December At The Pointe Wednesday Thursday 3 Elf on the Shelf Thursdays~ Our Elf Adventures



LP-1st Floor Lobby Pointe LB32- 2nd Floor Latitude 32 E V-2nd Floor Veranda Dining TD-2nd Floor Terrazza Dining FS-2nd Floor Fitness Studio G2-2nd Floor Garden PDP-Pool Deck Patio 3C-3rd Floor Garden Courtya **GR-3rd Floor Game Room** LL/P-3rd Floor Lantern Links T-3rd Floor Theater FR4-4th Floor Fitness Studio L-4th Floor Library AC-4th Floor Arts/Crafts Room TDP-Terrazza Dining Patio

	100	M			D)	Dece		U	ver Al	
			Sunday			Monday			Tuesday	
ER	Chi	lets was	Tule of the second seco	Begin 9:00 10:00 10:30 10:45 12:30 1:30 2:00 3:00		Exercise Video Class [FS] Coffee, Cookies & Conversations [LP] Learn Line Dancing [L] Happy Hearts Walking Club Glee Club [GR] Table Talk & Tasty Treats with Culinary Director Reggie [V] Nickel Blackjack [GR] Mexican Train [GR] Evening Piano Music [TD]	9:15 9:30 10:00 10:00 1:30 3:00 3:30 4:00 6:00	↑ · · · · · · · · · · · · · · · · · · ·	Mutt Day St. Kieran's Communion Service at The Ridge Balance & Stability Class with Karl [FS] Let's Decorate The Library Christmas Tree [L] Outing to: Hobby Lobby [LP] Paint & Sip Art Class Bingo [GR] Transportation Committee Meeting [BPD] Technology Help in Activities Office Games with Friends [GR] San Diego Sun Harbor Chorus Concert	1
2/25	Look		To DCVD for	0.00		Francisco Wideo	0.15	4	Ct Viewards	
	Tuesd	ay (To RSVP for Outing			Exercise Video Class [FS]	9:15	T	St. Kieran's Communion Service [CH]	,
1/27			Guardian Angels Catholic Church [LP]			Coffee, Cookies & Conversations [LP]	9:30	•	Balance & Stability Class with Karl [FS]	
/27		_	Shadow Mountain Church Drive [LP]		_	Learn Line Dancing [L] Happy Hearts Walking	10:00	Ö.	Veterans Group	1
29	9:00	_	Sunday Morning Church Service with Pastor			Club Glee Club [GR]	11:15	*	Committee [BPD] Lunch Outing to:	1
2/30		*	Steven [CH] Sunday Run to: World Market Shadow Mountain Church	2:00	'n.	Nickel Blackjack [GR] Democrat & Independents Social	1:00	*	Brigantine Seafood & Oyster Bar [LP] Crafty Card Creations~ Christmas Cards with	
The second	11:00		Drive #2 Lunch Under the Sun			Club: Speaker, Suzanne Till, Activist~			Lynn Bingo [GR]	
T. Just		ġ.	[PDP] Bridge Club [FS]	3:00	ġ.	Holiday Party [L] Mexican Train [GR]	3:00	₽	You're Not Alone Family-Caregivers	
	1:00		Sunday Documentary~ The Full History of	4:30	J	Evening Piano Music [TD]	4:00	. Ö .	Support Group [L] Technology Help in	
		ġ.	Christmas - Documentary \$1 Bingo [GR]			[]	6:00	ń.	Activities Office Games with Friends [GR]	
Bar	5:30	<u>.</u>	Games with Friends [GR]							
			To RSVP for 14	Нар	ру	Birthday Maxine 15	9:15	t	St. Kieran's Communion	
g		-	Guardian Angels Catholic Church [LP]			Exercise Video Class [FS] Coffee, Cookies &			Service at The Ridge	
	8:15	t	Shadow Mountain Church Drive [LP]			Conversations [LP]	9:30	•	Balance & Stability Class with Karl [FS]	
	9:00	*	Sunday Morning Church		ပ္ပ	Learn Line Dancing [L] Happy Hearts Walking	10:00	*	Lunch Outing to: Gillespie	1
			Service with Pastor Bill [CH]		,	Club Glee Club [GR]	11:30	*	Field Cafe [LP] Veterans' Group	1
ırd			Sunday Run to: T.J. Max Santee			Table Talk & Tasty Treats with Culinary Director			Luncheon at The Plaza [BPD]	
s	10:15	Ť	Shadow Mountain Church Drive #2			Reggie [V] Nickel Blackjack [GR]	1:30	*	Build A Ginger Bread House with Life	
			Bridge Club [FS] Sunday Documentary~	3:00	'n.	Mexican Train [GR]	3:00	ġ.	Enrichment Bingo [GR]	
	1.00	*	WONDEDS OF DI ANET	3:30	J	It Takes Two & Friends"			Technology Help in	

Holiday Show [T]

4:30 Evening Piano Music [TD]

WONDERS OF PLANET

Magnificent Places

Travel Documentary

EARTH | Most

5:30 Games with Friends [GR]

2:30 A \$1 Bingo [GR]

10:00 O Annual EAF Check the Senior Living Community 10:00 ♥ Free Friday Vital Handouts~10am to 12pm for You **Checks with Senior** 11:30 → Stay Active, Stay Young~ 10:00 O Coffee & Donuts with Helpers [LB32] Workout with Dennis [FS] **Smart Cremations [T]** 10:30 O Trivia Challenge in the 11:30 Left, Right, Center Dice 12:30 🁺 Movie Matinee: Frankenstein 11:30 O Chat with Life Enrichmen **Library with Larry** R 2025 · Horror/Sci-fi · 2h **Coordinator Erika** 29m [T] Nelson [L] 1:00 P Women's Wine Time 1:00 Cozy Quilt Corner 1:30 \star Arts and Crafts ~ Social [LB32] 1:00 O Resident Assoc. Board Mary's Class 2:00 A Nickel Blackjack [GR] Meeting [V] 3:00 **h** \$1 Bingo [GR] 3:00 A Cribbage [FS] 3:00 A Happy Hour with Live Music 7:00 Para Timeless Cinema: from Taylor Johns [LB32] 4:00 Y Technology Help in Meet Me in St. Louis 6:00 A Games with Friends [GR] **Activities Office** 1944 • Family/ Musical 1h 53m [T] **Happy Birthday Joanne** Spirit Wednesday ~ Wear 9:30 **↔** Balance & **Your Christmas Sweater Stability Class** Holderer! with Karl [FS] ast Day To RSVP for Sunday 9:15 & Happy Hearts Walking 11:00 ★ "Monthly Flavor" Cooking Outing Class: Chicken Alfredo 9:00 → Senior Stretches Video [FS] 11:30 → Stay Active, Stay Young~ **Workout with Dennis [FS]** Pasta [V] 10:00 Y Free Friday Vital Checks with Senior Helpers [LB32] 10:00 V Walking on 11:30 Water The Garden & 12:30 ₩ Movie Matinee: Scrooge Tunes [G2] 10:30 O Trivia Challenge in the 1951 · Family/Fantasy 2:00 A Nickel Blackjack [GR] **Library with Larry Nelson** · 1h 26m [T] 3:00 A Cribbage [FS] 1:00 Cozy Quilt Corner 4:00 Ring In The Holidays with 3:00 R Happy Hour with Live Harmony Galore [T] **California Note Catchers** Music from Blue zone 1:30 * Arts and Crafts ~ [LB32] **Christmas Tree Ornaments** 6:00 - Games with Friends [GR] 4:00 P Thursday Specialty 3:00 **h** \$1 Bingo [GR] **Buffet: Breakfast At** 7:00 Timeless Cinema: Edward Night~15pts. [TD] The Church of Jesus Scissorhands PG-13 1990 5:00 ★ Christmas Lights Christ · Fantasy/Romance · 1h **Excursion to Starlight** 45m [T] 6:00 Games with Friends [GR]

9:30 → Exercise

[FS]

Class Video

11:00 O Español for Fun! FS

1:00
Gift Wrapping Help

4:00 ♥ Technology Help in

5:00 ★ Christmas Lights

Activities Office

Excursion to

6:00 Games with Friends

Starlight Circle

2:00 h Nickel Blackjack

3:00 A Cribbage [FS]

with Life enrichment

Happy Birthday Nancy Axford!!

9:30 - Balance & Stability Class

with Karl [FS]

National Cookie Day

National Let's Hug Day

Spirit Wednesday

Sweater

4:00 O Technology Help in

Activities Office

6:00 A Games with Friends [GR]

~ Wear Your Christmas

9:15 ♥ Happy Hearts

10:00

■ Fashion on The

11:30 H Stay Active, Stay

1:00 O LCRA General

[LB32]

[GR]

Walking Club

Go~10am to 2pm

Young~ Workout

with Dennis [FS]

with Live Music

from Double Take

Meeting [T]

3:00 W Birthday Celebration

6:00 Games with Friends

Christmas Sweater

Spirit Wednesday ~ Wear Your

9:15 & Happy Hearts Walking Club

Marian Karpisek's Book

Presentation - It's Time: Find

9:30 * Santee Hall Wednesday -

Friday

9:00 → Senior Stretches Video

Handouts~1 to 2pm

Last Day To RSVP for

Sunday Outing

10:00 O Annual EAF Check

Last Day To RSVP for

Sunday Outing

10:00 😲 Free Friday Vital

[FS]

9:00 - Senior Stretches Video

Helpers [LB32]

10:30 O Trivia Challenge in the

Nelson [L]

1:30 * Arts and Crafts ~

7:00 Timeless Cinema:

1h 55m [T]

3:00 **+ \$1 Bingo [GR]**

Checks with Senior

Library with Larry

Make Your Own

Holiday Tote Bag

Little Women PG 1994

Family/Romance

Saturday

Weights with

9:45 ← Chair Yoga with Heidi [FS]

Fellowship: David

May Not Know [L]

Walker Preserve Trail

10:00 & Walking on Sunshine to:

1:00
Saturday Social: Eggnog

6:30 A Games in the Game Room

Heidi [FS]

Heidi [FS]

9:45 ← Chair Yoga with

Lakes

11:30 Left, Right, Center

1:00 P Saturday Social:

2:00 A Nickel Blackjack

3:00 A Scrabble Game [FS]

6:30 Games in the Game

Room [GR]

Heidi [FS]

Heidi [FS]

9:45 - Chair Yoga with

9:00 **← Exercise &**

10:00 ♥ Walking on

Park

11:30 Left, Right, Center

1:00 P Saturday Social:

2:00 h Nickel Blackjack

3:00 A Scrabble Game [FS]

6:30 Games in the Game

Room [GR]

Exercise & 13

Sunshine to: Santee

Dice Game [GR]

Eggnog & Tunes [V]

Exercise & 20 Weights with

Sunshine to: Mast

Dice Game [GR]

Eggnog & Tunes [V]

Game [GR]

& Tunes [V]

2:00 A Nickel Blackjack [GR]

3:00 A Scrabble Game [FS]

9:00 **→** Exercise &

Jeremiah's ~The God You

10:00 † Men & Women's Christian

Heidi [FS]

9:00 ↔ Exercise &

December At The Pointe December At The Pointe

DECEMBER Birthdays NANCY AXFORD 12/04 JOANNE HOLDERER 12/12 MAXINE ODEN 12/15 SHARON LAY 12/21 MINDY BARLOW 12/25 SUSAN TAYLOR 12/27 GLEN FARBER 12/27 LINDA TODD 12/29

LOCATION KEY

LP-1st Floor Lobby Pointe LB32- 2nd Floor Latitude 32 Bar V-2nd Floor Veranda Dining TD-2nd Floor Terrazza Dining FS-2nd Floor Fitness Studio G2-2nd Floor Garden PDP-Pool Deck Patio 3C-3rd Floor Garden Courtyard GR-3rd Floor Game Room LL/P-3rd Floor Lantern Links T-3rd Floor Theater FR4-4th Floor Fitness Studio L-4th Floor Library AC-4th Floor Arts/Crafts Room TDP-Terrazza Dining Patio

Sunday

Happy Birthday Sharon Last Day To RSVP for Tuesday

- 8:00 * Guardian Angels Catholic
- Church [LP] 8:15 Shadow Mountain Churc Drive [LP]
- 9:00 * Sunday Morning Church Service with Pastor Bill [CH]
- 10:15 🕆 Shadow Mountain Churcl Drive #2
- 12:30 A Bridge Club [FS]
- 1:00 Sunday Documentary~ IMPOSSIBLE PLACES: The Most Extreme **Homes on Earth**
- 2:30 👬 \$1 Bingo [GR]
- 5:30 Games with Friends [GR]

Monday All Staff Meeting: No

- **Doctor Appointments** After 12pm
- 9:00 → Exercise Video Class
- 10:00 P Coffee, Cookies & Conversations [LP] 10:30 🞵 Learn Line Dancing [L]
- 10:45 😲 Happy Hearts Walking Club

- **Christmas Songs" [T]** 2:00 A Resident Led Nickel Blackjack [GR]
- 3:00 A Mexican Train [GR] 4:30 🞜 Evening Piano Music

Tuesday

- 9:15 † St. Kieran's Communion 23 Service [CH]
- 9:30 Balance & Stability Class with Karl [FS]
- 10:30 🖈 Outing to: Vieias Casino [LP]
- 3:00 A Bingo [GR]
- 3:00 P You're Not Alone --**Family-Caregivers Support Group [L]**
- 4:00 O Technology Help in **Activities Office**
- 6:00 A Games with Friends **GR**

Christmas Eve Spirit Wednesday ~ Wear **Your Christmas Sweater**

Wednesday

- 9:15 V Happy Hearts Walking
- 1:00 🧖 Christmas Happy Hour & Ugly Sweater **Contest With Fireball** Express [LB32]
- 2:15 Movie Matinee: Four **Christmases PG-13** 2008 · Comedy/ Romance 1h 28m
- 4:00
 Christmas Eve Plated Meal (4pm to 7pm)
- 6:00 A Games with Friends [GR]

Thursday

Christmas Day Happy Birthday Mindy Barlow!! Terrazza Dining Room Open for

- Breakfast: Closed After 10:30am: To Gos from 2pm - 3pm; Closed at 3:pm for the Day
- 10:30
 Christmas Cookies and Hot Cocoa by The Fireplace
- 1:00 * Christmas Day Brunch [TD] 12:00 👺 Christmas Day Movie
- Marathon: Miracle on 34th Street PG 1994 · Family/ Comedy · 1h 54m
- 2:00 P Christmas Day Movie Marathon: A Christmas Story PG 1983 · Family/Comedy · 1h 34m
- 3:00 A Cribbage [FS] 6:00 A Games with Friends [GR]

Last Day To RSVP for **Sunday Outing**

9:00 → Senior Stretches Video Taylor!!!!

Friday

- 10:00 약 Free Friday Vital **Checks with Senior** Helpers [LB32]
- 10:30 O Trivia Challenge in the **Library with Larry** Nelson [L] 1:30 * Arts and Crafts ~
- **Holiday Door Knob** Wreath
- 3:00 **h** \$1 Bingo [GR]
- 7:00 Timeless Cinema: The **Apartment Not Rated** 1960 · Comedy/ Romance 2h 5m [T]

Happy Birthday Glen

Saturday

- Farber & Susan
- 9:00 ← Exercise & Weights with Heidi [FS] 9:45 + Chair Yoga with
- Heidi [FS] 11:30 h Left, Right, Center
- Dice Game [GR] 1:00 P Saturday Social:
- Eggnog & Tunes [V] 2:00 h Nickel Blackjack
- 3:00 A Scrabble Game [FS]
- 6:30 A Games in the Game Room [GR]

Last Day To RSVP for **Fuesday Outing**

- 8:00 # Guardian Angels Catholic Church [LP]
- 8:15 Thadow Mountain Church **Drive** [LP]
- ★ Sunday Morning Church Service with Pastor Bill
- 10:15 🕆 Shadow Mountain Church Drive #2 ★ Sunday Run to: Trader
- Joe's Santee 2:30 A Bridge Club [FS]
- :00 Sunday Documentary~ **Hidden Wonders of India** You Never Knew Existed
- 2:30 A \$1 Bingo [GR]
- 5:30 Games with Friends [GR]

9:00 → Exercise Video Class

- [FS] 10:00
 Coffee, Cookies & Conversations [LP]
- 10:30 🞵 Learn Line Dancing
- **10:45** ♥ Happy Hearts **Walking Club** 2:00 O Dining Committee
- Meeting [BPD] 2:00 h Nickel Blackiack
- 3:00 in Mexican Train [GR] 4:30 Evening Piano

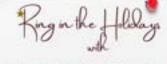
Music [TD]

Happy Birthday Mary Jenkins!!

- 9:30 **↔** Balance & **Stability Class** with Karl [FS]
- 12:30 **\Discrete Lunch Outing to:** Garbatella Italiano
- 1:30 **9** Paint & Sip Art Class
- 3:00 **A** Bingo [GR]
- 4:00 O Technology Help in **Activities Office**
- 6:00 A Games with Friends [GR]

New Year's Eve 9:15 ♀ Happy

- **Hearts Walking** Club
- **12:30 №** Movie Matinee: **Royal New Year's** Eve G 2017 · Romance/Comedy · 1h 24m [T]
- 4:00 * New Year's Eve Platter Meal (4pm to 7pm) [TD]
- 7:30 New Year's Eve Celebration ~Ring in 2026 with Alli & Eddie [TD]



CATCHERS THURSDAY 11TH @ 4PM POINTE THEATER

CALIFORNIA NOTE



sparkling countdown to the New Year. New Years Eve Party alli & Eddie

Ring in 2026 with Style

for an elegant evening filled with music, laughter, and

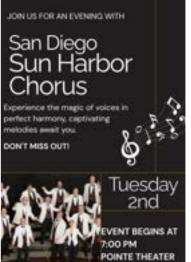
**** HOLIDAY CHRISTMAS SHOW THE MALT SHOP GIRLS AND COMPANY It takes two











DOCTORS APPTS.

Monday-Friday

9am-3pm

9 AM-1 PM for Appts Further than 15 Miles

Transportation request forms available at the front desk

Submit completed forms to front desk a minimum 48 hours before your planned trip.

Transportation Number (619)905-3061

No transportation after 12pm on the 22nd of each Month.

(the date may vary; please check the calendar every month)