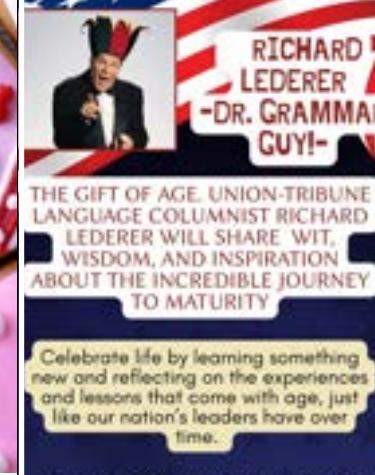
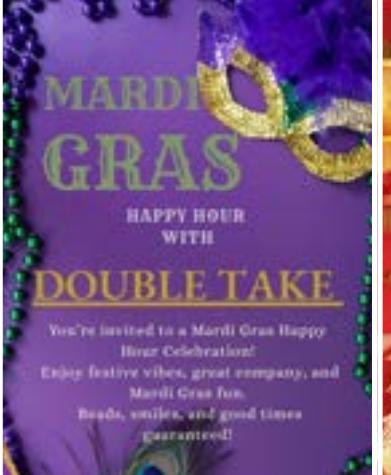
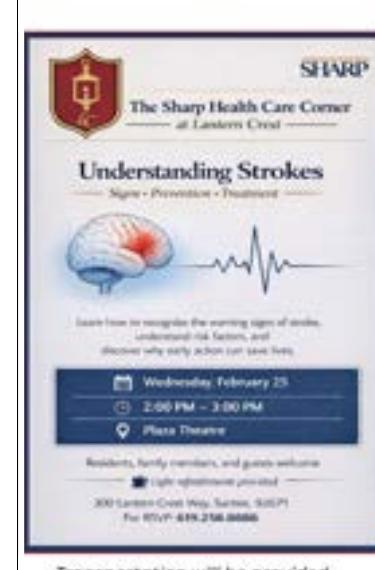
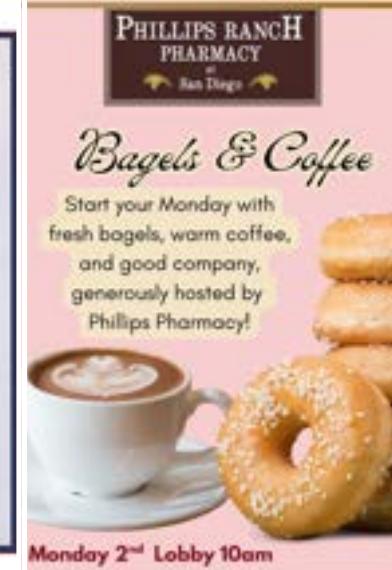


FEBRUARY AT THE POINTE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>HAPPY BIRTHDAY</p> <p>RON BELLATTI 2/05</p> <p>HENNIE CARUANA 2/07</p> <p>ALAN DIEDERICH 2/14</p> <p>KEITH CAMPBELL 2/14</p> <p>LIZ JONES 2/15</p> <p>MADELINE KOCI 2/17</p> <p>BEA JONES 2/19</p> <p>GEORGE CARUANA 2/20</p> <p>SHIRLEY REIDER 2/21</p> <p>DICK MARKSON 2/24</p> <p>DIANE SVENDSON 2/25</p> <p>LOCATION KEY</p> <p>LP- 1st Floor Lobby Pointe</p> <p>LB32- 2nd Floor Latitude 32 Bar</p> <p>V-2nd Floor Veranda Dining</p> <p>TD-2nd Floor Terrazza Dining</p> <p>FS-2nd Floor Fitness Studio</p> <p>G2-2nd Floor Garden</p> <p>PDP-Pool Deck Patio</p> <p>3C-3rd Floor Garden Courtyard</p> <p>GR-3rd Floor Game Room</p> <p>LL/P-3rd Floor Lantern Links</p> <p>T-3rd Floor Theater</p> <p>FR4-4th Floor Fitness Studio</p> <p>L-4th Floor Library</p> <p>AC-4th Floor Arts/Crafts Room</p> <p>TDP-Terrazza Dining Patio</p>	<p>Last Day To RSVP for Tuesday Outing</p> <p>Sunday NFL Football In The Theater</p> <p>8:00 ★ Guardian Angels Catholic Church [LP]</p> <p>8:15 † Shadow Mountain Church Drive [LP]</p> <p>9:00 † Sunday Morning Church Service with Pastor Steven [CH]</p> <p>10:15 † Shadow Mountain Church Drive #2</p> <p>12:30 ‡ Bridge Club [FS]</p> <p>12:30 ★ Famous People Documentary: Audrey Hepburn: Remembered The Hollywood Collection [T]</p> <p>2:30 ‡ \$1 Bingo [GR]</p> <p>5:30 ‡ Games with Friends [GR]</p> <p>9:00 ↔ Exercise Video Class [FS]</p> <p>10:00 ☕ Coffee & Bagels with Phillips Ranch Pharmacy [LP]</p> <p>10:30 ⌓ Learn Line Dancing [L]</p> <p>10:45 ☺ Happy Hearts Walking Club</p> <p>12:30 ⌓ Glee Club [GR]</p> <p>1:30 ☺ Table Talk & Tasty Treats with Culinary Director Reggie [V]</p> <p>2:00 ‡ Nickel Blackjack [GR]</p> <p>3:00 ‡ Mexican Train [GR]</p> <p>3:30 ☺ Transportation Committee Meeting [BPD]</p> <p>4:30 ⌓ Evening Piano Music [TD]</p> <p>9:00 ↔ Exercise Video Class [FS]</p> <p>10:00 ☕ Coffee, Cookies & Conversations [LP]</p> <p>10:30 ⌓ Learn Line Dancing [L]</p> <p>10:45 ☺ Happy Hearts Walking Club</p> <p>12:30 ⌓ Glee Club [GR]</p> <p>2:00 ‡ Nickel Blackjack [GR]</p> <p>3:00 ☺ Democrat & Independents Social Club [L]</p> <p>3:00 ‡ Mexican Train [GR]</p> <p>3:00 Monday Concert with Double Take & Nathan Fry</p> <p>4:30 ⌓ Evening Piano Music [TD]</p> <p>9:00 ↔ Exercise Video Class [FS]</p> <p>10:00 ☕ Coffee, Cookies & Conversations [LP]</p> <p>10:30 ⌓ Learn Line Dancing [L]</p> <p>10:45 ☺ Happy Hearts Walking Club</p> <p>12:30 ⌓ Glee Club [GR]</p> <p>2:00 ‡ Nickel Blackjack [GR]</p> <p>3:00 ☺ Table Talk : A Taste of the Lunar New Year [V]</p> <p>4:00 ‡ Nickel Blackjack [GR]</p> <p>3:00 ‡ Mexican Train [GR]</p> <p>4:30 ⌓ Evening Piano Music [TD]</p> <p>9:15 † St. Kieran's Communion Service at The Ridge</p> <p>9:30 ↔ Balance & Stability Class with Karl [FS]</p> <p>10:45 ★ Lunch Outing to: Hacienda Casa Blanca [LP]</p> <p>1:30 ☺ Paint & Sip Art Class</p> <p>3:00 ‡ Bingo [GR]</p> <p>3:30 ☺ Transportation Committee Meeting [BPD]</p> <p>4:00 ☺ Technology Help in Activities Office</p> <p>6:00 ‡ Games with Friends [GR]</p> <p>9:15 † St. Kieran's Communion Service at The Ridge</p> <p>9:30 ☺ Happy Hearts Walking Club</p> <p>11:30 ↔ Stay Active, Stay Young~ Workout with Dennis [FS]</p> <p>12:30 ☕ Movie Matinee: A Rainy Day in New York PG-13 2019 · Romance/Comedy · 1h 32m [T]</p> <p>1:00 ☺ Resident Assoc. Board Meeting [V]</p> <p>3:00 ☕ Happy Hour with Live Music from First String Band [LB32]</p> <p>6:00 ‡ Games with Friends [GR]</p> <p>Wear Red For National Heart Month</p> <p>9:15 ☺ Happy Hearts Walking Club</p> <p>9:30 ★ Santee Hall Wednesday -Celtic Harp Concert</p> <p>11:30 ↔ Stay Active, Stay Young~ Workout with Dennis [FS]</p> <p>12:30 ☕ Movie Matinee: A Rainy Day in New York PG-13 2019 · Romance/Comedy · 1h 32m [T]</p> <p>1:00 ☺ Resident Assoc. 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Park</p> <p>11:30 ‡ Left, Right, Center Dice Game [GR]</p> <p>1:00 Scoops N' Smiles~ Ice Cream Social [V]</p> <p>2:00 ‡ Nickel Blackjack [GR]</p> <p>3:00 ‡ Scrabble Game [FS]</p> <p>6:30 ‡ Games in the Game Room [GR]</p> <p>Happy Birthday Hennie Caruana !</p> <p>9:00 ↔ Exercise & Weights with Heidi [FS]</p> <p>9:45 ↔ Chair Yoga with Heidi [FS]</p> <p>10:00 ☺ Walking on Sunshine to: Sky Ranch Park</p> <p>11:30 ‡ Left, Right, Center Dice Game [GR]</p> <p>1:00 Scoops N' Smiles~ Ice Cream Social [V]</p> <p>2:00 ‡ Nickel Blackjack [GR]</p> <p>3:00 ‡ Scrabble Game [FS]</p> <p>6:30 ‡ Games in the Game Room [GR]</p>	<p>9:00 ↔ Senior Stretches Video [FS]</p> <p>10:00 ☺ Free Friday Vital Checks with Senior Helpers [LB32]</p> <p>10:30 ☺ Trivia Challenge in the Library with Larry Nelson [L]</p> <p>1:30 ★ Arts and Crafts ~ A Little Love to Hang Around ~ Garland</p> <p>3:00 ‡ \$1 Bingo [GR]</p> <p>7:00 ☕ Friday Night Cinema: Love at First Sight PG-13 2023 · Romance/Drama · 1h 31m [T]</p> <p>9:00 ↔ 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FEBRUARY AT THE POINTE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
 <p>LOCATION KEY</p> <p>LP- 1st Floor Lobby Pointe LB32- 2nd Floor Latitude 32 Bar V-2nd Floor Veranda Dining TD-2nd Floor Terrazza Dining FS-2nd Floor Fitness Studio G2-2nd Floor Garden PDP-Pool Deck Patio 3C-3rd Floor Garden Courtyard GR-3rd Floor Game Room LL/P-3rd Floor Lantern Links T-3rd Floor Theater FR4-4th Floor Fitness Studio L-4th Floor Library AC-4th Floor Arts/Crafts Room TDP-Terrazza Dining Patio</p>	<p>Last Day To RSVP for Tuesday Outing 22</p> <p>Sunday NFL Football In The Theater</p> <p>8:00 ★ Guardian Angels Catholic Church [LP] 8:15 † Shadow Mountain Church Drive [LP] 9:00 ★ Sunday Morning Church Service with Pastor Bill [CH] 10:15 † Shadow Mountain Church Drive #2 12:30 ‡ Bridge Club [FS] 12:30 ⚡ Famous People Documentary: Louis Armstrong: Ambassador of Jazz [T] 1:15 ★ San Diego Symphony Outing 2:30 ‡ \$1 Bingo [GR] 5:30 ‡ Games with Friends [GR]</p>	<p>All Staff Meeting: No Doctor Appointments After 12pm 23</p> <p>9:00 ↔ Exercise Video Class [FS] 10:00 ☕ Coffee, Cookies & Conversations [LP] 10:30 ⚡ Learn Line Dancing [L] 10:45 ☕ Happy Hearts Walking Club 12:30 ⚡ Glee Club [GR] 2:00 ☕ Dining Committee Meeting [BPD] 2:00 ‡ Resident Led Nickel Blackjack [GR] 3:00 ‡ Mexican Train [GR] 4:30 ⚡ Evening Piano Music [TD]</p>	<p>Happy Birthday Dick Markson!! 24</p> <p>9:15 † St. Kieran's Communion Service [CH] 9:30 ↔ Balance & Stability Class with Karl [FS] 10:30 ★ Outing to: Walmart Los Coaches [LP] 1:30 ☕ Paint & Sip Art Class 3:00 ‡ Bingo [GR] 3:00 ☕ You're Not Alone -- Family-Caregivers Support Group [L] 4:00 ☕ Technology Help in Activities Office 6:00 ‡ Games with Friends [GR]</p>	<p>Wear Red For National Heart Month 25</p> <p>9:15 ☕ Happy Hearts Walking Club 10:00 ☕ Coffee with the Assistant Executive Director Brittany Fay [LP] 11:00 ☕ March Frenzy-Sign up [LB32] 11:30 ☕ Water The Garden & Tunes [G2] 12:30 ☕ Movie Matinee: The Notebook~PG-13 2004 1:00 ☕ Cozy Quilt Corner 2:00 ☕ Understanding Strokes~ From The Sharp Health Corner at Lantern Crest 3:00 ☕ Happy Hour with Live Music from [LB32] 6:00 ‡ Games with Friends [GR]</p>	<p>9:30 ↔ Balance & Stability Class with Karl [FS] 11:00 ☕ Español For Fun! [FS] 11:30 ☕ Water The Garden & Tunes [G2] 2:00 ‡ Nickel Blackjack [GR] 3:00 ‡ Cribbage [FS] 4:00 ☕ Technology Help in Activities Office 4:00 ☕ Thursday Specialty Buffet: [TD] 6:00 ‡ Games with Friends [GR]</p>	<p>Last Day To RSVP for Sunday Outing 27</p> <p>9:00 ↔ Senior Stretches Video [FS] 10:00 ☕ Free Friday Vital Checks with Senior Helpers [LB32] 10:30 ☕ Trivia Challenge in the Library with Larry Nelson [L] 1:30 ★ Arts and Crafts ~ Sweetheart Centerpieces ~ Table Decor 2:00 ☕ Communi-Tea Book Club at The Plaza! [TL] 3:00 ‡ \$1 Bingo [GR] 7:00 ☕ Friday Night Cinema: Love Again~PG-13 2023 1h 44m [T]</p>	<p>9:00 ↔ Exercise & Weights with Heidi [FS] 9:45 ↔ Chair Yoga with Heidi [FS] 11:30 ‡ Left, Right, Center Dice Game [GR] 1:00 Scoops N' Smiles~ Ice Cream Social [V] 2:00 ‡ Nickel Blackjack [GR] 3:00 ‡ Scrabble Game [FS] 6:30 ‡ Games in the Game Room [GR]</p>
 <p>THE GIFT OF AGE. UNION-TRIBUNE LANGUAGE COLUMNIST RICHARD LEDERER WILL SHARE WIT, WISDOM, AND INSPIRATION ABOUT THE INCREDIBLE JOURNEY TO MATURITY</p> <p>Celebrate life by learning something new and reflecting on the experiences and lessons that come with age, just like our nation's leaders have over time.</p> <p>FEBRUARY 13th 1PM POINTE THEATER JOIN US FOR LUNCH BEFORE THE EVENT 11:30AM TERRAZZA</p>	 <p>Join Us SUPER BOWL SUNDAY PARTY JOIN US FOR THE BIG GAME! ENJOY GAME-DAY SNACKS, DRINKS, AND GREAT COMPANY! WEAR YOUR FAVORITE TEAM COLORS OR JERSEY! FEBRUARY 8th 3:30PM LB32</p>	 <p>MARDI GRAS HAPPY HOUR WITH DOUBLE TAKE You're invited to a Mardi Gras Happy Hour Celebration! Enjoy festive vibes, great company, and Mardi Gras fun. Beads, smiles, and good times guaranteed!</p>	 <p>HAPPY LUNAR NEW YEAR 2026 THE YEAR OF THE HORSE</p>	 <p>Table Talk : A Taste of the Lunar New Year Celebrate Chinese New Year with festive flavors and a warm gathering to honor the Lunar New Year with Life Enrichment, and the latest updates from our culinary director Reggie. Monday 16th 1pm in the Veranda Dining Room</p>			
 <p>SHARP The Sharp Health Care Center at Eastern Crest Understanding Strokes Signs - Prevention - Treatment Start your Monday with fresh bagels, warm coffee, and good company, generously hosted by Phillips Pharmacy! Wednesday, February 28 2:00 PM - 3:00 PM Place Theatre Residents, family members, and guests welcome Light refreshments provided 300 Lantern Creek Way, San diego, 92121 For RSVPS: 619-258-0000</p> <p>Transportation will be provided</p>	 <p>PHILLIPS RANCH PHARMACY San Diego Bagels & Coffee Start your Monday with fresh bagels, warm coffee, and good company, generously hosted by Phillips Pharmacy! Monday 2nd Lobby 10am</p>	 <p>You are invited to our VALENTINE'S DAY CELEBRATION XOXO with The Rhinestone Grannies Saturday 14th 2pm Theater</p>	 <p>This Valentine's Day, Join Us for Our Celebrate All Love Stories Come celebrate those loves who stand beside us, and those who come by with us, during this very special annual ceremony. Following our ceremony and refreshments, single guests are invited to join a fun and relaxed speed-connection experience!</p>	 <p>Greens & Greetings A Salad-Making Social with Our Senior Helpers Join us for fresh salads, friendly chats & fun! Join Senior Helpers on Thursday 12th 12pm at the library</p>		<p>DOCTORS APPTS. Monday-Friday 9am-3pm 9 AM- 1 PM for Appts Further than 15 Miles Transportation request forms available at the front desk Submit completed forms to front desk a minimum 48 hours before your planned trip. Transportation Number (619)905-3061 No transportation after 12pm on the 22nd of each Month. (the date may vary; please check the calendar every month)</p>	