

# March Horizons at The Ridge

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
<b>Relaxing &amp; Essential Oils</b> <b>1</b> 9:30 Lounge Chat & Daily Chronicle 10:00 <a href="#">New Views and Horoscopes &amp; Beverages</a> 10:15 <a href="#">LOVE ON A LEASH</a> 11:30 1:1 Soothing Visits 1:30 <a href="#">Balloon Soccer</a> 2:00 <a href="#">Snacks &amp; Reminiscing</a> 2:30 <a href="#">Did You Know? Game</a> 2:45 <a href="#">Ukulele Sing Along with Aurora</a> 4:30 <a href="#">Sports on T.V.</a>	<b>Relaxing &amp; Essential Oils</b> <b>2</b> 9:30 Lounge Chat & Daily Chronicle 10:00 EZ Does it 10:30 <a href="#">Exercise Class with Aurora in the Courtyard</a> 11:30 1:1 Soothing Visits 1:30 Wheel of Fortune 2:00 <a href="#">Baked Goods Social</a> 2:30 <a href="#">Movie &amp; Popcorn</a> 4:30 <a href="#">Sports on T.V.</a>	<b>Relaxing &amp; Essential Oils</b> <b>3</b> 9:30 Lounge Chat & Daily Chronicle 10:00 <a href="#">Seated Yoga Stretch</a> 10:30 News Chat & Beverages 11:30 1:1 Soothing Visits 1:30 <a href="#">Afternoon Book Club</a> 2:00 <a href="#">Snacks &amp; Reminiscing</a> 2:30 <a href="#">Bingo</a> 3:30 <a href="#">Happy Hour with "SUNSHINE GANG"</a> 4:30 <a href="#">Sports on T.V.</a>	<b>Relaxing &amp; Essential Oils</b> <b>4</b> <i>Spirit Wednesday "Wear Green for Nutrition Awareness Month"</i> 9:30 Lounge Chat & Daily Chronicle 10:00 <a href="#">Cycle Through Nature with "Damon"</a> 10:30 <a href="#">Cool Down &amp; Beverages</a> 11:30 1:1 Soothing Visits 1:30 <a href="#">Fishing</a> 2:00 <a href="#">Snacks &amp; Finish The Phrase</a> 2:30 <a href="#">Knit &amp; Crochet O/e</a> 3:00 <a href="#">Memories in the Making with Diane &amp; Kasey</a> 4:30 <a href="#">Sports on T.V.</a>	<b>Relaxing &amp; Essential Oils</b> <b>5</b> 9:30 Lounge Chat & Daily Chronicle 10:00 <a href="#">Kickball Exercise</a> 10:30 <a href="#">Music Trivia &amp; Beverages</a> 11:30 1:1 Soothing Visits 1:30 <a href="#">Gospel Music with STEVE &amp; DIANE</a> 2:00 Snacks & Pictionary 2:30 <a href="#">Crafts Corner</a> 3:00 <a href="#">Coffee Cart Social</a> 3:30 <a href="#">Courtyard Garden Club</a> 4:30 <a href="#">Sports on T.V.</a>	<b>Relaxing &amp; Essential Oils</b> <b>6</b> 9:30 Lounge Chat & Daily Chronicle 10:00 <a href="#">Drum Fit Exercise Class</a> 10:30 <a href="#">Morning Book Club &amp; Beverages "Courtyard"</a> 11:30 1:1 Soothing Visits 1:30 <a href="#">Friday Movie &amp; Popcorn</a> 2:00 <a href="#">LOVE ON A LEASH</a> 2:00 Snacks & Reminiscing 2:30 <a href="#">Hand &amp; Spa Care</a> 3:00 <a href="#">Bingo</a> 4:30 <a href="#">Piano Music with "TREVOR GIBSON"</a> 4:30 <a href="#">Sports on T.V.</a>	<b>Relaxing &amp; Essential Oils</b> <b>7</b> 9:30 Lounge Chat & Daily Chronicle 10:00 <a href="#">Balloon Exercise</a> 10:30 <a href="#">Comedy Corner &amp; Beverages</a> 11:30 1:1 Soothing Visits 1:30 <a href="#">Scenic Drive</a> 2:00 <a href="#">Snack &amp; Hangman</a> 2:30 <a href="#">Puzzle Mania</a> 3:00 <a href="#">Babydoll Changing Station</a> 3:30 <a href="#">Art Make-Up Day</a> 4:30 <a href="#">Sports on T.V.</a>		
<i>Daylight Savings Begins &amp; International Women's Day</i> <b>Relaxing &amp; Essential Oils</b> <b>8</b> 9:30 Lounge Chat & Daily Chronicle 10:00 <a href="#">New Views and Horoscopes &amp; Beverages</a> 10:30 EZ Does it 11:30 1:1 Soothing Visits 1:30 <a href="#">International Women's Day Celebration with "LILIA ROSE"</a> 2:00 <a href="#">Snacks &amp; Reminiscing</a> 2:30 <a href="#">Afternoon Stretch with Aurora</a> 2:45 <a href="#">Ukulele Sing Along with Bob Arij</a> 4:30 <a href="#">Sports on T.V.</a>	<b>Relaxing &amp; Essential Oils</b> <b>9</b> 9:30 Lounge Chat & Daily Chronicle 10:00 <a href="#">Sing-along with Dan Miller</a> 11:30 1:1 Soothing Visits 1:30 <a href="#">Bible Study &amp; Hymns w/ Pastor Bob</a> 2:00 <a href="#">Baked Goods Social</a> 2:30 <a href="#">Movie &amp; Popcorn</a> 4:30 <a href="#">Sports on T.V.</a>	<b>Relaxing &amp; Essential Oils</b> <b>10</b> 9:30 Lounge Chat & Daily Chronicle 10:00 <a href="#">Seated Yoga Stretch</a> 10:30 News Chat & Beverages 11:30 1:1 Soothing Visits 1:30 <a href="#">Afternoon Book Club</a> 2:00 <a href="#">Snacks &amp; Reminiscing</a> 2:30 <a href="#">History Lady March Show</a> 3:00 <a href="#">Resident Council Meeting</a> 3:30 <a href="#">Happy Hour &amp; Welcome New Residents with "FIRST STRING BAND"</a> 4:30 <a href="#">Sports on T.V.</a>	<b>Relaxing &amp; Essential Oils</b> <b>11</b> <i>Spirit Wednesday "Wear Green for Nutrition Awareness Month"</i> 9:30 Lounge Chat & Daily Chronicle 10:00 <a href="#">Cycle Through Nature with "Damon"</a> 10:30 <a href="#">Cool Down &amp; Beverages</a> 11:30 1:1 Soothing Visits 1:30 <a href="#">Shuffle Board Game</a> 2:00 <a href="#">Snacks &amp; Finish The Phrase</a> 2:30 <a href="#">Knit &amp; Crochet O/e</a> 3:00 <a href="#">Memories in the Making with Diane &amp; Kasey</a> 4:30 <a href="#">Sports on T.V.</a>	<b>Relaxing &amp; Essential Oils</b> <b>12</b> 9:30 Lounge Chat & Daily Chronicle 10:00 <a href="#">High Tea</a> 11:30 1:1 Soothing Visits 1:30 <a href="#">Basketball, Shoot!</a> 2:00 Snacks 2:30 <a href="#">Crafts Corner</a> 3:00 <a href="#">Coffee Cart Social</a> 3:30 <a href="#">Courtyard Garden Club</a> 4:30 <a href="#">Sports on T.V.</a>	<b>Relaxing &amp; Essential Oils</b> <b>13</b> 9:30 Lounge Chat & Daily Chronicle 10:00 <a href="#">Drum Fit Exercise Class</a> 10:30 <a href="#">Morning Book Club &amp; Beverages "Courtyard"</a> 11:30 1:1 Soothing Visits 1:30 <a href="#">Friday Movie &amp; Popcorn</a> 2:00 <a href="#">LOVE ON A LEASH</a> 2:00 Snacks & Reminiscing 2:30 <a href="#">Ice Cream Floats</a> 3:00 <a href="#">Bingo</a> 4:30 <a href="#">Piano Music with "TREVOR GIBSON"</a> 4:30 <a href="#">Sports on T.V.</a>	<b>Relaxing &amp; Essential Oils</b> <b>14</b> 9:30 Lounge Chat & Daily Chronicle 10:00 <a href="#">Balloon Exercise</a> 10:30 <a href="#">Comedy Corner &amp; Beverages</a> 11:30 1:1 Soothing Visits 1:30 <a href="#">Scenic Drive</a> 2:00 <a href="#">Snack &amp; Hangman</a> 2:30 <a href="#">Puzzle Mania</a> 3:00 <a href="#">Try Our Pie For Pie Day</a> 3:30 <a href="#">Art Make-Up Day</a> 4:30 <a href="#">Sports on T.V.</a>		
<b>Relaxing &amp; Essential Oils</b> <b>15</b> 9:30 Lounge Chat & Daily Chronicle 10:00 <a href="#">New Views and Horoscopes &amp; Beverages</a> 10:15 <a href="#">LOVE ON A LEASH</a> 11:30 1:1 Soothing Visits 1:30 Balloon Soccer 2:00 <a href="#">Snacks &amp; Reminiscing</a> 2:30 <a href="#">Did You Know? Game</a> 2:45 <a href="#">Ukulele Sing Along with Bob Arij</a> 4:30 <a href="#">Sports on T.V.</a>	<b>Relaxing &amp; Essential Oils</b> <b>16</b> 9:30 Lounge Chat & Daily Chronicle 9:35 <a href="#">Bible Study &amp; Hymns w/ Pastor Bob</a> 10:00 <a href="#">Exercise Class with Aurora in the Courtyard</a> 11:30 1:1 Soothing Visits 1:30 Wheel of Fortune 2:00 <a href="#">Baked Goods Social</a> 2:30 <a href="#">Movie &amp; Popcorn</a> 4:30 <a href="#">Sports on T.V.</a>	<i>Happy St. Patrick's Day</i> <b>Relaxing &amp; Essential Oils</b> <b>17</b> 9:30 Lounge Chat & Daily Chronicle 10:00 <a href="#">Seated Yoga Stretch</a> 10:30 News Chat & Beverages 11:30 1:1 Soothing Visits 1:30 <a href="#">St. Patrick's Day Party</a> 2:00 <a href="#">Snacks &amp; Reminiscing</a> 2:30 <a href="#">Bingo</a> 3:30 <a href="#">Happy Hour &amp; Celebrating St. Patrick's Day with "LUKE ANDREEN"</a> 4:30 <a href="#">Sports on T.V.</a>	<b>Relaxing &amp; Essential Oils</b> <b>18</b> <i>Spirit Wednesday "Wear Green for Nutrition Awareness Month"</i> 9:30 Lounge Chat & Daily Chronicle 10:00 <a href="#">Cycle Through Nature with "Damon"</a> 10:30 <a href="#">Cool Down &amp; Beverages</a> 11:30 1:1 Soothing Visits 1:15 <a href="#">March Concert with "DOUBLE TAKE"</a> 2:00 <a href="#">Snacks &amp; Finish The Phrase</a> 2:30 <a href="#">Knit &amp; Crochet O/e</a> 3:00 <a href="#">Memories in the Making with Diane &amp; Kasey</a> 4:30 <a href="#">Sports on T.V.</a>	<b>Relaxing &amp; Essential Oils</b> <b>19</b> 9:30 Lounge Chat & Daily Chronicle 10:00 <a href="#">Kickball Exercise</a> 10:30 <a href="#">Music Trivia &amp; Beverages</a> 11:30 1:1 Soothing Visits 1:30 <a href="#">"Tina Turner" Live Concert in AL Theater</a> 2:00 Snacks 2:30 <a href="#">Crafts Corner</a> 3:00 <a href="#">Coffee Cart Social</a> 3:30 <a href="#">Courtyard Garden Club</a> 4:30 <a href="#">Sports on T.V.</a>	<b>Relaxing &amp; Essential Oils</b> <b>20</b> <i>Spring Begins &amp; International Day Of Happiness</i> 9:30 Lounge Chat & Daily Chronicle 10:00 <a href="#">Drum Fit Exercise Class</a> 10:30 <a href="#">Morning Book Club &amp; Beverages "Courtyard"</a> 11:30 1:1 Soothing Visits 1:30 <a href="#">Friday Movie &amp; Popcorn</a> 2:00 <a href="#">LOVE ON A LEASH</a> 2:00 Snacks & Reminiscing 2:30 <a href="#">Hand &amp; Spa Care</a> 3:00 <a href="#">Bingo</a> 4:30 <a href="#">Piano Music with "TREVOR GIBSON"</a> 4:30 <a href="#">Sports on T.V.</a>	<b>Relaxing &amp; Essential Oils</b> <b>21</b> 9:30 Lounge Chat & Daily Chronicle 10:00 <a href="#">Balloon Exercise</a> 10:30 <a href="#">Comedy Corner &amp; Beverages</a> 11:30 1:1 Soothing Visits 1:30 <a href="#">March Concert with "SYLVIA"</a> 2:00 <a href="#">Snack &amp; Hangman</a> 2:30 <a href="#">Puzzle Mania</a> 3:00 <a href="#">Babydoll Changing Station</a> 3:30 <a href="#">Art Make-Up Day</a> 4:30 <a href="#">Sports on T.V.</a>		
<b>Relaxing &amp; Essential Oils</b> <b>22</b> 9:30 Lounge Chat & Daily Chronicle 10:00 <a href="#">New Views and Horoscopes &amp; Beverages</a> 10:30 EZ Does it 11:30 1:1 Soothing Visits 1:30 <a href="#">Balloon Exercise</a> 2:00 <a href="#">Snacks &amp; Reminiscing</a> 2:30 <a href="#">Did You Know? Game</a> 2:45 <a href="#">Ukulele Sing Along with Bob Arij</a> 4:30 <a href="#">Sports on T.V.</a>	<i>ALL STAFF MEETING</i> <b>Relaxing &amp; Essential Oils</b> <b>23</b> 9:30 Lounge Chat & Daily Chronicle 10:00 <a href="#">Sing-along with Dan Miller</a> 11:30 1:1 Soothing Visits 1:15 Afternoon Stretch 1:30 <a href="#">Bible Study &amp; Hymns w/ Pastor Bob</a> 2:00 <a href="#">Baked Goods Social</a> 2:30 <a href="#">Movie &amp; Popcorn</a> 4:30 <a href="#">Sports on T.V.</a>	<b>Relaxing &amp; Essential Oils</b> <b>24</b> 9:30 Lounge Chat & Daily Chronicle 10:00 <a href="#">Seated Yoga Stretch</a> 10:30 News Chat & Beverages 11:30 1:1 Soothing Visits 1:30 <a href="#">Afternoon Book Club</a> 2:00 <a href="#">Snacks &amp; Reminiscing</a> 2:30 <a href="#">Bingo</a> 3:30 <a href="#">Happy Hour with "FIREBALL XPRESS"</a> 4:30 <a href="#">Sports on T.V.</a>	<b>Relaxing &amp; Essential Oils</b> <b>25</b> <i>Spirit Wednesday "Wear Green for Nutrition Awareness Month"</i> 9:30 Lounge Chat & Daily Chronicle 10:00 <a href="#">Cycle Through Nature with "Damon"</a> 10:30 <a href="#">Cool Down &amp; Beverages</a> 11:30 1:1 Soothing Visits 1:30 <a href="#">Scavenger Hunt</a> 2:00 <a href="#">Snacks &amp; Finish The Phrase</a> 2:30 <a href="#">Knit &amp; Crochet O/e</a> 3:00 <a href="#">Memories in the Making with Diane &amp; Kasey</a> 4:30 <a href="#">Sports on T.V.</a>	<i>Padres Opening Day!</i> <b>Relaxing &amp; Essential Oils</b> <b>26</b> 9:30 Lounge Chat & Daily Chronicle 10:00 <a href="#">Kickball Exercise</a> 10:30 <a href="#">Music Trivia &amp; Beverages</a> 11:30 1:1 Soothing Visits 1:10 <a href="#">Padres Opening Day Watch Party</a> 2:00 Snacks 2:30 <a href="#">Crafts Corner</a> 3:00 <a href="#">Coffee Cart Social</a> 3:30 <a href="#">Courtyard Garden Club</a> 4:30 <a href="#">Sports on T.V.</a>	<b>Relaxing &amp; Essential Oils</b> <b>27</b> 9:30 Lounge Chat & Daily Chronicle 10:00 <a href="#">Drum Fit Exercise Class</a> 10:30 <a href="#">Morning Book Club &amp; Beverages "Courtyard"</a> 11:30 1:1 Soothing Visits 1:30 <a href="#">Friday Movie &amp; Popcorn</a> 2:00 <a href="#">LOVE ON A LEASH</a> 2:00 Snacks & Reminiscing 2:30 <a href="#">Ice Cream Floats</a> 3:00 <a href="#">Bingo</a> 4:30 <a href="#">Piano Music with "TREVOR GIBSON"</a> 4:30 <a href="#">Sports on T.V.</a>	<b>Relaxing &amp; Essential Oils</b> <b>28</b> 9:30 Lounge Chat & Daily Chronicle 10:00 <a href="#">Balloon Exercise</a> 10:30 <a href="#">Comedy Corner &amp; Beverages</a> 11:30 1:1 Soothing Visits 1:30 <a href="#">Scenic Drive</a> 2:00 <a href="#">Snack &amp; Hangman</a> 2:30 <a href="#">Puzzle Mania</a> 3:00 <a href="#">Babydoll Changing Station</a> 3:30 <a href="#">Art Make-Up Day</a> 4:30 <a href="#">Sports on T.V.</a>		
<i>Palm Sunday</i> <b>Relaxing &amp; Essential Oils</b> <b>29</b> 9:30 Lounge Chat & Daily Chronicle 10:00 <a href="#">New Views and Horoscopes &amp; Beverages</a> 10:30 EZ Does it 11:30 1:1 Soothing Visits 1:30 <a href="#">Balloon Soccer</a> 2:00 <a href="#">Snacks &amp; Reminiscing</a> 2:30 <a href="#">Did You Know? Game</a> 2:45 <a href="#">Ukulele Sing Along with Bob Arij</a> 4:30 <a href="#">Sports on T.V.</a>	<b>Relaxing &amp; Essential Oils</b> <b>30</b> 9:30 Lounge Chat & Daily Chronicle 9:35 <a href="#">Bible Study &amp; Hymns w/ Pastor Bob</a> 10:30 <a href="#">Exercise Class with Aurora in the Courtyard</a> 11:30 1:1 Soothing Visits 1:30 <a href="#">MYTHOLOGY MONDAY</a> 2:00 <a href="#">Baked Goods Social</a> 2:30 <a href="#">Movie &amp; Popcorn</a> 4:30 <a href="#">Sports on T.V.</a>	<b>Relaxing &amp; Essential Oils</b> <b>31</b> 9:30 Lounge Chat & Daily Chronicle 10:00 <a href="#">Seated Yoga Stretch</a> 10:30 News Chat & Beverages 11:30 1:1 Soothing Visits 1:30 <a href="#">Afternoon Book Club</a> 2:00 <a href="#">Snacks &amp; Reminiscing</a> 2:30 <a href="#">Bingo</a> 3:30 <a href="#">Happy Hour &amp; Birthday Celebration with "THE SOPHISTICATS" Cakes Sponsored by "Mlssion Hospice"</a> 4:30 <a href="#">Sports on T.V.</a>	<b>Resident Birthdays</b> Roberta Janann D. 3/8 Catherine T. 3/15 Barbara H. 3/31					