



January
BIRTHDAYS

LOUISE GORE 1/16
MARTHA FLEMING 1/19
SHEILA KRAUSER 1/22
SUNNY MILLER 1/25
JOAN KOLB 1/26
BETTY LIVINGSTON 1/28
LORI GARDNER 1/29

BD - Bel Air Diner
BLR - 5th Floor Billiards Room
BPD - Balboa Private Dining Room
CDR - Catalina Dining Room
CC - Coronado Courtyard
CH - Reflections Chapel
FR - Fitness Room
IPS - Indoor Pool and Spa
MB - Miramar Bar
MDT - Movie Dinner Theater



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

<p>8:00 ★ Guardian Angels Catholic Church [PL]</p> <p>8:15 ★ Shadow Mountain Church Drive [PL]</p> <p>9:00 † Sunday Morning Church Service with Pastor Bill [CH]</p> <p>10:15 ★ Shadow Mountain Church Drive [PL]</p> <p>12:00 ★ Scrap-Booking w/ Activities [MDT]</p> <p>2:00 † Sunday Bingo~\$1 [MDT]</p> <p>3:00 ☰ Sweet Treat Sunday [BD]</p>	<p>4</p> <p>10:00 ↔ Morning Stretches - Instructional Video [FR]</p> <p>11:00 ☰ Coffee in the Sea Lounge on the 2nd Floor [TL]</p> <p>1:00 † Hand, Knee & Foot [50GR]</p> <p>2:00 ★ Paint & Sip [MDT]</p> <p>3:00 ↔ Learn and Line Dance [CDR]</p> <p>4:30 † Happy Tails ~ Evening Dog Walk [PL]</p>	<p>5</p> <p>9:00 ↔ Gentle Aquafit with Peggy [IPS]</p> <p>10:15 ↔ Core Strength and Weights with Karl [FR]</p> <p>11:00 † Cornhole by the Moss Wall [PL]</p> <p>11:00 ★ Ridge Tour with Executive Director Brittany [PL]</p> <p>12:30 † Dominoes [50GR]</p> <p>1:00 ☰ Tasty Treats: Air Fryer Month-Veggie Spring Rolls [BD]</p> <p>3:00 † Nickel Blackjack [50GR]</p> <p>3:30 Transportation Committee Meeting [V]</p> <p>4:00 ☰ Technology Help - Bring Your Device! [AO]</p>	<p>6</p> <p>7</p> <p>8</p> <p>9</p>	<p>Dining Room Open 7:30 -2pm~To Go's from 2pm - 3pm; Dining Closed at 3pm</p> <p>Last Day To RSVP for Saturday Outing</p> <p>National Bloody Mary Day</p> <p>New Year's Day</p> <p>8:00 ☰ Rose Bowl [MDT]</p> <p>10:00 ☰ New Year's Resolutions & Bloody Mary's [PL]</p> <p>10:15 ↔ Core Strength and Weights with Karl (NO KARL) [FR]</p> <p>11:00 ★ New Year's Day Brunch Buffet 11am-2pm [CDR]</p> <p>2:00 † \$4 Poker (Self Run) [50GR]</p> <p>Last Day To RSVP for Saturday Outing</p> <p>10:15 ↔ Core Strength and Weights with Karl [FR]</p> <p>11:00 ↔ Corn Hole by the Moss Wall [PL]</p> <p>12:00 ★ International Potluck [TR]</p> <p>1:30 ☰ Learn the Rules of Poker [50GR]</p> <p>2:00 † \$4 Poker [50GR]</p> <p>4:00 ☰ Technology Help - Bring Your Device! [AO]</p> <p>11:00 ☰ Free Friday Vitals Check with Senior Helpers [PL]</p> <p>12:00 † Hand, Knee, and Foot [50GR]</p> <p>1:00 ↔ Cardio Drumming Video [FR]</p> <p>1:00 ☰ Resident Council Board Member Meeting [BPD]</p> <p>3:00 ☰ Happier Hour with Live Music from Double Take [CDR]</p> <p>4:30 † Happy Tails ~ Evening Dog Walk [PL]</p> <p>11:00 ☰ Free Friday Vitals Check with Senior Helpers [PL]</p> <p>12:00 † Hand, Knee, and Foot [50GR]</p> <p>1:00 ↔ Cardio Drumming Video [FR]</p> <p>1:30 ☰ New Resident Mingle & Building Tour!! [PL]</p> <p>3:00 ☰ Happier Hour with Live Music from Fireball Xpress [CDR]</p> <p>4:30 † Happy Tails ~ Evening Dog Walk [PL]</p> <p>11:00 ☰ Free Friday Vitals Check with Senior Helpers [PL]</p> <p>12:00 † Hand, Knee, and Foot [50GR]</p> <p>1:00 ↔ Cardio Drumming Video [FR]</p> <p>1:30 ☰ Learn the Rules of Poker [50GR]</p> <p>2:00 † \$4 Poker [50GR]</p> <p>4:00 ☰ Technology Help - Bring Your Device! [AO]</p> <p>11:00 ☰ Free Friday Vitals Check with Senior Helpers [PL]</p> <p>12:00 † Hand, Knee, and Foot [50GR]</p> <p>1:00 ↔ Cardio Drumming Video [FR]</p> <p>1:30 ☰ New Resident Mingle & Building Tour!! [PL]</p> <p>3:00 ☰ Happier Hour with Live Music from Fireball Xpress [CDR]</p> <p>4:30 † Happy Tails ~ Evening Dog Walk [PL]</p>	<p>1</p> <p>2</p> <p>3</p> <p>4</p> <p>5</p> <p>6</p> <p>7</p> <p>8</p> <p>9</p> <p>10</p> <p>11</p> <p>12</p> <p>13</p> <p>14</p> <p>15</p> <p>16</p> <p>17</p>	<p>9:30 ★ Shopping Outing to: Trader Joe's/CVS Santee [PL]</p> <p>10:30 ↔ Chair Yoga with Heidi [FR]</p> <p>11:30 Bel Air Diner Open for Lunch! ~ 11:30am-2pm [BD]</p> <p>1:00 † 3 to 13 Card Game! [MDT]</p> <p>1:00 † Scrabble with Friends [MDT]</p> <p>3:00 † Nickel Blackjack [50GR]</p> <p>5:30 ☰ Evening Movie: Father Goose w/Cary Grant 1hr 58m [MDT]</p> <p>9:30 ★ Guided Nature-Walk along Walker Preserve Trail Santee 10-12pm [PL]</p> <p>10:30 ↔ Chair Yoga with Heidi [FR]</p> <p>11:30 Bel Air Diner Open for Lunch! ~ 11:30am-2pm [BD]</p> <p>1:00 † 3 to 13 Card Game! [MDT]</p> <p>1:00 † Scrabble with Friends [MDT]</p> <p>3:00 † Nickel Blackjack [50GR]</p> <p>5:30 ☰ Evening Movie: Charade w/Audrey Hepburn 1hr 53m [MDT]</p> <p>9:30 ★ Shopping Outing to: Vons Grocery Santee [PL]</p> <p>10:30 ↔ Chair Yoga with Heidi [FR]</p> <p>11:30 Bel Air Diner Open for Lunch! ~ 11:30am-2pm [BD]</p> <p>1:00 † 3 to 13 Card Game! [MDT]</p> <p>1:00 † Scrabble with Friends [MDT]</p> <p>3:00 † Nickel Blackjack [50GR]</p> <p>5:30 ☰ Evening Movie: Meet John Doe w/Gary Cooper 2hr 2m [MDT]</p>	
<p>8:00 ★ Guardian Angels Catholic Church [PL]</p> <p>8:15 ★ Shadow Mountain Church Drive [PL]</p> <p>9:00 † Sunday Morning Church Service with Pastor Bill [CH]</p> <p>10:15 ★ Shadow Mountain Church Drive [PL]</p> <p>12:00 ★ Nature Walk: Mast Park [PL]</p> <p>2:00 † Sunday Bingo~\$1 [MDT]</p> <p>3:00 ☰ Sweet Treat Sunday [BD]</p>	<p>11</p> <p>11</p> <p>11</p> <p>11</p> <p>11</p> <p>11</p> <p>11</p>	<p>12</p> <p>12</p> <p>12</p> <p>12</p> <p>12</p> <p>12</p> <p>12</p>	<p>13</p> <p>13</p> <p>13</p> <p>13</p> <p>13</p> <p>13</p> <p>13</p>	<p>14</p> <p>14</p> <p>14</p> <p>14</p> <p>14</p> <p>14</p> <p>14</p>	<p>15</p> <p>15</p> <p>15</p> <p>15</p> <p>15</p> <p>15</p> <p>15</p>	<p>16</p> <p>16</p> <p>16</p> <p>16</p> <p>16</p> <p>16</p> <p>16</p>	<p>17</p> <p>17</p> <p>17</p> <p>17</p> <p>17</p> <p>17</p> <p>17</p>



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January 2026 at the Plaza

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>8:00 ★ Guardian Angels Catholic Church [PL] 18</p> <p>8:15 ★ Shadow Mountain Church Drive [PL]</p> <p>9:00 † Sunday Morning Church Service with Pastor Bill [CH]</p> <p>10:15 ★ Shadow Mountain Church Drive [PL]</p> <p>12:00 ★ Scrap-Booking w/ Activities [MDT]</p> <p>2:00 ↪ Sunday Bingo~\$1 [MDT]</p> <p>3:00 🎂 Sweet Treat Sunday [BD]</p>	<p>Happy Birthday Martha Fleming!! 19</p> <p>Martin Luther King, Jr. Day</p> <p>10:00 ↔ Morning Stretches - Instructional Video [FR]</p> <p>11:00 🎃 Coffee in the Sea Lounge on the 2nd Floor [TL]</p> <p>1:00 ↪ Hand, Knee & Foot [50GR]</p> <p>2:00 🎁 Dining Committee Meeting [BPD]</p> <p>2:00 ★ Plants/Flower Arrangements [MDT]</p> <p>3:00 ↔ Learn and Line Dance [CDR]</p> <p>4:30 🐾 Happy Tails ~ Evening Dog Walk [PL]</p>	<p>9:00 ↔ Gentle Aquafit with Peggy [IPS] 20</p> <p>10:15 ↔ Core Strength and Weights with Karl [FR]</p> <p>11:00 🎃 Cornhole by the Moss Wall [PL]</p> <p>11:30 ★ Veterans' Luncheon at The Pointe [LB32]</p> <p>12:00 Food Show 12pm-2pm [PL]</p> <p>12:30 ↪ Dominoes [50GR]</p> <p>1:00 🎁 Tasty Treats: Air Fryer Month-Zucchini Fries [BD]</p> <p>3:00 ↪ Nickel Blackjack [50GR]</p> <p>4:00 🎁 Technology Help - Bring Your Device! [AO]</p>	<p>Spirit Wednesday! Wear Blue for Mental Health Month 21</p> <p>9:00 † The Lutheran Church-Missouri Synod [CH]</p> <p>10:00 Fashion On The Go ~ 10am - 2:00pm [PL]</p> <p>10:00 ↔ Morning Stretches - Instructional Video [FR]</p> <p>11:00 ↔ Warm-Up and Work Out with Dennis [FR]</p> <p>11:30 🎃 Shuffleboard/Bowling Time!! [CDR]</p> <p>1:00 ↪ \$4 Bingo [MDT]</p> <p>2:00 🎁 Table Talk with Culinary Director Reggie [BPD]</p> <p>2:30 ★ Santee Farmer's Market (Max 4pp) [PL]</p> <p>3:00 🎁 Let's Play Pool [BLR]</p> <p>4:00 🎁 Specialty Buffet at The Plaza [CDR]</p> <p>4:30 🐾 Happy Tails ~ Evening Dog Walk [PL]</p>	<p>All Staff Meeting: No Doctor Appointments After 12pm 22</p> <p>Happy Birthday Sheila Krauser!!</p> <p>Last Day To RSVP for Saturday Outing</p> <p>10:15 ↔ Core Strength and Weights with Karl [FR]</p> <p>11:00 ↔ Corn Hole by the Moss Wall [PL]</p> <p>11:15 ★ Excursion to: Downtown Cafe El Cajon [PL]</p> <p>2:00 ↪ \$4 Poker (Self Run) [50GR]</p> <p>4:00 🎁 Technology Help - Bring Your Device! [AO]</p>	<p>National Pie Day 23</p> <p>10:00 ★ Brunch at the Ridge [PL]</p> <p>11:00 🎃 Free Friday Vitals Check with Senior Helpers [PL]</p> <p>12:00 ↪ Hand, Knee, and Foot [50GR]</p> <p>1:00 ↔ Cardio Drumming Video [FR]</p> <p>3:00 🎁 Happier Hour with Live Music from The First String Band [CDR]</p> <p>4:30 🐾 Happy Tails ~ Evening Dog Walk [PL]</p>	<p>9:15 ★ Shopping Outing to: Costco Santee [PL] 24</p> <p>10:30 ↔ Chair Yoga with Heidi [FR]</p> <p>11:30 Bel Air Diner Open for Lunch! ~ 11:30am-2pm [BD]</p> <p>1:00 ↪ 3 to 13 Card Game! [MDT]</p> <p>1:00 ↪ Scrabble with Friends [MDT]</p> <p>3:00 ↪ Nickel Blackjack [50GR]</p> <p>5:30 🎃 Evening Movie: I'll be Seeing you w/Ginger Rogers 1hr 25m [MDT]</p>
<p>Happy Birthday Sunny Miller!! 25</p> <p>8:00 ★ Guardian Angels Catholic Church [PL]</p> <p>8:15 ★ Shadow Mountain Church Drive [PL]</p> <p>9:00 † Sunday Morning Church Service with Pastor Bill [CH]</p> <p>10:15 ★ Shadow Mountain Church Drive [PL]</p> <p>12:00 ★ Nature Walk: Lake Murray [PL]</p> <p>2:00 ↪ Sunday Bingo~\$1 [MDT]</p> <p>3:00 🎂 Sweet Treat Sunday [BD]</p>	<p>Happy Birthday Joan Kolb!! 26</p> <p>10:00 ↔ Morning Stretches - Instructional Video</p> <p>11:00 🎃 Coffee in the Sea Lounge on the 2nd Floor [TL]</p> <p>1:00 ↪ Hand, Knee & Foot [50GR]</p> <p>2:00 ★ Craft:Tote bag Decorating [MDT]</p> <p>3:00 ↔ Learn and Line Dance [CDR]</p> <p>4:30 🐾 Happy Tails ~ Evening Dog Walk [PL]</p>	<p>9:00 ↔ Gentle Aquafit with Peggy [IPS] 27</p> <p>9:15 † St. Kieran's Communion Service [CH]</p> <p>10:15 ↔ Core Strength and Weights with Karl [FR]</p> <p>11:00 🎃 Cornhole by the Moss Wall [PL]</p> <p>11:00 ★ Ridge Tour with Executive Director Brittany [PL]</p> <p>12:30 ↪ Dominoes [50GR]</p> <p>1:00 🎁 Tasty Treats: Air Fryer Month-Apple Chips [BD]</p> <p>3:00 ↪ Nickel Blackjack [50GR]</p> <p>4:00 🎁 Technology Help - Bring Your Device! [AO]</p>	<p>Happy Birthday Betty Livingston!! 28</p> <p>Spirit Wednesday! Wear Blue for Mental Health Month</p> <p>10:00 ↔ Morning Stretches - Instructional Video [FR]</p> <p>10:00 ↪ Paw-lentine Social 10-11:30am [CC]</p> <p>11:00 ↔ Warm-Up and Work Out with Dennis [FR]</p> <p>1:00 ↪ \$4 Bingo [MDT]</p> <p>2:30 ★ Santee Farmer's Market (Max 4pp) [PL]</p> <p>3:00 🎁 Together We Drink [BD]</p> <p>4:30 🐾 Happy Tails ~ Evening Dog Walk [PL]</p>	<p>Happy Birthday Lori Gardner!! 29</p> <p>Last Day To RSVP for Saturday Outing</p> <p>10:00 🎃 Matinee Movie: The Sound of Music 2hr 54m [MDT]</p> <p>10:15 ↔ Core Strength and Weights with Karl [FR]</p> <p>11:00 ↔ Warm-Up and Work Out with Dennis [FR]</p> <p>1:00 ↪ \$4 Bingo [MDT]</p> <p>2:30 ★ Excursion to: Tierra Santa Mexican [TR]</p> <p>11:00 ↔ Corn Hole by the Moss Wall [PL]</p> <p>2:00 ↪ \$4 Poker [50GR]</p> <p>3:00 🎁 Sharp Presentation Aging in Place [MDT]</p> <p>4:00 🎁 Technology Help - Bring Your Device! [AO]</p>	<p>11:00 🎃 Free Friday Vitals Check with Senior Helpers [PL] 30</p> <p>12:00 ↪ Hand, Knee, and Foot [50GR]</p> <p>1:00 ↔ Cardio Drumming Video [FR]</p> <p>2:00 🎁 LC Community Book Club at The Pointe [L]</p> <p>3:00 🎁 Birthday Happier Hour with Live Music from Blue Zone [CDR]</p> <p>4:30 🐾 Happy Tails ~ Evening Dog Walk [PL]</p>	<p>10:15 ★ Shopping Outing to: Viejas Outlet [PL] 31</p> <p>10:30 ↔ Chair Yoga with Heidi [FR]</p> <p>11:30 Bel Air Diner Open for Lunch! ~ 11:30am-2pm [BD]</p> <p>1:00 ↪ 3 to 13 Card Game! [MDT]</p> <p>1:00 ↪ Scrabble with Friends [MDT]</p> <p>3:00 ↪ Nickel Blackjack [50GR]</p> <p>5:30 🎃 Evening Movie: Casablanca 1hr 42 [MDT]</p>

Don't miss a thing!



Sign up with the Activities Office for Red Star RSVP Easy Ways
-Email
-Text
-Call
-Leave a Note

