

# MARCH AT THE PLAZA

## HAPPY BIRTHDAY

Rose Marie Perry 3/05  
 Walli Stebel 3/08  
 Denis Arguin 3/12  
 Wes Peterson 3/18  
 Teresa Aylwin-Reilly 3/20  
 E.P. Erickson 3/22  
 L.G. Ashley 3/23  
 Fran White 3/26  
 Dennis Tinkham 3/27  
 Dorothy Vigilante 3/30  
 Joan Tweedie 3/31

## Location Key

50GR - 50's Game Room  
 AO- Activities Office  
 BBC - Bocce Ball Court  
 BD - Bel Air Diner  
 BLR - 5th Floor Billiards Room  
 BPD - Balboa Private Dining Room  
 CDR - Catalina Dining Room  
 CC - Coronado Courtyard  
 CH - Reflections Chapel  
 FR - Fitness Room  
 IPS - Indoor Pool and Spa  
 MB - Miramar Bar  
 MDT - Movie Dinner Theater  
 PL - Plaza Lobby  
 PL6 - Puzzle Lounge/Library  
 SC - Sunken Courtyard  
 TL - 2nd Floor Turtle Lounge  
 TR - King Charles Tea Room

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>8:00 ★ Guardian Angels Catholic Church [PL] <b>1</b></p> <p>8:15 ★ Shadow Mountain Church Drive [PL]</p> <p>9:00 † Sunday Morning Church Service with Pastor Bill [CH]</p> <p>10:00 Girl Scouts Cookie Booth [PL]</p> <p>10:15 ★ Shadow Mountain Church Drive [PL]</p> <p>2:00 ♣ Sunday Bingo~\$1 [MDT]</p> <p>3:00 ☑ Sweet Treat Sunday [MDT]</p>	<p>10:00 ↔ Morning Stretches - Instructional Video [FR] <b>2</b></p> <p>11:00 ☑ Coffee in the Sea Lounge on the 2nd Floor with Special Guest from Our Home Pharmacy [TL]</p> <p>1:00 ♣ Hand, Knee &amp; Foot [50GR]</p> <p>2:00 ★ Craft: Beaded Pen Making [MDT]</p> <p>3:00 ↔ Learn and Line Dance [CDR]</p> <p>4:30 🐾 Happy Tails ~ Evening Dog Walk [PL]</p>	<p>9:00 ↔ Gentle Aquafit with Peggy [IPS] <b>3</b></p> <p>10:15 ↔ Core Strength and Weights with Fit Group USA [FR]</p> <p>11:00 ♣ Cornhole by the Moss Wall [PL]</p> <p>12:30 ♣ Dominoes [50GR]</p> <p>1:00 Tasty Treats: Shamrock Guacamole Dip [BD]</p> <p>3:00 ♣ Nickel Blackjack [50GR]</p> <p>3:30 Transportation Committee Meeting [V]</p> <p>4:00 ☑ Technology Help - Bring Your Device! [AO]</p>	<p>Spirit Wednesday! Wear Green for Nutrition Awareness Month <b>4</b></p> <p>10:00 ↔ Morning Stretches - Instructional Video [FR]</p> <p>10:00 † The Lutheran Church-Missouri Synod [CH]</p> <p>11:00 ↔ Warm-Up and Work Out with Dennis (No Dennis) [FR]</p> <p>11:30 ★ It's Lunch Time with Life Enrichment [CDR]</p> <p>1:00 ♣ \$4 Bingo [MDT]</p> <p>2:00 ☑ Table Talk with Culinary Director Reggie [BPD]</p> <p>3:00 🍷 Women's Wine Time [MDT]</p> <p>4:00 Specialty BBQ Buffet at The Plaza [CDR]</p> <p>4:30 🐾 Happy Tails ~ Evening Dog Walk [PL]</p>	<p>Last Day To RSVP for Saturday Outing <b>5</b></p> <p>10:15 ↔ Zumba w/Fit Group USA [FR]</p> <p>10:30 ★ Excursion to Bud's Louisiana Café [PL]</p> <p>11:00 ↔ Corn Hole by the Moss Wall [PL]</p> <p>11:30 🎬 Matinee Movie: Brooklyn 1h 57m [MDT]</p> <p>1:00 ☑ Resident Council Board Member Meeting [BPD]</p> <p>2:00 ♣ \$4 Poker [50GR]</p> <p>4:00 ☑ Technology Help - Bring Your Device! [AO]</p>	<p>11:00 ☑ Free Friday Vitals Check with Senior Helpers [PL] <b>6</b></p> <p>12:00 ♣ Hand, Knee, and Foot [50GR]</p> <p>1:00 ↔ Cardio Drumming Video [FR]</p> <p>3:00 🎸 Happier Hour with Live Music from Double Take [CDR]</p> <p>4:30 🐾 Happy Tails ~ Evening Dog Walk [PL]</p>	<p>9:30 ★ Shopping Outing to: Walmart Los Coches [PL] <b>7</b></p> <p>10:30 ↔ Chair Yoga with Heidi [FR]</p> <p>11:30 Bel Air Diner Open for Lunch! ~ 11:30am-2pm [BD]</p> <p>1:00 ♣ 3 to 13 Card Game! [MDT]</p> <p>1:00 ♣ Scrabble with Friends [MDT]</p> <p>3:00 ♣ Nickel Blackjack [50GR]</p> <p>5:30 🎬 Evening Movie: The World's Fastest Indian 2h 7m [MDT]</p>
<p>Daylight Saving Time Begins <b>8</b></p> <p>Happy Birthday Walli Stebel!!</p> <p>International Women's Day</p> <p>8:00 ★ Guardian Angels Catholic Church [PL]</p> <p>8:15 ★ Shadow Mountain Church Drive [PL]</p> <p>9:00 † Sunday Morning Church Service with Pastor Bill [CH]</p> <p>10:00 Girl Scouts Cookie Booth [PL]</p> <p>10:15 ★ Shadow Mountain Church Drive [PL]</p> <p>12:00 ★ Treats &amp; Sweets to Celebrate International Women's Day [TR]</p> <p>2:00 ♣ Sunday Bingo~\$1 [MDT]</p> <p>3:00 ☑ Sweet Treat Sunday [BD]</p>	<p>10:00 ↔ Morning Stretches - Instructional Video [FR] <b>9</b></p> <p>11:00 ☑ Coffee in the Sea Lounge on the 2nd Floor [TL]</p> <p>1:00 ♣ Hand, Knee &amp; Foot [50GR]</p> <p>2:00 ★ Paint &amp; Sip [MDT]</p> <p>3:00 ↔ Learn and Line Dance [CDR]</p> <p>4:30 🐾 Happy Tails ~ Evening Dog Walk [PL]</p>	<p>9:00 ↔ Gentle Aquafit with Peggy [IPS] <b>10</b></p> <p>9:15 † St. Kieran's Communion Service [CH]</p> <p>10:15 ↔ Core Strength and Weights with Fit Group USA [FR]</p> <p>11:00 ♣ Cornhole by the Moss Wall [PL]</p> <p>12:30 ♣ Dominoes [50GR]</p> <p>1:00 🍷 Tasty Treats: Mini Irish Potato Cakes [BD]</p> <p>3:00 ♣ Nickel Blackjack [50GR]</p> <p>4:00 ☑ Technology Help - Bring Your Device! [AO]</p>	<p>Spirit Wednesday! Wear Green for Nutrition Awareness Month <b>11</b></p> <p>10:00 ↔ Morning Stretches - Instructional Video [FR]</p> <p>11:00 ↔ Warm-Up and Work Out with Dennis [FR]</p> <p>12:00 Spring Shopping Fair 12-3pm [PL]</p> <p>12:00 ☑ Stories &amp; Teatime [TR]</p> <p>1:00 ♣ \$4 Bingo [MDT]</p> <p>2:30 ★ Santee Farmer's Market (Max 4 ppl) [PL]</p> <p>3:00 ☑ Men's Brew Crew [BLR]</p> <p>4:30 🐾 Happy Tails ~ Evening Dog Walk [PL]</p>	<p>Happy Birthday Denis Arguin!! <b>12</b></p> <p>Last Day To RSVP for Saturday Outing</p> <p>10:15 ↔ Yoga w/Fit Group USA [FR]</p> <p>11:00 ↔ Corn Hole by the Moss Wall [PL]</p> <p>11:00 ★ Excursion to McP's Irish Pub Coronado [PL]</p> <p>11:30 ☑ Rotary Club [MDT]</p> <p>2:00 ♣ \$4 Poker [50GR]</p> <p>4:00 ☑ Technology Help - Bring Your Device! [AO]</p>	<p>11:00 ☑ Free Friday Vitals Check with Senior Helpers [PL] <b>13</b></p> <p>12:00 ♣ Hand, Knee, and Foot [50GR]</p> <p>1:00 ↔ Cardio Drumming Video [FR]</p> <p>2:30 ☑ Ed w/Amada Senior Care [CDR]</p> <p>3:00 🎸 New Resident Welcoming Happier Hour with Live Music from Fireball Express [CDR]</p> <p>4:30 🐾 Happy Tails ~ Evening Dog Walk [PL]</p>	<p>9:30 ★ Shopping Outing to: Smart &amp; Final/Dollar Tree [PL] <b>14</b></p> <p>10:30 ↔ Chair Yoga with Heidi [FR]</p> <p>1:00 ♣ 3 to 13 Card Game! [MDT]</p> <p>1:00 ♣ Scrabble with Friends [MDT]</p> <p>3:00 ♣ Nickel Blackjack [50GR]</p> <p>5:30 🎬 Evening Movie: Breaking Away 1h 41m [MDT]</p>
<p>8:00 ★ Guardian Angels Catholic Church [PL] <b>15</b></p> <p>8:15 ★ Shadow Mountain Church Drive [PL]</p> <p>9:00 † Sunday Morning Church Service with Pastor Bill [CH]</p> <p>10:00 Girl Scouts Cookie Booth [PL]</p> <p>10:15 ★ Shadow Mountain Church Drive [PL]</p> <p>12:00 ★ Nature Walk: Santee Lakes [PL]</p> <p>2:00 ♣ Sunday Bingo~\$1 [MDT]</p> <p>3:00 ☑ Sweet Treat Sunday [BD]</p>	<p>10:00 ↔ Morning Stretches - Instructional Video [FR] <b>16</b></p> <p>11:00 ☑ Coffee in the Sea Lounge on the 2nd Floor [TL]</p> <p>1:00 ♣ Hand, Knee &amp; Foot [50GR]</p> <p>2:00 ★ Plants/Flower Arrangements [MDT]</p> <p>3:00 ↔ Learn and Line Dance [CDR]</p> <p>4:30 🐾 Happy Tails ~ Evening Dog Walk [PL]</p>	<p>St. Patrick's Day <b>17</b></p> <p>9:00 ↔ Gentle Aquafit with Peggy [IPS]</p> <p>10:15 ↔ Core Strength and Weights with Fit Group USA [FR]</p> <p>11:00 ♣ Cornhole by the Moss Wall [PL]</p> <p>11:30 ★ Veterans' Luncheon at The Pointe [LB32]</p> <p>12:30 ♣ Dominoes [50GR]</p> <p>1:00 🍷 Tasty Treats: Lucky Charms Icebox Pie [BD]</p> <p>3:00 ♣ Nickel Blackjack [50GR]</p> <p>4:00 ★ Cupcakes &amp; Cocktails w/ Bobi [BD]</p> <p>4:00 St Patrick's Dinner Corn Beef &amp; Cabbage OR Shepherds Pie [CDR]</p> <p>4:00 ☑ Technology Help - Bring Your Device! [AO]</p>	<p>Happy Birthday Wes Peterson!! <b>18</b></p> <p>Spirit Wednesday! Wear Green for Nutrition Awareness Month</p> <p>10:00 Lucky Paws St. Patrick's day Paw-ty 10-11:30am [CC]</p> <p>10:00 ↔ Morning Stretches - Instructional Video [FR]</p> <p>10:00 ☑ Shuffleboard/Bowling Time!! [BD]</p> <p>10:00 † The Lutheran Church-Missouri Synod [CH]</p> <p>11:00 ↔ Warm-Up and Work Out with Dennis (No Dennis) [FR]</p> <p>1:00 ♣ \$4 Bingo [MDT]</p> <p>2:00 ☑ Table Talk with Culinary Director Reggie [BPD]</p> <p>3:00 Sharp Presentation: Fall Prevention [MDT]</p> <p>4:00 Specialty Mexican Buffet at The Plaza [CDR]</p> <p>4:30 🐾 Happy Tails ~ Evening Dog Walk [PL]</p>	<p>Last Day To RSVP for Saturday Outing <b>19</b></p> <p>10:15 ↔ Mindful Motion w/ Fit Group USA [FR]</p> <p>11:00 ↔ Corn Hole by the Moss Wall [PL]</p> <p>11:30 ★ Tea Party!!! [TR]</p> <p>1:00 ☑ LCRA General Meeting [MDT]</p> <p>2:00 ♣ \$4 Poker [50GR]</p> <p>3:30 ☑ Calendar Brainstorm with Activities [MDT]</p> <p>4:00 ☑ Technology Help - Bring Your Device! [AO]</p>	<p>Happy Birthday Teresa Aylwin!! <b>20</b></p> <p>11:00 ★ Brunch at the Ridge [PL]</p> <p>11:00 ☑ Free Friday Vitals Check with Senior Helpers [PL]</p> <p>12:00 ♣ Hand, Knee, and Foot [50GR]</p> <p>1:00 ↔ Cardio Drumming Video [FR]</p> <p>3:00 🎸 Happier Hour with Live Music from Brown Sugar Oldies [CDR]</p> <p>4:30 🐾 Happy Tails ~ Evening Dog Walk [PL]</p>	<p>9:30 ★ Karl w/ "Wise Owl Fit" Grand Opening 10-2pm [PL] <b>21</b></p> <p>10:30 ↔ Chair Yoga with Heidi [FR]</p> <p>11:30 Bel Air Diner Open for Lunch! ~ 11:30am-2pm [BD]</p> <p>1:00 ♣ 3 to 13 Card Game! [MDT]</p> <p>1:00 ♣ Scrabble with Friends [MDT]</p> <p>3:00 ♣ Nickel Blackjack [50GR]</p> <p>5:30 🎬 Evening Movie: The Secret Agent 2h 41m [MDT]</p>

# MARCH AT THE PLAZA

## HAPPY BIRTHDAY

Rose Marie Perry 3/05  
Walli Stebel 3/08  
Denis Arquin 3/12  
Wes Peterson 3/18  
Teresa Aylwin-Reilly 3/20  
E.P. Erickson 3/22  
L.G. Ashley 3/23  
Fran White 3/26  
Dennis Tinkham 3/27  
Dorothy Vigilante 3/30  
Joan Tweedie 3/31

### Location Key

- 50GR - 50's Game Room
- AO- Activities Office
- BBC - Bocce Ball Court
- BD - Bel Air Diner
- BLR - 5th Floor Billiards Room
- BPD - Balboa Private Dining Room
- CDR - Catalina Dining Room
- CC - Coronado Courtyard
- CH - Reflections Chapel
- FR - Fitness Room
- IPS - Indoor Pool and Spa
- MB - Miramar Bar
- MDT - Movie Dinner Theater
- PL - Plaza Lobby
- PL6 - Puzzle Lounge/Library
- SC - Sunken Courtyard
- TL - 2nd Floor Turtle Lounge
- TR - King Charles Tea Room

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>Happy Birthday EP Erickson!! 22</b></p> <p>8:00 ★ Guardian Angels Catholic Church [PL]</p> <p>8:15 ★ Shadow Mountain Church Drive [PL]</p> <p>9:00 † Sunday Morning Church Service with Pastor Bill [CH]</p> <p>10:00 Girl Scouts Cookie Booth [PL]</p> <p>10:15 ★ Shadow Mountain Church Drive [PL]</p> <p>11:00 ★ BBQ w/ Longtime Friends 11-1pm [CC]</p> <p>2:00 † Sunday Bingo~\$1 [MDT]</p> <p>3:00 ☺ Sweet Treat Sunday [BD]</p>	<p><b>All Staff Meeting: No Doctor Appointments After 12pm 23</b></p> <p><b>Happy Birthday LG Ashley!!</b></p> <p>10:00 ↔ Morning Stretches - Instructional Video [FR]</p> <p>11:00 ☺ Coffee in the Sea Lounge on the 2nd Floor [TL]</p> <p>1:00 ★ Craft: Sun Catcher [50GR]</p> <p>1:00 † Hand, Knee &amp; Foot [50GR]</p> <p>3:00 ↔ Learn and Line Dance [CDR]</p> <p>4:30 🐾 Happy Tails ~ Evening Dog Walk [PL]</p>	<p>9:00 ↔ Gentle Aquafit with Peggy [IPS]</p> <p>9:15 † St. Kieran's Communion Service [CH]</p> <p>10:15 ↔ Core Strength and Weights with Fit Group USA [FR]</p> <p>11:00 † Cornhole by the Moss Wall [PL]</p> <p>12:30 † Dominoes [50GR]</p> <p>1:00 🐾 Tasty Treats: Mint Chocolate Fudge [BD]</p> <p>3:00 † Nickel Blackjack [50GR]</p> <p>4:00 💡 Technology Help - Bring Your Device! [AO]</p>	<p><b>Spirit Wednesday! Wear Green for Nutrition Awareness Month 25</b></p> <p>10:00 ↔ Morning Stretches - Instructional Video [FR]</p> <p>11:00 ↔ Warm-Up and Work Out with Dennis [FR]</p> <p>11:30 ☺ Let's Play Pool [BLR]</p> <p>1:00 † \$4 Bingo [MDT]</p> <p>2:00 † Sharp Health Care Corner-Neurosurgery [MDT]</p> <p>2:30 ★ Santee Farmer's Market (Max 4 ppl) [PL]</p> <p>3:00 🍷 Together We Drink [BD]</p> <p>4:30 🐾 Happy Tails ~ Evening Dog Walk [PL]</p>	<p><b>Happy Birthday Fran White!! 26</b></p> <p><b>Last Day To RSVP for Saturday Outing</b></p> <p>10:15 ↔ Aqua Class w/ Fit Group USA [IPS]</p> <p>10:30 ★ Excursion to Pho Cao Dao [PL]</p> <p>11:00 ↔ Corn Hole by the Moss Wall [PL]</p> <p>11:30 💡 Rotary Club [MDT]</p> <p>1:10 Padres Opening Day Game [MDT]</p> <p>2:00 † \$4 Poker [50GR]</p> <p>4:00 💡 Technology Help - Bring Your Device! [AO]</p>	<p><b>Happy Birthday Dennis Tinkham 27</b></p> <p>11:00 † Free Friday Vitals Check with Senior Helpers [PL]</p> <p>12:00 † Hand, Knee, and Foot [50GR]</p> <p>1:00 ↔ Cardio Drumming Video [FR]</p> <p>2:00 💡 LC Community Book Club at The Pointe [L]</p> <p>3:00 🎸 Happier Hour with Live Music from The First String Band [CDR]</p> <p>4:30 🐾 Happy Tails ~ Evening Dog Walk [PL]</p>	<p>9:30 ★ Shopping Outing to: Vons Grocery Santee [PL]</p> <p>10:30 ↔ Chair Yoga with Heidi [FR]</p> <p>11:00 Brunch Buffet 11-2pm [CDR]</p> <p>1:00 † 3 to 13 Card Game! [MDT]</p> <p>1:00 † Scrabble with Friends [MDT]</p> <p>3:00 † Nickel Blackjack [50GR]</p> <p>5:30 🎬 Evening Movie: Bobby Sands: 66 Days 1h 45m [MDT]</p>
<p>8:00 ★ Guardian Angels Catholic Church [PL] 29</p> <p>8:15 ★ Shadow Mountain Church Drive [PL]</p> <p>9:00 † Sunday Morning Church Service with Pastor Bill [CH]</p> <p>10:00 Girl Scouts Cookie Booth [PL]</p> <p>10:15 ★ Shadow Mountain Church Drive [PL]</p> <p>12:00 ★ Nature Walk: Mast Park [PL]</p> <p>2:00 † Sunday Bingo~\$1 [MDT]</p> <p>3:00 ☺ Sweet Treat Sunday [BD]</p>	<p><b>Happy Birthday Dorothy Vigilante!! 30</b></p> <p>10:00 ↔ Morning Stretches - Instructional Video [FR]</p> <p>11:00 ☺ Coffee in the Sea Lounge on the 2nd Floor [TL]</p> <p>1:00 † Hand, Knee &amp; Foot [50GR]</p> <p>2:00 ★ Craft: Resin Jewelry Making [MDT]</p> <p>3:00 ↔ Learn and Line Dance [CDR]</p> <p>4:30 🐾 Happy Tails ~ Evening Dog Walk [PL]</p>	<p><b>Happy Birthday Joan Tweedie!! 31</b></p> <p>9:00 ↔ Gentle Aquafit with Peggy [IPS]</p> <p>10:15 ↔ Core Strength and Weights with Fit Group USA [FR]</p> <p>11:00 † Cornhole by the Moss Wall [PL]</p> <p>12:30 † Dominoes [50GR]</p> <p>1:00 🐾 Tasty Treats: Irish Nachos [BD]</p> <p>3:00 † Nickel Blackjack [50GR]</p> <p>4:00 💡 Technology Help - Bring Your Device! [AO]</p>	 <p>Happy St. Patrick's Day</p>		 <p>DOCTORS APPTS. Monday-Friday 9am-3pm 8 AM- 1 PM for Appointments Further than 25 Miles Transportation request forms available at the front desk Submit completed forms to front desk 48 hours before your planned trip Transportation Number 1638925-3061 No transportation after 12pm on the 22nd of each month (the date may vary; please check the calendar every month)</p>	

Don't miss a thing!



Sign up with the Activities Office for Red Star RSVP Easy Ways

- Email
- Text
- Call
- Leave a Note



LOCAL FARMERS MARKET

2ND & 4TH WEDNESDAY

2:30-5:00PM 4PPL MAX

RSVP WITH ACTIVITIES



**Lucky Paws**  
St. Patrick's Day Paw-ty!

ALL LANTERN CREST RESIDENTS ARE INVITED - WITH OR WITHOUT PETS!

THURSDAY, MARCH 19  
10:00 AM - 11:30 AM

JOIN US FOR IRISH FUN!  
Pet Costume Parade  
Lucky Photo Booth  
Treats for Pets & People



Spring Shopping Fair

You are Invited!

Wednesday  
March 11th, 2026  
12:00pm - 3:00pm  
Plaza Lobby



BBQ WITH LONGTIME FRIENDS

Good Food • Good Music • Good Memories

Date: Sunday March 22nd Time: 11am

Location: Coronado Courtyard

FUN & GAMES

LIVE MUSIC  
\*Two The Moon

WHAT TO BRING  
\*Your best stories from the past  
\*Favorite Photos

RSVP: 3910# By March 15th



GRAND OPENING!

SATURDAY MARCH 21ST 10:00 AM - 2:00 PM

8225 CARLTON HILLS BLVD STE 20  
SANTEE, CA 92071

Services at Wise Owl PT:  
Individualized Care  
Restoring Function & Independence  
Injury Prevention & Rehabilitation  
Parkinson's disease (PWR)

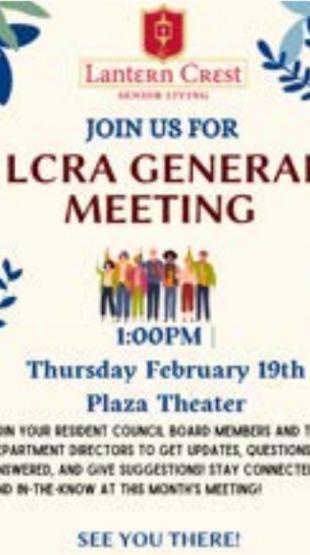
Services at Wise Owl PT:  
Fitness classes for 55+  
Residence  
Independence  
Community



MARCH 17TH @ 4:00PM

CUPCAKES & COCKTAILS WITH BOBI

RSVP WITH ACTIVITIES



Lantern Crest SENIOR LIVING

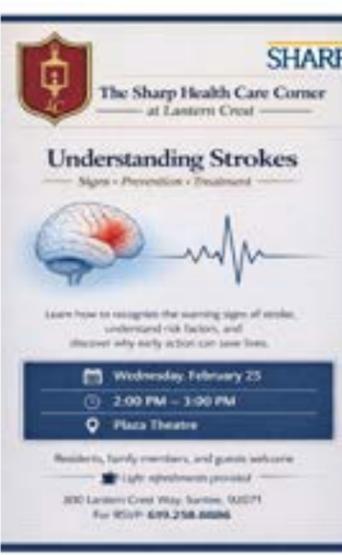
JOIN US FOR LCRA GENERAL MEETING

1:00PM

Thursday February 19th  
Plaza Theater

JOIN YOUR RESIDENT COUNCIL BOARD MEMBERS AND THE DEPARTMENT DIRECTORS TO GET UPDATES, QUESTIONS ANSWERED, AND GIVE SUGGESTIONS! STAY CONNECTED AND IN-THE-KNOW AT THIS MONTH'S MEETING!

SEE YOU THERE!



SHARP

The Sharp Health Care Corner at Lantern Crest

Understanding Strokes

Signs • Prevention • Treatment

Learn how to recognize the warning signs of stroke, understand risk factors, and discover why early action can save lives.

Wednesday, February 25  
2:00 PM - 3:00 PM  
Plaza Theatre

Residents, family members, and guests welcome  
Light refreshments provided

300 Lantern Crest Way, Santee, 92071  
For RSVP: 619.258.8888