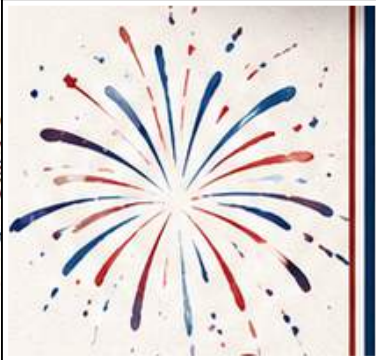


Sunday Monday Tuesday Wednesday Thursday Friday Saturday



All activities are subject to change. Please refer to staff members for most accurate information.

Relaxing & Essential Oils **1**
Spirit Wednesday "Red/White/Blue & Military Attire"
 9:30 Lounge Chat & Daily Chronicle
 10:00 *Cycle Through Nature with "Damon"*
 10:30 *Cool Down & Beverages*
 1:30 *What am I ?*
 2:00 *Sing-along*
 3:00 *Memories in the Making with Diane & Damon*
 4:30 *Sports on T.V.*

Happy Birthday Jane Hopf! **2**
Relaxing & Essential Oils
 9:30 Lounge Chat & Daily Chronicle
 10:00 *Balloon Volleyball*
 10:30 *Trivia Time*
 1:30 *Afternoon Concert w/ Steve & Diane*
 2:00 Snacks
 2:45 *Scenic Drives*
 3:30 *Remember When w/ Damon*
 4:30 *Sports on T.V.*

Relaxing & Essential Oils **3**
 9:30 Lounge Chat & Daily Chronicle
 10:00 *Balance Exercising*
 10:30 Snacks & Finish the Phrase
 1:30 *Friday Movie & Popcorn*
 3:30 *Courtyard Social*
 4:30 *Piano Music with "TREVOR GIBSON"*
 4:30 *Sports on T.V.*

Relaxing & Essential Oils **4**
 9:30 Lounge Chat & Daily Chronicle
 10:00 *Balloon Tennis*
 1:00 *4th of July Craft*
 2:00 *Snack & Reminiscing*
 2:30 *4th of July Concert w/ Rhinestone Grannies [MDR]*
 3:30 *Courtyard Garden Club*
 4:30 *Sports on T.V.*

HORIZONS Birthday Calendar
 ★ 07/02 | Jane Hopf ★
 ★ 07/17 | John Helm ★
 ★ 07/24 | Fae Galea ★

Relaxing & Essential Oils **5**
 9:30 Lounge Chat & Daily Chronicle
 10:30 *Color Me Calm*
 1:30 *Kickball Exercise*
 2:00 *Snacks & Reminiscing*
 2:30 *Did You Know? Game*
 2:45 *Ukulele Sing Along with Bob Arii*
 3:30 Hand Lotion Massage
 4:30 *Sports on T.V.*

Relaxing & Essential Oils **6**
 9:30 Lounge Chat & Daily Chronicle
 10:00 *Sing-a-Long with Dan Miller*
 10:00 *Trivia Game*
 10:30 *Morning Stretches & Exercise*
 1:30 Bible Study & Hymns w/ Pastor Bob
 1:30 Color Me Calm
 2:00 *Seasonal Sensory*
 2:30 *Baking*
 3:30 *Short Documentary*
 4:30 *Sports on T.V.*

Relaxing & Essential Oils **7**
 9:30 Lounge Chat & Daily Chronicle
 10:00 *Seated Yoga Stretch*
 10:30 News Chat & Beverages
 1:30 *Craft Corner*
 2:00 *Snacks & Reminiscing*
 2:30 *Bingo*
 3:30 *Happy Hour w/ Sunshine Gang*
 4:30 *Sports on T.V.*

Relaxing & Essential Oils **8**
Spirit Wednesday "Red, White & Blue/ Military Attire"
 9:30 Lounge Chat & Daily Chronicle
 10:00 *Cycle Through Nature with "Damon"*
 10:30 *Cool Down & Beverages*
 1:30 *What am I ?*
 2:00 *Sing-along*
 3:00 *Memories in the Making with Diane & Damon*
 4:30 *Sports on T.V.*

Relaxing & Essential Oils **9**
 9:30 Lounge Chat & Daily Chronicle
 10:00 *Balloon Volleyball*
 10:30 *Trivia Time*
 1:30 *Wheel Of Fortune*
 2:00 Snacks
 2:45 *Scenic Drives*
 3:30 *Remember When w/ Damon*
 4:30 *Sports on T.V.*

Relaxing & Essential Oils **10**
 9:30 Lounge Chat & Daily Chronicle
 10:00 *Balance Exercising*
 11:00 Snacks & Finish the Phrase
 1:30 *Friday Movie & Popcorn*
 3:00 *Flower Arranging*
 3:30 *Courtyard Social*
 4:30 *Piano Music with "TREVOR GIBSON"*
 4:30 *Sports on T.V.*

Relaxing & Essential Oils **11**
 9:30 Lounge Chat & Daily Chronicle
 10:00 *Balloon Tennis*
 10:30 *Color Me Calm*
 1:00 *Puzzle Mania*
 2:00 Concert w/ Santee Chorus
 2:00 *Snack & Reminiscing*
 3:15 *Courtyard Garden Club*
 4:30 *Sports on T.V.*

Wishing you a day filled with joy and celebration!

Relaxing & Essential Oils **12**
 9:30 Lounge Chat & Daily Chronicle
 10:30 *Color Me Calm*
 1:30 *Kickball Exercise*
 2:00 *Snacks & Reminiscing*
 2:30 *Did You Know? Game*
 2:45 *Ukulele Sing Along with Bob Arii*
 3:30 Hand Lotion Massage
 4:30 *Sports on T.V.*

Relaxing & Essential Oils **13**
 9:00 Bible Study & Hymns w/ Pastor Bob
 9:30 Lounge Chat & Daily Chronicle
 10:00 *Trivia Game*
 10:30 *Morning Stretches & Exercise*
 2:00 *Seasonal Sensory*
 2:30 *Baking*
 3:30 *Short Documentary*
 4:30 *Sports on T.V.*

Relaxing & Essential Oils **14**
 9:30 Lounge Chat & Daily Chronicle
 10:00 *Seated Yoga Stretch*
 10:30 News Chat & Beverages
 1:30 *Craft Corner*
 2:00 *Rootbeer Floats*
 2:30 *Bingo*
 3:30 *New Resident Happy Hour w/ First String Band*
 4:30 *Sports on T.V.*

Relaxing & Essential Oils **15**
Spirit Wednesday "Red, White & Blue/ Military Attire"
 9:30 Lounge Chat & Daily Chronicle
 10:00 *Cycle Through Nature with "Damon"*
 10:30 *Cool Down & Beverages*
 11:00 *Lunch Bunch w/ Lantern Crest Staff to Texas Roadhouse*
 1:30 *What am I ?*
 2:00 *Sing-along*
 3:00 *Memories in the Making with Diane & Damon*
 4:30 *Sports on T.V.*

Relaxing & Essential Oils **16**
 9:30 Lounge Chat & Daily Chronicle
 10:00 *Balloon Volleyball*
 10:30 *Trivia Time*
 1:30 *Wheel Of Fortune*
 2:00 Snacks
 2:45 *Scenic Drives*
 3:30 *Remember When w/ Damon*
 4:30 *Sports on T.V.*
 5:30 *Family Bingo Night @ The Pointe*

Happy Birthday John Helm! **17**
Relaxing & Essential Oils
 9:30 Lounge Chat & Daily Chronicle
 10:00 *Balance Exercising*
 10:30 Snacks & Finish the Phrase
 1:30 *Minnie in Motion*
 3:30 *Courtyard Social*
 4:30 *Piano Music with "TREVOR GIBSON"*
 4:30 *Sports on T.V.*

Relaxing & Essential Oils **18**
 9:30 Lounge Chat & Daily Chronicle
 10:00 *Balloon Tennis*
 10:30 *Color Me Calm*
 1:30 *Afternoon Concert w/ Sylvia*
 2:00 *Snack & Reminiscing*
 2:30 *Puzzle Mania*
 3:15 *Courtyard Garden Club*
 4:30 *Sports on T.V.*

HAPPY 4th of July!

Relaxing & Essential Oils **19**
 9:30 Lounge Chat & Daily Chronicle
 10:30 *Color Me Calm*
 1:30 *Kickball Exercise*
 2:00 *Snacks & Reminiscing*
 2:30 *Did You Know? Game*
 2:45 *Ukulele Sing Along with Bob Arii*
 3:30 Hand Lotion Massage
 4:30 *Sports on T.V.*

Relaxing & Essential Oils **20**
 9:30 Lounge Chat & Daily Chronicle
 10:00 *Sing-a-Long with Dan Miller*
 10:00 *Trivia Game*
 10:30 *Morning Stretches & Exercise*
 1:30 Bible Study & Hymns w/ Pastor Bob
 1:30 Color Me Calm
 2:00 *Seasonal Sensory*
 2:30 *Baking*
 3:30 *Short Documentary*
 4:30 *Sports on T.V.*

Relaxing & Essential Oils **21**
 9:30 Lounge Chat & Daily Chronicle
 10:00 *Seated Yoga Stretch*
 10:30 News Chat & Beverages
 1:30 *Craft Corner*
 2:00 *Snacks & Reminiscing*
 2:30 *Bingo*
 3:30 *Happy Hour w/ Luke Andreen*
 4:30 *Sports on T.V.*

All Staff Meeting: No Doctor Appointments After 12pm **22**
Relaxing & Essential Oils
Spirit Wednesday "Red, White & Blue/ Military Attire"
 9:30 Lounge Chat & Daily Chronicle
 10:00 *Cycle Through Nature with "Damon"*
 10:30 *Cool Down & Beverages*
 1:30 *What am I ?*
 2:00 *Sing-along*
 3:30 *Memories in the Making with Diane & Damon*
 4:30 *Sports on T.V.*

Relaxing & Essential Oils **23**
 9:30 Lounge Chat & Daily Chronicle
 10:00 *Balloon Volleyball*
 10:30 *Trivia Time*
 1:30 *Afternoon Concert w/ Fireball Express*
 2:00 Snacks
 2:45 *Scenic Drives*
 3:30 *Remember When w/ Damon*
 4:30 *Sports on T.V.*

Happy Birthday Fae Galea! **24**
Relaxing & Essential Oils
 9:30 Lounge Chat & Daily Chronicle
 10:00 *Balance Exercising*
 10:30 Snacks & Finish the Phrase
 1:30 *Friday Movie & Popcorn*
 3:30 *Courtyard Social*
 4:30 *Piano Music with "TREVOR GIBSON"*
 4:30 *Sports on T.V.*

Relaxing & Essential Oils **25**
 9:30 Lounge Chat & Daily Chronicle
 10:00 *Balloon Tennis*
 10:30 *Color Me Calm*
 1:00 *Puzzle Mania*
 2:00 *Snack & Reminiscing*
 3:15 *Courtyard Garden Club*
 4:30 *Sports on T.V.*

Wishing our Horizons family a safe, happy & joyful Independence Day!
 CELEBRATE FREEDOM • COMMUNITY • FRIENDSHIP
HORIZONS

Relaxing & Essential Oils **26**
 9:30 Lounge Chat & Daily Chronicle
 10:30 *Color Me Calm*
 1:30 *Kickball Exercise*
 2:00 *Snacks & Reminiscing*
 2:30 *Did You Know? Game*
 2:45 *Ukulele Sing Along with Bob Arii*
 3:30 Hand Lotion Massage
 4:30 *Sports on T.V.*

Relaxing & Essential Oils **27**
 9:00 Bible Study & Hymns w/ Pastor Bob
 9:30 Lounge Chat & Daily Chronicle
 10:00 *Trivia Game*
 10:30 *Morning Stretches & Exercise*
 2:00 *Seasonal Sensory*
 2:30 *Baking*
 3:30 *Short Documentary*
 4:30 *Sports on T.V.*

Relaxing & Essential Oils **28**
 9:30 Lounge Chat & Daily Chronicle
 10:00 *Meditation Class w/ Mr. Ed*
 10:30 News Chat & Beverages
 1:30 *Craft Corner*
 2:00 *Snacks & Reminiscing*
 2:30 *Bingo*
 3:30 *Happy Hour w/ Sophisticats*
 4:30 *Sports on T.V.*

Relaxing & Essential Oils **29**
Spirit Wednesday "Red, White & Blue/ Military Attire"
 9:30 Lounge Chat & Daily Chronicle
 10:00 *Cycle Through Nature with "Damon"*
 10:30 *Cool Down & Beverages*
 1:30 *What am I ?*
 2:00 *Sing-along*
 3:00 *Memories in the Making with Diane & Damon*
 4:30 *Sports on T.V.*

Relaxing & Essential Oils **30**
 9:30 Lounge Chat & Daily Chronicle
 10:00 *Balloon Volleyball*
 10:30 *Trivia Time*
 1:30 *Wheel Of Fortune*
 2:00 Snacks
 2:45 *Scenic Drives*
 3:30 *Remember When w/ Damon*
 4:30 *Sports on T.V.*

Relaxing & Essential Oils **31**
 9:30 Lounge Chat & Daily Chronicle
 10:00 *Balance Exercising*
 10:30 Snacks & Finish the Phrase
 1:30 *Friday Movie & Popcorn*
 3:30 *Courtyard Social*
 4:30 *Piano Music with "TREVOR GIBSON"*
 4:30 *Sports on T.V.*

Relaxing & Essential Oils **31**
 9:30 Lounge Chat & Daily Chronicle
 10:00 *Balance Exercising*
 10:30 Snacks & Finish the Phrase
 1:30 *Friday Movie & Popcorn*
 3:30 *Courtyard Social*
 4:30 *Piano Music with "TREVOR GIBSON"*
 4:30 *Sports on T.V.*