

Saturday

LANERN CREST
Luxury Senior Living

PUMPKIN DECORATING Contest!

BALLOTS WILL BE AT
THE POINTE LOBBY!

FROM OCTOBER 19TH - 28TH

WINNERS WILL BE ANNOUNCE
ON HALLOWEEN BASH!

1ST, 2ND & 3RD PRIZES
WILL BE AWARDED.

Thank You!

Happy Birthday Josie Remboldt!! 2

Last Day to RSVP for Sunday Outing

- :30 ➡ Senior Stretches Video [FS]**
- :00 🕒 Free Friday Vital Checks with Senior Helpers [LB32]**
- :30 🕒 Trivia Challenge in the Library with Larry Nelson [L]**
- :00 ➡ Water Wellness Crew [P]**
- :30 ★ Arts and Crafts ~ Yarn Pumpkins**
- :00 🎲 \$1 Halloween Candy Bingo [GR]**
- :45 🎬 Friday Night Cinema: Hocus Pocus 2 PG 2022
• Comedy/Horror • 1h 44m [T]**

8:30 ★ **Dental Hygiene Services with RDHAP Lucy Torres- 8:30am to 1pm**

9:00 ↔ **Exercise & Weights with Heidi [FS]**

10:00 † **Christian Fellowship: The Greatest History Ever Told [L]**

10:15 ☪ **Walking on Sunshine to: Santee Lakes**

11:30 🏠 **Left-Right Game [GR]**

1:00 🍷 **Saturday Social: Pumpkin Pie**

2:00 🎲 **Nickel Blackjack [GR]**

3:00 🎲 **Scrabble Game [FS]**

6:30 🎲 **Games in the Game Room [GR]**

LP- 1st Floor Lobby Pointe
LB32- 2nd Floor Latitude 32 Bar
V-2nd Floor Veranda Dining
TD-2nd Floor Terrazza Dining
FS-2nd Floor Fitness Studio
G2-2nd Floor Garden
PDP-Pool Deck Patio
3C-3rd Floor Garden Courtyard
GR-3rd Floor Game Room
LL/P-3rd Floor Lantern Links
T-3rd Floor Theater
FR4-4th Floor Fitness Studio
L-4th Floor Library
AC-4th Floor Arts/Crafts Room
TDP-Terrazza Dining Patio
BISR- Bistro 2nd floor

9:30	↔	Exercise Video Class [FS]	5
10:00	☞	Coffee, Cookies & Conversations [LP]	
10:00	👉	Tremble Clefs: Sing, Connect & Thrive [T]	
10:30	🎵	Learn Line Dancing [L]	
10:45	👉	Happy Hearts Walking Club	
12:00	↔	Hand, Knee, and Foot [FS]	
12:00	↔	Water Wellness Crew [P]	
12:30	🎵	Glee Club [GR]	
1:30	💡	Table Talk & Tasty Treats With Culinary Director Tim [V]	
2:00	♠️	Nickel Blackjack [GR]	
3:30	♠️	Mexican Train [GR]	
4:30	🎵	Evening Piano Music [TD]	
6:00	👉	Free Monday Vital Checks with Senior Helpers (6pm to 6:30pm) [LB32]	

Time	Activity
9:15	✠ St. Kieran's Communion Service at The Ridge
9:30	📺 Pilates Video Class
10:30	🔄 Gentle Aquafit with Peggy [P]
2:00	🔄 Water Wellness Crew [P]
1:00	★ Trick- or- Taco! Walking Taco Bar [TD]
1:30	🎨 Paint & Palette Art Class
3:00	🎲 Bingo [GR]
3:00	✠ Parkinson's Support Group: Rocksteady Boxing Demonstration [L]
3:30	💡 Transportation Committee Meeting [BPD]
4:00	💡 Technology Help in Activities Office [A O]
7:00	🎲 Games with Friends [GR]

Spirit Wednesday ~ Wear Pink for Breast Cancer Awareness or Spooky Style for Halloween

9:15 ♡ **Happy Hearts Walking Club**

9:30 ★ **Santee Hall Wednesday -**

11:30 ↔ **Stay Active, Stay Young~ Workout with Dennis [FS]**

12:00 ↔ **Water Wellness Crew [P]**

12:30 📺 **Retro TV Wednesday: M*A*S*H 1972 · Sitcom [T]**

1:00 ⚡ **Resident Assoc. Board Meeting [V]**

3:00 🎧 **Happy Hour with Live Music from Brown Sugar**

7:00 🎲 **Games with Friends [GR]**

9:30		Stay Strong workout class Video [FS]	
10:00		Your Ideas, Our Calendar~ Brainstorm Calendar Events	
11:00		Español For Fun! [FS]	
12:00		Water Wellness Crew [P]	
1:15		Cozy Quilt Corner	
2:00		Nickel Blackjack [GR]	
3:00		Cribbage [FS]	
4:00		Technology Help in Activities Office	
6:00		Men's Poker Day [GR]	
7:00		Games with Friends [GR]	

Last Day To RSVP for Sunday Outing

:30	↔	Senior Stretches Video [FS]
:00	👂	Free Friday Vital Checks with Senior Helpers [LB32]
:30	💡	Trivia Challenge in the Library with Larry Nelson [L]
:00	↔	Water Wellness Crew [P]
:30	★	Arts and Crafts ~ Pumpkin Garland
:00	🎲	\$1Halloween Candy Bingo [GR]
:45	🎬	Friday Night Cinema: Beetlejuice Beetlejuice PG-13 2024 • Horror/Comedy • 2 hours [T]

9:00 ↔ Exercise & Weights with Heidi [FS]

10:00 † Christian Fellowship: The Greatest History Ever Told [L]

11:30 ♠ Left-Center-Right Game [GR]

1:00 🍷 Saturday Social: Pumpkin Pie

2:00 ♠ Nickel Blackjack [GR]

3:00 🎵 California Note Catchers Performance

6:30 ♠ Games in the Game Room [GR]

HAPPY
birthday

ALICE COYLE 10/01
JOSIE REMBOLDT 10/02
JACQUE TURNER 10/13
MAXINE FARBER 10/15
SHARON LAY 10/21
ESTHER CONRAD 10/21
MARJORIE DIEDERICHs 10/27
PAT BRENNAN 10/28
BARBARA MILLER 10/28
JANE WELLS 10/30
CAROL TROGDEN 10/30

9:30 🔄 **Exercise Video Class [FS]**

10:00 ☕ **Coffee, Cookies & Conversations [LP]**

10:00 🎵 **Tremble Clefs: Sing, Connect & Thrive [T]**

10:30 🎵 **Learn Line Dancing [L]**

10:45 🎵 **Happy Hearts Walking Club**

12:00 🎲 **Hand, Knee, and Foot [FS]**

12:00 🔄 **Water Wellness Crew [P]**

12:30 🎵 **Glee Club [GR]**

2:00 🎲 **Nickel Blackjack [GR]**

3:00 🗳️ **Democrat & Independents Social Club: League of Women Voters [T]**

3:30 🎲 **Mexican Train [GR]**

4:30 🎵 **Evening Piano Music [TD]**

6:00 🎵 **Free Monday Vital Checks with Senior Helpers (6pm to 6:30pm) [LB32]**

Happy Birthday Jacque Turner!! 13

9:15 † **St. Kieran's**
Communion Service [CH]

9:30 ♀ **Pilates Video Class**

0:00 ♀ **Veterans Group Committee**
[BPD]

0:30 ↔ **Gentle Aquafit with Peggy [P]**

0:45 ★ **Lunch Outing to: Chins**
Gourmet [LP]

2:00 🛴 **Power Scooter Diagnostics**
(LP)

2:00 ↔ **Water Wellness Crew [P]**

1:30 🎨 **Paint & Palette Art Class**

3:00 ♀ **Bingo [GR]**

3:00 † **You're Not Alone -- Family-**
Caregivers Support Group [L]

4:00 ♀ **Technology Help in Activities**
Office [A O]

7:00 🎮 **Games with Friends [GR]**

Spirit Wednesday ~ Wear Pink for Breast Cancer Awareness or Spooky Style for Halloween

9:15 🍷 **Happy Hearts Walking Club**

10:00 📺 **Smart Cremation Presentation [T]**

11:30 🔄 **Stay Active, Stay Young~ Workout with Dennis [FS]**

12:00 🔄 **Water Wellness Crew [P]**

12:30 📺 **Retro TV Wednesday: I Love Lucy 1951 · Sitcom [T]**

3:00 🎧 **Happy Hour with Live Music from Archie Thompson**

7:00 🎲 **Games with Friends [GR]**

Happy Birthday Maxine Farber!! 15

9:30		Stay Strong workout class Video [FS]
11:30		October Birthday Bash
12:00		Water Wellness Crew [P]
1:00		Cheers & Beers Men's Club [LB32]
2:00		Nickel Blackjack [GR]
3:00		Cribbage [FS]
4:00		Technology Help in Activities Office
6:00		Men's Poker Day [GR]
7:00		Games with Friends [GR]

Last Day To RSVP for Sunday Outing **16**

:30 ↔ **Senior Stretches Video [FS]**

:00 ♀ **Free Friday Vital Checks with Senior Helpers [LB32]**

:30 ⚡ **Trivia Challenge in the Library with Larry Nelson [L]**

:00 ↔ **Water Wellness Crew [P]**

:30 ★ **Arts and Crafts ~ Pinecone Turkey**

:00 ♀ **\$1 Halloween Candy Bingo [GR]**

:45 ⚡ **Friday Night Cinema: Psycho R 1960 - Horror/Mystery - 1h 49m [T]**

9:00	↔	Exercise & Weights with Heidi [FS]	17
10:00	✝	Christian Fellowship: The Greatest History Ever Told [L]	
10:15	☺	Walking on Sunshine to: Sky Ranch	
11:30	♠	Left-Center-Right Game [GR]	
1:00	🍽	Saturday Social: Pumpkin Pie	
2:00	♠	Nickel Blackjack [GR]	
3:00	♠	Scrabble Game [FS]	
6:30	♠	Games in the Game Room [GR]	



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Last Day To RSVP for Tuesday Outing 18 8:00 ★ Guardian Angels Catholic Church [LP] 8:15 † Shadow Mountain Church Drive [LP] 9:00 ★ Sunday Morning Church Service with Pastor Bill [CH] 10:15 † Shadow Mountain Church Drive #2 10:30 ★ Sunday Run to: Walmart Santee 11:15 ↔ Yoga Class with Heidi [FS] 12:00 ☼ Water The Garden & Tunes 12:30 ♣ Bridge Club [FS] 1:00 ☼ Sunday Series :Anne with an E~ [T] 2:30 ♣ \$1 Bingo [GR] 5:30 ♣ Games with Friends [GR]	9:30 ↔ Exercise Video Class [FS] 19 10:00 ☼ Coffee, Cookies & Conversations [LP] 10:00 ☺ Tremble Clefs: Sing, Connect & Thrive [T] 10:30 🎵 Learn Line Dancing [L] 10:45 ☺ Happy Hearts Walking Club 12:00 ♣ Hand, Knee, and Foot [FS] 12:00 ↔ Water Wellness Crew [P] 12:30 🎵 Glee Club [GR] 1:30 ☺ Table Talk & Tasty Treats With Culinary Director Tim [V] 2:00 ♣ Nickel Blackjack [GR] 3:30 ♣ Mexican Train [GR] 4:30 🎵 Evening Piano Music [TD] 6:00 ☺ Free Monday Vital Checks with Senior Helpers (6pm to 6:30pm) [LB32]	9:15 † St. Kieran's Communion Service at The Ridge 20 9:30 ☺ Pilates Video Class 10:00 ★ Lunch Outing to: Broken Yolk Cafe [LP] 10:30 ↔ Gentle Aquafit with Peggy [P] 11:30 ★ Veterans' Group Luncheon at The Plaza [BPD] 12:00 ↔ Water Wellness Crew [P] 1:30 ☼ Paint & Palette Art Class 3:00 ♣ Bingo [GR] 4:00 ☺ Technology Help in Activities Office [A O] 7:00 ♣ Games with Friends [GR]	Happy Birthday Esther Conrad & Sharon Lay!!! 21 Spirit Wednesday ~ Wear Pink for Breast Cancer Awareness or Spooky Style for Halloween 9:15 ☺ Happy Hearts Walking Club 10:00 ☺ "History Comes to Life" with Gary The History Guy [T] 11:30 ↔ Stay Active, Stay Young~ Workout with Dennis [FS] 12:00 ↔ Water Wellness Crew [P] 1:00 ☺ LCRA General Meeting [T] 3:00 ☺ Happy Hour with Live Music from Double Take 7:00 ♣ Games with Friends [GR]	All Staff Meeting: No Doctor Appointments After 12pm 22 9:30 ☺ Stay Strong workout class Video [FS] 10:00 ☼ Cider and Donuts! 11:00 ☺ Español For Fun! [FS] 12:00 ↔ Water Wellness Crew [P] 1:15 ☼ Cozy Quilt Corner 3:00 ♣ Cribbage [FS] 4:00 ☺ Technology Help in Activities Office 6:00 ♣ Men's Poker Day [GR] 7:00 ♣ Games with Friends [GR]	Last Day To RSVP for Sunday Outing 23 9:30 ↔ Senior Stretches Video [FS] 10:00 ☺ Free Friday Vital Checks with Senior Helpers [LB32] 10:30 ☺ Trivia Challenge in the Library with Larry Nelson [L] 12:00 ↔ Water Wellness Crew [P] 1:30 ★ Arts and Crafts ~ Mary's Craft Class 3:00 ♣ \$1 Halloween Candy Bingo [GR] 6:45 ☼ Friday Night Cinema: Bewitched PG-13 2005 · Comedy/Romance · 1h 42m [T]	9:00 ↔ Exercise & Weights with Heidi [FS] 24 10:00 † Christian Fellowship: The Greatest History Ever Told [L] 11:30 ♣ Left-Center-Right Game [GR] 2:00 ♣ Resident Led Nickel Blackjack [GR] 3:00 ♣ Scrabble Game [FS] 6:30 ♣ Games in the Game Room [GR]
Last Day To RSVP for Tuesday Outing 25 8:00 ★ Guardian Angels Catholic Church [LP] 8:15 † Shadow Mountain Church Drive [LP] 9:00 ★ Sunday Morning Church Service with Pastor Bill [CH] 10:15 † Shadow Mountain Church Drive #2 11:15 ↔ Yoga Class with Heidi [FS] 12:00 ☼ Water The Garden & Tunes 12:30 ♣ Bridge Club [FS] 1:00 ☼ Sunday Series :Anne with an E~ [T] 1:15 ★ Lamplighters Theater Presents: MISERY by William Goldman, based on the Novel by Stephen King 2:30 ♣ \$1 Bingo [GR] 5:30 ♣ Games with Friends [GR]	9:30 ↔ Exercise Video Class [FS] 26 10:00 ☼ Coffee, Cookies & Conversations [LP] 10:00 ☺ Tremble Clefs: Sing, Connect & Thrive [T] 10:30 🎵 Learn Line Dancing [L] 10:45 ☺ Happy Hearts Walking Club 12:00 ♣ Hand, Knee, and Foot [FS] 12:00 ↔ Water Wellness Crew [P] 12:30 🎵 Glee Club Show: "Greatest Hits 2" [T] 1:00 ☺ Dining Committee Meeting 2:00 ♣ Nickel Blackjack [GR] 3:00 ☺ Monday Concert with Nathan & Andy 3:30 ♣ Mexican Train [GR] 4:30 🎵 Evening Piano Music [TD] 6:00 ☺ Free Monday Vital Checks with Senior Helpers (6pm to 6:30pm) [LB32]	Happy Birthday Marjorie Diederichs! 27 9:15 † St. Kieran's Communion Service [CH] 9:30 ☺ Pilates Video Class 10:00 ★ Outing to: Viejas Casino [LP] 10:30 ↔ Gentle Aquafit with Peggy [P] 11:00 † A Celebration of Memories ~ Day of the Dead Altar [LP] 12:00 ↔ Water Wellness Crew [P] 1:30 ☼ Paint & Palette Art Class 3:00 ♣ Bingo [GR] 3:00 † You're Not Alone -- Family-Caregivers Support Group [L] 4:00 ☺ Technology Help in Activities Office [A O] 7:00 ♣ Games with Friends [GR]	Happy Birthday Pat Brennan & Barbara Miller ! 28 Spirit Wednesday ~ Wear Pink for Breast Cancer Awareness or Spooky Style for Halloween 9:15 ☺ Happy Hearts Walking Club 10:00 ☼ Coffee with Executive Director, Brittany Fay [LP] 11:00 ★ November Frenzy Sign Up 11:30 ↔ Stay Active, Stay Young~ Workout with Dennis [FS] 12:00 ↔ Water Wellness Crew [P] 12:30 ☼ Retro TV Wednesday: I Love Lucy 1951 · Sitcom [T] 3:00 ☺ Happy Hour with Live Music from The Sunshine Band 7:00 ♣ Games with Friends [GR]	9:30 ☺ Stay Strong workout class Video [FS] 29 12:00 ↔ Water Wellness Crew [P] 1:30 ♣ Chili Cook Off 2:00 ♣ Nickel Blackjack [GR] 3:00 ♣ Cribbage [FS] 4:00 ☺ Technology Help in Activities Office 6:00 ♣ Men's Poker Day [GR] 7:00 ♣ Games with Friends [GR]	Happy Birthday Jane Wells & Carol Trogden!!! 30 Last Day To RSVP for Sunday Outing 9:30 ↔ Senior Stretches Video [FS] 10:00 ☺ Free Friday Vital Checks with Senior Helpers [LB32] 10:30 ☺ Trivia Challenge in the Library with Larry Nelson [L] 12:00 ↔ Water Wellness Crew [P] 1:30 ☼ Arts & Crafts: Shirley's Greeting Cards 2:00 ☺ Communi-Tea Book Club [L] 3:00 ☺ Halloween Bash With Two the Moon 6:45 ☼ Friday Night Cinema: The Haunted Mansion PG 2003 · Family/Horror · 1h 28m [T]	Happy Halloween!! 31 9:00 ↔ Exercise & Weights with Heidi [FS] 10:00 † Christian Fellowship: The Greatest History Ever Told [L] 10:15 ☺ Walking on Sunshine to: Mast Park West Trail 11:30 ♣ Left-Center-Right Game [GR] 1:00 ☼ Saturday Social: Pumpkin Pie 2:00 ♣ Nickel Blackjack [GR] 3:00 ♣ Scrabble Game [FS] 6:30 ♣ Games in the Game Room [GR]

HAPPY Birthday

ALICE COYLE 10/01

JOSIE REMBOLDT 10/02

JACQUE TURNER 10/13

MAXINE FARBEN 10/15

SHARON LAY 10/21

ESTHER CONRAD 10/21

MARJORIE DIEDERICHS 10/27

PAT BRENNAN 10/28

BARBARA MILLER 10/28

JANE WELLS 10/30

CAROL TROGDEN 10/30

ALL ACTIVITIES WITH A RED STAR REQUIRE AN RSVP

ACTIVITIES WILL CONFIRM YOUR SPOT BEFORE THE EVENT.

CALL EXT. 5405 TO SIGN UP FOR ALL ACTIVITIES!

Our Ofrenda of Memories

DAY OF THE DEAD ALTAR

We invite our residents to bring a photo of their loved ones to help us build our Day of the Dead altar.

Let's come together to honor and remember those who hold a special place in our hearts.

TUESDAY, OCTOBER 27th

11:00 AM

We will be enjoying Mexican bread (conchas) and hot cocoa.

All are welcome!

JOIN US FOR A

Trick OR Treat

WALKING TACO BAR

BUILD YOUR PERFECT TACO WITH ALL YOUR FAVORITE TOPPINGS!

TUESDAY, OCTOBER 6th

1:00 PM

TERRAZZA DINING ROOM

as eats & d Times!

LANTERN CREST SENIOR LIVING

YOU'RE INVITED TO A

HALLOWEEN Bash

WITH TWO the MOON

LIVE MUSIC ★ GOOD TIMES

OCTOBER 30th

3:00 PM

POINTE LOBBY

LET'S EAT, DRINK, DANCE & BE SPOOKTACULAR TOGETHER!

Chili COOK OFF

COMPETITION

Come taste and cast your vote. Winners to be announced at the end.

FREE ENTER & REE TO TASTE!

THURSDAY OCTOBER 29th

1:30 PM

THE POINTE LOBBY

GIFT CARD

GOOD FOOD • GREAT FLAVORS • COMMUNITY FUN

Use this guide to see what's happening at a glance on our calendar.

- PURPLE COMMUNITY EVENTS: Socials, parties, entertainment, special programs, and campus events.
- RED OUTINGS & RSVP EVENTS: Shopping trips, excursions, and events requiring advance sign-up.
- BROWN HEALTH & WELLNESS: Health seminars, fitness classes, wellness programs, screenings, and support groups.
- BLUE GAMES & RECREATION: Bingo, cards, trivia, board games, puzzles, and friendly competitions.
- GREEN RELIGIOUS & SPIRITUAL ACTIVITIES: Church services, Bible studies, prayer groups, and spiritual programs.
- TEAL SUPPORT GROUPS: Support groups for various needs and life experiences.

Thank you for being a part of our community!