

APRIL AT THE PLAZA

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

Happy Birthday

Linda Rogers 4/02
 Pat Townsend 4/10
 Phyllis Brown 4/16
 Donna Wright 4/19
 Terri Prout 4/26
 Heather Haley 4/30
 Lou Desaegher 4/30

HAPPY Easter

Location Key

50GR - 50's Game Room
 AO - Activities Office
 BBC - Bocce Ball Court
 BD - Bel Air Diner
 BLR - 5th Floor Billiards Room
 BPD - Balboa Private Dining Room
 CDR - Catalina Dining Room
 CC - Coronado Courtyard
 CH - Reflections Chapel
 FR - Fitness Room
 IPS - Indoor Pool and Spa
 MB - Miramar Bar
 MDT - Movie Dinner Theater
 PL - Plaza Lobby
 PL6 - Puzzle Lounge/Library
 SC - Sunken Courtyard
 TL - 2nd Floor Turtle Lounge
 TR - King Charles Tea Room

<p>Easter Palm Sunday 5</p> <p>8:00 ★ Guardian Angels Catholic Church [PL] 8:30 ★ Shadow Mountain Church Drive [PL] 9:00 † Sunday Morning Church Service with Pastor Bill [CH] 1:00 🐰 Bunny Snuggles Social [PL] 2:00 🎲 Peaceful Sunday Bingo [MDT] 3:00 🍷 Sweet Tooth Sunday [BD] 4:00 ★ Easter Signature Plated Meals 4pm-6:30pm [CDR]</p>	<p>Morning Stretches - Instructional Video [FR] 6</p> <p>9:30 ↔ Morning Stretches - Instructional Video [FR] 11:00 ☕ Coffee with Our Personal Shopper at the Turtle Lounge [TL] 1:00 🎲 Retro Card Time: Hand, Knee & Foot [50GR] 2:00 ★ Make & Create with Rubi: Suncatchers 3:00 ↔ Boot-Scootin' Line Dancing [CDR] 4:00 📺 Ted-Ed Mini Docs [MDT]</p>	<p>Last Day to RSVP for Crusin' to Outing 7</p> <p>9:00 ↔ Gentle Aqua-fit with Peggy in the Pool [IPS] 10:00 † Sunil Church Service [CH] 10:15 🕒 Core Strength and Weights w/ Zandra [FR] 11:00 🎲 Cornhole by the Moss Wall [PL] 12:30 🎲 All Aboard the Domino Train [50GR] 2:00 ★ Sweet & Simple Creations: Buttercream Sandwich Soft Cookies [BD] 3:00 🎲 Nickel Blackjack [50GR] 3:30 Transportation Committee Meeting [V] 4:00 🕒 Easy Tech with the Activity Girls [FR]</p>	<p>Wear Pastel Or Easter Color Wednesday's 8</p> <p>9:30 ↔ Morning Stretches - Instructional Video [FR] 10:00 🍷 50's Diner Game Social [BD] 10:00 Fashion On the Go Shopping Day 10am-2pm 11:00 ↔ Warm-Up and Work Out with Dennis [FR] 11:45 ☕ Warm Stories & Tea [TR] 1:00 🎲 \$4 Fun Bingo [MDT] 3:00 🍷 Men's Brew Crew [BLR] 4:00 ★ Grab-a-Goodie at Penguin Yogurt Factory [PL]</p>	<p>Last Day To RSVP for Saturday Shop till you Drop 9</p> <p>10:15 ↔ Try-it Fitness Day: Brain & Body Class [FR] 10:45 ★ Crusin' to The Omelette Factory [PL] 11:00 🎲 Corn Hole in the Sunken Courtyard [SC] 11:30 🕒 Rotary Club Gathering [MDT] 12:00 🎲 Giddy up in the Game Room with a Friendly Horse Game [50GR] 2:00 🎲 \$4 Poker [50GR] 3:15 🕒 Warm & Friendly Jeopardy Fun [MDT]</p>	<p>Happy Birthday Pat Townsend!! 10</p> <p>11:00 🕒 Senior Helpers Vital Check [PL] 12:00 🎲 Retro Card Time: Hand, Knee & Foot [50GR] 1:00 ↔ Cardio Drumming Workout [FR] 3:00 🎲 Live Music Happier Hour with Fireball Express [CDR] 4:30 🐾 Leash & Leisure Walk [SC]</p>	<p>Shop till we Drop (Gently) to Costco [PL] 11</p> <p>9:00 ★ Shop till we Drop (Gently) to Costco [PL] 10:00 ↔ Wellness Chair Yoga with Heidi [FR] 1:00 🎲 3-13 Afternoon Card Social 1:00 🎲 Letters & Laughter Scrabble Fun [MDT] 3:00 🎲 Nickel Blackjack [50GR] 5:30 📺 Evening Movie: An Affair to Remember (1957) 1hr 59m [MDT]</p>
<p>Reminder!! Donation Day Pick up Tomorrow before 8am - 2nd Floor Loading Dock Questions??? call Activities x3910 12</p> <p>8:00 ★ Guardian Angels Catholic Church [PL] 8:15 ★ Shadow Mountain Church Drive [PL] 9:00 † Sunday Morning Church Service with Pastor Bill [CH] 10:15 ★ Shadow Mountain Church Drive [PL] 12:00 Nature Walk: Santee Lakes [PL] 2:00 🎲 Peaceful Sunday Bingo [MDT] 3:00 🍷 Sweet Tooth Sunday [BD]</p>	<p>Donation Day Pick Up 13</p> <p>9:00 🕒 Beltone Hearing 9-11am [TR] 9:30 ↔ Morning Stretches - Instructional Video [FR] 11:00 ☕ Coffee & Cozy Chats in the Turtle Lounge [TL] 1:00 🎲 Retro Card Time: Hand, Knee & Foot [50GR] 2:00 ★ Fresh Flower Creations [SC] 3:00 ↔ Boot-Scootin' Line Dancing [CDR] 4:00 📺 Ted-Ed Mini Documentaries [MDT]</p>	<p>Last Day to RSVP for Crusin' to Outing 14</p> <p>9:00 ↔ Gentle Aqua-fit with Peggy in the Pool [IPS] 9:15 † St. Kieran's Communion Service [CH] 9:40 ★ Meditation Class W/Ed at the Ridge [RT] 11:00 🎲 Cornhole by the Moss Wall [PL] 12:30 🎲 All Aboard the Domino Train [50GR] 2:00 🎲 Sweet & Simple Creations: Buttercream "Churro" Bread Bites [BD] 3:00 🎲 Nickel Blackjack [50GR] 4:00 🕒 Easy Tech with the Activity Girls [FR]</p>	<p>Taxes Are Due! Wear Pastel Or Easter Color Wednesday's 15</p> <p>9:30 ↔ Morning Stretches - Instructional Video [FR] 10:00 🍷 50's Diner Game Social [BD] 10:00 † The Lutheran Church-Missouri Synod [CH] 11:00 ↔ Warm-Up and Work Out with Dennis [FR] 1:00 🎲 \$4 Fun Bingo [MDT] 2:00 ☕ Sweet Talk with Sous Chef Aaron [BPD] 3:00 🕒 Age Well-Inside the Algorithm Video Presentation-How Social Media Shapes What We See, Think & Believe [MDT] 4:00 ★ Quick Trip to Town Center Mall [CDR] 4:00 Specialty Buffet at The Plaza: Soup & Salad Bar [CDR]</p>	<p>Happy Birthday Phyllis Brown!! 16</p> <p>Last Day To RSVP for Saturday Shop till you Drop 10:15 ↔ Try-it Fitness Day: Balance & Posture Basics [FR] 11:00 🎲 Corn Hole in the Sunken Courtyard [SC] 11:30 ☕ Resident Social Hour [CH] 1:00 🕒 LCRA General Meeting [MDT] 2:00 🎲 \$4 Poker [50GR] 3:15 🕒 Warm & Friendly Jeopardy Fun [MDT] 4:00 ☕ Creative Calendar Chat [BPD]</p>	<p>Brunch at the Ridge [PL] 17</p> <p>10:30 ★ Brunch at the Ridge [PL] 11:00 🕒 Senior Helpers Vital Check [PL] 12:00 🎲 Retro Card Time: Hand, Knee & Foot [50GR] 1:00 ↔ Cardio Drumming Workout [FR] 3:00 🎲 Live Music Happier Hour with Brown Sugar Oldies [CDR] 4:30 🐾 Leash & Leisure Walk [SC]</p>	<p>Wellness Chair Yoga with Heidi [FR] 18</p> <p>10:00 ↔ Wellness Chair Yoga with Heidi [FR] 11:00 ★ Shop till we Drop (Gently) to Kohl's/Lowe's Santee [PL] 11:30 Bel Air Diner Open for Lunch! ~ 11:30am-2pm [BD] 1:00 🎲 3-13 Afternoon Card Social 1:00 🎲 Letters & Laughter Scrabble Fun [MDT] 3:00 🎲 Nickel Blackjack [50GR] 5:30 📺 Evening Movie: Still Mine (2012) 1hr 42m [MDT]</p>

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Happy Birthday Donna Wright!! 19

8:00 ★ Guardian Angels Catholic Church [PL]
 8:15 ★ Shadow Mountain Church Drive [PL]
 9:00 † Sunday Morning Church Service with Pastor Bill [CH]
 10:15 ★ Shadow Mountain Church Drive [PL]
 12:00 ★ Sensory Herb Station [SC]
 2:00 † Peaceful Sunday Bingo [MDT]
 3:00 ☑ Sweet Tooth Sunday [BD]

Happy Birthday Terri Prout!! 26

8:00 ★ Guardian Angels Catholic Church [PL]
 8:15 ★ Shadow Mountain Church Drive [PL]
 9:00 † Sunday Morning Church Service with Pastor Bill [CH]
 10:15 ★ Shadow Mountain Church Drive [PL]
 12:00 Dog Park Outing [PL]
 2:00 † Peaceful Sunday Bingo [MDT]
 3:00 ☑ Sweet Tooth Sunday [BD]

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9:30 ↔ Morning Stretches - Instructional Video [FR]
 11:00 ☑ Coffee & Cozy Chats in the Turtle Lounge [TL]
 1:00 † Retro Card Time: Hand, Knee & Foot [50GR]
 2:00 ★ Make & Create w/ Rubi: Decoupage Vase [MDT]
 3:00 ↔ Boot-Scootin' Line Dancing [CDR]
 4:00 🐾 Specialty Appetizer Buffet at the Plaza [CDR]
 4:00 🐾 Ted-Ed Mini Documentaries [MDT]
 5:30 † Prized Packed Bingo Night w/ Family & Friends [MDT]

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9:30 ↔ Morning Stretches - Instructional Video [FR]
 11:00 ☑ Coffee & Cozy Chats in the Turtle Lounge [TL]
 1:00 † Retro Card Time: Hand, Knee & Foot [50GR]
 2:00 ★ Make & Create with Rubi (Random) [MDT]
 3:00 ↔ Boot-Scootin' Line Dancing [CDR]
 4:00 🐾 Ted-Ed Mini Documentaries [MDT]

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9:00 ↔ Gentle Aqua-fit with Peggy in the Pool [IPS]
 10:00 † Sunil Church Service [CH]
 10:15 🐾 Core Strength and Weights w/ Zandra [FR]
 11:00 † Cornhole by the Moss Wall [PL]
 11:30 ★ Veterans' Luncheon at The Plaza [MDT]
 12:30 † All Aboard the Domino Train [50GR]
 2:00 🐾 Sweet & Simple Creations: Buttercream Swirl Pudding Cups [BD]
 3:00 † Nickel Blackjack [50GR]
 4:00 🐾 Easy Tech with the Activity Girls [FR]

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!!ATTN ALL PLAZA RESIDENTS!! Fire Safety Drill 10am Instructions will be Posted
 Last Day to RSVP for Crusin' to Outing

9:00 ↔ Gentle Aqua-fit with Peggy in the Pool [IPS]
 9:15 † St. Kieran's Communion Service [CH]
 11:00 † Cornhole by the Moss Wall [PL]
 12:30 † All Aboard the Domino Train [50GR]
 2:00 🐾 Sweet & Simple Creations: Fruit & Buttercream Dip [BD]
 3:00 † Nickel Blackjack [50GR]
 4:00 🐾 Easy Tech with the Activity Girls [FR]

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All Staff Meeting: No Doctor Appointments After 12pm

Earth Day
 Wear Pastel Or Easter Color Wednesday's

9:30 ↔ Morning Stretches - Instructional Video [FR]
 10:00 ☑ 50's Diner Game Social [BD]
 11:00 ↔ Warm-Up and Work Out with Dennis [FR]
 1:00 † \$4 Fun Bingo [MDT]
 1:00 ★ Big Bucks Barona Outing [PL]
 5:30 Grab-a-Goodie at the Taco Bell

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Wear Pastel Or Easter Color Wednesday's

9:30 ↔ Morning Stretches - Instructional Video [FR]
 10:00 ☑ 50's Diner Game Social [BD]
 11:00 ↔ Warm-Up and Work Out with Dennis [FR]
 1:00 † \$4 Fun Bingo [MDT]
 3:00 🐾 Together We Drink!! [BD]
 3:30 🎵 Soft Sign Along w/ Lyrics on the Screen [MDT]

23

Last Day To RSVP for Saturday Shop till you Drop

10:00 🐾 Senior Expo & Resource Fair 10-2pm [MDT]
 10:15 ↔ Try-it Fitness Day: Brain & Body Class [FR]
 11:00 † Corn Hole in the Sunken Courtyard [SC]
 2:00 † \$4 Poker [50GR]
 3:30 ★ Golden Hour Courtyard Picnic [CC]

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Happy Birthday Heather Haley!!
 Happy Birthday Lou DeSaegher!!

Last Day To RSVP for Saturday Shop till you Drop

10:00 ★ Crusin' to The Flower Fields in Carlsbad \$20+ [PL]
 10:15 ↔ Try-it Fitness Day: Seated Cardio Burst [FR]
 11:00 † Corn Hole in the Sunken Courtyard [SC]
 2:00 † \$4 Poker [50GR]

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Last Day to RSVP for Thursday Restaurant Outing


11:00 🐾 Senior Helpers Vital Check [PL]
 12:00 † Retro Card Time: Hand, Knee & Foot [50GR]
 1:00 ↔ Cardio Drumming Workout [FR]
 2:00 🐾 LC Community Book Club at The Plaza [CH]
 3:00 🐾 Live Music Happier Hour with Double Take [CDR]
 4:30 🐾 Leash & Leisure Walk [SC]

DOCTORS APPTS.
 Monday-Friday
 9am-3pm
 9 AM- 1 PM for Appts Further than 15 Miles
 Transportation request forms available at the front desk
 Submit completed forms to front desk 48 hours before your planned trip.
 Transportation Number (619)905-3061
 No transportation after 12pm on the 22nd of each Month .
 (the date may vary; please check the calendar every month)

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10:00 ★ Shop till we Drop (Gently) Vons [PL]
 10:00 ↔ Wellness Chair Yoga with Heidi [FR]
 11:00 Brunch Buffet 11-2pm [CDR]
 1:00 † 3-13 Afternoon Card Social
 1:00 † Letters & Laughter Scrabble Fun [MDT]
 3:00 † Nickel Blackjack [50GR]
 5:30 🐾 Evening Movie: On Golden Pond (1981) 1hr 49m [MDT]

Don't miss a thing!



Sign up with the Activities Office for Red Star RSVP Easy Ways
 -Email
 -Text
 -Call
 -Leave a Note

Pastel and Easter Color Wednesdays

Let's celebrate the season of renewal and fresh beginnings this April. Every Wednesday this month we invite everyone wear their favorite pastel or Easter colors. Your contributions make Lantern Crest a brighter place to work and live every day.

Here's to a happy and healthy Spring season!

Senior Expo & Resource Fair

Health & Wellness Resources
 Access information on healthcare, wellness, and lifestyle resources for seniors

Trusted Local Providers
 Meet with established experts in healthcare, finance, legal services, and more

Financial & Lifestyle Solutions
 Get answers to your financial, insurance, and lifestyle questions

Thursday, April 23 | 10:00 AM - 2:00 PM
 Lantern Crest Senior Living
 300 Lantern Crest Way | Santee, CA
 (619) 258-8886

JOIN US FOR SOME FUN AT SUNNY MEADOWS!

WARM & FRIENDLY JEOPARDY FUN

April 2nd, 9th & 16th
 3:15 PM

MOVIE DINNER THEATER
 Test your knowledge and make new friends!

PRIZES & REFRESHMENTS FOR ALL PARTICIPANTS!
 EVERYONE IS WELCOME - NO EXPERIENCE NEEDED!

Good Friday Service

Join us for a Good Friday service filled with reflection, worship, and spiritual renewal. Gather your loved ones and celebrate with us!

April 3rd at 2pm
 Reflections Chapel

Sweet Talk

with Sous Chef Aaron

Join us for a
 Enjoy sweet snacks, light sips, and cozy chats.

Wed. April 1st & 15th
 Balboa Private Dining Room

FASHION ON THE GO~EVENT

CLOTHES, CLOTHES, ACCESSORIES & MORE CLOTHES!!

WEDNESDAY, APRIL 8TH
 10AM TO 2PM
 PLAZA LOBBY