



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 Take a walk and find "Mr & Mrs. Gingerbread" 1 9:45 Daily Chronicle & Word Search 10:00 Stretch & Cycling with Maritza [MDR] 10:30 Bible Study & Hymns w/ Pastor Bob [L1] 11:00 1:1 Resident visits 1:00 Baking Sweets & Calendar Planning with Maritza [LCK] 1:30 Kings in the Corner Card Game "Sports Lounge" 2:30 Christmas Glee Club [MDR] 2:30 Jingle Bingo for Tickets [AC] 5:00 Enjoy a Game with Friends at the "Sports Lounge" Self Lead Activity	Take a walk and find "Mr & Mrs. Gingerbread" 1 9:45 Daily Chronicle & Word Search 10:00 Stretch & Cycling with Maritza [MDR] 10:30 Bible Study & Hymns w/ Pastor Bob [L1] 11:00 1:1 Resident visits 1:00 Baking Sweets & Calendar Planning with Maritza [LCK] 1:30 Kings in the Corner Card Game "Sports Lounge" 2:30 Christmas Glee Club [MDR] 2:30 Jingle Bingo for Tickets [AC] 5:00 Enjoy a Game with Friends at the "Sports Lounge" Self Lead Activity	Take a walk and find "Mr & Mrs. Gingerbread" 2 9:20 St. Kieran's Church Communion with Gina [RT] 9:45 Daily Chronicle & Word Search 10:00 Weights & Cycling with Damon [L1] 10:00 You Be The Judge 10:30 Cover the Number Game 11:00 1:1 Resident visits 1:30 Board Games with "Aurora" [CR] 1:30 Holiday Coffee Bar with "Variety of Torani Flavored Syrup" & Peppermint & Hot Coco / Eggnog [L1] 1:30 Kings in the Corner Card Game "Sports Lounge" 2:00 Trivia Game [L1] 2:30 Polish & Pamper [AC] 3:00 Axe Throwing Games [L1] 4:30 Happy Hour with "BLUE ZONE" [MDR] 5:00 Enjoy a Game with Friends at the "Sports Lounge" Self Lead Activity	Spirit Wednesday "Holiday Christmas Sweaters" 3 Take a walk and find "Mr & Mrs. Gingerbread" 8:00 Daily Bread Reading with Damon 9:45 Daily Chronicle & Word Search 10:15 Stretch & Strength with Angie from Mobile Therapy [CD] 11:00 1:1 Resident visits 1:30 Gingerbread House Party with Our Friends [MDR] 1:30 Kings in the Corner Card Game "Sports Lounge" 2:30 Holiday Midweek Matinee "Top 10 Movies on Netflix" [RT] 3:00 Jingle Bingo for Tickets [AC] 4:30 Wine Down Wednesday 5:00 Enjoy a Game with Friends at the "Sports Lounge" Self Lead Activity	Chef's Corner 11:30-12:30pm 4 Take a walk and find "Mr & Mrs. Gingerbread" 9:45 Daily Chronicle & Word Search 10:00 December Concert with "PETER SELTSER" [MDR] 11:00 1:1 Resident visits 1:00 Sweet Treats "Holiday Trail Mix" [L1] 1:30 Bridge Game with Friends [CR] 1:30 Kings in the Corner Card Game "Sports Lounge" 1:30 Trivia Game [L1] 2:30 Scenic Drive 4:30 Piano Music with "TREVOR GIBSON" [MDR] 5:00 Enjoy a Game with Friends at the "Sports Lounge" Self Lead Activity	Happy Birthday Marlena F. 5 Take a walk and find "Mr & Mrs. Gingerbread" 9:45 Daily Chronicle & Word Search 10:00 Balloon Volleyball Game [MDR] 11:00 1:1 Resident visits 11:00 1:1 Visits with Ray Pathman from "Our Lady of Perpetual Help" Catholic 1:00 Movie & Popcorn "Four Christmas" [RT] 1:30 Kings in the Corner Card Game "Sports Lounge" 1:30 Remember When Social with Damon 3:00 Jingle Bingo for Tickets [AC] 4:45 Happy Hour with "DOUBLE TAKE" Coronado Dining 5:00 Enjoy a Game with Friends at the "Sports Lounge" Self Lead Activity	Take a walk and find "Mr & Mrs. Gingerbread" 6 9:45 Daily Chronicle & Word Search 10:00 Upper body Weight Training [L1] 10:30 UNO Game [L1] 11:00 1:1 Resident visits 1:00 Cover the Number Game [L1] 1:30 Kings in the Corner Card Game "Sports Lounge" 2:00 Trivia Game [L1] 3:00 Bocce Ball [L1] 5:00 Enjoy a Game with Friends at the "Sports Lounge" Self Lead Activity
Take a walk and find "Mr & Mrs. Gingerbread" 7 9:45 Daily Chronicle & Word Search 10:00 Trip to Walmart or Target 10:45 LOVE ON A LEASH 11:00 1:1 Resident visits 1:00 Sunday Matinee "Home Alone" [RT] 1:30 Holiday Concert with "Taylor Johns" [MDR] 1:30 Kings in the Corner Card Game "Sports Lounge" 3:00 Mexican Train Game [L1] 5:00 Enjoy a Game with Friends at the "Sports Lounge" Self Lead Activity	Take a walk and find "Mr & Mrs. Gingerbread" 8 9:45 Daily Chronicle & Word Search 10:00 Stretch & Cycling with Maritza [MDR] 10:30 Bible Study & Hymns w/ Pastor Bob [L1] 11:00 1:1 Resident visits 1:00 Baking Sweets & Calendar Planning with Maritza [LCK] 1:30 Kings in the Corner Card Game "Sports Lounge" 2:30 Christmas Glee Club [MDR] 2:30 Jingle Bingo for Tickets [AC] 5:00 Enjoy a Game with Friends at the "Sports Lounge" Self Lead Activity	Take a walk and find "Mr & Mrs. Gingerbread" 9 9:45 Daily Chronicle & Word Search 10:00 Balloon Volleyball with Damon -CD 10:00 You Be The Judge 11:00 1:1 Resident visits 1:30 Holiday Coffee Bar with "Variety of Torani Flavored Syrup" & Peppermint & Hot Coco / Eggnog [L1] 1:30 Kings in the Corner Card Game "Sports Lounge" 2:00 Trivia Game [L1] 3:00 Resident Council Meeting [CD] 4:30 Happy Hour & Welcome New Residents with "FIREBALL XPRESS" [MDR] 5:00 Enjoy a Game with Friends at the "Sports Lounge" Self Lead Activity 6:00 Male Acapella Group 6:00 The Sun Harbor Chorus "Christmas Carols"	Spirit Wednesday "Holiday Christmas Sweaters" 10 Take a walk and find "Mr & Mrs. Gingerbread" 8:00 Daily Bread Reading with Damon 9:45 Daily Chronicle & Word Search 10:15 Stretch & Strength with Angie from Mobile Therapy [CD] 11:00 1:1 Resident visits 1:30 Kings in the Corner Card Game "Sports Lounge" 1:30 White Elephant Gift Exchange Game [MDR] 2:30 Holiday Midweek Matinee "Top 10 Movies on Netflix" [RT] 3:00 Jingle Bingo for Tickets [AC] 4:30 Wine Down Wednesday 5:00 Enjoy a Game with Friends at the "Sports Lounge" Self Lead Activity	Chef's Corner 11:30-12:30pm 11 Take a walk and find "Mr & Mrs. Gingerbread" 9:45 Daily Chronicle & Word Search 10:00 Bocce Ball Is Back! Green Machine vs Red Warriors [L1] 10:00 Holiday Crafting [AC] 11:00 1:1 Resident visits 1:00 Sweet Treats "Holiday Trail Mix" [L1] 1:30 Bridge Game with Friends "Sports Lounge" [CR] 1:30 Kings in the Corner Card Game "Sports Lounge" 1:30 Trivia Game [L1] 2:30 Scenic Drive 4:30 Happy Hour with "THE SOPHISTICATS"- Coronado Dining 4:30 Piano Music with "TREVOR GIBSON" [MDR] 5:00 Enjoy a Game with Friends at the "Sports Lounge" Self Lead Activity	Take a walk and find "Mr & Mrs. Gingerbread" 12 9:45 Daily Chronicle & Word Search 10:00 Bereavement Support Class with Ellie "Mission Hospice" [L1] 11:00 1:1 Resident visits 11:00 1:1 Visits with Ray Pathman from "Our Lady of Perpetual Help" Catholic 1:00 Movie & Popcorn "Home Alone 2" [RT] 1:30 Kings in the Corner Card Game "Sports Lounge" 1:30 Remember When Social with Damon 2:00 LOVE ON A LEASH 3:00 Jingle Bingo for Tickets [AC] 5:00 Enjoy a Game with Friends at the "Sports Lounge" Self Lead Activity	Take a walk and find "Mr & Mrs. Gingerbread" 13 9:45 Daily Chronicle & Word Search 10:00 Upper body Weight Training [L1] 10:30 UNO Game [L1] 11:00 1:1 Resident visits 1:00 Cover the Number Game [L1] 1:30 Kings in the Corner Card Game "Sports Lounge" 2:00 Trivia Game [L1] 3:00 Bocce Ball [L1] 5:00 Enjoy a Game with Friends at the "Sports Lounge" Self Lead Activity
HANUKKAH BEGINS 14 Take a walk and find "Mr & Mrs. Gingerbread" 9:45 Daily Chronicle & Word Search 10:00 Trip to Walmart or Target 11:00 1:1 Resident visits 1:00 Sunday Matinee "Deck the Halls" [RT] 1:30 Kings in the Corner Card Game "Sports Lounge" 2:30 Exercise Class with Maritza [L1] 3:00 Mexican Train Game [L1] 5:00 Enjoy a Game with Friends at the "Sports Lounge" Self Lead Activity	Happy Birthday David J. 15 Take a walk and find "Mr & Mrs. Gingerbread" 9:45 Daily Chronicle & Word Search 10:00 Stretch & Cycling with Maritza [MDR] 10:30 Bible Study & Hymns w/ Pastor Bob [L1] 11:00 1:1 Resident visits 1:30 It Takes 2 and Friends "Christmas Show" [MDR] 1:30 Kings in the Corner Card Game "Sports Lounge" 2:30 Christmas Glee Club [MDR] 2:30 Jingle Bingo for Tickets [AC] 5:00 Enjoy a Game with Friends at the "Sports Lounge" Self Lead Activity	Take a walk and find "Mr & Mrs. Gingerbread" 16 1:30 Cover the Number Game 9:20 St. Kieran's Church Communion with Gina [RT] 9:45 Daily Chronicle & Word Search 10:00 MARY KAY "Pampering Session" with Paige 10:00 Weights & Cycling with Damon [L1] 10:30 Cover the Number Game [L1] 11:00 1:1 Resident visits 1:30 Board Games with "Aurora" [CR] 1:30 Holiday Coffee Bar with "Variety of Torani Flavored Syrup" & Peppermint & Hot Coco / Eggnog [L1] 1:30 Kings in the Corner Card Game "Sports Lounge" 2:00 Trivia Game [L1] 2:30 Polish & Pamper [AC] 3:00 Axe Throwing Games [L1] 4:30 Christmas Lights "Scenic Drive" 4:30 Happy Hour THE SUNSHINE GANG [MDR] 5:00 Enjoy a Game with Friends at the "Sports Lounge" Self Lead Activity	Spirit Wednesday "Holiday Christmas Sweaters" 17 Take a walk and find "Mr & Mrs. Gingerbread" 8:00 Daily Bread Reading with Damon 9:45 Daily Chronicle & Word Search 10:15 Stretch & Strength with Angie from Mobile Therapy [CD] 11:00 1:1 Resident visits 1:00 Lantern Crest National Tamales Day! "Lobby" 1:15 December Concert with "DOUBLE TAKE" [MDR] 1:30 Kings in the Corner Card Game "Sports Lounge" 2:30 Baking with Aurora 2:30 Holiday Midweek Matinee "Top 10 Movies on Netflix" [RT] 2:30 Jingle Bingo for Tickets [AC] 3:30 Art Room Clean Up 4:30 Wine Down Wednesday 5:00 Enjoy a Game with Friends at the "Sports Lounge" Self Lead Activity	Chef's Corner 11:30-12:30pm 18 Take a walk and find "Mr & Mrs. Gingerbread" 9:45 Daily Chronicle & Word Search 10:00 Bocce Ball Is Back! Green Machine vs Red Warriors [L1] 10:00 Holiday Crafting [AC] 11:00 1:1 Resident visits 1:00 Sweet Treats "Holiday Trail Mix" [L1] 1:30 Bridge Game with Friends [CR] 1:30 Gospel Music with STEVE & DIANE [MDR] 1:30 Kings in the Corner Card Game "Sports Lounge" 2:30 Scenic Drive 4:30 Happy Hour with "SUNSHINE GAND" Coronado Dining 4:30 Piano Music with "TREVOR GIBSON" [MDR] 5:00 Enjoy a Game with Friends at the "Sports Lounge" Self Lead Activity	Take a walk and find "Mr & Mrs. Gingerbread" 19 9:45 Daily Chronicle & Word Search 10:00 Balloon Volleyball Game [MDR] 11:00 1:1 Resident visits 11:00 1:1 Visits with Ray Pathman from "Our Lady of Perpetual Help" Catholic 1:00 Movie & Popcorn "Elf" [RT] 1:30 Kings in the Corner Card Game "Sports Lounge" 1:30 Remember When Social with Damon 3:00 Jingle Bingo for Tickets [AC] 4:00 Girl Scout Caroling 5:00 Enjoy a Game with Friends at the "Sports Lounge" Self Lead Activity	Take a walk and find "Mr & Mrs. Gingerbread" 20 9:45 Daily Chronicle & Word Search 10:00 Upper body Weight Training [L1] 10:30 UNO Game [L1] 11:00 1:1 Resident visits 1:00 Cover the Number Game [L1] 1:30 Kings in the Corner Card Game "Sports Lounge" 2:00 Trivia Game [L1] 3:00 Bocce Ball [L1] 5:00 Enjoy a Game with Friends at the "Sports Lounge" Self Lead Activity



December AL at The Ridge

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<i>Take a walk and find "Mr & Mrs. Gingerbread"</i> 21 <i>Winter Begins</i> 9:45 Daily Chronicle & Word Search 10:00 <i>Trip to Walmart or Target</i> 10:45 <i>LOVE ON A LEASH</i> 11:00 <i>1:1 Resident visits</i> 1:00 <i>Sunday Matinee "The Christmas Shoes" [RT]</i> 1:30 <i>Kings in the Corner Card Game "Sports Lounge"</i> 2:30 <i>Winter Contest with "Mike & Mandy" [MDR]</i> 3:00 <i>Mexican Train Game [L1]</i> 3:00 <i>St. Columba Church Service with Bill Bixby [MDR]</i> 5:00 <i>Enjoy a Game with Friends at the "Sports Lounge" Self Lead Activity</i>	<i>ALL STAFF MEETING</i> 22 <i>Take a walk and find "Mr & Mrs. Gingerbread"</i> 9:45 Daily Chronicle & Word Search 10:00 <i>Stretch & Cycling with Maritza [MDR]</i> 10:30 <i>Bible Study & Hymns w/ Pastor Bob [L1]</i> 11:00 <i>1:1 Resident visits</i> 12:30 <i>Jingle Bingo for Tickets [AC]</i> 1:30 <i>Kings in the Corner Card Game "Sports Lounge"</i> 1:30 <i>Movie & Popcorn Dr. Seuss "The GRINCH" [RT]</i> 2:30 <i>Christmas Glee Club [MDR]</i> 4:30 <i>Piano Music with "TREVOR"</i> 5:00 <i>Enjoy a Game with Friends at the "Sports Lounge" Self Lead Activity</i>	<i>Happy Birthday Patricia W.</i> 23 <i>Take a walk and find "Mr & Mrs. Gingerbread"</i> 9:45 Daily Chronicle & Word Search 10:00 <i>Balloon Volleyball with Damon- CD</i> 10:00 <i>You Be The Judge</i> 11:00 <i>1:1 Resident visits</i> 1:30 <i>Board Games with "Aurora" [CR]</i> 1:30 <i>Holiday Coffee Bar with "Variety of Torani Flavored Syrup" & Peppermint & Hot Coco / Eggnog [L1]</i> 1:30 <i>Kings in the Corner Card Game "Sports Lounge"</i> 2:00 <i>Trivia Game [L1]</i> 2:30 <i>Polish & Pamper [AC]</i> 3:00 <i>Axe Throwing Games [L1]</i> 4:30 <i>Christmas Lights "Scenic Drive"</i> 4:30 <i>Happy Hour with "THE SOPHISTICAT'S" [MDR]</i> 5:00 <i>Enjoy a Game with Friends at the "Sports Lounge" Self Lead Activity</i>	<i>CHRISTMAS EVE</i> 24 <i>Spirit Wednesday "Holiday Christmas Sweaters"</i> <i>Take a walk and find "Mr & Mrs. Gingerbread"</i> 8:00 <i>Daily Bread Reading with Damon</i> 9:45 Daily Chronicle & Word Search 10:00 <i>Pictures with Mr. & Mrs. Clause</i> 11:00 <i>1:1 Resident visits</i> 1:00 <i>Jingle Bingo for Tickets [AC]</i> 1:30 <i>Kings in the Corner Card Game "Sports Lounge"</i> 2:30 <i>Christmas Movie "Miracle on 34th Street" [RT]</i> 4:30 <i>Wine Down Wednesday</i> 5:00 <i>Enjoy a Game with Friends at the "Sports Lounge" Self Lead Activity</i>	<i>CHRISTMAS DAY</i> 25 <i>Chef's Corner 11:30-12:30pm</i> <i>Take a walk and find "Mr & Mrs. Gingerbread"</i> 9:45 Daily Chronicle & Word Search 10:00 <i>Bocce Ball Is Back! Green Machine vs Red Warriors [L1]</i> 10:00 <i>Holiday Crafting [AC]</i> 11:00 <i>1:1 Resident visits</i> 12:00 <i>CHRISTMAS CELEBRATION with "FIRST STRING BAND" [MDR]</i> 1:00 <i>Sweet Treats "Peppermint Milkshakes" [L1]</i> 1:30 <i>Bridge Game with Friends [CR]</i> 1:30 <i>Kings in the Corner Card Game "Sports Lounge"</i> 1:30 <i>Trivia Game [L1]</i> 2:30 <i>Scenic Drive</i> 5:00 <i>Enjoy a Game with Friends at the "Sports Lounge" Self Lead Activity</i>	<i>Take a walk and find "Mr & Mrs. Gingerbread"</i> 26 9:45 Daily Chronicle & Word Search 10:00 <i>Weights & Cycling with Damon [MDR]</i> 10:30 Cover the Number Game 11:00 <i>1:1 Resident visits</i> 11:00 <i>1:1 Visits with Ray Pathman from "Our Lady of Perpetual Help" Catholic</i> 1:00 <i>Movie & Popcorn "Christmas with the KRANKS" [RT]</i> 1:30 <i>Kings in the Corner Card Game "Sports Lounge"</i> 1:30 <i>Remember When Social with Damon</i> 2:00 <i>LOVE ON A LEASH</i> 3:00 <i>Jingle Bingo for Tickets [AC]</i> 5:00 <i>Enjoy a Game with Friends at the "Sports Lounge" Self Lead Activity</i>	<i>Take a walk and find "Mr & Mrs. Gingerbread"</i> 27 9:45 Daily Chronicle & Word Search 10:00 <i>Upper body Weight Training [L1]</i> 10:30 <i>UNO Game [L1]</i> 11:00 <i>1:1 Resident visits</i> 1:00 <i>Cover the Number Game [L1]</i> 1:30 <i>Kings in the Corner Card Game "Sports Lounge"</i> 2:00 <i>Trivia Game [L1]</i> 3:00 <i>Bocce Ball [L1]</i> 5:00 <i>Enjoy a Game with Friends at the "Sports Lounge" Self Lead Activity</i>

<i>Take a walk and find "Mr & Mrs. Gingerbread"</i> 28 9:45 Daily Chronicle & Word Search 10:00 <i>Trip to Walmart or Target</i> 11:00 <i>1:1 Resident visits</i> 11:00 <i>Happy Birthday Vivian S.</i> 1:00 <i>Sunday Matinee "Hot Frosty" [RT]</i> 1:30 <i>Kings in the Corner Card Game "Sports Lounge"</i> 2:30 <i>Exercise Class with Maritza [L1]</i> 3:00 <i>Mexican Train Game [L1]</i> 5:00 <i>Enjoy a Game with Friends at the "Sports Lounge" Self Lead Activity</i>	<i>Take a walk and find "Mr & Mrs. Gingerbread"</i> 29 9:45 Daily Chronicle & Word Search 10:00 <i>Stretch & Cycling with Maritza [MDR]</i> 10:30 <i>Bible Study & Hymns w/ Pastor Bob [L1]</i> 11:00 <i>1:1 Resident visits</i> 1:00 <i>Baking Sweets & Calendar Planning with Maritza [LCK]</i> 1:30 <i>Kings in the Corner Card Game "Sports Lounge"</i> 2:30 <i>Christmas Glee Club [MDR]</i> 2:30 <i>Jingle Bingo for Tickets [AC]</i> 5:00 <i>Enjoy a Game with Friends at the "Sports Lounge" Self Lead Activity</i>	<i>Take a walk and find "Mr & Mrs. Gingerbread"</i> 30 9:45 Daily Chronicle & Word Search 10:00 <i>Weights & Cycling with Damon [L1]</i> 10:00 <i>You Be The Judge</i> 10:30 Cover the Number Game [L1] 11:00 <i>1:1 Resident visits</i> 1:30 <i>Board Games with "Aurora" [CR]</i> 1:30 <i>Holiday Coffee Bar with "Variety of Torani Flavored Syrup" & Peppermint & Hot Coco / Eggnog [L1]</i> 1:30 <i>Kings in the Corner Card Game "Sports Lounge"</i> 2:00 <i>Trivia Game [L1]</i> 2:30 <i>Polish & Pamper [AC]</i> 3:00 <i>Axe Throwing Games [L1]</i> 4:30 <i>Happy Hour & Birthday Celebration with "BROWN SUGAR OLDIES" Cakes Sponsored by "Mission Hospice" [MDR]</i> 5:00 <i>Enjoy a Game with Friends at the "Sports Lounge" Self Lead Activity</i>	<i>NEW YEAR'S EVE</i> 31 <i>Spirit Wednesday "Holiday Christmas Sweaters"</i> <i>Take a walk and find "Mr & Mrs. Gingerbread"</i> 8:00 <i>Daily Bread Reading with Damon</i> 9:45 Daily Chronicle & Word Search 10:00 <i>New Year's Eve "Give Away "TIC-TAC-TOE GAME"</i> 11:00 <i>1:1 Resident visits</i> 12:00 <i>NOON YEAR'S EVE with "FIREBALL XPRESS" [MDR]</i> 1:00 <i>Jingle Bingo for Tickets [AC]</i> 1:30 <i>Kings in the Corner Card Game "Sports Lounge"</i> 2:30 <i>Let's Get Crafty! [AC]</i> 2:30 <i>Shopping Cart</i> 3:00 <i>Holiday Midweek Matinee "Top 10 Movies on Netflix" [RT]</i> 4:30 <i>Wine Down Wednesday</i> 5:00 <i>Enjoy a Game with Friends at the "Sports Lounge" Self Lead Activity</i>		Maritza Aguirre Life Enrichment Director At The Ridge 800 Lantern Crest Way Santee, Ca 92071 619-258-8886 Maritza.aguirre@lanterncrest.com	
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Resident Birthdays	
Marlena F.	12/5
David J.	12/15
Patricia W.	12/23
Vivian S.	12/28



- L1 - Lounge 1
- CR - Card Room
- MDR - Montecito Dining Room
- AC - Art & Craft
- RT - Ridge Theater
- LCK - Lantern Crest Kitchen
- BISR - Bistro
- CD - Coronado Dining

