

Happy Easter!

# APRIL AT THE POINTE

Happy Easter!

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



## HAPPY BIRTHDAY

Howie Mackay 4/03

Irena Porebska 4/03

Janet Walz 4/06

Mary Osborne 4/08

Marge Smith 4/12

Chris J 4/18

Tom Agnew 4/23

Christine S 4/24



- LP- 1st Floor Lobby Pointe
- LB32- 2nd Floor Latitude 32 Bar
- V-2nd Floor Veranda Dining
- TD-2nd Floor Terrazza Dining
- FS-2nd Floor Fitness Studio
- G2-2nd Floor Garden
- PDP-Pool Deck Patio
- 3C-3rd Floor Garden Courtyard
- GR-3rd Floor Game Room
- LL/P-3rd Floor Lantern Links
- T-3rd Floor Theater
- FR4-4th Floor Fitness Studio
- L-4th Floor Library
- AC-4th Floor Arts/Crafts Room
- TDP-Terrazza Dining Patio
- BISR- Bistro 2nd floor

**Dining Room Open 7:30 -2pm~To Go's from 2:30pm - 3:30pm; Dining Closed at 3:30pm** **5**

**Easter**

**Palm Sunday**

8:00 ★ **Guardian Angels Catholic Church [LP]**

8:15 † **Shadow Mountain Church Drive [LP]**

9:00 † **Sunday Morning Church Service with Pastor Steven [CH]**

10:15 † **Shadow Mountain Church Drive #2**

11:00 ★ **Easter Brunch~11am-2pm RSVP 5407 [TD]**

11:30 🐰 **Easter Bunny Bash with Real Bunnies [PDP]**

12:00 🍷 **Water The Garden & Tunes**

12:30 🎲 **Bridge Club [FS]**

2:30 🎲 **\$1 Bingo [GR]**

5:30 🎲 **Games with Friends [GR]**

**Happy Birthday Janet Walz!!** **6**

9:00 ↔ **Exercise Video Class [FS]**

10:00 🍷 **Coffee, Cookies & Conversations [LP]**

10:30 🎵 **Learn Line Dancing [L]**

10:45 🐰 **Happy Hearts Walking Club**

12:30 🎵 **Glee Club [GR]**

1:30 🗨️ **Table Talk & Tasty Treats [V]**

2:00 🎲 **Nickel Blackjack [GR]**

3:00 🎲 **Mexican Train [GR]**

4:30 🎹 **Evening Piano Music [TD]**

9:15 † **St. Kieran's Communion Service at The Ridge** **7**

9:30 🐰 **Pilates Video Class**

10:30 ↔ **Gentle Aquafit with Peggy [P]**

12:00 🎵 **Baskets & Blooms Picnic**

1:30 🎨 **Paint & Sip Art Class**

3:00 🎲 **Bingo [GR]**

3:30 🗨️ **Transportation Committee Meeting [BPD]**

4:00 🗨️ **Technology Help in Activities Office**

7:00 🎲 **Games with Friends [GR]**

**April Fools Day!** **1**

**Spirit Wednesday's~ Wear Easter Colors**

9:15 🐰 **Happy Hearts Walking Club**

9:30 ★ **Santee Hall Wednesday - Harp Concert by Deirdre Sullivan.**

10:00 🍷 **Sunshine & Coffee Club [PDP]**

11:30 ↔ **Exercise Class Video [FS]**

12:00 🎬 **Movie Matinee: Frankenstein R 2025 - Horror/Sci-fi · 2h 30m [T]**

1:00 🗨️ **Resident Assoc. Board Meeting [V]**

3:00 🎸 **Happy Hour with Live Music from First String Band [LB32]**

6:00 🎲 **Games with Friends [GR]**

**Happy Birthday Mary Osborne!!** **8**

**Spirit Wednesday's~ Wear Easter Colors**

9:15 🐰 **Happy Hearts Walking Club**

10:00 🍷 **Sunshine & Coffee Club [PDP]**

11:30 ↔ **Stay Active, Stay Young~ Workout with Dennis [FS]**

12:00 🎬 **Movie Matinee: Wicked PG 2024 · Musical/ Fantasy · 2h 40m [T]**

3:00 🎸 **Happy Hour with Live Music from Fireball Express [LB32]**

7:00 🎲 **Games with Friends [GR]**

**Last Day To RSVP for Sunday Brunch** **2**

9:00 🐰 **Stay Strong workout class with Ashley [FS]**

10:30 🗨️ **Chat with Life Enrichment Coordinator Erika**

1:00 🍷 **Women's Wine Time Social [LB32]**

2:00 🎲 **Nickel Blackjack [GR]**

3:00 🎲 **Cribbage [FS]**

4:00 🗨️ **Technology Help in Activities Office**

6:00 🎲 **Men's Poker Day [GR]**

7:00 🎲 **Games with Friends [GR]**

**Stay Strong workout class with Ashley [FS]** **9**

11:30 🐰 **Sharp HealthCare~ Age-Friendly Care In Action [T]**

1:00 🧶 **Cozy Quilt Corner**

2:00 🎲 **Nickel Blackjack [GR]**

3:00 🎲 **Cribbage [FS]**

4:00 🗨️ **Technology Help in Activities Office**

4:00 🍷 **Thursday Specialty Buffet: [TD]**

6:00 🎲 **Men's Poker Day [GR]**

7:00 🎲 **Games with Friends [GR]**

**Happy Birthday Howie MacKay!!** **3**

**Happy Birthday Irena Porebska!**

9:00 ↔ **Senior Stretches Video [FS]**

10:00 🐰 **Free Friday Vital Checks with Senior Helpers [LB32]**

10:30 🗨️ **Trivia Challenge in the Library with Larry Nelson [L]**

1:00 ★ **Arts and Crafts ~ Spoon Lady Bug**

2:00 † **Good Friday Service with Pastor Bill [CH]**

3:00 🎲 **\$1 Bingo [GR]**

7:00 🎬 **Friday Night Cinema: The Cobbler [T]**

**Last Day To RSVP for Sunday Outing** **10**

9:00 ↔ **Senior Stretches Video [FS]**

10:00 🐰 **Free Friday Vital Checks with Senior Helpers [LB32]**

10:30 🗨️ **Trivia Challenge in the Library with Larry Nelson [L]**

1:30 ★ **Arts and Crafts ~ Clothespins Dragonflies**

3:00 🎲 **\$1 Bingo [GR]**

7:00 🎬 **Friday Night Cinema: Funny People [T]**

8:00 ★ **Dental Hygiene Services with RDHAP Lucy Torres- 8am to 1pm** **4**

9:00 ↔ **Exercise & Weights with Heidi [FS]**

10:00 † **Men & Women's Christian Fellowship: David Jeremiah's ~The God You May Not Know [L]**

10:00 🐰 **Walking on Sunshine to: Sky Ranch Park**

11:30 🎲 **Left, Right, Center Dice Game [GR]**

1:00 🍷 **Saturday Social: Lemon Bars [PDP]**

2:00 🎲 **Nickel Blackjack [GR]**

3:00 🎲 **Scrabble Game [FS]**

6:30 🎲 **Games in the Game Room [GR]**

9:00 ↔ **Exercise & Weights with Heidi [FS]** **11**

10:00 † **Men & Women's Christian Fellowship: David Jeremiah's ~The God You May Not Know [L]**

10:00 🧶 **Threads of Tradition: Quilt Exhibit**

11:30 🎲 **Left, Right, Center Dice Game [GR]**

2:00 🎲 **Nickel Blackjack [GR]**

3:00 🎲 **Scrabble Game [FS]**

6:30 🎲 **Games in the Game Room [GR]**

**Happy Birthday Marge Smith!!** **12**

**Last Day To RSVP for Tuesday Outing**

8:00 ★ **Guardian Angels Catholic Church [LP]**

8:15 † **Shadow Mountain Church Drive [LP]**

9:00 ★ **Sunday Morning Church Service with Pastor Bill [CH]**

10:00 ★ **Sunday Run to: Frazier Farms La Mesa**

10:15 † **Shadow Mountain Church Drive #2**

12:00 🍷 **Water The Garden & Tunes**

12:30 🎲 **Bridge Club [FS]**

2:30 🎲 **\$1 Bingo [GR]**

5:30 🎲 **Games with Friends [GR]**

9:00 ↔ **Exercise Video Class [FS]** **13**

10:00 🍷 **Coffee, Cookies & Conversations [LP]**

10:30 🎵 **Learn Line Dancing [L]**

10:45 🐰 **Happy Hearts Walking Club**

12:30 🎵 **Glee Club [GR]**

2:00 🎲 **Nickel Blackjack [GR]**

3:00 🗨️ **Democrat & Independents Social Club [L]**

3:00 🎲 **Mexican Train [GR]**

4:30 🎹 **Evening Piano Music [TD]**

9:15 † **St. Kieran's Communion Service [CH]** **14**

9:30 🐰 **Pilates Video Class**

10:00 🗨️ **Veterans Group Committee [BPD]**

10:30 ↔ **Gentle Aquafit with Peggy [P]**

10:30 🎵 **Merry Ukes Ukulele Performance [T]**

11:30 ★ **Community Shopping Social: Hobby Lobby, Walmart & TJ Max La Mesa**

1:30 🎨 **Paint & Sip Art Class**

3:00 🎲 **Bingo [GR]**

3:00 🍷 **You're Not Alone -- Family-Caregivers Support Group [L]**

4:00 🗨️ **Technology Help in Activities Office**

7:00 🎲 **Games with Friends [GR]**

**Spirit Wednesday's~ Wear Easter Colors** **15**

**Taxes Are Due!**

9:15 🐰 **Happy Hearts Walking Club**

10:00 🗨️ **Your Ideas, Our Calendar~ Brainstorm May Calendar**

11:30 ↔ **Stay Active, Stay Young~ Workout with Dennis [FS]**

1:00 🗨️ **LCRA General Meeting [T]**

3:00 🎸 **Happy Hour with Live Music from Double Take [LB32]**

7:00 🎲 **Games with Friends [GR]**

**Last Day To RSVP for Sunday Brunch** **2**

9:00 🐰 **Stay Strong workout class with Ashley [FS]** **16**

11:30 🍷 **April Birthday Bash [V]**

1:00 🍷 **Cheers & Beers Men's Club [LB32]**

2:00 🎲 **Nickel Blackjack [GR]**

3:00 🎲 **Cribbage [FS]**

4:00 🗨️ **Technology Help in Activities Office**

4:00 🍷 **Thursday Specialty Buffet: Loaded Baked Potato \$15pts [TD]**

6:00 🎲 **Men's Poker Day [GR]**

6:30 🎬 **Fun Family Movie Night: A Man Called Otto (2022)**

7:00 🎲 **Games with Friends [GR]**

**Last Day To RSVP for Sunday Outing** **17**

9:00 ↔ **Senior Stretches Video [FS]**

10:00 🐰 **Free Friday Vital Checks with Senior Helpers [LB32]**

10:30 🗨️ **Trivia Challenge in the Library with Larry Nelson [L]**

1:30 ★ **Mary's Arts and Crafts**

3:00 🎲 **\$1 Bingo [GR]**

7:00 🎬 **Friday Night Cinema: The Map that Leads to You [T]**

**Happy Birthday Chris J.!!** **18**

9:00 ↔ **Exercise & Weights with Heidi [FS]**

10:00 † **Men & Women's Christian Fellowship: David Jeremiah's ~The God You May Not Know [L]**

10:00 🐰 **Walking on Sunshine to: Santee Lakes**

11:30 🎲 **Left, Right, Center Dice Game [GR]**

1:00 🍷 **Saturday Social: Lemon Bars [PDP]**

2:00 🎲 **Nickel Blackjack [GR]**

3:00 🎲 **Scrabble Game [FS]**

6:30 🎲 **Games in the Game Room [GR]**

Happy Easter!

# APRIL AT THE POINTE

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Sunday Monday Tuesday Wednesday Thursday Friday Saturday



**HAPPY BIRTHDAY**

Howie Mackay 4/03  
Irena Porebska 4/03  
Janet Walz 4/06  
Mary Osborne 4/08  
Marge Smith 4/12  
Chris J 4/18  
Tom Agnew 4/23  
Christine S 4/24



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FR4-4th Floor Fitness Studio  
L-4th Floor Library  
AC-4th Floor Arts/Crafts Room  
TDP-Terrazza Dining Patio  
BISR- Bistro 2nd floor

**Last Day To RSVP for Tuesday Outing 19**

8:00 ★ Guardian Angels Catholic Church [LP]  
8:15 † Shadow Mountain Church Drive [LP]  
9:00 ★ Sunday Morning Church Service with Pastor Bill [CH]  
10:15 † Shadow Mountain Church Drive #2  
10:30 ★ Sunday Run to: Target  
12:00 ☞ Water The Garden & Tunes  
12:30 ♣ Bridge Club [FS]  
2:30 ♣ \$1 Bingo [GR]  
5:30 ♣ Games with Friends [GR]

**Last Day To RSVP for Tuesday Outing 26**

8:00 ★ Guardian Angels Catholic Church [LP]  
8:15 † Shadow Mountain Church Drive [LP]  
9:00 ★ Sunday Morning Church Service with Pastor Bill [CH]  
10:15 † Shadow Mountain Church Drive #2  
12:00 ☞ Water The Garden & Tunes  
12:30 ♣ Bridge Club [FS]  
2:30 ♣ \$1 Bingo [GR]  
5:30 ♣ Games with Friends [GR]

9:00 ↔ Exercise Video Class [FS] **20**  
10:00 ☞ Coffee, Cookies & Conversations [LP]  
10:30 🎵 Learn Line Dancing [L]  
10:45 ☺ Happy Hearts Walking Club  
12:30 🎵 Glee Club [GR]  
1:30 ☺ Table Talk & Tasty Treats [V]  
2:00 ♣ Nickel Blackjack [GR]  
3:00 ♣ Mexican Train [GR]  
3:00 🎵 Monday Concert from Double Take [LB32]  
4:30 🎵 Evening Piano Music [TD]

9:00 ↔ Exercise Video Class [FS] **27**  
10:00 ☞ Coffee, Cookies & Conversations [LP]  
10:30 🎵 Learn Line Dancing [L]  
10:45 ☺ Happy Hearts Walking Club  
12:30 🎵 Glee Club [GR]  
2:00 ☺ Dining Committee Meeting [BPD]  
2:00 ♣ Nickel Blackjack [GR]  
3:00 ♣ Mexican Train [GR]  
4:30 🎵 Evening Piano Music [TD]

9:15 † St. Kieran's Communion Service at The Ridge **21**  
9:30 ★ Outing to: Birch Aquarium at La Jolla~39.95 [LP]  
9:30 ☺ Pilates Video Class  
10:30 ↔ Gentle Aquafit with Peggy [P]  
11:30 ★ Veterans' Group Luncheon at The Plaza [BPD]  
1:30 ☞ Paint & Sip Art Class  
3:00 ♣ Bingo [GR]  
4:00 ☺ Technology Help in Activities Office  
7:00 ♣ Games with Friends [GR]

9:15 † St. Kieran's Communion Service [CH] **28**  
9:30 ☺ Pilates Video Class  
10:00 ★ Lunch Outing to: Shakespeare Pub [LP]  
10:30 ↔ Gentle Aquafit with Peggy [P]  
1:30 ★ Crafty Creations By Lynn ~ Spring & Thinking About You Cards  
3:00 ♣ Bingo [GR]  
3:00 ☞ You're Not Alone -- Family-Caregivers Support Group [L]  
4:00 ☺ Technology Help in Activities Office  
7:00 ♣ Games with Friends [GR]

**All Staff Meeting: No Doctor Appointments After 12pm 22**  
Earth Day  
Spirt Wednesday's~ Wear Easter Colors  
9:15 ☺ Happy Hearts Walking Club  
10:00 ☞ Sunshine & Coffee Club [PDP]  
11:30 ↔ Stay Active, Stay Young~ Workout with Dennis [FS]  
12:00 ☞ Movie Matinee: Hamnet PG-13 2025 · Drama · 2h 5m [T]  
3:00 ☞ Happy Hour with Live Music from The Sophisticats [LB32]  
7:00 ♣ Games with Friends [GR]

**Spirit Wednesday's~ Wear Easter Colors 29**  
9:15 ☺ Happy Hearts Walking Club  
10:00 ☺ Emergency Preparedness: Evacuation Drill  
11:30 ↔ Stay Active, Stay Young~ Workout with Dennis [FS]  
12:00 ☺ May Frenzy Sign-Up  
3:00 ☞ Happy Hour with Live Music from Blue Zone [LB32]  
7:00 ♣ Games with Friends [GR]

**Happy Birthday Tom Agnew! 23**  
9:00 ☺ Stay Strong workout class with Ashley [FS]  
10:00 ☺ Senior Expo & Resource Fair 10-2pm At The Plaza [PL]  
11:00 ☺ Español For Fun! [FS]  
2:00 ♣ Nickel Blackjack [GR]  
3:00 ♣ Cribbage [FS]  
4:00 ☺ Technology Help in Activities Office  
4:00 ☞ Thursday Specialty Buffet: [TD]  
6:00 ♣ Men's Poker Day [GR]  
7:00 ♣ Games with Friends [GR]

**Stay Strong workout class with Ashley [FS] 30**  
11:30 ☺ Flavors & Friendships~ Lunch with Life enrichment [TD]  
2:00 ♣ Nickel Blackjack [GR]  
3:00 ♣ Cribbage [FS]  
4:00 ☺ Technology Help in Activities Office  
4:00 ☞ Thursday Specialty Buffet: BBQ Buffet 17.5pts [TD]  
6:00 ♣ Men's Poker Day [GR]  
7:00 ♣ Games with Friends [GR]

**Happy Birthday Christine Stockham!! 24**  
**Last Day To RSVP for Sunday Outing**  
9:00 ↔ Senior Stretches Video [FS]  
10:00 ☺ Free Friday Vital Checks with Senior Helpers [LB32]  
10:30 ☺ Trivia Challenge in the Library with Larry Nelson [L]  
1:30 ★ Arts and Crafts ~ 3D Butterflies  
2:00 ☺ Communi-Tea Book Club at The Plaza! [TL]  
3:00 ♣ \$1 Bingo [GR]  
7:00 ☞ Friday Night Cinema: Twisters [T]



**Threads of Tradition: QUILT EXHIBIT**

Come and see some of our neighbors' beautiful creations!

SATURDAY April 11th 10:00 AM - 1:00 PM

Come enjoy the creativity, inspiration, and community!

Pointe Lobby

9:00 ↔ Exercise & Weights with Heidi [FS] **25**  
10:00 † Men & Women's Christian Fellowship: David Jeremiah's ~The God You May Not Know [L]  
11:30 ♣ Left, Right, Center Dice Game [GR]  
1:00 ☞ Saturday Social: Lemon Bars [PDP]  
2:00 ♣ Nickel Blackjack [GR]  
3:00 ♣ Scrabble Game [FS]  
6:30 ♣ Games in the Game Room [GR]



**SHARP**

Age-Friendly Care in Action

Presented by Sharp HealthCare

Thursday, April 9, 2026 9:30 A.M. Lantern Court The Pointe Theater - 2nd Floor

Join us for a talk about Age-Friendly Health Systems and the 4Ms Framework. We'll explain what "Age-Friendly" care means, why it matters to you, and share how Sharp's commitment is dedicated to supporting the health and independence of adults 65 and older.

No registration required.



**Emergency Preparedness: Evacuation Drill**

Wednesday April 29th 10am The Pointe Building

Your safety is our top priority. We would like to invite you to participate in an upcoming Emergency Preparedness: Evacuation Drill. This drill is designed to help ensure that everyone feels confident and prepared in the event of an emergency. It will also give you an opportunity to become familiar with evacuation routes and procedures in a safe and supportive environment.

**Resident Participation is Encouraged**



**Easter Day Celebration**

Join us for a delightful springtime gathering

Join us on Easter Day for a special visit with real bunnies! Come enjoy a festive and joyful time celebrating spring with these adorable guests.

Everyone is welcome we hope to see you there!

April 5th, 2026 11:30am pool deck patio



LET'S CELEBRATE TOGETHER!

**EASTER SUNDAY BRUNCH**

Sunday 11 am to 2pm Pointe Terrazza

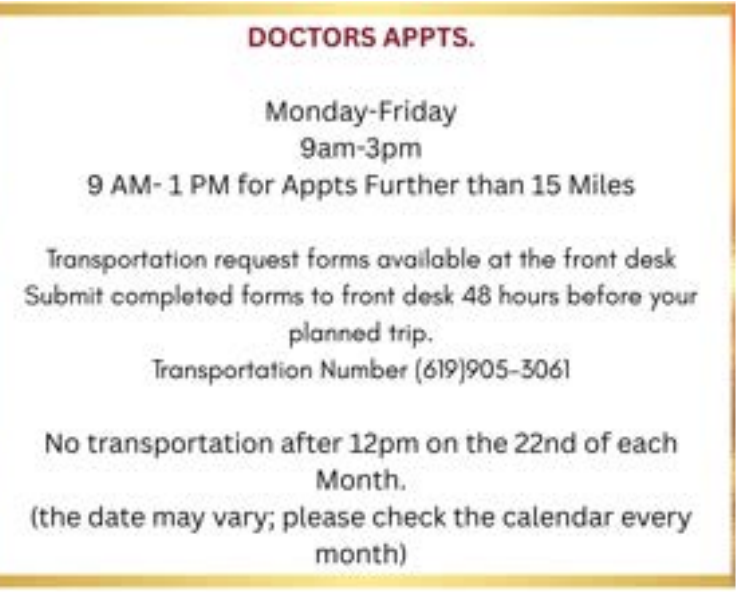
RSVP 5407



**April Birthday Bash**

Thursday 16th 11:30am Veranda

All residents with an April birthday are invited to celebrate!!



**DOCTORS APPTS.**

Monday-Friday 9am-3pm

9 AM- 1 PM for Appts Further than 15 Miles

Transportation request forms available at the front desk. Submit completed forms to front desk 48 hours before your planned trip. Transportation Number (619)905-3061

No transportation after 12pm on the 22nd of each Month. (the date may vary; please check the calendar every month)