TR - King Charles Tea Room

September 2025

September at the Plaza

Lantern Crest The Plaza		AND STATE OF THE PARTY OF THE PARTY.		Wednesday	A0 / 10 1 10 11	Friday	Coturday
1700	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	ANIMALS ARTS		Flu Shots Available at Pharmacy 2-5pm (RSVP) Happy Birthday Diane Walker!! 9:00	Spirit Wednesday! Harvest T Shirts 10:00 ↔ Morning Stretches - Instructional Video [FR]	Last Day To RSVP for Saturday Outing 10:15 Core Strength and Weights with Karl [FR] 11:00 Corn Hole by the Moss	Steffen!! 10:00	Happy Birthday Marianne Nevling!! 9:30 ★ Shopping Outing to: Burlington Coat Factory/Dollar Tree
HAPPY BIRTHDAY		10:00 ↔ Morning Stretches - Instructional Video	10:15 → Core Strength and Weights with Karl [FR] 11:00 Ġ- Cornhole by the Moss	11:00 ↔ Warm-Up and Work Out with Dennis [FR]	Wall [PL] 11:00 ★ Excursion to	Check with Senior Helpers [PL] 12:00 H- Hand, Knee, and	[PL] 10:00 ← Chair Yoga with Heidi
Diane Walker 9/2	♣ GAMES	[FR]	Wall [PL]	11:30 ★ It's Lunch Time with Life Enrichment [CDR]	Applebee's [PL]	Foot [50GR]	[FR] 12:00 ■ Saturday Ice Cream
Connie Steffens 9/5	HAPPY HOUR	11:00 Coffee in the Sea Lounge on the 2nd	12:30 - Dominoes [50GR]	1:00 🔥 \$4 Bingo [MDT]	11:30 Matinee Movie Ferris Bueller's Day Off 1hr	1:00 ↔ Cardio Drumming	Social [50GR]
Marianne Nevling 9/6	앙 HEALTH	Floor [TL]	1:00 Tasty Treats/Fun Game: Trail Mix [BD]	2:00 Table Talk with	43m [MDT]	Video [FR]	1:00 🔥 3 to 13 Card Game!
Jim White 9/7	♥ INTELLECTUAL	11:00 Labor Day BBQ At the Pointe ~11-2pm~ Live	3:00 A Nickel Blackjack [50GR]	Culinary Director Reggie [BPD]	1:00 © Resident Council Board Member Meeting [BPD]	3:00 A Happier Hour with Live Music from	[MDT] 1:00 Scrabble with Friends
Karin Schwab 9/15	♬ MUSIC	Music from The	3:30 Transportation Committee Meeting [V]	3:00 Women's Wine Time	2:00 A \$4 Poker [50GR]	Double Take [CDR]	[MDT]
	★ RSVP	Sophisticats [PDP]	4:00 Technology Help - Bring	[BPD]	4:00 O Technology Help -	4:30 🖀 Happy Tails ~	3:00 in Nickel Blackjack
Paul Garfield 9/20	■ SOCIAL	1:00 A Hand, Knee & Foot [50GR]	Your Device! [AO]	4:30 A Happy Tails ~ Evening Dog Walk [PL]	Bring Your Device! [AO]	Evening Dog Walk	[50GR] 5:30 Evening Movie: It Ends
Beverly Boysen 9/21	† SPIRITUAL	4:30 🗱 Happy Tails ~ Evening		bog Walk [i Li	[40]	[PL]	with Us 2h 10m [MDT]
Gary Smith 9/23		Dog Walk [PL]					
Judith Grabhorn 9/27			Flor Objects Association of		Last Day Ta DOV/D (as		
Rae Barbuscia 9/28	Happy Birthday James White!!		Flu Shots Available at Pharmacy 2-5pm (RSVP)	10:00 ↔ Morning 1 0	Last Day To RSVP for Saturday Outing	11:00 V Free Friday 12	2100 × emoblemed
Betty Valenzuela 9/29	8:00 ★ Guardian Angels	(RSVP)	Happy Birthday Thomas Bennett!!	Stretches - Instructional	9:00 9/11 Moment of Silence	with Senior	Vons [PL]
-0.0	Catholic Church	10:00	9:00	Video [FR]	in Plaza Lobby [PL] 10:15 → Core Strength and	Helpers [PL]	10:00 ← Chair Yoga with
	[PL]	Instructional Video	9:15 🕆 St. Kieran's Communion	11:00 ↔ Warm-Up and	Weights with Karl [FR]	12:00 🔥 Hand, Knee, and	Heidi [FR]
	8:15 🛨 Shadow Mountain	[FR] 11:00 Coffee in the Sea	Service [CH] 10:00 Veterans Group	Work Out with	11:00 → Corn Hole by the Moss Wall [PL]	Foot [50GR]	12:00 Saturday Ice Cream Social [50GR]
9	Church Drive [PL]	Lounge on the 2nd	10:00 Veterans Group Committee [BPD]	Dennis [FR]	11:00 ★ Excursion to Blackbear	1:00 ↔ Cardio Drumming	1:00 1 3 to 13 Card Game!
	10:15 ★ Shadow Mountain Church Drive [PL]	Floor [1L]	10:15 ↔ Core Strength and	12:00 ■ Life Storytime	Diner [PL] 11:30 Matinee Movie: 9/11 Four	Video [FR] 3:00 A Happier Hour with	[MDT]
	11:00 Betty White Off	1:00 A Hand, Knee & Foot	Weights with Karl [FR] 11:00	[TR]	Flights 1hr 42m [MDT]	Live Music Brown	1.00 P Scrabble with
	Their Rockers	[50GR] 2:00 ★ Birdhouses w/ Rubi	Wall [PL]	1:00 🔥 \$4 Bingo [MDT]	2:00 \$ \$4 Poker [50GR]	Sugar Oldies	Friends [MDT] 3:00 A Nickel Blackjack
3	Episode [MDT]	[MDT]	12:30 h Dominoes [50GR] 1:00 M Tasty Treats/Fun Game:	3:00 Let's Rock &	4:00 Specialty Buffet at The Plaza Soup & Salad [MDT]	[CDR]	[50GR]
	12:00 A Bow Wow Dog	3:00 ← Learn and Line	Miniature Tart [BD]	Bowl [BD]	4:00 Technology Help - Bring	4:30 A Happy Tails ~	5:30 Evening Movie:
	Social [PL]	Dance [CDR]	3:00 A Nickel Blackjack [50GR] 4:00 V Technology Help - Bring	4:30 A Happy Tails ~ Evening Dog	Your Device! [AO]	Evening Dog Walk [PL]	Fried Green Tomato 2hr 10m [MDT]
Location Key	2:00 🛉 Sunday Bingo~\$1 [MDT]	4:30 A Happy Tails ~ Evening Dog Walk	Your Device! [AO]	Walk [PL]		[, <u>-</u> ,	ZIII TOIII [MIDT]
50GR - 50's Game Room		[PL]					
AO- Activities Office	8:00 ★ Guardian 1 /	Flu Shots Available at 1	Flu Shots Available at 1 6	10:00 ↔ Morning 1 7	Last Day To RSVP for 1 Q	11:00 😲 Free Friday 🐧 🕦	Happy Birthday Paul
BBC - Bocce Ball Court	Angels 4		Pharmacy 2-5pm 16	Stretches -	Saturday Outing O	Vitals Check 9	Happy Birthday Paul Garfield!!
BD - Bel Air Diner	Catholic Church	Happy Birthday Karin Schwab!!	(RSVP)	Instructional	10:00 ★ High Tea [TR]	with Senior	10:00 •• Chair Yoga with
BLR - 5th Floor Billiards Room BPD - Balboa Private Dining Room	[PL]	10:00	9:00	Video [FR]	10:00 Matinee Movie: Anger Managment	Helpers [PL]	Heidi [FR] 10:00 ★ Shopping Outing to:
CDR - Catalina Dining Room	8:15 Shadow Mountain Church Drive [PL]	[FR]	10:15 ← Core Strength and	11:00 •• Warm-Up and Work Out with	1hr 46m [MDT]	11:00 ★ Lunch at the Ridge 12:00 ★ Hand, Knee, and	Macy's/TJ Max [PL]
CC - Coronado Courtyard	10:15 ★ Shadow Mountain	11:00 Coffee in the Sea Lounge on the 2nd	Weights with Karl	Dennis [FR]	11:00 → Corn Hole by the	Foot [50GR]	12:00 Saturday Ice Cream
CH - Reflections Chapel	Church Drive [PL]	Floor [TL]	[FR] 11:00 🔥 Cornhole by the	11:30 It's Lunch Time	Moss Wall [PL]	1:00 ↔ Cardio Drumming	Social [50GR]
FR - Fitness Room	11:00 Property White Off	1:00 🔥 Hand, Knee & Foot	Moss Wall [PL]	with Life	1:00 O LCRA General Meeting [MDT]	Video [FR]	1:00 A 3 to 13 Card Game! [MDT]
IPS - Indoor Pool and Spa	Their Rockers	[50GR] 2:00 ★ Coasters w/ Rubi	11:30 * Veterans' Luncheon	Enrichment [CDR]	2:00 A \$4 Poker [50GR]	3:00 Happier Hour with	1:00 A Scrabble with
MB – Miramar Bar	Episode [MDT]	[MDT]	at The Pointe [LB32]	1:00 A \$4 Bingo [MDT]	3:30 Calendar Brainstorm	Live Music: The Sunshine Gang	Friends [MDT]
MDT - Movie Dinner Theater	12:00 A Bow Wow Dog Social [PL]	3:00 ↔ Learn and Line Dance	12:30 h Dominoes [50GR] 3:00 h Nickel Blackjack	3:00 Men's Brew Crew [BPD]	with Activities	[CDR]	3:00 h Nickel Blackjack
PL - Plaza Lobby	2:00 A Sunday Bingo~\$1	[CDR]	[50GR]	4:30 A Happy Tails ~	[MDT]	4:30 🐕 Happy Tails ~	[50GR]
PL6 - Puzzle Lounge/Library SC - Sunken Courtyard	[MDT]	4:30 A Happy Tails ~ Evening Dog Walk [PL]	4:00 O Technology Help -	Evening Dog Walk	4:00 Technology Help - Bring Your Device!	Evening Dog Walk	5:30 Evening Movie: 9-5 1hr 50m [MDT]
TL - 2nd Floor Turtle Lounge			Bring Your Device!	[PL]	[AO]	[PL]	30111 [11151]
TE Zild Floor furile Edulige			[AO]				

September 2025
Lantern Crest The Plaza

September at the Plaza

HAPPY BIRTHDAY Diane Walker 9/2 Connie Steffens 9/5 Marianne Nevling 9/6 Jim White 9/7 Karin Schwab 9/15 Paul Garfield 9/20 Beverly Boysen 9/21 Gary Smith 9/23 **Judith Grabhorn 9/27** Rae Barbuscia 9/28 Betty Valenzuela 9/29

Location Key

50GR - 50's Game Room

AO- Activities Office

BBC - Bocce Ball Court

BD - Bel Air Diner

BLR - 5th Floor Billiards Room

BPD - Balboa Private Dining Room

CDR - Catalina Dining Room

CC - Coronado Courtyard

CH - Reflections Chapel

FR - Fitness Room

IPS - Indoor Pool and Spa

MB - Miramar Bar

MDT - Movie Dinner Theater

PL - Plaza Lobby

PL6 - Puzzle Lounge/Library

SC - Sunken Courtyard

TL - 2nd Floor Turtle Lounge

TR - King Charles Tea Room

Happy Birthday Beverly 🥎 1 Boysen!!

8:00 **★** Guardian Angels Catholic Church [PL] 8:15 **★** Shadow Mountain

Sunday

Church Drive [PL] 9:00 T Sunday Morning **Church Service with** Pastor Bill [CH]

10:15 🖈 Shadow Mountain Church Drive [PL]

11:00 Betty White Off Their **Rockers Episode**

12:00 👺 Bow Wow Dog Social

2:00 A Sunday Bingo~\$1 [MDT]

All Staff Meeting: No **Doctor Appointments** After 12pm

Flu Shots Available at Pharmacy 2-5pm (RSVP)

10:00 - Morning Stretches -**Instructional Video**

Monday

11:00
Coffee in the Sea Lounge on the 2nd Floor [TL] 1:00 in Hand, Knee & Foot

[50GR] 3:00 → Learn and Line

Dance [CDR] 4:30 A Happy Tails ~ **Evening Dog Walk** [PL]

Plaza Lobby 10am

Flu Shots Available at Pharmacy 2-5pm (RSVP) Happy Birthday Gary Smith!!

9:15 T St. Kieran's Communion

Tuesday

Service [CH] 10:15 • Core Strength and Weights with Karl [FR]

11:00 A Cornhole by the Moss Wall 12:30 📥

1:00 R Tasty Treats/Fun Game: Smores Pops [BD] 1:30 O Dining Committee Meeting

2:00 O Amada Senior Care Presentation [MDT]

3:00 A Nickel Blackjack [50GR] 4:00 Q Technology Help - Bring Your Device! [AO]

24 Last Day To RSVP for Saturday Outing 23 10:00 Morning Stretches Stretches -**Instructional Video**

11:00 Warm-Up and Work Out with Dennis [FR]

Wednesday

12:00 P Fall Shopping Fair!! ~ 12pm-3pm [PL]

12:00 Life Storytime [TR] 1:00 **A** \$4 Bingo [MDT]

3:00 R Together We Drink [BD]

4:30 路 Happy Tails ~ **Evening Dog Walk**

Weights with Karl [FR] 11:00 → Corn Hole by the Moss

Thursday

Wall [PL] **★** Excursion to Mariettas Mexican [PL]

11:30 P Matinee Movie: My Gir 1hr 42m [MDT] 2:00 A \$4 Poker [50GR]

4:00 Specialty Dinner in The **Bel Air Diner 4pm-6pm Dining Room will be** Closed [BD]

4:00 O Technology Help -**Bring Your Device! [A0]**

25 11:00 % Free Friday Vitals Check **Vitals Check** with Senior Helpers

Friday

12:00 h Hand, Knee, and Foot [50GR] 1:00 - Cardio Drumming

Video [FR] 2:00 O LC Community Book **Club at The Pointe**

3:00 A Happier Hour with **Live Music from First String Band ICDRI**

4:30 路 Happy Tails ~ **Evening Dog Walk** [PL]

Saturday Happy Birthday Judy

Grabhorn!! 10:00 ← Chair Yoga with Heidi

10:00 * Shopping Outing to: Ross/Sketchers [PL]

11:00 🧖 Bel Air Diner Open for Lunch! ~ 11am-1pm [BD]

1:00 **3 to 13 Card Game!** 1:00 A Scrabble with Friends

[MDT] 3:00 A Nickel Blackjack

[50GR] 5:30 Evening Movie:

Bridesmaids 2hr 5m [MDT]

Happy Birthday Rae Barbuscia!!

8:00 **★** Guardian Angels Catholic Church [PL]

8:15 ★ Shadow Mountain **Church Drive [PL]** 9:00 ¶ Sunday Morning

Church Service with

Pastor Bill [CH] 10:15 ★ Shadow Mountain

Church Drive [PL] 1:00 Betty White Off Their **Rockers Episode** [MDT]

2:00 👺 Bow Wow Dog Social

2:00 A Sunday Bingo~\$1 [MDT]

 Flu Shots Available at Pharmacy 2-5pm (RSVP)

Happy Birthday Betty Valenzuela!!

Instructional Video

Lounge on the 2nd Floor [TL]

1:00 A Hand, Knee & Foot [50GR] 2:00
Flower Arrangements

3:00 → Learn and Line Dance

4:30 A Happy Tails ~ Evening Dog Walk [PL]

Flu Shots Available at Pharmacy 2-5pm (RSVP)

9:00 - Gentle Aquafit with Peggy [IPS]

Weights with Karl [FR] 11:00 i Cornhole by the Moss Wall [PL]

12:30 A Dominoes [50GR] 1:00 R Tasty Treats/Fun Game:

Mini Parfaits [BD] 2:00 O Elite Concierge Shoppers Presentation [MDT]

3:00 A Nickel Blackjack [50GR] 4:00 O Technology Help - Bring Your Device! [AO]

DOCTORS APPTS.

Monday-Friday 9am-3pm

9 AM-1 PM for Appts Further than 15 Miles

Transportation request forms available at the front desk

Submit completed forms to front desk 48 hours before your planned trip. Transportation Number (619)905-3061

No transportation after 12pm on the 22nd of each Month.

(the date may vary; please check the calendar every month)



Lantern Crest Wered, and give suggestions! stay connected Luxury Senior Living



VOUR RESIDENT COUNCIL BOARD MEMBERS AND ARTMENT DIRECTORS TO GET UPDATES, QUESTIONS IN-THE-KNOW AT THIS MONTH'S MEETING!

SEE YOU THERE!

ST. KIERAN'S







TIMES 11AM-

DAY, AUGUST 29TH RSVP WITH

CULINARY EXT 5407

COME CELEBRATE WITH GOOD FOOD, MUSIC, AND COMMUNITY SPIRIT BBQ FAVORITES - HOT DOGS, BURGERS & MORE

LIVE MUSIC - FROM

THE SOPHISTICATS LET'S HONOR THE HARD WORK OF OUR COMMUNITY WITH A FUN AND RELAXING

Terrazza Dining Room and Catalina Dining Room Will Be Closed Early To Go Order Pick Ups 2-3pm

Don't miss a thing!



Sign up with the Activites Office for **Red Star RSVP Easy Ways** -Email -Text

-Call

-Leave a Note

COMMUNION SERVICE



ALL THE PARTY

OF EVERY MONTH! @9:15 AM PLAZA REFLECTIONS CHAPEI