



Monday

Tuesday Maritza Aquirre Life Enrichment Director At The Ridge 800 Lantern Crest Way Santee, Ca 92071 619-258-8886 Maritza.aguirre@ lanterncrest.com

Wednesday JANUARY 2026 SEARCH FOR THE CHAMPAGNE BOTTLE TAKE A WALK, JODN A FRIEND WHEN YOU FIND THE CHAMPAGNE BOTTLE LANE YOUR NAME AT THE RIDGE FRONT DESK.

Friday Thursday Happy Birthday "Kirk W."

> Take a walk and find "Champagne **Bottle**

9:45 Daily Chronicle & Word Search 10:00 Balloon Volleyball Game [MDR]

11:00 1:1 Resident visits

11:00 1:1 Visits with Ray Pathman from "Our Lady of Perpetual Help" Cathol

1:00 Movie & Popcorn "Finding Neverland" [RT]

1:30 Kings in the Corner Card Game "Sports Lounge"

1:30 Remember When Social with Damor

2:00 LOVE ON A LEASH

3:00 Bingo for Tickets [AC]

4:45 Happy Hour with "DOUBLE TAKE" **Coronado Dining** 

5:00 Enjoy a Game with Friends at the "Sports Lounge" Self Lead Activity Take a walk and find "Champagne Bottle '

Saturday

9:45 Daily Chronicle & Word Search

10:00 Upper Body Weight Training [L1]

10:30 **UNO Game [L1]** 

11:00 1:1 Resident visits

1:00 Cover the Number Game [L1]

1:30 Kings in the Corner Card Game "Sports Lounge"

2:00 Trivia Game [L1]

3:00 Bocce Ball [L1]

5:00 Enjoy a Game with Friends at the "Sports Lounge" Self Lead **Activity** 

Take a walk and find "Champagne Bottle " 9:45 Daily Chronicle & Word

Search 10:00 Trip to Walmart or Target

10:15 Love on a Leash [L1]

11:00 1:1 Resident visits

1:00 Sunday Matinee "Romancing the Stone" [RT]

1:30 Kings in the Corner Card Game "Sports Lounge"

2:30 Exercise Class with Maritza [L1]

3:00 Mexican Train Game [L1]

5:00 Enjoy a Game with Friends at the "Sports Lounge" Self Lead **Activity** 

Take a walk and find "Champagne Bottle

9:45 Daily Chronicle & Word Search

10:00 Stretch & Cycling with Maritza [MDR]

10:30 Bible Study & Hymns w/ Pastor **Bob** [L1]

11:00 **1:1 Resident visits** 

1:00 Baking Sweets & Calendar Planning with Maritza [LCK]

1:30 Kings in the Corner Card Game "Sports Lounge"

2:30 Bingo for Tickets [AC]

2:30 Glee Club [MDR]

5:00 Enjoy a Game with Friends at the "Sports Lounge" Self Lead Activity

Take a walk and find "Champagne Bottle '

9:20 St. Kieran's Church Communion with Gina [RT]

9:45 Daily Chronicle & Word Search

10:00 Balloon Volleyball -CD 10:00 You Be The Judge [L1]

11:00 1:1 Resident visits

1:30 Coffee Bar with "Variety of Torani Flavored Syrup" [L1]

1:30 Kings in the Corner Card Game <u> "Sports Lounge"</u>

1:30 Three Kings Day Celebration with

2:00 Trivia Game [L1]

2:30 Polish & Pamper with Aurora [AC]

3:00 Axe Throwing Games [L1] 4:30 Happy Hour with "BLUE ZONE" [MDR

5:00 Enjoy a Game with Friends at the "Sports Lounge" Self Lead Activity Take a walk and find "Champagne Bottle

8:00 Daily Bread Reading with Damon

9:45 Daily Chronicle & Word Search

10:15 Stretch & Strength with Angie from Mobile Therapy [CD]

11:00 1:1 Resident visits

1:30 Gospel Music with "STEVE & DIANE"

1:30 Kings in the Corner Card Game "Sports Lounge"

2:30 Baking Goodies with "Aurora" [LCK]

2:30 Bingo for Tickets [AC]

2:30 Midweek Matinee "Top 10 Movies on Netflix" [RT]

3:30 Art Room Cleaning

4:30 Wine Down Wednesday

5:00 Enjoy a Game with Friends at the "Sports Lounge" Self Lead Activity

Chef's Corner 11:30-12:30pm Take a walk and find "Champagne Bottle

Lounge" Self Lead Activity

Happy Birthday "Jesus B. & Eileen B."

Happy New Year's

9:45 Daily Chronicle & Word Search

1:00 Displaying New Year's Resolution

1:30 Kings in the Corner Card Game "Sports

1:30 New Year's Celebration with "TONY

4:30 Piano Music with "TREVOR GIBSON"

5:00 Eniov a Game with Friends at the "Sports

Balloons on The Balcony

1:30 Bridge Game with Friends [CR]

Red Warriors [L1]

11:00 1:1 Resident visits

Lounge'

2:30 Scenic Drive

Take a walk and find "Champagne Bottle "

10:00 Bocce Ball Is Back! Green Machine vs

9:45 Daily Chronicle & Word Search

10:00 Bocce Ball Is Back! Green Machine vs Red Warriors [L1]

10:00 Crafting "Scented Pinecones" [AC]

11:00 1:1 Resident visits

1:00 Healthy Fruit Smoothies [L1]

1:30 Bridge Game with Friends "Sport Lounge' 1:30 Kings in the Corner Card Game

"Sports Lounge

1:30 Trivia Game [L1]

2:30 Scenic Drive

4:30 Happy Hour with "FIRST STRING BAND"-CD

4:30 Piano Music with "TREVOR GIBSON

Take a walk and find "Champagne **Bottle** 

10:00 Weights & Cycling with Damon [L1]

11:00 1:1 Resident visits

11:00 1:1 Visits with Ray Pathman from

1:00 Movie & Popcorn "Amazing Grace"

"Sports Lounge"

1:30 Remember When Social with Damor

"Sports Lounge" Self Lead Activity

Take a walk and find "Champagne Bottle '

Q

9:45 Daily Chronicle & Word Search

10:00 Upper Body Weight Training [L1]

10:30 **UNO Game [L1]** 

11:00 1:1 Resident visits

1:00 Cover the Number Game [L1]

1:30 Kings in the Corner Card Game "Sports Lounge"

2:00 Trivia Game [L1]

the "Sports Lounge" Self Lead

## "Champagne Bottle"

Search

10:00 Trip to Walmart or Target

11:00 **1:1 Resident visits** 

1:30 Kings in the Corner Card

2:30 Exercise Class with Maritza [L1]

3:00 Mexican Train Game [L1]

5:00 Enjoy a Game with Friends at the "Sports Lounge" Self **Lead Activity** 

Take a walk and find "Champagne Bottle '

9:45 Daily Chronicle & Word Search

10:00 Stretch & Cycling with Maritza [MDR]

Bob [L1]

11:00 **1:1 Resident visits** 

1:00 Baking Sweets & Calendar Planning with Maritza [LCK]

1:30 Kings in the Corner Card Game <u> "Sports Lounge"</u>

2:30 Bingo for Tickets [AC]

2:30 Glee Club [MDR]

5:00 Enjoy a Game with Friends at the "Sports Lounge" Self Lead Activity

Take a walk and find "Champagne Bottle"

9:45 Daily Chronicle & Word Search

10:00 Weights & Cycling with Damon [L1]

10:00 You Be The Judge [L1] 10:30 Cover the Number Game

11:00 1:1 Resident visits

1:30 Board Games with "Aurora" [CR] 1:30 Coffee Bar with "Variety of Torani Flavored Syrup" [L1]

1:30 Kings in the Corner Card Game "Sports Lounge

2:00 Trivia Game [L1]

3:00 Resident Council Meeting [CD]

4:30 Happy Hour & Welcoming New Residents with "FIREBALL XPRESS"

5:00 Enjoy a Game with Friends at the "Sports Lounge" Self Lead Activity Happy Birthday "Judith G."

<u>rit Wednesday "Cozy Cardiga</u>

9:45 Daily Chronicle & Word Search

10:15 Stretch & Strength with Angie from

11:00 1:1 Resident visits

1:30 Kings in the Corner Card Game

2:00 Cozy Tea Party "Sponsored by A Better Solution" Raul Corral [CD]

2:30 Midweek Matinee "Top 10 Movies on

4:30 Wine Down Wednesday

5:00 Enjoy a Game with Friends at the "Sports Lounge" Self Lead Activity

5:00 Enjoy a Game with Friends at the "Sports Lounge" Self Lead Activity

Happy Birthday "Patricia F" Take a walk and find "Champagne

10:00 Bocce Ball Is Back! Green Machine vs

10:00 Crafting "Glitter Branches Centerpieces

1:30 Bridge Game with Friends [CR] 1:30 Kings in the Corner Card Game "Sports

1:30 Trivia Game [L1]

2:30 Scenic Drive

9:45 Daily Chronicle & Word Search

10:30 Horse Racing Game [L1]

"Our Lady of Perpetual Help" Catho

1:30 Kings in the Corner Card Game

2:00 LOVE ON A LEASH 3:00 Bingo for Tickets [AC]

5:00 Enjoy a Game with Friends at the

3:00 Bocce Ball [L1]

5:00 Enjoy a Game with Friends at **Activity** 

## Take a walk and find

9:45 Daily Chronicle & Word

1:00 Sunday Matinee "The Notebook" [RT]

**Game "Sports Lounge"** 

10:30 Bible Study & Hymns w/ Pastor

Take a walk and find "Champagne Bottle

8:00 Daily Bread Reading with Damon

Mobile Therapy [CD]

1:00 Bingo for Tickets [AC]

"Sports Lounge"

Netflix" [RT]

Bottle 9:45 Daily Chronicle & Word Search

Red Warriors [L1]

11:00 1:1 Resident visits 1:00 Healthy Fruit Smoothies [L1]

Lounge'

4:30 Happy Hour with "LUKE ANDREEN" -CD 4:30 Piano Music with "TREVOR GIBSON"

5:00 Enjoy a Game with Friends at the "Sports Lounge" Self Lead Activity

Take a walk and find "Champagne 16

9:45 Daily Chronicle & Word Search 10:00 Balloon Volleyball Game [MDR]

11:00 1:1 Resident visits

11:00 1:1 Visits with Ray Pathman from "Our Lady of Perpetual Help" Catholi 1:00 Movie & Popcorn "Catch Me If You

Can" [RT] 1:30 Kings in the Corner Card Game "Sports Lounge"

1:30 Remember When Social with Damor

"Sports Lounge" Self Lead Activity

2:00 LOVE ON A LEASH 3:00 Bingo for Tickets [AC] 5:00 Enjoy a Game with Friends at the Take a walk and find "Champagne Bottle"

9:45 Daily Chronicle & Word Search 10:00 Upper Body Weight Training

[L1] 10:30 **UNO Game [L1]** 

11:00 1:1 Resident visits 1:00 Cover the Number Game [L1]

1:30 Kings in the Corner Card Game "Sports Lounge"

2:00 Trivia Game [L1] 3:00 Bocce Ball [L1]

5:00 Enjoy a Game with Friends at the "Sports Lounge" Self Lead Activity

# January AL at The Ridge

#### Sunday Take a walk and find

- "Champagne Bottle ' 9:45 Daily Chronicle & Word Search
- 10:00 Trip to Walmart or Target
- 10:15 LOVE ON A LEASH
- 11:00 1:1 Resident visits
- 1:00 Sunday Matinee "Runaway Bride" [RT]
- 1:30 January Concert with "LILIA ROSE" [MDR]
- 1:30 Kings in the Corner Card **Game "Sports Lounge"**
- 3:00 Mexican Train Game [L1]
- 5:00 Enjoy a Game with Friends at the "Sports Lounge" Self Lead Activity

#### Monday Martin Luther King JR Day Take a walk and find

- "Champagne Bottle " 9:45 Daily Chronicle & Word Search
- 10:00 Stretch & Cycling with Maritza [MDR]
- 10:30 Bible Study & Hymns w/ Pastor Bob [L1]
- 11:00 **1:1 Resident visits**
- 1:00 Baking Sweets & Calendar Planning with Maritza [LCK]
- 1:30 Kings in the Corner Card Game <u> "Sports Lounge"</u>
- 2:30 Bingo for Tickets [AC]
- 2:30 Glee Club [MDR]
- 5:00 Enjoy a Game with Friends at the "Sports Lounge" Self Lead Activity

## Tuesday Take a walk and find "Champagne 20

- 9:20 St. Kieran's Church **Communion with Gina**
- 9:45 Daily Chronicle & Word Search
- 10:00 Balloon Volleyball -CD
- 10:00 You Be The Judge [L1] 11:00 1:1 Resident visits
- 1:30 Board Games with "Aurora" [CR]
- 1:30 Coffee Bar with "Variety of Torani Flavored Syrup" [L1]
- 1:30 Kings in the Corner Card Game "Sports Lounge"
- 2:00 Trivia Game [L1]
- 2:30 Polish & Pamper with Aurora [AC]
- 3:00 Basketball Game [L1] 4:30 Happy Hour With "THE
- <u>SOPHISTICATS" [MDR]</u> 5:00 Enjoy a Game with Friends at the "Sports Lounge" Self Lead Activity

## Take a walk and find "Champagne

Wednesday

- 8:00 Daily Bread Reading with Damon
- 9:45 Daily Chronicle & Word Search 10:15 Stretch & Strength with Angle from Mobile Therapy [CD]
- 11:00 1:1 Resident visits
- 1:15 January Concert with "DOUBLE TAKE" ILCKI
- 1:30 Kings in the Corner Card Game "Sports Lounge"
- 2:30 Midweek Matinee "Top 10 Movies on Netflix" [RT]
- 3:00 Bingo for Tickets [AC]
- 3:00 Men's Group with Damon [L1]
- 4:30 Wine Down Wednesday
- 5:00 Enjoy a Game with Friends at the "Sports Lounge" Self Lead Activity

#### Chef's Corner 11:30-12:30pm Take a walk and find "Champagne

- Bottle " 9:45 Daily Chronicle & Word Search
- 10:00 Bocce Ball Is Back! Green Machine vs Red Warriors [L1]

Thursday

- 10:00 Crafting "Popsicle Sticks Snowflakes"
- 11:00 1:1 Resident visits
- 1:00 Trivia Game [L1]
- 1:30 Bridge Game with Friends [CR]
- 1:30 Kings in the Corner Card Game "Sports Lounge'
- 1:30 Now Showing "Fireproof"
- 3:30 Desserts Before Dinner [L1]
- 4:30 Happy Hour with "SUNSHINE GANG BAND"-CD
- 4:30 Piano Music with "TREVOR GIBSON"
- 5:00 Enjoy a Game with Friends at the "Sports Lounge" Self Lead Activity

## Friday

#### Happy Birthday "JoAnn F." Take a walk and find "Champagne **Bottle**

- 9:45 Daily Chronicle & Word Search
- 10:00 Weights & Cycling with Damon [L1]
- 10:30 Horse Racing Game [L1]
- 11:00 1:1 Resident visits
- 11:00 1:1 Visits with Ray Pathman from "Our Lady of Perpetual Help" Catholi
- 1:00 Movie & Popcorn "Footlight Parade"
- 1:30 Kings in the Corner Card Game "Sports Lounge'
- 1:30 Remember When Social with Damor
- 2:00 LOVE ON A LEASH
- 3:00 Bingo for Tickets [AC]
- 5:00 Enjoy a Game with Friends at the "Sports Lounge" Self Lead Activity

#### Take a walk and find "Champagne Bottle '

Saturday

- 9:45 Daily Chronicle & Word Search
- 10:00 Upper Body Weight Training [L1]
- 10:30 **UNO Game [L1]**
- 11:00 1:1 Resident visits
- 1:00 Cover the Number Game [L1]
- 1:30 Kings in the Corner Card Game "Sports Lounge"
- 2:00 Trivia Game [L1]
- 3:00 Bocce Ball [L1]
- 5:00 Enjoy a Game with Friends at the "Sports Lounge" Self Lead **Activity**

#### Take a walk and find "Champagne Bottle '

- 9:45 Daily Chronicle & Word Search
- 10:00 Trip to Walmart or Target
- 11:00 1:1 Resident visits 1:00 Sunday Matinee "42nd Street" [RT]
- 1:30 Kings in the Corner Card Game "Sports Lounge"
- 2:30 Exercise Class with Maritza [L1]
- 3:00 Mexican Train Game [L1]
- 3:00 St. Columba Church Service with **Bill Bixby**
- 5:00 Enjoy a Game with Friends at the "Sports Lounge" Self Lead **Activity**

## Take a walk and find

- [MDR]
- 10:30 Bible Study & Hymns w/ Pastor
- 11:00 1:1 Resident visits
- 1:00 Baking Sweets & Calendar
- 1:30 Kings in the Corner Card Game "Sports Lounge"

"Sports Lounge" Self Lead

5:00 Enjoy a Game with Friends at the

- 26 "Champagne Bottle ' 9:45 Daily Chronicle & Word Search
- 10:00 Stretch & Cycling with Maritza
- **Bob** [L1]

- Planning with Maritza [LCK]
- 2:30 Bingo for Tickets [AC]
- 2:30 Glee Club [MDR]

Activity

#### Happy Birthday "Leslie B." Take a walk and find "Champagne

- Bottle 9:45 Daily Chronicle & Word Search
- 10:00 Weights & Cycling with Damon [L1] 10:00 You Be The Judge [L1]
- 11:00 1:1 Resident visits
- 1:30 Board Games with "Aurora" [CR]
- 1:30 Coffee Bar with "Variety of Torani Flavored Syrup" [L1]
- 1:30 Kings in the Corner Card Game "Sports Lounge"
- 2:00 Trivia Game [L1]
- 2:30 Polish & Pamper with Aurora [AC]

Sponsored by "Mission Hispice"

- 3:00 Axe Throwing Games [L1] 4:30 Happy Hour & Birthday Celebration with "BROWN SUGAR OLDIES" Cakes
- 5:00 Enjoy a Game with Friends at the "Sports Lounge" Self Lead Activity

#### Spirit Wednesday "Cozy Cardigans" 🥎 🔘 Take a walk and find "Champagne Bottle

- 8:00 Daily Bread Reading with Damon
- 9:45 Daily Chronicle & Word Search
- 10:15 Stretch & Strength with Angie from Mobile Therapy [CD]
- 11:00 1:1 Resident visits
- 1:00 Baking Goodies with "Aurora"
- 1:00 Bingo for Tickets [AC]
- 1:30 Kings in the Corner Card Game "Sports Lounge"
- 2:30 Let's Get Crafty! [AC]
- 2:30 Midweek Matinee "Top 10 Movies on Netflix" [RT]
- 4:30 Wine Down Wednesday
- 5:00 Enjoy a Game with Friends at the "Sports Lounge" Self Lead Activity

#### **Chef's Corner 11:30-12:30pm** Take a walk and find "Champagne Bottle

- 9:45 Daily Chronicle & Word Search 10:00 Bocce Ball Is Back! Green Machine
- vs Red Warriors [L1] 10:00 Crafting "Painting Wood Coasters"
- 11:00 1:1 Resident visits
- 1:00 Healthy Fruit Smoothies [L1]
- 1:30 Bridge Game with Friends [CR] 1:30 Kings in the Corner Card Game
- "Sports Lounge 1:30 Trivia Game [L1]
- 2:30 Scenic Drive 4:30 Happy Hour with "FIREBALL XPRESS" -CD
- 4:30 Piano Music with "TREVOR GIBSON" 5:00 Enjoy a Game with Friends at the

"Sports Lounge" Self Lead Activity

### Take a walk and find "Champagne Bottle" 9:45 Daily Chronicle & Word

- 11:00 1:1 Resident visits
- "Our Lady of Perpetual Help" Cathol
- 1:00 Movie & Popcorn "Gold Diggers of 1937" [RT]
- 1:30 Kings in the Corner Card Game "Sports Lounge"
- 1:30 Remember When Social with Damor 2:00 LOVE ON A LEASH
- 3:00 Bingo for Tickets [AC] 5:00 Enjoy a Game with Friends at the "Sports Lounge" Self Lead Activity

#### Happy Birthday "Jacquenne W." 7 Take a walk and find "Champagne Bottle '

- 9:45 Daily Chronicle & Word Search
- 10:00 Upper Body Weight Training [L1] 10:30 UNO Game [L1]
- 11:00 **1:1 Resident visits** 1:00 Cover the Number Game [L1]
- 1:30 Kings in the Corner Card Game "Sports Lounge"
- 2:00 Trivia Game [L1]
- 3:00 Bocce Ball [L1] 5:00 Enjoy a Game with Friends at the "Sports Lounge" Self Lead Activity





## Resident Birthdays

fesus B. Eileen B Judith G. 1/15 Patricia I 1/23 JoAnn F. 1/27Leslie B 1/3 Jacquenne W



**L1** - Lounge 1

CR - Card Room MDR - Montecito Dining Room

AC - Art & Craft RT - Ridge Theater

> Kitchen **BISR** - Bistro

LCK - Lantern Crest

**CD** - Coronado Dining



## Search 10:00 Balloon Volleyball Game [MDR] 11:00 1:1 Visits with Ray Pathman from