

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

May Birthdays

Sarah Brooks 5/1
Ann Utterback 5/9
Janet Goulet 5/13
Mike Haley 5/13
Marianne Glanz 5/25
Barbara Schmitz 5/30

Location Key

50GR - 50's Game Room
AO- Activities Office
BBC - Bocce Ball Court
BD - Bel Air Diner
BLR - 5th Floor Billiards Room
BPD - Balboa Private Dining Room
CDR - Catalina Dining Room
CC - Coronado Courtyard
CH - Reflections Chapel
FR - Fitness Room
IPS - Indoor Pool and Spa
MB - Miramar Bar
MDT - Movie Dinner Theater
PL - Plaza Lobby
PL6 - Puzzle Lounge/Library
SC - Sunken Courtyard
TL - 2nd Floor Turtle Lounge
TR - King Charles Tea Room

Happy Mother's Day

DOCTORS APPTS.

Monday-Friday
9am-3pm
9 AM-1 PM for Appts Further than 15 Miles
Transportation request forms available at the front desk
Submit completed forms to front desk 48 hours before your planned trip.
Transportation Number (619)905-3061
No transportation after 12pm on the 22nd of each Month.
(the date may vary; please check the calendar every month)

Happy Birthday Sarah Brooks!! **1**

9:30 ↔ **Early Bird Putting [G2]**
10:30 ↔ **Exercise Lite: Weights, Balance & Stretching w/Peggy [FR]**
11:00 ☺ **Senior Helpers Vital Check [PL]**
12:00 ♣ **Retro Card Time: Hand, Knee & Foot [50GR]**
1:00 ↔ **Cardio Drumming Workout [FR]**
3:00 🎵 **Happier Hour with Live Music From Fireball Express [CDR]**
4:30 🐾 **Leash & Leisure Walk [PL]**

10:00 ↔ **Wellness Chair Yoga with Heidi [FR]** **2**
10:45 ★ **Shop till we Drop to: Spring Market @ Santee Lakes [PL]**
1:00 ♣ **3-13 Afternoon Card Social [50GR]**
1:00 ♣ **Letters & Laughter Scrabble Fun [TR]**
3:00 ♣ **Nickel Blackjack [50GR]**
5:30 🎬 **Evening Movie: The Intern (2015) 2hr 1m [MDT]**

8:00 ★ **Guardian Angels Catholic Church [PL]** **3**
8:15 ★ **Shadow Mountain Church Drive [PL]**
9:00 † **Sunday Morning Church Service with Pastor Bill [CH]**
10:15 ★ **Shadow Mountain Church Drive [PL]**
12:00 ★ **Walk & Talk to: Santee Lakes [PL]**
2:00 ♣ **Peaceful Sunday Bingo [MDT]**
3:00 ☺ **Sweet Sunday Social [BD]**

Last Day to RSVP For Mother's Day w/Pointe Dining Room **4**

9:30 ↔ **Morning Stretches - Instructional Video [FR]**
11:00 ☺ **Coffee & Cozy Chats in the Turtle Lounge w/ Guest from Blessed Trinity Anglican Church [TL]**
1:00 ♣ **Retro Card Time: Hand, Knee & Foot [50GR]**
2:00 ★ **Make & Create with Rubi: Tea Cup Arrangements [MDT]**
3:00 ↔ **Boot-Scootin' Line Dancing [CDR]**
4:00 🎬 **Man On The Inside (Netflix Series) [MDT]**
4:30 🐾 **Leash & Leisure Walk [PL]**

Last Day to RSVP for Crusin' to Outing **5**

9:00 ↔ **Gentle Aqua-fit with Peggy in the Pool [IPS]**
10:00 † **Blessed Trinity Anglican Church [CH]**
10:15 ☺ **Core Strength and Weights [FR]**
11:00 ♣ **Cornhole by the Moss Wall [PL]**
12:30 ♣ **All Aboard the Domino Train [50GR]**
2:00 ★ **Cinco de Mayo Celebration: Margaritas & Nacho Bar Fiesta [MB]**
3:00 ♣ **Nickel Blackjack [50GR]**
3:30 **Transportation Committee Meeting [V]**
4:15 ☺ **Easy Tech with the Activity Girls [AO]**

Spirit Wednesdays! Wear Purple for Women's Health & Mobility/Stroke Awareness Month **6**

9:30 ↔ **Morning Stretches - Instructional Video [FR]**
10:00 † **The Lutheran Church-Missouri Synod [CH]**
11:00 ↔ **Warm-Up and Work Out with Dennis [FR]**
11:30 ☺ **Lunch & Laughs with Life Enrichment [BPD]**
1:00 ♣ **\$4 Fun Bingo [MDT]**
2:00 🎤 **Taste & Talk with Sous Chef Aaron [BPD]**
3:00 🎤 **Musical Performance By Encore with Specialty Sangria's [MDT]**
4:30 ★ **Quick Trip to Trader Joe's [PL]**

Last Day To RSVP for Saturday Shop till you Drop **7**

10:00 ♣ **Strike & Socialize Bowling Hour [BD]**
10:45 ★ **Crusin to: Filippi's Italian [PL]**
11:00 ♣ **Cornhole in the Sunken Courtyard [SC]**
1:00 ☺ **Resident Council Board Member Meeting [BPD]**
2:00 ♣ **\$4 Poker [50GR]**
3:00 ☺ **Knowledge Hour [MDT]**
4:15 ☺ **Easy Tech with the Activity Girls [AO]**

9:30 ☺ **Brisk Morning LC Scenic Walk [PL]** **8**
10:30 ↔ **Exercise Lite: Weights, Balance & Stretching w/Peggy [FR]**
11:00 ☺ **Senior Helpers Vital Check [PL]**
11:45 ★ **Pointe Activities Invites All Mother's to the Royal Mother's Day Tea Party [PDP]**
12:00 ♣ **Retro Card Time: Hand, Knee & Foot [50GR]**
1:00 ↔ **Cardio Drumming Workout [FR]**
3:00 🎵 **Happier Hour with Live Music From Double Take [CDR]**
4:30 🐾 **Leash & Leisure Walk [PL]**

Happy Birthday Ann Utterback!! **9**

10:00 † **Glenda Parker's Celebration of Life~Live Stream [MDT]**
10:00 ↔ **Wellness Chair Yoga with Heidi [FR]**
12:00 ★ **Shop till we Drop to: Wal-Mart Los Coches [PL]**
1:00 ♣ **3-13 Afternoon Card Social [50GR]**
1:00 ♣ **Letters & Laughter Scrabble Fun [TR]**
3:00 ♣ **Nickel Blackjack [50GR]**
5:30 🎬 **Evening Movie: Sister Act 1hr 49m [MDT]**

Dining Room Open 7:30-10am~To Go 2-3pm~Closed @ 3:30pm **10**

Mother's Day

8:00 ★ **Guardian Angels Catholic Church [PL]**
8:15 ★ **Shadow Mountain Church Drive [PL]**
9:00 † **Sunday Morning Church Service with Pastor Bill (NO CHURCH) See You next Week [CH]**
10:15 ★ **Shadow Mountain Church Drive [PL]**
11:00 ★ **Mother's Day Brunch @ The Pointe 11-2pm RSVP x5407 [TD]**

9:30 ↔ **Morning Stretches - Instructional Video [FR]** **11**
11:00 ☺ **Coffee & Cozy Chats in the Turtle Lounge [TL]**
1:00 ♣ **Retro Card Time: Hand, Knee & Foot [50GR]**
2:00 ★ **Make & Create with Rubi: Sip & Paint [MDT]**
3:00 ↔ **Boot-Scootin' Line Dancing [CDR]**
4:00 🎬 **Man On The Inside (Netflix Series) [MDT]**
4:30 🐾 **Leash & Leisure Walk [PL]**

Last Day to RSVP for Crusin' to Outing **12**

9:00 ↔ **Gentle Aqua-fit with Peggy in the Pool [IPS]**
9:15 † **St. Kieran's Communion Service [CH]**
10:15 ☺ **Core Strength and Weights w/Special Guest Jorie [FR]**
11:00 ♣ **Cornhole by the Moss Wall [PL]**
12:00 ☺ **US Foods Showcase w/a Variety of Delicious Dishes & Foods 12-2pm [PL]**
12:30 ♣ **All Aboard the Domino Train [50GR]**
3:00 ♣ **Nickel Blackjack [50GR]**
4:15 ☺ **Easy Tech with the Activity Girls [AO]**

Happy Birthday Janet Goulet & Mike Haley!! **13**

National Receptionist Day ~ Show Some Extra Love to Our Front Desk Crew!!

Spirit Wednesdays! Wear Purple for Women's Health & Mobility/Stroke Awareness Month

9:30 ↔ **Morning Stretches - Instructional Video [FR]**
11:00 ↔ **Warm-Up and Work Out with Dennis [FR]**
11:45 ☺ **Warm Stories & Tea [TR]**
1:00 ♣ **\$4 Fun Bingo [MDT]**
3:00 🎤 **Silver Steppers Dance Showcase with Specialty Berry Beer [MDT]**
4:30 ★ **Grab-a-Goodie @ Handel's Homemade Ice Cream [PL]**

Last Day To RSVP for Saturday Shop till you Drop **14**

10:00 ♣ **Strike & Socialize Bowling Hour [BD]**
10:30 ★ **Crusin to: Portside Pier Brigantine [PL]**
11:00 ♣ **Corn Hole in the Sunken Courtyard [SC]**
11:30 ☺ **Meet the Rotary Club w/ Featured Guest Nina Thompson from the S.D. Humane Society [MDT]**
2:00 ♣ **\$4 Poker [50GR]**
3:00 ☺ **Resident Watch Committee Meeting [BPD]**
4:15 ☺ **Easy Tech with the Activity Girls [AO]**
4:30 🎬 **Early Evening Movie: Out of Africa (1985) 2hr 41m [MDT]**

9:30 ★ **Fruit & Pastry Pop In @ The Ridge [PL]** **15**
10:30 ↔ **Exercise Lite: Weights, Balance & Stretching w/Peggy [FR]**
11:00 ☺ **Senior Helpers Vital Check [PL]**
12:00 ♣ **Retro Card Time: Hand, Knee & Foot [50GR]**
12:30 ★ **Pickleball Party @ The Legacy! Lunch & Lessons! 12:30-4pm**
1:00 ↔ **Cardio Drumming Workout [FR]**
3:00 🎵 **Happier Hour with Live Music From: Mike & Mandy [CDR]**
4:30 🐾 **Leash & Leisure Walk [PL]**

9:00 ★ **Shop till we Drop to: Dollar Tree East Main [PL]** **16**
10:00 ↔ **Wellness Chair Yoga with Heidi (NO HEIDI) [FR]**
11:30 🎬 **Bel Air Diner Open for Lunch! ~ 11:30am-2pm [BD]**
1:00 ♣ **3-13 Afternoon Card Social [50GR]**
1:00 ♣ **Letters & Laughter Scrabble Fun [TR]**
3:00 ♣ **Nickel Blackjack [50GR]**
5:30 🎬 **Evening Movie: Beaches 2hr 3m [MDT]**

May at the Plaza

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

May Birthdays

Sarah Brooks 5/1
Ann Utterback 5/9
Janet Goulet 5/13
Mike Haley 5/13
Marianne Glanz 5/25
Barbara Schmitz 5/30

8:00 ★ Guardian Angels Catholic Church [PL] **17**
8:15 ★ Shadow Mountain Church Drive [PL]
9:00 † Sunday Morning Church Service with Pastor Bill [CH]
10:15 ★ Shadow Mountain Church Drive [PL]
12:00 ↔ Sunday Wellness Workout with Heidi [FR]
2:00 ↔ Peaceful Sunday Bingo [MDT]
4:00 ★ Plaza Grill & Chill with Comfort Keepers [CC]

9:30 ↔ Morning Stretches - Instructional Video [FR] **18**
11:00 ☞ Coffee & Cozy Chats in the Turtle Lounge w/ Guest Michael a Personal Driver [TL]
12:00 ☞ Gardening Stewards Committee Meeting [BPD]
1:00 ↔ Retro Card Time: Hand, Knee & Foot [50GR]
2:00 ★ Make & Create with Rubi: Wood Cutout Door Hanger [TR]
3:00 ↔ Boot-Scootin' Line Dancing [CDR]
4:00 ☞ Man On The Inside (Netflix Series) [MDT]
4:30 🐾 Leash & Leisure Walk [PL]

Last Day to RSVP for Crusin' to Outing **19**
9:00 ↔ Gentle Aqua-fit with Peggy in the Pool [IPS]
10:00 † Blessed Trinity Anglican Church [CH]
10:15 ☞ Core Strength and Weights [FR]
11:00 ↔ Cornhole by the Moss Wall [PL]
11:30 ★ Veterans' Luncheon at The Pointe [LB32]
12:30 ↔ All Aboard the Domino Train [50GR]
2:00 ★ Sweet & Savory Creations: Chocolate Pretzel Clusters [BD]
3:00 ↔ Nickel Blackjack [50GR]
4:15 ☞ Easy Tech with the Activity Girls [AO]

Spirit Wednesdays! Wear Purple for Women's Health & Mobility/Stroke Awareness Month **20**
9:30 ↔ Morning Stretches - Instructional Video [FR]
10:00 † The Lutheran Church-Missouri Synod [CH]
11:00 ↔ Warm-Up and Work Out with Dennis [FR]
1:00 ↔ \$4 Fun Bingo [MDT]
2:00 ☞ Taste & Talk with Sous Chef Aaron [BPD]
3:00 ☞ Dr. Crumpler Presentation: Your Health in your Hands [MDT]
4:30 ★ Quick Trip to: CVS Santee [PL]

Last Day To RSVP for Saturday Shop till you Drop **21**
10:00 ↔ Strike & Socialize Bowling Hour [BD]
11:00 ↔ Cornhole in the Sunken Courtyard [SC]
1:00 ☞ LCRA General Meeting [MDT]
2:00 ↔ \$4 Poker [50GR]
3:00 ☞ Knowledge Hour [MDT]
4:00 ★ Crusin to: Olive Garden [PL]
4:15 ☞ Easy Tech with the Activity Girls [AO]

All Staff Meeting: No Doctor Appointments After 12pm **22**
9:30 ↔ Bright & Early Brocce Ball [BBC]
10:30 ↔ Exercise Lite: Weights, Balance & Stretching w/ Peggy [FR]
11:00 ☞ Senior Helpers Vital Check [PL]
12:00 ↔ Retro Card Time: Hand, Knee & Foot [50GR]
1:00 ↔ Cardio Drumming Workout [FR]
3:00 ☞ Happier Hour w/Live Music From Brown Sugar Oldies [PL]
4:30 🐾 Leash & Leisure Walk [PL]

9:00 ★ Shop till we Drop to: Albertsons [PL] **23**
10:00 ↔ Wellness Chair Yoga with Heidi [FR]
11:30 ↔ 50's Diner Game Time Social w/Corn-hole in Courtyard & Strawberry Ice Cream Floats
1:00 ↔ 3-13 Afternoon Card Social [50GR]
1:00 ↔ Letters & Laughter Scrabble Fun [TR]
3:00 ↔ Nickel Blackjack [50GR]
5:30 ☞ Evening Movie: Sneakers (1992) 2hr 6m [MDT]

Location Key

50GR - 50's Game Room
 AO- Activities Office
 BBC - Bocce Ball Court
 BD - Bel Air Diner
 BLR - 5th Floor Billiards Room
 BPD - Balboa Private Dining Room
 CDR - Catalina Dining Room
 CC - Coronado Courtyard
 CH - Reflections Chapel
 FR - Fitness Room
 IPS - Indoor Pool and Spa
 MB - Miramar Bar
 MDT - Movie Dinner Theater
 PL - Plaza Lobby
 PL6 - Puzzle Lounge/Library
 SC - Sunken Courtyard
 TL - 2nd Floor Turtle Lounge
 TR - King Charles Tea Room

8:00 ★ Guardian Angels Catholic Church [PL] **24**
8:15 ★ Shadow Mountain Church Drive [PL]
9:00 † Sunday Morning Church Service with Pastor Bill [CH]
10:15 ★ Shadow Mountain Church Drive [PL]
12:00 ★ Walk & Talk to: Santee Lakes [PL]
2:00 ↔ Peaceful Sunday Bingo [MDT]
3:00 ☞ Sweet Sunday Social [BD]

Dining Room Open 7:30-10am~To Go 2-3pm~Closed @ 3:30pm **25**
 Happy Birthday Marianne Glanz!!
 Memorial Day
9:30 ↔ Morning Stretches - Instructional Video [FR]
11:00 ☞ Coffee & Cozy Chats in the Turtle Lounge (No Activity Ladies, feel free to still enjoy the time together as usual) [TL]
11:00 ★ Memorial Day BBQ 2nd Floor Courtyard w/Live music from the Sunshine Gang 11-2pm [CC]
1:00 ☞ Dining Committee Meeting [BPD]
1:00 ↔ Retro Card Time: Hand, Knee & Foot [50GR]
3:00 ↔ Boot-Scootin' Line Dancing (No Rubi, but feel free to dance away together) [CDR]
4:30 🐾 Leash & Leisure Walk [PL]

Last Day to RSVP for Crusin' to Outing **26**
9:00 ↔ Gentle Aqua-fit with Peggy in the Pool [IPS]
9:15 † St. Kieran's Communion Service [CH]
10:15 ☞ Core Strength and Weights [FR]
11:00 ↔ Cornhole by the Moss Wall [PL]
12:30 ↔ All Aboard the Domino Train [50GR]
2:00 ★ Sweet & Savory Creations: Cheesy Cracker Stacks [BD]
3:00 ↔ Nickel Blackjack [50GR]
4:15 ☞ Easy Tech with the Activity Girls [AO]

Spirit Wednesdays! Wear Purple for Women's Health & Mobility/Stroke Awareness Month **27**
9:30 ↔ Morning Stretches - Instructional Video [FR]
11:00 ↔ Warm-Up and Work Out with Dennis [FR]
12:00 Double Month Birthday Blowout! [MDT]
1:00 ↔ \$4 Fun Bingo [MDT]
2:00 ☞ Calendar Review, Ideas & Sign -Up Splash [MDT]
3:00 ☞ Together We Drink [BD]
4:30 ★ Grab-a-Goodie Outing to Chick-Fil-A [PL]

Last Day To RSVP for Saturday Shop till you Drop **28**
10:00 ↔ Strike & Socialize Bowling Hour [BD]
11:00 ↔ Cornhole in the Sunken Courtyard [SC]
11:30 ☞ Meet the Rotary Club-Residents Welcome w/ Featured Speaker Sheri Painter "Drones" [MDT]
2:00 ↔ \$4 Poker [50GR]
4:00 ★ Crusin to: Willowbrooke Grill [PL]
4:15 ☞ Easy Tech with the Activity Girls [AO]

9:30 ↔ Little Dog Walkabout [PL] **29**
10:30 ↔ Exercise Lite: Weights, Balance & Stretching w/Peggy [FR]
11:00 ☞ Senior Helpers Vital Check [PL]
12:00 ↔ Retro Card Time: Hand, Knee & Foot [50GR]
1:00 ↔ Cardio Drumming Workout [FR]
2:00 ☞ LC Community Book Club at The Pointe [L]
3:00 ☞ Happier Hour with Live Music From Blue Zone [CDR]
4:30 🐾 Leash & Leisure Walk [PL]

Happy Birthday Barbara "B" Schmitz! **30**
9:00 ★ Shop till we Drop to: Little Italy Mercato Farmers' Market [PL]
10:00 ↔ Wellness Chair Yoga with Heidi [FR]
11:00 Brunch Buffet 11-2pm [CDR]
1:00 ↔ 3-13 Afternoon Card Social [50GR]
1:00 ↔ Letters & Laughter Scrabble Fun [TR]
3:00 ↔ Nickel Blackjack [50GR]
5:30 ☞ Evening Movie: The Hundred-Foot Journey (2014) 2hr 3m [MDT]

8:00 ★ Guardian Angels Catholic Church [PL] **31**
8:15 ★ Shadow Mountain Church Drive [PL]
9:00 † Sunday Morning Church Service with Pastor Bill [CH]
10:15 ★ Shadow Mountain Church Drive [PL]
12:00 ★ Walk & Talk to: Mast Park [FR]
2:00 ↔ Peaceful Sunday Bingo [MDT]
3:00 ☞ Sweet Sunday Social [BD]

Join Us for a **Royal Mother's Day TEA PARTY**
 Friday, May 8th | 12:00 PM
 Pool Deck/Patio at the Pointe (Near the Pool Deck)
 RSVP with Pointe Activities 5405
 High Tea • Elegant Refreshments

Mother's Day Brunch
 Sunday, May 10th
 At The Pointe • 11:00 AM - 2:00 PM
 RSVP with Pointe Dining at ext. 5407
 Plaza Dining Hours
 Breakfast: 7:30-10:00 AM
 To-Go's: 2:00-3:00 PM
 Closes: 3:30 PM

WARM STORIES & TEA
 A Spring Storytelling Cafe
 Sip • Bloom • Connect
 Celebrate the season with freshly pressed teas, gentle storytelling, and a cozy space to enjoy the company of neighbors.
 Whether you want to share a memory, listen to others, or simply relax with a warm cup, you're welcome here.
 Spring Tea Tasting Corner
 • Share a spring memory or favorite story
 • Listen and relax in our cozy seating area
 Story Sharing & Listening Lounge
 • Share a spring memory or favorite story
 • Listen and relax in our cozy seating area
 Story Spark Table
 • A moment of renewal
 • A peaceful place
 • A story someone shared with me
 TIME: 11:45am to 12:30pm
 DATE: May 13th
 PLACE: IN THE KING CHARLES TEA ROOM
 Tea Attire Encouraged (but not required)
 A gentle space for stories, tea, and the feeling of spring.

PICKLEBALL PARTY AT THE LEGACY!
 FRIDAY, MAY 15TH 2PM
 JOIN US FOR A DAY OF Fun & Excitement!
 FUN FOR FAMILY & FRIENDS!
 LUNCH WITH OUR SPECIAL GUEST RICHARD L. 12:30PM
 PICKLEBALL CLASS WITH RICHARD L. 2PM (2pm to 3:30)
 LIVE MUSIC AT THE PLAZA 3PM
 DATE: May 15th
 PLACE: IN THE KING CHARLES TEA ROOM
 WE LOOK FORWARD TO CELEBRATING WITH YOU!

PLAZA GRILL N CHILL
 with Comfort Keepers:
 Sunday, May 17th • 4:00 PM
 2nd Floor Courtyard
 Who Is Comfort Keepers?
 Comfort Keepers is a trusted in-home care provider dedicated to helping seniors live independently, joyfully, and safely. Our compassionate caregivers are true companionship, support, and personalized care to enhance quality of life.
 Enjoy an Elegant Afternoon Featuring:
 ✓ Delicious Grilled Favorites
 ✓ Friendly Conversation & Mingling
 ✓ Fun & Easy Activities
 ✓ Helpful Senior Resources
 ✓ Bring a couple family members!
 Hosted at Lantern Crest Senior Living
 A Relaxed, Welcoming Afternoon Awaits!

CALENDAR REVIEW, IDEAS & SIGN-UP
SPLASH
 A Simple, All-in-One Stop
 We're introducing an easier way to stay involved and up to date. This short session brings everything together in one place—simple, clear, and convenient for everyone.
 WHAT WE'LL DO
 ✓ Review the new monthly calendar
 ✓ Share ideas for next month
 ✓ Sign up for events on the spot
 JOIN US
 Take a look, share your thoughts, and sign up for activities—all in one easy step.
 Join us on May 27th at 2pm in the movie dinner theater