

MARCH AT THE POINTE

Happy Birthday
 Ted Holmsen 3/01
 Ken Weiss 3/05
 Richard Canfield 3/07
 Dave Zeman 3/18
 Michael Foggiano 3/19
 Marcia Christy 3/20
 Judy Tucker 3/24
 Sally Rodriguez 3/28

- LP- 1st Floor Lobby Pointe
- LB32- 2nd Floor Latitude 32 Bar
- V-2nd Floor Veranda Dining
- TD-2nd Floor Terrazza Dining
- FS-2nd Floor Fitness Studio
- G2-2nd Floor Garden
- PDP-Pool Deck Patio
- 3C-3rd Floor Garden Courtyard
- GR-3rd Floor Game Room
- LL/P-3rd Floor Lantern Links
- T-3rd Floor Theater
- FR4-4th Floor Fitness Studio
- L-4th Floor Library
- AC-4th Floor Arts/Crafts Room
- TDP-Terrazza Dining Patio
- BISR- Bistro 2nd floor

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Happy Birthday Ted Holmsen! 1</p> <p>Last Day To RSVP for Tuesday Outing</p> <p>8:00 ★ Guardian Angels Catholic Church [LP]</p> <p>8:15 † Shadow Mountain Church Drive [LP]</p> <p>9:00 † Sunday Morning Church Service with Pastor Steven [CH]</p> <p>10:00 ★ Sunday Run to: Grocery Outlet Santee</p> <p>10:15 † Shadow Mountain Church Drive #2</p> <p>12:00 ☞ Water The Garden & Tunes</p> <p>12:30 ♣ Bridge Club [FS]</p> <p>2:30 ♣ \$1 Bingo [GR]</p> <p>5:30 ♣ Games with Friends [GR]</p>	<p>9:00 ↔ Exercise Video Class [FS] 2</p> <p>10:00 ☞ Coffee, Cookies & Conversations [LP]</p> <p>10:30 🎵 Learn Line Dancing [L]</p> <p>10:45 ☺ Happy Hearts Walking Club</p> <p>12:30 🎵 Glee Club [GR]</p> <p>1:30 ☺ Table Talk & Tasty Treats with Culinary Director Reggie [V]</p> <p>2:00 ♣ Nickel Blackjack [GR]</p> <p>3:00 ♣ Mexican Train [GR]</p> <p>4:30 🎵 Evening Piano Music [TD]</p>	<p>9:15 † St. Kieran's Communion Service at The Ridge 3</p> <p>9:30 ☺ Pilates Video Class</p> <p>11:15 ★ Lunch Outing to: The Stand - Santee [LP]</p> <p>1:30 ☞ Paint & Sip Art Class</p> <p>2:00 ☺ Meet and Greet with Homewatch Caregivers Team [T]</p> <p>3:00 ♣ Bingo [GR]</p> <p>3:30 Transportation Committee Meeting [V]</p> <p>4:00 ☺ Technology Help in Activities Office</p> <p>6:00 ♣ Games with Friends [GR]</p>	<p>Wear Green For Nutrition Awareness Month / St. Patrick's Day 4</p> <p>9:15 ☺ Happy Hearts Walking Club</p> <p>9:30 ★ Santee Hall Wednesday -Empire Builder A Historical Retelling of how John D. Spreckels Rebuilt San Diego</p> <p>10:00 ☞ Sunshine & Coffee Club [PDP]</p> <p>11:30 ↔ Exercise Video [FS]</p> <p>12:30 ☞ Movie Matinee: The Magic of Belle Isle PG 2012 · Comedy/Drama · 1h 49m [T]</p> <p>1:00 ☺ Resident Assoc. Board Meeting [V]</p> <p>3:00 ☞ Happy Hour with Live Music from The Frank Guy [LB32]</p> <p>6:00 ♣ Games with Friends [GR]</p>	<p>Happy Birthday Ken Weiss!! 5</p> <p>9:30 ☺ Core Strengthening Video [FS]</p> <p>10:00 ☺ Fashion on The Go-10am to 2pm</p> <p>10:30 ☺ Chat with Life Enrichment Coordinator Erika</p> <p>11:30 ☞ Water The Garden & Tunes [G2]</p> <p>1:00 ☞ Women's Wine Time Social [LB32]</p> <p>2:00 ♣ Nickel Blackjack [GR]</p> <p>3:00 ♣ Cribbage [FS]</p> <p>4:00 ☺ Technology Help in Activities Office</p> <p>5:00 ♣ Men's Poker Day [GR]</p> <p>6:00 ♣ Games with Friends [GR]</p>	<p>Last Day To RSVP for Sunday Outing 6</p> <p>9:00 ☺ Beltone Hearing Aid Free Cleaning and Check 9am to 11am [AC]</p> <p>9:00 ↔ Senior Stretches Video [FS]</p> <p>10:00 ☺ Free Friday Vital Checks with Senior Helpers [LB32]</p> <p>10:30 ☺ Trivia Challenge in the Library with Larry Nelson [L]</p> <p>1:30 ★ Arts and Crafts ~ Clover Creations</p> <p>3:00 ♣ \$1 Bingo [GR]</p> <p>7:00 ☞ Friday Night Cinema: The Bucket List PG-13 2007 · Comedy/Adventure · 1h 37m [T]</p>	<p>Happy Birthday Richard Canfield! 7</p> <p>9:00 ↔ Exercise & Weights with Heidi [FS]</p> <p>9:45 ↔ Chair Yoga with Heidi [FS]</p> <p>10:00 ☞ Girl Scout Cookie Booth [LB32]</p> <p>11:30 ♣ Left, Right, Center Dice Game [GR]</p> <p>1:00 ☞ Ice Cream Social~ Ice Cream Sandwiches [V]</p> <p>2:00 ♣ Nickel Blackjack [GR]</p> <p>3:00 ♣ Scrabble Game [FS]</p> <p>6:30 ♣ Games in the Game Room [GR]</p>
<p>Daylight Saving Time Begins 8</p> <p>International Women's Day</p> <p>8:00 ★ Guardian Angels Catholic Church [LP]</p> <p>8:15 † Shadow Mountain Church Drive [LP]</p> <p>9:00 ★ Sunday Morning Church Service with Pastor Bill [CH]</p> <p>10:00 ☺ Girls Scoots Cookie Booth [LB32]</p> <p>10:15 † Shadow Mountain Church Drive #2</p> <p>12:00 ☺ Tea & Treats for International Women's Day [BISR]</p> <p>12:30 ♣ Bridge Club [FS]</p> <p>2:30 ♣ \$1 Bingo [GR]</p> <p>5:30 ♣ Games with Friends [GR]</p>	<p>9:00 ↔ Exercise Video Class [FS] 9</p> <p>10:00 ☺ Coffee & Bagels with Phillips Ranch Pharmacy</p> <p>10:00 ☞ Coffee, Cookies & Conversations [LP]</p> <p>10:30 🎵 Learn Line Dancing [L]</p> <p>10:45 ☺ Happy Hearts Walking Club</p> <p>12:30 🎵 Glee Club [GR]</p> <p>2:00 ♣ Nickel Blackjack [GR]</p> <p>3:00 ☺ Democrat & Independents Social Club [L]</p> <p>3:00 ♣ Mexican Train [GR]</p> <p>4:30 🎵 Evening Piano Music [TD]</p>	<p>Last Day To RSVP for Sunday Lamplighter 10</p> <p>9:15 † St. Kieran's Communion Service [CH]</p> <p>9:30 ☺ Pilates Video Class</p> <p>10:00 ☺ Veteran's Group Committee~ [L]</p> <p>1:00 ★ No-Sew Blanket Craft Class</p> <p>3:00 ♣ Bingo [GR]</p> <p>3:00 ☞ You're Not Alone -- Family-Caregivers Support Group [L]</p> <p>4:00 ☺ Technology Help in Activities Office</p> <p>6:00 ♣ Games with Friends [GR]</p> <p>7:00 🎵 Sun Harbor Chorus Night Concert</p>	<p>Wear Green For Nutrition Awareness Month / St. Patrick's Day 11</p> <p>9:15 ☺ Happy Hearts Walking Club</p> <p>10:00 ☞ Sunshine & Coffee Club [PDP]</p> <p>11:30 ↔ Stay Active, Stay Young~ Workout with Dennis [FS]</p> <p>12:30 ☞ Movie Matinee: Notes for My Son R 2020 · Drama/Melodrama · 1h 24m [T]</p> <p>1:00 ☞ Cozy Quilt Corner</p> <p>3:00 ☞ Happy Hour with Live Music from Brown Sugar Oldies</p> <p>6:00 ♣ Games with Friends [GR]</p>	<p>9:30 ☺ Core Strengthening Video [FS] 12</p> <p>11:00 ☺ Español For Fun! [FS]</p> <p>11:30 ☞ Water The Garden & Tunes [G2]</p> <p>2:00 ♣ Nickel Blackjack [GR]</p> <p>3:00 ♣ Cribbage [FS]</p> <p>3:00 ★ Movie Night Outing To Regal: Train Dreams PG-13 2025 · Drama ~ \$9.99</p> <p>4:00 ☺ Technology Help in Activities Office</p> <p>4:00 ☞ Thursday Specialty Buffet: [TD]</p> <p>5:00 ♣ Men's Poker Day [GR]</p> <p>6:00 ♣ Games with Friends [GR]</p>	<p>9:00 ↔ Senior Stretches Video [FS] 13</p> <p>10:00 ☺ Free Friday Vital Checks with Senior Helpers [LB32]</p> <p>10:30 ☺ Trivia Challenge in the Library with Larry Nelson [L]</p> <p>3:00 ♣ \$1 Bingo [GR]</p> <p>7:00 ☞ Friday Night Cinema: Oppenheimer R 2023 · Thriller · 3 hours [T]</p>	<p>9:00 ↔ Exercise & Weights with Heidi [FS] 14</p> <p>9:45 ↔ Chair Yoga with Heidi [FS]</p> <p>10:00 ☞ Girl Scout Cookie Booth [LB32]</p> <p>10:00 ☺ Walking on Sunshine to: Sky Ranch Park Game [GR]</p> <p>11:30 ♣ Left, Right, Center Dice Game [GR]</p> <p>12:30 ☺ Women's Historical Fashion Show [T]</p> <p>2:00 ♣ Nickel Blackjack [GR]</p> <p>3:00 ♣ Scrabble Game [FS]</p> <p>6:30 ♣ Games in the Game Room [GR]</p>
<p>Last Day To RSVP for Tuesday Outing 15</p> <p>8:00 ★ Guardian Angels Catholic Church [LP]</p> <p>8:15 † Shadow Mountain Church Drive [LP]</p> <p>9:00 ★ Sunday Morning Church Service with Pastor Bill [CH]</p> <p>10:15 † Shadow Mountain Church Drive #2</p> <p>12:00 ☞ Water The Garden & Tunes</p> <p>12:30 ♣ Bridge Club [FS]</p> <p>1:20 ★ Lamplighters Community Theater Presents: THE BOOK OF WILL' by Lauren Gunderson Historical Comedy \$28</p> <p>2:30 ♣ \$1 Bingo [GR]</p> <p>5:30 ♣ Games with Friends [GR]</p>	<p>9:00 ↔ Exercise Video Class [FS] 16</p> <p>10:00 ☞ Coffee, Cookies & Conversations [LP]</p> <p>10:30 🎵 Learn Line Dancing [L]</p> <p>10:45 ☺ Happy Hearts Walking Club</p> <p>12:30 🎵 Glee Club Show: "Songs From Many Eras" [T]</p> <p>1:30 ☺ Table Talk & Tasty Treats with Culinary Director Reggie [V]</p> <p>2:00 ♣ Nickel Blackjack [GR]</p> <p>3:00 ♣ Mexican Train [GR]</p> <p>4:30 🎵 Evening Piano Music [TD]</p>	<p>St. Patrick's Day 17</p> <p>9:00 ★ Pointe Excursion to : San Diego Zoo ~Zoo Bus Tour \$78 [LP]</p> <p>9:15 † St. Kieran's Communion Service at The Ridge</p> <p>9:30 ☺ Pilates Video Class</p> <p>10:30 ↔ Gentle Aquafit with Peggy [P]</p> <p>11:30 ★ Veterans' Group Luncheon at The Pointe [LB32]</p> <p>1:30 ☞ Paint & Sip Art Class</p> <p>3:00 ♣ Bingo [GR]</p> <p>4:00 ☺ Technology Help in Activities Office</p> <p>6:00 ♣ Games with Friends [GR]</p>	<p>Happy Birthday Dave Zeman !!!!! 18</p> <p>Wear Green For Nutrition Awareness Month / St. Patrick's Day</p> <p>9:15 ☺ Happy Hearts Walking Club</p> <p>10:00 ☞ Sunshine & Coffee Club/ Your Ideas, Our Calendar [PDP]</p> <p>11:30 ↔ Exercise Video [FS]</p> <p>1:00 ☺ LCRA General Meeting [T]</p> <p>3:00 ☞ St. Patrick's Day Social with Double Take [TD]</p> <p>6:00 ♣ Games with Friends [GR]</p>	<p>Happy Birthday Michael Foggiano!! 19</p> <p>9:30 ☺ Core Strengthening Video [FS]</p> <p>10:00 ☞ Lucky Paws St. Patrick's Day Paw-ty! [PDP]</p> <p>11:30 ☞ March Birthday Bash [V]</p> <p>11:30 ☞ Water The Garden & Tunes [G2]</p> <p>1:00 ☞ Cheers & Beers Men's Club [LB32]</p> <p>2:00 ♣ Nickel Blackjack [GR]</p> <p>3:00 ♣ Cribbage [FS]</p> <p>4:00 ☺ Technology Help in Activities Office</p> <p>5:00 ♣ Men's Poker Day [GR]</p> <p>6:00 ♣ Games with Friends [GR]</p>	<p>Happy Birthday Marcia Christy!! 20</p> <p>International Day of Happiness - Choose Joy!!</p> <p>Last Day To RSVP for Sunday Outing</p> <p>9:00 ↔ Senior Stretches Video [FS]</p> <p>10:00 ☺ Free Friday Vital Checks with Senior Helpers [LB32]</p> <p>10:30 ☺ Trivia Challenge in the Library with Larry Nelson [L]</p> <p>1:30 ★ Arts and Crafts ~ Mary's Class</p> <p>3:00 ♣ \$1 Bingo [GR]</p> <p>4:00 ★ Evening Ride to Mary's Donuts in Santee</p> <p>7:00 ☞ Friday Night Cinema: Casablanca PG 1942 · Romance/War · 1h 42m [T]</p>	<p>9:00 ↔ Exercise & Weights with Heidi [FS] 21</p> <p>9:45 ↔ Chair Yoga with Heidi [FS]</p> <p>10:00 ☞ Girl Scout Cookie Booth [LB32]</p> <p>11:30 ♣ Left, Right, Center Dice Game [GR]</p> <p>1:00 ☞ Ice Cream Social~ Ice Cream Sandwiches [V]</p> <p>2:00 ♣ Nickel Blackjack [GR]</p> <p>3:00 ♣ Scrabble Game [FS]</p> <p>6:30 ♣ Games in the Game Room [GR]</p>

MARCH AT THE POINTE



Sunday Monday Tuesday Wednesday Thursday Friday Saturday

Happy Birthday

Ted Holmsen 3/01
Ken Weiss 3/05
Richard Canfield 3/07
Dave Zeman 3/18
Michael Foggiano 3/19
Marcia Christy 3/20
Judy Tucker 3/24
Sally Rodriguez 3/28

Last Day To RSVP for Tuesday Outing 22

8:00 ★ Guardian Angels Catholic Church [LP]
8:15 † Shadow Mountain Church Drive [LP]
9:00 ★ Sunday Morning Church Service with Pastor Bill [CH]
10:15 † Shadow Mountain Church Drive #2
10:30 ★ Sunday Run to: Trader Joe's Santee
12:00 ☞ Water The Garden & Tunes
12:30 ♣ Bridge Club [FS]
2:30 ♣ \$1 Bingo [GR]
5:30 ♣ Games with Friends [GR]

All Staff Meeting: No Doctor Appointments After 12pm 23

9:00 ↔ Exercise Video Class [FS]
10:00 ☞ Coffee, Cookies & Conversations [LP]
10:30 🎵 Learn Line Dancing [L]
10:45 ☞ Happy Hearts Walking Club
2:00 ♣ Resident Led Nickel Blackjack [GR]
3:00 ♣ Mexican Train [GR]

Happy Birthday Judy Tucker!! 24

9:15 † St. Kieran's Communion Service [CH]
9:30 ☞ Pilates Video Class
10:00 ★ Lunch Outing to: Omelette Factory [LP]
10:30 ↔ Gentle Aquafit with Peggy [P]
1:30 ☞ Paint & Sip Art Class
3:00 ♣ Bingo [GR]
3:00 ☞ You're Not Alone -- Family-Caregivers Support Group [L]
4:00 ☞ Technology Help in Activities Office
6:00 ♣ Games with Friends [GR]

Wear Green For Nutrition Awareness Month / St. Patrick's Day 25

9:15 ☞ Happy Hearts Walking Club
10:00 ☞ Coffee with the Assistant Executive Director Brittany Fay [LP]
10:00 ☞ Sunshine & Coffee Club [PDP]
10:30 ☞ Learning For All~ Boost your Memory with Gizelle Navarro [T]
11:30 ↔ Stay Active, Stay Young~ Workout with Dennis [FS]
12:30 ☞ Movie Matinee: The Wonder R 2022 · Thriller/Mystery · 1h 43m [T]
1:00 ☞ Cozy Quilt Corner
3:00 ☞ Happy Hour with Live Music from The Sophisticats [LB32]
6:00 ♣ Games with Friends [GR]

San Diego Padres Opening Day - Wear Your Padres Gear! 26

9:30 ☞ Core Strengthening Video [FS]
11:00 ☞ Español For Fun! [FS]
11:30 ☞ Water The Garden & Tunes [G2]
1:00 ☞ Nachos & Lemonade by Life Enrichment~ San Diego Padres Opening Day [BISR]
2:00 ♣ Nickel Blackjack [GR]
3:00 ♣ Cribbage [FS]
4:00 ☞ Technology Help in Activities Office
4:00 ☞ Thursday Specialty Buffet: [TD]
5:00 ♣ Men's Poker Day [GR]
6:00 ♣ Games with Friends [GR]

Last Day To RSVP for Sunday Outing 27

9:00 ↔ Senior Stretches Video [FS]
10:00 ☞ Free Friday Vital Checks with Senior Helpers [LB32]
10:30 ☞ Trivia Challenge in the Library with Larry Nelson [L]
1:30 ★ Arts and Crafts ~ Lucky Layers: Ribbon Cone Décor
2:00 ☞ Communi-Tea Book Club at The Pointe! [L]
3:00 ♣ \$1 Bingo [GR]
7:00 ☞ Friday Night Cinema: West Side Story 1961 · Musical/Romance · 2h 33m [T]

Happy Birthday Sally Rodriguez! 28

9:00 ↔ Exercise & Weights with Heidi [FS]
9:45 ↔ Chair Yoga with Heidi [FS]
10:00 ☞ Girl Scout Cookie Booth [LB32]
10:00 ☞ Walking on Sunshine to: Santee Lakes
11:30 ♣ Left, Right, Center Dice Game [GR]
1:00 ☞ Ice Cream Social~ Ice Cream Sandwiches [V]
2:00 ♣ Nickel Blackjack [GR]
3:00 ♣ Scrabble Game [FS]
6:30 ♣ Games in the Game Room [GR]

Last Day To RSVP for Tuesday Outing 29

8:00 ★ Guardian Angels Catholic Church [LP]
8:15 † Shadow Mountain Church Drive [LP]
9:00 ★ Sunday Morning Church Service with Pastor Bill [CH]
10:00 ★ Sunday Run to: Vons
10:15 † Shadow Mountain Church Drive #2
12:00 ☞ Water The Garden & Tunes
12:30 ♣ Bridge Club [FS]
2:30 ♣ \$1 Bingo [GR]
5:30 ♣ Games with Friends [GR]

Exercise Video Class 30

9:00 ↔ Exercise Video Class [FS]
10:00 ☞ Coffee, Cookies & Conversations [LP]
10:30 🎵 Learn Line Dancing [L]
10:45 ☞ Happy Hearts Walking Club
12:30 🎵 Glee Club [GR]
2:00 ☞ Dining Committee Meeting [BPD]
3:00 ♣ Mexican Train [GR]
3:00 ☞ Monday Concert with Nathan & Andy
4:30 🎵 Evening Piano Music [TD]

Happy Birthday Joan Tweedie!! 31

9:30 ☞ Pilates Video Class
10:30 ↔ Gentle Aquafit with Peggy [P]
10:30 ★ Outing to: Barona Casino [LP]
1:30 ☞ Paint & Sip Art Class
3:00 ♣ Bingo [GR]
4:00 ☞ Technology Help in Activities Office
6:00 ♣ Games with Friends [GR]

Join Us For **Tea & Treats** for INTERNATIONAL WOMEN'S DAY

MAKES 12PM BISTRO

Enjoy Freshly Baked Cookies & Lemon Tea
A Special Treat for the Wonderful Women of Our Community!
Celebrate, Sip & Smile!

LUCKY PAWS St. Patrick's Day Paw-ty!

ALL LANTERN CREST RESIDENTS ARE INVITED - WITH OR WITHOUT PETS -

THURSDAY, MARCH 19
10:00 AM - 11:30 AM
Pool Deck Patio

JOIN US FOR IRISH FUN!
Pet Costume Parade
Lucky Photo Booth
Treats for Pets & People

Join us for **St. Patrick's Day Social** with **Double Take**

Wednesday 18th 3pm
Terrazza

- LP- 1st Floor Lobby Pointe
- LB32- 2nd Floor Latitude 32 Bar
- V-2nd Floor Veranda Dining
- TD-2nd Floor Terrazza Dining
- FS-2nd Floor Fitness Studio
- G2-2nd Floor Garden
- PDP-Pool Deck Patio
- 3C-3rd Floor Garden Courtyard
- GR-3rd Floor Game Room
- LL/P-3rd Floor Lantern Links
- T-3rd Floor Theater
- FR4-4th Floor Fitness Studio
- L-4th Floor Library
- AC-4th Floor Arts/Crafts Room
- TDP-Terrazza Dining Patio
- BISR- Bistro 2nd floor

EXERCISE/HEALTH

GAMES

SPIRITUAL

OUTINGS / RSVP

COMUNITY SPECIAL EVENTS

OUTING: SAN DIEGO ZOO

Residents are invited to join us for a fun day at the **San Diego Zoo** including a Zoo Bus Tour!

Tuesday, March 17
Leaving at 9:00 AM
Meet in the lobby \$78

Enjoy the animals, fresh air, and a relaxing guided tour.

RSVP REQUIRED
Please sign up to reserve your spot.

Join Us For A Fun **No-Sew Blanket** Craft Class

Easy to Make! Warm & Cozy! No Sewing Needed!

Make Your Own Soft Fleece Blanket!

All Materials Provided
Step-by-Step Instructions
Make One to Keep or to Gift!

Special Class!

Tuesday 10^{am} 1pm LB32

"Historical Fashion Show"

Welcome Everyone! Valarie and her team, The Historical Dressers, will be joining us to show off the hard work of making their costumes. Join us in this unique fashion show, with a narrated story line!

Saturday, March 14th
12:30pm Pointe Theater

Your Ideas, Our Calendar!

Help Plan Our Community Outings & Shopping Trips!

Share Your Ideas!

Come for coffee, stay for the fun, and help us plan next month's outings and shopping trips.

3rd Wednesday Of the Month Together with Sunshine & Coffee Club
Pool Deck Patio 10 AM

DOCTORS APPTS.
Monday-Friday
9am-3pm

9 AM- 1 PM for Appts Further than 15 Miles
Transportation request forms available at the front desk

Submit completed forms to front desk 48 hours before your planned trip.
Transportation Number (619)905-3061
No transportation after 12pm on the 22nd of each Month.
(the date may vary; please check the calendar every month)