

February AL at The Ridge						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>Take a walk and find "Lunar New Year Horse" 1</div> <div>9:45 Daily Chronicle & Word Search</div> <div>10:00 Trip to Walmart or Target</div> <div>10:15 LOVE ON A LEASH</div> <div>11:00 1:1 Resident visits</div> <div>1:00 Sunday Matinee "How to Lose A Guy in 10 Days" [RT]</div> <div>1:30 Kings in the Corner Card Game "Sports Lounge"</div> <div>2:30 Exercise Class with Maritza [L1]</div> <div>3:00 Mexican Train Game [L1]</div> <div>5:00 Enjoy a Game with Friends at the "Sports Lounge" Self Lead Activity</div>	<div>Groundhog Day 2</div> <div>Take a walk and find "Lunar New Year Horse"</div> <div>9:45 Daily Chronicle & Word Search</div> <div>10:00 Stretch & Cycling with Maritza [MDR]</div> <div>10:30 Bible Study & Hymns w/ Pastor Bob [L1]</div> <div>11:00 1:1 Resident visits</div> <div>1:00 Baking Sweets & Calendar Planning with Maritza [LCK]</div> <div>1:30 Kings in the Corner Card Game "Sports Lounge"</div> <div>2:30 Bingo for Tickets [AC]</div> <div>5:00 Enjoy a Game with Friends at the "Sports Lounge" Self Lead Activity</div>	<div>Take a walk and find "Lunar New Year Horse" 3</div> <div>9:20 St. Kieran's Church Communion with Gina</div> <div>9:45 Daily Chronicle & Word Search</div> <div>10:00 Balloon Volleyball with Damon "CD"</div> <div>10:00 Reading & Reminiscing "library"</div> <div>10:30 You Be The Judge "library"</div> <div>11:00 1:1 Resident visits</div> <div>1:30 Carrot Cake Day! [L1]</div> <div>1:30 Coffee Bar with "Variety of Torani Flavored Syrup" [L1]</div> <div>1:30 Kings in the Corner Card Game "Sports Lounge"</div> <div>2:00 Trivia Game [L1]</div> <div>2:30 Polish & Pamper with Aurora [AC]</div> <div>3:00 Axe Throwing Games [L1]</div> <div>4:30 Happy Hour with "BLUE ZONE BAND" [MDR]</div> <div>5:00 Enjoy a Game with Friends at the "Sports Lounge" Self Lead Activity</div>	<div>Spirit Wednesday "Wear Red National Heart Month" 4</div> <div>Take a walk and find "Lunar New Year Horse"</div> <div>8:00 Daily Bread Reading with Damon</div> <div>9:45 Daily Chronicle & Word Search</div> <div>10:15 Stretch & Strength with Angie from Mobile Therapy [CD]</div> <div>11:00 1:1 Resident visits</div> <div>1:00 Baking with Aurora [LCK]</div> <div>1:00 Bingo for Tickets [AC]</div> <div>1:30 Kings in the Corner Card Game "Sports Lounge"</div> <div>2:30 Let's Get Crafty! Valentine's Card Making [AC]</div> <div>2:30 Midweek Matinee "Top 10 Movies on Netflix" [RT]</div> <div>3:30 Craft Room Clean Up</div> <div>4:30 Wine Down Wednesday</div> <div>5:00 Enjoy a Game with Friends at the "Sports Lounge" Self Lead Activity</div>	<div>Chef's Corner 11:30-12:30pm 5</div> <div>Take a walk and find "Lunar New Year Horse"</div> <div>9:45 Daily Chronicle & Word Search</div> <div>10:00 Bocce Ball Is Back! Green Machine vs Red Warriors [L1]</div> <div>10:00 Crafting "Positive Affirmation Rocks" [AC]</div> <div>11:00 1:1 Resident visits</div> <div>11:30 VETERANS LUNCHEON with Derrik from "Cabrillo Hospice" Coronado Dining</div> <div>1:00 Decorating Sugar Cookies [L1]</div> <div>1:30 Kings in the Corner Card Game "Sports Lounge"</div> <div>2:00 Trivia Game [L1]</div> <div>2:30 Scenic Drive</div> <div>4:30 Piano Music with "TREVOR GIBSON" [MDR]</div> <div>5:00 Enjoy a Game with Friends at the "Sports Lounge" Self Lead Activity</div>	<div>Take a walk and find "Lunar New Year Horse" 6</div> <div>Winter Olympics Starts</div> <div>9:45 Daily Chronicle & Word Search</div> <div>10:00 Weights & Cycling with Damon [L1]</div> <div>10:30 Horse Racing Game [L1]</div> <div>11:00 1:1 Resident visits</div> <div>11:00 1:1 Visits with Ray Pathman from "Our Lady of Perpetual Help" Catholic</div> <div>1:00 Movie & Popcorn "AVATAR" [RT]</div> <div>1:30 Kings in the Corner Card Game "Sports Lounge"</div> <div>1:30 Remember When Social with Damon [BISR]</div> <div>2:00 LOVE ON A LEASH</div> <div>3:00 Bingo for Tickets [AC]</div> <div>4:45 Happy Hour with "DOUBLE TAKE" CD</div> <div>5:00 Enjoy a Game with Friends at the "Sports Lounge" Self Lead Activity</div>	<div>Take a walk and find "Lunar New Year Horse" 7</div> <div>9:45 Daily Chronicle & Word Search</div> <div>10:00 Upper Body Weight Training [L1]</div> <div>10:30 UNO Game [L1]</div> <div>11:00 1:1 Resident visits</div> <div>1:00 Ice Cream Sandwiches</div> <div>1:30 Cover the Number Game [L1]</div> <div>1:30 Kings in the Corner Card Game "Sports Lounge"</div> <div>2:00 Trivia Game [L1]</div> <div>3:00 Balloon Volleyball Game [L1]</div> <div>5:00 Enjoy a Game with Friends at the "Sports Lounge" Self Lead Activity</div>
<div>Super Bowl LX 8</div> <div>Take a walk and find "Lunar New Year Horse"</div> <div>9:45 Daily Chronicle & Word Search</div> <div>10:00 Trip to Walmart or Target</div> <div>11:00 1:1 Resident visits</div> <div>1:30 Kings in the Corner Card Game "Sports Lounge"</div> <div>3:00 Super Bowl LX "60" [RT]</div> <div>5:00 Enjoy a Game with Friends at the "Sports Lounge" Self Lead Activity</div>	<div>Take a walk and find "Lunar New Year Horse" 9</div> <div>9:45 Daily Chronicle & Word Search</div> <div>10:00 Stretch & Cycling with Maritza [MDR]</div> <div>10:30 Bible Study & Hymns w/ Pastor Bob [L1]</div> <div>11:00 1:1 Resident visits</div> <div>1:00 Baking Sweets & Calendar Planning with Maritza [LCK]</div> <div>1:30 Kings in the Corner Card Game "Sports Lounge"</div> <div>2:30 Bingo for Tickets [AC]</div> <div>5:00 Enjoy a Game with Friends at the "Sports Lounge" Self Lead Activity</div>	<div>Take a walk and find "Lunar New Year Horse" 10</div> <div>9:45 Daily Chronicle & Word Search</div> <div>10:00 Reading & Reminiscing "library"</div> <div>10:00 Weights & Cycling with Damon [L1]</div> <div>10:30 Cover the Number Game with Damon [L1]</div> <div>10:30 You Be The Judge "library"</div> <div>11:00 1:1 Resident visits</div> <div>12:00 MARY KAY Valentine's Day Sale "Ridge Lobby"</div> <div>1:00 ""PARKWAY PLAZA" Mall Walk with Aurora</div> <div>1:30 Coffee Bar with "Variety of Torani Flavored Syrup" [L1]</div> <div>1:30 Kings in the Corner Card Game "Sports Lounge"</div> <div>2:00 Trivia Game [L1]</div> <div>3:00 Resident Council Meeting [CD]</div> <div>4:30 Happy Hour & Welcome New Residents with "FIREBALL XPRESS" [MDR]</div> <div>5:00 Enjoy a Game with Friends at the "Sports Lounge" Self Lead Activity</div>	<div>Happy Birthday Stanley N. & Howard L. 11</div> <div>Spirit Wednesday "Wear Red National Heart Month"</div> <div>Take a walk and find "Lunar New Year Horse"</div> <div>8:00 Daily Bread Reading with Damon</div> <div>9:45 Daily Chronicle & Word Search</div> <div>10:15 Stretch & Strength with Angie from Mobile Therapy [CD]</div> <div>11:00 1:1 Resident visits</div> <div>1:30 Celebration of LOVE with "MIKE & MANDY" [MDR]</div> <div>1:30 Kings in the Corner Card Game "Sports Lounge"</div> <div>2:30 Midweek Matinee "Top 10 Movies on Netflix" [RT]</div> <div>3:00 Bingo for Tickets [AC]</div> <div>4:30 Wine Down Wednesday</div> <div>5:00 Enjoy a Game with Friends at the "Sports Lounge" Self Lead Activity</div>	<div>Chef's Corner 11:30-12:30pm 12</div> <div>Take a walk and find "Lunar New Year Horse"</div> <div>9:45 Daily Chronicle & Word Search</div> <div>10:00 Bocce Ball Is Back! Green Machine vs Red Warriors [L1]</div> <div>10:00 Making Valentine Treats [L1]</div> <div>11:00 1:1 Resident visits</div> <div>12:30 Valentine's Photo Booth & BoBa Tea Sponsored by "ANCHOR Hospice" Ridge Lobby</div> <div>1:30 Kings in the Corner Card Game "Sports Lounge"</div> <div>1:30 Valentine's Show with "SYLVIA" [MDR]</div> <div>2:30 Scenic Drive</div> <div>4:30 Happy Hour with "FIRST STRING BAND" CD</div> <div>4:30 Piano Music with "TREVOR GIBSON" [MDR]</div> <div>5:00 Enjoy a Game with Friends at the "Sports Lounge" Self Lead Activity</div>	<div>Take a walk and find "Lunar New Year Horse" 13</div> <div>9:45 Daily Chronicle & Word Search</div> <div>10:00 Balloon Volleyball Game [CD]</div> <div>11:00 1:1 Resident visits</div> <div>11:00 1:1 Visits with Ray Pathman from "Our Lady of Perpetual Help" Catholic</div> <div>1:00 Movie & Popcorn "Mama Mia" [RT]</div> <div>1:30 Kings in the Corner Card Game "Sports Lounge"</div> <div>1:30 Remember When Social with Damon [BISR]</div> <div>2:00 LOVE ON A LEASH</div> <div>3:00 Bingo for Tickets [AC]</div> <div>5:00 Enjoy a Game with Friends at the "Sports Lounge" Self Lead Activity</div>	<div>Take a walk and find "Lunar New Year Horse" 14</div> <div>Valentine's Day</div> <div>9:45 Daily Chronicle & Word Search</div> <div>10:00 Upper Body Weight Training [L1]</div> <div>10:30 UNO Game [L1]</div> <div>11:00 1:1 Resident visits</div> <div>1:00 Ice Cream Sandwiches</div> <div>1:30 Cover the Number Game [L1]</div> <div>1:30 Kings in the Corner Card Game "Sports Lounge"</div> <div>2:00 Trivia Game [L1]</div> <div>3:00 Balloon Volleyball Game [L1]</div> <div>5:00 Enjoy a Game with Friends at the "Sports Lounge" Self Lead Activity</div>
<div>Take a walk and find "Lunar New Year Horse" 15</div> <div>9:45 Daily Chronicle & Word Search</div> <div>10:00 Trip to Walmart or Target</div> <div>10:15 LOVE ON A LEASH</div> <div>11:00 1:1 Resident visits</div> <div>1:00 Sunday Matinee "Breakfast at Tiffany's" [RT]</div> <div>1:30 Kings in the Corner Card Game "Sports Lounge"</div> <div>2:30 Exercise Class with Maritza [L1]</div> <div>3:00 Mexican Train Game [L1]</div> <div>3:00 St. Columba Church Service with Bill Bixby</div> <div>5:00 Enjoy a Game with Friends at the "Sports Lounge" Self Lead Activity</div>	<div>President's Day 16</div> <div>Take a walk and find "Lunar New Year Horse"</div> <div>9:45 Daily Chronicle & Word Search</div> <div>10:00 Stretch & Cycling with Maritza [MDR]</div> <div>10:30 Bible Study & Hymns w/ Pastor Bob [L1]</div> <div>11:00 1:1 Resident visits</div> <div>1:30 Kings in the Corner Card Game "Sports Lounge"</div> <div>1:30 Presidents Day Celebration with "The Doris Day Tribute Show" [MDR]</div> <div>3:00 Bingo for Tickets [AC]</div> <div>5:00 Enjoy a Game with Friends at the "Sports Lounge" Self Lead Activity</div>	<div>Mardi Gras 17</div> <div>Take a walk and find "Lunar New Year Horse"</div> <div>9:20 St. Kieran's Church Communion with Gina</div> <div>9:45 Daily Chronicle & Word Search</div> <div>10:00 Balloon Volleyball with Damon "CD"</div> <div>10:00 Reading & Reminiscing "library"</div> <div>10:30 You Be The Judge "library"</div> <div>11:00 1:1 Resident visits</div> <div>1:00 ""PARKWAY PLAZA" Mall Walk with Aurora</div> <div>1:30 Coffee Bar with "Variety of Torani Flavored Syrup" [L1]</div> <div>1:30 Kings in the Corner Card Game "Sports Lounge"</div> <div>2:00 Mardi Gras Trivia [L1]</div> <div>2:30 Polish & Pamper with Aurora [AC]</div> <div>3:00 Basketball Shoot Game [L1]</div> <div>4:30 Happy Hour & Mardi Gras with "THE SOPHISTICATS" [MDR]</div> <div>5:00 Enjoy a Game with Friends at the "Sports Lounge" Self Lead Activity</div>	<div>Ash Wednesday 18</div> <div>Spirit Wednesday "Wear Red National Heart Month"</div> <div>Take a walk and find "Lunar New Year Horse"</div> <div>8:00 Daily Bread Reading with Damon</div> <div>9:45 Daily Chronicle & Word Search</div> <div>10:15 Stretch & Strength with Angie from Mobile Therapy [CD]</div> <div>11:00 1:1 Resident visits</div> <div>1:15 February Concert with "DOUBLE TAKE" [MDR]</div> <div>1:30 Kings in the Corner Card Game "Sports Lounge"</div> <div>2:30 Bingo for Tickets [AC]</div> <div>2:30 GENTLEMEN'S HOUR with Damon [L1]</div> <div>3:30 Craft Room Clean Up</div> <div>4:30 Wine Down Wednesday</div> <div>5:00 Enjoy a Game with Friends at the "Sports Lounge" Self Lead Activity</div>	<div>Chef's Corner 11:30-12:30pm 19</div> <div>Happy Birthday Elizabeth W. & Frank C.</div> <div>Take a walk and find "Lunar New Year Horse"</div> <div>9:45 Daily Chronicle & Word Search</div> <div>10:00 Bocce Ball Is Back! Green Machine vs Red Warriors [L1]</div> <div>10:00 KONA Craft's Corner [AC]</div> <div>11:00 1:1 Resident visits</div> <div>1:00 Brownies A La Mode [L1]</div> <div>1:30 Kings in the Corner Card Game "Sports Lounge"</div> <div>1:30 Trivia Game [L1]</div> <div>2:30 Scenic Drive</div> <div>4:30 Happy Hour with "LUKE ANDREEN" CD</div> <div>4:30 Piano Music with "TREVOR GIBSON" [MDR]</div> <div>5:00 Enjoy a Game with Friends at the "Sports Lounge" Self Lead Activity</div>	<div>Happy Birthday Emmott F. 20</div> <div>Take a walk and find "Lunar New Year Horse"</div> <div>9:45 Daily Chronicle & Word Search</div> <div>10:00 Weights & Cycling with Damon [L1]</div> <div>10:30 Horse Racing Game</div> <div>11:00 1:1 Resident visits</div> <div>11:00 1:1 Visits with Ray Pathman from "Our Lady of Perpetual Help" Catholic</div> <div>1:00 Movie & Popcorn "Sabrina" [RT]</div> <div>1:30 Kings in the Corner Card Game "Sports Lounge"</div> <div>1:30 Remember When Social with Damon [BISR]</div> <div>2:00 LOVE ON A LEASH</div> <div>3:00 Bingo for Tickets [AC]</div> <div>5:00 Enjoy a Game with Friends at the "Sports Lounge" Self Lead Activity</div>	<div>Take a walk and find "Lunar New Year Horse" 21</div> <div>9:45 Daily Chronicle & Word Search</div> <div>10:00 Upper Body Weight Training [L1]</div> <div>10:30 UNO Game [L1]</div> <div>11:00 1:1 Resident visits</div> <div>1:00 Ice Cream Sandwiches</div> <div>1:30 Cover the Number Game [L1]</div> <div>1:30 Kings in the Corner Card Game "Sports Lounge"</div> <div>2:00 Trivia Game [L1]</div> <div>3:00 Balloon Volleyball Game [L1]</div> <div>5:00 Enjoy a Game with Friends at the "Sports Lounge" Self Lead Activity</div>

February AL at The Ridge

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>Take a walk and find "Lunar New Year Horse" 22</div> <div>Winter Olympics Ends</div> <div>9:45 Daily Chronicle & Word Search</div> <div>10:00 Trip to Walmart or Target</div> <div>11:00 1:1 Resident visits</div> <div>1:00 Sunday Matinee "Enchanted" [RT]</div> <div>1:30 Kings in the Corner Card Game "Sports Lounge"</div> <div>2:30 Exercise Class with Maritza [L1]</div> <div>3:00 Mexican Train Game [L1]</div> <div>5:00 Enjoy a Game with Friends at the "Sports Lounge" Self Lead Activity</div>	<div>ALL STAFF MEETING 23</div> <div>Take a walk and find "Lunar New Year Horse"</div> <div>9:45 Daily Chronicle & Word Search</div> <div>10:00 Stretch & Cycling with Maritza [MDR]</div> <div>10:30 Bible Study & Hymns w/ Pastor Bob [L1]</div> <div>11:00 1:1 Resident visits</div> <div>1:00 Baking Sweets & Calendar Planning with Maritza [LCK]</div> <div>1:30 Kings in the Corner Card Game "Sports Lounge"</div> <div>2:30 Bingo for Tickets [AC]</div> <div>5:00 Enjoy a Game with Friends at the "Sports Lounge" Self Lead Activity</div>	<div>Take a walk and find "Lunar New Year Horse" 24</div> <div>9:45 Daily Chronicle & Word Search</div> <div>10:00 MARY KAY "Pampering Session" with Paige [AC]</div> <div>10:00 Weights & Cycling with Damon [L1]</div> <div>10:30 Cover the Number Game [L1]</div> <div>11:00 1:1 Resident visits</div> <div>1:00 "PARKWAY PLAZA" Mall Walk with Aurora</div> <div>1:30 Coffee Bar with "Variety of Torani Flavored Syrup" [L1]</div> <div>1:30 Kings in the Corner Card Game "Sports Lounge"</div> <div>2:00 Trivia Game [L1]</div> <div>2:30 Polish & Pamper with Aurora [AC]</div> <div>3:00 Axe Throwing Games [L1]</div> <div>4:30 Happy Hour & Birthday Celebration with "BROWN SUGAR OLDIES" Cakes Sponsored by "Mission Hospice" [MDR]</div> <div>5:00 Enjoy a Game with Friends at the "Sports Lounge" Self Lead Activity</div>	<div>Spirit Wednesday "Wear Red National Heart Month" 25</div> <div>Take a walk and find "Lunar New Year Horse"</div> <div>8:00 Daily Bread Reading with Damon</div> <div>9:45 Daily Chronicle & Word Search</div> <div>10:15 Stretch & Strength with Angie from Mobile Therapy [CD]</div> <div>11:00 1:1 Resident visits</div> <div>1:30 Gospel Music with STEVE & DIANE [MDR]</div> <div>1:30 Kings in the Corner Card Game "Sports Lounge"</div> <div>2:30 Baking with Aurora [LCK]</div> <div>2:30 Bingo for Tickets [AC]</div> <div>3:30 Craft Room Clean Up</div> <div>4:30 Wine Down Wednesday</div> <div>5:00 Enjoy a Game with Friends at the "Sports Lounge" Self Lead Activity</div>	<div>Chef's Corner 11:30-12:30pm 26</div> <div>Take a walk and find "Lunar New Year Horse"</div> <div>9:45 Daily Chronicle & Word Search</div> <div>10:00 Bocce Ball Is Back! Green Machine vs Red Warriors [L1]</div> <div>10:00 Crafting [AC]</div> <div>11:00 1:1 Resident visits</div> <div>1:00 Ice Cream Sandwiches [L1]</div> <div>1:30 Kings in the Corner Card Game "Sports Lounge"</div> <div>1:30 Trivia Game [L1]</div> <div>2:30 Scenic Drive</div> <div>4:30 Happy Hour with "FIREBALL XPRESS" CD</div> <div>4:30 Piano Music with "TREVOR GIBSON" [MDR]</div> <div>5:00 Enjoy a Game with Friends at the "Sports Lounge" Self Lead Activity</div>	<div>Take a walk and find "Lunar New Year Horse" 27</div> <div>9:45 Daily Chronicle & Word Search</div> <div>10:00 Balloon Volleyball Game [CD]</div> <div>11:00 1:1 Resident visits</div> <div>11:00 1:1 Visits with Ray Pathman from "Our Lady of Perpetual Help" Catholic [RT]</div> <div>1:00 Movie & Popcorn "The Lake House" [BISR]</div> <div>1:30 Kings in the Corner Card Game "Sports Lounge"</div> <div>1:30 Remember When Social with Damon [BISR]</div> <div>2:00 LOVE ON A LEASH</div> <div>3:00 Bingo for Tickets [AC]</div> <div>5:00 Enjoy a Game with Friends at the "Sports Lounge" Self Lead Activity</div>	<div>Take a walk and find "Lunar New Year Horse" 28</div> <div>9:45 Daily Chronicle & Word Search</div> <div>10:00 Upper Body Weight Training [L1]</div> <div>10:30 UNO Game [L1]</div> <div>11:00 1:1 Resident visits</div> <div>1:00 Ice Cream Sandwiches</div> <div>1:30 Cover the Number Game [L1]</div> <div>1:30 Kings in the Corner Card Game "Sports Lounge"</div> <div>2:00 Trivia Game [L1]</div> <div>3:00 Balloon Volleyball Game [L1]</div> <div>5:00 Enjoy a Game with Friends at the "Sports Lounge" Self Lead Activity</div>



Maritza Aguirre
Life Enrichment Director
At The Ridge
800 Lantern Crest Way
Santee, Ca 92071
619-258-8886
Maritza.aguirre@lanterncrest.com



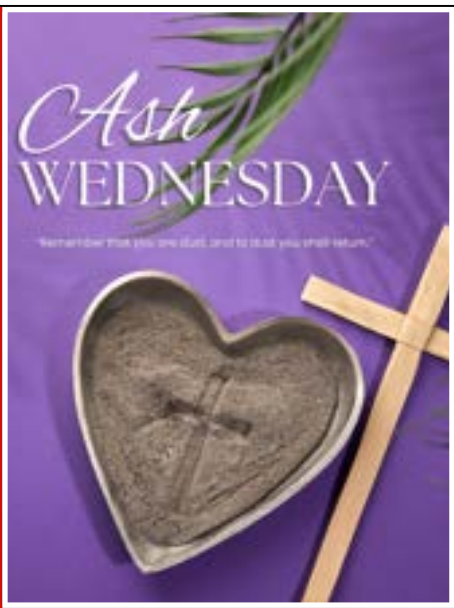
"ALL ACTIVITIES ARE SUBJECT TO CHANGE. PLEASE CHECK THE DAILY SCHEDULE FOR THE MOST UP-TO-DATE INFORMATION."

THANK YOU!



Resident Birthdays

Stanley N.	2/11
Howard L.	2/11
Elizabeth W.	2/19
Frank C.	2/19
Emmott F.	2/20



L1 - Lounge 1
CR - Card Room
MDR - Montecito Dining Room
AC - Art & Craft
RT - Ridge Theater
LCK - Lantern Crest Kitchen
BISR - Bistro
CD - Coronado Dining