November AL at The Ridge

Wednesday

Lantern Crest

Maritza Aguirre Life Enrichment Director At The Ridge 800 Lantern Crest Way Santee, Ca 92071 619-258-8886 Maritza.aguirre@ lanterncrest.com

Monday



L1 - Lounge 1 **CR** - Card Room MDR - Montecito Dining Room AC - Art & Craft

RT - Ridge Theater **LCK** - Lantern Crest Kitchen

BISR - Bistro **CD** - Coronado Dining



Thursday

Resident Birthdays

Friday

11/11 John A. G. Donna M. Thomas W. 11/13 Ruby B. 11/15 11/18 Jackie B. William B. 11/19 11/19 Michael T Irene W. 11/24 Leslie B. 11/27 11/29 Kathryn P. 11/29 Fred W.

ALL SAINTS DAY

Saturday

Take a walk and find "Binx The **Black Cat**"

9:45 Daily Chronicle & Word Search

10:00 Upper body Weight Training [L1]

10:30 **UNO Game [L1]**

11:00 1:1 Resident visits

1:00 Trivia Game [L1]

1:30 Kings in the Corner Card Game "Sports Lounge"

2:00 Horse Racing Game [L1]

3:00 Bocce Ball [L1]

4:30 Happy Hour with "FIRST STRING BAND" [CD]

5:00 Enjoy a Game with Friends at the "Sports Lounge" Self Lead **Activity**

All Soul's Day Fall Back Daylight Saving Time Take a walk and find "Binx The Black

9:45 Daily Chronicle & Word Search

10:45 Love on a Leash [L1]

11:00 1:1 Resident visits

1:30 Dia De Muertos Celebration with "The Frank Guy" Pan de Muerto & Abuelita Chocolate [MDR]

1:30 Kings in the Corner Card Game "Sports Lounge"

2:30 Beach Ball Exercise Class with Maritza [L1]

3:00 Mexican Train Game [L1]

5:00 Enjoy a Game with Friends at the "Sports Lounge" Self Lead Activity

Take a walk and find "Binx The Black Cat"

9:45 Daily Chronicle & Word Search 10:00 Stretch & Cycling with Maritza

10:30 Bible Study & Hymns w/ Pastor Bob [L1]

11:00 1:1 Resident visits

[MDR]

1:00 Baking Sweets & Calendar Planning with Maritza [LCK]

1:30 Kings in the Corner Card Game <u>"Sports Lounge"</u>

2:30 Bingo for Tickets [AC]

2:30 Christmas Choir with a Pianist

5:00 Enjoy a Game with Friends at the "Sports Lounge" Self Lead Activity

Election Day

Take a walk and find "Binx The Black Cat"

9:20 St. Kieran's Church Communion with

9:45 Daily Chronicle & Word Search 10:00 Mary Kay Pampering [AC]

10:00 Weights & Cycling with Damon [L1]

10:30 Cover the Number Game [L1] 11:00 1:1 Resident visits

1:30 Coffee Bar with "Variety of Torans

Flavored Syrup" & Hot Coco [L1] 1:30 Kings in the Corner Card Game "Sports Lounge"

1:30 Reading in the Library with "Aurora"

2:00 Trivia Game [L1] 2:30 Polish & Pamper [AC]

3:00 Axe Throwing Games [L1]

4:30 Happy Hour with "BLUE ZONE" [MDR]

5:00 Enjoy a Game with Friends at the "Sports Lounge" Self Lead Activity

Thankful Quote T-Shirts" Take a walk and find "The Turkey

Leg" 8:00 Daily Bread Reading with Damon

9:45 Daily Chronicle & Word Search

10:00 November Concert with "Peter Seltser" [MDR]

10:15 Stretch & Strength with Angie from Mobile Therapy [CD]

11:00 **1:1 Resident visits**

1:00 Baking Goodies with "Aurora" [LCK]

1:00 Bingo for Tickets [AC]

1:30 Kings in the Corner Card Game "Sports Lounge"

2:30 Let's Get Crafty! [AC]

2:30 Midweek Matinee "Top 10 Movies on Netflix" [RT]

4:30 Wine Down Wednesday

5:00 Enjoy a Game with Friends at the "Sports Lounge" Self Lead Activity Take a walk and find "The Turkey

9:45 Daily Chronicle & Word Search

10:00 Holiday Crafting " PIE GARLAND"

10:30 Lunch Bunch "JANET"S CAFE"

11:00 1:1 Resident visits

1:30 Bridge Game with Friends [CR]

1:30 Kings in the Corner Card Game

1:30 Trivia Game [L1]

2:30 Scenic Drive

"Sports Lounge" Self Lead Activity

Take a walk and find "The Turkey Leg"

10:00 Balloon Volleyball Game [MDR]

11:00 1:1 Resident visits

11:00 1:1 Visits with Ray Pathman from "Our Lady of Perpetual Help" Catholic

1:00 Movie & Popcorn "Music of The Heart" [RT]

"Sports Lounge"

4:45 Happy Hour with "DOUBLE TAKE" [CD]

"Sports Lounge" Self Lead Activity

Take a walk and find "The **Turkey Leg**"

9:45 Daily Chronicle & Word Search

10:00 Upper body Weight Training [L1]

10:30 **UNO Game [L1]**

11:00 1:1 Resident visits

1:00 *Trivia Game [L1]*

1:30 Kings in the Corner Card Game "Sports Lounge"

2:00 Horse Racing Game [L1]

3:00 Bocce Ball [L1]

5:00 Enjoy a Game with Friends at the "Sports Lounge" Self **Lead Activity**

Take a walk and find "The Turkey Leg" 9:45 Daily Chronicle & Word

10:00 Trip to Walmart or Target 10:45 Love on a Leash [L1]

11:00 1:1 Resident visits

Search

Goes " [RT] 1:30 Kings in the Corner Card

1:00 Sunday Matinee "And So It

Game "Sports Lounge" 1:30 Veterans Day Concert with

"Taylor Johns" [MDR] 3:00 Mexican Train Game [L1]

5:00 Enjoy a Game with Friends at the "Sports Lounge" Self Lead **Activity**

Take a walk and find "The Turkey Leg"

9:45 Daily Chronicle & Word Search

10:00 Stretch & Cycling with Maritz [MDR]

10:30 Bible Study & Hymns w/ Pastor Bob |L1|

11:00 1:1 Resident visits

1:00 Baking Sweets & Calendar Planning with Maritza [LCK]

1:30 Kings in the Corner Card **Game "Sports Lounge"** 2:30 Bingo for Tickets [AC]

5:00 Enjoy a Game with Friends at the "Sports Lounge" Self Lead **Activity**

Happy Birthday John A. Take a walk and find "The Turkey

Veterans Day

9:45 Daily Chronicle & Word Search 10:00 Balloon Exercise with Damon [CD]

10:00 Board Games with "AURORA" [CR] 11:00 1:1 Resident visits

1:00 Veterans Pinning Ceremony with "MISSION HOSPICE" CD 1:30 Kings in the Corner Card Game

"Sports Lounge" 2:00 Trivia Game- CD

3:00 Resident Council Meeting [CD]

4:30 Happy Hour & Welcome New Residents with "FIREBALL XPRESS"

5:00 Enjoy a Game with Friends at the "Sports Lounge" Self Lead Activity

Thankful Quote T-Shirts" Take a walk and find "The Turkey

Leg" 8:00 Daily Bread Reading with Damon

9:45 Daily Chronicle & Word Search 10:15 Stretch & Strength with Angie from

Mobile Therapy [CD] 11:00 **1:1 Resident visits**

1:30 Annual L.C. National Pie Day "Lobby"

1:30 Kings in the Corner Card Game "Sports Lounge"

2:00 Bingo for Tickets [AC] 2:30 Let's Get Crafty! [AC]

2:30 Midweek Matinee "Top 10 Movies on Netflix" [RT]

4:30 Wine Down Wednesday

5:00 Enjoy a Game with Friends at the "Sports Lounge" Self Lead Activity

Chef's Corner 11:30-12:30pm Happy Birthday Donna M. & Thomas W.

Take a walk and find "The Turkey Leg"

Red Warriors [L1] 10:00 Holiday Crafting "PAPER PUMPKINS" [AC]

1:00 Sweet Treats 1:30 Bridge Game with Friends "Sports

1:30 Kings in the Corner Card Game "Sports

1:30 **Trivia Game [L1]**

4:30 Happy Hour with "THE SOPHISTICATS"

4:30 Piano Music with "TREVOR GIBSON"

9:45 Daily Chronicle & Word Search

1:30 Kings in the Corner Card Game

3:00 Bingo for Tickets [AC]

5:00 Enjoy a Game with Friends at the

Happy Birthday Ruby B.

Take a walk and find "The Turkey Leg" 9:45 Daily Chronicle & Word

Search 10:00 Upper body Weight Training

11:00 1:1 Resident visits

1:30 Kings in the Corner Card

3:00 Bocce Ball [L1]

the "Sports Lounge" Self Lead Activity

10:00 Bocce Ball Is Back! Green Machine vs Red Warriors [L1]

[AC]

1:00 Sweet Treats

"Sports Lounge

4:30 Piano Music with "TREVOR GIBSON

5:00 Enjoy a Game with Friends at the

9:45 Daily Chronicle & Word Search 10:00 Bocce Ball Is Back! Green Machine vs

11:00 1:1 Resident visits

Lounge'

2:30 Scenic Drive

5:00 Enjoy a Game with Friends at the "Sports Lounge" Self Lead Activity

Take a walk and find "The Turkey Leg"

9:45 Daily Chronicle & Word Search 10:00 Bereavement Support Group with Ellie from "Misson Hospice" [L1]

11:00 1:1 Resident visits 11:00 1:1 Visits with Ray Pathman from "Our Lady of Perpetual Help" Catholic

1:00 Movie & Popcorn "Shall We Dance"

[RT] 1:30 Kings in the Corner Card Game "Sports Lounge"

2:00 LOVE ON A LEASH 3:00 Bingo for Tickets [AC] 5:00 Enjoy a Game with Friends at the

"Sports Lounge" Self Lead Activity

[L1]

10:30 **UNO Game [L1]**

1:00 Trivia Game [L1]

Game "Sports Lounge"

2:00 Horse Racing Game [L1]

5:00 Enjoy a Game with Friends at

November AL at The Ridge Monday Tuesday Wednesday Thursdav Saturday Happy Birthday Jackie B. Happy Birthday William B. & Take a walk and find "The Take a walk and find "The Happy Birthday Jackie B. Take a walk and find "The Turkey Leg" Chef's Corner 11:30-12:30pm **ALL STAFF MEETING** Take a walk and find "The Michael T. **Turkey Leg** Take a walk and find "The Turkey Take a walk and find "The Turkey 🚄 Turkey Leg" Turkey Leg" 9:30 St. Kieran's Church Communion 9:45 Daily Chronicle & Word Search 9:45 Daily Chronicle & Word with Gina [RT] Thankful Quote T-Shirts 9:45 Daily Chronicle & Word Search 9:45 Daily Chronicle & Word Search 10:45 Love on a Leash [L1] 9:45 Daily Chronicle & Word Search Search Search Take a walk and find "The Turkey Leg" 10:00 Bocce Ball Is Back! Green Machine 10:00 Balloon Volleyball Game [MDR] 11:00 1:1 Resident visits 10:00 Board Games with "AURORA" [CR] 10:00 Stretch & Cycling [MDR] 8:00 Daily Bread Reading with Damon vs Red Warriors [L1] 11:00 1:1 Resident visits 10:00 Weights & Cycling with Damon [L1] 1:00 Sunday Matinee "Cinderella [L1] 9:45 Daily Chronicle & Word Search 10:00 Holiday Crafting "PINECONE TREES 10:30 Bible Study & Hymns w/ 10:30 Cover the Number Game [L1] 11:00 1:1 Visits with Ray Pathman from Man" [RT] 10:15 Stretch & Strength with Angie from Pastor Bob [L1] 11:00 1:1 Resident visits "Our Lady of Perpetual Help" 1:30 Kings in the Corner Card Game Mobile Therapy [CD] 10:30 Lunch Bunch "ANTHONY"S" 1:30 Coffee Bar with "Variety of Torani 11:00 1:1 Resident visits 'Sports Lounge' 11:00 1:1 Resident visits 11:00 1:1 Resident visits Flavored Syrup" & Hot Coco [L1] 1:00 Trivia Game [L1] 1:00 Movie & Popcorn "Tom Hanks 2:30 Exercise Class with Aurora [L1] 1:00 Baking Sweets & Calendar 1:30 Bridge Game with Friends [CR] 1:30 Kings in the Corner Card Game "Sports 1:30 Kings in the Corner Card Game BIG" [RT] "Sports Lounge" 1:30 Gospel Music with STEVE & DIANE 3:00 Mexican Train Game [L1] Lounge Planning [LCK] 1:30 Kings in the Corner Card Game 1:30 Reading in the Library with "Aurora" 1:30 November Concert with "DOUBLE 1:30 Kings in the Corner Card Game 3:00 St. Columba Church Service with 1:30 Kings in the Corner Card 2:00 Trivia Game [L1] TAKE" [MDR] <u> "Sports Lounge"</u> "Sports Lounge" **Bill Bixbv Game "Sports Lounge"** 2:30 Polish & Pamper [AC] 3:00 Bingo for Tickets [AC] 2:30 Baking Goodies with "Aurora" [LCK] 2:30 Scenic Drive 5:00 Enjoy a Game with Friends at the 2:30 Bingo for Tickets [AC] 3:00 Axe Throwing Games [L1] 2:30 Midweek Matinee "Top 10 Movies on 4:30 Happy Hour with "THE SUNSHINE 5:00 Enjoy a Game with Friends at the 3:00 Bocce Ball [L1] "Sports Lounge" Self Lead 4:30 Happy Hour with "THE SOPHISTICATS" Netflix" [RT] 5:00 Enjoy a Game with Friends GANG" [CD] "Sports Lounge" Self Lead 5:00 Enjoy a Game with Friends at 3:00 Bingo for Tickets [AC] 4:30 Piano Music with "TREVOR GIBSON" Activity at the "Sports Lounge" Self 5:00 Enjoy a Game with Friends at the "Sports 4:30 Wine Down Wednesday **Lead Activity** Lounge" Self Lead Activity **Activity** 5:00 Enjoy a Game with Friends at the 5:00 Enjoy a Game with Friends at the "Sports Lounge" Self Lead Activity "Sports Lounge" Self Lead Activity Take a walk and find "The Turkey Leg" 25 Take a walk and find "The Turkey Leg" 28 Happy Birthday Leslie B. Happy Birthday Irene W. Take a walk and find "The \ \ \ \ \ 26 Take a walk and find "The Turkey Happy Thanksgiving **Turkey Leg**" Take a walk and find "The Turkey Leg" 9:45 Daily Chronicle & Word 9:45 Daily Chronicle & Word Take a walk and find "The Turkey Leg' Take a walk and find "The Turkey Leg" 9:45 Daily Chronicle & Word 8:00 Daily Bread Reading with Damon 9:45 Daily Chronicle & Word Search Search 9:45 Daily Chronicle & Word Search Search Search 9:45 Daily Chronicle & Word Search 10:00 Balloon Exercise with Damon [CD] 10:00 Weights & Cycling with Damon [L1] 10:00 Bocce Ball Is Back! Green Machine 10:00 Stretch & Cycling with Maritza [MDR 10:00 Annual Turkey Visit This Year we Have a 10:00 Board Games with "AURORA" [CR] 10:30 Cover the Number Game [L1] 10:00 Trip to Walmart or Target vs Red Warriors [L1] 10:30 Bible Study & Hymns w/ Pastor Bob "Mexican Black & Royal Palm" 11:00 1:1 Resident visits 11:00 1:1 Resident visits 11:00 1:1 Resident visits 11:00 **1:1 Resident visits** 10:15 Stretch & Strength with Angie from 1:00 1:1 Resident visits 11:00 Mary Kay "Christmas Shopping" [AC] 11:00 1:1 Visits with Ray Pathman from 12:00 Live Music with "FIREBALL XPRESS Mobile Therapy [CD] 1:00 Sunday Matinee "Little "Our Lady of Perpetual Help" Cathol 1:30 Kings in the Corner Card Game 11:00 1:1 Resident visits 1:00 Baking Sweets & Calendar Planning Woman" [RT] with Maritza [LCK] "Sports Lounge" 1:00 Baking Goodies with "Aurora" [LCK] 1:00 Sweet Treats [L1] 1:00 Movie & Popcorn "Persuasion" [RT] 1:30 Kings in the Corner Card 1:30 Sous Chef Meeting [CD] 1:00 Bingo for Tickets [AC] 1:30 Kings in the Corner Card Game 1:30 Kings in the Corner Card Game 1:30 Bridge Game with Friends [CR] "Sports Lounge" "Sports Lounge" 2:00 Trivia Game [L1] 1:30 Kings in the Corner Card Game "Sports 1:30 Kings in the Corner Card Game **Game "Sports Lounge"** 2:00 Horse Racing Game [L1] Lounge 2:00 LOVE ON A LEASH 2:30 Bingo for Tickets [AC] 2:30 Polish & Pamper [AC] "Sports Lounge 3:00 Bocce Ball [L1] 2:30 Exercise Class with Maritza 2:00 Shopping Cart "Sports Lounge" 2:30 Christmas Choir with a Pianist and 3:00 Axe Throwing Games [L1]

2:30 Let's Get Crafty! [AC]

4:30 Wine Down Wednesday

Netflix" [RT]

2:30 Midweek Matinee "Top 10 Movies on

Lounge" Self Lead Activity

5:00 Enjoy a Game with Friends at the "Sports

at the "Sports Lounge" Self **Lead Activity**

3:00 Mexican Train Game [L1]

5:00 Enjoy a Game with Friends

[L1]

Take a walk and find "The Turkey Leg"

9:45 Daily Chronicle & Word Search

10:00 Trip to Walmart or Target

11:00 **1:1 Resident visits**

1:00 Sunday Matinee "Sweet Home Alabama" [RT]

1:30 Kings in the Corner Card **Game "Sports Lounge"**

2:30 Exercise Class with Maritza [L1]

3:00 Mexican Train Game [L1]

5:00 Enjoy a Game with Friends at the "Sports Lounge" Self **Lead Activity**



5:00 Enjoy a Game with Friends at the

"Sports Lounge" Self Lead Activity

"Sports Lounge" Self Lead Activity Celebration Join Us for a Sweet & Heartwarming Tradition. We will have Pan De Muerto & buelita Hot Chocolate, Just like Grandma used to make it Shake your BONES with Live Music feat. The Frank G On November 2nd @ 1:30pm

4:30 Happy Hour & Birthday Celebration

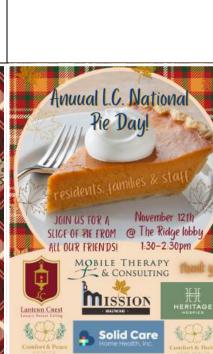
5:00 Enjoy a Game with Friends at the

with "BROWN SUGAR OLDIES" Cakes

Sponsored by "Mission Hospice"







9:45 Daily Chronicle & Word

10:00 Upper body Weight Training

10:30 **UNO Game [L1]**

11:00 1:1 Resident visits

1:30 Kids Champion Gymnastics Show! [CD]

1:30 Kings in the Corner Card **Game "Sports Lounge"**

the "Sports Lounge" Self Lead

1:30 **Trivia Game [L1]**

2:30 Holiday Movie [RT]

4:30 Piano Music with "TREVOR GIBSON

5:00 Enjoy a Game with Friends at the "Sports Lounge" Self Lead Activity 3:00 Bingo for Tickets [AC]

5:00 Enjoy a Game with Friends at the "Sports Lounge" Self Lead Activity Happy Birthday Kathryn P. & Fred W.

9:45 Daily Chronicle & Word Search

10:00 Upper body Weight Training [L1]

10:30 **UNO Game [L1]**

11:00 **1:1 Resident visits**

1:00 Trivia Game [L1]

1:30 Kings in the Corner Card Game "Sports Lounge"

5:00 Enjoy a Game with Friends at the "Sports Lounge" Self Lead Activity



