

FEBRUARY AT THE POINTE							
Sunday		Monday		Tuesday		Wednesday	
	Last Day To RSVP for Tuesday Outing Sunday NFL Football In The Theater 8:00 ★ Guardian Angels Catholic Church [LP] 8:15 † Shadow Mountain Church Drive [LP] 9:00 † Sunday Morning Church Service with Pastor Steven [CH] 10:15 † Shadow Mountain Church Drive #2 12:30 ♣ Bridge Club [FS] 12:30 🎬 Famous People Documentary: Audrey Hepburn: Remembered The Hollywood Collection [T] 2:30 ♣ \$1 Bingo [GR] 5:30 ♣ Games with Friends [GR]	Groundhog Day 9:00 ↔ Exercise Video Class [FS] 10:00 ☕ Coffee & Bagels with Phillips Ranch Pharmacy [LP] 10:30 🎵 Learn Line Dancing [L] 10:45 ☺ Happy Hearts Walking Club 12:30 🎵 Glee Club [GR] 1:30 ☺ Table Talk & Tasty Treats with Culinary Director Reggie [V] 2:00 ♣ Nickel Blackjack [GR] 3:00 ♣ Mexican Train [GR] 3:30 ☺ Transportation Committee Meeting [BPD] 4:30 🎵 Evening Piano Music [TD]	9:15 † St. Kieran's Communion 9:30 ↔ Balance & Stability Class with Karl [FS] 10:45 ★ Lunch Outing to: Hacienda Casa Blanca [LP] 1:30 ☺ Paint & Sip Art Class 3:00 ♣ Bingo [GR] 3:30 ☺ Transportation Committee Meeting [BPD] 4:00 ☺ Technology Help in Activities Office 6:00 ♣ Games with Friends [GR]	Wear Red For National Heart Month 9:15 ☺ Happy Hearts Walking Club 9:30 ★ Santee Hall Wednesday -Celtic Harp Concert 11:30 ↔ Stay Active, Stay Young~ Workout with Dennis [FS] 12:30 🎬 Movie Matinee: A Rainy Day in New York PG-13 2019 · Romance/Comedy · 1h 32m [T] 1:00 ☺ Resident Assoc. Board Meeting [V] 3:00 🎧 Happy Hour with Live Music from First String Band [LB32] 6:00 ♣ Games with Friends [GR]	9:30 ↔ Balance & Stability Class with Karl [FS] 10:30 ☺ Chat with Life Enrichment Coordinator Erika 11:30 ☕ Water The Garden & Tunes [G2] 1:00 ☕ Women's Wine Time Social [LB32] 2:00 ♣ Nickel Blackjack [GR] 3:00 ♣ Cribbage [FS] 4:00 ☺ Technology Help in Activities Office 4:00 ☕ Thursday Specialty Buffet: [TD] 6:00 ♣ Games with Friends [GR]	9:00 ↔ Senior Stretches Video [FS] 10:00 ☺ Free Friday Vital Checks with Senior Helpers [LB32] 10:30 ☺ Trivia Challenge in the Library with Larry Nelson [L] 1:30 ★ Arts and Crafts ~ A Little Love to Hang Around ~ Garland 3:00 ♣ \$1 Bingo [GR] 7:00 🎬 Friday Night Cinema: Love at First Sight PG-13 2023 · Romance/Drama · 1h 31m [T]	Happy Birthday Hennie Caruana ! 9:00 ↔ Exercise & Weights with Heidi [FS] 9:45 ↔ Chair Yoga with Heidi [FS] 10:00 ☺ Walking on Sunshine to: Sky Ranch Park 11:30 ♣ Left, Right, Center Dice Game [GR] 1:00 Scoops N' Smiles~ Ice Cream Social [V] 2:00 ♣ Nickel Blackjack [GR] 3:00 ♣ Scrabble Game [FS] 6:30 ♣ Games in the Game Room [GR]
	Last Day To RSVP for Tuesday Outing Super Bowl LX 8:00 ★ Guardian Angels Catholic Church [LP] 8:15 † Shadow Mountain Church Drive [LP] 9:00 ★ Sunday Morning Church Service with Pastor Bill [CH] 10:15 † Shadow Mountain Church Drive #2 12:30 ♣ Bridge Club [FS] 3:00 ♣ Touchdown Super Bowl LX Party at The Bar [LB32] 5:30 ♣ Games with Friends [GR]	9:00 ↔ Exercise Video Class [FS] 10:00 ☕ Coffee, Cookies & Conversations [LP] 10:30 🎵 Learn Line Dancing [L] 10:45 ☺ Happy Hearts Walking Club 12:30 🎵 Glee Club [GR] 2:00 ♣ Nickel Blackjack [GR] 3:00 ☺ Democrat & Independents Social Club [L] 3:00 ♣ Mexican Train [GR] 3:00 Monday Concert with Double Take & Nathan Fry 4:30 🎵 Evening Piano Music [TD]	9:15 † St. Kieran's Communion Service [CH] 9:30 ↔ Balance & Stability Class with Karl [FS] 10:00 ★ Lunch Outing to: Hans & Harry's Bakery [LP] 10:00 ☺ Veterans Group Committee [BPD] 1:30 ☺ Paint & Sip Art Class 3:00 ♣ Bingo [GR] 3:00 ☕ You're Not Alone -- Family-Caregivers Support Group [L] 4:00 ☺ Technology Help in Activities Office 6:00 ♣ Games with Friends [GR]	Wear Red For National Heart Month 9:15 ☺ Happy Hearts Walking Club 11:30 ↔ Stay Active, Stay Young~ Workout with Dennis [FS] 12:30 🎬 Movie Matinee: Me Before You~ PG-13 2016 · Romance/Comedy 1h 50m [T] 1:00 ☺ Cozy Quilt Corner 3:00 🎧 Valentines Day Happy Hour with Live Music from Fireball Express [LB32] 6:00 ♣ Games with Friends [GR]	9:30 ↔ Balance & Stability Class with Karl [FS] 11:00 ☺ Español For Fun! [FS] 12:00 ☕ Greens & Greetings with Senior Helpers [L] 2:00 ♣ Nickel Blackjack [GR] 3:00 ♣ Cribbage [FS] 4:00 ☺ Technology Help in Activities Office 4:00 ☕ Thursday Specialty Buffet: [TD] 6:00 ♣ Games with Friends [GR]	Last Day To RSVP for Sunday Outing 9:00 ↔ Senior Stretches Video [FS] 10:00 ☺ Free Friday Vital Checks with Senior Helpers [LB32] 10:30 ☺ Trivia Challenge in the Library with Larry Nelson [L] 11:30 ☕ Lunch with Richard Lederer [TD] 1:00 ☺ THE GIFT OF AGE~ with Richard Lederer The Grammar Guy 3:00 ♣ \$1 Bingo [GR] 7:00 🎬 Friday Night Cinema:My Best Friend's Wedding~PG-13 1997 · Comedy/Romance · 1h 45m [T]	Valentine's Day 9:00 ↔ Exercise & Weights with Heidi [FS] 9:45 ↔ Chair Yoga with Heidi [FS] 11:30 ♣ Left, Right, Center Dice Game [GR] 1:00 Scoops N' Smiles~ Ice Cream Social [V] 2:00 🎵 Annual Vow Renewal ~ Remembrance and Reflection Ceremony [PL] 2:00 🎵 Valentine's Day Celebration with Rhinestone Grannies [T] 3:00 ♣ Scrabble Game [FS] 6:30 ♣ Games in the Game Room [GR]
	Happy Birthday Liz Jones! Last Day To RSVP for Tuesday Outing Sunday NFL Football In The Theater 8:00 ★ Guardian Angels Catholic Church [LP] 8:15 † Shadow Mountain Church Drive [LP] 9:00 ★ Sunday Morning Church Service with Pastor Bill [CH] 10:00 ★ Sunday Run to: ALDI & HomeGoods 10:15 † Shadow Mountain Church Drive #2 12:30 ♣ Bridge Club [FS] 12:30 🎬 Famous People Documentary: Joan Crawford: Always The Star [T] 2:30 ♣ \$1 Bingo [GR] 5:30 ♣ Games with Friends [GR]	9:00 ↔ Exercise Video Class [FS] 10:00 ☕ Coffee, Cookies & Conversations [LP] 10:30 🎵 Learn Line Dancing [L] 10:45 ☺ Happy Hearts Walking Club 12:30 🎵 Glee Club [GR] 1:00 ★ Table Talk : A Taste of the Lunar New Year [V] 2:00 ♣ Nickel Blackjack [GR] 3:00 ♣ Mexican Train [GR] 4:30 🎵 Evening Piano Music [TD]	Happy Birthday Madeline Koci! 9:15 † St. Kieran's Communion Service at The Ridge 9:30 ↔ Balance & Stability Class with Karl [FS] 10:45 ★ Lunch Outing to: Chins Gourmet [LP] 11:30 ★ Veterans' Group Luncheon at The Plaza [BPD] 1:30 ☺ Paint & Sip Art Class 3:00 ♣ Bingo [GR] 4:00 ☺ Technology Help in Activities Office 6:00 ♣ Games with Friends [GR]	Wear Red For National Heart Month 9:15 ☺ Happy Hearts Walking Club 11:30 ↔ Stay Active, Stay Young~ Workout with Dennis [FS] 12:00 † Ash Wednesday ~ Imposition of Ashes with Father John [L] 1:00 ☺ LCRA General Meeting [T] 3:00 🎧 Mardi Gras Happy Hour with Double Take [LB32] 6:00 ♣ Games with Friends [GR]	Happy Birthday Bea Jones! 9:30 ↔ Balance & Stability Class with Karl [FS] 11:30 ★ Birthday Bash of the Month [V] 11:30 ☕ Water The Garden & Tunes [G2] 1:00 🎧 Cheers & Beers Men's Club [LB32] 2:00 ♣ Nickel Blackjack [GR] 3:00 ♣ Cribbage [FS] 4:00 ☺ Technology Help in Activities Office 4:00 ☕ Thursday Specialty Buffet: [TD] 6:00 ♣ Games with Friends [GR]	Happy Birthday George Caruana!! Last Day To RSVP for Sunday Outing 9:00 ↔ Senior Stretches Video [FS] 10:00 ☺ Free Friday Vital Checks with Senior Helpers [LB32] 10:30 ☺ Trivia Challenge in the Library with Larry Nelson [L] 1:30 ★ Arts and Crafts ~ Sweetheart Candy Creations ~ Candy Dish 3:00 ♣ \$1 Bingo [GR] 7:00 🎬 Friday Night Cinema: Irreplaceable You · Romance/Comedy · 1h 36m [T]	Happy Birthday Shirley Reider!! 9:00 ↔ Exercise & Weights with Heidi [FS] 9:45 ↔ Chair Yoga with Heidi [FS] 10:00 ☺ Walking on Sunshine to: Santee Lakes 11:30 ♣ Left, Right, Center Dice Game [GR] 1:00 Scoops N' Smiles~ Ice Cream Social [V] 2:00 ♣ Nickel Blackjack [GR] 3:00 ♣ Scrabble Game [FS] 6:30 ♣ Games in the Game Room [GR]
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LOCATION KEY

LP- 1st Floor Lobby Pointe

LB32- 2nd Floor Latitude 32 Bar

V-2nd Floor Veranda Dining

TD-2nd Floor Terrazza Dining

FS-2nd Floor Fitness Studio

G2-2nd Floor Garden

PDP-Pool Deck Patio

3C-3rd Floor Garden Courtyard

GR-3rd Floor Game Room

LL/P-3rd Floor Lantern Links

T-3rd Floor Theater

FR4-4th Floor Fitness Studio

L-4th Floor Library

AC-4th Floor Arts/Crafts Room

TDP-Terrazza Dining Patio



FEBRUARY AT THE POINTE

Saturday

9:00 ↔ Exercise & Weights with Heidi [FS]

9:45 ↔ Chair Yoga with Heidi [FS]

11:30 ♠ Left, Right, Center Dice Game [GR]

1:00 Scoops N' Smiles~ Ice Cream Social [V]

2:00 ♠ Nickel Blackjack [GR]

3:00 ♠ Scrabble Game [FS]

6:30 ♠ Games in the Game Room [GR]



Table Talk :
A Taste of the Lunar New Year

Celebrate Chinese New Year with festive flavors and a warm gathering to honor the Lunar New Year with Life Enrichment, and the latest updates from our culinary director Reggie.

Monday 16th
1pm in the
Veranda Dining Room

LP- 1st Floor Lobby Pointe
LB32- 2nd Floor Latitude 32 Bar
V-2nd Floor Veranda Dining
TD-2nd Floor Terrazza Dining
FS-2nd Floor Fitness Studio
G2-2nd Floor Garden
PDP-Pool Deck Patio
3C-3rd Floor Garden Courtyard
GR-3rd Floor Game Room
LL/P-3rd Floor Lantern Links
T-3rd Floor Theater
FR4-4th Floor Fitness Studio
L-4th Floor Library
AC-4th Floor Arts/Crafts Room
TDP-Terrazza Dining Patio

DOCTORS APPTS.
Monday-Friday
9am-3pm

*9 AM- 1 PM for Appts Further than 15
Miles*

*Transportation request forms
available at the front desk*

*Submit completed forms to front desk
a minimum 48 hours before your
planned trip.*

*Transportation Number
(619)905-3061*

*No transportation after 12pm on the
22nd of each Month .*

*(the date may vary; please check the
calendar every month)*