

September 2025  
Lantern Crest The Plaza

# September at the Plaza

|   | Sunday   | Monday   | Tuesday  | Wednesday   | Thursday   | Friday   | Saturday   |
|---|--|--|--|---|--|--|--|
| <div>HAPPY BIRTHDAY<br/>Diane Walker 9/2<br/>Connie Steffens 9/5<br/>Marianne Nevling 9/6<br/>Jim White 9/7<br/>Karin Schwab 9/15<br/>Paul Garfield 9/20<br/>Beverly Boysen 9/21<br/>Gary Smith 9/23<br/>Judith Grabhorn 9/27<br/>Rae Barbuscia 9/28<br/>Betty Valenzuela 9/29</div> <div>Location Key</div> <div>50GR – 50's Game Room<br/>AO– Activities Office<br/>BBC – Bocce Ball Court<br/>BD – Bel Air Diner<br/>BLR – 5th Floor Billiards Room<br/>BPD – Balboa Private Dining Room<br/>CDR – Catalina Dining Room<br/>CC – Coronado Courtyard<br/>CH – Reflections Chapel<br/>FR – Fitness Room<br/>IPS – Indoor Pool and Spa<br/>MB – Miramar Bar<br/>MDT – Movie Dinner Theater<br/>PL – Plaza Lobby<br/>PL6 – Puzzle Lounge/Library<br/>SC – Sunken Courtyard<br/>TL – 2nd Floor Turtle Lounge<br/>TR – King Charles Tea Room</div> | <div><div><div><div><div></div><div>ANIMALS</div></div><div><div><div></div><div>ARTS</div></div></div><div><div><div></div><div>EXERCISE</div></div></div><div><div><div></div><div>FILM</div></div></div><div><div><div></div><div>GAMES</div></div></div><div><div><div></div><div>HAPPY HOUR</div></div></div><div><div><div></div><div>HEALTH</div></div></div><div><div><div></div><div>INTELLECTUAL</div></div></div><div><div><div></div><div>MUSIC</div></div></div><div><div><div></div><div>RSVP</div></div></div><div><div><div></div><div>SOCIAL</div></div></div><div><div><div></div><div>SPIRITUAL</div></div></div></div></div></div> | Catalina Dining Room ~ To Gos from 2:00pm - 3:00pm; Closed at 3:00pm for the Day<br><div>Labor Day</div> <div>10:00 ↔ Morning Stretches - Instructional Video [FR]</div> <div>11:00 ☕ Coffee in the Sea Lounge on the 2nd Floor [TL]</div> <div>11:00 Labor Day BBQ At the Pointe ~11-2pm~ Live Music from The Sophisticats [PDP]</div> <div>1:00 ♣ Hand, Knee &amp; Foot [50GR]</div> <div>4:30 🐾 Happy Tails ~ Evening Dog Walk [PL]</div> | Flu Shots Available at Pharmacy 2-5pm (RSVP)<br><div>Happy Birthday Diane Walker!!</div> <div>9:00 ↔ Gentle Aquafit with Peggy [IPS]</div> <div>10:15 ↔ Core Strength and Weights with Karl [FR]</div> <div>11:00 ♣ Cornhole by the Moss Wall [PL]</div> <div>12:30 ♠ Dominoes [50GR]</div> <div>1:00 🚲 Tasty Treats/Fun Game: Trail Mix [BD]</div> <div>3:00 ♣ Nickel Blackjack [50GR]</div> <div>3:30 Transportation Committee Meeting [V]</div> <div>4:00 💡 Technology Help - Bring Your Device! [AO]</div>   | Spirit Wednesday! Harvest T Shirts<br><div>10:00 ↔ Morning Stretches - Instructional Video [FR]</div> <div>11:00 ↔ Warm-Up and Work Out with Dennis [FR]</div> <div>11:30 ★ It's Lunch Time with Life Enrichment [CDR]</div> <div>1:00 ♣ \$4 Bingo [MDT]</div> <div>2:00 ☕ Table Talk with Culinary Director Reggie [BPD]</div> <div>3:00 🚲 Women's Wine Time [BPD]</div> <div>4:30 🐾 Happy Tails ~ Evening Dog Walk [PL]</div> | Last Day To RSVP for Saturday Outing<br><div>10:15 ↔ Core Strength and Weights with Karl [FR]</div> <div>11:00 ↔ Corn Hole by the Moss Wall [PL]</div> <div>11:00 ★ Excursion to Applebee's [PL]</div> <div>11:30 🎬 Matinee Movie Ferris Bueller's Day Off 1hr 43m [MDT]</div> <div>1:00 💡 Resident Council Board Member Meeting [BPD]</div> <div>2:00 ♣ \$4 Poker [50GR]</div> <div>4:00 💡 Technology Help - Bring Your Device! [AO]</div>  | Happy Birthday Connie Steffen!!<br><div>10:00 🕒 Rider Mobility [TR]</div> <div>11:00 🕒 Free Friday Vitals Check with Senior Helpers [PL]</div> <div>12:00 ♣ Hand, Knee, and Foot [50GR]</div> <div>1:00 ↔ Cardio Drumming Video [FR]</div> <div>3:00 🎧 Happier Hour with Live Music from Double Take [CDR]</div> <div>4:30 🐾 Happy Tails ~ Evening Dog Walk [PL]</div> | Happy Birthday Marianne Nevling!!<br><div>9:30 ★ Shopping Outing to: Burlington Coat Factory/Dollar Tree [PL]</div> <div>10:00 ↔ Chair Yoga with Heidi [FR]</div> <div>12:00 ☕ Saturday Ice Cream Social [50GR]</div> <div>1:00 ♣ 3 to 13 Card Game! [MDT]</div> <div>1:00 ♣ Scrabble with Friends [MDT]</div> <div>3:00 ♣ Nickel Blackjack [50GR]</div> <div>5:30 🎬 Evening Movie: It Ends with Us 2h 10m [MDT]</div> |
|   | <div>Happy Birthday James White!!</div> <div>8:00 ★ Guardian Angels Catholic Church [PL]</div> <div>8:15 ★ Shadow Mountain Church Drive [PL]</div> <div>10:15 ★ Shadow Mountain Church Drive [PL]</div> <div>11:00 🎬 Betty White Off Their Rockers Episode [MDT]</div> <div>12:00 🐾 Bow Wow Dog Social [PL]</div> <div>2:00 ♣ Sunday Bingo~\$1 [MDT]</div>   | Flu Shots Available at Pharmacy 2-5pm (RSVP)<br><div>Morning Stretches - Instructional Video [FR]</div> <div>11:00 ☕ Coffee in the Sea Lounge on the 2nd Floor [TL]</div> <div>1:00 ♣ Hand, Knee &amp; Foot [50GR]</div> <div>2:00 ★ Birdhouses w/ Rubi [MDT]</div> <div>3:00 ↔ Learn and Line Dance [CDR]</div> <div>4:30 🐾 Happy Tails ~ Evening Dog Walk [PL]</div>   | Flu Shots Available at Pharmacy 2-5pm (RSVP)<br><div>Happy Birthday Thomas Bennett!!</div> <div>9:00 ↔ Gentle Aquafit with Peggy [IPS]</div> <div>9:15 ✝ St. Kieran's Communion Service [CH]</div> <div>10:00 Veterans Group Committee [BPD]</div> <div>10:15 ↔ Core Strength and Weights with Karl [FR]</div> <div>11:00 ♣ Cornhole by the Moss Wall [PL]</div> <div>12:30 ♠ Dominoes [50GR]</div> <div>1:00 🚲 Tasty Treats/Fun Game: Miniature Tart [BD]</div> <div>3:00 ♣ Nickel Blackjack [50GR]</div> <div>4:00 💡 Technology Help - Bring Your Device! [AO]</div> | Morning Stretches - Instructional Video [FR]<br><div>11:00 ↔ Warm-Up and Work Out with Dennis [FR]</div> <div>12:00 ☕ Life Storytime [TR]</div> <div>1:00 ♣ \$4 Bingo [MDT]</div> <div>3:00 Let's Rock &amp; Bowl [BD]</div> <div>4:30 🐾 Happy Tails ~ Evening Dog Walk [PL]</div>  | Last Day To RSVP for Saturday Outing<br><div>9:00 9/11 Moment of Silence in Plaza Lobby [PL]</div> <div>10:15 ↔ Core Strength and Weights with Karl [FR]</div> <div>11:00 ↔ Corn Hole by the Moss Wall [PL]</div> <div>11:00 ★ Excursion to Blackbear Diner [PL]</div> <div>11:30 🎬 Matinee Movie: 9/11 Four Flights 1hr 42m [MDT]</div> <div>2:00 ♣ \$4 Poker [50GR]</div> <div>4:00 Specialty Buffet at The Plaza Soup &amp; Salad [MDT]</div> <div>4:00 💡 Technology Help - Bring Your Device! [AO]</div> | Free Friday Vitals Check with Senior Helpers [PL]<br><div>12:00 ♣ Hand, Knee, and Foot [50GR]</div> <div>1:00 ↔ Cardio Drumming Video [FR]</div> <div>3:00 🎧 Happier Hour with Live Music Brown Sugar Oldies [CDR]</div> <div>4:30 🐾 Happy Tails ~ Evening Dog Walk [PL]</div>   | Shopping Outing to: Vons [PL]<br><div>10:00 ↔ Chair Yoga with Heidi [FR]</div> <div>12:00 ☕ Saturday Ice Cream Social [50GR]</div> <div>1:00 ♣ 3 to 13 Card Game! [MDT]</div> <div>1:00 ♣ Scrabble with Friends [MDT]</div> <div>3:00 ♣ Nickel Blackjack [50GR]</div> <div>5:30 🎬 Evening Movie: Fried Green Tomato 2hr 10m [MDT]</div>  |
|   | <div>Guardian Angels Catholic Church [PL]</div> <div>Shadow Mountain Church Drive [PL]</div> <div>Betty White Off Their Rockers Episode [MDT]</div> <div>Bow Wow Dog Social [PL]</div> <div>Sunday Bingo~\$1 [MDT]</div>   | Flu Shots Available at Pharmacy 2-5pm (RSVP)<br><div>Happy Birthday Karin Schwab!!</div> <div>10:00 ↔ Morning Stretches - Instructional Video [FR]</div> <div>11:00 ☕ Coffee in the Sea Lounge on the 2nd Floor [TL]</div> <div>1:00 ♣ Hand, Knee &amp; Foot [50GR]</div> <div>2:00 ★ Coasters w/ Rubi [MDT]</div> <div>3:00 ↔ Learn and Line Dance [CDR]</div> <div>4:30 🐾 Happy Tails ~ Evening Dog Walk [PL]</div>                        | Flu Shots Available at Pharmacy 2-5pm (RSVP)<br><div>Gentle Aquafit with Peggy [IPS]</div> <div>10:15 ↔ Core Strength and Weights with Karl [FR]</div> <div>11:00 ♣ Cornhole by the Moss Wall [PL]</div> <div>11:30 ★ Veterans' Luncheon at The Pointe [LB32]</div> <div>12:30 ♠ Dominoes [50GR]</div> <div>3:00 ♣ Nickel Blackjack [50GR]</div> <div>4:00 💡 Technology Help - Bring Your Device! [AO]</div>   | Morning Stretches - Instructional Video [FR]<br><div>11:00 ↔ Warm-Up and Work Out with Dennis [FR]</div> <div>11:30 ★ It's Lunch Time with Life Enrichment [CDR]</div> <div>1:00 ♣ \$4 Bingo [MDT]</div> <div>3:00 Men's Brew Crew [BPD]</div> <div>4:30 🐾 Happy Tails ~ Evening Dog Walk [PL]</div>  | Last Day To RSVP for Saturday Outing<br><div>10:00 ★ High Tea [TR]</div> <div>10:00 🎬 Matinee Movie: Anger Managment 1hr 46m [MDT]</div> <div>11:00 ↔ Corn Hole by the Moss Wall [PL]</div> <div>1:00 💡 LCRA General Meeting [MDT]</div> <div>2:00 ♣ \$4 Poker [50GR]</div> <div>3:30 ☕ Calendar Brainstorm with Activities [MDT]</div> <div>4:00 💡 Technology Help - Bring Your Device! [AO]</div>  | Free Friday Vitals Check with Senior Helpers [PL]<br><div>11:00 ★ Lunch at the Ridge</div> <div>12:00 ♣ Hand, Knee, and Foot [50GR]</div> <div>1:00 ↔ Cardio Drumming Video [FR]</div> <div>3:00 🎧 Happier Hour with Live Music: The Sunshine Gang [CDR]</div> <div>4:30 🐾 Happy Tails ~ Evening Dog Walk [PL]</div>   | Happy Birthday Paul Garfield!!<br><div>10:00 ↔ Chair Yoga with Heidi [FR]</div> <div>10:00 ★ Shopping Outing to: Macy's/TJ Max [PL]</div> <div>12:00 ☕ Saturday Ice Cream Social [50GR]</div> <div>1:00 ♣ 3 to 13 Card Game! [MDT]</div> <div>1:00 ♣ Scrabble with Friends [MDT]</div> <div>3:00 ♣ Nickel Blackjack [50GR]</div> <div>5:30 🎬 Evening Movie: 9-5 1hr 50m [MDT]</div>                                    |



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Lantern Crest The Plaza

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HAPPY BIRTHDAY

Diane Walker 9/2  
Connie Steffens 9/5  
Marianne Nevling 9/6  
Jim White 9/7  
Karin Schwab 9/15  
Paul Garfield 9/20  
Beverly Boysen 9/21  
Gary Smith 9/23  
Judith Grabhorn 9/27  
Rae Barbuscia 9/28  
Betty Valenzuela 9/29

Location Key

50GR – 50's Game Room  
AO– Activities Office  
BBC – Bocce Ball Court  
BD – Bel Air Diner  
BLR – 5th Floor Billiards Room  
BPD – Balboa Private Dining Room  
CDR – Catalina Dining Room  
CC – Coronado Courtyard  
CH – Reflections Chapel  
FR – Fitness Room  
IPS – Indoor Pool and Spa  
MB – Miramar Bar  
MDT – Movie Dinner Theater  
PL – Plaza Lobby  
PL6 – Puzzle Lounge/Library  
SC – Sunken Courtyard  
TL – 2nd Floor Turtle Lounge  
TR – King Charles Tea Room

Sunday

Happy Birthday Beverly Boysen!!  
**21**  
8:00 ★ Guardian Angels Catholic Church [PL]  
8:15 ★ Shadow Mountain Church Drive [PL]  
9:00 † Sunday Morning Church Service with Pastor Bill [CH]  
10:15 ★ Shadow Mountain Church Drive [PL]  
11:00 🎤 Betty White Off Their Rockers Episode [MDT]  
12:00 🐾 Bow Wow Dog Social [PL]  
2:00 ♣️ Sunday Bingo~\$1 [MDT]

Happy Birthday Rae Barbuscia!!  
**28**  
8:00 ★ Guardian Angels Catholic Church [PL]  
8:15 ★ Shadow Mountain Church Drive [PL]  
9:00 † Sunday Morning Church Service with Pastor Bill [CH]  
10:15 ★ Shadow Mountain Church Drive [PL]  
11:00 🎤 Betty White Off Their Rockers Episode [MDT]  
12:00 🐾 Bow Wow Dog Social [PL]  
2:00 ♣️ Sunday Bingo~\$1 [MDT]

Monday

All Staff Meeting: No Doctor Appointments After 12pm  
**22**  
Flu Shots Available at Pharmacy 2-5pm (RSVP)  
10:00 ↔ Morning Stretches - Instructional Video [FR]  
11:00 ☕ Coffee in the Sea Lounge on the 2nd Floor [TL]  
1:00 ♣️ Hand, Knee & Foot [50GR]  
3:00 ↔ Learn and Line Dance [CDR]  
4:30 🐾 Happy Tails ~ Evening Dog Walk [PL]

Flu Shots Available at Pharmacy 2-5pm (RSVP)  
**29**  
Happy Birthday Betty Valenzuela!!  
10:00 ↔ Morning Stretches - Instructional Video [FR]  
11:00 ☕ Coffee in the Sea Lounge on the 2nd Floor [TL]  
1:00 ♣️ Hand, Knee & Foot [50GR]  
2:00 ★ Flower Arrangements [MDT]  
3:00 ↔ Learn and Line Dance [CDR]  
4:30 🐾 Happy Tails ~ Evening Dog Walk [PL]

Tuesday

Evacuation Drill to the Main Plaza Lobby 10am  
Flu Shots Available at Pharmacy 2-5pm (RSVP)  
Happy Birthday Gary Smith!!  
9:00 ↔ Gentle Aquafit with Peggy [IPS]  
9:15 † St. Kieran's Communion Service [CH]  
10:15 ↔ Core Strength and Weights with Karl [FR]  
11:00 ♣️ Cornhole by the Moss Wall [PL]  
12:30 ♣️ Dominoes [50GR]  
1:00 🎮 Tasty Treats/Fun Game: S'mores Pops [BD]  
1:30 ☼ Dining Committee Meeting [BPD]  
2:00 ☼ Amada Senior Care Presentation [MDT]  
3:00 ♣️ Nickel Blackjack [50GR]  
4:00 ☼ Technology Help - Bring Your Device! [AO]

Flu Shots Available at Pharmacy 2-5pm (RSVP)  
**30**  
9:00 ↔ Gentle Aquafit with Peggy [IPS]  
10:15 ↔ Core Strength and Weights with Karl [FR]  
11:00 ♣️ Cornhole by the Moss Wall [PL]  
12:30 ♣️ Dominoes [50GR]  
1:00 🎮 Tasty Treats/Fun Game: Mini Parfaits [BD]  
2:00 ☼ Elite Concierge Shoppers Presentation [MDT]  
3:00 ♣️ Nickel Blackjack [50GR]  
4:00 ☼ Technology Help - Bring Your Device! [AO]

Wednesday

10:00 ↔ Morning Stretches - Instructional Video [FR]  
11:00 ↔ Warm-Up and Work Out with Dennis [FR]  
12:00 ☕ Fall Shopping Fair!! ~ 12pm-3pm [PL]  
12:00 ☕ Life Storytime [TR]  
1:00 ♣️ \$4 Bingo [MDT]  
3:00 🎧 Together We Drink [BD]  
4:30 🐾 Happy Tails ~ Evening Dog Walk [PL]

DOCTORS APPTS.  
Monday-Friday  
9am-3pm  
9 AM- 1 PM for Appts Further than 15 Miles  
Transportation request forms available at the front desk  
Submit completed forms to front desk 48 hours before your planned trip.  
Transportation Number (619)905-3061  
  
No transportation after 12pm on the 22nd of each Month .  
( the date may vary; please check the calendar every month)

Thursday

Last Day To RSVP for Saturday Outing  
**25**  
10:15 ↔ Core Strength and Weights with Karl [FR]  
11:00 ↔ Corn Hole by the Moss Wall [PL]  
11:00 ★ Excursion to Mariettas Mexican [PL]  
11:30 🎬 Matinee Movie: My Girl 1hr 42m [MDT]  
2:00 ♣️ \$4 Poker [50GR]  
4:00 🎧 Specialty Dinner in The Bel Air Diner 4pm-6pm Dining Room will be Closed [BD]  
4:00 ☼ Technology Help - Bring Your Device! [AO]

Lantern Crest  
Luxury Senior Living

Friday

11:00 ☼ Free Friday Vitals Check with Senior Helpers [PL]  
12:00 ♣️ Hand, Knee, and Foot [50GR]  
1:00 ↔ Cardio Drumming Video [FR]  
2:00 ☼ LC Community Book Club at The Pointe [L]  
3:00 🎧 Happier Hour with Live Music from First String Band [CDR]  
4:30 🐾 Happy Tails ~ Evening Dog Walk [PL]

JOIN US FOR  
LCRA GENERAL MEETING  
1:00PM | Thursday 18th Plaza Theater  
YOUR RESIDENT COUNCIL BOARD MEMBERS AND TI ARTMENT DIRECTORS TO GET UPDATES, QUESTIONS WERED, AND GIVE SUGGESTIONS! STAY CONNECTED IN-THE-KNOW AT THIS MONTH'S MEETING!  
SEE YOU THERE!

Saturday

Happy Birthday Judy Grabhorn!!  
**27**  
10:00 ↔ Chair Yoga with Heidi [FR]  
10:00 ★ Shopping Outing to: Ross/Sketchers [PL]  
11:00 🎤 Bel Air Diner Open for Lunch! ~ 11am-1pm [BD]  
1:00 ♣️ 3 to 13 Card Game! [MDT]  
1:00 ♣️ Scrabble with Friends [MDT]  
3:00 ♣️ Nickel Blackjack [50GR]  
5:30 🎬 Evening Movie: Bridesmaids 2hr 5m [MDT]

ST. KIERAN'S COMMUNION SERVICE  
2ND & 4TH TUESDAY OF EVERY MONTH!  
@9:15 AM  
PLAZA REFLECTIONS CHAPEL

Fall Shopping Fair!

You're Invited!



September 24th  
12pm - 3pm  
in the Plaza Lobby

RIDER MOBILITY WHEELCHAIR & WALKER REPAIR



FRIDAY SEPTEMBER 5TH, 10AM-12PM KING CHARLES TEA ROOM

LABOR DAY BBQ

SEPT 1ST POINTE PDP

Lantern Crest SENIOR LIVING

LAST DAY TO SIGN UP FRIDAY, AUGUST 29TH RSVP WITH CULINARY EXT.5407

TIMES 11AM-2PM

COME CELEBRATE WITH GOOD FOOD, MUSIC, AND COMMUNITY SPIRIT

BBQ FAVORITES – HOT DOGS, BURGERS & MORE

LIVE MUSIC – FROM THE SOPHISTICATS

LET'S HONOR THE HARD WORK OF OUR COMMUNITY WITH A FUN AND RELAXING AFTERNOON TOGETHER.

Terrazza Dining Room and Catalina Dining Room Will Be Closed Early

To Go Order Pick Ups 2-3pm

Don't miss a thing!



Sign up with the Activites Office for Red Star RSVP Easy Ways

-Email  
-Text  
-Call  
-Leave a Note

St. Kieran's Communion Service



2ND & 4TH TUESDAY OF EVERY MONTH! @9:15 AM PLAZA REFLECTIONS CHAPEL