# SEPTEMBER AT THE POINT

SUSAN ROSENBERG 9 NAOMI (AIN 9/3 KEN JONES 9/09 BETTY BROZOVIC 9/12 YVONNE FORD 9/13 ELIZABETH MACKAY 9/14 LESLIE TUCKER 9/17 Nancy Szcepanick 9/20 OGER LILLY 9/20

LOCATION KEY

**LP-1st Floor Lobby Pointe** LB32- 2nd Floor Latitude 32 Bar V-2nd Floor Veranda Dining TD-2nd Floor Terrazza Dining FS-2nd Floor Fitness Studio G2-2nd Floor Garden PDP-Pool Deck Patio 3C-3rd Floor Garden Courtyard GR-3rd Floor Game Room LL/P-3rd Floor Lantern Links **T-3rd Floor Theater** FR4-4th Floor Fitness Studio L-4th Floor Library AC-4th Floor Arts/Crafts Room **TDP-Terrazza Dining Patio** 

			Sunday	
	C L		Hoppy BOR DAY	11
-			To RSVP for	
		-	Outing /	
	8:00	*	Guardian Angels Catholic Church [LP]	1
		_	Shadow Mountain Church Drive [LP]	1
7	9:00	t	Sunday Morning Church Service with Pastor	
	0.30	_	Steven [CH]	1

ppy Birthday Jim Koci!!
lappy Birthday Susan
Rosenberg!!
<b>Labor Day</b>
errazza Dining Will Be C

Closing Early ~ To Gos from 2pm to 3pm ~ Dining Closed at 3pm

Monday

9:00 Exercise Class Video 10:45 😲 Happy Hearts Walking

Club 11:00 ★ Labor Day BBQ at The **Pointe with Live Music** from The Sophisticats [PDP]

3:00 A Mexican Train [GR]

9:15 **†** St. Kieran's Communion **Service at The** Ridge

9:30 - Balance & Stability Class with Karl [FS]

Tuesday

10:00 
Gentle Aquafit with Peggy [P]

1:30 **9** Paint & Sip Art Class 3:00 **h** Bingo [GR]

3:30 O Transportation **Committee Meeting** 

4:00 O Technology Help in **Activities Office** 

6:00 Games with Friends

Happy Birthday Naomi

Spirit Wednesday: Wear Harvest T-**Shirts and Colors** 9:15 & Happy Hearts Walking

9:30 \* Santee Hall Wednesday **Kumeyaay Cosmology** 

Wednesdav

11:30 + Stay Active, Stay Young **Workout with Dennis [FS]** 

12:30 Movie Matinee: 9 to 5 PG 1980 · Comedy/ Screwball comedy · 1h 50m [T]

1:00 Q Resident Assoc. Board Meeting [V]

3:00 A Happy Hour with Live Music from Taylor Johns [LB32]

6:00 A Games with Friends [GR]

Last Day To RSVP for **Sunday Outing** 

9:00 → Senior Stretches Video 10:00 😲 Free Friday Vital Checks

Friday

0:30 O Trivia Challenge in the Library with Larry Nelson

Flowers Vase 3:00 **#** \$1 Bingo [GR]

7:00 P Classic Cinema Night **Present: County Hospital** Not Rated 1932

6:00 Games with Friends Comedy/Short · 19 mins & Below Zero 1930 · Comedy/Short · 20 mins

9:00 **→** Exercise & Weights with Heidi [FS]

10:00 **#** Men & Women's Christian with Senior Helpers Fellowship: David [LB32] Jeremiah's ~The **God You May Not** 

Know [L] 1:30 ★ Arts and Crafts ~ Vintage 10:30 ■ Water The Garden & **Tunes** 

> 11:30 🔥 Left, Right, Center Dice Game [GR]

Saturday

2:00 h Nickel Blackjack

3:00 A Scrabble Game [FS] 6:30 Games in the Game

Room [GR]

9:30 

Donut Social Honoring **Grandparents Day [LB32]** 10:00 ★ Sunday Run to: Sprouts

Santee 10:15 🕈 Shadow Mountain Church

12:30 🔥 Bridge Club [FS] 1:00 Sunday Documentary~ Our Universe **Documentary** · Turning Seasons [T]

Drive #2

2:30 📥 \$1 Bingo [GR]

9:00 → Exercise Video Class [FS] 10:00 
Coffee, Cookies & Conversations [LP]

10:30 Learn Line Dancing [L] 10:45 \( \text{\text{\$\ext{\$\ext{\$\exititt{\$\ext{\$\ext{\$\ext{\$\ext{\$\exititt{\$\ext{\$\ext{\$\ext{\$\ext{\$\exititt{\$\exitit{\$\ext{\$\ext{\$\exititt{\$\ext{\$\ext{\$\ext{\$\ext{\$\ext{\$\exititt{\$\ext{\$\exitit{\$\exititt{\$\exitit{\$\exititt{\$\exitit{\$\exititt{\$\exititt{\$\exititt{\$\exititt{\$\exititt{\$\exititt{\$\exititit{\$\exititt{\$\exitititt{\$\exititt{\$\exititit{\$\exititt{\$\exititit{\$\exiti Club

12:30 **5** Glee Club [GR] 1:30 O Table Talk & Tasty **Treats with Culinary Director Reggie [T]** 

2:00 A Nickel Blackjack [GR] 3:00 O Democrat &

**Independents Social** Club [L] 3:00 A Mexican Train [GR] 4:30 ☐ Evening Piano Music

9:15 🕆 St. Kieran's Communion Service [CH] 9:30 - Balance & Stability Class with Karl [FS] 10:00 + Gentle Aquafit with Peggy [P]

Mappy Birthday Ken Jones!!

10:00 Veteran's Group Committee~ [L]

10:30 \* Outing to: Hans & Harry's Bakery [LP]

1:30 9 Paint & Sip Art Class 3:00 **A** Bingo [GR] 3:00 P You're Not Alone --

Support Group [L] 4:00 O Technology Help in **Activities Office** 

6:00 A Games with Friends [GR]

Family-Caregivers

Spirit Wednesday: Wear **Harvest T-Shirts and** Colors

9:15 & Happy Hearts **Walking Club** 11:30 - Stay Active, Stay Young~ Workout with Dennis [FS]

1:00 O V.A Caregivers **Support Services For Veterans Sponsored By** Senior Helpers [T]

3:00 A Happy Hour with **Live Music from** Blue Zone [LB32]

6:00 A Games with Friends [GR]

8:46 **†** 9/11 Memorial Special Moment Of Silence [LP] 9:30 - Balance & Stability Class

Thursday

**Stability Class** 

with Karl [FS]

**Chat with Life** 

**Coordinator Erika** 

10:00 O September Calendar

**Enrichment** 

10:30 🏚 Corn Hole Game [FS]

1:00 
Women's Wine Time

Social [LB32]

2:00 A Nickel Blackjack [GR]

4:00 O Technology Help in

**Activities Office** 

3:00 A Cribbage [FS]

9:30 → Balance &

with Karl [FS] 10:30 🏞 Corn Hole Game [FS] 11:00 \* Spice Up Your Life:

Mason Jar Strawberry Cream Pies [V] 1:00 😲 Fall Prevention Seminar

With Mission Hospice [T] 2:00 - Nickel Blackjack [GR]

3:00 A Cribbage [FS] 4:00 Y Technology Help in **Activities Office** 

4:00 P Thursday Specialty **Buffet: Italian Food** Action 17pts [TD] 6:00 A Games with Friends [GR]

Outina 9:00 & Beltone Hearing Aid Free

Cleaning and Check 9am to 11am 9:00 → Senior Stretches Video [FS] 10:00 😲 Free Friday Vital Checks with

10:30 O Trivia Challenge in the Library with Larry Nelson [L]

1:30 ★ Arts and Crafts ~ Mary's Class

3:00 A \$1 Bingo [GR] Present: Them Thar Hills

Ford!! 9:00 - Exercise & Weights with Heidi [FS]

**Happy Birthday Yvonne** 

10:00 🕈 Men & Women's Christian Fellowship: David Jeremiah's ~The God You May Not Know [L]

10:30 
Water The Garden & Tunes

11:30 🔥 Left, Right, Center Dice Game [GR] 1:00 🞜 Saturday Social: Yogurt

**Bar at The Fitness Studio** 2:00 A Nickel Blackiack [GR]

3:00 A Scrabble Game [FS]

6:30 Games in the Game Room

Happy Birthday Tina MacKav!!

Last Day To RSVP for Tuesday

8:00 # Guardian Angels Catholic Church [LP] 8:15 Thadow Mountain Church

Drive [LP] 9:00 \* Sunday Morning Church Service with Pastor Bill

[CH] 10:15 🕆 Shadow Mountain Church Drive #2

★ Sunday Run to: Grocery **Outlet Santee** 12:30 A Bridge Club [FS]

1:00 Sunday Documentary~ Our Universe · Documentary Elemental [T] 2:30 A \$1 Bingo [GR]

9:00 → Exercise Video Class [FS]

[TD]

10:00 
Coffee, Cookies & Conversations [LP] 10:30 🞵 Learn Line Dancing

10:45 & Happy Hearts **Walking Club** 

"Through The Years" [GR] 2:00 A Nickel Blackjack

3:00 h Mexican Train [GR] 4:30 Evening Piano Music [TD]

9:15 **†** St. Kieran's Communion Service at The Ridge 9:30 - Balance & Stability Class

with Karl [FS] Peggy [P]

11:00 \* Lunch Outing to: Oggi's Pizza Santee [LP] 11:30 ★ Veterans' Group

Luncheon at The Pointe [LB32] 1:30 9 Paint & Sip Art Class 3:00 in Bingo [GR]

4:00 O Technology Help in **Activities Office** 6:00 Games with Friends GR

Happy Birthday Leslie 1 Tucker!! Spirit Wednesday: Wear

**Harvest T-Shirts and Colors** 9:15 ♥ Happy Hearts **Walking Club** 

11:30 - Stay Active, Stay Young~ Workout with Dennis [FS]

1:00 O LCRA General Meeting [T] 3:00 September Birthday **Celebration with Live Music from** 

Double Take [LB32] 6:00 Games with Friends [GR]

9:30 ← Exercise Class Video [FS]

10:30 A Corn Hole Game

[FS] 11:00 ★ Spice Up Your Life: **Turkey Bacon** Wraps [V]

1:00 A Cheers & Beers Men's Club [LB32] 2:00 h Nickel Blackjack

3:00 A Cribbage [FS] 4:00 ♥ Technology Help in

**Activities Office** 6:00 Games with Friends [GR]

**Happy Birthday Betty** 

Brozovic!!

ast Day To RSVP for Sunday

Senior Helpers [LB32]

7:00 P Classic Cinema Night 1934 · Comedy/Short · 20 mins & Tit For Tat 1934 [T]

Last Day To RSVP for

[FS]

10:00 양 Free Friday Vital

**Checks with Senior** 

**Library with Larry** 

Helpers [LB32]

10:30 O Trivia Challenge in the

Nelson [L]

3:00 Rock & Roll Show with

**Grannies [T]** 

7:00 P Classic Cinema Night

mins [T]

The Rhinestone

**Present: Busy Bodies** 

Comedy/Short · 19

Not Rated 1933

**Sunday Outing** 

**Happy Birthday Nancy** 

Szcepanick!! Happy Birthday Roger Lilly!! 9:00 - Senior Stretches Video Last Day To RSVP for Crafty Card Creations~ Party Hosted by Stampin

> Last Day To RSVP for Fall Tea Party 9:00 → Exercise & Weights with

Heidi [FS] 10:00 † Men & Women's Christian Fellowship: David Jeremiah's ~The God You May Not Know

10:30 
Water The Garden & Tunes 11:30 A Left, Right, Center Dice Gam

1:00 🎜 Saturday Social: Yogurt Bar at The Fitness Studio [FS]

2:00 A Nickel Blackjack [GR] 3:00 A Scrabble Game [FS]

6:30 A Games in the Game Room

# SEPTEMBER AT THE POIN

SUSAN ROSENBERG 9/1 NAOMI (AIN 9/3 KEN JONES 9/09 BETTY BROZOVIC 9/12 YVONNE FORD 9/13 ELIZABETH MACKAY 9/14 LESLIE TUCKER 9/17 VANCY SZCEPANICK 9/20

LOCATION KEY

**LP-1st Floor Lobby Pointe** LB32- 2nd Floor Latitude 32 Bar V-2nd Floor Veranda Dining TD-2nd Floor Terrazza Dining FS-2nd Floor Fitness Studio **G2-2nd Floor Garden** PDP-Pool Deck Patio **3C-3rd Floor Garden Courtyard** GR-3rd Floor Game Room LL/P-3rd Floor Lantern Links **T-3rd Floor Theater** FR4-4th Floor Fitness Studio L-4th Floor Library AC-4th Floor Arts/Crafts Room

**TDP-Terrazza Dining Patio** 

# Sunday ast Day To RSVP for **Tuesday Outing**

8:00 **★** Guardian Angels Catholic Church [LP] 8:15 The Shadow Mountain

**Church Drive [LP]** 9:00 **★** Sunday Morning **Church Service with** Pastor Bill [CH]

10:15 † Shadow Mountain Church Drive #2

12:30 **A** Bridge Club [FS] 1:15 \* Lamplighters Theater **Presents: LETTICE &** LOVAGE' by Peter Shaffer \$28

All Staff Meeting: No **Doctor Appointments** After 12pm **First Day Of Fall** 

10:00 P Coffee, Cookies &

Monday

Conversations [LP] 10:30 🞵 Learn Line Dancing [L] 10:45 😲 Happy Hearts Walking Club

12:30 **Glee Club [GR]** 2:00 A Resident-Led Nickel Blackjack [GR]

3:00 A Mexican Train [GR] 4:30 🞜 Evening Piano Music [TD]

9:15 **†** St. Kieran's Communion Service [CH]

Tuesday

9:30 → Balance & Stability Class with Karl [FS] 10:00 - Gentle Aquafit with

Peggy [P] 11:00 **\Delta** Lunch Outing to: Dolci

Cafe Italiano 1:30 Crafty Card Creations~ Party Hosted by Stampin Up! [LB32]

3:00 A Bingo GR 3:00 P You're Not Alone --**Family-Caregivers** Support Group [L]

4:00 Y Technology Help in **Activities Office** 

6:00 Games with Friends [GR]

# Wednesday

Spirit Wednesday: Wear Spirit Wednesday: Wear Harvest T-Shirts and Colors 9:15 & Happy Hearts Walking

10:00 O Emergency Preparedness: **Evacuation Dril** 

11:30 + Stay Active, Stay Young~ Workout with Dennis [FS]

12:30 P Movie Matinee: Les Misérables PG-13 2012 · Musical/Music · 2h 38m [T]

3:00 A Happy Hour with Live **Music from Unwind** Music Duo [LB32]

6:00 - Games with Friends [GR]

# Balance & Stability Class 25 **Sunday Outing**

Thursday

with Karl [FS]

Party [LB32]

4:00 O Technology Help in

4:00 P Thursday Specialty

18pts [TD]

6:00 Games with Friends

[GR]

**Activities Office** 

**Buffet: All American** 

12:00 \* Welcome Fall Tea

3:00 A Cribbage [FS]

9:30 **↔** Balance &

10:30 A Corn Hole Game [FS]

10:00 😲 Free Friday Vital Checks with Senior Helpers [LB32]

Library with Larry Nelson

11:00 O October Sign-Up Frenzy [LB32]

1:30 \* Arts and Crafts ~ Fall **Decoupage Cans** 

at The Pointe! [L] 3:00 🔥 \$1 Bingo [GR]

7:00 P Classic Cinema Night

mins [T]

# **Last Day To RSVP for**

9:00 → Senior Stretches Video

Friday

2:00 - Nickel Blackjack [GR] 10:30 O Trivia Challenge in the

2:00 O Communi-Tea Book Club

Present: Our Wife 1931 · Comedy/Short · 21

8:00 양 Dental Hygiene Services with **RDHAP Lucy Torres** 

Saturday

9:00 - Exercise & Weights with Heidi [FS]

10:00 The Men & Women's Christian Fellowship: David Jeremiah's ~The God You May Not Know [L]

10:30 P Water The Garden & Tunes

11:30 h Left, Right, Center Dice

Game [GR] 1:00 🎜 Saturday Social: Yogurt Bar at The Fitness Studio

2:00 A Nickel Blackjack [GR]

3:00 A Scrabble Game [FS]

6:30 Games in the Game Room

# Last Day To RSVP for O **Tuesday Outing**

2:30 **i** \$1 Bingo [GR]

8:00 **★** Guardian Angels **Catholic Church** [LP]

8:15 † Shadow Mountain **Church Drive [LP]** 

9:00 \* Sunday Morning **Church Service** with Pastor Bill [CH]

10:15 🕆 <u>Shadow Mountain</u> **Church Drive #2** 

12:30 **A** Bridge Club [FS] 2:30 📥 \$1 Bingo [GR]

9:00 → Exercise Video Class [FS]

10:00 
Coffee, Cookies & Conversations [LP]

10:30 🞵 Learn Line Dancing 10:45  $\heartsuit$  Happy Hearts

**Walking Club** 12:30 🞜 Glee Club [GR]

2:00 O Dining Committee Meeting [BPD]

2:00 A Nickel Blackjack

3:00 A Mexican Train [GR] 4:30 **S** Evening Piano Music [TD]

9:30 **↔** Balance & Stability **Class with Karl** 

with Peggy [P]

10:30 🛨 Lunch Outing to: [LP]

Class

[FS]

**Omelette Factory** 

1:30 **9** Paint & Sip Art

3:00 **A** Bingo [GR]

4:00 ♥ Technology Help in Activities Office

6:00 Games with Friends [GR]

# Donut Social

# ROCK & ROLL SHOW The Rhinestone Grannies



THEATER 3PM



GET READY TO SPARKLE, SHAKE, AND SING ALONG!

THE FABULOUS RHINESTONE GRANNIES ARE BRINGING THE BLING AND THE BEAT IN A ROCKIN' PERFORMANCE YOU WON'T WANT TO MISS!

FROM ELVIS CLASSICS TO ROCKIN' OLDIES, THEY'LL HAVE YOU CLAPPING. DANCING, AND FEELING THE GROOVE.

# ALL ACTIVITIES WITH A RED STAR REQUIRE AN RSVP ACTIVITIES WILL

CONFIRM YOUR SPOT BEFORE THE EVENT.

CALL EXT. 5405 TO SIGN UP FOR ACTIVITIES!





O Location: The Pointe Theater

earn how to stay safe and steady! oin us for an informative session led by

Common causes of falls in older adults Simple home safety modifications Balance and strength exercises Medication and vision considerations

When to seek professional help Who should attend?

Seniors looking to maintain independence

 Caregivers and family members Anuone interested in safety and well-being



## DOCTORS APPTS.

Monday-Friday

9am-3pm

9 AM-1 PM for Appts Further than 15 Miles

Transportation request forms available at the front desk

Submit completed forms to front desk 48 hours before your planned trip.

Transportation Number (619)905-3061

No transportation after 12pm on the 22nd of each Month.

( the date may vary; please check the calendar every month)