenge in the Library with Larry Nelson

1:30 * Arts and Crafts ~ Mary's Class

3:00 **+** \$1 Bingo [GR]

7:00 Friday Movie Night: The **Thursday Murder Club** PG-13 2025 · Mystery/ Comedy 1h 58m [T]

9:00 **←** Exercise & Weights

3

with Heidi [FS] 10:30
Water The Garden

& Tunes 11:30 Left, Right, Center Dice Game [GR]

1:00 P Saturday Social: **Pumpkin Ice** cream Scoop [V]

2:00 h Nickel Blackjack

3:00 A Scrabble Game

6:30 A Games in the Game Room [GR]

Last Day To RSVP for Sunday Outing

9:00 - Senior Stretches Video

10:00 😲 Free Friday Vital **Checks with Senior** Helpers [LB32]

10:30 O Trivia Challenge in the **Library with Larry** Nelson [L]

1:30 * Arts and Crafts ~ **Candy Corn Cone Tree**

3:00 **h** \$1 Bingo [GR]

7:00 Friday Movie Night: **Groundhog Day PG** 1993 · Comedy/ Romance 1h 41m [T]

9:00 **↔** Exercise & Weights with Heidi [FS]

10:30 Water The Garden & Tunes

11:30 Left, Right, Center Dice Game [GR]

1:00
Saturday Social: Pumpkin Ice cream Scoop [V]

2:00 h Nickel Blackjack

3:00 A Scrabble Game [FS]

6:30 A Games in the Game Room [GR]

Last Day To RSVP for Tuesday 🧸 🦱

· Comedy/Horror

8:00 ★ **Guardian Angels** Catholic Church [LP]

Shadow Mountain Church Drive [LP]

9:00 * Sunday Morning Church Service with Pastor Bill [CH] 10:15 The Shadow Mountain Church Drive #2

12:30 Bridge Club [FS]

1:00 Sunday Documentary~ Our Father Not Rated 2022 · Documentary/Crime · [T]

1:15 ★ SAN DIEGO SYMPHONY: "ROMANTIC VISIONS"

2:30 **h** \$1 Bingo [GR]

6:30 P Classic Cinema Night Present: Oliver the Eighth Not Rated 1934 · Comedy/Short 27 mins

Happy Birthday Jacque 1 Turner!!

[FS]

10:45 ♥ Happy Hearts

12:30 🮜 Glee Club [GR]

4:30 Evening Piano

Music [TD]

Walking Club

9:00 → Exercise Video Class [FS]

10:00
Coffee, Cookies & Conversations [LP]

10:30 🞵 Learn Line Dancing [L] 10:45 😲 Happy Hearts Walking Club

12:30 **5** Glee Club [GR]

2:00 A Nickel Blackjack [GR] 3:00 O Democrat & **Independents Social** Club [L]

3:00 A Mexican Train [GR]

4:30 Evening Piano Music

8:00 양 Fall Cleaning Fall Cleaning
Donation Day~8am to 12pm [1R] 9:15 † St. Kieran's Communion

Service [CH] 9:30 - Balance & Stability Class

with Karl [FS]

10:00 Veterans Group Committee [BPD]

10:20 * Lunch Outing to: Casa de Reyes Old Town [LP]

1:30 9 Paint & Sip Art Class 3:00 A Bingo GI

3:00 P You're Not Alone -- Family-**Caregivers Support Group** 4:00 Y Technology Help in

Activities Office 6:00 Games with Friends [GR]

"On Wednesdays We Wear Pink" Breast Cancer **Awareness Month**

Happy Birthday Maxine Farber!! 9:15 & Happy Hearts Walking

11:30 → Stay Active, Stay Young~ Workout with Dennis [FS]

12:00 S Cozy Quilt Corner~ with Erika & Maritza

1:00 O LCRA General Meeting 3:00 A Happy Hour with Live **Music from Double**

Take [LB32] 6:00 A Games with Friends [GR]

Masterson!! 9:30 → Exercise Class Video [FS]

10:30 A Corn Hole Game [FS] 11:00 ★ Spice Up Your Life: No-Bake Chocolate

Oatmeal Cookies [V] 1:00 🧖 Cheers & Beers Men's Club [LB32]

2:00 - Nickel Blackjack [GR] 3:00 A Cribbage [FS]

4:00 O Technology Help in **Activities Office**

4:00 P Thursday Specialty

Buffet: [TD] 6:00 Games with Friends **Happy Birthday Donna** Creighton!! **Last Day To RSVP for Sunday** Outing

9:00 → Senior Stretches Video

10:00 😲 Free Friday Vital Checks with Senior Helpers [LB32]

0:30 O Trivia Challenge in the Library with Larry Nelson

1:30 * Arts and Crafts ~ Glowing Halloween Mason Jar

3:00 **+** \$1 Bingo [GR]

7:00 Friday Movie Night: A Star Is Born R 2018 · Romance/Musical · 2h 15m [T]

9:00 + Exercise & 18 Weights with Heidi [FS]

10:00 🛊 Pumpkin Patch at Summers **Past Farms**

11:30 **h** Left, Right, **Center Dice** Game [GR]

2:00 h Nickel Blackiack [GR]

3:00 A Scrabble Game [FS]

6:30 **A** Games in the **Game Room** [GR]

OCTOBER AT THE POINTE WE Wednesday Friday Sunday Monday Tuesday Thursday Saturday Happy Birthday Jean 25 Happy Birthday Bob Conrad!! 1 Happy Birthday Pat Emery 9:00 → Exercise 9:30 **→** Balance & **Pink**" Breast Cancer & Esther Conrad!!! **Decoration Contest Begins** Video Class **Stability** Mollenhauer!! **Awareness Month OTE NOW!!** 9:15 T St. Kieran's Communion Class with Karl [FS] [FS] 9:00 ← Exercise & Weights 8:00 * Guardian Angels Catholic **All Staff Meeting: No Doctor Last Day To RSVP for Sunday** Service at The Ridge 10:30 🔥 Corn Hole Game 10:00 Coffee, Cookies & with Heidi [FS] Church [LP] 9:30 - Balance & Stability Class **Appointments After 12pm** Outing Conversations [LP] [FS] **Shadow Mountain Church** 10:30 💻 Water The Garden & with Karl [FS] **Halloween Door Decorating Winne** 9:00 → Senior Stretches Video Drive [LP] 1:30 🛨 Chili Cook Off 10:30 Learn Line Dancing 9:30 * Special Outing to: will be Announced During Happy Tunes BiRTHDay **Sunday Morning Church** Competition **Dudlev's Famous Bakerv~** 10:00 😲 Free Friday Vital Checks 11:30 🔥 Left, Right, Center Service with Pastor Bill [CH] Julian [LP] with Senior Helpers 10:45 ♥ Happy Hearts 2:00 h Nickel Blackjack 10:15 † Shadow Mountain Church 9:15 9 Happy Hearts Walking Dice Game [GR] 10:00 - Gentle Aquafit with [LB32] **Walking Club** Drive #2 JOSIE REMBOLDT 10/02 1:00 P Saturday Social: 10:30 * Sunday Run to: Los Coches 12:30 🎜 Glee Club [GR]

DAWN KREMENSKY 10/05 AL STOVALL 10/09 JACQUE TURNER 10/13 MAXINE FARBER 10/15 BETH MASTERSON 10/16 DONNA CREIGHTON 10/17 BOB CONRAD 10/19 PAT EMERY 10/21 ESTHER CONRAD 10/21 JEAN MOLLENHAUER 10/25 MARJORIE DIEDERICHS 10/27 PAT BRENNAN 10/28 JANE WELLS 10/30

CAROL TROGDEN 10/30

LOCATION KEY

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Last Day To RSVP for Tuesday Happy Birthday Marjorie Diederichs! **Guardian Angels**

Catholic Church [LP] 8:15 The Shadow Mountain Church Drive [LP]

9:00 * Sunday Morning Church Service with Pastor Bill [CH] 10:15 # Shadow Mountain Church Drive #2

10:30 * Sunday Run to: ALDI & Home

12:30 A Bridge Club [FS]

12:30 Bridge Club [FS]

2:30 A \$1 Bingo [GR]

6:30 P Classic Cinema Night

1:00 Sunday Documentary~1984

San Diego McDonald's

Present: The Live Ghost

Massacre Documentary [T]

1:00 Sunday Documentary~ Dr. Martin Luther King Jr.: A **Historical Perspective TV** show

2:30 **#** \$1 Bingo [GR] 6:30 P Classic Cinema Night Present: Night Owls Not Rated 1930 · Comedy/Short Music [TD]

3:00 A Mexican Train [GR]

4:30 Evening Piano

1:30 O Table Talk & Tasty

2:00 h Nickel Blackiack

Treats with Culinary

Director Reggie [V]

9:00 → Exercise Video Class

10:00 P Coffee, Cookies & Conversations [LP]

10:30 🞵 Learn Line Dancing [L] 10:45 ♥ Happy Hearts Walking

12:30 **5** Glee Club [GR] 2:00 O Dining Committee Meeting [BPD]

2:00 A Nickel Blackiack [GR] 3:00 A Mexican Train [GR] 3:00 Monday Concert with Double Take [LB32]

4:30 🞜 Evening Piano Music

Peggy [P] 11:30 \star Veterans' Group **Luncheon at The Plaza**

1:30 9 Paint & Sip Art Class

3:00 A Bingo [GR] 4:00 O Technology Help in **Activities Office**

6:00 Games with Friends GR

11:30 → Stay Active, Stay Young~ **Workout with Dennis [FS]** 12:30 Movie Matinee: The

Notebook PG-13 2004 Romance/Comedy · 2h 1m [T]

3:00 A Happy Hour with Live **Music from Taylor Johns** [LB32]

6:00 A Games with Friends [GR]

3:00 A Cribbage [FS]

4:00 ♥ Technology Help in **Activities Office** 4:00 P Thursday Specialty

Buffet: [TD] 6:00 Games with Friends

10:30 O Trivia Challenge in the **Library with Larry Nelson**

1:30 ★ Arts and Crafts ~ Magic **Broom Stick**

3:00 **A** \$1 Bingo [GR]

7:00 Friday Movie Night: Past Lives PG-13 2023 Romance/Drama · 1h 46m [T]

Pumpkin Ice cream Scoop [V]

2:00 A Nickel Blackjack [GR]

3:00 A Scrabble Game [FS]

6:30 A Games in the Game Room [GR]

Happy Birthday Pat

9:15 T St. Kieran's Communion Service [CH]

9:30 → Balance & Stability Class with Karl [FS]

10:00 H Gentle Aquafit with Peggy [P] 10:00 * Outing to: Barona Casino

11:00 Day of The Dead Altar

1:30 9 Paint & Sip Art Class

3:00 A Bingo GR 3:00 P You're Not Alone --**Family-Caregivers** Support Group [L]

4:00 O Technology Help in **Activities Office**

6:00 Games with Friends GR

"On Wednesdays We Wear 🦳 🌈 **Pink" Breast Cancer Awareness Month**

9:15 & Happy Hearts Walking

10:00
Coffee with the Assistant **Executive Director** Brittany Fay [LP]

11:00 O November Sign-Up Frenzy [LB32]

11:30 + Stay Active, Stay Young~ **Workout with Dennis [FS]**

12:30 P Movie Matinee: The **Breakfast Club R 1985** Comedy/Drama · 1h 37m [T]

3:00 A Happy Hour with Live Music from First String Band [LB32]

6:00 Games with Friends [GR]

Happy Birthday Carol Trogden!!!

Happy Birthday Jane Wells!!! 9:30 → Balance & Stability Class with Karl [FS]

10:30 🔥 Corn Hole Game

3:00 A Cribbage [FS] 3:00 A Halloween Bash

with Taylor Johns 4:00 ○ Technology Help in **Activities Office**

4:00 P Thursday Specialty Buffet: [TD] 6:00 in Games with Friends

[GR]

Sunday Outing 9:00 - Senior Stretches Video

<u>Halloween</u>

Last Day To RSVP for

10:00 😲 Free Friday Vital **Checks with Senior** Helpers [LB32]

10:30 O Trivia Challenge in the **Library with Larry** Nelson [L]

2:00 O Communi-Tea Book Club at The Plaza! [TL] 3:00 **h** \$1 Bingo [GR]

7:00 Friday Movie Night:

Hocus Pocus PG 1993 - Family/Horror - 1h 36m [T]





31

OCTOBER 23

THURSDAY.



QUILT GROUP Cozy Quilt Corner



Come together to share stories, creativity, and stitches as we begin a beautiful new quilting project. Whether you're a seasoned quilter or just curious to learn, this group is for everyone!

· ((.00.)) · ((.00.)) · (2 p) · ((.00.)) · ((.00.)) · (2 p) · ((.00.)) · ((.00.)) YOU ARE SEW





Día de los Muertos Altar Ofrenda - Honoring Our Loved Ones Help us put up the Day of the Dead Altar (Ofrenda).

We'll create a beautiful community altar filled with flowers, candles, photos, and memories to honor our loved ones. Bring a photo or small memento of your loved one to place on the altar. Enjoy bright marigolds, papel picado, sugar skulls, music, and treats as we celebrate life and remembrance.

Let's honor tradition with color, laughter, and love — keeping the spirit of our loved ones alive in our hearts.

All residents, families, and friends are invited!

Date: October 28th Time: 11am Location: Pointe Lobby



DOCTORS APPTS

Monday-Friday

9am-3pm

9 AM- 1 PM for Appts Further than 15 Miles

Transportation request forms available at the front desk

Submit completed forms to front desk a minimum 48 hours before your planned trip.

Transportation Number (619)905-3061

No transportation after 12pm on the 22nd of each Month.

(the date may vary; please check the calendar every month)