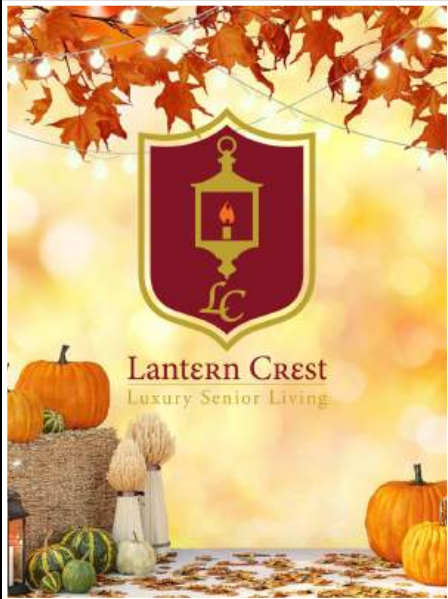


November AL at The Ridge																												
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																						
 Lantern Crest Luxury Senior Living	Maritza Aguirre Life Enrichment Director At The Ridge 800 Lantern Crest Way Santee, Ca 92071 619-258-8886 Maritza.aguirre@lanterncrest.com	 NOVEMBER 2ND fall BACK DAYLIGHT SAVING TIME	L1 - Lounge 1 CR - Card Room MDR - Montecito Dining Room AC - Art & Craft RT - Ridge Theater LCK - Lantern Crest Kitchen BISR - Bistro CD - Coronado Dining	 Thankful Leaves at Lantern Crest Stop by the Lobby and grab a fall leaf to write what you're thankful for- Big or Small!! Once you're done, Life Enrichment will hang your leaf on the thankful trees and watch our gratitude grow! Let's fill the tree's with LOVE, JOY, and APPRECIATION this season. located in the hall going to Coronado dining. Thank You!	Resident Birthdays <table> <tr><td>John A. G.</td><td>11/11</td></tr> <tr><td>Donna M.</td><td>11/13</td></tr> <tr><td>Thomas W.</td><td>11/13</td></tr> <tr><td>Ruby B.</td><td>11/15</td></tr> <tr><td>Jackie B.</td><td>11/18</td></tr> <tr><td>William B.</td><td>11/19</td></tr> <tr><td>Michael T.</td><td>11/19</td></tr> <tr><td>Irene W.</td><td>11/24</td></tr> <tr><td>Leslie B.</td><td>11/27</td></tr> <tr><td>Kathryn P.</td><td>11/29</td></tr> <tr><td>Fred W.</td><td>11/29</td></tr> </table>	John A. G.	11/11	Donna M.	11/13	Thomas W.	11/13	Ruby B.	11/15	Jackie B.	11/18	William B.	11/19	Michael T.	11/19	Irene W.	11/24	Leslie B.	11/27	Kathryn P.	11/29	Fred W.	11/29	ALL SAINTS DAY <u>Take a walk and find "Binx The Black Cat"</u> 1 9:45 Daily Chronicle & Word Search 10:00 <u>Upper body Weight Training [L1]</u> 10:30 <u>UNO Game [L1]</u> 11:00 <u>1:1 Resident visits</u> 1:00 <u>Trivia Game [L1]</u> 1:30 <u>Kings in the Corner Card Game "Sports Lounge"</u> 2:00 <u>Horse Racing Game [L1]</u> 3:00 <u>Bocce Ball [L1]</u> 4:30 <u>Happy Hour with "FIRST STRING BAND" [CD]</u> 5:00 <u>Enjoy a Game with Friends at the "Sports Lounge" Self Lead Activity</u>
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All Soul's Day <u>Fall Back Daylight Saving Time</u> 2 <u>Take a walk and find "Binx The Black Cat"</u> 9:45 Daily Chronicle & Word Search 10:45 <u>Love on a Leash [L1]</u> 11:00 <u>1:1 Resident visits</u> 1:30 <u>Dia De Muertos Celebration with "The Frank Guy" Pan de Muerto & Abuelita Chocolate [MDR]</u> 1:30 <u>Kings in the Corner Card Game "Sports Lounge"</u> 2:30 <u>Beach Ball Exercise Class with Maritza [L1]</u> 3:00 <u>Mexican Train Game [L1]</u> 5:00 <u>Enjoy a Game with Friends at the "Sports Lounge" Self Lead Activity</u>	<u>Take a walk and find "Binx The Black Cat"</u> 3 9:45 Daily Chronicle & Word Search 10:00 <u>Stretch & Cycling with Maritza [MDR]</u> 10:30 <u>Bible Study & Hymns w/ Pastor Bob [L1]</u> 11:00 <u>1:1 Resident visits</u> 1:00 <u>Baking Sweets & Calendar Planning with Maritza [LCK]</u> 1:30 <u>Kings in the Corner Card Game "Sports Lounge"</u> 2:30 <u>Bingo for Tickets [AC]</u> 2:30 <u>Christmas Choir with a Pianist and Bob</u> 5:00 <u>Enjoy a Game with Friends at the "Sports Lounge" Self Lead Activity</u>	Election Day <u>Take a walk and find "Binx The Black Cat"</u> 4 9:20 <u>St. Kieran's Church Communion with Gina [RT]</u> 9:45 Daily Chronicle & Word Search 10:00 <u>Mary Kay Pampering [AC]</u> 10:00 <u>Weights & Cycling with Damon [L1]</u> 10:30 <u>Cover the Number Game [L1]</u> 11:00 <u>1:1 Resident visits</u> 1:30 <u>Coffee Bar with "Variety of Torani Flavored Syrup" & Hot Coco [L1]</u> 1:30 <u>Kings in the Corner Card Game "Sports Lounge"</u> 1:30 <u>Reading in the Library with "Aurora"</u> 2:00 <u>Trivia Game [L1]</u> 2:30 <u>Polish & Pamper [AC]</u> 3:00 <u>Axe Throwing Games [L1]</u> 4:30 <u>Happy Hour with "BLUE ZONE" [MDR]</u> 5:00 <u>Enjoy a Game with Friends at the "Sports Lounge" Self Lead Activity</u>	Spirit Wednesday "Flannels & Thankful Quote T-Shirts" 5 <u>Take a walk and find "The Turkey Leg"</u> 8:00 <u>Daily Bread Reading with Damon</u> 9:45 Daily Chronicle & Word Search 10:00 <u>November Concert with "Peter Seltser" [MDR]</u> 10:15 <u>Stretch & Strength with Angie from Mobile Therapy [CD]</u> 11:00 <u>1:1 Resident visits</u> 1:00 <u>Baking Goodies with "Aurora" [LCK]</u> 1:00 <u>Bingo for Tickets [AC]</u> 1:30 <u>Kings in the Corner Card Game "Sports Lounge"</u> 2:30 <u>Let's Get Crafty! [AC]</u> 2:30 <u>Midweek Matinee "Top 10 Movies on Netflix" [RT]</u> 4:30 <u>Wine Down Wednesday</u> 5:00 <u>Enjoy a Game with Friends at the "Sports Lounge" Self Lead Activity</u>	Chef's Corner 11:30-12:30pm 6 <u>Take a walk and find "The Turkey Leg"</u> 9:45 Daily Chronicle & Word Search 10:00 <u>Bocce Ball Is Back! Green Machine vs Red Warriors [L1]</u> 10:00 <u>Holiday Crafting "PIE GARLAND" [AC]</u> 10:30 <u>Lunch Bunch "JANET'S CAFE"</u> 11:00 <u>1:1 Resident visits</u> 1:00 Sweet Treats 1:30 <u>Bridge Game with Friends [CR]</u> 1:30 <u>Kings in the Corner Card Game "Sports Lounge"</u> 1:30 <u>Trivia Game [L1]</u> 2:30 <u>Scenic Drive</u> 4:30 <u>Piano Music with "TREVOR GIBSON" [MDR]</u> 5:00 <u>Enjoy a Game with Friends at the "Sports Lounge" Self Lead Activity</u>	<u>Take a walk and find "The Turkey Leg"</u> 7 9:45 Daily Chronicle & Word Search 10:00 <u>Balloon Volleyball Game [MDR]</u> 11:00 <u>1:1 Resident visits</u> 11:00 <u>1:1 Visits with Ray Pathman from "Our Lady of Perpetual Help" Catholic</u> 1:00 <u>Movie & Popcorn "Music of The Heart" [RT]</u> 1:30 <u>Kings in the Corner Card Game "Sports Lounge"</u> 3:00 <u>Bingo for Tickets [AC]</u> 4:45 <u>Happy Hour with "DOUBLE TAKE" [CD]</u> 5:00 <u>Enjoy a Game with Friends at the "Sports Lounge" Self Lead Activity</u>	<u>Take a walk and find "The Turkey Leg"</u> 8 9:45 Daily Chronicle & Word Search 10:00 <u>Upper body Weight Training [L1]</u> 10:30 <u>UNO Game [L1]</u> 11:00 <u>1:1 Resident visits</u> 1:00 <u>Trivia Game [L1]</u> 1:30 <u>Kings in the Corner Card Game "Sports Lounge"</u> 2:00 <u>Horse Racing Game [L1]</u> 3:00 <u>Bocce Ball [L1]</u> 5:00 <u>Enjoy a Game with Friends at the "Sports Lounge" Self Lead Activity</u>																						
<u>Take a walk and find "The Turkey Leg"</u> 9 9:45 Daily Chronicle & Word Search 10:00 <u>Trip to Walmart or Target</u> 10:45 <u>Love on a Leash [L1]</u> 11:00 <u>1:1 Resident visits</u> 1:00 <u>Sunday Matinee "And So It Goes" [RT]</u> 1:30 <u>Kings in the Corner Card Game "Sports Lounge"</u> 1:30 <u>Veterans Day Concert with "Taylor Johns" [MDR]</u> 3:00 <u>Mexican Train Game [L1]</u> 5:00 <u>Enjoy a Game with Friends at the "Sports Lounge" Self Lead Activity</u>	<u>Take a walk and find "The Turkey Leg"</u> 10 9:45 Daily Chronicle & Word Search 10:00 <u>Stretch & Cycling with Maritza [MDR]</u> 10:30 <u>Bible Study & Hymns w/ Pastor Bob [L1]</u> 11:00 <u>1:1 Resident visits</u> 1:00 <u>Baking Sweets & Calendar Planning with Maritza [LCK]</u> 1:30 <u>Kings in the Corner Card Game "Sports Lounge"</u> 2:30 <u>Bingo for Tickets [AC]</u> 5:00 <u>Enjoy a Game with Friends at the "Sports Lounge" Self Lead Activity</u>	Happy Birthday John A. 11 <u>Take a walk and find "The Turkey Leg"</u> Veterans Day 9:45 Daily Chronicle & Word Search 10:00 <u>Balloon Exercise with Damon [CD]</u> 10:00 <u>Board Games with "AURORA" [CR]</u> 11:00 <u>1:1 Resident visits</u> 1:00 <u>Veterans Pinning Ceremony with "MISSION HOSPICE" CD</u> 1:30 <u>Kings in the Corner Card Game "Sports Lounge"</u> 2:00 <u>Trivia Game- CD</u> 3:00 <u>Resident Council Meeting [CD]</u> 4:30 <u>Happy Hour & Welcome New Residents with "FIREBALL XPRESS" [MDR]</u> 5:00 <u>Enjoy a Game with Friends at the "Sports Lounge" Self Lead Activity</u>	Spirit Wednesday "Flannels & Thankful Quote T-Shirts" 12 <u>Take a walk and find "The Turkey Leg"</u> 8:00 <u>Daily Bread Reading with Damon</u> 9:45 Daily Chronicle & Word Search 10:15 <u>Stretch & Strength with Angie from Mobile Therapy [CD]</u> 11:00 <u>1:1 Resident visits</u> 1:30 <u>Annual L.C. National Pie Day "Lobby"</u> 1:30 <u>Kings in the Corner Card Game "Sports Lounge"</u> 2:00 <u>Bingo for Tickets [AC]</u> 2:30 <u>Let's Get Crafty! [AC]</u> 2:30 <u>Midweek Matinee "Top 10 Movies on Netflix" [RT]</u> 4:30 <u>Wine Down Wednesday</u> 5:00 <u>Enjoy a Game with Friends at the "Sports Lounge" Self Lead Activity</u>	Chef's Corner 11:30-12:30pm 13 Happy Birthday Donna M. & Thomas W. <u>Take a walk and find "The Turkey Leg"</u> 9:45 Daily Chronicle & Word Search 10:00 <u>Bocce Ball Is Back! Green Machine vs Red Warriors [L1]</u> 10:00 <u>Holiday Crafting "PAPER PUMPKINS" [AC]</u> 11:00 <u>1:1 Resident visits</u> 1:00 Sweet Treats 1:30 <u>Bridge Game with Friends "Sports Lounge"</u> 1:30 <u>Kings in the Corner Card Game "Sports Lounge"</u> 1:30 <u>Trivia Game [L1]</u> 2:30 <u>Scenic Drive</u> 4:30 <u>Happy Hour with "THE SOPHISTICATS" [CD]</u> 4:30 <u>Piano Music with "TREVOR GIBSON" [MDR]</u> 5:00 <u>Enjoy a Game with Friends at the "Sports Lounge" Self Lead Activity</u>	<u>Take a walk and find "The Turkey Leg"</u> 14 9:45 Daily Chronicle & Word Search 10:00 <u>Bereavement Support Group with Ellie from "Misson Hospice" [L1]</u> 11:00 <u>1:1 Resident visits</u> 11:00 <u>1:1 Visits with Ray Pathman from "Our Lady of Perpetual Help" Catholic</u> 1:00 <u>Movie & Popcorn "Shall We Dance" [RT]</u> 1:30 <u>Kings in the Corner Card Game "Sports Lounge"</u> 2:00 <u>LOVE ON A LEASH</u> 3:00 <u>Bingo for Tickets [AC]</u> 5:00 <u>Enjoy a Game with Friends at the "Sports Lounge" Self Lead Activity</u>	Happy Birthday Ruby B. 15 <u>Take a walk and find "The Turkey Leg"</u> 9:45 Daily Chronicle & Word Search 10:00 <u>Upper body Weight Training [L1]</u> 10:30 <u>UNO Game [L1]</u> 11:00 <u>1:1 Resident visits</u> 1:00 <u>Trivia Game [L1]</u> 1:30 <u>Kings in the Corner Card Game "Sports Lounge"</u> 2:00 <u>Horse Racing Game [L1]</u> 3:00 <u>Bocce Ball [L1]</u> 5:00 <u>Enjoy a Game with Friends at the "Sports Lounge" Self Lead Activity</u>																						

November AL at The Ridge

Saturday

Take a walk and find "The Turkey Leg" 22

9:45 Daily Chronicle & Word Search

0:00 *Upper body Weight Training [L1]*

0:30 *UNO Game [L1]*

1:00 *1:1 Resident visits*

1:00 *Trivia Game [L1]*

1:30 *Kids Champion Gymnastics Show! [CD]*

1:30 *Kings in the Corner Card Game "Sports Lounge"*

3:00 *Bocce Ball [L1]*

5:00 *Enjoy a Game with Friends at the "Sports Lounge" Self Lead Activity*

Happy Birthday Kathryn P. &
Fred W. 29

Take a walk and find "The Turkey Leg"

9:45 Daily Chronicle & Word Search

0:00 **Upper body Weight Training [L1]**

0:30 **UNO Game [L1]**

1:00 **1:1 Resident visits**

1:00 **Trivia Game [L1]**

1:30 **Kings in the Corner Card Game**
"Sports Lounge"

2:00 **Horse Racing Game [L1]**

3:00 **Bocce Ball [L1]**

5:00 **Enjoy a Game with Friends at the**
"Sports Lounge" Self Lead
Activity

JOIN US FOR

JOHN A

Mexican Black & Royal Palm
Turkey visit on
November 26th at 10am
The Ridge Lounge 1

LOCAL HONEY
FOR SALE JARS STARTS
AT \$5.00-\$10.00 &
\$15.00 DOLLARS