

2026AUGUST AT THE PLAZA							
Sunday		Monday		Tuesday		Wednesday	
Thursday		Friday		Saturday			
Happy Birthday Jack Gordon 8/2 Lily Viera 8/2 Jackie Glover 8/4 Alfredo Chavez 8/5 George Lejeck 8/7 Karen Rohr 8/9 Jerry Ward 8/12 Arlan Barber 8/18 Marc Parent 8/21 Arnie Rosenberg 8/26 Cristin George 8/27 Dolores Banker 8/31 Location Key 50GR - 50's Game Room AO- Activities Office BBC - Bocce Ball Court BD - Bel Air Diner BLR - 5th Floor Billiards Room BPD - Balboa Private Dining Room CDR - Catalina Dining Room CC - Coronado Courtyard CH - Reflections Chapel FR - Fitness Room IPS - Indoor Pool and Spa MB - Miramar Bar MDT - Movie Dinner Theater PL - Plaza Lobby PL6 - Puzzle Lounge/Library SC - Sunken Courtyard TL - 2nd Floor Turtle Lounge TR - King Charles Tea Room		Happy Birthday Hello August arrive softly, shine brightly.		Annual Luau Event August 27 Thursday 4 PM The Plaza CDR with Hula Dancers and Fantastic Food Please come dressed in your favorite Hawaiian outfit RSVP before 20th August with Culinary Department		Summer Freedom BBQ Fest w/ Live Music from Two the Moon Wednesday August 19th 4:00 PM Coronado Courtyard	
Join Us for Fun Activities Make sure to RSVP with Life Enrichment for any Activities with a red star next to it		Swiss National Day 8:30 ★ Shop till we Drop to: Smart-N-Final [PL] 10:00 ↔ Wellness Chair Yoga with Heidi [FR] 11:00 ☼ Swiss National Day Celebration [TR] 1:00 ♣ 3-13 Afternoon Card Social [MDT] 1:00 ♣ Letters & Laughter Scrabble Fun [TR] 3:00 ♣ Nickel Blackjack w/ Guest Dealer [50GR] 5:30 🎬 Evening Movie & Popcorn: Holiday in the Wild 2hr 34m [MDT]		Swiss National Day 1 8:30 ★ Shop till we Drop to: Smart-N-Final [PL] 10:00 ↔ Wellness Chair Yoga with Heidi [FR] 11:00 ☼ Swiss National Day Celebration [TR] 1:00 ♣ 3-13 Afternoon Card Social [MDT] 1:00 ♣ Letters & Laughter Scrabble Fun [TR] 3:00 ♣ Nickel Blackjack w/ Guest Dealer [50GR] 5:30 🎬 Evening Movie & Popcorn: Holiday in the Wild 2hr 34m [MDT]		Swiss National Day 1 8:30 ★ Shop till we Drop to: Smart-N-Final [PL] 10:00 ↔ Wellness Chair Yoga with Heidi [FR] 11:00 ☼ Swiss National Day Celebration [TR] 1:00 ♣ 3-13 Afternoon Card Social [MDT] 1:00 ♣ Letters & Laughter Scrabble Fun [TR] 3:00 ♣ Nickel Blackjack w/ Guest Dealer [50GR] 5:30 🎬 Evening Movie & Popcorn: Holiday in the Wild 2hr 34m [MDT]	
Happy Birthday Jack Gordon!! 2 Happy Birthday Lily Viera!! 8:00 ★ Guardian Angels Catholic Church [PL] 8:15 ★ Shadow Mountain Church Drive [PL] 9:00 ☼ Sunday Morning Church Service with Pastor Bill [CH] 10:15 ★ Shadow Mountain Church Drive [PL] 12:00 ↔ Wellness Workout with Heidi [FR] 1:00 ♣ Peaceful Sunday Bingo [MDT] 2:00 ♣ Skip-Bo & Friends Card Game [MDT] 3:00 🍷 Sweet Sunday Social [BD]		Morning Stretches - Instructional Video [FR] 3 11:00 ☼ Coffee & Cozy Chats in the Turtle Lounge [TL] 1:00 ♣ Retro Card Time: Hand, Knee & Foot [50GR] 2:00 ★ Make & create with Rubi: Flower Arrangements [MDT] 3:30 ↔ Boot-Scootin' Line Dancing [CDR] 4:00 🎬 Man On The Boroughs (Netflix Series) [MDT]		Happy Birthday Jackie Glover!! 4 10:00 ☼ Blessed Trinity Anglican Church [CH] 10:15 ↔ Core Strength and Weights w/Activities [FR] 10:30 ↔ Outdoor Aqua-fit with Peggy in the Pointe Pool [IPS] 11:00 ♣ Watch, Cheer & Toss Cornhole [FR] 12:30 ♣ All Aboard the Domino Train [50GR] 2:00 ★ Sweet & Savory Creations: Banana Splits [BD] 3:00 ♣ Nickel Blackjack [50GR] 3:30 Transportation Committee Meeting [V] 4:15 ☼ Easy Tech with the Activity Girls [AO]		Happy Birthday Alfredo Chavez!! 5 Spirit Wednesdays! Wear Hawaiian Attire 10:00 ↔ Morning Stretches - Instructional Video [FR] 11:00 ↔ Warm-Up and Work Out with Dennis [FR] 1:00 ♣ \$4 Fun Bingo [MDT] 2:00 ☼ Chef's Table Chat [BPD] 3:00 🎬 Girls Just Wanna Have Wine [MDT] 3:30 Legacy Mural Unveiling 3:30pm-5:30pm 4:30 ★ Quick Trip To: Coldstone [PL] 5:30 ♣ Skip-Bo & Friends Card Game [MDT]	
National Root Beer Float Day 6 9:30 ★ Crusin to: Vons [PL] 10:00 ♣ Strike & Socialize Bowling Hour [BD] 11:30 ☼ Lunch & Laugh with Life Enrichment [CDR] 1:00 ☼ Resident Council Board Member Meeting [BPD] 2:00 ♣ \$4 Poker [50GR] 3:00 ☼ Monthly Calendar Chat & Root Beer Floats [MDT] 4:15 ☼ Easy Tech with the Activity Girls [AO] 4:30 🎬 Early Evening Movie: The Secret Life of Walter Milly 1hr 54m [MDT]		Happy Birthday George Lejeck!! 7 National Purple Heart Day 9:00 ☼ Beltone Hearing 9-11am [TR] 9:15 ♣ Coffee, Pastries & Brocce Ball [BBC] 10:30 ↔ Exercise Lite: Weights, Balance & Stretching w/ Peggy [FR] 11:00 ☼ Senior Helpers Vital Check [PL] 12:00 ♣ Retro Card Time: Hand, Knee & Foot [50GR] 1:00 ↔ Cardio Drumming Workout [FR] 3:00 🎬 Happier Hour with Live Music From: Double Take [CDR]		Wellness Chair Yoga with Heidi [FR] 8 12:00 ★ Crusin to: Popeyes [PL] 1:00 ♣ 3-13 Afternoon Card Social [MDT] 1:00 ♣ Letters & Laughter Scrabble Fun [TR] 3:00 ♣ Nickel Blackjack w/ Guest Dealer [50GR] 5:30 🎬 Evening Movie & Popcorn: Remarkably Bright Creatures (2026) 1h 51m [MDT]		Wellness Chair Yoga with Heidi [FR] 8 12:00 ★ Crusin to: Popeyes [PL] 1:00 ♣ 3-13 Afternoon Card Social [MDT] 1:00 ♣ Letters & Laughter Scrabble Fun [TR] 3:00 ♣ Nickel Blackjack w/ Guest Dealer [50GR] 5:30 🎬 Evening Movie & Popcorn: Remarkably Bright Creatures (2026) 1h 51m [MDT]	
Happy Birthday Karen Rohr!! 9 8:00 ★ Guardian Angels Catholic Church [PL] 8:15 ★ Shadow Mountain Church Drive [PL] 9:00 ☼ Sunday Morning Church Service with Pastor Bill [CH] 9:30 ★ Walk & Talk to: Santee Lakes [PL] 10:15 ★ Shadow Mountain Church Drive [PL] 12:00 ↔ Wellness Workout with Heidi [FR] 1:00 ♣ Peaceful Sunday Bingo [MDT] 2:00 ♣ Skip-Bo & Friends Card Game [MDT] 3:00 🍷 Sweet Sunday Social [BD]		Morning Stretches - Instructional Video [FR] 10 11:00 ☼ Coffee & Cozy Chats in the Turtle Lounge [TL] 1:00 ♣ Retro Card Time: Hand, Knee & Foot [50GR] 2:00 ★ Make & create with Rubi: Sip & Paint [MDT] 3:30 ↔ Boot-Scootin' Line Dancing [CDR] 3:30 Quick Trip to: Medical Supply Store 4:00 🎬 Man On The Boroughs (Netflix Series) [MDT]		St. Kieran's Communion Service [CH] 11 10:15 ↔ Core Strength and Weights w/Activities [FR] 10:30 ↔ Outdoor Aqua-fit with Peggy in the Pointe Pool [IPS] 11:00 ♣ Watch, Cheer & Toss Cornhole [FR] 12:30 ♣ All Aboard the Domino Train [50GR] 2:00 ★ Sweet & Savory: Maple Bacon Ice Cream [BD] 3:00 ♣ Nickel Blackjack [50GR] 4:15 ☼ Easy Tech with the Activity Girls [AO]		Happy Birthday Jerry Ward!! 12 Spirit Wednesdays! Wear Hawaiian Attire 10:00 ↔ Morning Stretches - Instructional Video [FR] 10:00 ☼ The Lutheran Church- Missouri Synod [CH] 11:00 ↔ Warm-Up and Work Out with Dennis [FR] 12:00 ☼ Warm Stories & Tea [TR] 1:00 ♣ \$4 Fun Bingo [MDT] 3:00 ☼ Men's Brew Crew [BLR] 5:30 ♣ Skip-Bo & Friends Card Game [MDT]	
Strike & Socialize Bowling Hour [BD] 13 11:00 ★ Crusin to: Outback Steakhouse [PL] 11:30 ☼ Meet the Rotary Club- [MDT] 1:00 ☼ Helmut Mobile Eye Care [PL] 2:00 ♣ \$4 Poker [50GR] 3:00 ☼ Knowledge Hour~Mind Matters~Brain Boosters [MDT] 4:15 ☼ Easy Tech with the Activity Girls [AO]		Coffee, Pastries & Brocce Ball [BBC] 14 10:30 ↔ Exercise Lite: Weights, Balance & Stretching w/Peggy [FR] 11:00 ☼ Senior Helpers Vital Check [PL] 12:00 ♣ Retro Card Time: Hand, Knee & Foot [50GR] 1:00 ↔ Cardio Drumming Workout [FR] 3:00 🎬 Happier Hour with Live Music From: Fireball Express [CDR]		Shop till we Drop to: Wal Mart SuperCenter [PL] 15 10:00 ↔ Wellness Chair Yoga with Heidi [FR] 1:00 ♣ 3-13 Afternoon Card Social [MDT] 1:00 ♣ Letters & Laughter Scrabble Fun [TR] 3:00 ♣ Nickel Blackjack w/ Guest Dealer [50GR] 5:30 🎬 Evening Movie & Popcorn: Apex (2026) 1h 37m [MDT]		Shop till we Drop to: Wal Mart SuperCenter [PL] 15 10:00 ↔ Wellness Chair Yoga with Heidi [FR] 1:00 ♣ 3-13 Afternoon Card Social [MDT] 1:00 ♣ Letters & Laughter Scrabble Fun [TR] 3:00 ♣ Nickel Blackjack w/ Guest Dealer [50GR] 5:30 🎬 Evening Movie & Popcorn: Apex (2026) 1h 37m [MDT]	

2026

AUGUST AT THE PLAZA

Happy Birthday Jack Gordon 8/2 Lily Viera 8/2 Jackie Glover 8/4 Alfredo Chavez 8/5 George Lejeck 8/7 Karen Rohr 8/9 Jerry Ward 8/12 Arlan Barber 8/18 Marc Parent 8/21 Arnie Rosenberg 8/26 Cristin George 8/27 Dolores Banker 8/31	Sunday 8:00 ★ Guardian Angels Catholic Church [PL] 16 8:15 ★ Shadow Mountain Church Drive [PL] 9:00 † Sunday Morning Church Service with Pastor Bill [CH] 10:15 ★ Shadow Mountain Church Drive [PL] 11:00 ☹ Brunch & Bubbles w/ Marketing Team [TR] 12:00 ↔ Wellness Workout with Heidi [FR] 1:00 ♠ Peaceful Sunday Bingo [MDT] 2:00 ♠ Skip-Bo & Friends Card Game [MDT] 3:00 ☹ Sweet Sunday Social [BD]	Monday 10:00 ↔ Morning Stretches - Instructional Video [FR] 17 11:00 ☹ Coffee & Cozy Chats in the Turtle Lounge [TL] 1:00 ♠ Retro Card Time: Hand, Knee & Foot [50GR] 2:00 ★ Make & Create with Rubi: Flower Pens [MDT] 3:30 ↔ Boot-Scootin' Line Dancing [CDR] 4:00 🎬 Man On The Boroughs (Netflix Series) [MDT]	Tuesday Happy Birthday Arlan Barber!! 18 10:00 † Blessed Trinity Anglican Church [CH] 10:15 ↔ Core Strength and Weights w/Activities [FR] 10:30 ↔ Outdoor Aqua-fit with Peggy in the Pointe Pool [IPS] 11:00 ♠ Watch, Cheer & Toss Cornhole [FR] 11:30 ★ Veterans' Luncheon at The Plaza [MDT] 12:30 ♠ All Aboard the Domino Train [50GR] 2:00 ★ Sweet & Savory Creations: Cheese & Fruit Twists [BD] 3:00 ♠ Nickel Blackjack [50GR] 4:15 ☼ Easy Tech with the Activity Girls [AO]	Wednesday Spirit Wednesdays! Wear Hawaiian Attire 19 10:00 ↔ Morning Stretches - Instructional Video [FR] 11:00 ↔ Warm-Up and Work Out with Dennis [FR] 1:00 ♠ \$4 Fun Bingo [MDT] 2:00 ☹ Chef's Table Chat [BPD] 4:00 🎵 Summer Freedom BBQ Fest w/Live Music From Two the Moon [CC] 5:30 ♠ Skip-Bo & Friends Card Game [MDT]	Thursday 9:30 ★ Crusin to: Costco [PL] 20 10:00 ♠ Strike & Socialize Bowling Hour [BD] 11:00 ☹ Lunch, Laugh & Tour with Life Enrichment [CDR] 1:00 ☼ LCRA General Meeting [MDT] 2:00 ♠ \$4 Poker [50GR] 3:00 ★ Find Your Perfect Match: Foundation w/Paige from Mary Kay [TR] 4:15 ☼ Easy Tech with the Activity Girls [AO]	Friday All Staff Meeting: No Appointments after 12pm 21 Happy Birthday Marc Parent!! Senior Citizens Day 9:15 ♠ Coffee, Pastries & Brocce Ball [BBC] 10:30 ↔ Exercise Lite: Weights, Balance & Stretching w/ Peggy [FR] 11:00 ☹ A Taste of Appreciation To Our Seniors [PL] 11:00 ☼ Senior Helpers Vital Check [PL] 12:00 ♠ Retro Card Time: Hand, Knee & Foot [50GR] 1:00 ↔ Cardio Drumming Workout [FR] 3:00 🎧 Happier Hour with Live Music From: The Tradesman Band [CDR]	Saturday 10:00 ↔ Wellness Chair Yoga with Heidi [FR] 22 12:00 ★ Crusin to Dennys [PL] 1:00 ♠ 3-13 Afternoon Card Social [MDT] 1:00 ♠ Letters & Laughter Scrabble Fun [TR] 3:00 ♠ Nickel Blackjack w/Guest Dealer [50GR] 5:30 🎬 Evening Movie & Popcorn: Going in Style (2017) 1h 36m [MDT]	
	8:00 ★ Guardian Angels Catholic Church [PL] 23 8:15 ★ Shadow Mountain Church Drive [PL] 9:00 † Sunday Morning Church Service with Pastor Bill [CH] 10:15 ★ Shadow Mountain Church Drive [PL] 12:00 ↔ Wellness Workout with Heidi [FR] 1:00 ♠ Peaceful Sunday Bingo [MDT] 2:00 ♠ Skip-Bo & Friends Card Game [MDT] 3:00 ☹ August Birthday Bash w/ Live Music From: Starlyte [CDR]	10:00 ↔ Morning Stretches - Instructional Video [FR] 24 11:00 ☹ Coffee & Cozy Chats in the Turtle Lounge [TL] 1:00 ♠ Retro Card Time: Hand, Knee & Foot [50GR] 2:00 ★ Make & Create with Rubi: Zen Garden [MDT] 3:30 ↔ Boot-Scootin' Line Dancing [CDR] 3:30 Quick Trip to: 85' C Bakery Cafe 4:00 🎬 Man On The Boroughs (Netflix Series) [MDT]	9:15 † St. Kieran's Communion Service [CH] 25 10:15 ↔ Core Strength and Weights w/Activities [FR] 10:30 ↔ Outdoor Aqua-fit with Peggy in the Pointe Pool [IPS] 11:00 ♠ Watch, Cheer & Toss Cornhole [FR] 12:30 ♠ All Aboard the Domino Train [50GR] 2:00 ★ Sweet & Savory Creations: Ice CreamCone Art [BD] 3:00 ♠ Nickel Blackjack [50GR] 4:15 ☼ Easy Tech with the Activity Girls [AO]	Cherry Popsicle Day Happy Birthday Arnie Rosenberg!! 26 Spirit Wednesdays! Wear Hawaiian Attire 10:00 ↔ Morning Stretches - Instructional Video [FR] 11:00 ↔ Warm-Up and Work Out with Dennis [FR] 1:00 ♠ \$4 Fun Bingo [MDT] 3:00 🎧 Together We Drink [BD] 4:00 ★ Quick Trip to: Grocery Outlet [PL] 5:30 ♠ Skip-Bo & Friends Card Game [MDT]	Happy Birthday Cristin George!! 27 10:00 ♠ Strike & Socialize Bowling Hour [BD] 11:30 ☼ Meet the Rotary Club- [MDT] 4:00 ♠ \$4 Poker (SELF RUN) [50GR] 4:00 ★ Annual Luau Event 4pm-6pm [CDR]	9:15 ♠ Coffee, Pastries & Brocce Ball [BBC] 28 10:30 ↔ Exercise Lite: Weights, Balance & Stretching w/Peggy [FR] 11:00 ☼ Senior Helpers Vital Check [PL] 12:00 ♠ Retro Card Time: Hand, Knee & Foot [50GR] 1:00 ↔ Cardio Drumming Workout [FR] 3:00 🎧 Happier Hour with Live Music From: Mike & Mandy [CDR]	8:30 ★ Shop till we Drop to: DollarTree [PL] 29 10:00 ↔ Wellness Chair Yoga with Heidi [FR] 1:00 ♠ 3-13 Afternoon Card Social [MDT] 1:00 ♠ Letters & Laughter Scrabble Fun [TR] 3:00 ♠ Nickel Blackjack w/ Guest Dealer [50GR] 5:30 🎬 Evening Movie & Popcorn: Billy Jack (1971) 1h 55m [MDT]	
	8:00 ★ Guardian Angels Catholic Church [PL] 30 8:15 ★ Shadow Mountain Church Drive [PL] 8:30 ★ Prince Of Peace Church Ride 10:15 ★ Shadow Mountain Church Drive [PL] 12:00 ↔ Wellness Workout with Heidi [FR] 1:00 ♠ Peaceful Sunday Bingo [MDT] 2:00 ♠ Skip-Bo & Friends Card Game [MDT] 3:00 ☹ Sweet Sunday Social [BD]	Happy Birthday Dolores Banker!! 31 10:00 ↔ Morning Stretches - Instructional Video [FR] 11:00 ☹ Coffee & Cozy Chats in the Turtle Lounge: Special Guest from The Pharmacy [TL] 1:00 ☼ Dining Committee Meeting [BPD] 1:00 ♠ Retro Card Time: Hand, Knee & Foot [50GR] 2:00 ★ Make & Create with Rubi: Tie Dye Bags [MDT] 3:30 ↔ Boot-Scootin' Line Dancing [CDR] 4:00 🎬 Man On The Boroughs (Netflix Series) [MDT]	Birthday Bash Sunday August 23rd 3:00 PM CATALINA DINING ROOM Live Music from Starlyte	Brunch & Bubbles with Marketing Team Sunday August 16th at 11:00am in the Tea Room	DOCTORS APPTS. MONDAY-FRIDAY 9AM-3PM 10 AM-1 PM for Appts Further than 15 Miles Transportation request forms are available at the front desk. Submit completed forms to the front desk at least 48 hours before your planned trip. Transportation Number(619) 905-3061 NO TRANSPORTATION AFTER 12PM ON THE 22ND OF EACH MONTH. (the date may vary; please check the calendar every month)			"Be sure you put your feet in the right place, then stand firm." — Abraham Lincoln