



Aloha!

AUGUST AT THE POINTE

Aloha!



Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
Happy Birthday 08/02Denise Taylor 8/06 Brenda Schabraum 8/08 Stanley Barlow 08/12 Janeice Morgan 8/14 Susan Sanderson 8/15 Ken Kern 8/17 Susan Williams 8/18 Jack Christy 8/22 Jean Nelson 8/24 David Webb 8/26 Marilyn Borges 8/26 Carolyn Lilly 8/28 Connie Abell 8/30 Marilyn Vinson 8/30 Shirley Crawford LP- 1st Floor Lobby Pointe LB32- 2nd Floor Latitude 32 Bar V-2nd Floor Veranda Dining TD-2nd Floor Terrazza Dining FS-2nd Floor Fitness Studio G2-2nd Floor Garden PDP-Pool Deck Patio 3C-3rd Floor Garden Courtyard GR-3rd Floor Game Room LL/P-3rd Floor Lantern Links T-3rd Floor Theater FR4-4th Floor Fitness Studio L-4th Floor Library AC-4th Floor Arts/Crafts Room TDP-Terrazza Dining Patio BISR- Bistro 2nd floor		WELCOME August NEW MONTH • NEW OPPORTUNITIES • GOOD VIBES	NATIONAL Root Beer FLOAT DAY WEDNESDAY AUGUST 6 2:00 PM A Classic Treat. Sweet Memories. Good Company. Join us as we celebrate National Root Beer Float Day with a delicious vanilla ice cream float! Enjoy a refreshing treat, fun conversation, and a sweet afternoon together! THE POINTE LOBBY We can't wait to FLOAT with you!	RSVP 3TH -20TH CORDIALLY INVITE YOU TO JOIN THE CELEBRATION Annual Luau Event AUGUST THURSDAY 27 AT 4PM The Plaza CDR with Hula Dancers and Fantastic Food Please come dressed in your favorite Hawaiian outfit RSVP before 20th August with LIFE ENRICHMENT	Use this guide to see what's happening at a glance on our calendar. PURPLE COMMUNITY EVENTS Socials, parties, entertainment, special programs, and campus events. RED OUTINGS & RSVP EVENTS Shopping trips, excursions, and events requiring advance sign-up. BROWN HEALTH & WELLNESS Health seminars, fitness classes, wellness programs, screenings, and support groups. BLUE GAMES & RECREATION Bingo, cards, trivia, board games, puzzles, and friendly competitions. GREEN RELIGIOUS & SPIRITUAL ACTIVITIES Church services, Bible studies, prayer groups, and spiritual programs. Thank you for being a part of our community!	9:00 ↔ Exercise & Weights with Heidi [FS] 11:30 ♣ Left-Center-Right Game [GR] 1:00 📖 Saturday Social: Cookies & Cream Ice Cream Social [PDP] 2:00 ♣ Nickel Blackjack [GR] 3:00 ♣ Scrabble Game [FS] 6:30 ♣ Games in the Game Room [GR]							
Happy Birthday Denise Taylor! Last Day To RSVP for Tuesday Outing 2 8:00 ★ Guardian Angels Catholic Church [LP] 8:15 † Shadow Mountain Church Drive [LP] 9:00 † Sunday Morning Church Service with Pastor Steven [CH] 10:15 † Shadow Mountain Church Drive #2 11:15 ♀ Yoga Class with Heidi [FS] 12:00 📖 Water The Garden & Tunes 12:30 ♣ Bridge Club [FS] 1:00 📖 Sunday Series :Anne with an E~ Your Will Shall Decide Your Destiny: Season 1, Episode 1 [T] 2:30 ♣ \$1 Bingo [GR] 5:30 ♣ Games with Friends [GR]		RSVP for Luau 2026 Now 3 9:00 ↔ Exercise Video Class [FS] 10:00 📖 Coffee, Cookies & Conversations [LP] 10:30 🎵 Learn Line Dancing [L] 10:45 ♀ Happy Hearts Walking Club 12:00 ♣ Hand, Knee, and Foot [FS] 12:00 ↔ Water Wellness Crew [P] 12:30 🎵 Glee Club [GR] 1:30 ♀ Table Talk & Tasty Treats With Culinary Director Tim [V] 2:00 ♣ Nickel Blackjack [GR] 3:00 ♣ Mexican Train [GR] 4:30 🎵 Evening Piano Music [TD]	9:15 † St. Kieran's Communion Service at The Ridge 4 9:30 ♀ Pilates Video Class 10:30 ↔ Gentle Aquafit with Peggy [P] 10:30 ★ Lunch Outing to: Marie Callender's [LP] 12:00 ↔ Water Wellness Crew [P] 1:30 📖 Paint & Sip Art Class 3:00 ♣ Bingo [GR] 3:00 ♀ Parkinson's Support Group [L] 3:30 ♀ Transportation Committee Meeting [BPD] 4:00 ♀ Technology Help in Activities Office [A O] 7:00 ♣ Games with Friends [GR]	Spirit Wednesday: Wear Hawaiian Attire- Lei Necklaces 5 9:15 ♀ Happy Hearts Walking Club 9:30 ★ Santee Hall Wednesday - The USS Midway Story 10:00 📖 The Sharing Shelf [L] 11:30 ↔ Stay Active, Stay Young~ Workout with Dennis [FS] 12:00 ↔ Water Wellness Crew [P] 12:30 📖 Movie Matinee :Michael PG-13 2026 · Musical/ Music · 2h 7m [T] 1:00 ♀ Resident Assoc. Board Meeting [V] 3:00 ♀ Happy Hour with Live Music from Archie Thompson [TD] 7:00 ♣ Games with Friends [GR]	Happy Birthday Brenda Schabraum!! 6 National Root Beer Float Day 9:30 ♀ Stay Strong workout class Video [FS] 10:30 ♀ Chat with Life Enrichment Coordinator Erika [LP] 12:00 ↔ Water Wellness Crew [P] 1:00 ♀ Women's Wine Time Social [LB32] 2:00 ♀ Celebrate National Root Beer Float Day with Life Enrichment 3:00 ♣ Cribbage [FS] 4:00 ♀ Technology Help in Activities Office [A O] 4:00 📖 Thursday Specialty Buffet: [TD] 6:00 ♣ Men's Poker Day [GR] 7:00 ♣ Games with Friends [GR]	Last Day To RSVP for Sunday Outing 7 National Purple Heart Day 9:00 ↔ Senior Stretches Video [FS] 10:00 ♀ Free Friday Vital Checks with Senior Helpers [LB32] 10:30 ♀ Trivia Challenge in the Library with Larry Nelson [L] 12:00 ↔ Water Wellness Crew [P] 1:30 ★ Arts and Crafts ~ Wooden Sunflower 3:00 ♣ \$1 Bingo [GR] 6:45 📖 Friday Night Cinema: The Long Walk Home PG 1990 · Drama/Indie film · 1h 38m [T]	Happy Birthday Stanley Barlow!! 8 8:00 ★ Dental Hygiene Services with RDHAP Lucy Torres 8am To 1pm 9:00 ↔ Exercise & Weights with Heidi [FS] 10:00 ★ Walking on Sunshine to: Lindo Lake 11:30 ♣ Left-Center-Right Game [GR] 1:00 📖 Saturday Social: Cookies & Cream Ice Cream Social [PDP] 2:00 ♣ Nickel Blackjack [GR] 3:00 ♣ Scrabble Game [FS] 6:30 ♣ Games in the Game Room [GR]						
Last Day To RSVP for Tuesday Outing 9 8:00 ★ Guardian Angels Catholic Church [LP] 8:15 † Shadow Mountain Church Drive [LP] 9:00 ★ Sunday Morning Church Service with Pastor Bill [CH] 10:15 † Shadow Mountain Church Drive #2 10:30 ★ Sunday Run to: Walmart Santee 11:15 ♀ Yoga Class with Heidi [FS] 12:00 📖 Water The Garden & Tunes 12:30 ♣ Bridge Club [FS] 1:00 📖 Sunday Series :Anne with an E~ I Am No Bird, and No Net Ensnares Me~ Episode 2 [T] 2:30 ♣ \$1 Bingo [GR] 5:30 ♣ Games with Friends [GR]		9:00 ↔ Exercise Video Class [FS] 10 9:00 ★ Onsite Dermatology Visit 9am to 1pm 10:00 📖 Coffee, Cookies & Conversations [LP] 10:30 🎵 Learn Line Dancing [L] 10:45 ♀ Happy Hearts Walking Club 11:00 📖 Yogurt Social With Senior Helpers [PDP] 12:00 ♣ Hand, Knee, and Foot [FS] 12:00 ↔ Water Wellness Crew [P] 2:00 ♣ Nickel Blackjack [GR] 3:00 ♀ Democrat & Independents Social Club [L] 3:00 ♣ Mexican Train [GR] 5:30 ♣ Games with Friends [GR]	9:15 † St. Kieran's Communion Service [CH] 11 9:30 ♀ Pilates Video Class 10:00 ♀ Veterans Group Committee [BPD] 10:30 ↔ Gentle Aquafit with Peggy [P] 11:15 ★ Lunch Outing to: Emiliano's Mexican Restaurant [LP] 12:00 ↔ Water Wellness Crew [P] 1:30 📖 Paint & Sip Art Class 3:00 ♣ Bingo [GR] 3:00 📖 You're Not Alone -- Family-Caregivers Support Group [L] 4:00 ♀ Technology Help in Activities Office [A O] 7:00 ♣ Games with Friends [GR]	Happy Birthday Janeice Morgan!!! 12 Spirit Wednesday: Wear Hawaiian Attire- Lei Necklaces 9:15 ♀ Happy Hearts Walking Club 10:00 📖 Sunshine & Coffee Club [PDP] 11:30 ↔ Stay Active, Stay Young~ Workout with Dennis [FS] 12:00 ↔ Water Wellness Crew [P] 12:30 📖 Movie Matinee: The Bucket List [PG 13] 2007 Comedy/Adventure 1h 37m [T] 3:00 ♀ Happy Hour with Live Music from Double Take 7:00 ♣ Games with Friends [GR]	9:30 ♀ Stay Strong workout class Video [FS] 13 10:00 ♀ Your Ideas, Our Calendar~ Brainstorm Calendar Events 11:00 ♀ Español For Fun! [FS] 12:00 ↔ Water Wellness Crew [P] 1:00 🎵 Aloha Pizza Party [PDP] 2:00 ♣ Nickel Blackjack [GR] 3:00 ♣ Cribbage [FS] 4:00 ♀ Technology Help in Activities Office [A O] 6:00 ♣ Men's Poker Day [GR] 7:00 ♣ Games with Friends [GR]	Happy Birthday Susan Sanderson!! 14 Last Day To RSVP for Sunday Outing 9:00 ↔ Senior Stretches Video [FS] 10:00 ♀ Free Friday Vital Checks with Senior Helpers [LB32] 10:30 ♀ Trivia Challenge in the Library with Larry Nelson [L] 12:00 ↔ Water Wellness Crew [P] 1:30 ★ Arts and Crafts ~ Terracotta Wind Chime 3:00 ♣ \$1 Bingo [GR] 6:45 📖 Friday Night Cinema: Project Hail Mary PG-13 2026 · Sci-fi/Adventure · 2h 36m [T]	Happy Birthday Ken Kern!! 15 9:00 ↔ Exercise & Weights with Heidi [FS] 11:30 ♣ Left-Center-Right Game [GR] 1:00 📖 Saturday Social: Cookies & Cream Ice Cream Social [PDP] 2:00 ♣ Nickel Blackjack [GR] 3:00 ♣ Scrabble Game [FS] 6:30 ♣ Games in the Game Room [GR]						

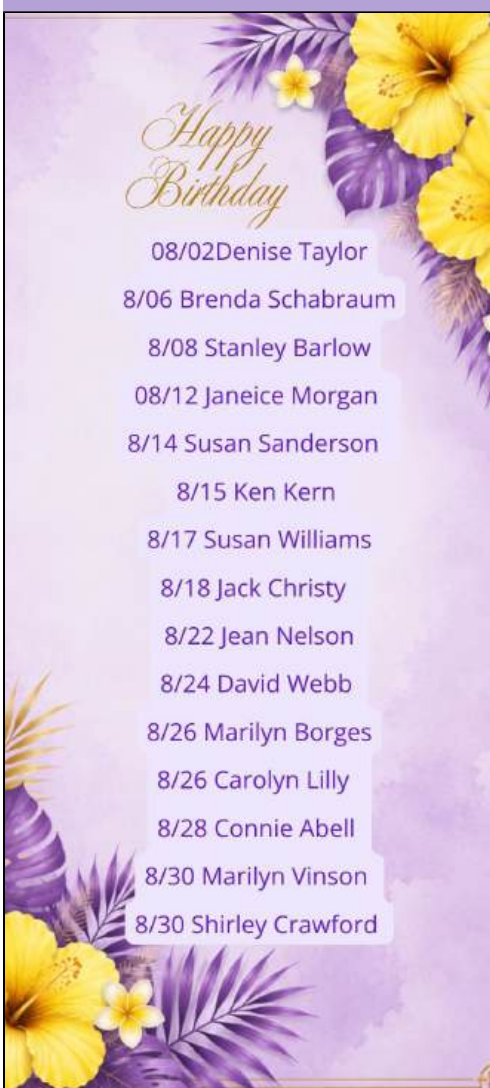


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 08/02Denise Taylor 8/06 Brenda Schabraum 8/08 Stanley Barlow 08/12 Janeice Morgan 8/14 Susan Sanderson 8/15 Ken Kern 8/17 Susan Williams 8/18 Jack Christy 8/22 Jean Nelson 8/24 David Webb 8/26 Marilyn Borges 8/26 Carolyn Lilly 8/28 Connie Abell 8/30 Marilyn Vinson 8/30 Shirley Crawford		Last Day To RSVP for Tuesday Outing 16 8:00 ★ Guardian Angels Catholic Church [LP] 8:15 † Shadow Mountain Church Drive [LP] 9:00 ★ Sunday Morning Church Service with Pastor Bill [CH] 10:15 † Shadow Mountain Church Drive #2 10:30 ★ Sunday Run to: Marshalls 11:15 ☺ Yoga Class with Heidi [FS] 12:00 ☹ Water The Garden & Tunes 12:30 ♣ Bridge Club [FS] 1:00 ☹ Sunday Series :Anne with an E~ But What Is So Headstrong as Youth [T] 2:30 ♣ \$1 Bingo [GR] 5:30 ♣ Games with Friends [GR]	Happy Birthday Susan Williams! 17 9:00 ↔ Exercise Video Class [FS] 10:00 ☹ Coffee, Cookies & Conversations [LP] 10:30 ♪ Learn Line Dancing [L] 10:45 ☺ Happy Hearts Walking Club 12:00 ♣ Hand, Knee, and Foot [FS] 12:00 ↔ Water Wellness Crew [P] 12:30 ♪ Glee Club [GR] 1:30 ☺ Table Talk & Tasty Treats With Culinary Director Tim [V] 2:00 ♣ Nickel Blackjack [GR] 3:00 ♣ Mexican Train [GR] 4:30 ♪ Evening Piano Music [TD]	Happy Birthday Jack Christy!! 18 9:15 † St. Kieran's Communion Service at The Ridge 9:30 ☺ Pilates Video Class 10:30 ↔ Gentle Aquafit with Peggy [P] 11:00 ★ Lunch Outing to: El Rancho Cantina & Grill Santee [LP] 11:30 ★ Veterans' Group Luncheon at The Plaza [BPD] 12:00 ↔ Water Wellness Crew [P] 1:30 ☹ Paint & Sip Art Class 3:00 ♣ Bingo [GR] 4:00 ☺ Technology Help in Activities Office [A O] 7:00 ♣ Games with Friends [GR]	Spirit Wednesday: Wear Hawaiian Attire- Lei Necklaces 19 9:15 ☺ Happy Hearts Walking Club 10:00 ☺ Gary The History Guy~ Live History Program [T] 11:30 ↔ Stay Active, Stay Young~ Workout with Dennis [FS] 12:00 ↔ Water Wellness Crew [P] 1:00 ☺ LCRA General Meeting [T] 3:00 ☹ Happy Hour with Live Music from Unwind 7:00 ♣ Games with Friends [GR]	9:30 ☺ Stay Strong workout class Video [FS] 20 11:30 ★ July & August Birthday Bash 12:00 ↔ Water Wellness Crew [P] 1:00 ☹ Cheers & Beers Men's Club [LB32] 2:00 ♣ Nickel Blackjack [GR] 3:00 ♣ Cribbage [FS] 4:00 ☺ Technology Help in Activities Office [A O] 6:00 ♣ Men's Poker Day [GR] 7:00 ♣ Games with Friends [GR]	All Staff Meeting: No Doctor Appointments After 12pm 21 Last Day To RSVP for Luau 2026 Senior Citizens Day 9:00 ☺ Beltone Hearing Aid~ Free Cleaning and Check- 9AM TO 11AM 9:00 ↔ Senior Stretches Video [FS] 10:00 ☺ Free Friday Vital Checks with Senior Helpers [LB32] 10:30 ☺ Trivia Challenge in the Library with Larry Nelson [L] 12:00 ↔ Water Wellness Crew [P] 1:30 ★ Arts and Crafts ~ Mary's Craft Class 3:00 ♣ \$1 Bingo [GR] 6:45 ☹ Friday Night Cinema: Larry Crowne PG-13 2011 · Comedy/Romance · 1h 38m [T]	Happy Birthday Jean Nelson!! 22 9:00 ↔ Exercise & Weights with Heidi [FS] 10:00 ★ Walking on Sunshine to: Mast Park 11:30 ♣ Left-Center-Right Game [GR] 1:00 ☹ Saturday Social: Cookies & Cream Ice Cream Social [PDP] 2:00 ♣ Nickel Blackjack [GR] 3:00 ♣ Scrabble Game [FS] 6:30 ♣ Games in the Game Room [GR]
		Last Day To RSVP for Tuesday Outing 23 8:00 ★ Guardian Angels Catholic Church [LP] 8:15 † Shadow Mountain Church Drive [LP] 9:00 ★ Sunday Morning Church Service with Pastor Bill [CH] 10:00 ★ Sunday Outing: Viejas Casino 10:15 † Shadow Mountain Church Drive #2 11:15 ☺ Yoga Class with Heidi [FS] 12:00 ☹ Water The Garden & Tunes 12:30 ♣ Bridge Club [FS] 1:00 ☹ Sunday Series :Anne with an E~ An Inward Treasure Born [T] 2:30 ♣ \$1 Bingo [GR] 5:30 ♣ Games with Friends [GR]	Happy Birthday David Webb!! 24 9:00 ↔ Exercise Video Class [FS] 10:00 ☹ Coffee, Cookies & Conversations [LP] 10:30 ♪ Learn Line Dancing [L] 10:45 ☺ Happy Hearts Walking Club 12:00 ♣ Hand, Knee, and Foot [FS] 12:00 ↔ Water Wellness Crew [P] 12:30 ♪ Glee Club [GR] 1:00 ☺ Dining Committee Meeting [BPD] 2:00 ♣ Nickel Blackjack [GR] 3:00 ♣ Mexican Train [GR] 4:30 ♪ Evening Piano Music [TD]	9:15 † St. Kieran's Communion Service [CH] 25 9:30 ☺ Pilates Video Class 10:30 ↔ Gentle Aquafit with Peggy [P] 11:15 ★ Lunch Outing to: Mamma Rosa Restaurant [LP] 12:00 ↔ Water Wellness Crew [P] 1:30 ☹ Paint & Sip Art Class 3:00 ♣ Bingo [GR] 3:00 ☹ You're Not Alone -- Family-Caregivers Support Group [L] 4:00 ☺ Technology Help in Activities Office [A O] 7:00 ♣ Games with Friends [GR]	Happy Birthday Marilyn Borges & Carolyn Lily!! 26 Spirit Wednesday: Wear Hawaiian Attire- Lei Necklaces 9:15 ☺ Happy Hearts Walking Club 10:00 ☹ Coffee with Executive Director, Brittany Fay [LP] 11:30 ↔ Stay Active, Stay Young~ Workout with Dennis [FS] 12:00 ↔ Water Wellness Crew [P] 12:30 ☹ Movie Matinee: Calendar Girls [PG-13] 2003 Comedy/Drama 1h 48m [T] 3:00 ☹ Happy Hour with Live Music from The First String Band 7:00 ♣ Games with Friends [GR]	9:30 ☺ Stay Strong workout class Video [FS] 27 11:00 ☺ Español For Fun! [FS] 12:00 ↔ Water Wellness Crew [P] 1:15 ☹ Cozy Quilt Corner 2:00 ♣ Nickel Blackjack [GR] 3:00 ♣ Cribbage [FS] 4:00 ★ Annual Luau with Polynesian Dance Group ~ 4:00pm-6:00pm 6:00 ♣ Men's Poker Day [GR] 7:00 ♣ Games with Friends [GR]	Happy Birthday Connie Abell!! 28 9:00 ↔ Senior Stretches Video [FS] 10:00 ☺ Free Friday Vital Checks with Senior Helpers [LB32] 10:30 ☺ Trivia Challenge in the Library with Larry Nelson [L] 11:00 ★ September Frenzy Sign-Up 12:00 ↔ Water Wellness Crew [P] 1:30 ★ Arts and Crafts ~ Mosaic Crystal Grout Coaster 2:00 ☺ Communi-Tea Book Club [TL] 3:00 ♣ \$1 Bingo [GR] 6:45 ☹ Friday Night Cinema: Past Lives PG-13 2023 · Romance/Drama · 1h 46m [T]	9:00 ↔ Exercise & Weights with Heidi [FS] 29 11:30 ♣ Left-Center-Right Game [GR] 1:00 ☹ Saturday Social: Cookies & Cream Ice Cream Social [PDP] 2:00 ♣ Nickel Blackjack [GR] 3:00 ♣ Scrabble Game [FS] 6:30 ♣ Games in the Game Room [GR]
		Happy Birthday Marilyn Vinson!! 30 Happy Birthday Shirley Crawford!! Last Day To RSVP for Tuesday Outing 8:00 ★ Guardian Angels Catholic Church [LP] 8:15 † Shadow Mountain Church Drive [LP] 9:00 ★ Sunday Morning Church Service with Pastor Bill [CH] 10:15 † Shadow Mountain Church Drive #2 11:15 ☺ Yoga Class with Heidi [FS] 12:00 ☹ Water The Garden & Tunes 12:30 ♣ Bridge Club [FS] 1:00 ☹ Sunday Series :Anne with an E~ Tightly Knotted to a Similar String [T] 2:30 ♣ \$1 Bingo [GR] 5:30 ♣ Games with Friends [GR]	9:00 ↔ Exercise Video Class [FS] 31 10:00 ☹ Coffee, Cookies & Conversations [LP] 10:30 ♪ Learn Line Dancing [L] 10:45 ☺ Happy Hearts Walking Club 12:00 ♣ Hand, Knee, and Foot [FS] 12:00 ↔ Water Wellness Crew [P] 12:30 ♪ Glee Club [GR] 2:00 ♣ Nickel Blackjack [GR] 3:00 ♣ Mexican Train [GR] 4:30 ♪ Evening Piano Music [TD]	 LAANTERN CREST DENTAL HYGIENE SERVICES DELIVERED ORAL CARE LUCY TORRES RDHAP SATURDAY AUGUST 8TH 8:00AM - 1:00PM [AC] APPTS. ONLY IF YOU ARE INTERESTED, CONTACT CTIVITIES OFFICE @ EXT 5405 TO MAKE AN APPOINTMENT	 Aloha PIZZA PARTY! LET'S ENJOY A Slice TOGETHER! GOOD PIZZA. GREAT COMPANY. GOOD TIMES! LOCATION: POOL DECK PATIO DATE: Thursday 13th TIME: 1pm	 DOCTORS APPTS. MONDAY-FRIDAY 9AM-3PM 9 AM-1 PM for Appts Further than 15 Miles Transportation request forms are available at the front desk. Submit completed forms to the front desk at least 48 hours before your planned trip. Transportation Number(619) 905-3061 NO TRANSPORTATION AFTER 12PM ON THE 22ND OF EACH MONTH. (the date may vary; please check the calendar every month)		

LP- 1st Floor Lobby Pointe
LB32- 2nd Floor Latitude 32 Bar
V-2nd Floor Veranda Dining
TD-2nd Floor Terrazza Dining
FS-2nd Floor Fitness Studio
G2-2nd Floor Garden
PDP-Pool Deck Patio
3C-3rd Floor Garden Courtyard
GR-3rd Floor Game Room
LL/P-3rd Floor Lantern Links
T-3rd Floor Theater
FR4-4th Floor Fitness Studio
L-4th Floor Library
AC-4th Floor Arts/Crafts Room
TDP-Terrazza Dining Patio
BISR- Bistro 2nd floor

LP- 1st Floor Lobby Pointe
LB32- 2nd Floor Latitude 32 Bar
V-2nd Floor Veranda Dining
TD-2nd Floor Terrazza Dining
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FR4-4th Floor Fitness Studio
L-4th Floor Library
AC-4th Floor Arts/Crafts Room
TDP-Terrazza Dining Patio
BISR- Bistro 2nd floor